COVID-19 OUTBREAK
County ramps up precautions; state urges continued vigilance

By Kate Goldsmith
COUNTRY
As of Sunday, Dutchess County had 1,431 confirmed cases, 1,482 of which are active. A total of 7,481 tests have been administered. County hospitals have 100 COVID-19 patients. There have been 13 deaths caused by or related to the disease, and 143 people have recovered.

The county executive encourages residents to participate in the County’s COVID-19 History Survey, which documents their experiences during the current pandemic and will better prepare leaders for the health crises of the future.

The voluntary online survey, available at dutchessny.gov/COVIDHistory, allows respondents to document their stories regarding the COVID-19 pandemic through a series of open-ended questions, and, with the county’s permission, the answers will be preserved in the County’s archives and available to the public – how and in years to come – to help inform and educate future generations.

For more information, or to submit photographs, videos and other forms of documentation, contact the Dutchess County Department of History at wtatum@dutchessny.gov.

On April 8, Molinaro toured manufacturers in Dutchess and Ulster counties now producing protective face shields to protect first-responders, healthcare professionals, nursing homes, law enforcement and correctional officers and other key public and private essential employees who are combating the pandemic on the front lines.

During his weekly Town Hall on Facebook that same day, Dutchess County Executive Marc Molinaro emphasized the importance of continuing measures to slow the transmission of COVID-19, including social distancing, washing hands regularly and staying home unless absolutely necessary.

“Older folks” should “hunker down,” he said. For the rest of the public, “Don’t go to the grocery store every day”; try to go once a week or every other week. Anyone witnessing an infraction to the NY on Pause initiative should contact their local law enforcement agency.

On Wednesday, Molinaro indicated that “We’re currently holding our own” regarding demand for hospital beds, “but that demand could spike very quickly.”

The 2020 Dutchess-Ulster Heart Walk on April 18 will be virtual this year. Pictured is participant Danielle Allen of Connelly, Ulster County.

By Kristine Coultier
The 2020 Dutchess-Ulster Heart Walk on April 18 will differ from its 11 years prior. This year’s walk will be online due to the COVID-19 pandemic. One can still participate by registering at DutchessUlsterHeartWalk.org. Then participate by taking a photo or video of the event page – at AHA/NewYork on Facebook. They should email for the Virtual Dutchess-Ulster Heart Walk (https://www.facebook.com/events/144091726071434).

“As a science-based organization that cares deeply about the health of our community, the American Heart Association has been closely following the guidance from the CDC and state and local health officials on the coronavirus (COVID-19). The safety of our guests and community has been and will continue to be our top priority. We are fortunate that our sponsors and town captains are still planning the Dutchess-Ulster Heart Walk, now that it is virtual. Heart Association staff, locally and nationally, have put their heads together to come up with creative and enjoyable ways for people to still be part of the Heart Walk,” remarked Danielle Schuka, Development Director, American Heart Association, Poughkeepsie Chapter.

She said that on April 18, participants can take a walk, or run a 5K, wherever they are, and post pictures of themselves on their social media sites with the hashtag DutchessUHW.

“There are things that they can print out from the Heart Walk page, like a virtual selfie sign, or a virtual finish line. We hope to fill neighborhoods and social media with Heart Walkers!” said Schuka.

Why is it important to people to participate?

Heart disease and stroke are the No. 1 and No. 5 killers in America. Money raised at the Virtual Heart Walk will help fund research and programs to fight those two diseases. The American Heart Association is in the midst of a battle against COVID-19. People with heart disease and stroke are at higher risk for coronavirus. We have fast-tracked $2.5 million in research funding about COVID-19 as it relates to heart disease and stroke.

Applications have been received, and decisions will be made in May for research to begin in June. We also are providing education about oxygenation and ventilation in hospitals, and ways to safely perform CPR. We have a program for kids called “Kick Cabin Fever to the Curb.” Our website, heart.org, has an entire section devoted to COVID-19, which includes resources for consumers, like tips for working at home, easy ways to get exercise, even during a pandemic, cooking tips and recipes, and strategies to fight stress. The American Heart Association’s mission is to be a relentless force for a world of longer, healthier lives, and our commitment to the community is stronger than ever,” said Schuka.

One of the Survivor Honorees is Danielle Allen of Connelly, Ulster County.

“I was diagnosed with heart disease at 32. I was diagnosed with hypertrophic cardiomyopathy and several other heart disease related factors that include AFib (atrial fibrillation), a small leaky valve, and two holes in my heart that led to a sudden cardiac arrest at 33,” explained Allen.

This will be Allen’s second year participating in the Heart Walk.

“I would like people to know that donating to the American Heart Association can help save the lives of people like me. I have an internal Cardio defibrillator that was not developed that long ago by the funding that allowed research to make this device. It has already saved my life once since having a sudden cardiac arrest because it restarts your heart when those dangerous abnormal heart arrhythmias occur,” Allen said.

Asked about her thoughts on the online Heart Walk this year, Allen replied, “I think under the present circumstance this is a great way to engage individuals to practice self-care and get out walking. It is also great to be able to still share this experience socially even though we have to do it virtually.”

Schuka said, “These are tough times, but we are seeing our communities come together in ways that are very moving and inspirational. The Virtual Heart Walk is another example of that. We’re looking forward to seeing everyone in their Heart Walk T-shirts, taking a walk or a run in their neighborhood. Of course, we want everyone to observe the proper social distancing! Walking is one of the best exercises you can do – you can do it anywhere, where it doesn’t cost much, and it lifts your mood and improves your physical health. And we promise to put the money that people raise to good use to improve the health of everyone in our community.”

Allen, who said she is in good health now, remarked, “My hope for future Heart Walks is to get as many people involved as possible. With heart disease being the number one killer of women, it is something that everyone has stake in and the more people who are the more funding and research can go into preventing more deaths from heart disease.”

One can still donate as they would have in the past. Schuka noted, at DutchessUHW.org. You can make a general donation, or donate to a specific walker or team. Participants can also mail a check to Dutchess County Heart Walk.

The 2020 Dutchess-Ulster Heart Walk on April 18 will be virtual this year. Pictured are participants in last year’s Heart Walk.
COVID-19 update

Continued from page 1

On Friday, the county planned to assess the situation and, if additional capacity is required, would activate the alternate care facility at Dutchess Community College. Currently, the facility has not been activated, but the county said it will be re-evaluated every 24 hours.

In the event the DCC dorms are filled, Vassar College would open its dorms to professionals, a plan that was spearheaded by Assistant County Executive Ron Hicks and Dutchess County Legislature Rebecca Edwards.

Other news

- Following updated guidelines by the CDC, the county now recommends everyone wear a cloth face covering in settings where social distancing may not be adequate to stop the spread of COVID-19. Molinaroissued that wearing a mask is not a substitute for social distancing, and individuals should be careful not to touch their eyes, nose and mouth when removing their face covering and wash their hands immediately after removing. See the image on this page for more information.
- Cloth face masks can be made out of inexpensive household materials. For more options and detailed instructions on how to construct a cloth face-mask, visit www.cdc.gov.

- It is critical surgical masks and N-95 respirators continue to be reserved and prioritized for healthcare, public health workers and first responders.
- On April 10, County Executive Marc Molinaro announced on his Facebook page that the Dutchess County Health Department had recorded 458 positive COVID-19 tests as of Apr. 8. Early that week, during a virtual roundtable with the president of the National Federation of High Schools, Molinaro had disclosed that his father was hospitalized in a New York City hospital due to COVID-19.

- He said, “We are still in the midst of it, you see more every day, upstate New York, Long Island.”
- On April 8, last day the governor reinforced his message. He cited the 1918 Spanish flu pandemic that killed 20 million in three waves, and noted that Wuhan, China and Singapore are now experiencing a second wave of COVID-19.
- “You’re not out of the woods,” he said on April 10. “Now is not the time to misunder-stand what is happening [with the flattening curve].”
- On April 8, Cuomo extended NY on Pause through April 23, at which point the order will be re-evaluated.
- He said, “The good news: When we have done our work, we are doing it.” The bad news, he said, was the state had its highest single-day COVID-19 deaths (164).
- As of Sunday, there were 188,694 total cases in the state, including 9,385 deaths. For the last several days, deaths have exceeded 700.
- Although hospitalizations have decreased, the number of deaths continues to rise, as those hospitalised will die at the end of their hospitalisation when ventilator availability is exhausted.
- Cuomo said he understands that people are wondering when things will go back to nor-mal.
- “It’s about moving forward. I don’t think we can return to ‘normal.’ “He said, “we must return to a ‘new normal’ in terms of pre-pandemic and public health, using technology to improve the health system, economy and public trust.
- He cited testing as “the bridge from where we are today to the new normal.”
- Noting that blacks and Latinos face a high-er risk from COVID-19, Cuomo said there will be more testing in minority communities along with research to figure out why is that is the case from the get-go.

SUNY Albany and NYS Department of Health are still conducting research.

- The governor continues to press the federal government for meaningful

In brief

- On April 8, Cuomo ordered flags to fly at half-staff on state government buildings.
- “Every single New Yorker we have lost to this virus is in our minds and hearts. The flags that we fly will be a remembrance of their lives. Our deepest condolences and prayers to their families and friends.”

The Dutchess Responds Fund has initiated a rolling application process to support non-profits that have been providing critical sup-port to the community in a result of the corona-virus pandemic. See the related story in this issue for details.

STATE

- In his daily press conferences, Gov. Cuomo has noted that New York appears to be flattening the curve as the actions the state has taken to slow the spread of COVID-19. He said in a statement of the NY on Pause initiative to prevent the num-ber of coronavirus cases in New York, Long Island.
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By Rich Thomaselli

JetBlue suspends flights at Stewart, Westchester airports

JetBlue Airways, like many airlines suf-fering from a dramatic reduction in travel and drastic cutbacks in the num-ber of flights, is suspending service to two nearby airports.

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JetBlue is the most visited of the four airlines that fly out of Stewart, which include Allegiant, Delta and American. JetBlue will be allowed.

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New York Blood Center is calling for recover donors who have recovered from COVID-19 to donate blood plasma to help treat other patients with advanced illnesses. In the treatment, known as convalescent plasma, the patient is transfused with the plasma of an infected individual who has recovered from COVID-19 to help clear the virus more rapidly and help decrease the need for ICU beds and ventilators.

The governor launched the Instagram cam-paign, #FlyFromHome, with Jennifer Lopez and Alex Rodriguez to help reach the largest audience possible with the state's life-saving home testing campaign.

Molinaro commented on the passing of his father and the need for social distancing.

Cuomo said NY on Pause isn't in effect in Orange County.

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On April 29, Cuomo announced that the Dormitory Authority of the State of New York will activate its dormitory available to healthcare professionals, a plan that was spearheaded by Assistant County Executive Ron Hicks and Dutchess County Legislature Rebecca Edwards.

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Marc Molinaro's father passes due to pandemic

By Kristine Coulter
The COVID-19 pandemic has taken the life of Anthony Molinaro, father of Dutchess County Executive Marc Molinaro.

All our lives have been touched in some way by the coronavirus and we know we will never be the same. This afternoon, my father died and while it's natural to dwell on the final moments, I know it is the value of all the moments that make up our lives together that matters most," Marc Molinaro posted on Facebook, April 10.

Molinaro wrote: "I entered public life inspired by the desire to bring people together, so it's with immense sadness that at this most difficult of times we were forced to say goodbye to my father, Anthony Molinaro, who was a true public servant."

Rochelle was an epicenter of the disease early on. Oldest son Aiden, who is one of the state's top high school softball players at Lourdes. Coming off spring break, she goes back to online learning this week. She gets up every morning, sits in the kitchen with her laptop and doesn't leave until all her work is done. Then it's time for full body workouts, a two-mile run, and softball work that includes hitting off a tee and fielding with dad Bill and brother Johnny.

"My husband and I are happy to have dinner as a family rather than on the road, play board games, do puzzles and just hang out. We have a busy summer of some good old-fashioned family fun," she said.

"Plus, my 95-pound chocolate lab is running around the hallways," Nina Fernandez said.

"We are very good about working independently," Nina said. "But, honestly, Marco and Dominic are happy to have us all there," she said.

"This house and Dom and Marco stagger their days so that when one leaves the house and another stays home, making sure they do assignments, getting lunch - and maybe even breakfast - and feeding them when normally they would have come home, making sure they do assignments, helping them to get ready for school, for sure. And an eye. As they all head off to college, the an eye is less and less," Nina Fernandez said.

"Maybe this was God's way of getting us to appreciate the small things," Vicky Wagner feels the same way. "It was devastating when his senior year football season ended and now this," Vicky said.

"As our Dutchess County Executive has been working around the clock to help our community navigate this crisis, his family has been directly impacted by COVID-19. This story hits home for far too many right now," NYS Senator Sue Serino posted on her Facebook page. "Our hearts are with those whose loved ones have died. Our sympathy and prayers to Marc, his family, and all the families who have lost loved ones; we hope they will be comforted by their faith and knowledge that the love they provided will live forever in our memories."

"As for Vicky and Bill, they are adjusting to having a full house again, albeit a full house without all the running around for practices and games."

"I find that everyone is constantly hungry. It's unreal," Vicky said with a laugh. "But when you're doing something for someone, one else is looking to eat. I realize the best investment I made as far as college was the meal plan. These kids can eat."

"Our kids seem to grow up in the blink of an eye. As they all head off to college, the time you have to spend together as a family is less and less," Nina Fernandez said. "So, my husband and I am happy to have them all home."

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Marc Molinaro was the Republican and Conservative candidate in the 2018 gubernatorial race.

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"But, Vicky said, "she had some emotional moments where she's said that she can't be in school with all her friends and teachers. She misses being in school. She's so sad that her high school softball season may not happen. But she's working hard on improving her softball skills because once this clears up we have a busy summer of softball. Virginia Beach, Florida, Colorado and California are some of the places on the schedule for this summer.""
Plea from the frontline

To the Editor:

Below is a plea from the COVID-19 frontlines I want to pass on.

Excerpts by Joshua Budhu, a native New Yorker who completed his medical internship at Mount Sinai Beth Israel, one of the hospitals hardest hit by COVID-19. He is one of the chief neutrality officers at both Massachusetts General Hospital and Brigham and Women’s Hospital at Harvard Medical School. This plea is excerpted from his article: "I’m Protecting My Patients From The Coronavirus. Will You Do Your Part To Protect Me?" which was published in the HUFFPOST PERSONAL. (Huffington Post), May 10, 2020. (I would urge people to read his entire article.)

If we want to truly understand where things stand with COVID-19, we must hear more and more and more stories from those on the frontlines. Granted, there are so many, many people on various frontlines. But I am focusing here on the ultimate medical front-line people: doctors, nurses, medical technicians, medical and nursing aids, healthcare workers of every kind, and all the others working in whatever capacity at hospitals. In Dr. Budhu’s article, he says:

"It’s remarkable that I am now a different physician than I was just several weeks ago. I am now practicing medical distancing — delaying treatment where possible to mitigate the risk of exposure to a more deadly and imminent threat. Instead of doing the most good, I am trying to avoid doing the most harm."

He goes on to say: "The paradigm of patient care has been disrupted; it’s safer outside than inside the hospital."

And, "We need him (the president) to support and protect frontline workers so they can save others. ... We need the president to act decisively and now.”

"For everyone else ... young or old ... we need you to stay home. Do not leave unless absolutely necessary. We need anyone with access to precious medical supplies to donate them to their local hospital. Coordinate with your local blood bank to donate blood absolutely."

"Most importantly, please advocate for us while we’re in the trenches fighting the war. Use your voice, your words, and your influence. Speak up for us. Write, call, email and tweet your congressional representative, your senator, and the president. Demand nothing less than a full response and immediately. [emphasis added]

"We are doing the best we can to deal with this crisis. But we are understaffed, under-equipped and overutilized. Without reinforcements and a cohesive national response, we need anyone with access to precious medical supplies to donate them to their local hospital. Coordinate with your local blood bank to donate blood absolutely."

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Barbara Ellis
Beacon,
Women of Unshattered make masks for medical professionals

By Kristine Coulter

Unshattered’s mission is recovery, pre-employment and full-time employment for women in residential recovery programs now, the mission of the East Fishkill-based nonprofit included making masks. But these masks have a mission too – to keep medical personnel safe during the COVID-19 pandemic.

Kelly Lyndgaard, Founder and CEO of Unshattered, said, “We have about 2,000 masks done at this point.” The change from sewing and selling handbags to making masks came on March 20, when Gov. Andrew Cuomo made the order that 100% of non-essential businesses needed to be closed.

Lyndgaard said she knew the women at Unshattered wanted to help. They found a pattern for sewn masks, she explained. They then contacted officials at Vassar Brothers Medical Center to make sure the pattern would meet the criteria of hospitals, which it does, she said.

As for the women of Unshattered, Lyndgaard said, “They have been incredible.” She said the women have been “rock solid” during this time and during the transition from making handbags to masks.

“They took ownership of the design,” she said. She is still paying her team, noted Lyndgaard, and donations for materials are being taken.

“They know they are problem-solving something,” she remarked.

One of those women problem-solving is Amanda (her last name is not being used for privacy reasons). The Poughkeepsie resident has been with Unshattered for two years.

“I thought it was amazing. I was pretty excited about it,” said Amanda when asked what her reaction was to hearing about Unshattered making masks for medical professionals.

It takes approximately 10 minutes to make a mask, said Amanda. She is working from her home, where she also takes care of her 17-month-old child.

“I’m grateful that we’re doing something positive for the community,” she noted. “It’s for a good cause.”

She also remarked, “I’m so grateful for this. I know that there are so many people out of work.” She said she loves this mission.

As for what Amanda would tell people who are receiving the masks, “There are people praying for them -- that there’s hope. We’ll get through this. They’re on our minds.”

On Unshattered Facebook page is a note from one of the nurses in New York City who received a mask made by Unshattered.

“Patients are all alone. The only voice they hear is that of their nurse. No family, no friends. I pray every time I enter a room. I’m doing my best.”

Another comment reads, “The masks they made for me were absolutely beautiful made with love and very safe to use.”

One can drop off masks at Unshattered in East Fishkill, at 1004 Route 82. To find more, visit https://www.unshattered.org/.

Mutual Aid Beacon assisting those in need

By Goldee Greene

Staff Writer

Only up and running one month, Mutual Aid Beacon (MAB) is already making a huge difference helping the community to eat. The all-volunteer group is providing meals and delivering 350 meals to people affected by the COVID-19 coronavirus pandemic.

MAB is doing what is very much needed right now,” said founder and volunteer Daro Silverman, who has been a community organizer for twenty years.

The nonprofit startup is operating on her front porch on North Brett. “This all started when I could see how other towns were baths the current virus.

The voluntary online survey, available at dutchessny.gov/COVIDHistory, allows residents to document their stories regarding the COVID-19 pandemic through a series of open-ended questions, and, with the participant’s permission, the answers will be preserved in the County’s archives and shared with the public -- how and in years to come -- to help inform and educate future generations.

For more information, or to submit photographs, videos, and other forms of documentation, please contact the Dutchess County Department of History at wtatum@dutchessny.gov.

“We are living through unprecedented times, dealing with the type of worldwide health crisis not seen in our individual generations. Our individual experiences, as well as the collective actions we take as a community today, will not only guide Dutchess County through the next few months, they’ll enable future leaders to make informed decisions when future pandemics do not impede our community’s ability to prepare for them. We urge you to take part in our COVID-19 History Survey -- a few minutes of your time can save lives years from now.

World leaders have looked to the past - specifically, the last great pandemic, the 1918 Influenza outbreak -- for insight and guidance when facing the current COVID-19 pandemic. The lessons learned more than a century ago, including the successes and shortcomings of public health officials during the era, have been used to formulate strategies to combat the current virus.

Through its COVID-19 History Survey, Dutchess County is taking a unique step to make a better record for future leaders and historians who may look back on current residents’ experiences for inspiration. The survey records residents’ experiences and opinions regarding a variety of topics, including the gradual expansion of Coronavirus geographically and how responses to the virus have affected the patterns of their daily lives. The survey does not record medical information; rather it seeks to capture the impact of the viral pandemic and its implications of the public health crisis.

Residents can take COVID-19 History Survey

Dutchess County Executive Marc Molinaro encourages residents to take part in the County’s COVID-19 History Survey, which documents their experiences regarding a variety of topics, including the gradual expansion of Coronavirus geographically and how responses to the virus have affected the patterns of their daily lives. The survey does not record medical information; rather it seeks to capture the impact of the viral pandemic and its implications of the public health crisis.

Responses to the survey will become part of a special COVID-19 collection within the Dutchess County Archives. While the survey data will be a public record, names will be withheld from public record. Residents can answer the survey as many times as they like in order to record any changes in their thinking as the crisis continues. The Department of History is developing a follow-up survey to launch once the crisis has passed.
Experts from the Alzheimer's Association believe dementia does not likely increase a person's risk for COVID-19, but it is possible. The correlation was sinusoidal due to Alzheimer's disease or another dementia is a full-time job on its own," said David Sobel, associate director of education at Alzheimer's Association Hudson Valley Chapter. "COVID-19 and the resulting strategies to reduce COVID-19 are not a new frontier in dementia caregiving."

Efforts to limit contact with others, as recommended by local and federal officials, are intended to prevent the spread of the virus. The Alzheimer’s Association and the New York State Department of Health and Prevention considers older adults at a higher risk for developing COVID-19. Stay-at-home orders like those in New York State on PAUSE have put caregivers on 24-hour duty as family members and friends keep a safe social distance.

One problem is that many people with Alzheimer's disease are isolated and unable to reach neighbors. Sobel said: "This reality affects these individuals across all settings, including home, adult day care, residential and assisted living facilities and nursing homes."

To help caregivers navigate the complex COVID-19 environment, the Alzheimer’s Association is adding additional guidance to families, including: Help people living with Alzheimer’s continue to communicate. Many people living with Alzheimer’s and other dementias may forget to wash their hands or follow other health precautions to prevent COVID-19. Caregivers are encouraged to be extra vigilant in helping individuals practice sibling hygiene. Help people living with sibling caregivers and others to live their daily lives. People living with Alzheimer’s or other dementias may not be able to communicate if they are feeling bad and showing early symptoms of illness. It is important to discuss alternative plans for healthy aging. People living with Alzheimer’s and other dementias should be able to keep up with their daily routine and daily life. Caregivers and others should be able to ask their pharmacist or doctor about filling prescriptions for a shorter number of days to reduce trips to the pharmacy. Understanding Alzheimer’s and Dementia: 2-3 p.m. Thursday, April 16. John Powers, executive director of Hudson Valley Hospice, will discuss the difference between dementia and Alzheimer's disease. Registration is required. Less information is available on COVID-19 patient care and support options may change. As public health containment strategies for COVID-19 change during the coming several weeks, care and support may be available. It is also important to discuss alternative plans for care management if the primary caregiver should become sick. Many primary caregivers are not good at asking for help even as care needs become overwhelming. It’s important for families and friends to be proactive during the current crisis in asking caregivers how they can help. Many primary caregivers are not good at asking for help even as care needs become overwhelming. It’s important for families and friends to be proactive during the current crisis in asking caregivers how they can help. Many primary caregivers are not good at asking for help even as care needs become overwhelming. It’s important for families and friends to be proactive during the current crisis in asking caregivers how they can help. Many primary caregivers are not good at asking for help even as care needs become overwhelming. It’s important for families and friends to be proactive during the current crisis in asking caregivers how they can help.
Place this size ad coupon in the Southern Dutchess News, Northern Dutchess News, & Beacon Free Press for $43.50/week or 4 consecutive weeks, paid in advance, for $156.60. That’s 3 Dutchess County news papers for a month!

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April is Dig Safely Month

April is designated as national Dig Safely Month. The National挖掘 Safety Alliance, which is comprised of numerous member organizations, including Central Hudson Gas & Electric Corp., reminds anyone planning to dig first to call 811 so that underground lines are marked at no cost to the caller. Excavators must also keep a safe distance of at least 18 inches from marked lines where high-voltage transmission lines are involved. Workers must stay clear of the “tolerance zone,” which is a 10-foot area around underground gas operators. In the event of a gas leak, excavators should immediately evacuate all workers and others from the immediate vicinity and call the gas operator to complete a training and educational program.

Freni explained that the regulations are designed to protect excavators, the public and owners of underground lines. “A moment of inattentiveness can result in injury, damage or worse,” he said.

Dig Safely New York has developed a comprehensive Excavator Certification Program in Best Practices for Safe Digging. These best practices will satisfy New York state legislation that requires contractors and excavation personnel employed by gas or electric companies to complete a training and education program.

Additional information about the Dig Safely New York program is available at DigSafelyNewYork.com; To call Central Hudson, dial 845-452-2700 or 1-800-527-2714.

The deadline for Legals is every Monday @ 12 noon for a Wednesday Publication* *When a public holiday falls on a Monday the deadline becomes Friday at noon.

April 15, 2020

Page 10 BEACON FREE PRESS
Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

Each row of 9 numbers must include all digits 1 through 9 in any order.
Each column of 9 numbers must include all digits 1 through 9 in any order.
Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.

1. Shade tree
2. Everyone
3. ___ now; henceforth
4. Residence
5. Metal bar
6. Italian explorer
7. City in the Centennial State
8. Beginning's opposite
9. In love
10. Grow gray
11. God's 6th-day creation
12. Concealed
13. one's concern
14. Spicy dip
15. Went quickly
16. Reverie
17. Pee Wee or Della
18. Actress Charlotte
19. Sharp ridge
20. Man's nickname
21. Musical instrument
23. Take by force
24. Ocean phenomena
25. Word in the some high school names
26. Johnson and others
27. Comfy room
28. Remain behind
29. Letters on a record
30. Unrealistic, imaginative activity
31. Betsy and H. Ross
32. City in the Equality State
33. Conceal
34. Fence opening
35. Train station
36. Oddball
37. Animal enclosure
38. Curvy character

ACROSS

DOWNS

- The solutions to the Sudoku, Crossword puzzle and Binox can be found on page 2B
Heroes serving heroes in Beacon

City of Beacon Firefighters and Police showed their appreciation for local health care providers. Lunch was recently delivered to the doctors, nurses, and clinic workers at the HRHCare facility in the City of Beacon.

-Renowned fashion designer John Bartlett to lead Marist Fashion Program

Award-winning fashion designer John Bartlett has been selected to lead Marist College’s top ranked, internationally recognized Fashion Program.

Once called “a fashion bad boy” by the Wall Street Journal, Bartlett’s signature style embraces a rugged American authenticity that earned him two Council of Fashion Designers of America (CFDA) awards: the Swarovski Best Newcomer Award and Best Menswear Designer of the Year in 1997. In 2010, the American Apparel and Footwear Association (AAFA) named Bartlett “Designer of the Year.” That same year his update of the Hush Puppies “Earl” loafer earned a spot in the Style Hall of Fame.

Bartlett is a graduate of Harvard University and the Fashion Institute of Technology (FIT), where he worked with designers Willi Smith and Ronaldus Shamask before launching his own eponymous collection in 1991. Bartlett also served as creative director for two iconic American brands, Ghurka leather goods and Claiborne, which was renamed “Claiborne by John Bartlett,” as well as the Italian powerhouse label Byblos.

“John’s breadth of experience with all tiers of the industry, his long-term commitment to sustainable practices, and his innovative spirit will be an unparalleled asset to the Fashion Program and our students,” said Lyn Lepre, Dean of the Marist School of Communication and the Arts.

Alongside his pursuits in design and fashion, Bartlett’s longtime passion for animal advocacy has inspired him to create and manage a nonprofit, The Tiny Tim Rescue Fund, that raises money for rescue groups and independent shelters to help with medical bills, transport, training and any other expenses needed to assist in helping a dog or cat find their forever families.

Marist’s Fashion Program is part of the College’s School of Communication and the Arts. The Program has been named in Business of Fashion’s Global Ranking of Fashion Schools as a top ranked school for both undergraduate fashion design and fashion business and management. The Program is housed in the Steel Plant, a newly renovated and expanded state-of-the-art building featuring a makerspace, a fashion exhibition gallery, extensive studio space, and Mporium, a student-run store/fashion retail laboratory for merchandising students.