

## Bicentennial kick-off Saturday in Pine Plains

by Kate Goldsmith

In 1823, Pine Plains broke away from the Town of North East to become its own municipality. According to the Little Nine Partners Historical Society, the town took its name from an old description of the area. Known these days primarily for its farms and rural charm, Pine Plains' history is an intriguing study in contrasts. Early on, it was the political hub of the region and boasted a number of "firsts": the first town to centralize a school district in Dutchess County (1931); the first town in the state to established a zoning committee (1936); and the first town in Dutchess to establish a seed library (2013).

"You have this rural community out in the middle of nowhere that really was kind of 'out there' in other ways ... but the first to do other things," said Dyan Wapnick, president of the Little Nine Partners Historical Society. "I think it shows that even though the people in Pine Plains were probably in a lot of ways conservative, they were also somewhat forward-looking."

The town's Bicentennial Committee is planning a months-long celebration of this milestone, starting Saturday, March 4, and culminating with the Ag Fair in October. The co-chairs of the committee are Sarah Chase, who grew up in Pine Plains and whose family goes back at least seven generations there; and Patrick Trettenero, a relatively new arrival who has lived in town for around five years.

"I organized a Community Day last year, and it went really well, brought people together," said Chase. "It seemed like having the Bicentennial [would be] a natural progression, something to be excited about as a town."

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# 'Farm to School' food choices a 'big hit' with elementary kids

by Jim Donick

The latest Rhinebeck and Pine Plains School Districts "Farm to School" program highlighting the breadth and quality of food that is sourced in New York State was planned as a progressive meal starting on the morning of Thursday, February 23 with breakfast at Cold Spring Elementary School in Stanfordville and then moving on to a lunch program for the kids at Chancellor Livingston Elementary in Rhinebeck.

It turned into a two-day affair after Thursday's snow event. Thus it began with lunch in Rhinebeck on Thursday and reconvened for breakfast on Friday in Stanfordville.

The concept is the brainchild of Larry Anthony, Director of Food Services for Pine Plains, Rhinebeck, and Red Hook School Districts. The effervescent Anthony clearly loves his work and loves bringing great food experiences with healthy ingredients to the kids in his districts. He also seems to have a knack for enlisting appropriate partners into his programs to maximize their impact and to provide even more sources of support in feeding the students.

Anthony has been building the "Farm to School" program and incorporating NYS foods into the lunch and breakfast menus in the three districts for several years.

He is capitalizing on New York State's 30 Percent Initiative, which encourages school districts to purchase 30 percent or more of lunch foods from New York State. In 2022-23, these three districts are on track to be among the first in the Hudson Valley to achieve the NYS 30 Percent Initiative. Via this program, New



Scott McMillan from Smith Packing in Utica joins Larry Anthony, Director of Food Services for Pine Plains, Rhinebeck, and Red Hook School Districts in serving "Farm to School" meals to children at Chancellor Livingston Elementary School in Rhinebeck on Thursday, Feb. 23. Photo by Jim Donick

York State will give schools another 19 cents per meal, in addition to the six cents it already receives, for every lunch the school sells that has at least 30 percent of New York-based products.

Anthony suggests that, based on current numbers for this program, Red Hook could stand to gain another \$40,000

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# Free Bridal Show at The Garrison offers getaway trip, great food, vendors

A honeymoon getaway tops the list of prizes. But that's just the beginning for this year's FREE Bridal Show at The Garrison on Sunday, March 12 from noon to 3 p.m.

The annual event, sponsored by The Garrison and the Southern Dutchess News Group, will feature over 50 vendors to plan every facet of your wedding, plus great food choices from the chefs at The Garrison and The Pastry Garden.

The setting is exquisite – incredible views of the Hudson River and surround-

ing mountains from spacious gathering rooms at The Garrison. It is located at 2015 Rt. 9, just 10 minutes south of the I-84 exchange.

The grand prize is a three-night stay for two at the Dreams Tulum Resort & Spa. Located just five minutes from the eco-chic downtown Tulum, Mexico, the Tulum getaway at Dreams Resorts & Spa is complete with mesmerizing ocean views, gourmet room service and activities for every age, interest, or passion.

The Garrison will also be offering a

gift package, as will other vendors, including local hotels.

You must sign up prior to the show to be eligible to win prizes. It's easy – just send an email to GarrisonBridalShow@gmail.com. You will receive a confirming response.

It's going to be a fantastic afternoon – with prizes, food, fashions and more. For more information, check out the Southern Dutchess News page on Facebook.

We'll see you at the show.

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# Bicentennial kick-off Saturday in Pine Plains

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Trettenero added, "The good news is we were mostly able to keep our [Community Day] committee from last year."

The Bicentennial Committee is finalizing the details of the event calendar, but it all kicks off this Saturday at The Stissing Center with a short film, "Our Farms, Our Farmers," at 4 p.m. The event is sold out, but several others are planned for the upcoming weeks.

"The nice thing is that some events are for adults, some for kids; it's a nice mix something for everyone," Trettenero said. "The whole thing culminates with the Ag Fair, book-ended by two agricultural events of sorts, that's somewhat purposeful. In between we have historical events, cultural events, music, both the Little Nine Partners and FOSL [Friends of Stissing Landmarks] have programming, and that list is still growing. The Stissing Center has some events in mind, including in July we're doing a staged reading of 'Our Town,' and the cast will be all people from Pine Plains."

"We're hoping for the Ag Fair Parade to get a lot of businesses and organizations to participate," said Chase.

Wapnick said Dutchess County Historian Will Tatum give a talk on March 24 at the Community Room over the Pine Plains Library, about Pine Plains' early history as a political and economic hub of the region.

"He was at our first Bicentennial Committee meeting and everyone was just blown away [learning that] Pine Plains was really important," she said. "So we have this town [in 1823], Pine Plains, and I guess it was basically a farming community. Then the railroad came, and suddenly Pine Plains boomed. And that was for probably 40 years or so, give or take. That was what made Pine Plains thrive, we were suddenly on the map. Then the railroad died off everywhere, with the onslaught of trucking taking over. Pine Plains reverted back to this sleepy little farming town."

Other events sponsored by the historical society include a talk in June about the railroads.

"One of our members is very knowledgeable about the railroads in Pine Plains," Wapnick said.

Events for the summer are still "firming up," she noted, but on Sept. 29 there will be a Revolutionary-era military encampment at the Graham Brush house in Pine Plains.

"That evening we're going to have Bill Jeffway [president of the Dutchess County Historical Society] give a talk on Morris Graham (the brother of Lewis Graham, the man associated with the Graham Brush house). We're hoping to tie in to a program with FOSL, a talk on early industries. I talked to FOSL about it, they're restoring Patchin's Mill."

The historical society is also hoping to celebrate the town's ethnic heritage, as well.

"Someone had talked to me about having a program with food. That would be a great tie-in, some kind of banquet with food from different ethnic backgrounds,

and that would be a good way to celebrate that heritage," said Wapnick. She added that the historical society will possibly do some kind of exhibit at the Ag Fair, and have a Bicentennial theme for its scholarship award this year.

Volunteers are still sought for the Bicentennial Committee; email pine-plainsbicentennial@gmail.com for more information. To learn more about Pine Plains history, visit <http://lnphs.com>. The Town of Pine Plains web page will soon include information about the Bicentennial celebration, according to Chase and Trettenero, and a Facebook event page will be created.

"It is worth mentioning that the town is very much a part of creating this," said Trettenero. "The town board, they're super excited about it, putting some funding behind it, part of the planning of these events."

"When I moved out here, people were like, 'Where are you moving to?'" said Wapnick. "Some told me I was making a mistake moving out here. They don't understand the history of this area is pretty significant."

## Fun facts about Pine Plains from the Little Nine Partners Historical Society website

- Stissing Mountain, the town's most visible landmark at 1,403 feet, is a unique geological formation, a block of 1.1-billion-year-old Precambrian gneiss "floating" on top of younger shale and sandstone.

- Thompson Pond, part of the Nature Conservancy, is a special type of wetland called a circumneutral bog lake. It is home to New York's smallest turtle, the endangered bog turtle, and is the source of Wappinger Creek, a major tributary of the Hudson River and largest watershed in Dutchess County.

- Tschoop, one of the "first fruits" (first converts) of the Moravians at Shekomeko, is believed to be the model for Chingachgook in James Fennimore Cooper's "The Last of the Mohicans."

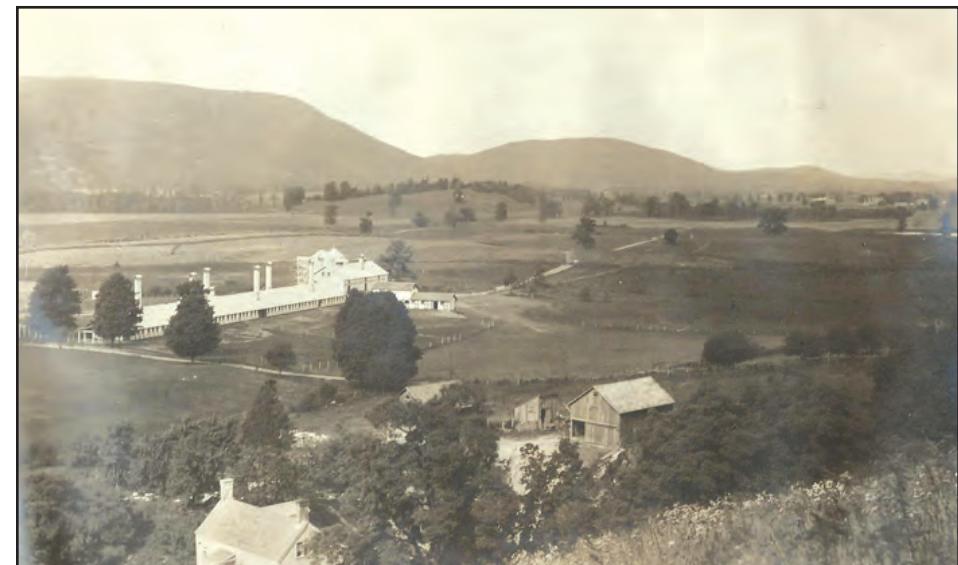
- The Graham-Brush House, dated 1750-1770, is one of earliest surviving log structures in the Hudson Valley and oldest house in Pine Plains. It is owned by the Little Nine Partners Historical Society.

- Horse breeding has a long tradition in Pine Plains. Perhaps the most important early American Thoroughbred stallion, Messenger, stood here for several years after his part-owner Cornelius W. Van Ranst brought him to his Pine Plains farm in 1796. Messenger was the grandsire of the famous undefeated champion, "American Eclipse". He is the foundation sire to several breeds developed in America: the Standardbred, American Saddlebred, and Tennessee Walking Horse.

- Although Washington never slept here, the Marquis de Lafayette, hero of the Revolution, reputedly did.

- In the late 1800s, Barnum and Bailey Circus boarded show animals over the winter at local farms for \$5/month per animal, with a circus employee boarding with the farmer for \$10/month.

As Pine Plains celebrates its Bicentennial this year, historical photos highlight the area's agricultural heritage. From top: Briarcliff Farms Valley with the old Morris Graham stone house in foreground. Walter William Law, who established Briarcliff Farms, stands in a gigantic corn field. Ken Chase (right), Sarah Chase's grandfather, leans on his tractor outside of the family's dairy barn, c. 1940s-1950s. Courtesy photos



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## 'Farm to School' food choices a 'big hit' with elementary kids

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per year, while Rhinebeck and Pine Plains could gain another \$25,000-\$28,000 respectively.

The program is a part of the New York State Agriculture Department's broader "Farm to School" Program. State Agriculture Commissioner Richard A. Ball said, "Farm-to-School programs are a win-win-win for all, bringing nutritious meals to kids, supporting our farmers and producers, and giving the next generation of leaders the opportunity to learn about agriculture."

"The Department is proud to see programs like the ones at Cold Spring Elementary School and Chancellor Livingston School thrive as they provide fresh, local foods to our students. The success is, in no small part, due to our Regional Farm-to-School Coordinators and the Cornell Cooperative Extension Harvest NY program."

Anthony said, "The Farm to School initiative has been an ever-evolving effort for us, particularly working out the logistics. Cornell Cooperative Extension has provided a tremendous amount of help working out the details and bridging the gaps."

### Value of Naval career

Anthony began his food service career in the United States Navy, where he served as a cook on a surface vessel, a supply ship that looked after the needs of much of the fleet when at sea. Many veterans will attest that the Navy eats pretty well at sea, particularly in comparison to the Army when it is in the field.

This initial training was a value when he mustered out and went on to the Culinary Institute of America for further training. He's been in the Red Hook and Rhinebeck school districts for nine years now and added Pine Plains four years ago. He's spent the entire time sharing his

knowledge and his enthusiasm for imaginative and healthy foods with young people.

He said, "I want the kids to take away the importance of eating local products for nutritional value and support for local businesses."

The luncheon tasting session at Chancellor Livingston Elementary was originally planned with a focus on Sfoglini pasta made in Coxsackie, meatballs made with Smith Packing ground beef, and apples from Trapani Farm. With the change in the calendar, it expanded to also include roasted corn from upstate, roasted carrots, and a multi-bean casserole, along with a selection of both baked and boiled hot dogs from Smith Packing in Utica and a Bolognese sauce made with the Smith Packing ground beef.

Everything was sourced in New York State. The serving chores fell to Anthony and to Scott McMillan from Smith Packing, who was present to help any way that he could.

The students came into lunch in groups of two or three grades at a time and had the opportunity to taste the offerings along with their other lunch dishes. Their enthusiasm was impressive. One little boy came back to try the hot dogs four times. He graded them with two thumbs up. The vegetables moved almost as quickly. The staff also got to sample the fare and Kindergarten Aide Valerie Nicolatus was particularly pleased with the Bolognese sauce.

Breakfast at Cold Spring Elementary on Friday expanded the focus from simply New York-based foods to Heart Healthy eating with New York State foods. Anthony explained, "I wanted the kids to see how eating local heart healthy food and exercise contribute to a healthy mind and body."



Cold Spring Elementary School Principal Kristen Fischetti greets Phlavia the cow from Tollgate Farm in Amenia on Friday, Feb. 24. It was all part of a "Farm to School" breakfast, which introduced New York and farm-based foods to the students. Courtesy photo

The breakfast included French toast casserole, made with bread from Our Daily Bread in Chatham, eggs from Feather Ridge Farm in Elizaville, and milk from Hudson Valley Fresh. There were also scrambled eggs and cream-cycle smoothies featuring sweet potatoes from Tributary Farm in High Falls and NYS fruit from Headwater Food Hub in Rochester.

Cornell Cooperative Extension of Dutchess County representative Katie Sheehan provided a "blender bike," to make a more fun smoothie demonstration for students. The device is a bicycle pow-

ered generator to run the blender with but the addition of a pedaling student to make it work.

Along with the novelty of creating their own electricity for the blender, the students were also introduced to Phlavia, a dairy calf from Tollgate Farm in Amenia, who will be helping provide their milk within a few more months.

By the time the two sessions had been completed, several hundred elementary school students had been introduced to delicious New York-based foods and learned that food can actually taste good even if it's also good FOR you.



The Stanfordville breakfast included a demo of making vegetable smoothies with the power for the blender generated on the spot with the Cornell Cooperative Extension 4H bicycle generator. The product was aptly named a "Cream-Cycle smoothie" with Food Services Director Larry Anthony giving it a taste test. Courtesy photo

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## HYDE PARK ACCEPTING APPLICATIONS FOR HOMETOWN HEROES BANNER PROGRAM

Hyde Park Town Supervisor Alfred Torreggiani announced that the town is taking applications for its Hometown Heroes Banner Program.

Torreggiani said, "We will open up the submissions according to how it is listed on the application's information page [see below for URL]. The Town's goal is to compile the applications, confirm eligibility, and submit the banner orders in groups of twenty-five, with the first rollout aimed to be in place if possible before Memorial Day."

He added, "The Town appreciates everyone's patience during this process as this is a new undertaking for the Town and we are sure there will be some kinks along the way."

The application can be printed from the town's website, <https://www.hydeparkny.us/>; click on "Hometown Heroes Banner Program" for information and the application. Return all information to the location as designated on the application. Applications will be handled in the order they are received.

For questions, call (845) 229-5111, ext. 104.

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# Dutchess Democrats endorse 2023 county candidates

The Dutchess Democratic Committee held its nominating convention for countywide elections last week, endorsing Tommy Zurhellen for County Executive, Anthony Parisi for District Attorney, Kenya Gadsden for County Clerk, and James Rogers for Family Court Judge.

"It was an exciting night with my fellow Democratic committee members so fired up to endorse this particular countywide slate," said Dutchess County Democratic Chair Michael Dupree, in a press release. "I am proud to announce this roster: Tommy Zurhellen for Dutchess County Executive, Anthony Parisi for District Attorney, Kenya Gadsden for County Clerk, and James Rogers for Family Court Judge. Each exemplifies our core Democratic values and has demonstrated an unwavering commitment to public service. I look forward to working with them to deliver a new era of prosperity, fairness, and good governance to Dutchess County residents."

County Executive candidate Tommy Zurhellen stated in the release, "Dutchess County deserves a leader who will walk the walk and deliver real results for our county. As a former Navy petty officer, a teacher and administrator in higher education for over 20 years, and a veteran advocate who continues to work every day to improve the lives of our heroes, I am ready to translate my leadership experience into real results for the residents of Dutchess County."

In the release, District Attorney candidate Anthony Parisi said, "As a lifelong resident of Dutchess County, I am committed to serving the People: pursuing justice, keeping our communities safe and working for a fairer criminal justice system for all. From building better police and community partnerships to prevent gun violence, to transparency and conviction integrity, and support for crime victims and sexual assault victims, I promise to do more to improve our criminal justice system and keep Dutchess County safe."



The slate of Dutchess County Democratic candidates, from left, James Rogers, Anthony Parisi, Kenya Gadsden, and Tommy Zurhellen. Courtesy photo

County Clerk candidate Kenya Gadsden said in the release, "I am honored to have the Democratic endorsement for Dutchess County Clerk. I look forward to meeting the residents of Dutchess County where they are. I promise to work hard every day to make it easier for them to access the many important services provided by the County Clerk's office."

Family Court Judge candidate James Rogers said in the release, "I am both honored and humbled to be endorsed by the Dutchess County Democratic Committee. I am proud to join a slate of candidates so driven and committed to serving all the hardworking families in our county. I bring a lifetime of public service to this race for Family Court Judge and aim to carry out the responsibilities of that office with strength and compassion."

Zurhellen is a Marist professor, noted veteran advocate, and a resident of the City of Poughkeepsie.

Parisi is the Chief of the Major Crimes Bureau at the Dutchess County District Attorney's office where he has served 25 years, a former Public Defender and a resident of the Town of Beekman.

Gadsden has worked at Lifespire, a nonprofit that works with developmentally disabled individuals, for thirty years. She is also a former Town of Fishkill Board member and a resident of the Town of Fishkill.

Rogers is a former New York State Deputy District Attorney for Social Justice, a former Deputy Commissioner for Worker Protection with the New York State Department of Labor, and a resident of the Village of Red Hook. When Rogers was president of the Association of Legal Aid Attorneys, he initiated a campaign to change the law and cap the number of cases of law guardians in family court take on at any one time. This law drastically improved the quality of representation of children in family court.

## March 16 deadline to enter United Way's talent contest

United Way of the Dutchess-Orange Region (UWDOR) is hosting its annual Talent United contest. Entries will be accepted through March 16.

Contestants must live, work, or attend school in Dutchess or Orange counties.

All videos will be reviewed by a panel of judges who will determine the top

entries. Voting for the top nominees will be from April 10 to May 8, 2023. The contestant who receives the most votes will be announced at UWDOR's Celebration of Service Awards on Wednesday, May 17.

To enter the contest, contestants must fill out the form at

<https://www.uwdor.org/applicationtalentunited> and include a link to their talent video.

Adults and children are eligible, and the talent can be musical, dance, magic, comedy, etc. (family friendly).

Visit the website for more information.

## Kindergarten registration at Chancellor Livingston ongoing through March 30

Plans are already under way for the group of children who will enter Kindergarten in the Fall of 2023. If you have a child who will be five years old by December 1st, 2023 and resides in the Rhinebeck Central School District, please call Mary Ann Torres @ (845) 871-5500 ext. 6560 or e-mail at [registration@rhinebeckcsd.org](mailto:registration@rhinebeckcsd.org).

The District will mail a registration packet to you in advance to minimize your appointment time or you can download the registration packet by going to the following link: <https://www.rhinebeckcsd.org/district/registration>

Information required to complete the registration process includes: one proof

of residency (most recent tax bill, lease, etc.); student's birth certificate or passport; parent's driver's license or other proof of identity; immunization record; and custody documents (if applicable).

Once you have collected all requested materials and completed the forms, please contact Ms. Torres for an appointment to commence the registration process. Once complete, you will be asked to visit the Chancellor Livingston Main office or contact Rachel Ranalli at (845) 871-5570 x6571 to make an appointment to finalize paperwork and reserve a 1-hour slot for Kindergarten Screening (which will take place on May 30th, 31st, and June 1st).

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# Retired veteran, community volunteer recognized by National Organization for Service

Volunteer mediator John Tolliver has been recognized by the National Association for Community Mediation (NAFCM) for helping Dutchess residents with the conflicts of their lives. NAFCM is regarded as a leading resource for mediation and alternative dispute resolution centers.

For more than 12 years, Tolliver has volunteered with the Poughkeepsie-based Mediation Center of Dutchess County. Throughout that time, he has mediated

cases ranging from small claims and surrogate's court to family visitation and custody arrangements.

"The Mediation Center of Dutchess County is proud to be a resource within the community, that is

resourced by the community," said Leanne Lawson MSW, Executive Director of MCDC. "Our volunteer mediators facilitate nearly all of the cases we take on each year. Each of these generous individuals undergo rigorous training

before guiding people through challenging conflicts. John Tolliver is among the exemplary volunteers we have, regularly helping neighbors through their most difficult times. His skills and passion for this work inspire us all, and we are pleased that he is being honored by such an esteemed group."

Prior to volunteering as a mediator, Tolliver served in the US Navy, worked as an engineer and gemstone seller. He has also volunteered in the Medical

Reserve Corps.

The Mediation Center of Dutchess County is a nonprofit community dispute resolution center. Its mission is to actively engage all community members through dispute resolution tools when facing conflict. Low- or no-cost mediation and restorative justice practices are available to neighbors throughout Dutchess County. Learn more at dutchessmediation.org.



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# County GOP endorses Serino for County Executive



The Dutchess County Republican Committee has endorsed Sue Serino, center, for County Executive. Pictured with Serino are committee members Lydia Biskup, left and Village of Fishkill Mayor Kathy Martin. *Courtesy photo*

Sue Serino joined the Dutchess County Republican Committee at their convention this evening where she was unanimously endorsed as the candidate to run for Dutchess County Executive. Serino was nominated by Lydia Biskup, a member of the City of Poughkeepsie Republican Committee and seconded by Village of Fishkill Mayor Kathy Martin.

"After living in Dutchess County for the majority of my life and serving our community as your State Senator, I am honored to be running to be the next Dutchess County Executive," said Serino. "I know what a special place Dutchess County is, and we need a leader who will continue to put the residents first and come up with solutions that will ease the burden and make it easier to succeed here in Dutchess County. I look forward to building on the foundation set by Congressman Marc Molinaro and working with our neighbors to take actions that will further enhance our community."

Dutchess County Republican Chairman Michael McCormack said, "Sue Serino was a strong and tireless representative during her time in the State Senate, and I know that as Dutchess County Executive, she will continue to fight for the residents of our community. Sue shows up and actively listens to the concerns of residents from every corner

of our County, and because of that, she is the person most prepared to become our next County Executive."

Biskup, a member of the City of Poughkeepsie Republican Committee said, "There are people that you trust from the start and those that earn it. Sue Serino falls into both categories. Sue has a proven track record of delivering results for our community, and as our next Dutchess County Executive, I know she will work tirelessly to serve our neighbors. She will serve with transparency, compassion, experience, and that is comforting."

Martin said, "It was my honor to second the nomination for Sue Serino to become our next County Executive. As State Senator, Sue was always there for all of us, and I know that in this next role, she'll continue to govern by listening and will always try to do what is right for our community. Sue truly gets what Dutchess County needs, and I am confident that under her leadership, our community will thrive."

Serino previously served four terms as the State Senator where she represented the majority of Dutchess County. Prior to that she represented the Town of Hyde Park in the Dutchess County Legislature and served on the Hyde Park Town Board.

# Office for the Aging to host free Veterans Resource Forum in Rhinebeck on March 14

The Dutchess County Office for the Aging (OFA) invites veterans of all ages and their families to its Veterans Resource Forum on Tuesday, March 14, at the Pavilion at Brookmeade, 34 Brookmeade Drive in Rhinebeck, from 1 to 4 p.m. This free event will offer veterans and their families important information and connections to various agencies, including the County's Division of Veterans' Services, and service providers. Space is limited; veterans can reserve their seat by calling the OFA at (845) 486-2555.

Representatives from Mental Health America of Dutchess County, Rhinebeck at Home and the County's Department of Behavioral and Community Health's (DBCH) Mental Health Subcommittee are among the participating organizations that will be available to meet with veterans and their families and provide information on a wide range of topics, including mental health resources and veterans' benefits. Attendees will have the opportunity to learn about the services available to them, ask questions and connect with other veterans and their families.

OFA Director Todd Tancredi said, "While many of our local heroes are Office for the Aging clients, they may not know their service makes them eligible for other local providers' programs that can serve their various needs. Our Veterans Resource Forum will inform veterans of every age and era, as well as their loved ones, about the benefits available to them through their service to our nation. We invite all Dutchess County veterans to register today to attend this important event."

The County's Division of Veterans Services ensures Dutchess County veterans and their families receive their maximum eligible benefits from the

Department of Veterans Affairs and other agencies at all levels of government. In 2022, the Division rendered 20,212 contact services to Dutchess County Veterans and their families regarding services and entitlements available from federal, state and local government.

Mental Health America of Dutchess County offers numerous programs for veterans – including the Vet2Vet; Housing, Employment, Reintegration and Outreach Program (HERO); Veterans Employment Training & Transitions Assistance Program (VET-TAP) and Weekend 4 Warriors programs – that offer local veterans emotional support, educational information, referrals to useful services, information about support groups, Social Events, advocacy and short-term care management.

Rhinebeck at Home is a locally based, non-profit organization with members dedicated to helping each other to remain in their own homes and stay connected to their community as they grow older.

A branch of the County's Mental Hygiene Board, the Mental Health Subcommittee advises the DBCH Deputy Commissioner and Director of Community Services about issues in the community and suggests ideas for inclusion in the Department's Service Plan, which is submitted to New York State annually.

OFA plans, coordinates and provides an array of community-based services to older adults and persons who require assistance in the long-term care system, in an effort to promote independence, dignity and quality of life while striving to ensure clients' needs will continue to be met now and in the future. OFA offers an array of programming that provides socialization, recreation and fitness opportunities for older adults to remain active and energized.

## E-file: Receive your money faster, quickly check on your refund

The New York State Department of Taxation and Finance reminds taxpayers of the fastest and easiest ways to file their tax returns, check their refund status, and receive their money as quickly as possible.

"Meet your tax obligations and check on your refund in the easiest way possible by taking advantage of the convenient and secure resources available 24/7 on the Tax Department website, [www.tax.ny.gov](http://www.tax.ny.gov)," said Acting Commissioner Amanda Hiller. "There's simply no need to waste time on the phone, or at a bank or post office."

### File fast and free

E-filing is safer, faster, and more efficient than sending paper returns through the mail. If your 2022 income is \$73,000 or less, you may be able to take advantage of the Free File program (visit <https://www.tax.ny.gov/pit/efile/> to learn more).

This program allows you to electronically prepare and file both your federal and New York State returns at no cost through the Tax Department website.

Hundreds of thousands of New York State taxpayers take advantage of this truly free service each year, saving them hundreds, if not thousands, of dollars in tax-preparation costs.

Not eligible to Free File? Learn about other e-file options at [www.tax.ny.gov/pit/efile/other-efile-options.htm](http://www.tax.ny.gov/pit/efile/other-efile-options.htm).

### Quickly check your refund status

After submitting a completed return, taxpayers can also quickly view the status of their New York State tax refund any-

time by using the Check your Refund application on the Tax Department website: [www.tax.ny.gov](http://www.tax.ny.gov).

It's the fastest and most convenient way to know when to expect your refund. It's updated daily and provides the same information available to our phone representatives—only without the wait.

You can also find out when your refund will be issued by signing up for Tax Department email alerts. Visit the Tax Department homepage at [www.tax.ny.gov](http://www.tax.ny.gov) and select Subscribe under the Connect With Us heading at the bottom of the page.

### Receive your refund up to two weeks sooner

You'll receive your refund faster if it's directly deposited into your bank account rather than mailed as a paper check.

To use direct deposit, simply check direct deposit on your tax return, then enter your bank's nine-digit routing number and your account number. For checking accounts, this information is available on your checks; for savings accounts, contact your bank.

### Get your questions answered

Tax Department representatives are available from 8:30 a.m. to 4:30 p.m. ET at 518-457-5181 on weekdays.

Before you call, however, consider that the most efficient way to obtain tax filing guidance and information, including answers to common questions, is to visit the Tax Department's website. The department's filing season resource center is a good place to start: <https://www.tax.ny.gov/pit/file/>.

**ROOSEVELT CINEMAS**  
Rte. 9 Hyde Park 229-2000

--STARTS THURSDAY--

**CREED III** PG-13  
**OPERATION FORTUNE:**  
RUSE DE GUERRE PG-13

BACK BY POPULAR DEMAND FRIDAY-- **AVATAR: THE WAY OF WATER** PG-13

--HELD OVER--  
Cocaine Bear (R)  
Ant-Man and the Wasp: Quantumania (PG-13)  
Magic Mike's Last Dance (R)  
Titanic in 3D (PG-13)  
80 For Brady (PG-13)  
Puss in Boots: Last Wish (PG)

**LYCEUM CINEMAS**  
Rte. 9 Red Hook 758-3311

--STARTS THURSDAY--

**CREED III** PG-13

**AVATAR: THE WAY OF WATER** PG-13

--HELD OVER--  
Cocaine Bear (R)  
Jesus Revolution (PG-13)  
Ant-Man/ Wasp: Quantumania (PG-13)  
Marlowe (R)  
The Amazing Maurice (PG)  
80 For Brady (PG-13)  
A Man Called Otto (PG-13)

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# St. Patrick's Day Parade to step off Saturday in Wappingers Falls

## Beale grand marshal of annual gathering

by Rich Thomaselli

He was always behind the scenes. Now, William "Bill" Holohan Beale will get to see what it's like to lead one of Dutchess County's, biggest events from the front.

Beale is as recognizable a name as there is in Dutchess County for his work on the radio with K104, with the county as the Director of Emergency Management, and as a Town of Wappinger councilman. Beale will be this year's grand marshal of the 2023 Saint Patrick's Day Parade in the village of Wappingers Falls on March 4. The parade steps off at 1 p.m.

"Bill is part of the fabric of Dutchess County," said Jack Fedigan, a former grand marshal himself and now one of the committee members for the parade. "He's done so much for this parade, that it was a no brainer."

Indeed, Beale has done copious amounts of work on behalf of the parade, including the MC of the Emerald Ball, which is held about a week before the event. Beale has been the parade's Master of Ceremonies for the past 25 years.

"We figured we'd give him off from that this year," Fedigan quipped.

Instead, another local radio personality, Joe Daily, hosted the ball, which was held on Feb. 18.

"Billy does a lot for the Irish commu-

nity and does a lot for the county in general," Fedigan remarked.

Beale, 46, is a hometown guy with roots deep in Dutchess County. He grew up in the town of Wappinger and went to schools in the Wappingers Central School District. He even graduated from Marist College in the town of Poughkeepsie. Beale and his wife, Erin, have two sons, Liam and Sean. Beale's father, John Beale, has deep and long connections to the parade.

"I like to say that his father married a Holohan," Fedigan said, "So, Billy is Irish through and through." Scholarships are awarded each year in honor of Beale's late mother, Katherine Holohan Beale, by the parade committee.

The younger Beale was first elected a councilman in the town of Wappinger in 2006 and has been re-elected eight times. He is also serving his fourth term as Deputy Town Supervisor. He still actively serves the town with the Hughsonville Fire Department after 30 years.

But most people know him as the news voice for the number one morning radio show in Hudson Valley.

"I had no idea I was even ever nominated," Beale said of being named Grand Marshal of the parade. "To say that I am honored, would be an understatement."

For more information, visit [www.dcsppc.org](http://www.dcsppc.org).



The 2023 Grand Marshal of the annual Dutchess County St. Patrick's Day Parade is Bill Beale, right, seen here with his father, John Beale, at a previous year's parade. The annual St. Patrick's Day Parade will take place March 4 in Wappingers Falls. Courtesy photo

## Residents advised to take precautions and avoid encounters with coyotes

The Dutchess County Department of Behavioral & Community Health (DBCH) continues to advise residents to be aware of continued reports of coyotes exhibiting bold/aggressive behavior in the Towns of Poughkeepsie and Hyde Park, notably in areas just north of the Mid-Hudson Bridge to the Hyde Park Drive-In Theater, as well as the City of Poughkeepsie.

The New York State Department of Environmental Conservation (NYS DEC) has determined that these behaviors are consistent with coyotes being fed intentionally or unintentionally, creating an increase in coyote encounters. Residents should not leave out food (including for pets) or otherwise attempt to feed coyotes or other animals outdoors.

Additionally, the New York State Department of Environmental Conservation (NYS DEC) coyote conflict guidance advises that January through March is the breeding season for coyotes in New York State. Pup-rearing season extends beyond that into the summer. Coyotes are more territorial during this period and there are increased risks for conflicts.

DBCH reminds residents to avoid contact with wild animals. Do not approach!

The NYS DEC recommends the following precautions:

- DO NOT approach or have contact with wild animals, as they may be rabid.
- Do not feed coyotes.
- Make garbage inaccessible.
- Remove outside food sources including pet food and bird seed. Pet food and

garbage attract coyotes and other wildlife, including rodents, and increase risks to people and pets.

• Be alert of your surroundings and take precautions such as carrying a flashlight or a walking stick to deter coyotes.

• Be mindful of children and pets while outdoors. Do not let pets run free.

• Do not allow coyotes to approach people or pets. If you see a coyote, be aggressive in your behavior: stand tall and hold your arms up or out to look as large as possible. If a coyote lingers for too long, make loud noises, wave your arms and throw sticks and stones.

Report coyotes exhibiting bold behaviors (approaching people for food, attacking leashed pets with owners, chasing joggers or bikers, etc.) or repeatedly seen during the daytime in a human-populated area or near residences to the NYS DEC Bureau of Wildlife at 845-256-3098. Please note that seeing a coyote occasionally is not evidence of bold behavior.

Residents should contact their local police department in the case of an emergency.

If there is any physical contact between a coyote and a person or pet, report the incident to DBCH as soon as possible at: (845) 486-3404 Monday through Friday, 9 a.m. to 5 p.m. (845) 431-6465 on nights/weekends/holidays

For more information on coyote encounters and prevention methods visit the NYSDEC website. DBCH provides additional information on potential rabies exposure at [dutchessny.gov/rabies](http://dutchessny.gov/rabies).

## NOW HIRING:

### Savvy intern who can make TikTok hits

The New York Press Association, the trade association for newspapers in New York, is seeking a talented college creator to be our chief TikTok officer for the summer.

The internship will pay a net take-home stipend of \$2600 and weekly schedules/work hours are negotiable.

We are seeking a candidate who uses the app daily and understands what resonates. Interested candidates should send a letter of interest to [doug@nynewspapers.com](mailto:doug@nynewspapers.com) explaining their qualifications and expertise. Include the name of the college you attend, expected year of graduation, and the names of three references — at least one of whom is one of your professors or instructors. Attaching sample videos encouraged.

Application deadline is April 1, 2023.



# COMMUNITY CALENDAR

## Men's Bible Study

### offered at Hyde Park Baptist Church

The Hyde Park Baptist Church, at 10 Romans Road (off Route 9G) in Hyde Park holds Men's Bible Study on Wednesday evenings at 7 p.m. All men are welcome. For more information contact the church at (845) 229-9150 or email [hpbchurch@optonline.net](mailto:hpbchurch@optonline.net).

## Lyall Church in Millbrook offers programs

The Anti-Racist Study Group has been meeting for several years. We currently meet on Mondays, at 12:30 p.m. by Zoom. We invite anyone to join us who wants to explore the issues of race and caste in our country, issues that will not go away or improve unless we face them together. Our study group is welcoming and hospitable. We have a great time as we continue to learn a lot. We also are happy to include new members. Contact Cat Greenstreet ([catgreenstreet@gmail.com](mailto:catgreenstreet@gmail.com)) or Pastor Thom if you're interested.

Lyall will continue to hold its Lyall Lunch on the second and fourth Thursdays of the month at 11:30 a.m. Everyone welcome.

Two other ongoing programs at Lyall are Meals on Wheels at Millbrook and Food For Folks Food Pantry (emergency support). The service area of both these programs is limited to the Town of Washington Village of Millbrook.

## Upcoming events at Historic Red Hook

Soup Night at the Elmendorph Inn, Saturday, Mar. 4. Seatings at 5:30 and 6:30 p.m., 7562 North Broadway, Red Hook.

Join Historic Red Hook for a cozy winter evening enjoying a variety of homemade soups in the historic Elmendorph Inn. Space is limited, so guarantee your seat by reserving tickets in advance. Tickets are \$15/ a person online and will be \$20/ a person at the door. Tickets are \$10 for Children 10 and under. Tickets include two mugs of soup along with salad, bread, and a non-alcoholic beverage. Reserve a ticket at <https://www.historicredhook.org/upcoming-events/soup-night>. Or make a reservation by calling 845-546-9668 or emailing [reserve@historicredhook.org](mailto:reserve@historicredhook.org).

Author Talk: Thomas Summerhill, Harvest of Dissent: Agrarianism in Nineteenth-Century New York, Wednesday, March 22, 7 p.m. on Zoom

Free program; register to receive a Zoom link at [www.historicredhook.org/register](http://www.historicredhook.org/register).

Thomas Summerhill is a professor at Michigan State University. His book, Harvest of Dissent: Agrarianism in Nineteenth-Century New York, focuses on farmers' creative and radical organization, such as the Anti-Rent and Grange movements, in the face of social, political, and economic transformations of the 19th century.

## Northern Dutchess Democrats to hold panel March 5 at Stissing Center

Northern Dutchess Democrats (the Democrats of Clinton, Millbrook, Milan, Pine Plains and Stanford) will host a panel discussion with Congressman Pat Ryan (invited), State Sen. Michelle Hinchey and Assemblymember Didi Barrett on Sunday, March 5, from 3 to 5 p.m., at The Stissing Center, 2950 Church St., Pine Plains. Moderating the discussion will be Michael Dupree, Chairman of the Dutchess County Democratic Committee.

## Now's the Right Time

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Solar panels sold separately.

Wine and snacks will be available. RSVP to [StanfordNYDems@gmail.com](mailto:StanfordNYDems@gmail.com).

## O'Neill to present State of the County March 8

Dutchess County Executive William F.X. O'Neil will present his 2023 State of the County Address on March 8 at 5:30 p.m. at The Culinary Institute of America in the Marriott Pavilion Ecolab Auditorium in Hyde Park. RSVP by March 6 at [www.dutchessny.gov/RSVP](http://www.dutchessny.gov/RSVP).

## Gardening presentation set March 8 at Morton Library

Dirty Gaia will present "Ask A Gardener: A Food Growers Roundtable" at Morton Memorial Library, 82 Kelly St., Rhinecliff, on Wednesday, March 8, from 6 to 7:30 p.m. Visit [dirtygaia.org](http://dirtygaia.org) to register and for more information.

## Pleasant Valley Repair Cafe set March 11

Another Repair Cafe will take place at the Pleasant Valley Town Hall, 1554 Main St. (Route 44), Pleasant Valley on Saturday, March 11, from 10 a.m. to 2 p.m. Bring your broken items, clothing, sweaters, jewelry, computers, video devices, small appliances, lamps, toasters, etc. to be repaired by our wonderful fixers. No welding until the weather is warmer. Clothing alterations are NOT accepted. Join the fun and get a cup of coffee or tea and delicious home-baked goods while you wait.

## Take-out Corned Beef & Cabbage Dinner at Stanford Grange

Stanford Grange #808 will host its Annual Corned Beef & Cabbage Dinner on Saturday, March 11, at the Stanford Grange Hall, 6043 Route 82, Stanfordville. All dinners are take out only at 5 p.m. The menu will consist of corned beef & cabbage, boiled potatoes, carrots, homemade Irish soda bread, and shamrock pudding for dessert. Donation is \$17 per dinner. Drive to the back door of the Grange Hall, pay for your dinner, get your food through your car window, and take it home to enjoy. For reservations (which are a must as we will sell out), call Grange Secretary Ryan Orton at (845) 868-7869.

## Pleasant Valley Library to screen Attenborough documentary

On Tuesday, March 14, at 6 p.m., the Pleasant Valley Library will screen "EXTINCTION: The Facts," a 2020 documentary film by the natural historian David Attenborough which aired on the BBC. It depicts the continuing sixth mass extinction, caused by humans, and the consequences of biodiversity loss and climate change. Brought to you by Pleasant Valley Climate Smart and the Pleasant Valley Library. Registration is required; call the library at (845) 635-8460 to register.

## Soup Sale set in Rhinecliff

The Rhinebeck Grange will sponsor the final winter Soup Sales on Thursday, March 16, from 11 a.m. to 12:30 p.m., at the Rhinecliff Firehouse, at the corner of Shatzell Avenue and Orchard. Soup is sold by the Quart for \$10 per quart. Take-out only. Pick up at side window on Orchard St. Email [JoBaer2@gmail.com](mailto:JoBaer2@gmail.com) to be emailed the soup choices for each month and pre-order online.

## Pleasant Valley Community Garden Project to meet March 16

On Thursday, March 16, from 6 to 8 p.m., the Pleasant Valley Community Garden Project will meet at the Pleasant Valley Library (1584 Main St./Route 44, Pleasant Valley). Join the Community Garden Initiative led by PV Climate Smart, Cornell Cooperative Extension, Master Gardeners, and town residents. Learn about gardening, the importance of growing healthy food, help feed the hungry, the food pantry and the community. Registration is required; call the library at (845) 635-8460.

## Salt Point church to offer take-out St. Patrick's Day dinner on March 17

The Westminster Presbyterian Church, at 1872 Salt Point Turnpike in Salt Point, will offer a take-out Corned Beef Dinner on Friday, March 17, from 4 to 6 p.m. Take-out reservations are required, and there will be no inside dining. The menu will include corned beef, potatoes, carrots, cabbage, Irish soda bread and cookies. The cost is \$15 for adults, \$14 for seniors (62+) and children younger than 12. For reservations and more information, call Jeanne at (845) 266-8233 or (845) 797-9621.

## Pine Plains FFA Farm Toy Show

The Pine Plains FFA will be holding its 29th Annual FFA Toy Show and Auction, on Saturday, March 18. The doors will open at 9 a.m. and the auction will begin at 2 p.m. The Toy Show will be held in the High School Gym of the Stissing Mountain High School. The school is located at 2829 Church St. (Route 199) in Pine Plains.

Proceeds from the Event and Auction will benefit the Pine Plains FFA members. There will be a Pedal Tractor Pull at noon; prizes will be awarded. Admission is \$3 and children under 5 are free. Lunch is available and vendors are welcome (with advance registration). Call John Boadle at (845) 868-7515 with any questions.

## Vanderbilt Garden Association sets volunteer information meeting for March 19

Those interested in finding out more information about volunteering at the F.W. Vanderbilt Garden in Hyde Park are invited to a Garden Kick-off Meeting on Sunday, March 19, at 2 p.m., at the Wallace Center at the Franklin D. Roosevelt Historic Site Visitor Center.

The Frederick W. Vanderbilt Garden Association is looking for volunteers to perform all tasks required to plant and maintain the garden. No gardening expertise is needed; volunteers will train as the work.

Volunteers must be age 18 or older and be able to perform, at minimum, basic physical labor such as bending, kneeling and carrying buckets.

Garden work is done during the spring, summer and fall months on Saturday, Tuesday and Thursday mornings from 8:30 a.m. to noon. Volunteers are welcome to work as often and on any days that suit their schedule.

Those who are unable to attend the Kick-off Meeting can get more information at [info@vanderbiltgarden.org](mailto:info@vanderbiltgarden.org), by visiting [www.vanderbiltgarden.org](http://www.vanderbiltgarden.org) or calling (845) 229-6432.

## Meeting schedule for County's Mental Hygiene Board

The Dutchess County Mental Hygiene Board will hold its regularly scheduled meeting on Monday, March 20, at noon, at the Community Mental Health Center located at 230 North Road, Poughkeepsie.

The Dutchess County Mental Hygiene Board meets on the third Monday of each month except for January, February and June (which due to holidays are held the fourth Monday of those months) and there is no meeting in August.

Upcoming meetings will take place on April 17, May 15, June 26, July 17, Sept. 18, Oct. 16, Nov. 20, and Dec. 18.

The public is welcome to attend. For more information, contact (845) 486-2754.

## ONGOING

**Thrift shop in Red Hook:** The "New to You" Thrift Shop at 30 Benner Road has opened. Sales will benefit St. Christopher and Good Shepherd Church. Four rooms to roam through; items include books, crafts, CDs, tapes, housewares, home décor, clothing and more. Hours: Thursdays, 11-4 and Saturdays, 10-2 (and Saturday donations).

**Volunteers needed for OFA's Friendly Calls program:** The Dutchess County Office for the Aging (OFA) is reaching out to older adults who are isolated and would like some type of social connection, somebody to talk to for 20-30 minutes a week. OFA's Friendly Calls program is looking for volunteer callers to reach out to our older adults. It's a simple program at its core: neighbors talking to neighbors in a short, structured conversation. OFA screens both the volunteer callers as well as the people being called. You'd be talking to somebody who lives alone, is isolated, and has expressed an interest in staying socially connected. Volunteers would start out calling from OFA headquarters in Poughkeepsie, but we envision the program becoming something a volunteer can do from home if that's what they prefer. Adult volunteers of all ages are welcome. If you're interested in taking part as a volunteer caller, email [bjones@dutchessny.gov](mailto:bjones@dutchessny.gov) or call (845) 486-2555.

## SEND US YOUR NEWS:

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## OPEN POSITION ON RHINEBECK VILLAGE TREE COMMISSION

Rhinebeck Village Clerk Martina McClinton announced an opening on the Village's Tree Commission. This group of volunteers is responsible for planting street trees every spring and summer and reviewing residents' requests for tree removal and pruning, after evaluating the tree's health. Those who care about the Village's urban forest and enjoy getting out and getting their hands dirty is invited to send a letter of interest and/or a resume to the Village Clerk at [mmcclinton@villageofrhinebeckny.gov](mailto:mmcclinton@villageofrhinebeckny.gov) by April 1.

## Tour, program set March 12 at Church of the Messiah

The Chancellor Livingston Chapter, NSDAR, Rhinebeck, invites the public to an open meeting, program and tour on Sunday, March 12 at 2 p.m. at the Church of the Messiah, 6436 Montgomery Street (Route 9), in Rhinebeck.

Rev. Richard McKeon will present a program entitled "Church of the Messiah: History, Beauty, Service" and will lead a tour of the historic Gothic Revival stone church, designed by New York City architects Hopper & Koen.

There are many magnificent stained glass windows, including works by

Tiffany and a custom built Skinner Organ with three stories of pipes and tubular chimes, donated by Vincent Astor in memory of his father John Jacob Astor IV.

John Jacob Astor, church warden for many years, was a great benefactor for the 19th Century construction on land donated by the Suckley (Wilderstein) and Miller (The Grove) families. Col. Astor's body was recovered after the sinking of the Titanic and his funeral service was held in Rhinebeck at the Church of the Messiah.

# New projects, programs and opportunities in gardens of Roosevelt, Vanderbilt sites

2023 will be a banner year in the many gardens of the National Park Service in Hyde Park. The common thread that weaves through Roosevelt's remote Top Cottage, the Gilded Age glamour of the Vanderbilt mansion, peaceful Val Kill and the great neighboring Hudson River estates of the Roosevelt's and Newbold's is that they were all occupied by tree huggers and plant lovers.

This year, the park that includes all these great properties will have something new for visitors to see or do in each garden and many projects to engage new community volunteers.

The Roosevelt Home vegetable garden will add visitor tours and educational programming related to the Roosevelt's legacy of sustainable food gardening and social justice. The neighboring rose garden and presidential gravesite will undergo the design and engineering phase for repairs and improvements to best reflect the Roosevelt family's idyllic Hudson River estate garden. Needed improvements will be designed for the paths, flower beds, lawns, and irrigation system -- all of which will honor Franklin Roosevelt's original design for his final resting place.

Next door, at the Bellefield Mansion, The Beatrix Farrand Walled Garden is getting a major addition to its exterior: the implementation of Farrand's concept for a Wild Garden surrounding the walls and hedges of her original formal garden design. This beautiful new planting will create Farrand's desired tension between the formal garden and the natural world, featuring native plants and serving as a living classroom for ecological garden design and maintenance practices.

At the Vanderbilt Mansion Formal Gardens, The Historic Preservation Training Center (HPTC) will be hard at work dismantling and rebuilding brick walls and staircases. The HPTC is a division of the National Park Service that uti-

lizes historic preservation projects in National Parks as the main vehicle for teaching preservation philosophy and building crafts.

Visitors to the Vanderbilt gardens will also see the beautiful new garden finials which replace the historic finials that decorated the greenhouse paths in the Gilded Age but have been weathered beyond recognition by the elements over time.

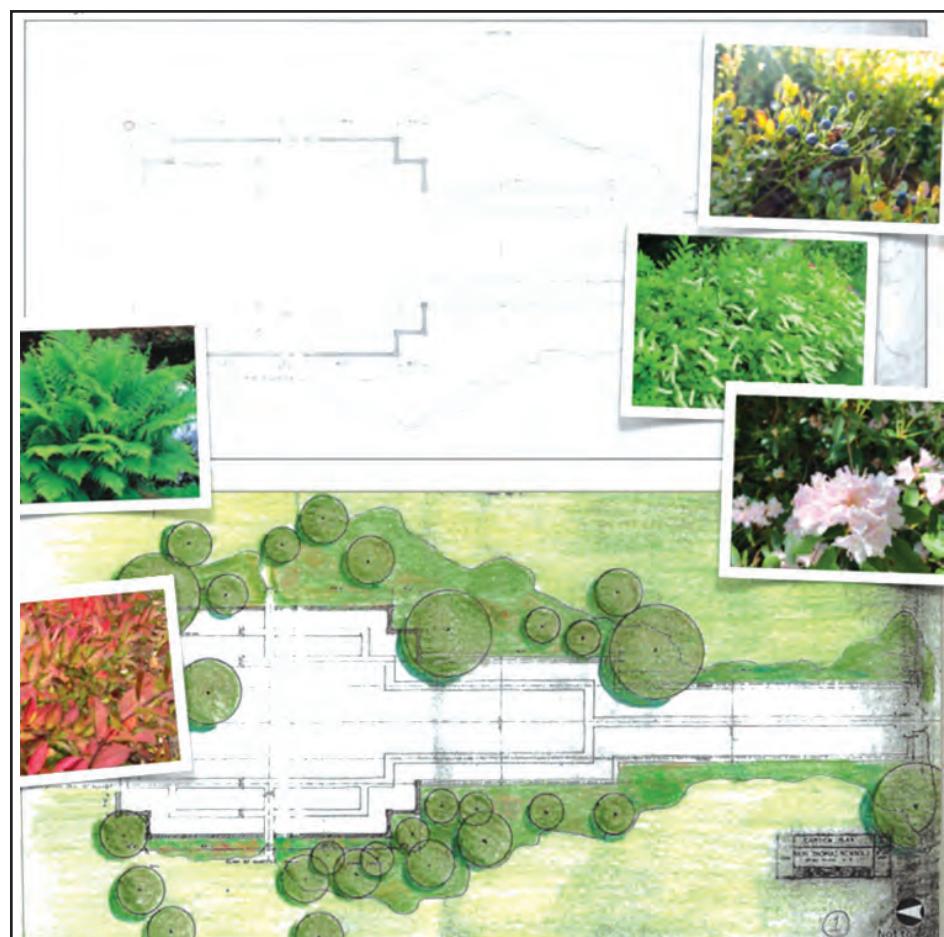
On the eastern side of the park, the Val Kill landscape at the Home of Eleanor Roosevelt NHS will offer experiences in celebration of the 75th anniversary of the Universal Declaration of Human Rights, which Eleanor Roosevelt considered to be one of her most significant life accomplishments. Whenever she was at home at Val Kill, she sought quiet reflection on a short woodland trail that she walked daily, alone or with a family dog.

In 2023, this trail, called "Eleanor's Walk," will be enhanced with contemplative prompts for visitors to experience in honor of Roosevelt's human rights efforts. In addition, there will be an outdoor exhibit of the Universal Declaration of Human Rights in the walled garden of the Stone Cottage, with each article displayed for visitors' consideration. Val Kill is where Eleanor Roosevelt continually restored her energy to do the important work she undertook in her lifetime, and it continues to serve this purpose for today's visitors.

The gardens and landscapes at the Roosevelt Vanderbilt National Historic Site are free and open to the public daily. Community volunteers play a critical role in the preservation of each of these landscapes. If you are interested in becoming involved in the gardens, please join the NPS Horticulturists for a Garden Volunteer Information Meeting on March 21 at 10 a.m. at the Henry Wallace Visitor Center of the Home of Franklin D. Roosevelt, Route 9, Hyde Park. To register contact anna\_dcordova@nps.gov.



Above: Volunteers work in the Roosevelt Vegetable Garden. Below, the Loggia at Val-Kill. Bottom: The plan for the Wild Garden at the Vanderbilt National Historic Site. Photos courtesy of the National Park Service



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# Creative Living

celebrating all good things

## Prog-rock band Nektar brings its Music & Light Theatre to Pawling

Nektar, one of the bands that developed what became known as progressive rock, will bring their Music & Light Theatre to Daryl's House Club, 8 p.m. The band is celebrating the 50th anniversary of their landmark recording, "Remember the Future," by playing the album in its entirety, along with selections from their extensive catalog and from their latest release, "The Other Side." Their performances also feature a spectacular light show.

Tickets are \$25-\$45. Visit [www.darylsouseclub.com](http://www.darylsouseclub.com) or call (845) 289-0185 to purchase.

For more than 50 years, Nektar has taken legions of fans on audio-visual journeys to far reaches of the universe and the depths of the ocean with their

immersive blend of sight and sound. In 2023, the band celebrates the 50th anniversary of the release of "Remember the Future," performing the iconic album in its entirety at each show.

"It's wonderful to be out on the road playing for our old and new fans," says founding member Derek 'Mo' Moore, "sharing classic material from 'Remember the Future' and other early recordings, and introducing them to the sounds of our most recent album 'The Other Side.'"

Nektar has captured the imagination and admiration of listeners the world over with their multi-media concerts, melding a jam-band vibe with superb musicality and a visual cornucopia that perfectly complements each performance.



Prog-rock pioneers Nektar return to Daryl's House Club in Pawling on March 8. Courtesy photo

## Mini-Festival #3 at County Players March 3-5

County Players, one of the longest running community theater companies in the area, will present the Mini-Festival #3 in the CP2 Series Readers Theatre on March 3-5 at County Players Falls Theatre, 2681 W. Main, Wappingers Falls.

Reserved seating is \$15/reading, \$20 to attend both readings on the same weekend, and are available online or in advance at the door. Visit [countyplayers.org](http://countyplayers.org) and at the top of the main page select BUY TICKETS. Ticket options are limited to mobile/digital or print-at-home only, as no printed tickets will be available for "will call" until further notice.

Reading #1- "Constellations," by Nick

Payne, directed by Christine Crawfis One relationship. Infinite possibilities. A story of love, honey, and a quantum multiverse. Moment by moment, can everything you've ever and never done exist in the same vortex of reality?

Friday, Mar 3 at 8 p.m.  
Saturday, March 4, 4 p.m.

Reading #2- "Ada and the Engine," by Lauren Gunderson, directed by Parker Reed. As the British Industrial Revolution dawns, young Ada Byron Lovelace sees the boundless creative potential in the "analytic engines" of her friend and soulmate Charles Babbage, inventor of the first mechanical computer. Ada envisions

a whole new world where art and information converge. Jane Austen meets Steve Jobs in this poignant pre-tech romance heralding the computer age.

Saturday, March 4 at 8 p.m., Sunday March 5 at 2 p.m.

Please be advised that currently proof of vaccination is no longer required for

audience members, and masks are optional, but are strongly encouraged. Visit [countyplayers.org/covid-19-policy](http://countyplayers.org/covid-19-policy).

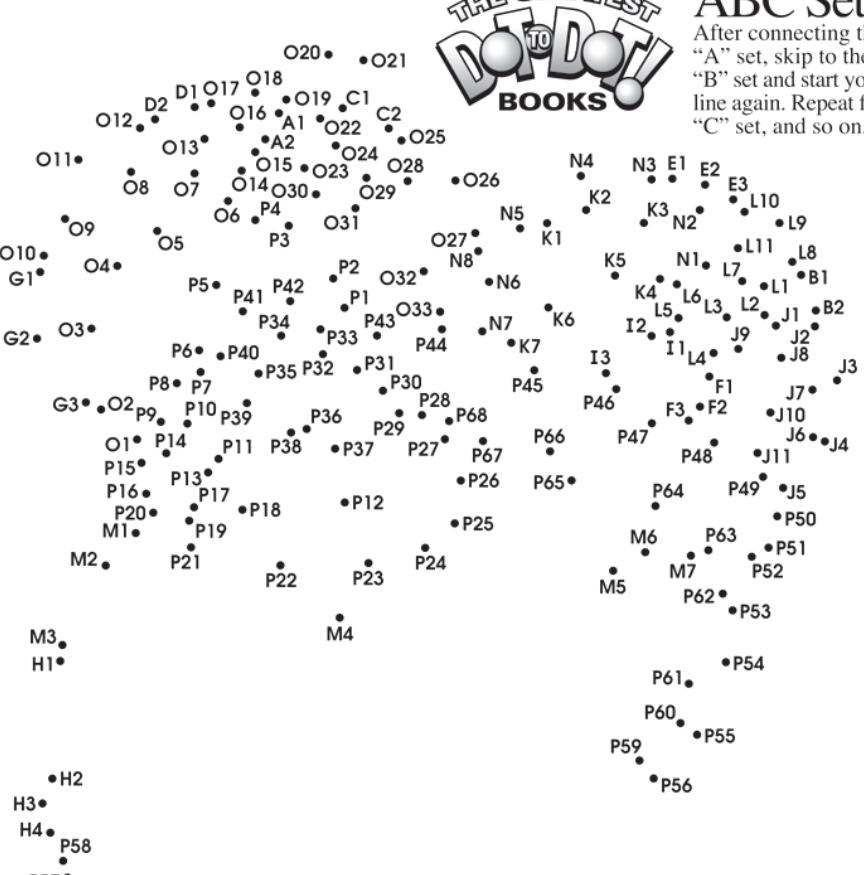
Accessibility: If you require wheelchair accessibility, please contact our Box Office at 845-298-1491.

### DOT-TO-DOT PUZZLE

See page 17 for finished puzzle (no peeking!)

#### ABC Sets

After connecting the "A" set, skip to the "B" set and start your line again. Repeat for "C" set, and so on.



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f



# Javits Center's Rooftop Garden

New York City legislators get a lesson in urban agriculture

"Don't try to steal an apple from this orchard," warned Liz Morrow. "We've installed 3,000 security cameras." That's 79 cameras per tree – 32 apple and 6 pear trees.

This orchard is on the roof of the Jacob K. Javits Center in Manhattan, built in 1986 on top of the Lincoln Tunnel and covering a massive 3 million square foot space. In 2021, a new addition added another million square feet of event space, and as part of its LEED gold certification, a "green roof" and a rooftop farm. (L.E.E.D. Stands for Leadership in Energy and Environmental Design).

New York Farm Bureau members toured the roof during our trip to educate New York City legislators about farming issues. Urban agriculture is trending right now, and it better be, since if these city politicians keep throwing roadblocks (in some cases, literally) to upstate farmers, all their food will have to be grown in the five boroughs.

And they're off to a good start. The farm on top of the Javits Center produced 40,000 pounds of produce last year, 100 pounds of honey from their nine beehives, and ten bushels of apples. (The pears didn't work out). The beehives are home to a total of a million bees. Our guide Liz Morrow gave each of the visitors a small jar of Javits Center honey, supposedly organic, but who knows where those bees get their nectar. The farm is managed by an outfit called Brooklyn Grange, which runs other rooftop farms, including one in Long Island City where Sue and I enjoyed a

home-grown dinner ten years ago.

The farm at the Javits Center covers one acre, on 18 inches of "soil," plus the orchard with three feet of "soil" - actually lightweight perlite and peat moss mix.

The rooftop harvest includes lots of leafy greens, plus carrots, beets, tomatoes, cucumbers, even melons. Some of the vegetables are pickled for off-season consumption. Of course, nothing was growing during our February visit, except for a gorgeous stand of redcross butterhead lettuce in the rooftop greenhouse.

The green roof covers an additional seven acres, planted with perennial sedum. Fifty species of birds and three of bats call the green roof home. Seven million gallons of rainwater is absorbed by the roof instead of running into the storm sewers. You can watch activity on the roof through a live camera – google "Javits center green roof." You can also book tours of the roof and the farm.

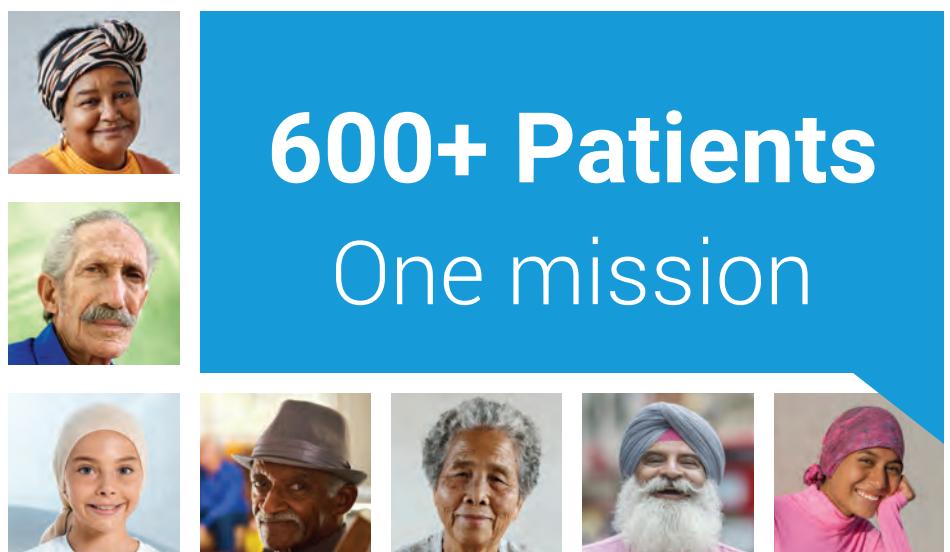
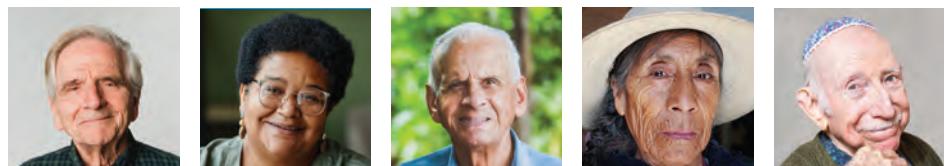
Our group met with Quiana Mickie, director of the brand new Mayor's Office of Urban Agriculture. Quiana is in charge of 600 community gardens throughout the five boroughs plus lots of small rooftop green spaces. Her first job is to put together an ag report of all the food produced in the city. My guess is that it won't be enough to feed eight million people.

But it's a start.

*Mark Adams is an agricultural advisor to the Dutchess County Executive, Dutchess County B.O.C.E.S. and Cornell University.*



Lettuce in the Rooftop Greenhouse. Below: Beehives on the roof.  
Photos by Mark Adams



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# Diversions

## SUDOKU

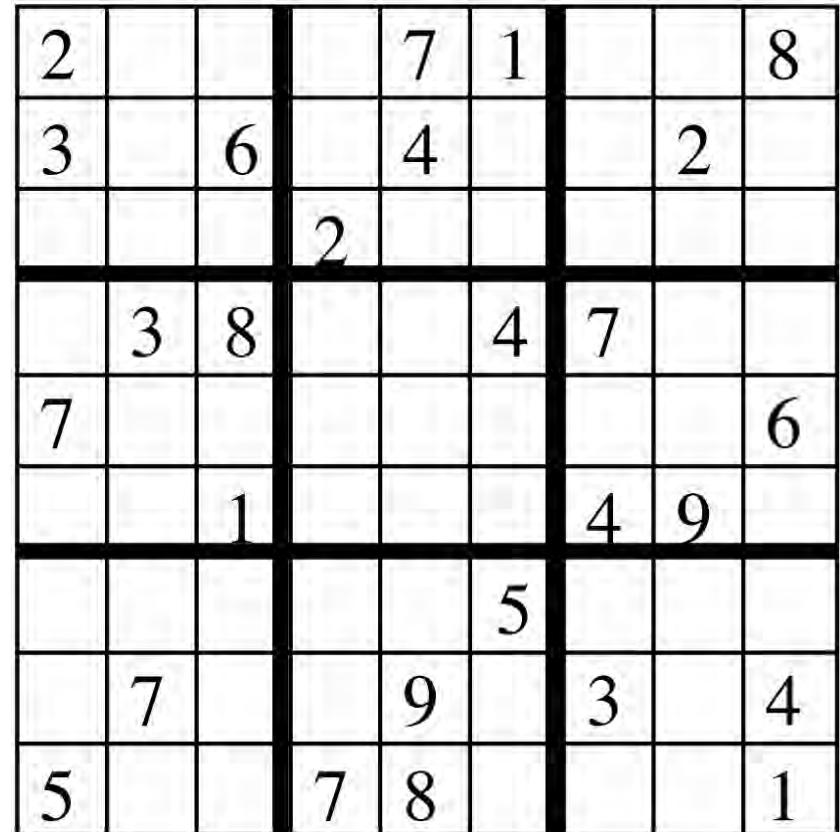
Sudoku requires no arithmetic skills.

The object of the game is to fill all the blank squares with the correct numbers.

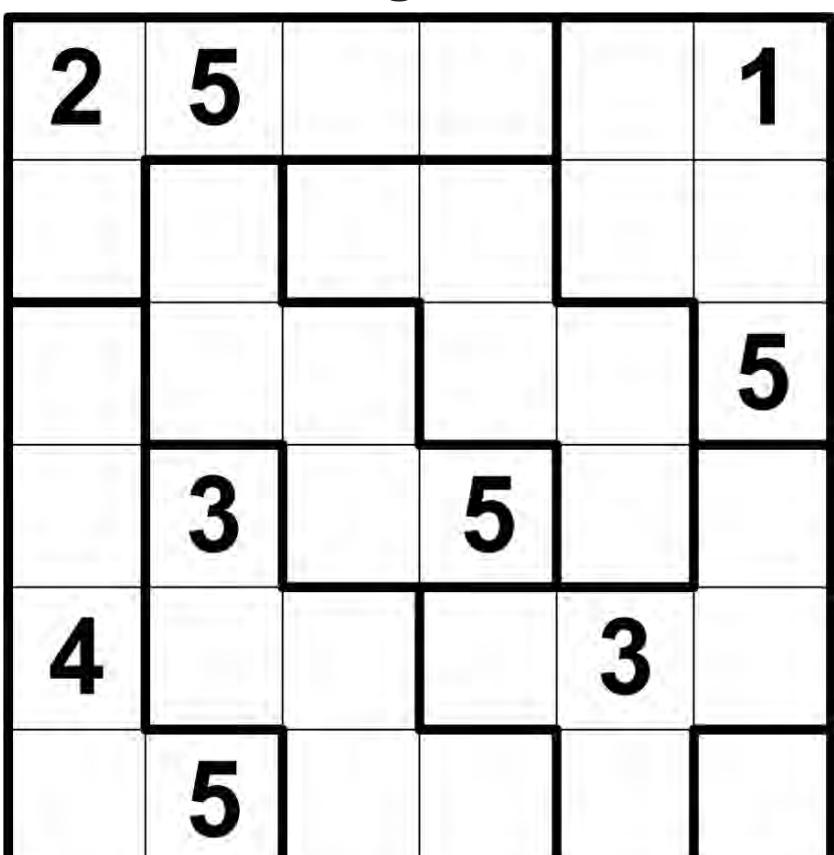
Each row of 9 numbers must include all digits 1 through 9 in any order.

Each column of 9 numbers must include all digits 1 through 9 in any order.

Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.



Suguru



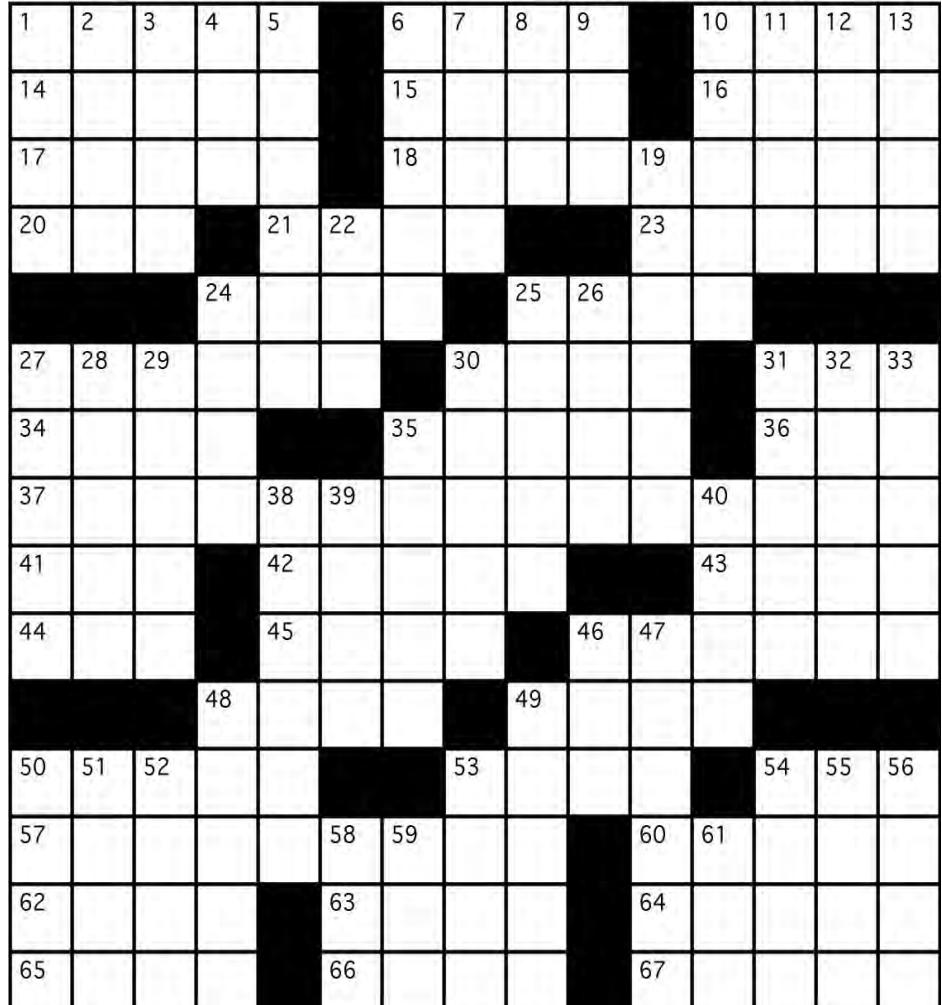
The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

### ACROSS

- Staircase parts
- Branch
- Lose one's footing
- Dissect
- Exchange fee
- purpose; pointlessly
- Stadium
- Secret Service agent
- Hosp. floor supervisors
- Opening
- South American range
- Actress Deborah
- Shed
- Gratify
- Poi source
- Bakery purchase
- Like meringue
- Carrier
- Social insect
- "Get real!"
- Last queen of Spain
- Upper crust
- Regal address
- Draft board: abbr.
- City in the Silver State
- Landlord
- Prudent
- Stop
- Well-known
- Pop
- Caesar, for one
- Math, English, etc.
- Boxing champ's award
- Melody
- vera
- Brontë or Dickinson
- Willow or wisteria
- Information
- Challenges

### DOWN

- Operation memento
- Revolve



The solutions to both the Sudoku & Crossword puzzles can be found on page 17

# A&E Calendar

arts and entertainment happenings

**March 2: Elvis Costello & The Imposters**, UPAC, 601 Broadway, Kingston. Among his 600 published titles, Costello is perhaps best known for the songs, "Alison," "Pump It Up," "Everyday I Write The Book," while a popular concert favorite is Nick Lowe's ever-timely "(What's So Funny 'Bout) Peace Love and Understanding." For the last 20 years he has toured and recorded with The Imposters – Steve Nieve, Pete Thomas and Davey Faragher, 7:30 p.m. Tickets start at \$79 (Members get \$5 off). Purchase at Bardavon (845-473-5288) and UPAC (845-339-6088) box offices or email at [boxoffice@bardavon.org](mailto:boxoffice@bardavon.org). Courtesy photo



## EXHIBITIONS

**Arts Mid-Hudson Gallery**, 696 Dutchess Turnpike, Suite F, Poughkeepsie. **Through March 9:** "Peg Leg Bates: The Performance Years," using posters, photos and text, the exhibit will explore dancer Peg Leg Bates' performing life through the experience of being a Black performer in vaudeville in the United States and beyond during the Jim Crow into the Civil Rights and post-Civil rights eras. [www.artsmidhudson.org](http://www.artsmidhudson.org)

**Cunneen-Hackett Arts Center**, 9 & 12 Vassar St., Poughkeepsie. **March 2-April 28:** Featured are the works of Penny Dell in the Victorian Gallery at 9 Vassar St., and Archil Pichkhadze in the Hancock Gallery and Logan Lesley in the Reception Gallery at 12 Vassar St. **Free Public Art Opening Receptions:** Fri., March 10, 5-7 p.m. [cunneen-hackett.org](http://cunneen-hackett.org) or (845) 486-4571

**Live 4 Art Gallery**, 20 Charles Colman Blvd., Pawling. **March 4-25:** "Story Tellers," features six artists whose work expresses and interprets their lives: photographers Lonna Kelly and Terry Ariano, painter Carol-Lee Kantor, mixed media artist Donna Castelluccio, multi-media artist Wendy Alvarez and the late painter/montage artist Karen Presser. **Opening reception:** Sat., March 4, 2-4 p.m. Artist talks scheduled throughout the month. (845) 216-1893

**Morton Memorial Library & Community House**, 82 Kelly St., Rhinecliff. **Through March:** The 2023 Morton Talent Show Art Exhibition, works created by local artists. (845) 875-2903

**Olana State Historic Site**, 5720 Rte. 9G, Hudson. **Through March 26:** "Chasing Icebergs: Art and a Disappearing Landscape," shown primarily in the Sharp Family Gallery at Olana, the exhibition highlights Frederic Church's iceberg sketches from his 1859 intrepid voyage to the Arctic. (518) 751-6879 or [olana.org](http://olana.org)

**Olive Free Library Association**, 4033 Rte. 28A, West Shokan. **Through March 4:** "I Dreamed a Garden," showcasing the works of the 15 member artists of LongReach Arts, a Hudson River Valley artist cooperative. **Artists' meet & greet:** Sat., March 4, 2:30-4 p.m. (845) 657-2482 or [olivefreelibrary.org](http://olivefreelibrary.org)

**Rhinebeck Bank**, 6414 Montgomery St., Rhinebeck. **Through April 21:** Photography exhibit by Staatsburgh resident Arnie Goran. Photography on display at the exhibit will be available for sale. All proceeds will be donated to Circle of Friends for the Dying, a comfort care home located in Kingston.

**Tivoli Artists Gallery**, 60 Broadway, Tivoli. **Through March 19:** "Winter's Passing – Transitions," works ranging from images of graphic bare woods that describe wintry land forms, to landscapes inspired by storms, vistas and changing light. Interior images, still life images created during winter, and abstract works that respond to the colors, textures and mood of the season. Winter Hours: Fri. 5-8:30 p.m., Sat. noon-8 p.m., Sun. 1-5 or by appt. (845) 757-2667 or [tivoliartistsgallery.com](http://tivoliartistsgallery.com)

## ATTENTION ART GALLERIES

Email exhibition listings to  
[creativeliving@sduchesternews.com](mailto:creativeliving@sduchesternews.com)

**March 3: Morton's Celebration of Community Talent Show**, Morton Memorial Library & Community House, 82 Kelly St., Rhinecliff. An evening to celebrate the talents of the community, friends and family, starts at 6:30 p.m. \$5 suggested donation. Refreshments available. [sandy@mortonrhinecliff.org](mailto:sandy@mortonrhinecliff.org)

**March 3-5: "Doubt,"** The Center for Performing Arts at Rhinebeck, 661 Rte. 308, Rhinebeck. The New Deal Creative Arts Center presents John Patrick Shanley's brilliant and powerful drama set in 1964. Sister Aloysius, a Bronx school principal, takes matters into her own hands when she suspects Father Flynn of improper relations with one of the male students. Performances: Fri. & Sat., 8 p.m.; Sun., 3 p.m. Visit [www.centerforperformingarts.org](http://www.centerforperformingarts.org) or call (845) 876-3080 for tickets and more information.

**March 4: Coffeehouse Performance by Janie March**, Unitarian Fellowship, 320 Sawkill Rd., Kingston. The Kingston Chapter of the Hudson Valley Folk Guild presents Janie March as part of its 2022-2023 Coffeehouse Series, 7:30 p.m. Admission \$7. (617) 529-2283 or [HVFGKingston2@hudsonvalleyfolkguild.org](mailto:HVFGKingston2@hudsonvalleyfolkguild.org)

**March 4: "Meltdown" Film Screening**, Hudson Hall, 327 Warren St., Hudson. Timely documentary (Fredric Golding, 60 min., 2021) that merges art and science as it follows acclaimed photographer Lynn Davis and climate scientist Anthony Leiserowitz, Ph.D. to the town of Illulissat, Greenland, considered the "Ground Zero" of climate change, 4 p.m. Tickets \$14 GA, \$10 for members of The Olana Partnership, Hudson Hall, Upstate Films, and Basilica Hudson. A Q&A with Lynn Davis and Anthony Leiserowitz will follow the film's screening. Purchase tickets at <https://hudsonhall.org/event/meltdown>

**March 5: Howland Chamber Music Circle Piano Festival presents Gabriela Martinez**, Howland Cultural Center, 477 Main St., Beacon. Closing the 30th piano festival is Venezuelan pianist Gabriela Martinez, who was the First Prize winner of the Rubinstein International Piano Competition, and a semifinalist at the 12th Van Cliburn International Piano Competition. Martinez brings her latest project, "Resonances," a journey that invites us to explore the echoes within us: to explore the search and inspiration that happens beneath the surface, 4 p.m. Tickets & more info at <http://www.howlandmusic.org>

**March 7: Book Launch**, Morton Memorial Library, 82 Kelly St., Rhinecliff. Owen King ("The Curator") in conversation with Kelly Braffet, 6:30 p.m. From New York Times best-selling author Owen King comes a Dickensian fantasy of illusion and charm where cats are revered as religious figures, thieves are noble, scholars are revolutionaries, and conjurers are the most wonderful criminals you can imagine. a family today, across borders, religions, and race. Free. Registration required. [www.oblongbooks.com](http://www.oblongbooks.com)

**March 8: Nektar**, Daryl's House Club, 130 Rte. 22, Pawling. Nektar, one of the bands that developed what became known as progressive rock, will bring their Music & Light Theatre to Daryl's House Club, 8 p.m. The band is celebrating the 50th anniversary of their landmark recording, "Remember the Future," by playing the album in its entirety, along with selections from their extensive catalog and from their latest release, "The Other Side." Their performances also feature a spectacular light show. Tickets \$25-\$45. [www.darylsouseclub.com](http://www.darylsouseclub.com) or (845) 289-0185

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# Stanford Free Library March events

Registration required for events unless noted otherwise. Please email stanfordlibrary@optonline.net or call 845-868-1341.

## Music in the Library

Saturday, March 4th 11:00 am – noon  
Classical guitarist Andrew Baffi will sit and strum for us! No need to register, just drop in and enjoy the music. Andrew will be here on the first Saturday of every month.

## March Hybrid Book Club

Monday, March 13th 12:00 pm  
March's selection is The Dictionary of Lost Words by Pip Williams.  
You may choose to attend in person or via Zoom. Zoom link will be sent upon registration.

## Chess Club

Wednesdays 3:45 – 5:00 pm through March 15th  
For Third -Sixth Grade Students  
As a courtesy the Pine Plains School District will transport your child to the library but seats on the bus are limited. Contact the library to register your child for the program BEFORE you request bus transportation.

Foreign Film Series  
Friday, March 17th 6:00 pm  
This month's film will be "Brooklyn. Refreshments will be served.

## ONGOING EVENTS

Brain Games  
Thursdays 10:30 – 12:00 pm  
Calling all seniors! Join in the fun and laughter of our brain games! Fun, stimulating, invigorating word games, board games, card games, conversation, and laughter!

## Homeschool Stories and STEAM Workshops

Thursdays 1:00 – 2:00 pm  
For students in Grades K-2  
These workshops will contain a story-time component along with crafts and STEAM related activities.

## Knitting

First, Third and Fifth Thursday of the month 7:00 pm – 8:30 pm  
Come for knitting, tea and conversation. All levels welcome. Advanced knitters will teach beginners.

Mahjong for Intermediate Players  
Fridays 10:00 am - noon

Come and play Mahjong with this fun, friendly group.

In-Person Yoga with Mia  
Saturdays 10:00 am beginning on February 4th

Registration is required EVERY week. Class size is limited to 8. One time waiver must be filled out prior to your first class. Bring your own mat or 2 (extra cushioning).

## Bridge

Mondays 1:30 pm – 3:30 pm  
If you are a beginner or an experienced player looking for a partner or just curious about the games, this is for you.

Literacy Connections Classes for English Language Learners

Mondays 6:00 pm – 8:00 pm  
All levels welcome.

## Water Color Workshop

First, Third and Fifth Tuesday of each month 1:00 pm – 4:00 pm  
Beginners Welcome!

Individuals can bring an image or work from a smart phone to paint in class or choose from ones provided. Learn how to use this medium to express your

creativity with the technique that benefits you the best, wet on wet, layering, dry brush or very detailed.

Supplies are not provided; a list of needed materials is available at the library.

## Fiber Arts

First and Third Tuesdays 6:00 pm  
Bring your projects and work alongside others in our beautiful Community Room.

## Story Time

Tuesdays  
Preschoolers (Ages 3-4) 10:00 – 10:45 am  
Toddlers (Age 18 months – 2 years) 11:00 – 11:45 am

## Meditation Class

Third Wednesday 10:00 am  
In-Person (Masks Required) or via Zoom  
Susan Olin-Dabrowski will lead this one hour monthly meditation program. First timers and experienced meditators are welcome! Headset or earbuds recommended.

Link sent upon registration.

# OBITUARIES

## Anna Margaret Griffin

RED HOOK - Anna Margaret Griffin, 95, a longtime resident of Red Hook, NY, passed away on Friday, February 17, 2023 at her home surrounded by her loving family. Born on September 9, 1927, in Allentown, PA, she was the daughter of the late Harry and Emma May (Fenical) Strunk. Anna married Daniel Griffin on June 16, 1946 in St. Sylvia's Church in Tivoli, NY. She was predeceased by Daniel in 1997 and their beloved son Terrance in 2013. Ten brothers and sisters also predeceased her. For many years, Anna was a consultant for Mary Kay Cosmetics. She volunteered for Meals on Wheels, and delivered prescriptions for her husband, co-owner of the Red Hook Drug Store. In addition to spending time with her friends and family in Red Hook, Anna also enjoyed her summers with her longtime friends at Camp Merrylane in Speculator, NY. She also enjoyed quilting, dancing, bowling, and playing her lottery scratch offs. Anna is survived by her loving children, Linda (Richard) Lawson of Red Hook, NY, Dennis (Lisa) Griffin of Rhinebeck, NY, Teresa (Jerry) Husman of Prosper, Texas, and Sharon (Chris Blum) Griffin of Yarmouth, Maine; her grandchildren, Brian Lawson, Jason Lawson, Rebecca Lawson, Matthew Lawson, Justin Husman, Corinne Skelton, Aaron Husman, Ryan Griffin, Jared Griffin, and Terrin Griffin; thirteen great grandchildren; along with several nieces, nephews, extended family and her friend and longtime caregiver, Carol Njenga. Friends called at the Burnett & White Funeral Homes, Red Hook on Thursday, February 23, 2023. Funeral services were held on Friday February 24th, 2023 at Burnett & White Funeral Homes, Red Hook, NY, with Fr. Jeffrey Maurer. Burial took place at St. Sylvia's Cemetery, Tivoli. In lieu of flowers, memorial donations may be made in Anna's memory to Red Hook Responds, P.O. Box 624, Red Hook, NY 12571. Arrangements are under the direction of Burnett & White Funeral Homes 7461 S. Broadway, Red Hook, NY. To sign the online guest book, please visit [www.Burnett-White.com](http://www.Burnett-White.com).



James Kennedy Langan

Jim Langan, 76, of Rhinecliff, New York, passed away on February 15, 2023. Jim died peacefully after many challenges with cancer. Throughout, he lived his life with meaning, wonderful friendships, humor, and love for his family. Jim was born on February 1, 1947 to Leo J. Langan and Isabel Langan in New York City. Jim graduated from Cushing Academy, where he played varsity football and basketball. He then went on to receive his BA from Boston College. Jim was known to be a die-hard Boston sports fan and loved to go to Red Sox games any chance he could. Some of his favorite players included Carlton Fisk, Jim Rice, Ted Williams and Carl Yastrzemski. Almost anyone who knew Jim heard him tell the story of attending every home game during "The Impossible Dream" 1967 season. Jim's passion for Boston sports was only rivaled by his passion for politics. While in college, Jim volunteered for Senator Bobby Kennedy's presidential campaign, and after college spent time as a speech writer in the White House during the Nixon administration. These experiences helped create the self-described "political junkie." After years in the financial arena in Boston, he switched to a career in the media industry. In the late 1980s and 90s, Jim worked as an executive producer for The Morton Downey Jr. Show. Jim founded The Hudson Valley News and served as the publication's executive editor for fourteen years. He loved bringing news to the community in his clever writing style that

was engaging, colorful, and often served up with a touch of humor. His wit, humor and charm were like no other. He will be remembered for his exuberance and love of life. He was the ultimate storyteller and had unbelievable, but true, stories about meeting everyone from John F. Kennedy to Ann Margaret. It is lost on no one that he passed on the same day as Raquel Welch! Deeply loved, Jim will be missed by his numerous friends and family. Jim is survived by his beloved wife of 25 years, Caroline Carey, whose life together was full of travel, entertaining, and love; his children, Jay Langan and Becca Bunn; daughter-in-law, Kristen Langan; son-in-law, Joel Bunn; and adorable grandsons, Oliver and Reed Langan and Tyler and Jake Bunn, who brought him enormous joy. There will be a celebration of life planned for late spring.

## James E. Quigley, Jr.

LAGRANGEVILLE - James E. Quigley, Jr., 78, of Lagrangeville, passed away at home surrounded by his family on February 19, 2023. He was a beloved husband, father, and grandfather, and an area resident for over 50 years. He previously lived on Long Island and in New Jersey. Born on November 29, 1944 in New York City, James was the son of the late James E. and Mary I. (Stopka) Quigley, Sr. James proudly served in the US Air Force during the Vietnam War. After his military service, he began a career at IBM, where he worked for over 18 years before retiring in 1988. James was a man of many interests and talents. He had a kind and generous spirit and found great joy in volunteering at Trinity

United Methodist Church, especially in their food pantry. He was also very tech savvy, and often helped repair computers for his friends and family. However, his ultimate passion was photography. James had a keen eye for capturing the beauty of the LaGrange community, as well as numerous family members and friends. His photographs will be treasured memories for all who knew and loved him. On June 30, 1967, in Ipswich, England, James married Susan (Bonner) Quigley, who survives him at home. He is also survived by his daughters, Laura Jewett and her husband Rich of East Brunswick, NJ, and Sara Quigley and her partner Yvette Renee of Oakland, CA; his grandchildren, Alexandra and Madeline Jewett and Naia and Desmond Quigley; his brother, Kevin Quigley; and many nieces and nephews. In addition to his parents, James was also predeceased by his sister, Claudia Myers. A memorial service will be scheduled at a later date. The family would like to extend their deepest gratitude to the caregivers and hospice team who provided compassionate care during his final days. James will be deeply missed by all who knew him. His kindness, intelligence, and artistic spirit will be remembered and cherished by his family and friends. In lieu of flowers, the family kindly requests that donations be made in memory of James to a charity of your choice, reflecting his passions and values. Arrangements are under the direction of the McHoul Funeral Home. Please visit his Book of Memories at [www.mchoulnfuneralhome.com](http://www.mchoulnfuneralhome.com).

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STATE OF NEW YORK SUPREME COURT : COUNTY OF DUTCHESS	PETITION AND NOTICE OF FORECLOSURE	Index No. 2021-54615	RECORD OWNER LABUA, STEVE LOPANE, JANEEN JSM UPS STATE PROPERTIES INC. KALMRING, GERTRUDE M KALMRING, SIEGFRIED P WMINTER, ELLEN D VECE, RAFAEL VECE, RONALD FURNIA, SHANE CONRAD, KEVIN M CONRAD, ROBERT JAMES CONRAD, KEVIN M CONRAD, ROBERT JAMES BEAL, BERNARD B MURDO, VANESSA	SWIS CODE 132200-6758-00-564278-0000 132200-6758-00-642721-0000 132200-6758-00-915110-0000 132200-6758-00-933890-0000 132200-6758-04-797357-0000 132200-6859-00-002921-0000 132200-6859-00-588309-0000 132200-6859-00-625256-0000 132200-6859-00-754022-0000 132200-6959-13-224309-0000	
In the Matter of the Foreclosure of Tax Liens by Proceeding In Rem Pursuant to Article Eleven of the Real Property Tax Law by DUTCHESS COUNTY	The above-captioned proceeding is hereby commenced to enforce the payment of delinquent taxes or other lawful charges which have accumulated and become liens against certain property. The parcels to which this proceeding applies are identified on Schedule "A" of this Petition, which is annexed hereto and made a part hereof. This document serves both as a Petition of Foreclosure and a Notice of Foreclosure for purposes of this proceeding.	The above-captioned proceeding is hereby commenced to enforce the payment of delinquent taxes or other lawful charges which have accumulated and become liens against certain property. The parcels to which this proceeding applies are identified on Schedule "A" of this Petition, which is annexed hereto and made a part hereof. This document serves both as a Petition of Foreclosure and a Notice of Foreclosure for purposes of this proceeding.	Nature of Proceeding: This proceeding is brought against the real property only and is to foreclose the tax liens described in this petition. No person or judgment will be entered herein for such taxes or other legal charges or any part thereof.	TOWN OF CLINTON	132400-6267-00-742413-0000
Effect of Filing: All persons having or claiming to have an interest in the real property described in this petition are hereby notified that the filing of this petition constitutes the commencement by the Tax District of a proceeding in the court specified in the caption above to foreclose each of the tax liens described by a foreclosure proceeding in rem.	Persons Affected: This notice is directed to all persons owning or having or claiming to have an interest in the real property described in this petition. Such persons are hereby further notified that a duplicate of this petition has been filed in the office of the Commissioner of Finance, the Enforcing Officer of the Tax District, and will remain open for public inspection up to and including the date specified below as the last day for redemption.	Right of Redemption: Any person having or claiming to have an interest in any such real property and the legal right thereto may on or before said date, redeem the same by paying the amount of all such unpaid tax liens thereon, including all interest and penalties and other legal charges which are included in the lien against such real property, computed to and including the date of redemption. Such payments shall be made to the Dutchess County Commissioner of Finance, 22 Market Street, Poughkeepsie, NY 12601. In the event that such taxes are paid by a person other than the record owner of such real property, the person so paying shall be entitled to have the tax liens affected thereby satisfied of record.	JUERSS, ANNE SCULLY JUERSS, PETER OUTLAW INDUSTRIES INC.	132400-6566-00-190980-0000 132400-6566-00-382084-0000	
LAST DAY FOR REDEMPTION: THE LAST DAY FOR REDEMPTION IS HEREBY FIXED AS MAY 31, 2023.	Service of Answer: Every person having any right, title, or interest in or lien upon any parcel of real property described in this petition may serve a duly verified Answer upon the attorney for the Tax District setting forth in detail the nature and amount of his or her interest and any defense or objection to the foreclosure. Such answer must be filed in the Office of the County Clerk and served upon the attorney for the Tax District on or before the date above mentioned as the last day for redemption.	Failure to Redeem or Answer: In the event of failure to redeem or answer by any person having the right to redeem or answer, such person shall before ever barred and foreclosed of all of his or her right, title and interest and equity of redemption in and to the parcel described in this petition and a judgment in foreclosure may be taken by default.	JAYNE, CAROL JAYNE, DOUGLAS GARCIA, GLADYS E SMITH, ETHEL WILCOX, MICHAEL WILCOX, MICHAEL NEIROTTI, KATHERINE YANUKLIS, EMILIE VON RICHTOFEN, DARRYL VON RICHTOFEN, PAULAE PRECIADO, JESUS PRECIADO, MICHAEL LEE OLIVO, TERESA BERRY, ALFRED LOWE, MARYANNE LOWE, RODNEY W STEVENS, DARYL STINNER, AMELIA STINNER, FRED M	TOWN OF DOVER	132600-7059-04-771327-0000 132600-7060-00-869822-0000 132600-7062-06-432843-0000 132600-7062-06-449846-0000 132600-7062-06-459895-0000 132600-7063-00-132726-0000 132600-7063-12-751564-0000 132600-7063-16-904325-0000 132600-7159-00-218504-0000 132600-7159-00-224460-0000 132600-7160-01-366692-0000 132600-7160-01-411849-0000 132600-7160-03-347369-0000
Dated: February 24, 2023	Enforcing Officer:	STATE OF NEW YORK ) COUNTY OF DUTCHESS )  I, HEIDI SEELBACH, being duly sworn, depose and affirm under penalty of perjury: I am the Enforcing Officer for the County of Dutchess. I have read this Petition and Notice which I have signed, and I am familiar with its contents. The contents of this Petition and Notice are true to the best of my knowledge, based upon the records of the office of the Dutchess County Commissioner of Finance. I do not know of any errors or omissions in this Petition and Notice.	CONKLIN, BRYAN W POWERS, ERIC STATEVIEW CAPITAL LLC, SARTORI, EDWARD J SARTORI, LINDAA GAUDINIER, MICHELLE L SEKUNNALAKE BEACH CLUB LTD., SULTANA, BADER MARRERO, CHRISTOPHER M DICHIARO, CATHERINE RT376 LLC, HYMAN, MOSES BLONDIN, EDWARD L DASILVA, MICHELLE ANN WAY TRUSTEE KEELS, KEYANA 249 WOOD MONTRD REALTY LLC, GREEN HUT DEVELOPMENT LLC, HOLLAND, STEVEN J MILLER, PHILIP R BOHLIN, EDWARD AHMED, JOSHOEB HOQUE, MOHAMMED F SELESKY, ROBIN SELESKY, SHARON DEWITT, PHYLLIS LT DEWITT, RONALD ARTHUR RM DEWITT, RONALD F LT BROWN, BARBARAJ BROWN, CHARLES J MALONE, KEVINA DONOVAN, DANIEL	TOWN OF EAST FISHKILL	132800-6355-00-368929-0000 132800-6356-01-473986-0000 132800-6357-01-132793-0000 132800-6357-03-443498-0000 132800-6358-04-528249-0000 132800-6464-01-060725-0000 132800-6465-02-688624-0000 132800-6466-01-022813-0000 132800-6467-01-048963-0000 132800-6467-01-315746-0000 132800-6467-04-593114-0000 132800-6468-03-239097-0000 132800-6468-04-768220-0000 132800-6469-20-801088-0000 132800-6555-00-301399-0000 132800-6556-00-718544-0000 132800-6556-00-724179-0000 132800-6558-01-103618-0000 132800-6665-01-212661-0000 132800-6665-01-280888-0000 132800-6665-02-521989-0000 132800-6665-02-793813-0000 132800-6755-01-014541-0000 132800-6755-01-094789-0000 132800-6755-03-458375-0000
Sworn to before me this 24th day of February, 2023.	Heidi S. D. HEIDI SEELBACH, Commissioner of Finance County of Dutchess	STATE OF NEW YORK NOTARY PUBLIC, State of New York P.O. BOX 1100, New York City Commissioner of Finance Signature: Heidi S. D.	RECORD OWNER FLETCHER, WAYNE FLETCHER, WENDY O'BRIEN, VICKIE PARKER, TRAVIS C DUNLOP, KATHARINE C BARTLETT, WILLIAM W CARROLL, HELENE DAISEY MAY REALTY LLC, DEL REGNO CORP, KCD REAL ESTATE LLC, CALDAS, DIEGO CALDAS, GULTEN	SCHEDULE A	SWIS CODE 132000-7064-00-534266-0000 132000-7064-18-443213-0000 132000-7067-00-483233-0000 132000-7067-00-566360-0000 132000-7067-16-934376-0000 132000-7067-20-932218-0000 132000-7167-13-110467-0000 132000-7167-13-160482-0000 132000-7167-13-180478-0000 132000-7168-00-153211-0000
Attorney for Tax District	CAROLINE E. BLACKBURN, ESQ. County Attorney 22 Market Street, 5th Floor Poughkeepsie, NY 12601	TOWN OF AMENIA	BEHUNIAK, PATRICIA BEHUNIAK, RONALD FARRELL, MARIANNA VILLAGE PARK CONDO LTD., OVERLOOK POINTE HOMEOWNERS, ROUTE 9D LLC, MURRAY, GILBERT MURRAY, JENNIFERY NYS MATTEAWAN THOSP, MANN, FRANK SHERWOOD, DIANE FERGUS, RODNEY R GILMAN, USA VIGGIANO, DINA VIGGIANO, ROBERT S EDMONDSON, BRIAN EDMONDSON, JOAN DI BORTOLO, SILVANA 148 OLD ROUTE 9 LLC, JOHNSON, HARRIET ROSS, CLAYTON C ROSS, TRACY A BARTUSIAK, EDWARD JOSEPH NENNI CONSTRUCTION CO INC. JCN PROPERTIES LLC, LICARE, NICOLE MEDIAONE OF GREATER NY INC.	TOWN OF BEEKMAN	133001-6156-20-961098-0000 133001-6255-05-052933-0000 133089-5955-02-648762-0000 133089-6055-01-276811-0000 133089-6055-02-579998-0000 133089-6055-02-602827-0001 133089-6055-16-992440-0000 133089-6155-03-075268-0000 133089-6155-03-300486-0000 133089-6155-05-186994-0000 133089-6155-11-504640-0000 133089-6155-17-086196-0000 133089-6156-38-243679-0000 133089-6156-02-784626-0000 133089-6156-03-161356-0000 133089-6156-04-831235-0000 133089-6256-02-592706-0000 133089-6256-04-543259-0000 133089-6256-04-560267-0000 133089-6256-19-504075-0000 133089-9999-19-000000-0000
CORRAO, THOMAS CHOWDHURY, GULAM CARNIERO, LEONEL CILLO, JILLIAN FINNE, JOHN MULLER, MARTEND	132200-6657-08-928868-0000 132200-6658-00-446587-0000 132200-6658-00-917080-0000 132200-6659-00-600992-0000	Legal continued on next page	March 1-7, 2023 - NORTHERN DUTCHES NEWS & Creative Living 15		

**Legal Notices****Legal Notices****Legal Notices****Legal Notices****Legal Notices****Legal Notices**

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**RECORD OWNER****TOWN OF HYDE PARK****SWIS CODE**

MIKLER, JOY W	133200-6064-02-682958-0000
MORTON FAMILY FARMS LLC,	133200-6065-02-805695-0000
MORTON FAMILY FARMS LLC,	133200-6065-02-827709-0000
MORTON FAMILY FARMS LLC,	133200-6065-02-834724-0000
MORTON FAMILY FARMS LLC,	133200-6065-02-862728-0000
WARREN, DOUGLAS J	133200-6065-02-887723-0000
WARREN, JESSICAP	133200-6065-02-902692-0000
MORTON FAMILY FARMS LLC,	133200-6065-04-914274-0000
CHEVEZ, EDIS H	133200-6065-07-746898-0000
DUTCHESS COUNTY,	133200-6065-08-766893-0000
TAX SALE IN-REM 2019,	
OBSZARNY, CHRISTOPHER E	
OBSZARNY, LINDAA	
DURMIAKI, SIMON	133200-6065-19-726225-0000
SAJNANI, RAM	133200-6065-20-752194-0000
SAJNANI, RANI	133200-6065-20-801076-0000
FITZGERALD, NEIL	133200-6066-04-612094-0000
FITZGERALD, TIFFANY C	133200-6066-04-618132-0000
LEDGEROCK LLC,	133200-6066-04-660059-0000
LEDGEROCK EXTENSION LLC,	133200-6066-04-661036-0000
LEDGEROCK EXTENSION LLC,	133200-6066-04-687040-0000
JACKSON, TIMOTHY	133200-6163-01-479890-0000
LST ENTERPRISES LLC,	133200-6163-02-561569-0000
TRAVER, VICKIE	133200-6163-04-728493-0000
MAX DEVELOPERS LLC,	133200-6164-02-890593-0000
SLEDZIEJOWSKI, ROMAN	133200-6164-03-404021-0000
GORDON, MINZELIN	133200-6164-04-846430-0000
SMITH, AUDLEY	133200-6164-04-932432-0000
HEAPHY, MICHAEL S	133200-6165-01-366915-0000
HEAPHY, PATRICIA W	133200-6165-03-147092-0000
KEELS, ANTHONY	133200-6165-03-166327-0000
MOHAMMED, WALEED	133200-6165-03-214181-0000
DILDILIAN, RACHELD	133200-6165-03-438153-0000
STROLLO, WILLIAM R	133200-6166-02-822541-0000
ANTONIO, VICTOR	133200-6166-02-829548-0000
TEDESCO, PAUL	133200-6167-02-816507-0000
FIGUEROA, VICTORIA MARIE	133200-6167-02-980606-0000
WARD, MARY E	133200-6167-02-998625-0000
ARTALE, MARGHUEIRITE M	133200-6167-03-002389-0000
ARTALE, MARGHUEIRITE M	133200-6167-04-665343-0000
DABROS, MATTHEW	133200-6167-04-706282-0000
WYANT, LEONAJ	133200-6263-02-812678-0000
BOYCE, WILLARD JR	133200-6263-02-856678-0000
LIBERTY FREEDOM FUND 1 LP,	133200-6264-04-680102-0000
LIBERTY FREEDOM FUND 1 LP,	
BEATTY, MELISSA	
BEATTY, THOMAS J	
MORANO, JAMES	133200-6265-01-086674-0000
MORANO, VALLI	133200-6266-02-557707-0000
SPENCER, STEVEN	133200-6266-02-559695-0000
SPACOME, EGIDIO B	

**TOWN OF LAGRANGE**

SULTANA, BADER	133400-6360-01-093926-0000
R&S 2018 REALTY LLC,	133400-6360-02-843663-0000
TADROS-BONILLA, MARINA	133400-6360-09-247639-0000
SWARTZ, DORIS E ESTATE	133400-6362-03-084172-0000
LUXE HOME INC,	133400-6459-01-313916-0000
CEPHAS, DANIEL L	133400-6459-01-447988-0000
STRATIBEST LLC,	133400-6460-03-420199-0000
STRATIBEST LLC,	133400-6460-03-451161-0000
BUETI, ROCCO	133400-6560-01-146811-0000
SCORES, ROBERT M	133400-6560-01-181887-0000
55-82 LAGRANGE LLC,	133400-6560-02-582930-0000
55-82 LAGRANGE LLC,	133400-6560-02-592941-0000
SULTANA, BADER	133400-6560-02-888704-0000
ADLER, JANE R	133400-6661-01-061994-0000

**TOWN OF MILAN**

DEL GIUDICE, MICHAEL J	133600-6472-00-443142-0000
KEYES, JAYNNE C	133600-6472-00-660120-0000
DEL GIUDICE, MICHAEL J	133600-6472-00-725125-0000
KEYES, JAYNNE C	133600-6474-00-180320-0000
RED WING PROPERTIES INC,	133600-6474-00-272168-0000
RED WING PROPERTIES INC,	133600-6474-00-973085-0000
AUDIRSCH, ROBERT C	133600-6570-00-603506-0000
MASSARO, JAMES	133600-6571-02-629704-0000
RABADI, ELIAS	133600-6571-04-935404-0000
RABADI, SAHAR	
MILAN MARKET & PIZZERIA INC,	

**TOWN OF NORTH EAST**

FLOODS SPRAYING SERVICE,	133801-7271-13-199451-0000
FLOOD, PATRICIA	133801-7271-13-217424-0000
FLOOD, THOMAS	
BOIS DORE LLC,	133801-7271-15-529342-0000
2 MAIN STREET MILLERTON,	133801-7271-18-328242-0000
DEREKH LLC,	133801-7271-18-336075-0000
AHDERS, FREDERICK K	133889-7170-00-740940-0000
DEREKH LLC,	133889-7271-00-330038-0000
MILES, GEORGE T JR	133889-7271-09-023711-0000
SCAFIDI, FRANKA	133889-7273-00-460873-0000

**TOWN OF PAWLING**

SLOCUM, ROBERT T	134001-7057-13-022402-0000
MTA,	134001-7057-17-082121-0000
SMITH, DAVIOT	134089-6756-00-998320-0000
KBL CORP,	134089-6856-06-257965-0000
MASELLI, ANTHONY	134089-6856-09-198746-0000
MASELLI, GERTRUDE	
MASELLI, JOHN L	
COOVER, ABIGAIL	134089-6956-00-320464-0000
HUME, NATHAN	134089-6956-01-052843-0000
O'ROURKE, ELIZABETH M	
O'ROURKE, FRANCIS J	

**RECORD OWNER**

PELZNER, JOSEPH F	134089-7057-01-020770-0000
JBS RE HOLDINGS ASSOCIATES LLC,	134089-7057-14-296487-0000
HARNES, ANNE E	134089-7155-00-138847-0000
HARNES, MARK R	
EMBER, MAX	134089-7157-00-949445-0000
CAPALBO, MARTINEA	134089-7158-00-511644-0000
TAYLOR, JOSHUA P	

**TOWN OF PINE PLAINS**

HENRY, SETH	134200-6772-00-847153-0000
2436 ROUTE 83 LLC,	134200-6871-00-455865-0000

**TOWN OF PLEASANT VALLEY**

KBL PROPERTIES LLC,	134400-6363-03-420035-0000
KBL PROPERTIES LLC,	134400-6363-03-447030-0000
COUNTRY COMMONS CONDOMINIUM,	134400-6363-06-371806-0000
HOCKMAN, ELLEN M	134400-6364-04-699249-0000
HOCKMAN, WILLIAM C	
WINGED LION MANAGEMENT LLC,	134400-6364-04-721413-0000
BIKEL, KATE	134400-6365-01-412607-0000
BIKEL, ROBERT	
KOZLOWSKI, DAVID	134400-6365-02-731553-0000
KOZLOWSKI, ROSEMARY	
KING, ERROL	134400-6464-04-522406-0000
KING, PATRICE	
JAGO, LAURIE	134400-6465-02-752850-0000
JAGO, MICHAEL	
HUDSON VALLEY CHILDREN &	134400-6465-02-995821-0000
BENTON, MARIE S	134400-656

## Legal Notices

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### RECORD OWNER

WILLIAMS, BRIANA  
RUSSELL, EDWARDA

HOENER, ARTHUR JR  
HOENER, VICKI B  
KEMMERER, JOHN M

OUR LADY OF THE RESURRECTION,

KELLY, FELICIAA

KELLY, KEITH S

MADARAS, CYNTHIAL

MADARAS, ERNEST J JR

ABRAHAMSEN, CHRISTOPHER

BALDINO, KELLY ANN

MAHONEY, LAURETTAM

MAHONEY, WILLIAM J

GARCIA, GLADYS E

THREE STARANODIZING,

TECKRAM REALTY CO,

THREECO INC,

RELIANCE GLOBALCOM SERVICES,

BAISLEY, ELIZABETH

BAISLEY, JAMES JSR

## Legal Notices

### TOWN OF STANFORD

**SWIS CODE**  
135089-6371-00-175747-0000  
135089-6371-00-423606-0000

### TOWN OF UNION VALE

135200-6767-00-864420-0000  
135200-6868-00-406003-0000

135400-6661-00-303665-0001  
135400-6661-00-517125-0000

135400-6761-00-013240-0000

135400-6859-00-502963-0000

135400-6859-01-249993-0000

135400-6959-00-109930-0000

### TOWN OF WAPPINGER

135601-6158-17-162220-0000  
135601-6158-17-178199-0000  
135601-6158-17-180237-0000  
135689-5569-14-787650-9999  
135689-6056-02-813825-0000

## Legal Notices

### RECORD OWNER

PORTEUS & SON BUILDERS,

PORTEUS & SON BUILDERS,

ROBILLOTTA, MICHAEL

OLD POST COMMONS LLC,

TOMPKINS, RANDALL

LLOYD, THOMAS H

SULTANA, BADER

OHLERKING, ROBERT W TRUSTEE

KEANE, WILLIAM

BALDUCCI, JEAN

BALDUCCI, LOUIS

MILTANO, DENISE M TRUSTEE

RICCARDI-CECERE, ROSEMARIE TRUSTEE

PORTEUS & SON BUILDERS LLC,

RELIANCE GLOBALCOM SERVICES,

### TOWN OF WASHINGTON

STATEVIEW CAPITAL LLC,

GROSS, BETH

MITCHELL, MATTHEW R

WINCHELL, CATHERINE E

MIGLIORE, CARMELAG

MIGLIORE, RICHARD F

ZEITLIN, JIDE J

OLEAGA, DALINDADIANA

### SWIS CODE

135689-6156-02-822808-0000

135689-6156-02-830781-0000

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135889-6565-00-776952-0000

135889-6566-00-955197-0000

135889-6863-00-981632-0000

135889-6964-00-775592-0000

135889-6965-00-840867-0000

## Legal Notices

### NOTICE CONCERNING THE EXAMINATION OF ASSESSMENT INVENTORY AND VALUATION DATA

### (Pursuant to Section 501 of the Real Property Tax Law)

NOTICE IS HEREBY GIVEN that Assessment Inventory and Valuation Data is Available for Examination of Review. The Data is the information that will be used to establish the

Assessment of Each Parcel which will appear on the Tentative Assessment Roll of the Town of Milan which will be filed on or Before May 1st, 2023. The information May be Reviewed, by Appointment, in the Assessor's Office at Milan Town Hall, 20 Wilcox Circle, Milan, New York.

To set up an Appointment to Review the Assessment Information, Please call the Assessor at 845-758-5133 ext. 4.

Dated 1ST day of  
MARCH 2023  
BOARD OF  
ASSESSORS

The Annual Meeting of the Clove Cemetery Assn. will be held Saturday, March 18, 2023, 10AM at the Valley Bible Fellowship Church, 1875 Clove Valley Rd., LaGrangeville, NY. All plot owners are invited to attend. For further info, contact Elfriede Tillman (845) 724-5840

### REQUEST FOR BIDS NOTICE

The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of sealed bids for: Bid #RFB-DCP-14-23 Landscape Maintenance of the Maybrook Section of the Empire State Trail within Dutchess County and Upper Landing Park. Bids will be received

until 2:00 p.m. on the 16th day of March 2023 at the Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, Poughkeepsie, New York 12601.

Specifications and bid forms may be obtained by visiting our website <http://www.dutchessny.gov>, selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.

### PUBLIC NOTICE OF HEARING BEFORE THE PLANNING BOARD TOWN OF PLEASANT VALLEY DUTCHES COUNTY, NY

Please take note that the Planning Board of the Town of Pleasant Valley, NY, will hold a public hearing on the following proposition: Contour Lane Grid# 6365-01-391787 For the granting of the Boucher Subdivision

Approval, which site is located at the end of Contour Lane. Comments regarding this application will be heard and received by the Planning Board during this public hearing.

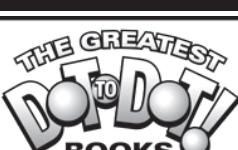
SAID Meeting will take place on Monday, March 13, 2023 at the Pleasant Valley Town Hall, 1554 Main Street, Pleasant Valley, N.Y. and begins at 6:30 p.m.

The deadline for Legals is every Friday @ 12 noon for a Wednesday Publication\* \*When a public holiday falls on a Monday the deadline becomes Thursday at noon.

## SEND US YOUR NEWS:

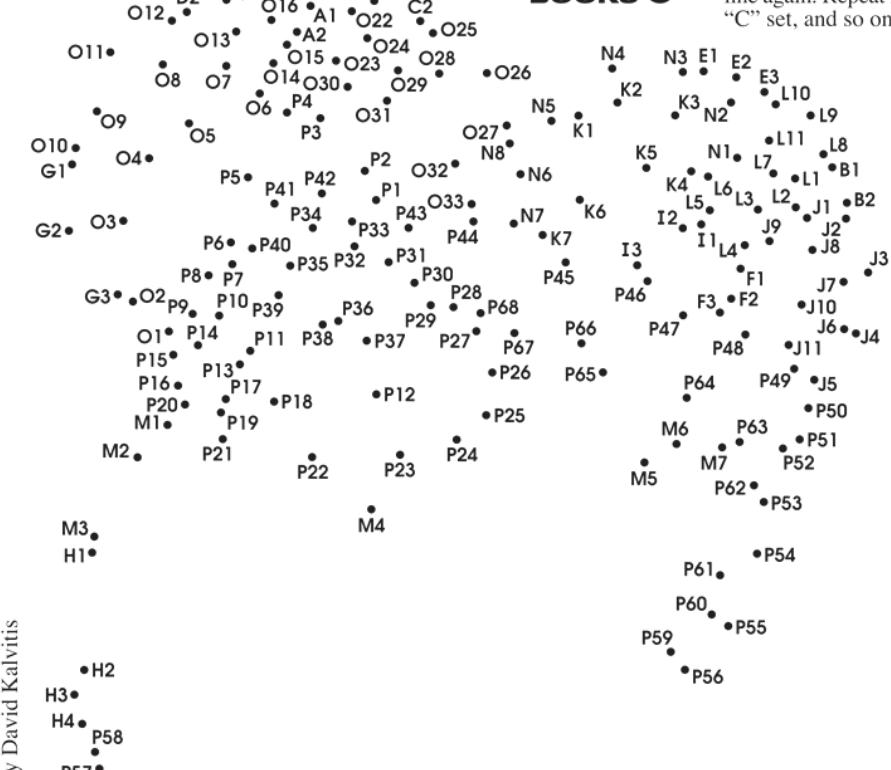
cschmidt@sdutchessnews.com

Answer to this week's Dot to Dot (puzzle on page 10)



### ABC Sets

After connecting the "A" set, skip to the "B" set and start your line again. Repeat for "C" set, and so on.



By David Kalvitis

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### SUDOKU

This week's answer

2	9	5	3	7	1	6	4	8
3	8	6	5	4	9	1	2	7
4	1	7	2	6	8	5	3	9
9	3	8	6	2	4	7	1	5
7	5	4	9	1	3	2	8	6
6	2	1	8	5	7	4	9	3
1	6	9	4	3	5	8	7	2
8	7	2	1	9	6	3	5	4
5	4	3	7	8	2	9	6	1

STEP	S	LIMB	SLIP
CUT	UP	AGIO	TONO
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105 Employment Opportunity  
106 Business Opportunity  
107 Situations Wanted  
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150 Announcements  
151 Adoption  
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201 Home Improvement  
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223 Beauty Services  
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407 Vacation Rentals  
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500 Musical Merchandise  
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502 Clothing  
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504 Appliances  
505 Free Items  
506 Computers  
507 Sports Equipment  
508 Exercise Equipment

509 Office Equipment  
510 Firewood  
511 Lawn & Garden Equip.  
512 Winter Merchandise  
516 Misc. Merchandise  
700 Pets & Supplies  
701 Free Pets  
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710 Garage & Yard Sale  
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712 Moving sale  
713 Rummage Sale  
714 Flea Market  
715 Craft Corner  
716 Barn Sale  
717 Estate Sale  
718 Auctions  
719 Antiques

720 Vendors Wanted  
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723 Consignments  
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725 Collectibles  
750 Events  
800 Boats  
801 Campers & Trailers  
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900 Autos for Sale  
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902 Trucks  
903 Motorcycles  
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905 Autos Wanted

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# GOLDEN LIVING

## LATE WINTER BLUES-FIGHTERS

Although the sun is staying up longer this time of year, by about three minutes a day, many older adults have just about had enough of winter by now. The "late winter blues" can compound the effects of seasonal depression. Feelings of isolation, disconnect, anxiety and stagnation can also impact levels of depression. But while we look for spring outside as well as on the calendar, here are some tips on how to boost your mental health, with help from Poughkeepsie-based Family Services (29 N. Hamilton St., [www.familyservicesny.org](http://www.familyservicesny.org)):

- Seek Sunlight. In Dutchess County, winter means fewer hours of natural sunlight, one of the root causes of seasonal depression. Some scientists theorize the lack of sunlight produces unstable and disruptive amounts of both melatonin, the hormone that helps us sleep; and serotonin, a neurotransmitter that affects mood. If you're not able to get out into the sun, investigate purchasing a light therapy lamp.

- Get some exercise, indoors and out, even if it's cold. The benefits of exercise for the health of our bodies are well-known, but recent studies also show exercise increases our sense of well-being and focus, likely from a boost in serotonin. Exercise is good for overall health, including mental health.

Speaking of exercise and strong mental health, join the Office for the Aging at our Poughkeepsie Friendship Center (114 Delafield St.) on Monday, March 6th at 2:30 p.m. for a dual presentation covering exercise and falls prevention, as well as our new Friendly Calls program. Space is limited, so please contact OFA at 845-486-2555 to save your spot. Light snacks will be available.

- Add Some Splashes of Color – Try

decorating with colors that invoke a feeling of warmth, such as yellows, oranges, and reds—which all happen to be hues of the sun. A few bright throw pillows could make all the difference.

- Get Enough Vitamin D – Consider a vitamin D supplement during the darkest three months of winter. Research indicates a vitamin D deficiency can result in diabetes, osteoporosis, high blood pressure, and even depression. Ask your doctor for more information regarding Vitamin D deficiency.

- Set Your Sights on Something "Spring-y" - While we might not be able to go on vacation to someplace warmer, there are other things you've no doubt been wanting to do. Having something to look forward to is a sure blues buster. Try a new hobby; Office for the Aging Friendship Centers throughout the county are great places to start up new hobbies or renew older ones, with locations in Beacon, East Fishkill, Millerton, Pawling, Pleasant Valley (Tri-Town), Poughkeepsie, Red Hook, and South Amenia. Contact the Office for the Aging to find out more, and visit [www.dutchessny.gov/ofanutrition](http://www.dutchessny.gov/ofanutrition) for a look at this month's Friendship Center menus and activity calendars.

## GET TO KNOW OFA AND 'ELLI\*Q' (Wed 3/8)

The Dutchess County Office for the Aging is holding a free demonstration and discussion of a new voice-operated smart technology companion for older adults, that goes by the name "ElliQ" (pronounced ELLY-Q). It's the first-ever proactive and empathetic care companion.

You can meet ElliQ on Wednesday, March 8th at 1 pm at the Lexington Club at Galleria (1964 South Rd (Route 9), Poughkeepsie. Space is limited to 50 participants, so please RSVP to 845-486-

2555 if you can be there. We're working to identify older adults who would most benefit from the technology.

ElliQ is designed with input from older adults, to foster independence and provide support through daily check-ins, assistance with wellness goals and physical activities, connection to family and friends, and more using voice commands and/or on-screen instructions. The technology, which recently launched commercially after years of pilots and early production deployments, has shown unprecedented engagement levels with older adults. Users have an average of 20 daily interactions.

View a demonstration at [www.elliq.com](http://www.elliq.com).

## OFA VETERANS RESOURCE FORUM

(Tue 3/14)

The Dutchess County Office for the Aging (OFA) invites veterans of all ages and their families to its Veterans Resource Forum on Tuesday, March 14th at the Pavilion at Brookmeade, 34 Brookmeade Drive in Rhinebeck (just off Route 308, east of the village), from 1 to 4 p.m. This free event will offer veterans and their families important information and connections to various agencies, including the County's Division of Veterans' Services, and service providers. Space is limited; reserve your seat by calling OFA at (845) 486-2555 during business hours.

Representatives from Mental Health America of Dutchess County, Rhinebeck at Home and the County's Department of Behavioral and Community Health's (DBCH) Mental Health Subcommittee are among the participating organizations that will be available to meet with veterans and their families and provide information on a wide range of topics, including mental health resources and veterans'

benefits. Attendees will have the opportunity to learn about the services available to them, ask questions and connect with other veterans and their families.

## CITIZEN'S PREPAREDNESS FOR OLDER ADULTS AND CAREGIVERS

The Dutchess County Department of Emergency Response, with the Office for the Aging and Town of Hyde Park, have scheduled a free Citizens Preparedness Training for Older Adults and Caregivers event at Hyde Park Town Hall (4383 Albany Post Rd. (Route 9)), at 10 am on Thursday, March 21st. Space is limited. Dutchess County residents over age 60 and their caregivers can sign up for this event by contacting the Office for the Aging at 845-486-2555 during business hours.

During the training, participants will learn resources and skills necessary to better prepare for any type of disaster, how to respond accordingly in a disaster, and how to recover as quickly as possible to pre-disaster conditions. Each household will receive a free Citizens Preparedness Response Starter Kit, along with information on Office for the Aging services.

To keep up with OFA's listings of activities, subscribe to the weekly Aging News e-newsletters by emailing [bjones@dutchessny.gov](mailto:bjones@dutchessny.gov) to be placed on our email list.

For those who are not online, we mail quarterly THRIVE60+ newsletters throughout Dutchess County. If you'd like to get on the mailing list or would like to update the address we have on file, call 845-486-2555. The Spring 2023 issue will be distributed soon!

*Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: [ofa@dutchessny.gov](mailto:ofa@dutchessny.gov) website: [www.dutchessny.gov/aging](http://www.dutchessny.gov/aging)*

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Noon – 3pm

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