

BEACON FREE PRESS

Volume 74, Number 46

November 12, 2025

UNOFFICIAL ELECTION RESULTS 2025

Democrats take control of County Legislature for first time since 2008

By Curtis Schmidt

In a win of historic proportions, Dutchess County Democrats flipped the County Legislature in unofficial results from the Dutchess County Board of elections and now own a 15-10 majority of the county's 25 district seats. The last time the Democratic Party held a majority in the County Legislature was in 2008 and prior to that was in 1977.

Yvette Valdés Smith, current minority leader in the Legislature, commented, "We are thrilled to hold the majority in the Dutchess County legislature. We are ready to get to work on Day One for the people of Dutchess County. I have been the minority leader of the Democratic caucus of the Dutchess County Legislature for two terms, and I am honored to have been re-elected by my constituents in the town of Fishkill and the City of Beacon for a third term. Representing our community and making people's lives better is my priority."

She added, "We were able to flip the legislature with incredible candidates who have a wealth of experience and because we really listen to our neighbors. And we will deliver results to make their lives better. Issues of affordability, the housing and EMS (Emergency Medical Services) crisis and mental health have consistently been top of mind for Dutchess County residents."



Dutchess County Democratic Party candidates celebrate victories in last week's local elections. Dan Aymar-Blair, center, prevailed over Will Truitt for County Comptroller. Kara Gerry defeated Ned McLoughlin for County Court Judge and Democratic candidates gained control of the County Legislature.

-Courtesy photo

Michael Dupree, chairman of Dutchess County Democratic Party said, "We won because we started reaching out to voters in July with an extensive field operation. Using past data on voting patterns, we selected different districts to try to flip and made sure we had volunteers to knock on doors, make phone calls and texts. The committee also raised more

funds than we ever have in the past, so we were able to devote more resources to digital ads and sent volunteers into all the districts where we had candidates. By last Monday, we had hit 58,000 doors and made 55,000 phone calls."

Continued on page 2

Aymar-Blair prevails over Truitt in race for County Comptroller

By Curtis Schmidt

Incumbent Democrat Dan Aymar-Blair withstood the challenge of current Republican Legislature Chairman Will Truitt in the race for Dutchess County Comptroller in last week's election.

In unofficial results from the Dutchess County Board of Elections, Aymar-Blair received 40,358 votes to 32,297 for Truitt.

"The voters of Dutchess County are

hungry for transparency and information in these uncertain times and I'm honored that they chose me to provide that," said Aymar Blair. "By having the opportunity to show the voters what I'm about and how I do this work, I think the contrast between the two candidates was clear."

He added, "Next year, you'll see a continued focus on transparency and accountability from the Comptroller's

office. And we'll be looking for new ways to center the people in our work, particularly our reporting."

Aymar-Blair defeated Gregg Pulver in the 2024 race for Dutchess County Comptroller and served the final year of the four-year term of Robin Lois, a Democrat who resigned to become the state's deputy comptroller for local government and school accountability.

Continued on page 3

Democrats win Beacon Council

Candidates had no opposition



Democrats keep control of the Beacon City Council.

-Archive photo

By Kristine Coulter

There were 6 seats on the Beacon City Council on this year's ballot. All candidates on the ballot ran on the Democratic line. The following are the unofficial results from the Dutchess County Board of Elections.

Council At-Large incumbents Amber Grant and Paloma Wake were re-elected. Grant received 2,967 votes, 48.84%, all on the Democratic line. Wake had 3,050 in total votes, 50.21%, earning 2,292 on the Democratic line and 758 on the Working Families line.

Ward 1 will now be represented by Lastar Gorton. Gorton received 815 votes. She had 627 votes, 99.27%, on the Democratic line and 188 votes on the Working Families line.

Zack Smith will now represent Ward 2 voters in the city. Smith earned 748 votes, 99.20%, on the Democratic line.

Ward 3 has a new representative on the council. Sergei Krasikov received 687, 98.71%, votes. He had 515 on the Democratic line and 172 votes on the Working Families line.

Carolyn Bennett Glauda received 935 votes, 99.26%, and will represent Ward 4 residents. She had 726 votes on the Democratic line and 209 on the Working Families line.

"Not going to lie, this morning feels good. I hope you are all feeling rested after spending the night dreaming about the better future that feels much more possible after last night's wins!" Bennett Glauda stated, in part, on social media on Nov. 5. "You turned out big, you volunteered, you voted, and you told friends."

LUXE OPTIQUE  
an eyewear experience

DON'T BLINK  
It's The Frame Sale of the Year  
20%-60% Off Select Frames  
Black Friday & Saturday Only  
VISIT LUXEOPTIQUE.COM TO SCHEDULE AN APPOINTMENT  
EMANUELLE KHANH GUCCI OLIVER PEOPLES theo BARTON PERREIRA  
+ 20 more collections

UNOFFICIAL ELECTION RESULTS 2025

# Democrats win 2 board seats in Fishkill

By Kristine Coulter

There were 4 names on the ballot for 2 seats on the Fishkill Town Board. Democrats Jacqueline Bardini and Don Przytula won the seats. The following are the unofficial results from the Dutchess County Board of Elections.

Incumbent Bardini was on the Democratic and Working Families lines. She received 2,780 votes in total, 28.92%.

Don Przytula ran on the Democratic, and Working Families lines. He received 2,493 votes in total, 25.94%.

Current board members John Forman, ran for a seat on the Dutchess County Legislature, and Brian Wrye, was not on the ballot.

Fishkill Democratic Committee posted on Nov. 5 on social media, “It was a great and winning Election Night. Congrats to Jackie Bardini and Don Przytula, our newly elected Fishkill Town Council members.”

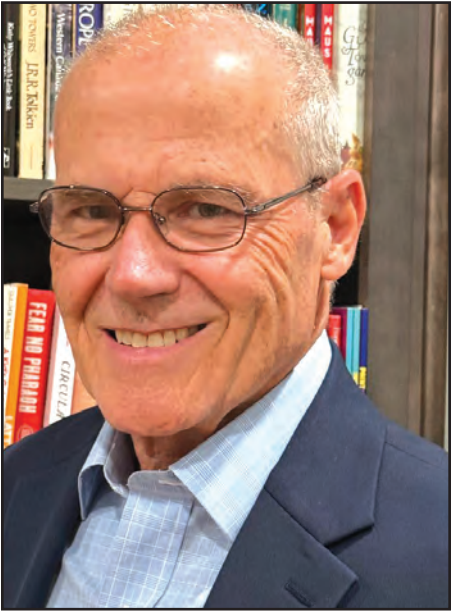
Doug DelliPaoli, who was on the Republican and Conservative lines, received 2,095 votes, 21.80%.

Rebecca Tompkins, who was the



Jacqueline Bardini

Fishkill Town Clerk, received 2,240 total votes, 23.30%. She ran on the Republican and Conservative lines.



Don Przytula

DelliPaoli posted to his Facebook page for the town board, in part, the following on Nov. 5: “Running for

office is never about one person, it’s about community. It’s about people coming together with a shared hope for the future and the belief that we can make a difference right here in Fishkill. Your encouragement, conversations, and trust have meant the world to me and kept me motivated every single day.

“Despite the outcome, I’m proud of the honest, hardworking campaign Becki Tompkins and I ran. Thank you Becki, you have my gratitude and respect always. Thank you to all of you for believing in me and for believing in the positive vision we share for our town,” he stated.

Tompkins wrote in part on social media, on Nov. 4, “Whether I win or not, it has been a pleasure and honor to spend real time with our residents. Team Fishkill has knocked on over 3000 individual doors and attended events to talk to people. My running mate, Doug DelliPaoli for Fishkill Town Board is 1 in a million! Fishkill needs a man of your honesty, integrity and insight to help steer the ship and keep Fishkill the great place it is!”

# Democrats take control of County Legislature

Continued from cover

He added, “That’s the mechanics that enabled us to take advantage of the dissatisfaction across our county with the actions of the Republicans at the national level to post such large wins in our county-wide races and to pick up the five seats in the legislature. But more importantly, we had great candidates. Smart and all willing to go to the voters we targeted as potential supporters, as well as an understanding of the top issues facing our county: housing and affordability crisis, lag times for EMS in the eastern, rural portions of Dutchess and insufficient mental health resources, especially for younger people. They walked the walk and talked the talk which can be a winning formula.”

With the victory, the Democrats will be welcoming six new legislators: Trevor Redl (District 1), Emma Arnoff (District 2), Anna Shah (District 5), Alix Winsby (District 14), Molly Rhodes (District 18) and Eric Alexander (District 25). They will join incumbents Brendan Lawler (District 4), Lisa Kaul (District 6), Craig Brendli (District 8), Barrington Atkins (District 9), Randy Johnson (District 10), Brennan Kearney (District 11), Valdes-Smith (District 16), Chris Drago (District 19) and Kristofer Munn (District 20).

Current Legislature Chairman Will Truitt commented, “Our Republican Majority Caucus has a strong record lead-



County Executive Sue Serino  
-Photo by Curtis Schmidt

ing Dutchess County Government that we are all proud of. Our team ran a great race focused on our accomplishments, it was just a tough political environment to run in unfortunately. I wish all of those elected to serve next year in the County Legislature the best of success.”

The 10 Republicans who won seats include Mike Polasek (District 3), Lew



Democrats Dan Aymar-Blair, Kara Gerry and Yvette Valdés Smith celebrate their victories last week.  
-Courtesy photo

Darrow (District 7), John Metzger (District 12), Kevin Giles (District 13), Robert Faust (District 15), Douglas McHoul (District 17), Stephen Caswell (District 21), Joseph Tresca (District 22), Chris Rolison (District 23) and Andrew House (District 24).

County Executive Sue Serino commented, “Congratulations to all who were elected this week to serve the people of Dutchess County. The work we do each and every day in Dutchess

County Government is done through cooperation and collaboration.

“And as we welcome new members to the County Legislature, we will work together with all of the Legislature to keep moving Dutchess County forward. The work we do is not about politics, it is about serving the people of Dutchess County with smart fiscal leadership, while continuing to enhance the quality of life for all of our neighbors.”



## MOUNT GULIAN HISTORIC SITE

THE HISTORY OF THE LENAPE PEOPLE  
A talk about the first inhabitants of the Hudson Valley

SATURDAY   NOVEMBER 15   1:00 PM

**\$18 adults; \$15 seniors; \$12 children (5 thru 15)** No charge for Mount Gulian members. Membership is open to the public. *Reservations are encouraged.*  
845-831-8172 or email: [info@mountgulian.org](mailto:info@mountgulian.org)  
Payment may be made day of event.

Mount Gulian Historic Site  
145 Sterling Street   Beacon, NY   12508   845.831.8172  
[info@mountgulian.org](mailto:info@mountgulian.org)   [www.mountgulian.org](http://www.mountgulian.org)

## Ribbon-cutting ceremony at Howland Cultural Center on November 15

An official ribbon-cutting ceremony of the restored portico at the Howland Cultural Center will take place on on Saturday, Nov. 15, at 1 p.m.

Howland Cultural Center is at 477 Main Street, Beacon.  
For more information, call 845-831-4988 or visit [howlandculturalcenter.org](http://howlandculturalcenter.org).

# Council honors students from Beacon High and German school

## Proclamation given for program

**By Kristine Coulter**

A community segment during the Beacon City Council meeting on Nov. 3 honored students from Beacon High School (BHS) and Max Born Gymnasium, in Germering, Germany, who are participating in a foreign exchange student program. The program began this year in October. It will also take place in June of 2026.

“You’ve done this several years in a row and I think it’s wonderful. I speak for the whole council, [this is] one of our favorite meetings and were very happy to have you all here,” said Beacon Mayor Lee Kyriacou.

Teacher and chaperon Sebastian Hess, with the Max Born Gymnasium, spoke.

“I want to say thank you Mr. Mayor and members of the city council for giving us the chance to meet you all again,” said Hess.

“It’s a pleasure to be here. Beacon feels like home. I said it before and I say it again: When you speak about homes, I want to say a special thanks to all the parents this year who host and who make this program actually happen. Without you, it would be impossible and we are really, really grateful to have you,” remarked Hess. He continued, this is “not something we take for granted that so many people are willing to host students for 2 weeks.” He thanked them for their generosity.

María Margarita Calaf Seda, BHS Club American Exchange Program Coordinator and World Language Teacher, said there are 21 BHS students participating in the program.

“We hope they learn about the differences between American and European culture. We also hope they understand the



Members of the Beacon City Council honor Beacon High School and Max Born Gymnasium students in the foreign exchange student program during the Beacon City Council meeting on Nov. 3.

-Courtesy photo

value of learning a second language. Finally, we really hope they get to enjoy the wonderful opportunity to travel around the world, learn, and encounter new and exciting cultural experiences,” stated Calaf Seda, who is also the BHS advisor for the Multicultural Club and Foreign Language Club.

“I do believe a program like this can contribute [to the world],” Hess remarked.

“I consider these kids ambassadors for our nations. I do not want to live in a world where without friendship between the American people and the German people - those two great nations. And I think we can overcome any problem in the world if we work together,” Hess said he tells the kids he thinks

they can make the world a better place one day.

“I cannot wait to send the next group of kids, and the next kids and the next kids to make this an everlasting tradition between our two great cities,” he told the council members.

Kyriacou said, “We will rely on you as you grow and come into adulthood to make the world a better place. Because each of us, hopefully will do a little bit in that direction.”

Kyriacou read the proclamation and then photos were taken.

The proclamation concluded: “[in] honor of all the participating students in this and previous years’ exchanges, while wishing each of them a wonderful and transformative experience, as they make an important connection between our two Cities and Countries during a time where global geopolitical cooperation and partnership are more important than ever.”

This is the fourth straight year of the partnership between the schools.

### UNOFFICIAL ELECTION RESULTS 2025

## Aymar-Blair prevails over Truitt in race for County Comptroller

Continued from cover

In his Facebook post on the day after the election, Truitt said, “Serving Dutchess County over the last 10 years in the Legislature has been the utmost privilege and deepest honor of my life. I owe everything I’ve been able to accomplish to the people of Hyde Park & Poughkeepsie, who took a chance and believed in me as I knocked on their doors as a 20-year-old kid.

“I will have much more to say and many thanks to give in the coming days and weeks, but I would like to thank you all from the bottom of my heart for your belief in me, your support for our campaign and your trust that I would have served our County well as Comptroller.

“We did not prevail yesterday evening, and I would like to congratulate my opponent Dan, and wish him all the best in the term ahead. I pray for Dutchess County’s success, and for the health and well-being of all of our people who call our community home.

I will always stand strong and proud in my convictions - I would not change a single thing about this past year on the campaign trail and I certainly will never cave on my values. We truly gave it our all.

“God bless you all, I am eternally grateful for your support throughout this journey.”

County Executive Sue Serino commented, “We have worked collaboratively with Comptroller Dan Aymar-Blair over this past year and will continue to do as he begins his new term. Throughout



Dan Aymar-Blair

my career, I have worked with people on both sides of the aisle to get things done and that is what we will continue to do.”

For all election results, visit  
Dutchess County Board  
of Elections website at  
<https://elections.dutchessny.gov/>

COUNTYPLAYERS

At the Falls Theatre

Change is on the menu.

By A.R. Gurney

The DINING ROOM

NOVEMBER 7, 8, 14, 15, 16 21, 22

AN AMERICAN COMEDY OF MANNERS | Main Stage

DIRECTED BY CHRISTINE CRAWFIS

68TH SEASON SPONSOR

Hudson Valley CREDIT UNION

GOLD SHOW SPONSORS

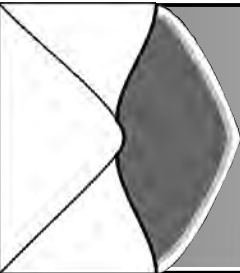
ADAMS FAIRACRE FARMS

Denny & Rosemary Evaul

BOX OFFICE: 845-298-1491 | COUNTYPLAYERS.ORG

WAPPINGERS FALLS, NY

Viewpoints



LETTERS  
TO THE  
EDITOR

Letters may be edited for legal considerations, reader interest and length. Please include a telephone number and address for verification purposes. **Deadline for letters is Friday at noon.** Letters must be submitted by e-mail to be considered for publication. Letters can be e-mailed to [newsplace@aol.com](mailto:newsplace@aol.com), and the phrase “Letter to the Editor” should be included in the subject line of the e-mail.

Policy on letters:

- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published, with the exception of political figures.
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
- Letters referring to news stories must mention the headline and date of publication.
- The Beacon Free Press will not be used as a vehicle to place misinformation.
- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Beacon Free Press.

## Standing with survivors beyond Domestic Violence Awareness Month

### To the Editor:

Domestic Violence Awareness Month may have come to a close, but it’s important to remember that protecting survivors doesn’t stop in October. For too many New Yorkers, domestic violence is not a statistic—it is a daily reality.

In the State Senate, I’ve worked to strengthen laws so survivors are fully protected and abusers are held accountable. Melanie’s Law, which I co-sponsored, allows courts to issue orders of protection for immediate family or household members of victims, regardless of age, but there is more work to do.

Senate Bill S.6835 increases penalties for violations of court-ordered supervision, including absconding while under electronic monitoring. Senate Bill S.6836 ensures repeat violations of aggravated criminal contempt carry real consequences. Protective orders are only as strong as the system enforcing them.

The Lethality Assessment Program, used in only a few counties, helps first responders identify victims in immediate danger and connect them with lifesaving services. Expanding it statewide could save countless lives.

As a former police officer, I know public safety is more than enforcement—it’s the security every person deserves at home. Strengthening protections for survivors strengthens our communities.

Even though Domestic Violence Awareness Month has ended, our work must continue. Every bill I support represents a person who deserves safety, dignity, and peace—and that fight doesn’t stop with the calendar.

Rob Rolison  
New York State Senator, District 39

## Tree lighting set for Nov. 29 at Memorial Park



*The City of Beacon will be holding its 8th Annual Christmas Tree Lighting on Saturday, Nov. 29, 4 p.m. at Memorial Park, Robert Cahill Dr. Attendees may pick up an ornament kit, enjoy some hot chocolate and a treat. Watch some great local talent: Grace Morea, Yanarella School of Dance, Ballet Arts, School of Rock, Jonah Espinosa, Molly Lyons, and Beacon Performing Arts Center with music provided by DJ Donovan Royall before the Beacon Scouts sing in the arrival of Santa. The tree will be lit at dusk (approximately 4:30 p.m.), and families can meet and take some photos with Santa.*

*This is the third year since the event was moved to Memorial Park. The larger space has allowed better parking options, space for more and different styles of entertainment. This year’s ornament kits were put together by the Beacon Girl Scouts and students of South Avenue during their Family Service Night. There is a free raffle with great prizes from many Beacon businesses who have generously donated gift certificates and a variety of goods.*

-Courtesy photo

## Town of Poughkeepsie receives design grant for woodland trail at Sunnyside Park

The Town of Poughkeepsie has received a \$27,500 grant from the Greenway Conservancy Trail Program of the Hudson River Valley Greenway, for the design phase of a woodland trail at Sunnyside Park. The proposed trail, crossing through Town-owned woods and wetlands adjacent to the park, would provide residents with a safe place to walk their dogs and enjoy peaceful woodlands. The trail would connect through to Malmros Terrace, allowing many more residents to access the park on foot rather than by car on Vassar Road.

Town Board member Barbara Laird, representative of Ward 2, said, “I am thrilled that the Town was able to get this grant! Building this trail and boardwalk over the stream at the end of Malmros Terrace will allow us to complete the walking trail behind Sunnyside Park and link two beautiful neighborhoods through the natural landscape. It adds to our overall goal of creating a more walkable town.”

“We are so pleased to have received this grant,” said Town of Poughkeepsie Parks

and Recreation Director Nate Smith. “Hopefully the design will help us expand the boundaries of the park to give the community greater pedestrian access to this beautiful park.”

“This town-owned parcel of land has long been ignored and neglected,” said Town of Poughkeepsie Supervisor Rebecca Edwards. “Thanks to the Hudson River Valley Greenway, we can begin a long-term process of expanding park amenities, giving residents access to more green space, and restoring wetland habitat.”

The Hudson River Valley Greenway [<https://hudsongreenway.ny.gov/overview-mission>] provides grants with the goal of continuing and advancing New York State’s commitment to the preservation, enhancement, and development of the scenic, natural, historic, cultural and recreational resources of the Hudson River Valley while continuing to emphasize economic development activities and remaining consistent with the tradition of municipal home rule.

## City qualified residents pick up cards for groceries

The Beacon City Council voted to approve emergency municipal funding to help mitigate difficulties for residents whose Supplemental Nutrition Assistance Program (SNAP) have been interrupted by the federal government shutdown on Nov. 3.

Qualifying Beacon residents picked up one of three grocery card options at the City’s Recreation Center on Nov. 6-8.

Thanks was given to Key Food Marketplace, Beacon Natural Market,

and the Beacon Farmers Market for partnering with the City of Beacon to provide this food security intervention. According to City officials, each organization offered discounted rates to the City for the cards, so that the allocated local funding goes further in supporting the City’s vulnerable families while federal benefits are delayed.

In order to receive a card, one had to be a photo identification, proof of residency and one’s SNAP card.

BEACON FREE PRESS

Published Weekly, Wappingers Falls Shopper, Inc.  
84 East Main Street, Wappingers Falls, NY 12590  
Albert Osten, President

serving the communities of:  
Wappingers Falls, Hopewell Junction, Southern Poughkeepsie,  
New Hamburg, Red Oaks Mill, Fishkill, Chelsea, Wicopee,  
New Hackensack and Stormville  
Publisher - Albert Osten  
Editor - Kristine Coulter  
Art Director - Sharon Browne  
General Manager - Curtis Schmidt  
Advertising Representative - Jaimie Rodriguez  
Advertising Assistant - Roxanne Hoffman  
Intern - Alexander Tsahalis  
Advertising rates - furnished upon request  
To advertise - 845-297-3723 - [sdnadvertising@aol.com](mailto:sdnadvertising@aol.com)  
Advertising deadline is Friday at noon  
Telephone: 297-3723 Fax: 297-6810  
E-Mail address for letters: [newsplace@aol.com](mailto:newsplace@aol.com)

(USPS 665900)

(USPS 665900)

THE BEACON FREE PRESS (ISSN 0192-9631) is published weekly by the Wappingers Falls Shopper, Inc., 84 East Main Street, Wappingers Falls, NY 12590. Second-Class postage paid at Wappingers Falls, 12590 and additional mailing offices. POSTMASTER: Send address changes to THE BEACON FREE PRESS, 84 East Main Street, Wappingers Falls, NY 12590.

# Partnership creates collaborative effort with new family day care in Poughkeepsie

A groundbreaking collaboration between a hospital, housing group, bank, and nonprofit is tackling the region's child care crisis head-on. Last week, these four partners gathered with elected officials and community members to celebrate the completion of renovations at The NEST on Young Street in Poughkeepsie.

(Nurturing Early Success Together), marking a major milestone for a new, fully renovated home that will serve local families while creating a path to business ownership and homeownership for a local early educator. The innovative partnership between Vassar Brothers Medical Center, Hudson River Housing, DAY ONE Early Learning Community, and NBT Bank, is creating Dutchess County's first 24-hour child care model.

During the ribbon cutting, the partners announced a \$100,000 grant from the Dutchess County-Poughkeepsie Land Bank that will fund the renovation of an adjacent property, making round-the-clock care a reality. The NEST will help hospital workers and other essential employees whose shifts don't fit traditional care hours, while also serving families throughout the community.

At the heart of this project is Day One, a local nonprofit that helps com-

munity members become high quality early childhood educators and business owners through its paid Teacher Apprenticeship Pathway (TAP). TAP participants earn while they learn, gaining hands-on classroom experience and graduating with the credentials and confidence to lead their own programs. Day One TAP graduate Danielle McClinton will own and operate the licensed Group Family Day Care at 2 Young Street, live on-site in the renovated home, run her own business, and work toward eventual homeownership. "I never imagined owning my own business was possible in early education. Day One believed in me and gave me the tools to do this. Now I get to welcome families into this beautiful space and give their children the joy and learning they need during the most important years of their lives. I'm so proud to be doing this work right here in my community," said Danielle McClinton, DAY ONE TAP Graduate and Business Owner Day One brought the partners to the table, and each one played a critical role. Vassar Brothers Medical Center owns the property and is leasing it to Hudson River Housing, which renovated



Danielle McClinton, center, cuts the ribbon to open The NEST, a licensed Group Family Day Care at 2 Young Street in Poughkeepsie.

-Courtesy photo

the vacant home. NBT Bank and loan funding by the Leviticus Fund provided seed funding for the work completed by Hudson River Housing, and their general contractor, Gutierrez Building Corp. The newly announced \$100,000 grant will now allow the partners to renovate the adjacent property at 6 Young Street.

# Cary Institute scientist co-authors study on forests and acid rain

In the White Mountains of New Hampshire, the streams are telling us a story about forest recovery following acid rain and logging. According to a new study in the Proceedings of the National Academy of Sciences, long-term watershed chemistry reveals that recovering forests are mining rocks for nutrients. While this leads to improved pH in nearby streams, it further depletes soils, leaving forests less resilient to future pollution.

The study is the first to show that ecosystem disturbances like acid rain and logging can enhance belowground weathering over a sustained period, with transformational impacts to the health of soils and adjacent streams. "The role of vegetation in releasing nutrients from rocks is well-known," says Chris Solomon of Cary Institute of Ecosystem Studies, a co-author of the study. "But it's unusual to have a data record long enough to observe these processes in action."

The study team analyzed more than 60 years of data from the Hubbard Brook Experimental Forest, established by the US Forest Service in the 1950s for ecological and hydrologic research. Like much of the Northeast, the forest was heavily impacted by acid rain until the passage of the 1990 Clean Air Act Amendments. The three watersheds investigated included a watershed clear-cut in 1983 and then allowed to regrow, a watershed treated with calcium silicate in 1999 in an attempt to reverse the effects of acid rain, and a control watershed that only experienced the impacts of acid rain.

While reviewing data on the chemistry of the streams in these watersheds, the researchers discovered an unexpected result: Since 1987, the stream in the clear-cut watershed had been far less acidic than the neighboring control watersheds – despite having received identical inputs of acid rain.

"The stream in the clear-cut watershed was exporting much more silica and calcium out of its watershed than either of its neighbors. To put it in perspective, these re-grow-

ing forests released more calcium and silica over time than the watershed that had been treated with more than 100,000 pounds of pelletized calcium silicate. It was impressive to see this contrast in our data," explains lead author Emily Bernhardt of Duke University.

Enhanced mineral mining: good for streams, bad for soils

Forests regrowing in the nutrient-depleted logged watershed were using their roots to mine minerals at an unexpected rate.

"Both timber harvest and acid rain have removed large amounts of nutrients from ecosystems," says Bernhardt. "In places where both occurred, like the clear-cut watershed, regrowing trees are starved for the nutrients they need to grow, and they invest growth below ground to build roots and fuel microbes that can extract nutrients they need from underlying bedrock."

Enhanced mineral weathering by the roots of trees like American beech sustains forests. When tree roots 'mine' apatite minerals for phosphorus, they also unlock less limiting nutrients like calcium and silicate, which are washed into nearby streams. Streams have improvements in pH, while soils experience decreasing fertility.

Loss of calcium and other nutrients from soils as a by-product of nutrient mining by trees compounds long-term losses of those nutrients from acid rain and deforestation, and may make these forests less resilient to future inputs of acid pollution from the atmosphere.

"Base cations like calcium help the forest soil to buffer inputs of acid precipitation," says co-author Charles Driscoll of Syracuse University. "The loss of these nutrients means that these ecosystems are extremely vulnerable to any renewed input of acid from the burning of fossil fuels or other sources, or future harvesting."

Maples replaced by beech - Since being logged in the 1980s, the clear-cut watershed has seen a major shift in tree species, with a steep decline in sugar maple and dominance of American beech, a species adept at mining minerals.

"The forest that is regrowing in the clear-cut watershed is not the same as the forest that was there previously, or the forests that still exist in nearby uncut watersheds," says Bernhardt. "Sugar maple in particular has had difficulty re-growing in the nutrient-poor soils, and has been largely replaced by beech, which is vulnerable to beech leaf disease and beech bark disease." Losses of sugar maple may be strongly felt in places like New Hampshire, where maple syrup production is an important part of the culture and economy.

Insights made possible by long-term monitoring - Long-term forest and watershed studies like Hubbard Brook are essential to understanding how environmental stressors — like acid rain, defor-

estation, and species shifts — play out over decades, and shape the health of forests and freshwaters. They also help us gauge the effectiveness of environmental policies and management practices.

Results of this unique long-term study suggest that throughout regions of the world affected by acid rain, the long-term legacy of deforestation is making regrowing forests increasingly vulnerable to future acidification.

Insights were made possible based on six decades of continuous measurements gathered by generations of scientists, with support from the National Science Foundation, the Andrew Mellon Foundation, and the Alfred P. Sloan Foundation. Learn more and explore the record at [hbwater.org](http://hbwater.org).

Now Hiring For Our Sales Department!

CELEBRATING  
MUSICAL DIVERSITY

KZE

WKZE.COM

98.1

Resumes:  
[gm@wkze.com](mailto:gm@wkze.com)

# Raise funds, hear stories during annual Go Red for Women Luncheon on December 4

## Ticket sales close Nov. 19

**By Kristine Coulter**

The 2025 Hudson Valley Go Red for Women Luncheon will be held on Thursday, Dec. 4, from 10:30 a.m. – 1:30 p.m. at the Double Tree by Hilton Hotel, 40 Civic Center Plaza, in Poughkeepsie. The Festival of Red will be from 10:30 a.m. to 11:45 a.m. and from noon to 1:30 p.m. a heart-healthy lunch and program will take place.

Among the presenters will be 2025 Go Red for Women Chairperson Brenda Swatek, IBM; Survivor Speaker Cindi Mannese, from UnWrinkled Boutique; Winner of Impact Winner Christine Pellegrino, Pellegrino Healing Center. The Mind-Body Connection speakers will be Lauren Grimshaw MBA, LMHC, CDPHP; Sheri Harrison, MD, NuVance Health; Roufia Payman, DT, CDN, NuVance Health; Michael Hahn, MD, Ellenville Regional Hospital.

Mannese will offer the viewpoint from a survivor. Mannese, who owns UnWrinkled Boutique in Milton, said she became involved with the Go Red for Women Luncheon after her friend and acupuncturist, Christine Pellegrino, nominated her for this year’s program.

“Back in April 2023, I began seeing Christine for acupuncture because I was feeling completely out of balance — weight gain, bloating, swollen feet, and no energy. I was honestly afraid to go to a doctor, so I turned to acupuncture hoping it would help me feel better,” Mannese recalled.

Mannese said, “Christine not only helped me physically, but she also intuitively sensed something deeper was wrong. With her compassion and persistence — along with the unwavering concern of my closest friends and family — she encouraged me to seek medical care. Their persistence ultimately saved my life.

“What we discovered was a serious heart condition I had no idea existed. Two years later, Christine called me with the incredible news that she had nominated me as this year’s Heart Survivor Honoree. It was such a full-circle moment — from being afraid to face what was happening to now standing strong and grateful, sharing my story to help other women listen to their bodies and advocate for their heart health.”

According to Mannese, two years ago she was diagnosed with several serious heart conditions, including aortic valve disease, a thoracic aortic aneurysm, and complications that required both a tricuspid valve repair and an aortic valve replacement.

“It was a lot to face, but with an incredible medical team, the love and persistence of my family and friends, and a deep faith that kept me grounded, I made it through,” she said.

As for her health now, Mannese said, “Today, I feel better than ever. My entire life has changed for the better — I’m doing what I love, surrounded by people who I love and who love me unconditionally. I even made my dream come true by opening my very own boutique, UnWrinkled. I feel better than I ever have! Every day truly feels like a gift, and most importantly, I don’t take a single one for granted.”

The Go Red for Women Luncheon saves lives, remarked Mannese.

“The funds raised through Go Red support life-saving research, education, and advancements in care that most people don’t even realize are happening quietly in the background. When I finally found the courage to go to the doctor, I received the most incredible care imaginable — care that was made possible by the awareness and funding from events just like this one,” said Mannese.



Cindi Mannese will be the 2025 Hudson Valley Go Red for Women Luncheon Survivor Speaker on Dec. 4 in Poughkeepsie.

-Courtesy photo American Heart Association

She noted, “By attending, you’re not just showing up for an afternoon; you’re helping countless women — especially those who are scared or hesitant, like I once was — get the early detection, information, and support they need. Every ticket, every table, every donation brings

hope, resources, and life-saving care to someone’s mother, daughter, sister, or friend. This event changes lives, and I’m living proof of that.”

One may register at [www.heart.org/goredhv](http://www.heart.org/goredhv). Ticket sales close on Nov. 19.

## HIGH SCHOOL SPORTS

# Beacon’s Goessl qualifies for state cross country meet

**By Morgan E. Maier**

In a sea of green Cornwall kits at the Section 9 Cross Country Championships, one Bulldog stayed ahead of the pack. Beacon’s Chloe Goessl finished second in the girls’ Class B race to qualify for the state meet. Goessl was one of seven sub-19-minute finishers among the meet’s 211 female competitors. She finished just after New Paltz’s Dylan Friedman for Beacon’s best time of 18:55.40. The Dragons took home five state qualifications, while one representative each from New Paltz, Beacon, Wallkill, Minisink, and Goshen filled the other five.

**JJEF girls win Section 1 Class A volleyball title** - Repeat alert! At the Westchester County Center, a sub-regional match appearance was on the line. For the John Jay Patriots, even higher stakes were at hand. John Jay sought to defend last year’s Section 1 Class A volleyball title; North Rockland was once more trying to secure the win, having fallen short in last year’s title game. With Peyton Kellam and company at the ready for the Patriots, John Jay retained the title of Section 1 champions.

**John Jay continues undefeated season, advances to Class AA final** - With the Patriots’ season finale win, Logan Lawrence made history two times over. He set a John Jay (East Fishkill) record for single-season passing yards, and led the offense to complete the team’s 12-0 perfect season. John Jay had a few Halloween tricks for Yonkers Force in the opening playoff round. A pair of passing touchdowns to Boston Smith and Nate Johnson propelled the Patriots to a 14-6 win. Against Scarsdale a week later, JJEF had another record to set: completing a 10-0 season. The Patriots did it. They prevailed over a dangerous Raiders team, 28-14, to punch their ticket to the Class AA finals against Mamaroneck on Nov. 15.

**Wappingers CSD makes history in boys’ volleyball** - A joint venture between students at John Jay and Roy C. Ketcham High Schools, the Wappingers boys’ volleyball team has made history this postseason. The team captured its first section win in program history on Nov. 4, with a 3-0 sweep over New Rochelle. It was a dominant first round victory in the RCK gymnasium. Kai Moy had key



Beacon’s Chloe Goessl (seated second from left) qualified for the Nov. 15 state cross country tournament at Queensbury High School.

-Photo by Morgan E. Maier

aces and digs to defend New Rochelle’s screaming attacks. Cameron Clyde’s hot hand and demonstrative kills further propelled the team to victory.

# STEAM in the Wappingers Central School District



*John Jay High School (JJHS) students, in the Wappingers Central School District, visited Gayhead Elementary School recently for “STEAM Day.” Activities and demonstrations included “Bee Bots,” “Fire, Fire!”, and “Cyber Secrets.” High school students did hands-on activities, demonstrations and experiments, sharing the fun of STEAM (Science, Technology, Engineering, Arts, Math) with their younger counterparts.*

*Also in attendance were Dr. Dwight Bonk, superintendent of schools; Joseph Luzzi, assistant director of Career and Technical education, as well as JJHS teachers Ian Freedman and Jocelyn Humphries. The East Fishkill Fire District (EFFD) also sent firefighters to the event, to lend support during fire demonstrations and answer questions about fire safety and volunteering to serve at the EFFD.*

*“We’re proud of these partnerships: both between our schools and with our local organizations like the fire department,” Dr. Bonk noted. “It enhances everyone’s experience!”*

*-Courtesy photos Wappingers CSD*

# Dutchess County partners receive more than \$700,000 through STRIVE Initiative

Dutchess County District Attorney Anthony Parisi and Family Services are proud to announce that Dutchess County’s coordinated efforts, alongside several law enforcement and community partners have been awarded more than \$700,000 in funding through Governor Kathy Hochul’s Statewide Targeted Reduction in Intimate Partner Violence (STRIVE) initiative, administered by the New York State Division of Criminal Justice Services (DCJS). The STRIVE Initiative is an innovative, multi-agency strategy aimed at reducing intimate partner violence through collaboration, strategic support and the use of evidence-based practices. This investment in Dutchess County will allow all the partners to significantly expand efforts to address and prevent intimate partner violence and sexual assault within the community.

Dutchess County is home to a long-standing, successfully operating Coordinated Community Response (CCR) known as the Universal Response to Domestic Violence. This statewide recognized model has brought together law enforcement, advocacy, probation, and other key partners to create a seamless, survivor-centered approach to addressing domestic violence. The funding provided through the STRIVE Initiative will support and enhance these efforts, allowing CCR partners to expand services, deepen coordination, and integrate evidence-based practices that further improve outcomes for survivors and increase community safety. These methods will help identify and prioritize high-risk intimate partner violence cases within Dutchess County. The CCR partners include the Dutchess County District Attorney’s Office, Family Services, the Dutchess County Sheriff’s Office, the City of Poughkeepsie Police Department, the Town of Poughkeepsie Police Department and Dutchess County Department of Probation and Community Corrections.

Dutchess County District Attorney Anthony Parisi said, “This funding allows the CCR partners to take a proactive, collaborative approach to protecting our community.” Parisi added, “We are honored to participate in this initiative, and we are committed to working with our partners to implement the STRIVE model and build a system that

is survivor-centered, trauma informed and culturally responsive - ensuring the long-term safety and well-being of those impacted by intimate partner violence in our community.”

The approximate funding to be received by the CCR partners is:

- Dutchess County District Attorney’s Office: \$258,000
- Family Services: \$126,000
- Dutchess County Sheriff’s Office: \$125,000
- City of Poughkeepsie Police Department: \$91,000
- Town of Poughkeepsie Police Department: \$72,000
- Dutchess County Department of Probation and Community Corrections: \$38,000

As the coordinating agency for the Universal Response to Domestic Violence, Family Services brings decades of experience in trauma-informed, survivor-centered care and plays a central role in aligning the work of partners across sectors. CEO of Family Services, Leah Feldman, emphasized the impact on survivors saying “We know that when survivors are met with coordinated, trauma-informed support especially in moments of crisis, it changes everything. We are proud to work alongside our law enforcement and county partners to build a community where safety and dignity are a reality for all.”

New York State Division of Criminal Justice Services Commissioner Rossana Rosado said, “Dutchess County has long demonstrated what’s possible when law enforcement, advocates, and community organizations work together to protect survivors and prevent violence. The STRIVE initiative builds upon that proven model, advancing a coordinated, evidence-based approach that places compassion, accountability, and collaboration at the forefront of public safety. Their leadership continues to set an example for communities across New York.”

Dutchess County Sheriff Kirk Imperati said “I am extremely grateful to receive this funding under the STRIVE program, which will go a long way towards assisting the Sheriff’s Office in enhancing our already robust response to domestic violence. The Dutchess County Sheriff’s Office has had a

dedicated Domestic Violence Unit in place for quite some time, and this award will provide enormous support for their crucial mission. Domestic violence and intimate partner abuse have absolutely no place in our society, and this funding is a huge step in our ongoing effort to make sure that victims always have the resources that they need. Lastly, I would like to thank New York State for the funding and would like to recognize our law enforcement partners, in particular Dutchess County District Attorney Anthony Parisi and his Office, for their continuous work in protecting domestic violence victims and holding offenders accountable.”

City of Poughkeepsie Police Chief Richard Wilson said, “We are deeply grateful to Governor Hochul and the Division of Criminal Justice Services for their continued support through the STRIVE Initiative. This funding allows the City of Poughkeepsie Police to strengthen our response to intimate partner violence by enhancing our officers training with the Lethality Assessment Program, expanding victim support, and improving collaboration with community-based partners. These efforts are critical to protecting vulnerable members of our community and holding offenders accountable. With STRIVE’s support, we are making real progress toward a safer city for everyone.”

Town of Poughkeepsie Police Chief Joseph Cavaliere said “We sincerely appreciate the extra funding New York State will be providing to enhance the Town of

Poughkeepsie Police Department’s handling of Domestic Violence cases. This funding will assist in providing more training for our officers in handling Domestic Violence cases, help us follow up with victims of Domestic Violence, and continue to strengthen the collaborative effort with other agencies in Dutchess County that deal with Domestic Violence Services.”

Kathy McQuade, Director of Dutchess County Office of Probation and Community Corrections, said “The Probation Department is excited to be included in the STRIVE initiative for Dutchess County. We are committed to utilizing the grant funds provided by NYS DCJS to conduct consistent outreach during non-standard hours, supported by local police agencies and victim advocates, to enhance offender accountability and victim safety. We will collaborate with our community partners for training and resources to support those affected by intimate partner violence (IPV). We plan to dedicate experienced staff to conduct specialized investigations and supervision for individuals on probation for IPV related offenses.”

This effort represents the shared commitment of the Dutchess County District Attorney’s Office and Family Services, in partnership with local law enforcement and community agencies, to reduce intimate partner violence and support survivors in Dutchess County through innovative, coordinated action.

It’s not just a generator.  
It’s a power move.™

Receive a free 5-year warranty with qualifying purchase\* - valued at \$535.

Call 877-516-1160 to schedule your free quote!

\*Terms and Conditions apply.

**GENERAC**

Be prepared before the next power outage.

# Wappingers CSD hosts Veterans Day ceremony at RCK



A Veterans Day ceremony was held at Roy C. Ketcham High School last week.  
-Courtesy photos Wappingers CSD

Wappingers Central School District ‘s (Wappingers CSD) Roy C. Ketcham High School hosted a Veterans Day ceremony on Nov. 7, bringing together students, staff, and local community members to express profound gratitude for the service and sacrifice of all veterans. Keynote Speaker W. Michael Goebel, US Army, Vietnam Veteran, told students that “Veterans Day is a reminder for all of us to live with gratitude, help others, and to serve our community in our own way. Service takes many

forms, and you don’t need to carry a rifle to make a difference.” Town of Wappinger Supervisor Joseph D. Cavaccini and WCSD Superintendent Dr. Dwight Bonk echoed these sentiments and reminded students that we have our veterans to thank for the freedoms we enjoy to this day. The ceremony was attended by local veterans, active-duty service members, and Wappingers CSD leadership, including: American Legion Post 427 Wappingers VFW Post 5913

Military personnel during the annual Veterans Day Ceremony held on Nov. 7 at Roy C. Ketcham High School in the Wappingers Central School District.

US Marine Corps: Staff Sergeant (SSG) Pedro and SSG Montgomery      US Army: Staff Sergeant (SSG) Armstrong.

## Five area urban farms, gardens gain awards from State Agriculture Dept.

Five urban farms and community gardens in the Mid-Hudson region were among 51 organizations across the state that were recently awarded a total of \$2.5 million by the NY State Agriculture Department. Local organizations and the amounts of their awards include the following:

- Community Based Services Inc - \$49,780
- Common Ground Farm Inc - \$50,000
- Ecological Citizens Project Inc - \$50,000

- NatureConnect New York Inc - \$50,000
- Poughkeepsie Farm Project - \$50,000

Awards will help the organizations managing these spaces to expand gardens, build structures, purchase equipment, and establish educational programs. The program is designed to support community growing spaces and recognize their impact on local food resiliency and food security for New Yorkers. Funding for the program was included in the Fiscal

Year 2025 and 2026 Enacted Budgets and builds on Governor Hochul’s commitment to increasing affordability and food access for all New Yorkers. The program is just one example of the many ways that New York State prioritizes reducing food insecurity and supporting food producers, in contrast to the federal government’s reckless cuts to critical nutrition programs. State Agriculture Commissioner Richard A. Ball said, “The Urban Farms and Community Gardens program con-

tinues to grow year over year, demonstrating the significance of these growing spaces that are integral to a strong, reliable food supply. These projects span across the entirety of our state, helping to meet the needs of our communities, which is more important now than ever before. I congratulate all the awardees and applaud their vision for expanded growing spaces and enhanced educational programming, helping to directly connect our communities to agriculture.”

## ‘Poetry of Water’ exhibit opening Nov. 15 in Beacon

“Poetry of Water,” a new exhibit by The Beacon Photography Group, will be on view this month in the Community Room at Howland Public Library. Featuring the work of just over twenty photographers, the exhibit examines the poetry of water in all its forms, from rivers and rain to reflection and motion. An opening reception will be held on Saturday, Nov. 15th, from 5–7 p.m. All are welcome to attend and meet the photographers. Founded in September 2013 by local photographers Michael Bogdanffy-Kriegh and Tom Conroy, The Beacon Photography Group began as a way for Beacon-area photographers to share their

knowledge and enthusiasm for the art and practice of photography. What started as a Facebook page has grown into a vibrant community that meets regularly, hosts small group photo walks, and organizes numerous gallery shows. The group includes professional and fine art photographers as well as those who are newer to photography. Known for its welcoming and inclusive spirit, The Beacon Photography Group invites anyone with a connection to Beacon and an interest in photography to join. To learn more or get involved, visit the group’s Facebook page: The Beacon Photography Group.

## Used Book Sale at South Ave. School on Nov. 21- 22

South Avenue Elementary School is holding its second annual Used Book Sale on Friday, Nov. 21 from 4-8 p.m. and Saturday, Nov. 22 from 9 a.m. to 2 p.m. The public is invited to shop a wide selection of gently used books, all generously donated by the local community. Attendees will find something for everyone (adults and kids!) at bargain prices,

including adult fiction and nonfiction, cookbooks, graphic novels, young adult fiction, and books for children of all ages. All proceeds benefit the school. The sale is located at South Avenue Elementary School, 60 South Avenue, Beacon. More information can be found at southavenuepta.com/books or email books@southavenuepta.com.

## Dance set for Nov. 20 at Towne Crier Cafe

A Night of Latin Dancing will be presented by Beacon Dance Beat on Thursday, Nov. 20 at 7 p.m. (doors open at 6 p.m. for dining and music), at the Towne Crier Café, 379

Main Street, in Beacon. Enjoy the wonderful sounds of Salsa, Merengue, Bachata, Reggaeton and much more, played by DJ Rhoda. Song requests are welcome.

Have Computer Problems?

Get \$20 OFF Any Service

Use Coupon Code 42513



Friendly Certified Computer Repair Experts

24/7 Emergency Service

Data Recovery

Virus Removal

Regular Maintenance

Call Now Get a Free Diagnosis 866-848-0045

BUYING COMIC BOOK COLLECTIONS!

TOP PRICES PAID!

Honest and Reliable, 30+ years experience. Local Collector/Seller Putnam/Westchester/Orange/Dutchess and more

Call or text: 917-699-2496 • email: smileLP@aol.com

Hope to hear from you! Thanks!

that’s italian!

by luigi coppola

Chip off the old block

Boys will be boys

My brother Vinny went away on vacation. He asked me to water his garden while he was away. Naturally, it triggered a memory of when we were kids.

I think that my age group was the last of the imagination generation. What I mean by that is that when we were kids we would use our imagination to think up games to play with whatever we had around. Anything could be used for a game: sticks, rocks, old bikes, junk. Anything that was handy. Being boys, that usually ended up in a game of war and it usually ended up with Vinny getting hurt and me getting in trouble.

During summers, Vinny and I would drive my mother crazy. We were rambunctious, easily bored, and always wrestling or fighting. My mother spent most of her day breaking us apart or patching Vinny up. Mom had one rule. At 1 p.m. she had to watch “Days of Our Lives” uninterrupted. The carrot for not bothering her was that at 2 p.m. we could go swimming.

So every day at 1 p.m. she would tell us to go outside to play so we wouldn’t disturb her. It was during that hour of the “Days of Our Lives” that Vinny and I would get in the most trouble. I remember one time during the summer when he and I were bored, we went outside to play a game of dirt bomb war.

It was a dry summer and the dirt in Pop’s garden was all clumped up. Pop

asked us to go into the garden and break apart the dirt around the basil plants so that when he watered it the water would get down into the roots. Well, once we broke the dirt apart, there were dirt bombs galore.

Naturally Vinny and I decided we would collect a bunch and have a war while Mom was inside watching “Days of Our Lives.” We each collected around 10 and started throwing them at each other. Each time they hit us, they would explode into a cloud of dust. We would hide behind trees and any barrier we could find in order to avoid getting hit directly.

Finally, we each had one left. Vinny threw his and it hit me below the belt. Angry at being hit in my nether region, I reared back with my last one and threw it at him as hard as I could. Unbeknownst to me, that last dirt bomb had a rock in the middle of it. Well, of course it hit him in the head, and of course it broke skin, and of course there was blood everywhere ... and of course I got into big trouble.

Amazingly I watched history repeat itself with my kids. My sons Marcanthony and Claudio were outside playing with their cousin Jack in the backyard on a hot summer day. The boys were bored and looking to find something fun to do. Claudio noticed that there were dirt clumps in the garden. He picked one up and threw it at his brother and it exploded into a cloud of dust.

Marcanthony then picked one up and threw it at Jack. Of course, it hit Jack in the head, and of course there was a rock in the clump, and of course he started to bleed like a stuck pig.

I got a frantic call at the restaurant from Claudio telling me what had happened and that there was blood everywhere. I was instantly brought back to when I was a kid. I started to laugh.

Claudio couldn’t believe I was laughing. I told him to apply pressure, and I would be home in a few minutes.

I guess the apple doesn’t fall far from the tree. While you are deciding if it is better to patch up a few wounds or have your kids drive you crazy inside the house next summer, keep this tasty grill recipe on file.

Grilled Sausage Burgers with Broccoli di Rabe

Ingredients

1 lb. Broccoli di Rabe

4 tablespoons extra-virgin olive oil, plus more for brushing

6 garlic cloves, minced

¼ cup of water

Salt and pepper

1 pound sweet or hot Italian sausages meat (no casing)

4 slices of provolone cheese

¼ cup of pesto

4 tablespoons of mayonnaise

4 round ciabatta rolls, split and toasted

Method

In a large skillet, add olive oil and minced garlic. Once the garlic is brown add the broccoli di Rabe, salt and pepper to taste as well as ¼ cup of water. Cover and let simmer for 15-20 minutes on low heat. Remove and place in a bowl covered in plastic wrap.

Light a grill or preheat a grill pan. Using slightly moistened hands, form the sausage meat into four 4-inch patties, about ¾ inch thick. Brush the burgers with oil and grill over moderate heat until browned and crusty on the bottom, about 5 minutes. Carefully flip the burgers. Top with the cheese and grill until the burgers are cooked through and the cheese is melted, about 5 minutes longer.

In a small bowl place the pesto and mayonnaise and stir till blended. Spread the pesto on the rolls. Place the burger on the roll. Top with broccoli di rabe and serve.

Luigi Coppola is one of five brothers born to Francesca and Antonio Coppola. The Coppola family came to America from Naples, Italy in 1954. Antonio and his brothers opened their first restaurant in Poughkeepsie in 1961. Luigi and his brothers Nick, John, Antonio and Vincent have carried on the family tradition in the way their parents taught them, using classic recipes taught to them at their apron strings. Visit their website at [www.coppolas.net](http://www.coppolas.net).

Darlene E.R. Resling Art Exhibit at Grinnell Library



The Darlene E.R. Resling Art Exhibit will be held at Grinnell Library in Wappingers Falls throughout November.

-Courtesy image

Grinnell Library will hold the Darlene E.R. Resling Art Exhibit at Grinnell Library this month.

The following is the artist’s statement:

Prior to turning to artistic photography, I spent 33 years as a secondary English/ Language Arts teacher in the Beacon City School District, followed by service as an ordained United Methodist minister. In both roles, I used visual imagery to enhance messages and foster connection. My goal has always been to offer platforms where art and photography might build bridges between people.

As a lifelong resident of the Hudson Valley, I now feel called to share my photos locally—to encourage viewers to reflect, converse, and connect through their own interpretive lenses in settings that invite open, meaningful dialogue.

Each photo exhibited was taken “in an instant”—the moment I saw it, before thought intervened. (I am always “shutter ready.” No planned or studio images here!) Only after taking the shot do I allow myself time and space to meditate on what the camera has captured. I am often awed by the result. I believe there is a spiritual or cosmic connection in the entire process. These images feel like priceless gifts, and I am led to share them.

The photos in this exhibit are drawn from my Sand Script, Sky Script, Sea Script, and Spirit Script collections. Each image is intended for visual contemplation, meditation, journaling, and group reflection. I hope viewers will see both within and beyond each photo—and perhaps feel inspired to share their thoughts with others while viewing.

To date, my work has been exhibited at Beacon’s Howland Cultural Center and at a community event in Fishkill. The photos are also central to an online program that I developed and teach nationally called Contemplative Photography.

I intend to continue taking photos as I am mysteriously led, seeking new ways and places to share them—always with the hope that they might help or bring understanding and joy to others.

I’m grateful for the opportunity to exhibit at Grinnell Library. I welcome invitations to share these photos in other venues or presentations. Please feel free to contact me with comments or suggestions at [darleneresling@gmail.com](mailto:darleneresling@gmail.com).

Darlene E.R. Resling’s work will be on display throughout Nov. For more information, contact the library at 845-297-3428. Grinnell Library is located at 2642 East Main Street, Wappingers Falls.

RESORTS WORLD CASINOS

SIGN UP & Set Sail

JOIN GENTING REWARDS FOR A CHANCE TO

WIN A FREE CRUISE FOR TWO

UP TO \$500\*



Resorts World™ HUDSON VALLEY

Virgin VOYAGES

MUST BE 18 YEARS OF AGE OR OLDER TO PLAY THE NEW YORK LOTTERY GAMES. PLEASE PLAY RESPONSIBLY. 24-HOUR PROBLEM GAMING HOTLINE: 1-877-8-HOPENY (846-7369)

\*In Free Slot Play

# Obituaries

## Barbara Cora Zawadzinsky



Barbara Cora Zawadzinsky (Mingo), 91, an area resident since 1953, died peacefully on November 5, 2025, at Vassar Brothers Medical Center.

Born on November 20, 1933, in Mount Vernon, she was the daughter of the late Joseph and Ada (Miller) Mingo. She earned her bachelor's degree in Elementary Education from Plattsburgh State Teachers' College, then a master's degree in education from Columbia University, and a Master's in Reading the University of New Hampshire. She retired as a teacher and reading specialist from Gayhead Elementary School in Hopewell Junction.

Barbara was deeply involved with

her local community. She was an active member of the Hopewell Reformed Church and served as a trustee of the East Fishkill Library Committee, where she also volunteered during her retirement. A proud Republican, Barbara was the past treasurer of the East Fishkill Republican Club and an active member of the East Fishkill Republican Committee. In recognition of her many years of service, she was honored as the first recipient of the Annual Barbara Z. Community Service Award, established in her name. Barbara was also an active supporter of the Wicoppee Fire Company. She will be remembered for her generosity, leadership, and unwavering dedication to her community.

Barbara enjoyed reading and always kept a stack of books on her coffee table. She loved knitting children's clothing, blankets, and sweaters, as well as baking gourmet cookies that were eagerly awaited by her nieces and nephews. Barbara also liked to take a swim in her beloved pool and cherished spending time at home, surrounded by trees and flowers. An animal lover at heart, she adored her dogs and cats, chickens, the many birds at her feeders, her visiting turkeys, and the cows nearby.

On April 27, 1969, she married the love of her life, Bernhard M. Zawadzinsky, who predeceased her in 2015 after 46 years of marriage. Together, they shared a lifetime of love and adventure, traveling often—especially to Germany to visit his family—and exploring many places across the country.

She is survived by her nieces and nephews, who she loved staying close to and being a huge part of their lives: Jim Mockler, Joan and John Seakwood, Carol and Bill Maxon, Douglas and Nancy Mockler, and Claire Miraglia. She had an immense love of her Godchild, Kelsey Bennett, whose mere presence made her happy. Other survivors include her sisters-in-law and brother-in-law, Ilona Stephani, Sabine Jablonsky, and Thomas Merten; as well as many loving friends, especially Debbie Scannel and the Jackson Family, whom she and Bernie spent their holidays with. In addition to her husband and parents, Barbara was also predeceased by her sister, who she was very close to, Ruth Mockler (Mingo), and her husband, Martin Mockler.

Visitation will be held at the Hopewell Reformed Church, 143 Beekman Road, Hopewell Junction on Thursday, November 13th from 10am-12pm with a funeral service at 12pm. Burial will follow at Fishkill Rural Cemetery.

Donations may be made in memory of Barbara to the Wicoppee Fire House or East Fishkill Community Library. Please visit Barbara's Book of Memories at [www.mchoulfuneralhome.com](http://www.mchoulfuneralhome.com).

## Robert Kampa



Robert "Bob" Kampa was born June 9, 1932 in Yonkers, NY to his parents Anna (Brancard) and John Edward Kampa and passed peacefully on the day of All Saints, November 1, 2025.

On September 17, 1960, Bob married the "True Love" of his life Virginia Dorchak and they were married almost 60 years before her passing in 2020. He enjoyed bowling and was often heard telling the story of how cupid stuck his arrow in him the moment he met Virginia at the bowling alley when they needed someone on her lane. They moved to Wappingers Falls, NY in 1966 and spent most of their lives there.

Bob was a devoted Catholic at the parish of St. Mary, Mother of the Church in Fishkill, NY where all his children attended grade school. Bob was also a member of the Third Order of St. Francis for over 65 years.

He considered the Secular Franciscan order of Beacon a second family.

Bob worked at Alexander Smith Carpet factory with his mother, Otis elevator, Ford and lastly General Motors in Tarrytown where he spent most of his working career to support his family.

Bob's hobbies included raising tropical fish and then selling them to pet stores in Yonkers. Later he brought his talent to Wappingers Falls, maintaining multiple beautiful fish tanks in his home for friends and family to enjoy while also volunteering to maintain the fish tanks at local nursing homes and the St. Lawrence Friary. He also learned to make rosaries and took great joy in making them personalized for as long as he was able. The family would like all who received this gift from him to bring them and carry them visibly at his services to honor him. Bob was a huge NY Yankee fan and had several of his last year's birthday celebrations at the stadium with his name up on the Jumbotron. He enjoyed singing and engaged his family during family trips with many Irish songs.

His biggest joys were his faith and his family. He is survived by his three girls, Mary (Stuart) Tousman of Virginia, Elizabeth (Dave) Inglis of NY, Karol (Don) Thomas of Hopewell Jct., NY, and the grandchildren he adored, Alyssa, Emily, Rachel, Rebecca, Nicholas and Luke. In addition to his wife Virginia and his parents, he was predeceased by his brother John "Jack" Kampa, his nephew John E. "Jackie" Kampa and many other relatives and dear friends.

The family would like to thank the staff at Maplewood at Danbury for their kindness and support of Bob while he was there. Bob's requests included having Gregorian masses said for the purification of his soul to hasten his journey to heaven.

Calling hours were held on Sunday November 9, 2025 at the McHoul Funeral Home of Fishkill 1089 Main St. Fishkill, NY. A Mass of Christian Burial was held on Monday November 10, 2025 at St. Mary, Mother of the Church 106 Jackson St. Fishkill, followed by interment at St. Mary's Cemetery in Wappingers Falls.

## Irene Decker



Irene Decker, 87, of Salt Point NY died suddenly at Vassar Brothers Medical Center on Thursday October 30, 2025. Her daughter Alicia Swartz was with her. Irene was born 6/17/1938 to Jim and Irene Scalli . Her parents and brother Jim have predeceased her. Irene was a loving sister to Rosemary Losee who resides in Mesa, Arizona. Irene married her best friend John C. Decker on July 11, 1965 and they were never apart. They shared a long happy and loving marriage until January 18, 2022 when John passed away. Irene was friends with many and loved by all. Irene and John owned Decker's Miss Lamanchas goats and they were known throughout the NY and New England area. Irene was in the Dutchess County 4H organization for 50 years. She was a goat judge, regional organizer of goat shows, secretary and 4H leader for many

years. She served in every capacity and did so with love, compassion, fairness, and professionalism. Irene was also big on making cards with all of her friends.

She was a person with a big heart to do and help others. She had a heart of gold and was a rock for her family. Irene's life was about her husband John, her daughter Alicia Swartz and husband Jeff and her grandchildren and great grandchildren. Irene was loved by her nieces and nephews who live in Tennessee, NY, and Florida. Her biggest affection was her puppy Jay – C. Irene will be greatly missed by all her family and friends. She is now back with her true love John.

Visitation took place Thursday, November 6 at Allen Funeral Home, Pleasant Valley. A funeral service was held on Friday, November 7 at 11 am from the funeral home. Interment followed in St. Peter's Cemetery.

Please visit [www.hudsonvalleyfuneralhomes.com](http://www.hudsonvalleyfuneralhomes.com) for directions and condolences.

### GIVE BLOOD GIVE LIFE



Who needs blood?

Under normal circumstances, every two seconds someone in America will need a blood transfusion. Blood transfusions are used for trauma victims - due to accidents and burns - heart surgery, organ transplants, women with complications during childbirth, newborns and premature babies, and patients receiving treatment for leukemia, cancer or other diseases, such as sickle cell disease and thalassemia.

# DCC Foundation to host historian John Schmitz on November 20

The Dutchess Community College Foundation (DCCF) will host a lecture by John Schmitz, Ph.D., professor of history at Northern Virginia Community College, on Thursday, Nov. 20, at 7 p.m. in the James & Betty Hall Theatre on the College's main campus.

Part of the Distinguished Lecture Series to Perpetuate the Legacy of Franklin and Eleanor Roosevelt, the talk, titled "Enemies Among Us: Civility and Civil Rights During the Second World War," will explore how fear, prejudice and

national security concerns during World War II tested Americans' commitment to civility and civil rights at home. The son and grandson of World War II internees, Schmitz brings both personal perspective and scholarly expertise to the subject.

While the internment of Japanese Americans is well documented, he sheds light on the lesser known stories of German and Italian Americans who were also relocated, interned or repatriated—often in greater numbers. His research examines how these policies arose, the

conditions faced by those affected, and the long-term consequences for individuals and families. Schmitz is the author of "Enemies Among Us: The Relocation, Internment, and Repatriation of German, Italian, and Japanese Americans during the Second World War" and coauthor of "A Crisis of Identity: Good Aliens, Bad Americans, or Bargaining Chips?"

The lecture will be facilitated by Andrew Rieser, Ph.D., DCC professor of history and recipient of the Handel Family Endowed Faculty Chair to

Perpetuate the Legacy of Franklin and Eleanor Roosevelt.

This free community event will be held in the James and Betty Hall Theatre. Visitors are advised to park in Lot D (GPS address: 90 Cottage Road, Poughkeepsie, NY 12601). For more information, call the DCC Foundation at 845-431-8407.

Please request sign language interpreting services or other special accommodations at least two weeks before the event by contacting Linda Bertolozzi at 845-431-8058 or [bertoloz@sunydutchess.edu](mailto:bertoloz@sunydutchess.edu).

Southern Dutchess News  
Beacon Free Press  
Northern Dutchess News

Classified

Place your ad today! Call 297-3723

Deadline Thurs at 3 p.m • Publication Wednesday

Fax your ad today! 297-6810

ClassifiedRates

Classified Line Ads

20 words \$12.50; each additional word 20¢

Classified Display Ads

\$14.50 per column inch

If submitted by deadline, ads appear in three newspapers: Northern Dutchess News, Southern Dutchess News & Beacon Free Press

We are not responsible for typographical errors. A letter of correction will be supplied if requested.

Classified Index

|                            |                                 |                          |                          |                           |
|----------------------------|---------------------------------|--------------------------|--------------------------|---------------------------|
| 100 Help Wanted            | 201 Home Improvement            | 401 Apartments for Rent  | 509 Office Equipment     | 720 Vendors Wanted        |
| 105 Employment Opportunity | 202 Cleaning Services           | 402 Rooms for Rent       | 510 Firewood             | 721 Wanted to Buy         |
| 106 Business Opportunity   | 203 Lawn Services               | 403 Furnished Rooms      | 511 Lawn & Garden Equip. | 722 Bazaar                |
| 107 Situations Wanted      | 221 Professional Services       | 404 Furnished Apartments | 512 Winter Merchandise   | 723 Consignments          |
| 120 Schools                | 222 Tax Experts                 | 405 Wanted to Rent       | 516 Misc. Merchandise    | 724 Farmers Market        |
| 121 Special Instruction    | 223 Beauty Services             | 406 Garages for Rent     | 700 Pets & Supplies      | 725 Collectibles          |
| 122 Musical Instruction    | 225 Business Services           | 407 Vacation Rentals     | 701 Free Pets            | 750 Events                |
| 140 Nursery Schools        | 226 Travel & Services           | 408 Houses for Rent      | 702 Lost & Found Pets    | 800 Boats                 |
| 141 Child Care             | 227 Bridal Services             | 420 Commercial Rentals   | 703 Pets for Adoption    | 801 Campers & Trailers    |
| 142 Day Care               | 295 Financial                   | 500 Musical Merchandise  | 710 Garage & Yard Sale   | 802 Motor Homes           |
| 143 Baby-sitting           | 296 Mortgages                   | 501 Kid Stuff            | 711 Tag Sale             | 803 Recreational Vehicles |
| 145 Adult Care             | 300 Real Estate                 | 502 Clothing             | 712 Moving sale          | 900 Autos for Sale        |
| 150 Announcements          | 301 Townhouses & Condos         | 503 Furniture            | 713 Rummage Sale         | 901 Vans/SUV's            |
| 151 Adoption               | 302 Commercial Property         | 504 Appliances           | 714 Flea Market          | 902 Trucks                |
| 152 Novenas                | 304 Mobile Homes                | 505 Free Items           | 715 Craft Corner         | 903 Motorcycles           |
| 154 Lost & Found           | 305 Lots & Acreage              | 506 Computers            | 716 Barn Sale            | 904 Auto Parts & Tires    |
| 155 Personal               | 400 Townhomes & Condos for rent | 507 Sports Equipment     | 717 Estate Sale          | 905 Autos Wanted          |
| 200 Services               |                                 | 508 Exercise Equipment   | 718 Auctions             |                           |
|                            |                                 |                          | 719 Antiques             |                           |

Contact Us

Call: 845-297-3723

Fax: 845-297-6810

E-Mail: sdnadvertising@aol.com

Monday-Friday 9 am-4 pm

100 Help Wanted

IBSPOT.com Inc seeks a Data Analyst in Dover Plains, NY to manage e-comm. product info (collection, storage, analysis); Dev. system for automation; maintain & dev. product data handling pipelines; Sync, structure & org. data, make it accessible for e-comm. to collab., share & manage; Collect, analyze & interpret data (web traffic, user actions, product sales) to boost revenue; Manage/store product data w/ structured & unstructured database (MySQL, MongoDB, ElasticSearch, HBase); Dev. web pg. apps/APIs for data viz., monitoring & analysis of products for decision-making & e-comm. growth; Dev. distributed systems for data analysis, collection & processing automation; Maintain existing e-comm. data handling progs. or modify them for new demands. Master's in Info Tech + 1 yr relevant exp. Email res: Dandy4525@gmail.com

201 Home Improvement

Do you need a Roof or Energy Efficient Windows & Help paying for it? YOU MAY QUALIFY THROUGH NEW RELIEF PROGRAMS (800) 944-9393 or visit NYProgramFunding.org to qualify. Approved applications will have the work completed by a repair crew provided by: HOMEOWNER FUNDING. Not affiliated with State or Gov Programs.

AGING ROOF? NEW HOMEOWNER? STORM DAMAGE? You need a local expert provider that proudly stands behind their work. Fast, free estimate. Financing available. Call 1-833-880-7679

BEAUTIFUL BATH UPDATES in as little as ONE DAY! Superior quality bath and shower systems at AFFORDABLE PRICES! Lifetime warranty & professional installs. Call Now! 1-833-807-0159

Professional Services

Feeling Stressed with the Holidays Approaching?

If you're feeling anxious, overwhelmed, grieving, or simply not yourself, you're not alone. I offer a safe, compassionate space to explore what you're going through. I specialize in anxiety/panic, PTSD, depression, substance abuse and grief — and welcome anyone seeking support during life's challenges. Together, we'll work at your pace toward healing and growth. Now welcoming new adult clients. Virtual or phone sessions available.

Deborah Fatone, LCSW  
Licensed Psychotherapist  
www.dfatone therapist.com  
deborahafatone@gmail.com

204 Health

SAVING A LIFE EVERY 11 MINUTES!

I'm never alone

Life Alert® is always here for me.

One touch of a button sends help fast, 24/7.

Batteries Never Need Charging

For a FREE brochure call: 1-800-404-9776

219 Attorney Legal

INJURED IN AN ACCIDENT? Don't Accept the insurance company's first offer. Many injured parties are entitled to major cash settlements. Get a free evaluation to see what your case is really worth. 100% Free Evaluation. Call Now: 1-833-323-0318. Be ready with your zip code to connect with the closest provider

516 Misc. Merchandise

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/month. For more information, call 1-844-919-1682

521 Internet

DIRECTV- All your entertainment. Nothing on your roof! Sign up for Direct and get your first three months of Max, Paramount+, Showtime, Starz, MGM+ and Cinemax included. Choice package \$84.99/mo. Some restrictions apply. Call DIRECTV 1-888-534-6918

AFFORDABLE TV & INTERNET. If you are overpaying for your service, call now for a free quote and see how much you can save! 1-833-323-0160

Get DISH Satellite TV + Internet! Free Install, Free HD-DVR Upgrade, 80,000 On-Demand Movies, Plus Limited Time Up To \$600 In Gift Cards. Call Today! 1-866-782-4069

Village of Wappingers Falls Police Department Help Wanted: Part-Time Police Officers

The Village of Wappingers Falls Police Department is accepting applications for part-time Police Officer positions with availability on all shifts (8a-4p, 4p-12a, and 12a-8a) Starting salary: \$32.93 per hour / higher salary step on some transfers

Minimum requirements:

- Successful completion of a New York State police academy
- Valid MPTC (Municipal Police Training Council) Police Officer certification
- Valid New York State driver's license
- Ability to pass a thorough background investigation
- Availability to work at least 150 hours per quarter, including holidays, weekends, and overnights

Compensation and scheduling notes:

- Time-and-a-half and/or double-time for contracted holiday shifts
- Flexible part-time scheduling based on departmental needs

How to apply: Bring a Dutchess County Employment Application (available for download online), your resume, and MPTC Police Officer Certification directly to: Wappingers Falls Police Department 2628 South Avenue Wappingers Falls, NY 12590

Safe Step. North America's #1 Walk-In-Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-855-916-5473

Do you know what's in your water? Leaf Home Water Solutions offers FREE water testing and whole home water treatment systems that can be installed in as little one day. 15% off your entire purchase. Plus 10% senior & military discounts. Restrictions apply. Schedule your FREE test today. Call 1-866-247-5728

Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-877-516-1160 today to schedule a free quote. It's not just a generator. It's a power move

226 Travel Services

SAVE ON YOUR TRAVEL PLANS! Up to 75% More than 500 AIRLINES and 300,000 HOTELS across the world. Let us do the research for you for FREE! Call: 877 988 7277

200 Services

PEST CONTROL: PROTECT YOUR HOME from pests safely and affordably. Roaches, Bed Bugs, Rodent, Termite, Spiders and other pests. Locally owned and affordable. Call for service or an inspection today! 1-833-549-0598 Have zip code of property ready when calling!

204 Health

Attention: VIAGRA and CIALIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - Only \$99! 100% guaranteed. CALL NOW: 1-833-641-6397

ATTENTION OXYGEN THERAPY USERS! Discover Oxygen Therapy That Moves with You with Inogen Portable Oxygen Concentrators. FREE information kit. Call 1-833-661-4172

300 Real Estate

We Buy Houses for Cash AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer and get paid. Get your fair cash offer today by calling Liz Buys Houses: 1-888-704-5670

201 Home Improvement

Prepare for power outages with Briggs & Stratton® PowerProtect(TM) standby generators - the most powerful home standby generators available. Industry-leading comprehensive warranty - 7 years (\$849 value.) Proudly made in the U.S.A. Call Briggs & Stratton 1-888-605-1496

521 Internet

Get Boost Infinite! Unlimited Talk, Text and Data For Just \$25/mo! The Power Of 3 5G Networks, One Low Price! Call Today and Get The Latest iPhone Every Year On Us! 844-329-9391



Southern Dutchess News

Beacon Free Press

Northern Dutchess News

Classified

Place your ad today! Call 297-3723

Deadline Friday at 3 p.m • Publication Wednesday

Fax your ad today! 297-6810

Real Estate

SHOWCASE



Happy Thanksgiving  
Giving thanks  
FROM  
My Family  
To Yours

Kimberlee Markarian  
Associate Real Estate Broker



845.505.9174 Direct  
845.244.2188 Office

Let me... show you the way home





Our  
Roots  
Go  
Deep

We've been your local news source for 50 years, and we've worked hard to help build this community. Although we're a full-service printer with the latest technology, we continue to provide personal service to all our readers. Let us take care of all your local news needs. Call 845-297-3723 today.

SOUTHERN DUTCHESS NEWS  
84 East Main Street • Wappingers Falls NY 12590  
email: newsplace@aol.com

905  
Autos Wanted

We buy 8,000 cars a week. Sell your old, busted or junk car with no hoops, haggles or headaches. Sell your car to Peddle. Easy three step process. Instant offer. Free pickup. Fast payment. Call 1-855-403-3374

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855-484-3467 today!



Call an Expert



GET  
\$1500 OFF  
YOUR KITCHEN!

Experience a new standard of service every step of the way.

Call (855) 281-6439 to learn more and schedule your free design consultation.

Kitchen Magic  
KITCHEN & BATH SOLUTIONS

LICENSED IN PA, NY, NJ, DE & CT

AMERICAN MADE

\*Offer includes \$1000 off cabinet refacing or new cabinetry, \$500 off a new countertop. Minimum of \$10,000 project value (Contract Amount). Offer valid on new customer agreements only. Minimum of 25sqft for countertop only purchases. Non-transferable. One discount per customer. May not be combined with other offers. Does not apply to prior purchases. Nassau: 11759490009 Suffolk: 10183-11 NY/Rockland: 5642 Offer Valid 10/25-12/31/25.

We Buy Houses!

Liz Buys Houses Connects Home Sellers with Legitimate Cash Buyers Nationwide! No Repairs. No Fuss.

- Fair Cash Offer
- Quick Closing
- No Realtor Fees
- No House Repairs
- Simple Home Sale
- Convenient Closing Date



Liz Buys  
HOUSES

CALL (888) 704-5670

DENTAL Insurance

Physicians Mutual Insurance Company

FREE Information Kit

A less expensive way to help get the dental care you deserve!

CALL NOW! 1-855-225-1434

- Get help paying dental bills and keep more money in your pocket
- This is real dental insurance - NOT just a discount plan
- You can get coverage before your next checkup

Don't wait! Call now and we'll rush you a FREE Information Kit with all the details.

1-855-225-1434  
Visit us online at  
www.dental50plus.com/nypress

Physicians Mutual Insurance Company is an Equal Opportunity Employer. No agent or broker is authorized to sell this insurance in a particular state unless specifically licensed to do so. Coverage is provided by Physicians Mutual Insurance Company, 10000 Old Orchard Road, Suite 100, Dallas, TX 75243. ©2025 Physicians Mutual Insurance Company. All rights reserved.

BIG WIRELESS COVERAGE,  
WITHOUT BIG WIRELESS COST.

Plans start at just \$20/month.

Switch & Save Today

844-919-1682 Consumer Cellular®

Stop cleaning-out your gutters this season

Our patented system keeps out all common debris

EXPIRES: 11/30/2025

AN ADDITIONAL

15% OFF + 10%  
LeafFilter®

Discount For Seniors + Military

Get a FREE full gutter inspection and estimate:  
1-844-668-1725 Promo: 285

\*Lowest Recommended Full Warranty Details: \*Promotional offer includes 15% off plus an additional 10% off for qualified veterans and for seniors. No additional estimate valid for 1 year. \*Subject to credit approval. Call for details. AK: 907-292-0222, AZ: 602-344-2222, CA: 916-275-7575, CT: 860-238-1120, FL: 888-966-0838, GA: 404-510-5100, HI: 808-510-5100, IL: 630-292-0222, IN: 317-292-0222, IA: 515-292-0222, KS: 913-292-0222, KY: 502-292-0222, LA: 504-292-0222, MA: 617-292-0222, MD: 410-292-0222, MI: 248-292-0222, MN: 612-292-0222, MO: 816-292-0222, MS: 662-292-0222, MT: 406-292-0222, NE: 402-292-0222, NH: 603-292-0222, NJ: 908-292-0222, NM: 505-292-0222, NV: 702-292-0222, NY: 516-292-0222, NC: 919-292-0222, ND: 701-292-0222, OH: 614-292-0222, OK: 405-292-0222, OR: 503-292-0222, PA: 610-292-0222, RI: 401-292-0222, SC: 803-292-0222, SD: 605-292-0222, TN: 615-292-0222, TX: 214-292-0222, UT: 801-292-0222, VA: 703-292-0222, VT: 802-292-0222, WA: 206-292-0222, WI: 414-292-0222, WY: 307-292-0222.

SAVE ON YOUR  
Travel Plans!

Up to 75%  
more than 500 Airlines  
and 300,000 Hotels across the world!

Let us do the research for you for free... we'll save you time and money



Spend your travel dollars when you get there not getting there!

We're not allowed to publish fares online so call for the best rates now

877-988-7277

AMERICAN STUMP GRINDING

Professional Stump Grinding  
Years of Experience  
Great Prices

Call Bill at 914-760-0331  
or 845-226-0839

FALL HOME IMPROVEMENT HEADQUARTERS



BOGO  
40% OFF

Minimum purchase of 4

+ \$200 OFF  
Your Entire Purchase

Minimum purchase of 4

OFFER ENDS 12/31

TOLL FREE 888-610-7738



RENEWAL  
by ANDERSEN

FULL-SERVICE WINDOW & DOOR REPLACEMENT

Jacuzzi Bath Remodel

Safety. Style. Stress-Free Installation.

CALL NOW  
1.855.564.2680

SPECIAL OFFER  
Waiving All Installation Costs!

Add'l terms apply. Offer subject to change and vary by dealer. Expires 12/28/25.



Transform Your Bathroom and Change Your Life.



FREE TOILET + \$1,500 OFF\*

For your FREE information kit and our Senior Discounts, Call Today Toll-Free  
1-855-916-5473

safestep®

\*Free toilet with purchase and installation of a walk-in tub or walk-in shower only. Offer available while supplies last. No cash value. Must present offer at time of purchase. Cannot be combined with any other offer. Market restrictions may apply. Offer available in select markets only. CSLA 1002165 NSCR 0002998 0003445 12/01/19/0000



Trust the Nation's #1 Roofing Contractor  
Award-Winning Roofing and Customer Service

LIMITED TIME OFFER  
50% OFF  
Installation

FREE ESTIMATE  
SCHEDULE TODAY!  
Call 1.855.492.6084

CALL TODAY! 1.855.492.6084

New orders only. Does not include material costs. Cannot be combined with any other offer. Minimum purchase required. Other restrictions may apply. This is an advertisement placed on behalf of Erie Construction Mid-West, Inc. ("Erie"). Offer terms and conditions may apply and the offer may not be available in your area. If you call the number provided, you consent to being contacted by telephone, SMS text message, email, pre-recorded messages by Erie or its affiliates and service providers using automated technologies notwithstanding if you are on a DO NOT CALL list or register. Please review our Privacy Policy and Terms of Use on homeservicetrust.com. All rights reserved. License numbers available at eriehome.com/erielicenses/

• Southern Dutchess News  
• Beacon Free Press  
• Northern Dutchess News

# Classified

## SDN Subscriber ads

### 150 Announcements

**CRAFT FAIR**  
**November 29th**  
**Hopewell Fire**  
**Dept's Annual Fair**  
**320 Route 376**  
**10AM - 4PM**  
Come by & Shop  
our Small Business  
Vendors, while  
Supporting our  
FireHouse.  
Take a chance at  
our 50/50 and  
Scratch off  
Bundles.

### 107 Situations Wanted

Residential and  
Commercial Clean  
outs. Disposal of  
unwanted items  
Carpentry work  
Interior and Exterior  
Painting. Property  
Management Call  
Craig 845-891-8930

### 401 Apartments for Rent

**Victorian, BEACON**  
**9D / mins. RR - 70**  
NYC Hwy,  
Spectacular Hudson  
Views, Rest.  
Antiques, Hiking,  
biking, Mountains,  
2BD + Den, DW /  
WD, Split - Level,  
\$2,800. Suitable  
1 - 3. 914-960-0069  
or 914-584-7137

### 502 Clothing

New men's dress  
slacks/shirt w/tags.  
Dockers Brown  
38/29, Haggard Gray  
38/30, Perry Ellis  
dress shirt Cream  
16.5 sleeve 32/33.  
Asking \$7 each.  
646-734-3823

### 503 Furniture

4 set Antique wood  
dining chairs uphol-  
stered seats exc.  
cond. Best offer.  
845-625-3213

2-drawer, wide,  
metal filing cabinet.  
Good shape, tan,  
has lock but no key.  
19 D x 30 W x 28 H.  
\$25. 845-227-5922

Bunk Bed set with  
ladder, one dresser.  
Early american  
style, great condition  
\$175. 845-227-5922

Queen size wood  
sleigh bed box  
spring mattress  
included. Exc. Cond.  
Best offer.  
845-625-3213

Patio set, glass top  
with four chairs with  
cushions. 9 foot  
umbrella with stand.  
Used once, \$350.  
Call 845-297-4741

### 503 Furniture

China Hutch, King  
size mattress and  
metal support  
frames, Exc. Cond.,  
Best off, Hopewell  
Jct. 845-797-9724

Excellent condition  
Cherry dining set.  
Seats eight with leaf.  
Includes buffet, wine  
cabinet and mirror.  
Text for pictures,  
\$500. 845-242-3474

Day Bed Frame  
Twin white  
Decorative Head  
and Side Frame.  
Excellent condition,  
\$100. 845-226-8896

### 505 Free Items

Free Timeshare  
Boon, NC. Can't  
drive anymore,  
Week 23 indoor  
pool, 9 hole golf  
course includes  
dues \$625 UTD. No  
answer leave num-  
ber 845-702-0022

### 516 Misc. Merchandise

Sears Craftsman 8  
1/4" compound miter  
saw 1 1/2 HP, \$30.  
Dremel Versatile tool  
systems, \$30.  
Leave message  
845-462-4441

### 516 Misc. Merchandise

Alternate Pressure  
mattress Pad fits  
hospital bed, like  
new, \$25.  
845-896-5197

Paintball Equipment  
for sale. Guns cases  
hoppers tanks  
masks all in good  
working order.  
Asking \$150 for all.  
914-420-5626

Free Filing Cabinet,  
Miter Box, \$20, 8  
1/4" Compound  
Miter Saw 1 1/2 HP,  
\$30, Hand Tools, \$5  
or less. Leave  
Message. 845-462-  
4441

Six Free 3ft Dwarf  
Alberta Spruce. 845-  
462-5607 leave  
message with call  
back number.

Four Kenwood  
KL777 100W speak-  
ers, wood cabinet,  
exc. cond., \$225.  
845-337-6509

Standard Bar Room  
Size Slate Pool  
Table with  
Accessories, \$500.  
845-297-8496

Tor-1950's Tube  
AM,FM & Record  
Player, \$250 OBO.  
845-831-8698

### 516 Misc. Merchandise

New Quickie Q500m  
Power Wheelchair  
great indoor and  
outdoor with sedeo  
Pro seating and  
advanced controls.  
Reduced to \$2,700.  
845-803-1784

Lionel Train 027 sets  
1950's Engines Rail  
Cars Accesories  
Track Transformers  
Set-up for inspection  
if interested  
workable. Contact  
845-462-5893

Magnisium Alum  
Alloy 16 ' extension  
ladder, 8 ' glass rei-  
neorsed step ladder,  
Make offer.  
845-297-6369

Outdoor Mult.  
Position Reclining  
Chair, Cost \$75  
New. Large Size.  
Call: 845-297-2105

AC Prtable, \$80 -  
Dehumidifier, \$60,  
Grill Free, Snare  
Drum, \$80, Wicker  
shelf, Lamp, \$40.  
845-418-0069

4 Cartons new white  
4 x 4 wall tile. \$100  
or best offer.  
845-297-7862



### Furniture For Sale

**For Sale**  
Solid wood dark  
pine storage  
chest.  
Handmade.  
38 inches long x  
20 inches wide x  
16 inches deep.  
\$75 or best offer.  
Call 845-392-6421



### 516 Misc. Merchandise

Post Hole Digger  
Blade 9 inches long  
5 inches wide  
Handle 43 inches  
long Heavy Duty,  
\$30. 845-226-8910

Craftsman  
25cc/2cycle 17 inch  
curved shaft gas  
weed wacker. \$75 or  
best offer.  
845-297-7862

Spiral Stair's New.  
\$1,500 new, asking  
\$1,000.  
845-401-7654



### 900 Autos For Sale

2006 Honda Civic,  
4DR EX 140hp,  
246944 miles key  
inob, \$600.  
845-897-5455

### 900 Autos For Sale

1999 Mustang GT  
35th Limited Edition  
Model, Black,  
79,999. Asking  
\$10,500, many  
extras, clean title,  
just inspected. Call:  
516-456-5845

### 903 Motorcycles



**1993 Harley**  
**Davidson FLHTC**  
1340cc,  
Black/Chrome,  
\$5,000 OBO. CALL:  
845-554-6317

### 904 Accesories

15 XW Diesel 3  
Fays generator with  
Trailer, \$10,000.  
Never used, valued  
at \$14,000.  
845-401-7654

## FREE!

PRIVATE PARTY NOT FOR BUSINESS USE

### Classified Ad

for **Southern Dutchess News** Subscribers only  
\*Your personal use only \*Restrictions apply \*One word per line

|       |       |       |       |       |
|-------|-------|-------|-------|-------|
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ | _____ |

Name: \_\_\_\_\_ ID#: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

SORRY, WE CANNOT TAKE THE SUBSCRIBERS' FREE LINE ADS OVER THE PHONE  
Ads must be received by 12 noon the Friday prior to publication. We cannot acknowledge receipt of ads.  
Free ads run "space available." We do not guarantee placement.

Email (with "Free line ad" as the subject) your subscription name, address, phone number,  
& subscriber ID, along with your ad to: [sdnadvertising@aol.com](mailto:sdnadvertising@aol.com)

Ads should be limited to 20 words including a contact phone number (must be included in ad).

If using this coupon it's recommended that it's delivered in person or mailed.

Faxes are accepted, but not recommended. Our fax number is: (845) 297-6810

Ads run for 2 weeks. If after 2 weeks you wish your ad to run again, it must be resubmitted.

We reserve the right to modify or reject any ads.

Southern Dutchess News, 84 East Main St., Wappingers Falls, NY 12590

Yes, send me the Southern Dutchess  
News for the next 52 weeks for just \$10.

Call to ask about our 2 & 3 yr. prices!!!

Payment Method \_\_\_\_\_ Check  
\_\_\_\_\_ Money Order  
\_\_\_\_\_ Credit Card

Visa \_\_\_\_\_ Mastercard \_\_\_\_\_ Discover \_\_\_\_\_

Card # \_\_\_\_\_

Exp. Date: \_\_\_\_\_ Access Code: \_\_\_\_\_

Signature: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Mail Coupon To:  
Southern Dutchess News  
84 East Main Street, Wappingers Falls, NY 12590  
Coupon must accompany payment

# Central Hudson shareholders donate \$55,000 to Community Action Partnership



In response to growing concerns over federal assistance program funding, Central Hudson Gas & Electric shareholders have donated \$55,000 to Community Action Partnership organizations in every county the utility serves. These contributions aim to help residents access food and pay their utility bills during a time of heightened need.

“The government shutdown has placed a real strain on families across the Hudson Valley, and we’re committed to helping ease that burden because we believe in standing with our neighbors during times of uncertainty,” Central Hudson President and CEO Steph Raymond said. “By supporting local Community Action Organizations, we’re ensuring that those facing food insecurity and struggling with utility bills have access to the resources they need to stay safe, nourished, and warm.”

The shareholder donation was distributed to the following organizations:

- Community Action of Ulster and Sullivan Counties
- Albany Community Action Partnership

Columbia Opportunities, Inc.  
Putnam Community Action Partnership

- Community Action of Greene County, Inc.
- Community Action Partnership of Dutchess County
- Regional Economic Community Action Program, Inc.

“We are so grateful for this generous food donation that will help support low-income families during this challenging time,” said Linda Haas Manley, CEO of Community Action Partnership for Dutchess County, Inc. “The generous donation from Central Hudson comes at a critically important time. With the unexpected delay in federal SNAP and HEAP benefits, many low-income families are facing an immediate and frightening gap in resources,” Marisa O’Leary, Director of the Putnam Community Action Partnership added.

As winter approaches, Central Hudson reminds customers of the various assistance and payment programs available. Customers who qualify for programs such as SNAP and HEAP are also eligible for Central Hudson’s

Bill Discount program. Additional support options include:

- Deferred Payment Agreements: Allow customers to pay past-due balances in monthly installments.
- Extra Security Plan: Offers extended billing due dates for qualified customers on fixed incomes.
- Good Neighbor Fund: Provides emergency grants to families who have exhausted all other assistance options.
- Budget Billing: Aims to spread customers’ monthly payments evenly throughout the year based on their usage history.

For more information, visit [www.cen-hud.com/account-resources/assistance-programs](http://www.cen-hud.com/account-resources/assistance-programs).

Enrollment for the federally funded Home Energy Assistance Program (HEAP) has been delayed until further notice due to the government shutdown. Central Hudson is communicating with customers to make them aware of available options.

Left: Central Hudson shareholders recently donated \$55,000 to Community Action Partnership. Pictured, from left, Central Hudson Chief Financial Officer Lora Gescheidle, Community Action Partnership for Dutchess County Family Resource Coordinator Tamesha Garvey, and Central Hudson Regional Affairs Liaison Linda Selcanin.

-Courtesy photo Central Hudson

this week’s puzzle solutions

|   |   |   |   |   |   |
|---|---|---|---|---|---|
| 1 | 4 | 7 | 1 | 5 | 2 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 7 | 3 | 9 | 4 | 1 | 8 |
| 6 | 5 | 2 | 7 | 6 | 3 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 3 | 2 | 5 | 4 | 5 | 1 |
| 8 | 7 | 3 | 7 | 2 | 5 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 7 | 1 | 5 | 2 | 7 | 6 |
| 3 | 9 | 4 | 1 | 8 | 6 |
| 5 | 2 | 7 | 6 | 3 | 8 |
| 4 | 9 | 8 | 7 | 6 | 3 |
| 8 | 6 | 4 | 5 | 2 | 9 |
| 9 | 8 | 7 | 6 | 7 | 8 |
| 2 | 4 | 5 | 1 | 3 | 6 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 5 | 4 | 2 | 7 | 2 | 4 |
| 9 | 7 | 8 | 2 | 5 | 4 |
| 6 | 1 | 3 | 9 | 8 | 7 |
| 4 | 9 | 8 | 7 | 6 |   |

Diversions

SUDOKU

Call today and receive a

FREE SHOWER PACKAGE

PLUS \$1600 OFF

SAFE STEP

WALK-IN TUB

1-855-576-5653

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082185 N5CB 0082999 0083445

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 7 |   | 9 |   |   | 8 |   |   |   |
| 1 |   |   |   |   | 3 |   |   |   |
| 8 | 6 |   |   | 2 |   |   | 3 |   |
| 2 |   | 5 |   |   |   |   | 8 |   |
| 6 | 1 |   |   |   |   |   | 4 | 5 |
|   | 7 |   |   |   |   | 3 |   | 6 |
|   | 9 |   |   | 7 |   |   | 6 | 8 |
|   |   |   | 6 |   |   |   |   | 3 |
|   |   |   | 8 |   |   | 4 |   | 1 |

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Suguru

|   |   |   |   |  |   |
|---|---|---|---|--|---|
| 4 |   |   |   |  | 2 |
|   | 1 |   | 1 |  |   |
|   |   |   |   |  |   |
| 4 |   |   |   |  |   |
|   |   | 4 | 5 |  |   |
|   | 3 |   |   |  |   |

© 2023 crazydad.com

The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

THEME: IN THE WOODS

ACROSS

1. Flows' partners

5. "When Harry \_\_\_\_ Sally..."

8. Sound of laughter

12. \*"Hide" behind the bush

13. Bébé's mother

14. \*Age units in the woods

15. Rum cake

16. Placido Domingo's solo, e.g.

17. Concluded

18. \*"Into the Woods" star Anna

20. Come clean, with up

21. Terra \_\_\_\_

22. Urge Spot to attack

23. One of seven gnomes

26. Prior to the present (3 words)

30. FEMA provisions, e.g.

31. Erratum, pl.

34. Int. org. in Brussels

35. Merge

37. Time frame

38. Right-hand page

39. 1920s art style

40. Cause of wheezing

42. Like The Hot Chili Peppers

43. \_\_\_\_ God we \_\_\_\_," on U.S. currency

45. Some vipers

47. Clairvoyant's gift

48. Source of chocolate

50. Form of payment

52. \*Edible fungus

55. Multi-layered cake

56. Mélange

57. Utah's national park

59. Bake an egg

60. Plural of #22 Down

61. \*"\_\_\_\_ the Woods" play and movie

62. Prefix for multiple

63. Japanese honorific

64. Barely got by

DOWN

1. Singular of #1 Across

2. \*Woodpecker's pecker

3. \*One lost in the woods

4. Posture

5. Boy Scout's badge

6. "Fear of Flying" author \_\_\_\_ Jong

7. \*Furniture wood

8. \*Conifer's dropping

9. Peters out

10. Def Leppard's "Rock of \_\_\_\_"

11. Psychedelic drug, acr.

13. St. Valentine, e.g.

14. Equip again

19. One of Seven Dwarfs

22. Rejuvenating spot

23. \_\_\_\_ Arabia

24. Wrinkle-prone fabric

25. Declaration of Independence, e.g.

26. 2002 Winter Olympics state

27. Mother-of-pearl

28. Weasel's cousin

29. \*Golf's great

32. Catch one's breath

33. A in MOMA

36. \*Scientific study in woodlands

38. Meteorologist's tool

40. Nile reptile

41. Masculine one and proud of it, pl.

44. Theater greeter

46. Something extraordinary

48. "Mea \_\_\_\_," or "my fault"

49. Hailing from the East

50. Type of salmon

51. \*Seed covering

52. \*Trunk growth

53. Sty cry

54. Speck

55. Recipe amt.

58. Go-ahead

CROSSWORD

|    |    |    |   |    |    |    |    |    |    |    |    |    |    |    |
|----|----|----|---|----|----|----|----|----|----|----|----|----|----|----|
| 1  | 2  | 3  | 4 |    |    | 5  | 6  | 7  |    |    | 8  | 9  | 10 | 11 |
| 12 |    |    |   |    |    | 13 |    |    |    |    | 14 |    |    |    |
| 15 |    |    |   |    |    | 16 |    |    |    |    | 17 |    |    |    |
|    | 18 |    |   |    | 19 |    |    |    |    |    | 20 |    |    |    |
|    |    |    |   | 21 |    |    |    |    |    | 22 |    |    |    |    |
| 23 | 24 | 25 |   |    |    |    |    | 26 |    |    |    | 27 | 28 | 29 |
| 30 |    |    |   |    | 31 |    | 32 | 33 |    |    |    | 34 |    |    |
| 35 |    |    |   | 36 |    |    | 37 |    |    |    | 38 |    |    |    |
| 39 |    |    |   |    | 40 |    |    |    |    | 41 |    |    | 42 |    |
| 43 |    |    |   |    | 44 |    |    |    |    | 45 |    | 46 |    |    |
|    |    |    |   | 47 |    |    |    | 48 | 49 |    |    |    |    |    |
|    | 50 | 51 |   |    |    |    | 52 |    |    |    |    | 53 | 54 |    |
| 55 |    |    |   |    |    |    | 56 |    |    |    |    | 57 |    | 58 |
| 59 |    |    |   |    |    |    | 60 |    |    |    |    | 61 |    |    |
| 62 |    |    |   |    |    |    | 63 |    |    |    |    | 64 |    |    |

SWITCH & GET

\$25

Off First Month of New Service!

USE PROMO CODE: GZ590

Consumer Cellular

CALL CONSUMER CELLULAR

888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

© StatePoint Media

The solutions to the Sudoku, Crossword puzzle and Suguru can be found on page 14.

hudson valley naturalist

by francine wizner



# Learning connections with food: Leaveners

There are many interesting connections to be made between biology and chemistry and a basic human need: Food. Lots of staple foods made from cereals and grains are leavened, meaning that a substance has been added – or a process has been performed – which incorporates gas to lighten and soften the dough or batter mixture. Commonly, that substance is a biological leavener. Yeast, a one-celled living organism (a fungus) is often added to recipes. Through fermentation, the yeasts make energy from sugar and release the carbon dioxide bubbles and alcohol that give the desired rise to baked goods.

In the culinary world, yeast and bacteria are considered biological leaveners, since they are organisms. But leaveners can come in other forms. They can also be chemical or physical.

### Chemical leaveners

They may sound like something you wouldn't want in your kitchen, but chemical leaveners are ingredients that you are quite familiar with – baking powder or baking soda. They work through reactions. When baking soda comes into contact with an acid (such as yogurt or lemon juice) – or baking powder comes into contact with a liquid – they produce carbon dioxide. The gas creates small bubbles that aerate batter or dough, causing rise.

### Physical leaveners

Steam is a physical leavening agent. It is used to make croissants, cheesecakes, custards, and pastries. Baked goods created with multiple tiers of butter and dough



Some common types of leaveners are used in cooking and baking.  
- Photo by Francine Wizner

form puffed, flaky layers when the water within the butter turns into steam and increases the product's volume.

Other methods for introducing steam to baking include ovens which have built-in attachments for steam, setting a pan of water on the bottom of an oven during baking, adding a cover over what is being baked (such as a cloche, Dutch oven, or a metal mixing bowl). A water bath or double boiling pan can also be used to add moisture to an oven and surround the bak-

ing pan with uniform heat. Spraying the dough and the sides of the oven with water is yet another method of creating steam.

Air is another type of physical leavening created with a machine or a tool. This is also referred to as mechanical leavening. Mechanical leaveners are used to create light, fluffy baked goods such as soufflés, cakes such as sponge, angel food, and chiffon, mousse, frosting, meringue, biscuits, cookies, and marshmallows.

Mechanical leavening involves manipulating ingredients to create and trap tiny air bubbles which help baked goods rise. This form of leavening involves using a mixer, blender, or whisk. Ingredients which are used in mechanical leavening include cream, eggs, butter, and aquafaba. Kneading is another method of adding air through the folding and rolling of dough, causing it to rise.

### A fun (and edible) investigation

As an alternative to the typical biological leavener (yeast) for making bread, use a mechanical and physical leavener for making soda bread and popovers. Recipes for both can be found online. Soda bread can be made with your favorite liquid (soda, milk, beer, etc.). Popovers rely on steam for leavening.

Baking becomes a scientific experiment when observations are made. Which recipe results in the highest rise, the chewiest crust, and the most satisfying taste? An organized write-up with simple recipes and follow-up questions can be found here: <https://www.teachers-payteachers.com/Product/CHEMICAL-PHYSICAL-LEAVENER-RECIPES-ENRICHMENT-CROSS-CURRICULAR-11720365>

Francine Wizner is a native of the Hudson Valley. She grew up in the Catskills of Greene County and spent over 3 decades teaching in Ulster County. She creates science-themed instructional materials and books, as well as being a Citizen Scientist in the management of her current home in an enchanted woodland of Dutchess County. Find her at <https://medium.com/@wiznerf>, <https://substack.com/@gkatzchronicle>, and <https://www.pleasantvalleymaplelodging.com>.

## ‘Alice by Heart’ to feature talents of more than 60 Dutchess Community College students

Dutchess Community College (DCC) will present the fall mainstage production of “Alice by Heart” Nov. 13–16 in the James and Betty Hall Theatre. Directed by Theatre Instructor AnnChris Warren, the musical features the talents of more than 60 DCC students from across academic disciplines and is produced by the Performing Arts program and Masquers’ Guild Theatre Club.

Inspired by Lewis Carroll’s “Alice’s Adventures in Wonderland,” the show

reimagines the classic tale through the eyes of two teens sheltering during the London Blitz. Written by Steven Sater and Jessie Nelson with music by Duncan Sheik, the story explores love, loss and the courage to move forward.

In connection with the production’s themes of grief and resilience, DCC is using “Alice by Heart” as an opportunity to promote open conversations about mental health and highlight available resources for



“Alice by Heart” performances will take place on the Dutchess Community College campus November 13-16 in Poughkeepsie.

-Courtesy photo

students. This effort builds on DCC’s ongoing work as a JED Campus, part of a national initiative led by The Jed Foundation (JED) — the nation’s leading nonprofit dedicated to protecting emotional health and preventing suicide among teens and young adults. DCC joined the JED Campus network in spring 2023, committing to a multi-year partnership focused on strengthening mental health systems and creating lasting, positive change in campus culture.

“Alice by Heart has many themes, one of the more prominent ones being grief,” Warren said. “We’ve teamed up with JED to create open discussions with students and highlight resources for anyone who may be struggling. It’s an opportunity to connect what we explore on stage with the real experiences of our students.”

Informational displays and materials from

JED and community partners will be available in the theatre lobby during each performance. Artwork created by DCC Instructor Jesse Navarra’s drawing students, depicting cast members in character, will also be on display. Performances are at 7 p.m. Nov. 13–15 and 2 p.m. Nov. 16.

DCC students get in the shows for free. DCC faculty and staff, seniors over 60 and non-DCC students: \$10 General admission: \$15 Get tickets at [ticketleap.events/tickets/sunydutchess/alice-by-heart](https://ticketleap.events/tickets/sunydutchess/alice-by-heart) or purchase at the door.

Visitors can park in Lot D (GPS address: 90 Cottage Road, Poughkeepsie). To request sign language interpreting services or other accommodations, please contact Linda Bertolozzi at 845-431-8058 or [bertolozzi@sunydutchess.edu](mailto:bertolozzi@sunydutchess.edu) at least two weeks before the event.

NEW YORK HOMEOWNERS:

- Need a **NEW ROOF** and **HELP PAYING** for it?  
Any leaking, visible damage, or roof age qualifies!
- Money flying out of old, drafty WINDOWS?**  
You may qualify for new energy efficient windows!

NEW 2025 FUNDING PROGRAMS AVAILABLE NOW!

888-849-9991

or visit [NyProgramFunding.com](https://NyProgramFunding.com)

Enrollment is only open during a limited time. Programs, appointments, and installations are on a first come, first serve basis in your area.

HELP IS AVAILABLE EVEN IF YOU COULD PAY CASH

Approved applications will have the work completed by a quality repair crew provided by: HOMEOWNER FUNDING. Not affiliated with State or Gov Programs. License NY:RC-H-21274