

Be prepared,
stay safe during
Monday's eclipse

By Kate Goldsmith

On Monday, April 8, a total solar eclipse will cross North America, passing over Mexico, the United States, and Canada. While its path of totality is along a narrow track stretching from Texas to Maine, Hudson Valley residents will still get to witness a partial eclipse, where the Moon covers most but not all of the Sun.

According to NASA's website (<https://science.nasa.gov/>), a total solar eclipse happens when the Moon passes between the Sun and Earth, completely blocking the face of the Sun. People viewing the eclipse from locations where the Moon's shadow completely covers the Sun – known as the path of totality – will experience a total solar eclipse. The sky will become dark, as if it were dawn or dusk. Weather permitting, people along the path of totality will see the Sun's corona, or outer atmosphere, which is usually obscured by the bright face of the Sun.

Buffalo is the only city in New York that is in the path of totality – totality will begin at 3:18 p.m., reach maximum at 3:20 p.m. and end at 3:22 p.m.

Dutchess County will see maximum coverage in the 90% range, varying by mere percentage points based on location, from 92.8% in Beacon and 92.6% in Pawling, to 94.5% in Red Hook and 94.2% in Pine Plains.

Monday's total solar eclipse will be the last one visible from the contiguous United States until 2044.

Eye safety during
a total solar eclipse

Except during the brief total phase of a total solar eclipse, when the Moon completely blocks the Sun's bright face, it is not safe to look

continued on page 2

AUTISM ACCEPTANCE MONTH

‘Mayor of Anderson’ a testimony to
successful experiences at Anderson

By Stacey van den Thoorn

Meet “The Mayor” of Anderson, 21-year -old Asher who currently resides at the Anderson Center for Autism in Staatsburg and known by staff and residents as “The Mayor.”

Anderson Center, along with other facilities and communities across the Hudson Valley, are recognizing April as Autism Acceptance Month.

Asher's story begins at six days old, when he was having seizures.

“It was at that time, we knew we were on a different pathway,” said parents Suzette and Clarence. Asher was diagnosed with Autism at age four. With his diagnosis, his parents had dedicated themselves to do as much as they could to involve him in the community and to make sure he would be an integral part of society every step of the way.

Prior to him entering pre-school, Asher's parents were proactive in securing early intervention services for Asher; and as residents of California, Special Education services were provided to him through the California Department of Developmental Services, in addition to the eight specialists they had involved in Asher's life to work with him from the age of two.

“We have both been very active and



Asher gives a presentation in the auditorium at the Anderson Center for Autism in Staatsburg. At right, he is pictured with founder of ACEing Autism coaches Richard Spurling and Director of Programs Justin Belisario. Courtesy photos

proactive in the community and we are trying to help others in the same situation,” said Clarence. “We knew we needed to provide him with a full scaffold support system since he was born.”

In addition to the service from the public school system, Asher's parents

continued on page 3



Former Renegades player Jones
named 2024 Dawson award winner

By Rich Thomaselli

One key member of the 2023 Hudson Valley Renegades won't be back for this season.

But you can't feel bad about it.

It's just the natural evolution of baseball.

Outfielder Spencer Jones was named the recipient of this year's James P. Dawson Award. It signifies the most outstanding rookie in New York Yankees training camp.

Jones is 22 years old.

The left-handed batter enters this season as the No. 2 prospect in the Yankees organization according to Baseball America and MLB Pipeline. Jones is also ranked as the No. 46 overall prospect in baseball by Baseball America and the

No. 84 overall prospect by MLB Pipeline. The Encinitas, Calif., native was selected by the Yankees in the first round (25th overall) of the 2022 First-Year Player Draft out of Vanderbilt University.

The award was established in honor of James P. Dawson (1896-1953), who began a 45-year career with The New York Times as a copy boy in 1908. New York Yankees beat writers vote on the winner.

Jones joins an illustrious and recognizable list of names who have won the award, including: 1956 - Norm Siebern OF, 1957 - Tony Kubek SS, 1958 - John Blanchard C, 1959 - Gordon Windhorn OF, 1960 - John James P, 1961...Rollie Sheldon P, 1962 - Tom Tresh SS, 1963 -

continued on page 8



Outfielder Spencer Jones was named the recipient of this year's James P. Dawson Award. It signifies the most outstanding rookie in New York Yankees training camp. Courtesy photo

INDEX

Letters	4
Community Calendar	6
Creative Living	10-15
That's Italian!	11
Suguru	12
Crossword Puzzle	12
Sudoku	12
Decoding Dutchess' Past	13
Hudson Valley Naturalist	14
Obituaries	17
Public Notices	17
Classifieds	18-19



• OPEN FOR BUSINESS •

Bank of Millbrook	p 5	Hudson Valley Hospice	p 20	Vosburgh Enterprises	p13
Brookmeade Community	p 10	Locust Grove Estate	p 3	WKZE 98.1	p 8
Center for Physical Therapy	p 7	Pleasant Valley Department Store	p 11		
Conway's Lawn & Power Equipment	p 11	The Ridge School	p 6	INSIDE:	
Coppola's of Hyde Park	p 2	Roosevelt Cinemas	p 8	Adams Fairacre Farms	

Hackett Farm Supply sets ‘Poultry Talk’ on April 11



Baby chicks of many different varieties are available at Hackett Farm Supply in Clinton Corners. *Courtesy photo*

It’s time to “Talk Poultry” at Hackett Farm Supply, located at 2297 Salt Point Turnpike in Clinton Corners.

Dan Wright of Poulin Grain will be the guest speaker at the event set Thursday, April 11 at 6 p.m.

Hackett Farm Supply has been providing baby chicks of many different

varieties for several years to local farmers and backyard farmers.

From starting chicks to nutrition, best practices and management for happy, healthy birds, this is an event not to be missed.

To register, call the store at 845-266-3494 or text to 845-309-8686.

County opens Agency Partner Grant: Infrastructure Program application process

Applications accepted online through May 10

The Dutchess County Department of Planning and Development has opened the application process for the 2024 Agency Partner Grant (APG): Infrastructure Program. A total of \$200,000 was allocated in the 2024 Dutchess County Budget for the APG: Infrastructure Program. Funding is available through a competitive grant process to 501(c)(3) nonprofit organizations that provide a venue for youth programming in Dutchess County. In order to be eligible to apply, applicants must own or have a long-term lease (25+ years) for the facility that provides the space for the youth activity.

This year’s grant program focuses on capital infrastructure initiatives only. Projects should help maintain or improve an organization’s asset, such as the renovation, replacement or expansion of an existing facility. Examples of eligible expenses include, roof, windows and/or doors replacement; heating, ventilation, and air conditioning (HVAC) improvements or replacement; as well as plumbing, electrical, and/or security upgrades; and furniture, fixtures and/or equipment that will be used by youth for a specific

activity. Americans with Disabilities Act (ADA) improvements to promote accessibility and communication to ensure that individuals with disabilities have an equal opportunity to participate in a specific activity are also eligible.

County Executive Serino said, “Our children deserve every opportunity to learn and grow in safe and appropriate facilities. Our APG: Infrastructure Program will help our community partner agencies that serve young people make capital infrastructure improvements and enhancements to venues that house youth programming. We thank the County Legislature for its continued support of this program, and we encourage eligible organizations to take advantage of this funding opportunity.”

The County’s Community Development Advisory Committee and the Department of Planning and Development’s staff review all APG: Infrastructure grant applications and send their recommendations to the County Executive for final approval.

Additional information, application instructions and guidance about the program is available online via www.dutchessny.gov. Applications will be accepted via an online portal through May 10 at 3 p.m., and awards will be announced in summer 2024.

Stay up-to-date ~ follow us on Facebook!
@SouthernDutchessNewsGroup

Be prepared, stay safe during Monday’s eclipse

continued from cover

directly at the Sun without specialized eye protection for solar viewing. According to NASA, viewing any part of the bright Sun through a camera lens, binoculars, or a telescope without a special-purpose solar filter secured over the front of the optics will instantly cause severe eye injury.

Eye safety for partial and annular solar eclipses (Source: NASA)

Partial or annular solar eclipses are different from total solar eclipses – there is no period of totality when the Moon completely blocks the Sun’s bright face. Therefore, during partial or annular solar eclipses, it is never safe to look directly at

the eclipse without proper eye protection.

- When watching a partial or annular solar eclipse directly with your eyes, you must look through safe solar viewing glasses (“eclipse glasses”) or a safe handheld solar viewer at all times. Eclipse glasses are NOT regular sunglasses; regular sunglasses, no matter how dark, are not safe for viewing the Sun. Safe solar viewers are thousands of times darker and ought to comply with the ISO 12312-2 international standard. (NASA does not approve any particular brand of solar viewers.)

- Always inspect your eclipse glasses or handheld viewer before use; if torn, scratched, or otherwise damaged, discard

the device. Always supervise children using solar viewers.

- Do NOT look at the Sun through a camera lens, telescope, binoculars, or any other optical device while wearing eclipse glasses or using a handheld solar viewer — the concentrated solar rays will burn through the filter and cause serious eye injury.

- If you don’t have eclipse glasses or a handheld solar viewer, you can use an indirect viewing method, which does not involve looking directly at the Sun. One way is to use a pinhole projector, which has a small opening (for example, a hole punched in an index card) and projects an image of the Sun onto a nearby surface. With the Sun at your back, you can then safely view the projected image. Do NOT look at the Sun through the pinhole!

- Do NOT use eclipse glasses or handheld viewers with cameras, binoculars, or telescopes. Those require different types of solar filters. When viewing the partial phases of the eclipse through cameras, binoculars, or telescopes equipped with proper solar filters, you do not need to wear eclipse glasses. (The solar filters do the same job as the eclipse glasses to protect your eyes.)

- Seek expert advice from an astronomer before using a solar filter with a camera, telescope, binoculars, or any other optical device. Note that solar filters must be attached to the front of any telescope, binoculars, camera lens, or other optics.

Skin safety

Even during a partial or annular eclipse, or during the partial phases of a total eclipse, the Sun will be very bright. If you are watching an entire eclipse, you may be in direct sunlight for hours. Remember to wear sunscreen, a hat,

and protective clothing to prevent skin damage.

Eclipse glasses are required for the entire duration of the eclipse when viewing from outside the path of totality.

Local viewing events

The Red Hook Public Library will hold an Eclipse Viewing Party on April 8 from 2 to 4 p.m. at the Red Hook Rec Park Pavilion. There will be citizen science activities as well as eclipse glasses (available on a first-come, first-served basis). The eclipse is due to start at 2:11 p.m. and last until 4:36 p.m. with the maximum coverage at 3:26 p.m. RSVP for an event reminder. If it rains, the viewing party will take place at the Red Hook Community Center.

Clermont State Historic Site (1 Clermont Avenue, Germantown) is hosting a “There Goes the Sun” Solar Eclipse Viewing Event at the Clermont Visitor Center from 1 to 5 p.m. on April 8. There is free admission. Come by Clermont to marvel at the solar eclipse and enjoy the iconic river views under a shadowed sky. Stop by the Visitor Center to get eclipse glasses that will allow you to safely enjoy the astronomical sight, while supplies last. Call (518) 537-4240 or visit <https://parks.ny.gov/> for more information.

The Mid-Hudson Discovery Museum in Poughkeepsie has announced that its Solar Eclipse Viewing Party is sold out.

Visit <https://www.iloveny.com/events/eclipse-2024/> for other eclipse-related events in the state.

SEND US YOUR NEWS

cschmidt@sdutchessnews.com



4167 Albany Post Road
Hyde Park, NY
(845) 229-9113

PIZZA SPECIAL
2 LARGE PIZZAS
\$20.00
TOPPINGS EXTRA
TAKEOUT ONLY



‘Mayor of Anderson’ a testimony to successful experiences at Anderson

continued from cover

worked to provide him with additional support outlets and opportunities while also raising his younger brother, Gad.

Asher’s parents worked with him continuously from the start and encouraged him to try new things, extending his boundaries. They were dedicated to involve him in as much as they could from playing in sports to creating art to public speaking.

“Our family’s journey has been filled with many valleys and triumphs since Asher’s life presented us with the opportunity to live beyond ourselves,” said Suzette. “We have always considered it a privilege to provide Asher with a viable quality of life where he can thrive and flourish. Every morning before hopping on the school bus when he was in California I had him recite this quote from Dr. Temple Grandin, ‘I am different, but not less.’”

While attending public school in California, at around age 11, Asher was playing tennis and getting involved with ACEing Autism. ACEing Autism is dedicated to helping children with autism to grow, develop and benefit from social connections and fitness through affordable tennis programming, uniquely meeting individual needs.

One of the key lessons Asher learned from ACEing Autism is patience. A trait encouraged by Tennis Pro Richard Spurling and good advice for all of us when it comes to interacting with others who are different from us.

“Asher was so excited about tennis, he would try to get out of the car before I was parked at the tennis court,” said Clarence.

Once Asher hit puberty, it became apparent that the supports and services he required could no longer be addressed adequately at public school, and his parents were recommended to find him a residential environment. Those proved to be difficult times for both Asher and his parents, due to behavioral issues and the challenges of adolescence combined with autism.

Asher’s parents had enrolled him at The Monarch Center in Shaker Heights, Ohio. Shortly after his enrollment there, Asher’s parents were contacted the week before Thanksgiving and told that they would have to find him a new school due to staffing issues. Although it was a very sudden and unexpected event, as the saying goes...everything happens for a reason, and in December of 2021, Suzette and Clarence contacted Anderson Center providing videos and a Dropbox full of photographs and information about Asher for his application.

Asher was accepted to Anderson; however, space was not available until July 2022 for him to attend. During the waiting period, Asher was able to get familiar with Anderson Center and learned as much as he could about the school and even “interviewed” the teachers, house managers, and students.

Today, Asher is referred to by residents and staff as “The Mayor” of Anderson, which he is aptly named for his social demeanor and desire to make people smile.

“He is kind of a socialite; it takes about nanosecond for him to warm up to someone and give them a joke,” said Clarence.

In addition, Asher has also been working with peers as a “coach” in ACEing Autism, helping encourage others in tennis, and has been working with classmates at Anderson on public speaking and on a project called “Finding your voice from the Spectrum,” where he teaches other kids how to figure out what they like, put it into a presentation, and in the end create a video segment similar to a TED talk format.

Asher has also been volunteering as a vocational coach with classmates at Anderson. “From the beginning, Anderson has been an integral part of this life celebrated. Anderson has been an oasis in a vast desert,” said Suzette. “We are very grateful for the essential part that has played in our family’s lives.”

Asher’s parents are in the process of helping him set up an Etsy shop post high



Asher is pictured with his family. Below, Asher’s original artwork is featured on coffee mugs. Courtesy photos

school, where he can sell his original artwork on coffee mugs. (Seymour The Pencil Sea Horse made of pencils - Asher loves pencils— photo is provided by parents).

Asher is on track to receive his certificate of completion for high school by August (as a resident of California he has until the age of 22 to do so), and his parents have already been researching an Adult Vocational program for him in Arizona, where he can learn budgeting, food preparation, and public transportation navigation, among several other life skills that will enable him to live independently and go to school.

Asher’s parents are extremely grateful for the Anderson Center and what it has

done for Asher.

“Asher is highly relational, and Anderson celebrates that in Asher. This is the most successful experience that Asher has had because everyone values and really sees him,” said Clarence. “Anderson saw the person named Asher, not the condition.”

Asher’s parents added, “The journey may feel daunting, but be encouraged. You’re not alone, and there are many on the same pathway with you. Celebrate the deepening of what this does to our character. Remember, nothing grows on the mountain top. All the sediments, all the nutrients flow downstream, all the growth is in the valley. We are better because of our circumstances, not despite.”



Village of Rhinebeck holds Spring Mulch Sale

Through June 28, the Village of Rhinebeck will sell mulch at a discounted rate of \$30 per yard and \$15 per yard for bulk orders of 5 yards or more. Additionally, the commercial client pick-up loading fee of \$150 will be waived.

The following still apply:
• Free delivery to Village residents.
• \$50 delivery fee within the Town of Rhinebeck, and \$60 delivery fee for

outside of the Village/Town.

• Deliveries outside of the Town of Rhinebeck shall not exceed a maximum distance of 25 miles one-way.

• All orders must be paid for at the Village Hall, via cash or check, prior to pickup/delivery.

Place your order by contacting the Clerk Martina McClinton or Deputy Clerk Krissy Denu at (845) 876-7015.

Locust Grove

Historic Estate • Museum • Nature Preserve

Antiques Appraisal Day!

Sunday, April 14

9:30 AM - 4 PM

Get your treasures appraised!

For more information and tickets go to:

lgny.org

2683 South Rd Route 9 Poughkeepsie, NY



(Published weekly)
Northern Dutchess News & Creative Living is a division of the Southern Dutchess News, produced and printed in Dutchess County since 1959. The Southern Dutchess News is an official newspaper of Dutchess County, as voted by the Dutchess County Legislature. The Northern Dutchess News is the official newspaper of the Towns of Amenia, Millbrook, Union Vale, Stanford and Rhinebeck. Submit all legal notices to sdnlegals@aol.com.

Publisher
Albert Osten

Executive Editor/
General Manager
Curtis Schmidt
cschmidt@sdutchessnews.com

Editorial/Creative Director
Kate Goldsmith

Reporters
Kristine Coulter
Rich Thomaselli

Contributing Writers
Jim Donick
Stacey vanden Thoorn

Advertising Representative
Richard Wambach
845-417-5377
richardlw47@gmail.com

Advertising deadline: Friday, noon

To submit news and letters to the editor:
cschmidt@sdutchessnews.com
Deadline is Thursday at 3 p.m.

To submit arts-related news
and calendar events:
creativeliving@sdutchessnews.com
Creative Living deadline is Thursday
at 3 p.m. for publication the following week.

Northern Dutchess News serves the towns of Amenia, Beekman, Clinton, Dover, Hyde Park, LaGrange, Milan, Pine Plains, Pleasant Valley, Red Hook, Rhinebeck, Stanford, Union Vale and Washington; the villages of Millbrook, Red Hook, Rhinebeck and Tivoli; and the hamlet of Salt Point

The Southern Dutchess News
84 East Main Street
Wappingers Falls, NY 12590
845-297-3723

**988 SUICIDE & CRISIS
LIFELINE IS LIVE**

The first nationwide three-digit mental health crisis hotline is up and running. It is designed to be as easy to remember as 911, but when you dial 988, a dispatcher will connect callers with trained mental health counselors.

Dialing 988:

- Is a direct connection to compassionate, accessible support for anyone experiencing mental health related distress.
- Provides support: People may dial 988 if they are worried about a loved one who may need crisis support.
- Help for VETERANS: Veterans can press “1” after dialing 988 and be connected directly to the Veterans Crisis Lifeline.

NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News.
Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.

Poughkeepsie MTA station has become ‘a pathetic empty user unfriendly place’

To the editor:

When I moved to Poughkeepsie 22 years ago the Metro North Poughkeepsie train station was a welcoming lively place with colorful public art, two human ticket vendors, printed train schedules everywhere, a cafe with snacks and real food and music filling the air.

Now in 2024 the station is a pathetic empty user unfriendly place. It looks like an abandoned weigh station for cattle. Not long ago, there were huge colorful historic public artworks on the walls. By the way, this station was designed by the same architects that designed Grand Central station in NYC, Warren & Wetmore, so it’s an important historic station. You wouldn’t think it is now the way it is ignored.

About 15 years ago the MTA commissioned a free standing sculpture for the station but it was never installed. It was shoved into a back hallway where it goes totally unnoticed and collecting dust. Now I really dislike using the Poughkeepsie train station because it is a sad, depressing and soulless place. American taxpayers deserve better.

As an artist, I find these disconcerting moves by the MTA insulting and unfortunate for the general public who could have enjoyed these artworks if they were installed as planned. You enter the station now and there are no ticket vendors, no printed train schedules, no cafe, no art, no music. No NOTHING!!!

We hear the usual excuses, no money for this no money for that. But there is something called the “quality of life.” As an artist, I appreciate the MTA commissioning public art, however, please don’t commission art and then take it down after a year or hide it in a closet. Take pride in our historic public buildings and try to make our traveling experience worthy of its historical importance.

Franc Palaia
Rhinebeck

Mass resignation of DC Master Gardener Volunteers

To the editor:

For over 49 years, the Dutchess County Master Gardener Volunteer program has provided impactful community service, helping home gardeners create, enjoy, and manage a more environmentally sustainable landscape by sharing Cornell-researched best practices.

But in the past few months, the program has come apart. At least half of its 74 Master Gardeners (MGs) resigned over the new leadership’s inflexible, disrespectful management of the program, their misrepresentation of the current crisis to Cornell, and their punitive treatment of volunteers.

The resignations significantly impact the program’s service to the community: reducing community service hours provided by at least 900 hours. This conservative estimate tallies only the minimum service hours required.

None who resigned took the decision lightly, and none wanted to leave the community work we love. But no one should be subjected to conditions like the following:

- Volunteer contracts were suddenly and substantially changed, and discussion was prohibited. Program leaders argued changes would bring requirements into line with other programs; yet a review of other counties’ programs shows no evidence of uniformity.
- New volunteer contracts are offensive. The new contract’s Code of Conduct includes this new “rule”: “Refrain from gossiping to others, in-person, on the phone or by email.” To date, we have found no other MG Program – in NY or elsewhere – that uses such disrespectful language. To characterize discussion of issues among our overwhelmingly-female volunteers as “gossip”—especially when discussion has been silenced in official meetings—is misogyny.
- Managers dismissed volunteers, citing spurious allegations of misbehavior. Because those dismissed are master gardeners who, concerned about the program’s future, attempted to engage management in discussion, we regard these dismissals as an attempt to silence criticism and compel compliance.

Efforts to engage leadership in dialogue and to trigger Cornell’s conflict resolution protocols have been rebuffed. Moreover, outreach to Cornell’s central supervision of the Extension program in Ithaca has been met with resounding silence.

The new MG contract requires that volunteers “respect and uphold the rights and dignity of all staff, other volunteers and all

individuals who participate in CCE programs recognizing that people’s values, beliefs, customs and strengths differ.” With this, we agree. But should this not apply to the program’s managers as well?

We hope that the current direction in Dutchess County can be reversed. We hope that the CCEDC will consider reinstating all MGs, under more humane guidelines, and preferably under new leadership.

Tanya Radford, Ph.D.
MG Class of 2016
Plus 27 current, emeritus and former Master Gardener Volunteers

Co-founder of Latino Democrats of Dutchess County laments loss of organization

To the editor:

As some of you might be aware, 12 years ago I helped co-found the Latino Democrats of Dutchess County, the LDODC. Recently, there were some inconsistencies from the leadership. Eventually those inconsistencies, more specifically their lack of financial reporting, led to the reporting to the NYS Board of Elections Financial Investigations Unit and ultimately, the disbanding of the only Latino political voice here in Dutchess County.

Though I was a member, Co-founder, and very vocal member of the LDODC, I was not part of the Executive Board.

For more than 40 years I’ve tried to represent, protect, and promote all of my communities. In several instances at great risk to my life, health, and reputation.

Over these last 12+ years I like to think I’ve had a positive impact on making sure the Latino political voice here in Dutchess and throughout the region was not exploited nor taken for granted. Despite the challenges and struggles, again, sometimes at a personal cost to me, I’m proud of the very long list of accomplishments and work I’ve done.

In hindsight, I would not change a thing. I will ALWAYS stand against injustice, even if I must stand alone.

If anyone is interested in helping me form a new Latino political voice here in Dutchess County, please contact me. I’m easy to find.

These past 12 years I’ve broken barriers and helped change the narrative for all Latino voters. I’m greatly disappointed in the wayward and suspect leadership of the now defunct Latino Democrats of Dutchess County. But together, we can form an even greater presence, become a more powerful voice, and grow our “Latinoness.”

Pa’lante!!!

Joe Torres
Town of Wappinger

Religious zealots not the only ones to blame for Gaza ‘butchery’

To the editor:

The war goes on. Not really a war, of course. This is a widely admitted genocide, and its targets have been tens of thousands of civilians, almost half of them children.

The genocide has links to the one country still sending weapons and financial aid to Israel, our very own land of the free, home of the brave. The US is the accomplice to the worst slaughter of the twenty first century.

We can talk about the Israel Lobby, as well as the Christian Zionists, two groups that put the Old Testament ravings above their basic humanity. “Do not spare them, but kill both man and woman, child and infant, ox and sheep, camel and donkey.”

But the butchery in Gaza can’t all be blamed on religious psychopaths. There is something disturbing about our two war parties. Congress and our main presidential candidates are stumbling over each other for more bloodshed. 13,000 children aren’t enough. Who could their God be?

Maybe it is Allen Ginsberg’s Molech, the God that destroys children though materialism and war. Molech in the twenty first century is wearing an IDF uniform as he shoots starving Palestinians. He is also Congressman Pat Ryan, whose “Top Contributor” for 2024 is AIPAC at \$39,900, and “Top Industries” includes Pro-Israel at \$159,000 (data from OpenSecrets.org). He talks about ceasefires, but always votes to send more bombs and bullets to Israel.

And will this carnage we watch every night eventually be called the American Genocide? We know that it will.

Fred Nagel
Rhinebeck

OUR POLICY ON LETTERS

- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
- Letters referring to news stories must mention the headline and date of publication.
- The Northern Dutchess News will not be used as a vehicle to place misinformation.
- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.

Vassar Temple celebrates 175 years

City of Poughkeepsie house of worship observes historic milestone

Vassar Temple, founded in 1848 as Congregation Brethren of Israel, is the oldest continuously functioning Jewish congregation between New York City and Albany and among the oldest Reform congregations in the nation. The seeds planted generations ago have flourished, and today Vassar Temple is a thriving, growing, and vibrant community. Membership offers a spiritual, educational, inclusive, and supportive home; non-members are welcome to participate. The congregation strives towards healing the world by supporting its neighbors in need and by taking action for social justice, human rights, and the planet. The theme of “from generation to generation” runs through the Temple’s anniversary events, which have included

a tour of its local cemeteries highlighting past Poughkeepsie business owners, a concert of Jewish music and composers to dedicate its refurbished 1923 grand piano, an adult education series about Prophetic Judaism, and more. The festivities will culminate in April, kicking off on April 7 with a celebration for Religious School and preschool students and families. On April 14 the congregation will honor its history, and build for its future, with an Anniversary Gala at The Grandview in Poughkeepsie featuring keynote speaker, distinguished historian and author Deborah Dash Moore. The community is welcome to the Gala. On April 19 Rabbi Rick Jacobs, President of the Union for Reform Judaism, will offer remarks during the evening Sabbath service, to which the public is welcome. Contact Susan Karnes Hecht, Immediate Past President, 175th Anniversary Coordinator, at fundraising@vassar temple.org for more information.

Two Bridges to be replaced on Salt Point Turnpike in Stanford

The Dutchess County Department of Public Works (DPW) has announced work to replace two bridges on Salt Point Turnpike (CR-17) in the Town of Stanford is beginning this week. The bridges, located over the Willow Brook and the Wappinger Creek near the intersection of Meadowview Way, will be replaced to ensure the safety and stability of the bridges and roadway for motorists. During construction, the section of Salt Point Turnpike near the bridges, between Meadowview Way and the Stanford Wildlife Preserve, will be closed, with a detour posted along the Turnpike, Route 82 and Clinton Corners Road (CR-13). View a map of the detour. The project is expected to be complete, with the road and bridges open to traffic by early 2025. The project will replace the existing grid, steel decks on both bridges with a new, wider reinforced concrete structures that will include four-foot shoulders. The bridge closest to State Route 82 will also be raised approximately 2.5 feet to reduce risk of flooding and potential damage to the bridge and roadway due to the

increasing intensity and frequency of major storms. Adapting and strengthening the County’s infrastructure to reduce the adverse impacts from changing climate conditions is also part of Dutchess County’s “Resilient Way Forward” effort to identify where risks exist and invest accordingly. This section of the Salt Point Turnpike averages approximately 918 vehicles per day. Motorists are advised to plan for additional time and to exercise extra caution near the construction site and on the detour, obey the posted speed limits, and traffic advisory signs and the directions from flaggers near the work zone to ensure the safety of workers and other motorists. For more information, please contact the Dutchess County Department of Public Works’ Engineering Division at (845) 486-2925.

SPARC Park in Stanford seeks volunteers for rebuild

SPARC Park in Stanfordville is looking for a spark. About 150 of them, actually. That’s how many more volunteers the Town of Stanford needs to help rebuild the venerable park. It has about 125 volunteers already. The SPARC (Stanford Parks and Recreation Committee) Park Playground rebuild will commence on April 18. Volunteers of all ability are needed. This is especially true for the beginning of the rebuild in mid-April. Please use this link to sign up: <https://shorturl.at/gkzAZ>

Cary Institute to host April 11 lecture on ecological success stories

With Earth Day approaching, residents are encouraged to join Cary Institute for Ecosystem Studies on April 11 to discover inspiring examples of ecological success stories, where science has led to effective solutions and a cleaner environment for all. In the hybrid event, Cary Institute senior research fellow Peter Groffman will discuss how ecosystem science spurred policy and management decisions that led to the return of the bald eagle, curbed acid rain, and reduced nutrient pollution to freshwaters. Groffman will discuss these success stories, and how lessons learned can be applied to current challenges, including climate change and science denial. Register to watch the talk in-person or online via EventBrite on April 11 at 7 p.m. “Ecology has been very powerful in its ability to diagnose problems, propose solutions, have those solutions implemented by society, and then track the success,” says Groffman, who studies urban ecology and how climate change alters microbial processes that support plant growth and air and water quality. The seeds of the April 11 talk were planted at a conference Groffman led on the successes, frontiers, and limitations of ecology. The idea resurfaced after he was recently elected the 2025 president of the Ecological Society of America, he says. “I’m very proud to be the ESA president-elect, because I think we’ve done really well as a scientific discipline.” What makes ecology such a successful discipline? Groffman credits ecology’s collaborative nature, its ability to combine perspectives from different disciplines, and its genuine efforts to incorporate diversity, equity, and inclusion. For example, unlike in many branches of science, women have earned half of all ecology PhDs for the last 20 years. “White men aren’t the only people who have good ideas,” says Groffman.

“The more we can bring in people with diverse backgrounds and perspectives, the stronger and more creative our science will be.” Case in point: It was a female scientist — Rachel Carson — who revealed to the world that the pesticide DDT was killing off animals (including the emblematic bald eagle) and contaminating the world’s food supply. As Groffman will detail in his talk, Carson’s book not only led to a nationwide DDT ban, but it also kicked off the modern environmental movement, the first Earth Day, and the passage of pivotal environmental legislation that has dramatically cleaned up America’s skies and waters. “In order to figure out the effects on bald eagles, you had to have strong science about birds, and about pesticides, streams, and insects, and you had to put it all together,” says Groffman, highlighting the interdisciplinary nature of this environmental success story. These traits that ecology values so much — diversity and multidisciplinary collaboration — are also going to be key in helping to address climate change and other ongoing challenges, Groffman asserts. The impacts of climate change cut across nearly all parts of the living and nonliving world; as such, it is going to take people with a wide range of strengths and specialties to solve it. Although he acknowledges the challenges ahead, Groffman has a positive outlook. “I think we are already rising to the challenge of climate change,” he says. “We’ve done really good science. We have proposed the solutions, and the solutions are being implemented. Whether it’s going to be fast enough, I don’t know. But I think in 2050 we’re going to look back and say, ‘Sometime around 2016, they really started to turn the ship around and get serious about decarbonizing the economy.’”

RHINEBECK VILLAGE BRUSH PICK-UP UNDER WAY

Village of Rhinebeck Clerk Martina McClinton recently announced that the Highway Department brush pick-up is under way through May 15. Residents are reminded that materials collected include sand (accumulated from being spread on roads), brush, limbs (up to 4 feet in length and 8 inches in diameter) and leaves. Materials not collected include garbage, building materials, stones, lumber and/or grass clippings. Also, please be sure to separate any leaves into their own pile. All material should be placed in front of the property that generated the material and should not cover any storm water drain or impede the flow of traffic.

What makes us different is what makes us unique.

We are Dutchess County’s only locally-based trust and investment department, serving clients throughout the Hudson Valley and Connecticut.

We take a proven and conservative approach to growing and preserving wealth. We are small, local, and adaptable – allowing us to fit our investment solutions to our client’s needs.

And our clients don’t wait to speak to a person. We answer the phone. We meet one-on-one with each client. It’s how every great relationship begins.

Give us a call and let’s get to know each other!

BANK OF MILLBROOK



TRUST AND INVESTMENT SERVICES

The Strength of Relationships

845-677-4266 BANKOFMILLBROOK.COM
44 Front Street, Millbrook, NY 12545

Investments through the Bank of Millbrook Trust and Investment Services are not FDIC insured, are not guaranteed by the Bank of Millbrook Trust and Investment Services, and are subject to investment risk, including possible loss of value.



Eliot Clarke
Vice President & Trust Officer

Meredith Marsh Tiedemann
*Certified Private Wealth Advisor®
Senior Vice President & Trust Officer*

COMMUNITY CALENDAR

Girl Scout ambassador donates little libraries



Maddie Brill, a Girl Scout ambassador, is pictured with one of the libraries that she donated to the community in Hyde Park. *Courtesy photo*

Girl Scouts are known for their volunteerism, helping people and making their communities a better place to live. As one of her Girl Scout Gold Award requirements, Maddie Brill a Junior at Franklin D. Roosevelt High School, with the help of others, has donated two little libraries to her community.

Little Libraries are small boxes where community members can take or donate books as free exchange. In collaboration with the Hyde Park Recreation Department and Robert Pollard the Recreation Director, it was decided that the libraries were best suited for Hackett Hill and Riverfront Parks. Girl Scouts helped to build, paint, and donate books for the libraries.

The Girl Scout Gold Award is the highest achievement a Girl Scout can earn and requires volunteerism, leadership, and fundraising components. Funds for the project were made possible by the generous donations of local businesses from Poughkeepsie Adams Fairacre Farms, Hyde Park Stop and Shop, BJ's Wappingers Falls, and Poughkeepsie Home Depot.

Maddie wishes to give special thanks to: Members of the Hyde Park United Methodist Church, Dutchess Tri-Valley Service Unit 123, her mother, father and friends that helped to make this project possible. All park visitors are encouraged to check out these new libraries.

Town of Pleasant Valley to hold month-long cleanup

In celebration of Earth Month, the Town of Pleasant Valley has pronounced April as Clean-up Month. The town encourages residents to help clean up local roadsides, parks and neighborhoods.

Orange bags and gloves will be provided. Leave bags and miscellaneous items on roadsides to be picked up – don't bring them to the Transfer Station.

All participants must sign a Volunteer Waiver form. Stop by the Town Clerk's office for bags and instructions. Call (845) 635-1111, ext. 201, for more information.

Anderson Center celebration set April 4 at Mill House Brewing Co.

Raise a Glass of Mr. Anderson Ale in Anderson Center for Autism's Centennial Year to celebrate a century of impact, and a decade of beer on Thursday, April 4, from 5 to 7 p.m., at Mill House Brewing Company, 289 Mill St., Poughkeepsie. Open to the public; advance ticket purchase required. Cost: \$35. For more information: andersoncenterforautism.org/mranderson

Stanford Grange Penny Social

Stanford Grange #808 will host a Spring Penny Social on Saturday, April 6, at the Stanford Grange Hall, 6043 Route 82, Stanfordville. Doors will open at 5:30 p.m. (strictly enforced) and calling begins at 7 p.m. There will be penny prizes, \$1 table, homemade baked goods, theme baskets, 50/50 drawing, and door prizes. Spring items will be featured. The Grange Youth will have refreshments for sale; no outside food/beverages, please, as it takes money away from the kids. Total proceeds benefit continuing maintenance for the Stanford Grange Hall and the Scholarship Fund. For more information, contact Grange Secretary Ryan Orton at (845) 868-7869.

Holy Cow annual St. Jude Fundraisers set April 6 & 20

Ice Cream for Breakfast, Holy Cow's 14th Annual St. Jude Fundraiser, will be held on Saturday, April 6, and Saturday, April 20, from 9 to 11:30 a.m., at Holy Cow on Route 9 in Red Hook. Special guests include Bee Bee the Clown, Dr. Willie's Magic and Jace (illusionist and hypnotist). Special limited menu only. Cost is donation of your choice. All proceeds go to St. Jude. These events have raised \$79,000 over the years thanks to all of you! All helping to support. One Scoop at a Time.

Repair Cafes set in Stanford

The Stanford Free Library will host a series of Repair Cafes on April 6, July 6 and Oct. 5, from 10 a.m. to 2 p.m. Bring clothes, furniture, electrical appliances, toys and more to be repaired, instead of throwing them away. The cost is a voluntary donation. The library is at 6035 Route 82 in Stanfordville. Visit repaircafe.org for more information.

County to offer free rabies clinic on April 7

The Dutchess County Department of Behavioral & Community Health (DBCH) and the Dutchess County SPCA continue their partnership hosting their next free rabies vaccination clinic on Sunday, April 7, at the Red Hook Town Hall, located at 7340 Broadway, in the Town of Red Hook, from 8 a.m. to noon. This clinic is open to dogs, cats, and domestic ferrets 3 months of age and older. Advance registration is required. Residents can register at DCSPCA.org or by calling the DCSPCA at (845) 452-7722, ext. 425.

Choir performance to raise awareness of Walter Hoving Home

Walter Hoving Girls Choir, representing The Walter Hoving Home in Garrison for women who are in need of help to heal and rebuild their shattered lives, will be performing and sharing their stories at the Beekman Baptist Church on Sunday, April 7, at 11 a.m. The church is located at 1068 Beekman Road, Poughquag.

DAR meeting set April 7

On Sunday, April 7, at 2 p.m., the Chancellor Livingston Chapter NSDAR will meet at the CLC Chapter House and Museum, 77 Montgomery St., Rhinebeck. The program, "Early Rhinebeck Stories," will be presented by Henry (Huck) Hill & Paula Schoonmaker. Visitors are welcomed. For more information, call (845) 871-1777.

Stanford to hold Clean-up Day April 13

The Town of Stanford's annual Clean-up Day is set Saturday, April 13. Visit www.townofstanford.org for more information.

Skilled Trades Fair set April 18 at Ketcham HS

The Skilled Trades Fair will take place on Thursday, April 18, from 6:30 to 8:30 p.m. at Roy C. Ketcham High School at 99 Myers Corners Road in Wappinger. The free event is open to the public and students from across Dutchess County are encouraged to attend. It is a walk-in event; student registration is not required.

Family fun at Spring Fling

Families can dive into spring together at the New Beginnings Spring Fling Festival on Saturday, April 27, from 1 to 4 pm. This water-themed festival is free and offers games, crafts, snacks, and more. The festival happens rain or shine; the events just move inside the big gym. New Beginnings is at 35 DeGarmo Road in Poughkeepsie. All are welcome. www.newbeginningscma.org

Upcoming Repair Cafes in Pleasant Valley

Pleasant Valley's last three Repair Cafes for 2024 are set for Saturday, May 4, Saturday, August 3 and Saturday October 5. They are held at the Pleasant Valley Town Hall, 1554 Main Street, Route 44, from 10 am - 2 pm. Expert fixers repair lamps, computers, clocks, cell phones, jewelry, mend clothing, holes in sweaters, sharpen knives & small garden tools and almost anything that needs repair. Voluntary donations are appreciated.

This is a community event, neighbors helping neighbors, making repairs instead of filling landfills. Plus the Cafe offers a great cup of coffee or tea and homemade muffins & cookies while you wait. These Repair Cafes are supported by Pleasant Valley Climate Smart, Repaircafehv.org and Sustainable Hudson Valley. Visit www.repaircafehv.org or follow on www.facebook.com/PVRepairCafe for more information.

ONGOING: The Frederick W. Vanderbilt Garden Association is looking for volunteers to perform all tasks required to plant and maintain the garden. No gardening expertise is needed, we will train as we work. You need to be eighteen years old or older and be able to perform, at minimum, basic physical labor such as bending, kneeling and carrying buckets. Garden work is done during the spring, summer and fall months on Saturday, Tuesday and Thursday mornings from 8:30 a.m. to noon. You are welcome to work as often and on any days that suit your schedule. For further information, visit <http://www.vanderbiltgarden.org> or call 845-229-6432.

Creating enriching experiences for students

Giving back through life-changing experiences!

The Ridge School is a New York State Board of Regents Accredited School, Not-for-profit organization located in Dutchess County, New York dedicated to the creation of a rich and positive setting for students who are not succeeding in their current educational placements. The Ridge School is a day school for students who are diagnosed with High Functioning Autism.

845-266-4283

The Ridge School

www.ridgeschool.org



**Find us on Facebook:
Southern Dutchess
News Group**



**NORTHERN
DUTCHESS NEWS**
ALL LOCAL ~ ALL THE TIME
www.sdutchessnews.com

Hinchey announces April mobile office hours

Senator Michelle Hinchey recently announced that members of her constituent services team will hold mobile office hours throughout the month of April, continuing their work to bring state government services to communities across the 41st Senate District. Hinchey's Constituent Services Team will also hold late-night hours every Thursday until 7 p.m. at their Kingston Office (721 Broadway, Suite 150).

Hinchey said, "Everyday my team helps our community members access the support they need. We've helped seniors apply for grants to make emergency home repairs, cut through red tape so small businesses can get the licenses they

need to operate, sorted out insurance issues so families can access healthcare, and we regularly advocate for people who need to fix an issue with their utility bill. If you think we can assist you with a problem or just want to share your thoughts on an issue that's important to you, visit one of our mobile office hours this April!"

During mobile office hours, residents can meet with constituent services specialists from Hinchey's team for assistance, which can include help working with state agencies, support with business licenses, housing, connections to food and health resources, and more. Free COVID tests and masks will be available

at mobile office hours while supplies last. Appointments for Mobile Office Hours can be scheduled by calling the District Office at (845) 331-3810.

GREENE COUNTY

Wednesday, April 10
11:00 AM - 3:00 PM
Catskill Public Library
1 Franklin St, Catskill

COLUMBIA COUNTY

Wednesday, April 17
11:00 AM - 3:00 PM
Roeliff Jansen Community Library
9091 NY Route 22, Hillsdale

ULSTER COUNTY

Thursday, April 25
11:00 AM - 3:00 PM
Plattekill Library
2047 NY-32, Modena

DUTCHESS COUNTY

Tuesday, April 30
12:00 PM - 3:00 PM
Dover Plains Library
1797 Route 22, Wingdale
Hinchey's District Office at 721 Broadway, Suite 150, Kingston, is open on weekdays from 9:00 am to 5:00 pm and on Thursdays until 7:00 pm. The Senator's Constituent Services team can be contacted at (845) 331-3810.



The Science of healing & the art of caring



“We’ll treat you like family”

- Aquatic Therapy • Pediatric Therapy
- Orthopedic Therapy

3 Locations

To Help You Achieve Your Goals

2 Delavergne Ave.
Wappingers Falls
(845) 297-4789

4353 Albany Post Rd.
Hyde Park
(845) 233-4960

264 Route 52
Carmel
(845) 200-7646

www.CenterForPhysicalTherapy.com

Yankees announce Renegades 2024 Break Camp roster

The New York Yankees have announced the Break Camp Roster for the Hudson Valley Renegades, their High-A affiliate.

The initial Renegades roster features four of the Yankees' Top 30 prospects and 12 returning players from the 2023 South Atlantic League North Division Championship season. Additionally, there are five players on the roster who appeared for Hudson Valley in the 2023 SAL Playoffs, but did not play with the team during the regular season.

Once again, the Renegades' pitching staff projects to be the strength of the team, highlighted by Kyle Carr, the Yankees #10 prospect according to Baseball America and #11 per MLB Pipeline. Carr was a 3rd round pick of the Yankees in the 2023 First-Year Player Draft out of Palomar College.

Returners Cole Ayers, Leonardo Pestana, Cam Schlittler, Baron Stuart and Joel Valdez will provide solid experience to the staff. Luis Arejula, Jackson Fristoe, Geoff Gilbert, Sebastian Keane and Matt Keating will all make their regular season Hudson Valley debuts after recording key outs in the 2023 playoffs.

Newcomers to the staff include Carr, Matt Givin, Brian Hendry, Trent Sellers and Ben Shields. Givin was signed as a minor league free agent by the Yankees after beginning his career with the Miami Marlins organization, while Hendry (10th round), Sellers and Shields (non-drafted free agents) joined the Yankees to begin their careers in 2023.

Behind the dish will be familiar names for Renegades fans, as both Rafael Flores and Jesus Rodriguez return for the start of the 2024 season.

Flores spent the entire season with Hudson Valley in 2023, where he hit .259/.346/.366 in 105 games. Rodriguez joined the Renegades on August 8 and hit .356 down the stretch while leading all Yankees minor leaguers in batting average (.310) for the full season. That tandem is

joined by newcomer Omar Martinez, who was an offensive leader for the Tampa Tarpons last year, hitting .251/.367/.445 with 18 home runs, which was third-most in the Florida State League.

The Renegades infield is led by strong play up the middle, with Jared Serna (Baseball America #21, MLB Pipeline #20), Roc Riggio (Baseball America #29, MLB Pipeline #19), and Alexander Vargas projecting to receive a bulk of the playing time at second base and shortstop. Beau Brewer brings elite on-base skills, having finished second among Yankees minor leaguers in 2023 with a .410 on-base percentage, and defensive versatility to the club. Kiko Romero and Josh Moylan add left-handed power bats to the lineup as they both begin their first professional season.

In the outfield, Kyle Battle, Cole Gabrielson and Anthony Hall (MLB Pipeline #29) all return from the 2023 club and are capable of playing all three positions as well as providing punch in the lineup. They are joined by newcomers Garrett Martin and Nelson Medina. Medina had a strong season in Tampa in 2023, posting an .859 OPS and earning a late-season promotion to Triple-A Scranton/Wilkes-Barre before playing in the Arizona Fall League. Martin was signed as a non-drafted free agent in July out of Austin Peay State University.

Overall, the Renegades roster is comprised of four members of the Yankees 2023 draft class (Carr, 3rd round; Riggio, 4th round; Romero, 7th round; Hendry, 10th round), and six players signed as free agents in 2023. The team boasts players hailing from five different countries and 13 different states in the US.

The 2024 Hudson Valley Renegades season begins on Friday, April 5 when the team kicks off a nine-game road trip with a 7:35 p.m. game against the Bowling Green Hot Rods. Coverage on the Renegades Baseball Network begins at 7:15.

Former Renegades player Jones named 2024 Dawson award winner

continued from cover

Pedro Gonzalez 2B, 1964 - Pete Mikkelsen P, 1965 - Arturo Lopez OF, 1966 - Roy White OF, 1967 - Bill Robinson OF, 1968 - Mike Ferraro 3B, 1969 - Jerry Kenney OF/ Bill Burbach P, 1970 - John Ellis 1B/C, 1971 - None Selected, 1972 - Rusty Torres OF, 1973 - Otto Velez OF, 1974 - Tom Buskey P, 1975 - Tippy Martinez P, 1976 - Willie Randolph 2B, 1977 - George Zeber INF, 1978 - Jim Beattie P, 1979 - Paul Mirabella P, 1980 - Mike Griffin P, 1981 - Gene Nelson P, 1982 - Andre Robertson SS, 1983 - Don Mattingly 1B, 1984 - Jose Rijo P, 1985 - Scott Bradley C, 1986 - Bob Tewksbury P, 1987 - Keith Hughes OF, 1988 - Al Leiter P, 1989 - None Selected, 1990 - Alan Mills P, 1991 - Hensley Meulens OF, 1992 - Gerald Williams OF, 1993 - Mike Humphreys

OF, 1994 - Sterling Hitchcock P, 1995 - None Selected, 1996 - Mark Hutton P, 1997 - Jorge Posada C, 1998 - Homer Bush INF, 1999 - None Selected, 2000 - None Selected, 2001 - Alfonso Soriano 2B, 2002 - Nick Johnson 1B, 2003 - Hideki Matsui OF, 2004 - Bubba Crosby OF, 2005 - Andy Phillips INF, 2006 - Eric Duncan INF, 2007 - Kei Igawa P, 2008 - Shelley Duncan INF/OF, 2009 - Brett Gardner OF, 2010 - Jon Weber OF, 2011 - Manny Banuelos P, 2012 - David Phelps P, 2013 - Vidal Nuño P, 2014 - Masahiro Tanaka P, 2015 - Slade Heathcott OF, 2016 - Johnny Barbato P, 2017 - Gleyber Torres INF, 2018 - Miguel Andújar 3B, 2019 - Stephen Tarpley P, 2020 - Clarke Schmidt P, 2021 - Deivi García P, 2022 - Clarke Schmidt P, 2023 - Anthony Volpe INF, 2024 - Spencer Jones OF.

NEWS FROM THE OLD DUTCH VILLAGE GARDEN CLUB

Getting ready for the Plant Sale, learning about climate change

By Nancy Bendiner
and Felice Gelman

COMING SOON! Old Dutch Village Garden Club's long awaited annual plant sale will take place on Saturday, May 18, at Memorial Park across from CVS starting at 9 a.m. sharp. Hundreds of plants including perennials, shrubs and herbs will go on sale at bargain prices. Last year, nearly 1,200 plants sold out by noon. It is inspiring that so many local gardens will be graced by the plants we sell.

If you have any plants to donate to the sale, please call Linda Lawson, sale chairperson, 845-399-9532, before May 3. Perhaps you would like to thin out some plants that are taking over your yard, tweak your garden design, or start a new garden entirely! ODVGC volunteers will help you dig plants out of your garden, though it would be appreciated if you can do this yourself or work with us.

There will also be a raffle at the sale with garden-related items as prizes. The first tickets go on sale May 11, Apple Blossom Day in Red Hook Village. Check out the ODVGC display that day.

While club members prepare for the sale, they also continue to enjoy educational presentations at our monthly meetings. On March 14, Dorian Hyland, Master Gardener, Cornell Cooperative Extension, Columbia and Green counties, spoke on Gardening in a Changing Climate.

Many gardeners have wondered what a

changing climate could mean for their gardens, and Ms. Hyland offered an extensive explanation and suggestions about what to do. She listed climate changes that include more frequent and severe weather events; the expansion of harmful invasive species, pests and diseases; disrupted ecosystems; the extinction of thousands of species; and changing plant hardiness zones.

According to Ms. Hyland, water conservation can help sustain a garden in this changing environment. Her suggestions included to use rain barrels to direct water from downspouts into a barrel to decrease water consumption; create rain gardens to soak up water and reduce storm water runoff; mulch with organic sources; replace some of your lawn with beds of shrubs, drought-tolerant perennials, ground covers, and choose native plants that “want to be here.”

Ms. Hyland explored many possible approaches to improve the atmosphere, such as decrease the use of fossil energy fuels and chemical sprays.

There is work and learning to do as we cope with the changing environment, and Ms. Hyland pointed us in helpful directions. For more information about the Cooperative Extension, go to CceColumbiaGreene.org/Gardening.

We look forward to seeing you at St. John's Reformed Church at our monthly 12:30 p.m. meetings! Check out our Facebook page for upcoming events and ongoing news.

ROOSEVELT CINEMAS	LYCEUM CINEMAS
Rte.9 Hyde Park 229-2000	Rte.9 Red Hook 758-3311
--STARTS THURSDAY--	
THE FIRST OMEN[®]	
MONKEY MAN[®]	
Wicked Little Letters[®]	
--HELD OVER--	--HELD OVER--
Godzilla x Kong: The New Empire (PG13)	Godzilla x Kong: The New Empire (PG13)
Ghostbusters: Frozen Empire (PG13)	Ghostbusters: Frozen Empire (PG13)
Kung Fu Panda (PG)	Kung Fu Panda (PG)
In the Land of Saints and Sinners (R)	Dune: Part Two (PG13)
BEST ENTERTAINMENT VALUE!	
LYCEUM CINEMAS Rte. 9 • Red Hook, NY • 758-3311 SUPER VALUE BOOK NEW PALTZ CINEMA ROOSEVELT CINEMAS Hyde Park Plaza • Rte. 28E • 229-0430 Route 9 • Hyde Park, NY • 229-2000 10 MOVIE ADMISSION TICKETS. MAXIMUM OF 4 TICKETS CAN BE USED AT ONE TIME. 075761	10 tickets \$69 PLUS get a FREE large bag of popcorn with every purchase! 
Good any time for any movie	
FOR COMPLETE MOVIE INFO--876-8000 OR WWW.GREATMOVIESLOWERPRICES.COM	

Now Hiring For Our Sales Department!



CELEBRATING
MUSICAL DIVERSITY

KZE

WKZE.COM

98.1

Resumes:
gm@wkze.com

Y.O.U.R Health Fair to be a day of ‘food, giveaways’ on April 13 at DCC

Residents of all ages are invited to family-friendly activities, interactive educational presentations, food trucks, giveaways and prizes and more – all highlighting how to enhance health and wellness at Dutchess County’s 3rd Annual Y.O.U.R (Young, Old, Urban, Rural) Health Fair on Saturday, April 13th. The Dutchess County Department of Behavioral and Community Health (DBCH) is hosting this free event from 11 a.m. to 2 p.m. at Dutchess Community College’s Falcon Hall, located at 53 Pendell Road in Poughkeepsie. Free transportation is available from the City of Poughkeepsie to Falcon Hall.

More than 75 exhibitors, including community health providers, local businesses, County Government departments and more, will be offering informative booths, engaging workshops, health screenings, fitness demonstrations and more. There will be a wide range of resources, including mental health and recovery services; environmental health; maternal, child and elderly care; sexual health; physical activity; nutrition and dental health.

Dr. Livia Santiago-Rosado, DBCH Commissioner, said, “Our annual Health Fair is one of the many ways we advance our mission to educate and engage the public, aiming to protect and promote the health of all Dutchess County residents, families, and communities. This year’s event is bigger and better than ever with a great line up of presenters and activities – both inside and outdoors! We are grateful to all our partners for coming together with us to offer this great event to residents and we can’t wait to see everyone there!”

Inside Falcon Hall, attendees can visit booths and take part in a full schedule of interactive demonstrations and workshops including:

- Hands On CPR training;
- Yoga demonstration and meditation session from Kate Baumann of Rooted Yoga;
- Performances by Roy C. Ketcham High School Step Team;
- Line dance instruction;
- Tai Chi through the Dutchess County

Office for the Aging;

- “Healthy Living for your brain and body” by the Alzheimer’s Association; and much more.

Participants can take part in games like “Health Jeopardy!” and “Fishing for Facts,” and spin the DBCH prize wheel for great prizes. Pick up a Health Fair Passport and collect stickers specially marked exhibitor tables to fill in the passport and submit into raffle drawings for great prizes from local businesses including gift certificates, tickets to local experiences, wellness baskets and more.

For those with sensory sensitive needs, the ThinkDIFFERENTLY team will offer sensory-friendly games for children. There will also be a tranquil area away from the noise and crowd, where attendees can also learn about resources and services available to residents of all abilities.

There will also much to enjoy outside of Falcon Hall, including:

- Food trucks
- Child Safety Seat Checks by Nuvance Health
- Bike Helmet Fittings with free bike helmet giveaway from Nuvance Health

Health Fair attendees will be able to take home many free health-related items, such as tick removal kits, food thermometers, life-saving Narcan kits and much more.

County Executive Sue Serino said, “Good health and wellness is key to enhancing our quality of life. The Dutchess County Y.O.U.R. Health Fair is a great way to learn about the wide range of health resources that are available throughout our community, while taking part in fun and educational activities designed for all ages and abilities!”

Dutchess County Public Transit will provide free shuttles from the Transit Hub on Market Street in Poughkeepsie to Falcon Hall, running continuous loops from 10:30 a.m. to 2:30 p.m.

More information about Dutchess County’s Health Fair is available at dutchessny.gov/healthfair. To learn more about health resources available in Dutchess County, residents can visit dutchessny.gov/health.

Lawmakers comment on congestion pricing passage

National and State officials condemned the recent passage of congestion pricing by the Metropolitan Transportation Authority (MTA) board. The fee would be on drivers entering certain areas of New York City at specific times. State Senator Rob Rolison (39th District) on March 28, issued the following statement:

“Congestion pricing is a tax on working- and middle-class commuters, hitting communities such as Orange County -- where there is no one-seat public transit option for city workers -- particularly hard. Large parts of Dutchess and Putnam counties are bedroom communities which will be similarly impacted.”

The toll, which would be paid by drivers entering Manhattan south of 60th St., is expected to begin in the middle of June.

“It’s one more reason why I oppose congestion pricing and joined a bipartisan coalition of lawmakers and stakeholders suing the state in order to say: Put the brakes on this new tax,” said Rolison.

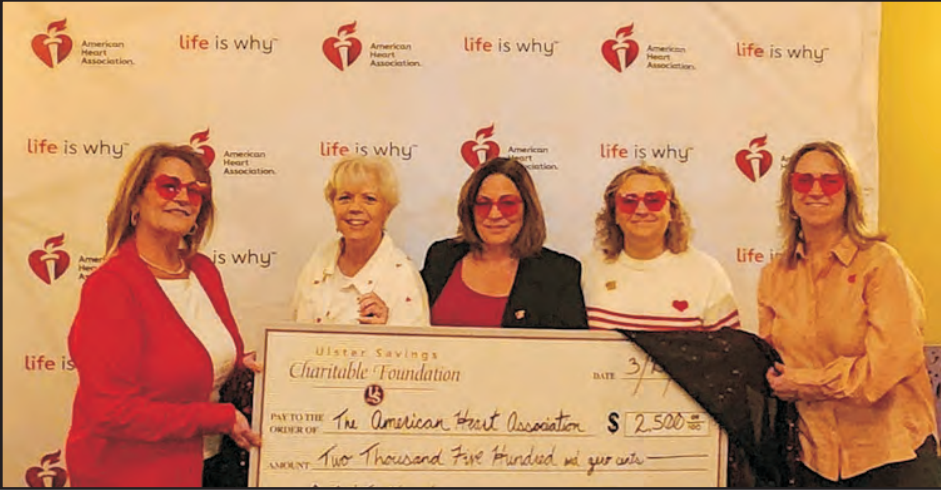
Congressman Pat Ryan (NY-18), a member of the House Committee on Transportation and Infrastructure, said in a statement: “For decades, the MTA has

systematically failed the Hudson Valley – there’s not a single MTA station in Ulster, there’s still no one-seat service in Orange, and there’s limited service in Dutchess. Now, without committing to any service additions or providing carve outs for public servants, they’re going to charge working families thousands more per year simply to go to work. It’s everything that’s wrong with New York City’s approach to policy making outside the 5 boroughs.”

Ryan noted, “The MTA ignored the voices of countless Hudson Valley residents, firefighters, police officers, union members, and teachers alike, public servants who might live in the Hudson Valley, but protect New York City. This ‘plan’ is completely detached from reality, and it cannot stand.”

In the statement issued by Ryan, he said, “The MTA introduced its congestion pricing plan to reduce traffic congestion in Manhattan and promote alternative transportation methods. However, public transit options from the Hudson Valley to Manhattan are still very limited, and there is no MTA plan to use these additional revenues to bolster Hudson Valley service.”

Ulster Savings Bank Charitable Foundation donates \$2,500 got CPR training in high schools



Last week, members of the Ulster Savings Bank Charitable Foundation donated \$2,500 to bring hands-only CPR training to high schools. From left are MaryRose Warcholak and Dora Visbeck of Ulster Savings Bank, Janet Eliopoulos and Valerie Ubriaco of the American Heart Association and Connie Harkin of Ulster Savings Bank. Hands-only CPR guidelines are: Call 911. Push hard and fast in the center of the chest (compressions should be to the beat of the song “Staying alive”) until help arrives. Chest compressions are good for the first few minutes that someone is in cardiac arrest pushing remaining oxygen through the body to keep vital organs alive until a skilled professional can provide help. *Courtesy photo*

JEEP WRANGLER GIVEAWAY

Win A 2024 Jeep Wrangler 4-Door Sport S!

Earn Entries All Month Long!
Saturday, April 27 • 10pm

*Actual models and colors may vary.

Newburgh, NY
RWHudsonValleyNY.com
I-84 | Exit 36B I-87 | Exit 17

MUST BE 18 YEARS OF AGE OR OLDER TO PLAY THE NEW YORK LOTTERY GAMES. PLEASE PLAY RESPONSIBLY. 24-HOUR PROBLEM GAMING HOTLINE: 1-877-8-HOPENY (846-7369)

Creative Living

celebrating all good things

DCC Foundation Gala to honor 4 on Saturday

The Dutchess Community College Foundation’s annual Our Community’s Bridge to the Future gala will be held on Saturday, April 6 at 6 p.m. at The Grandview in Poughkeepsie. The event will honor the 2024 Alumni Hall of Fame inductees and recipients of two awards for outstanding service to the College and community respectively. The Foundation provides more than \$800,000 annually to DCC to support student scholarships, emergency grant needs, student technology and other educational initiatives.

Lawyer John Genovese and retired Vassar Dean Edward Pittman will be inducted into the DCC Distinguished Alumni Hall of Fame. Geraldine Laybourne and DAY ONE Learning Community will receive the College’s Bridge to the Future Award, and Brian Doyle will receive the Bernard Handel Community Leadership Award.

Genovese (’74) earned his A.A.S. in Retail Business Management with honors at DCC before transferring to Siena College where he graduated magna cum laude with his bachelor’s in 1976. In 1979, he earned his juris doctorate from Ohio Northern University (ONU) College of Law. He has had a distin-

guished law career, and has earned numerous awards for his accomplishments, including an honorary Master of Laws degree from ONU.

Longtime Poughkeepsie resident and community service member, Pittman (’80) graduated from DCC’s honors program, going on to earn his bachelor’s in sociology (Vassar College), master’s in education (SUNY New Paltz) and doctorate in higher education management (University of Pennsylvania). The focus of his long and impressive career in education has focused on efforts to improve diversity, equity and inclusion. Among his many contributions are his development of the first diversity recruitment initiative at DCC and his service as the founding director of the ALANA Cultural Center at Vassar College.

Once the president of Nickelodeon and Disney-ABC Cable Networks, Laybourne has a long entrepreneurship career and was inducted into the Television Hall of Fame in 2020. Laybourne has been a longtime advocate for women and children and co-founded DAY ONE Early Learning Community, an early childhood education group in Poughkeepsie.



From left to right, top to bottom: John Genovese - Class of '74, Edward Pittman Class of '80, Geraldine Laybourne and Brian Doyle. Courtesy photos

Brian Doyle served as the CEO of Family Services for 11 years before his retirement in 2023. During this time, Doyle led the company to grow and expand into behavioral health and community programs. He has worked in the human services industry for 50 years with

multiple nonprofits in the Hudson Valley, along with volunteer efforts in his town of Poughkeepsie.

Tickets are \$225 per person. For more information, visit www.suny-dutchess.edu/gala or contact Burnelle Roser at 845-431-8402.

Creative Living
is the arts and entertainment section of
NORTHERN DUTCHESS NEWS
A division of Southern Dutchess News
84 East Main St., Wappingers Falls, NY 12590
845.297.3723 • www.sdnnews.com

DOT-TO-DOT PUZZLE

See page 15 for finished puzzle (no peeking!)

Stars
Stop at each star (★), then skip to the next number and start your line again. End ★ 115

By David Kalvitis © 2003 Monkeying Around

“5 Star Rated”- medicare.gov

Brookmeade Rehabilitation Center

Your Recovery is Our Mission

We provide top-notch care in a comfortable setting for post surgical recovery as well as short-term health challenges, including:

Hip and Knee Replacement * Stroke * Post Surgical Recovery

Cognitive and Speech Disorders * Osteoarthritis * Shoulder Injury

Neurological Disorders * Spinal Injury

46 Brookmeade Drive, Rhinebeck, N.Y. 12572 (845) 876-2071
communityatbrookmeade.org



When I was young...

There's always a lesson hidden in Pop's stories.

Everyone has a story about their father lecturing them how soft and spoiled this generation is. It usually starts with "When I was young" and ends with them walking through 12 foot high snow drifts up a giant hill both ways and finishes with them stating that they used to eat wool coats.

My father was no different. However, when he lectured us, it usually was wrapped around a story that was only half true, made no sense, told in half English and half Italian, and wrapped around an Old Italian parable that had nothing to do with what we were doing.

One day while my brothers and I were working in the garden, I complained that I was tired. I was around 8 or 9 at the time and always had a million questions and a million and one comments. My brothers didn't mind me talking because I would usually say things that they all felt, and it usually meant a break from work. My father, sensing dissension in the ranks, decided to tell us a story about his childhood.

Pop: When I was a little a *bambinone* (boy), I woulda go helpa your *Nonno* (grandfather) on some of our *terra* (land) away from the house.

Me: How far away was the land?

Pop: It wasa abouta 1 1/2 mile away anda it wasa upa hill both ways. Shush.

Me: What did you do that far away from home?

Pop: Zitto (shush) Many tim s we would carry back *canestro* (bushels) filled with *fieno* (hay) and *erba* (grass) to feed the animals. Those *canestros* were heavy.

Me: Wow. Nonno was tough. Did you ever get any help carrying the bushels? What's mom making for dinner tonight?

Pop: *Stare zitto!* (be quiet). Stop alle domande (stop asking so many questions) One day, thisa guy came by driving a *carrozza e cavalla* (horse and carriage) saw me *trascinando il moggio* (dragging the bushel), and stopped to ask if I'd like him to carry my *canestros* upa the hill.

Me: (interrupting) Wow. You were

lucky. What kind of horse was it? Do you know if mom baked bread?

Pop: Be quiet. I *ringraziare* (thanked) the man *profusamente* (profusely). Seeing what a gooda boy I was, he also gave me a few pennies.

Me: He only gave you a few pennies! I would have given you...

Pop: *Stare zitto!* (be quiet). Not only did he carry my bushels for me, but he also gave me a tip! I ran back to tell your *Nonno* ofa my *Buona fortuna* (good fortune). My father was bent over *Strappando l'erba* (weeding the garden) when I runna to him, telling him mya story.

Me: Boy I bet *Nonno* was happy when you showed him the money...

Pop: Please be quiet. *Marone* (mother Mary), how many questions you gonna have... Your *Nonno* listened to me, *Senza emozione* (without emotion). When I was done, he shook his head and began to laugh. "You'll never see that hay again!" he said.

Me: Boy, were you mad?

Pop: Shush! I wasa *arrabbiato* (furious). I rana all the waya home so I could prova hima wrong. When I got home, there was no hay, no bushel, and no *carrozza e cavalla* (horse and carriage).

Me: Wow, that's not a good story.

Pop: Well, there is a lesson in the story. Me: What?

Pop: Don't be *stupido* (stupid) and get back to work By the way, your mother made cannolis for *dolcezza* (dessert) so you better get the garden done or you no getta the cannolis.

I never understood what he meant half the times when he told me his stories.

CANNOLI

Ingredients

Shells:

- 2 cups flour
- 1 egg yolk
- 1/4 teaspoon salt
- 2 tablespoon butter
- 1 tablespoon sugar
- 1/2 cup dry white wine

- 1 quart canola oil to fry the shells
- Filling:**
 - 2 cups while milk ricotta also known as ricotta impastata
 - 3/4 cup powdered sugar
 - 1 teaspoon ground cinnamon or 3 drops of cinnamon oil
 - 1/4 cup heavy cream
 - 1/4 cup semi-sweet chocolate chips
 - Zest from 1 lemon

Method

For the shell dough:

In a medium bowl, sift together the flour, sugar and salt. Work the butter pieces into the flour with your fingers until the mixture becomes coarse. Add the egg yolk and the white wine and mix until it becomes a smooth dough. Knead the dough lightly to make it into a ball. Wrap in plastic and refrigerate for 20 minutes.

Heat 1 inch of oil in a deep heavy skillet to 365 degrees F (180 degrees F). On a lightly floured surface, roll 1/3 of the dough out into a big circle as thin as

paper. Cut into 8 (5-inch) circles. Wrap each circle around a cannoli form (could be a 1/2 pipe, no longer than 2 inches), and seal with egg yolk.

Fry 2 or 3 at a time until golden brown. remove with tongs to drain on paper towels. Carefully remove shells from forms while they are still hot, or they may become stuck.

For the Filling:

Combine all the filling ingredients in a food processor and blend until creamy. Let refrigerate for 20 minutes.

Fill each tube with cannoli crème and garnish with powdered sugar.

Luigi Coppola is one of five brothers born to Francesca and Antonio Coppola. The Coppola family came to America from Naples, Italy in 1954. Antonio and his brothers opened their first restaurant in Poughkeepsie in 1961. Luigi and his brothers Nick, John, Antonio and Vincent have carried on the family tradition in the way their parents taught them, using classic recipes taught to them at their apron strings. Visit their website at www.coppolas.net.

Pleasant Valley DEPARTMENT STORE

Shopping Local Never Felt So Good

Find the Perfect Dress for any occasion

Komil

Su Placer

Old Ranch

Brands Est. 1955

Brands Est. 1955

Brands Est. 1955

1585 Main Street • Pleasant Valley (845) 635-2220

www.pleasantvalleydepartmentstore.com

email: PVMill2@aol.com

CONWAYS

WWW.CONWAYSUSA.COM Celebrating 46 Years!

ISX3300 ZERO TURN™

The Ferris ISX3300 zero turn mower is packed with essential features to deliver reliable productivity and performance...

- 40 HP Briggs & Stratton Engine
- 60" Mower Deck 10 Gauge Fab.
- Coil over Shock Suspension
- Hydro-Gear ZT 5400 Trans.
- 11 Gal. Fuel Capacity
- 12 MPH Fwd, 5 MPH Rev
- Arm Rests
- 1634 lbs.
- 3 Year Warranty Engine

Made in New York

CONWAY'S LAWN & POWER EQUIPMENT, Inc.

Visit us at www.conwaysusa.com

Route 9 • 7235 South Broadway
Red Hook, NY 12571

845-758-8134

Model: 5902064

FINANCING AVAILABLE

We are proud to honor
The FAVOR Program*

\$1000 REBATE
ENDS 4/30/24

2021 BEST OF THE MID-HUDSON
poughkeepsie journal

DISCOVER VISA Find us on facebook ACCREDITED BUSINESS

Mon-Fri 7:30am-5:00pm Sat til 3pm

We want to be your power equipment dealer!

Diversions

SUDOKU

Call today and receive a

FREE SHOWER PACKAGE

PLUS \$1600 OFF

SAFE STEP

WALK-IN TUB

1-855-576-5653

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

9

3

4

1

9

4

5

9

3

6

9

6

8

1

8

5

4

5

2

9

1

4

2

9

6

6

4

7

1

5

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Suguru

4

1

5

1

2

5

5

The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

THEME: FINISH THE LYRICS

ACROSS

1. Swell up

6. Pendulum's path

9. Type of salmon

13. *Steve Miller Band: "I want to fly like an ____"

14. Simon & Garfunkel, e.g.

15. Popular winter boot brand

16. Ohio city

17. Lodge

18. Squirrel away

19. *Glenn Frey: "The pressure's high just to stay alive 'cause ____ is on"

21. *John Travolta in "Grease": "I got ____, they're multiplyin'"

23. Automated teller

24. Clarified butter

25. Bad-mouth, slangily

28. Stag

30. Tartans

35. "I'm ____ you!"

37. Commies

39. Monocot's alternative

40. Road's edge

41. Living room centerpiece?

43. Prefix meaning "left"

44. Deadly snake

46. Sasquatch's cousin

47. Court petitioner

48. Blood infection

50. Indian flatbread

52. Opposite of post-

53. Sound of impact

55. *Duran Duran: "Her name is ____, and she dances on the sand"

57. *The Beatles: "Take a sad song and make it ____"

60. *Elvis: "We're caught in a trap, I can't ____"

64. Relating to a mode

65. Scrooge's exclamation

67. Memory failure

68. Bouquet thrower

69. Number of candles on a cake

70. Musketeers' weapons

71. Picnic invaders

72. "Just kidding!"

73. Did, archaic

DOWN

1. *The Go-Go's: "They got the ____"

2. 100,000, in India

3. Cameron Diaz' Fiona, e.g.

4. Hula dancer's hello

5. These are held to be true

6. Miners' passage

7. *Tainted Love: "Once I ran to you, now I ____"

8. "Lord of the Flies" shell

9. Like the other side of the pillow?

10. Certain kind of exam

11. Not his

12. Antiquated

15. Protection from a sword

20. To death, in French (2 words)

22. ____ B vaccine

24. Manna from heaven

25. *Bon Jovi: "Tommy used to work on the ____"

26. Habituate

27. Spaghetti ____

29. *Don McLean: "Drove my chevy to the ____"

31. Pains

32. Frost over (2 words)

33. Capital of Delaware

34. *Tennessee Ernie Ford: "I owe my soul to the company ____"

36. Geishas' sashes

38. "____ good example"

42. Royal topper

45. ____-tattle

49. Pronoun

51. Refused to act, archaic

54. City-related

56. Giraffe's striped-legged cousin

57. *Bruce Springsteen: "Tramps like us, baby we were ____ to run"

58. Change a manuscript

59. Small amounts

60. Make sharper

61. Newspaper piece

62. Applications

63. Midterm, e.g.

64. Wharton degree, acr.

66. Back then

CROSSWORD

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

51

52

53

54

55

56

57

58

59

60

61

62

63

64

65

66

67

68

69

70

71

72

73

SWITCH & GET

\$25

Off First Month of New Service!

USE PROMO CODE: GZ590

Consumer Cellular

CALL CONSUMER CELLULAR

888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

© StatePoint Media

The solutions to both the Sudoko & Crossword puzzles can be found on page 19

12 NORTHERN DUTCHESS NEWS & Creative Living - April 3-9, 2024



DECODING DUTCHESS PAST

www.DCHSNY.org/ddip



Dutchess County
Historical Society

Dutchess County's connection to the Boot Monument at Saratoga Battlefield

By Will Tatum
Dutchess County Historian

If you ask the rangers at Saratoga National Historical Park in Stillwater, NY, what the most popular monument on the battlefield is, they are likely to answer with "the Boot Monument."

If it has been a while since you last read up on New York's history during the American Revolution, Saratoga National Historical Park encompasses several battlefields over which American, British, and German troops fought during September and October 1777, as British General John Burgoyne attempted to capture Albany. Though situated in Saratoga County and located near the Town of Saratoga, the battlefield is actually located in neighboring Stillwater.

Confusion and contestation over the name of the battlefield has been going on for a few hundred years and aptly reflects the many quirks that occurred on the site during and after the nearly 250 year-old conflict. Actually, it was Burgoyne's surrender on October 17th that prompted the French to side with the American cause.

But back to the topic at hand: What is the Boot Monument and why does it matter for Dutchess County History? We are a long way from Saratoga, and while footwear is a perpetually popular topic in some quarters, what did a boot do to deserve its own monument? Tongue-in-cheek remarks are warranted here, because the answer has everything to do with the notoriously contrarian and eccentric tastes of the most controversial nineteenth-century denizen of northern Dutchess: the Notorious General John Watts de Peyster, Sr.

The "senior" is important, because he

named his ill-fated son after himself. Born to a line of old New York gentry that traced its roots back to New Amsterdam, General de Peyster lived a rollicking life between 1821 and 1907, splitting his time between incredible generosity, vicious invective, and prolific writing. Appointed a state militia colonel at the age of 21 and a brigadier general at 30, de Peyster never fired a shot in anger. Poor health kept him out of the American Civil War, though he did recruit three regiments for New York State and served as Adjutant General for the state militia, earning him a promotion to major general. Lack of battlefield experience did not prevent him from writing at length on military organization and tactics, however.

After the Civil War concluded, and once he had tired of writing histories of that conflict that nearly provoked duels between Union and Confederate generals alike, de Peyster turned his attention to less immediate topics. As a leading member of the New York Historical Society, the General became a prolific author, touching on topics from antiquity through the colonial period.

By 1882, he was a trustee of the Saratoga Monument Association, which had first been chartered in 1850 to create a tower to commemorate the centennial of the battles in 1877. Though structurally complete in 1883, the tower that still stands on the battlefield today would not open to the public until 1912. In the meantime, de Peyster wrote a multi-volume history of Burgoyne's Campaign, which led him to reconsider another American general: Benedict Arnold. In de Peyster's eyes, focused as they were before Arnold's treasonous attempt to sell



General John Watts de Peyster, Sr, circa 1880, Courtesy of Historic Red Hook

West Point to the British, the Revolutionary War general was a hero.

Had Arnold died at Saratoga, we likely (so argued de Peyster) would remember him today as one of the great martyrs to the cause of American Independence. And Arnold, unlike de Peyster, actually bled for his country, suffering a wound in his left leg during the fighting.

During one of the Saratoga Monument Association's annual meetings, de Peyster made his revisionist views of Arnold's conduct at the Battles of Saratoga publicly known and requested that some recognition be granted to the disgraced general. The association leadership refused to act on de Peyster's pleas, maintaining that stake marking the spot of Arnold's wounding was more than sufficient for a man that most of them

would have been happy to forget.

They did offer the olive branch of creating a statue niche in the Saratoga Monument that would remain empty and unlabeled, as a nod to Arnold's leadership at the battles. That gesture was insufficient for de Peyster, who had the money and the willpower to proceed on his own. While hard documentation for this story is not forthcoming, subsequent writers have stated that the final form of de Peyster's monument for Arnold came from a story related to him by someone who had actually met Benedict Arnold in life. According to the tale, the man had traveled to London, England, on business around 1801 and encountered Arnold in the street. Arnold, recognizing the unnamed gentleman as an American,

continued on page 15



The Boot Monument at Saratoga National Historical Park. Courtesy of Eric Schnitzer

Need Site Excavation? Call Digger Dave—we do it all!

DIGGER DAVE



Scan to Web

D.J. VOSBURGH ENTERPRISES
www.DavidVosburghExcavating.com
845-234-5480

- Project Planning & Preconstruction
- Site Excavation
- Underground Utilities
- Road & Infrastructure Construction
- Erosion Control & Soil Remediations
- Demolition & Land Clearing
- Commercial & Residential Construction
- New Modular Home Construction



The swans we know

Whether pictured on a greeting card, as a wedding day centerpiece, or peacefully gliding on a pond at your local park, the type of swan you are most likely to see in the Northeastern US is “Cygnus olor,” more commonly known as a Mute Swan. The national bird of Denmark, this fowl is one successful avian. Its size and aggressive territoriality allow it to out-compete many native birds for food and nesting sites.

You KNOW Mute Swans! They are the immense, white birds you see on Freedom (Road) Pond and North Avenue Marsh in Pleasant Valley, Wappinger Lake in Wappingers Falls, and Morgan Lake in Poughkeepsie. (They amicably share those waterbodies with their feathered cousins). “The Ugly Duckling” was also a Mute Swan who gradually gained his white plumage, like other grey cygnets (baby swans) do.

Big, beautiful birds though they may be, they can supplant native waterfowl, destroy local plants, spread disease, and collide with aircraft. They are considered a nuisance in some areas due to their abundant fecal droppings and aggressiveness toward people.

Despite this, Mute Swans are protected by New York State Environmental Conservation Law, which seeks to minimize the negative impacts of the swans, while allowing them to remain in con-

trolled settings. In my opinion, they are a vision of serenity that belies the chaos that they apparently do cause.

New York swans

Just because Mute Swans are most common doesn’t mean you might not see another kind of swan in New York. Trumpeter and Tundra Swans may also be found here. There are a few ways to tell the species apart. One way is their “swan songs.” Trumpeter Swans have bugle-like calls. Tundra Swans make high pitched who-who sounds. Mute Swans make hissing and snorting noises.

They look different. Mute Swans have orange bills and a distinctive knob on their forehead. Neither Trumpeter nor Tundra Swans have these features. The neck of Mute Swans looks like half a heart when viewed in profile. Mute Swans are larger than Tundra Swans, but slightly smaller than Trumpeter Swans. Trumpeter Swans sometimes have pink coloration around their mouths. Their necks are “C-shaped.” Tundra Swans have yellow between their eyes and the upper base of their beaks. They hold their necks vertically.

Homage to swans

I am immersed in activities that I once taught about. Tapping trees, digging in the dirt, preparing compost, photographing plants and their pollinators ... as well as the dinosaurs that still live among us—



Mute Swans seen on Freedom Road Pond in Pleasant Valley (Photo by Francine Wizner); Below, on Morgan Lake (Photo by Rebecca Smith Paul) and, below left, on Wappinger Lake (Photo by Robert Rightmyer).



our avian friends—are part of my lifelong learning. Although I am not an artist (nor a horticulturist, nor an ornithologist), I “sculpted” a Mute Swan out of (mainly) recycled materials.

Model building is one method of learning a topic. If you would like to try this with classroom students or home-schoolers, have them make a swan model that shows the distinguishing characteristics that its species possesses. I provide directions for making a model Mute, Trumpeter, or Tundra Swan on <https://www.gertrudekatzchronicles.com/store/p428/swan-bundle-enrichment-ecology.html> as well as <https://www.teacherspayteachers.com/Product/SWAN-BUNDLE-ENRICHMENT-ECOLOGY-9646205>. There is also tutorials @GKatzChronicle on YouTube and TikTok.

Recycled materials I used for the project include cardboard, newspaper, or packing paper. You can use paper-mâché clay or joint compound to complete the body. (I include directions for making paper-mâché clay). Finally, to form the swan armature, you will need tape to bind the paper onto the cardboard and paints, to complete the look!

Francine Wizner is a native of the Hudson Valley. She grew up in the Catskills of Greene County and spent over 3 decades teaching in Ulster County. She creates science-themed instructional materials and books, as well as being a Citizen Scientist in the management of her current home in an enchanted woodland of Dutchess County. Find her at <https://www.gertrudekatzchronicles.com/> and <https://www.pleasantvalleymaplelodging.com/>



ATTENTION HOMEOWNERS:

Do you need a **Roof, Windows, Siding** and **Help** paying for it?

*Any leaking, visible damage, or age, may ***qualify** you!*

Do you need **Energy Efficient Windows & Help** paying for it?

*Drafty windows, energy cost too high, you may ***qualify**!*

HELP IS AVAILABLE EVEN IF YOU COULD PAY CASH



YOU MAY ***QUALIFY** THROUGH
NEW 2024 RELIEF PROGRAMS

Qualify Today: (800) 736-9629
or visit **NYImprovementFund.com** to see if you ***qualify**

*Enrollment is only open during a limited time. Programs, appointments, and installations are on a first come, first serve basis in your area.

Approved applications will have the work completed by a quality repair crew provided by: HOMEOWNER FUNDING.
Not affiliated with State or Gov Programs. Contractor License: NY: #2719-h14



Find us on Facebook:
**Southern Dutchess
News Group**



A & E CALENDAR

April 5: "Mystery at the Mansion," Edgewood Mansion at Hutton Brickyards, Kingston. Presented by Murder Cafe. For info and tickets, visit www.huttonbrickyards.com

April 5-6: Taconic Stage Company Presents "Your Town," Copake Grange, 618 Empire Rd., Copake. An original bicentennial play with songs, written by Carl Ritchie with music by Wayne Moore and Chuck Pelletier and accompaniment by Joe Rose. Directed by TSC founder and Artistic Director Carl Ritchie. Performances: Fri., 7 p.m.; Sat., 2 & 7 p.m.; Sun., 2 p.m. Free, but reservations required at www.copakegrange.org

April 5-7: International HV Tattoo Convention, MJN Convention Center, 14 Civic Center Plaza, Poughkeepsie. Featuring over 200 of the best Tattoo Artists from around the globe, including many shops from the HV region of New York. All the artists have been hand-selected to ensure the highest quality of work

and showcase various techniques and styles. Hours: Fri., noon-10 p.m.; Sat., noon-11 p.m.; Sun., noon-7 p.m. <http://www.mjncenter.org/>

April 6: Calling All Poets 25th Anniversary Anthology Reading, Arts Mid-Hudson, 696 Dutchess Turnpike, Suite F, Poughkeepsie. Calling All Poets and Arts Mid-Hudson are collaborating to celebrate 25 years of poetry performance and the publication of the CAPS 25th Anniversary Anthology Reading, 2 p.m. All ages are welcome, and refreshments will be provided. This event is free but please RSVP: <https://tinyurl.com/3py4exxd>

April 6: Theater Tour, County Players Falls Theatre, 2681 W. Main St., Wappingers Falls. County Players, a local all-volunteer community theater company, will help commemorate their 66th Season of producing quality theatrical productions by offering visitors a rare glimpse behind the backstage theater magic, noon-4 p.m. Free. www.countyplayers.org

SEND US YOUR EVENTS

creativeliving@sdutchessnews.com

Decoding Dutchess' Past

continued from page 13

asked how Americans remembered him twenty years after his betrayal of the cause. The unnamed storyteller stated that he replied something along the lines of "they would enshrine the leg wounded at Saratoga, and happily hang the rest of you." General de Peyster was sold.

Enlisting the services of famous sculptor George Bissell, who just happened to have an office in Poughkeepsie, de Peyster commissioned the monument that now stands at Saratoga National Historical Park today. It depicts a boot with cross epaulets and was originally installed, in 1887, at the site where de Peyster thought Arnold had received his wound. On the back of the monument, de Peyster had engraved a lengthy message that did not name Arnold, but listed enough details (some of them wrong) to make it clear who the monument memorialized. General de Peyster succeeded where the Saratoga Monument Association failed: their plan to dedicate their tower that year fell through due to

funding shortfalls. So de Peyster won his point, and in doing so kickstarted the redemption of Benedict Arnold in the eyes of a growing number of fans. Another Dutchess County resident, Jack Kelly, has recently released a new book on America's greatest traitor, entitled "God Save Benedict Arnold," which is a great read if you want to see how de Peyster's revisionism has bloomed into its own field of historiography. If a trip to Stillwater comes your way, and you decide to visit Saratoga National Historical Park while there, spare some time to visit the Boot and think about Old Dutchess, whose reach extends far beyond the county's limits.

If you want to learn more about Tivoli resident, join Dutchess County Historian Will Tatum for an overview of General John Watts de Peyster's colorful life. The program is free, but space is limited: please register at <https://www.historicredhook.org/upcoming-events/tavern-trail-lastingjoy24>.

EXHIBITIONS

Arts Mid-Hudson Gallery, 696 Dutchess Turnpike, Suite F, Poughkeepsie. **Through April 21:** "Artists Respond to Poetry," exhibit featuring 16 poets and 16 visual artists in Arts Mid-Hudson's seventh annual celebration of National Poetry Month. The participating visual artists have selected a poem to respond to through their own work. www.artsmidhudson.org

Bannerman Island Gallery, 150 Main St., Beacon. **Through April 7:** Annual "Art of the Garden" art exhibition, floral & still-life garden themed art show featuring paintings, watercolors, and other mixed media. All works for sale, part of the proceeds help further restoration projects on Historic Bannerman's Island. Contact (845) 831-1001, 845-416-8342 or bannermangallery150@aol.com for more information. www.bannermancastle.org

Cunneen-Hackett Arts Center, 9 & 12 Vassar St., Poughkeepsie. **Through April:** Showcased in the Victorian Gallery at 9 Vassar St. are works by Liliana Washburn, and at 12 Vassar St., Arquimedes Mejia and Naomi Berkery display their artwork in the Reception Gallery and Hancock Gallery, respectively. Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access. More info: cunneen-hackett.org

Frances Lehman Loeb Art Center, Vassar College, 124 Raymond Ave., Poughkeepsie. **Through June 2:** "Making A Life In Photography: Rollie McKenna," the first survey of the prolific career of American photographer Rosalie (Rollie) Thorne McKenna. The exhibition, presented thematically in four galleries, features over 100 gelatin silver prints made during the artist's lifetime, drawn primarily from the Loeb's collection with the addition of several key loans. (845) 437-5632 or <https://www.vassar.edu/theloeb>.

Franklin D. Roosevelt Presidential Library & Museum, 4097 Albany Post Rd. (Rte. 9), Hyde Park. **Through December:** Developed in collaboration with a distinguished committee of scholars, "Black Americans, Civil Rights, and the Roosevelts, 1932-1962" centers the historical voices of many Black community leaders, wartime service members, and ordinary citizens who engaged the Roosevelt administration directly and who pushed for progress. Within this context, the exhibit examines the political evolution of both Franklin and Eleanor Roosevelt regarding racial justice. www.fdrlibrary.org

Gallery 40, 40 Cannon St., Poughkeepsie. **Through April 28:** "Coming Home," an exhibition by LongreachArts Collective. www.gallery40pok.com

LAND Gallery, 30 Charles Colman Blvd., Pawling. **April 5-28:** "America's Bounty" by Phyllis Chadwick. Using different mediums from photography to painting to mixed media, sometimes working in layers, Chadwick's artwork is inspired by her life experiences with nature. **Opening reception:** Fri., April 5, 5-7 p.m. **Artist Talk:** Fri., April 19, 5:30-6:30 p.m. (845) 490-2281

Rhinebeck Bank, 6414 Montgomery St., Rhinebeck. **Through April 12:** "Emotions: A to Z," 26 paintings made by students from Rhinebeck High School's Advanced Drawing and Painting Class as a collaborative project that will result in a 32-page Alphabet picture book.

Thomas Cole National Historic Site, 218 Spring St., Catskill. **Through April 7:** Pop-Up Exhibition & Book in partnership with Rensselaer Polytechnic Institute School of Architecture. "Imaginary Wilds: Architectural Interventions for the Thomas Cole National Historic Site." RPI Architecture students spent a semester dreaming up a new building for the Thomas Cole Site campus. Ten student projects, including both 3D models and digital illustrations are on display in Thomas Cole's New Studio. www.thomascole.org

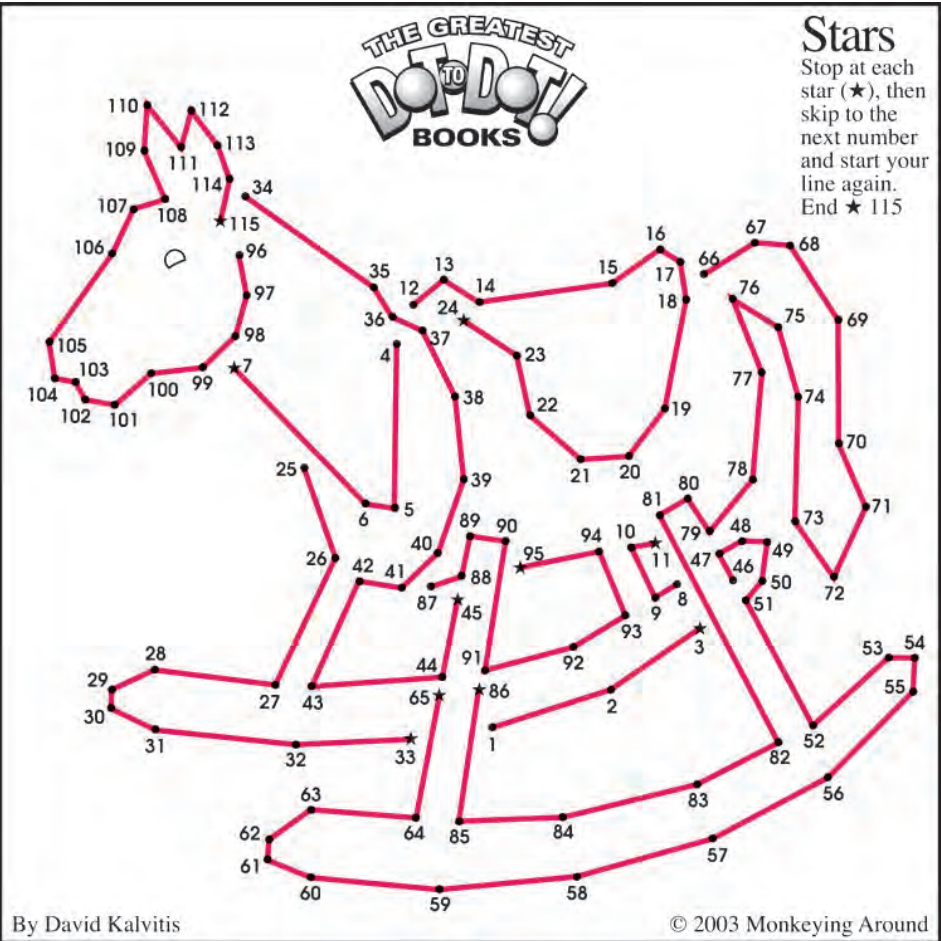
Woodstock School of Art, Robert H. Angeloch Gallery, 2470 Rte. 212, Woodstock. **Through May 4:** "Segalman at 90," an exhibition of select oil paintings, watercolors, monotypes, charcoal drawings, and pastel paintings of Richard Segalman from the private collections of his Woodstock circle of friends. 845-679-2388 or visit woodstockschoolofart.org.

LOOK FOR LOVE TO COOK
IN NEXT WEEK'S ISSUE

Vicki Frank Day shares stories and recipes.



Answer to this week's Dot to Dot (puzzle on page 10)



It's not just a generator. It's a power move.

Receive a free 7-year warranty with qualifying purchase* - valued at \$735.

Call 877-516-1160 to schedule your free quote!

*Terms and Conditions apply.

GENERAC

AT YOUR LIBRARY

PLEASANT VALLEY LIBRARY
1584 Main St., Pleasant Valley
(845) 635-8460
pleasantvalleylibrary.org

All programs are free, unless noted. Please visit pleasantvalleylibrary.org to register and for more information on these and also on our monthly occurring programs.

Friday, April 5 6:00-8:00PM
“The Secret of the Stars” Early American Poetry with Classical Guitar - After Library Hours Program
“The Secret of the Stars” combines classic poetry from “Spoon River Anthology” read by local theatre performer Prudence Gardia Renart, with classical guitar music written to accompany them by local musician Terry Champlin. These little vignettes by Edgar Lee Masters were considered a major event in American literature when they were first published in 1915 and resonate as strongly today. Prudi’s many years as an actress allow her to capture the universal aspects of the characters. Also featured will be pieces from Robert Schumann’s “Scenes From Childhood”, musical poems that tell stories themselves.

Wednesday, April 10 11:30am-1:30pm
Senior Movie Morning - “Rain Man”
Seniors (ages 50+) are invited to attend this special seniors-only movie

matinee. Light refreshments will be provided, but feel free to bring your own snack or lunch to enjoy! This month we will watch the 1988 award-winning drama, “Rain Man,” starring Tom Cruise and Dustin Hoffman.

Friday, April 19 12:00-6:00pm
Saturday, April 20 10:00am-3:00pm
Sunday, April 21 10:00am-3:00pm
Friends of the Pleasant Valley Library
Huge Spring Book Sale!
Our Friends group is holding a special sale of donated books, DVDs, CDs, audio books and puzzles in great condition this weekend.
Our prices for Friday and Saturday are as follows:
CDs are 5 for \$1.00
DVDs are 5 for \$1.00
Kids Books are 5 for \$1.00
Adult Books are 6 for \$5.00
Puzzles are 6 for \$5.00
On Sunday, you can name your price for any remaining items!

Tuesday, April 23 6:00-7:00pm
Caring for Community Cats with DCSPCA
“Kitten Season” is here, bringing an increase in the population of cats and kittens who live outdoors in our communities. Join Dutchess County SPCA Executive Director Lynne Melocco for a talk and demonstration about the care of community cats and how to Trap-Neuter-Return (TNR).

RED HOOK PUBLIC LIBRARY
7444 South Broadway, Red Hook
845-758-3241
www.redhookpubliclibrary.org

FEATURED PROGRAMS
See our calendar or call us for more information on programs including dates, times, and registration.

Join Bard Professor Brooke Jude on Saturday, April 6, from 12:30 p.m. - 1:30 p.m. to make your own foldscope microscope and get a close-up view of some of the tiniest creatures living in your daily world. Ages 8+. Registration required.

Join us at the Red Hook Rec Park Pavilion for an Eclipse Viewing Party on Monday, April 8, from 2 p.m. - 4 p.m. We will have citizen science activities as well as eclipse glasses (available on a first come, first served basis). The eclipse is due to start at 2:11 p.m. and last until 4:36 p.m. with the maximum coverage at 3:26 p.m. RSVP for an event reminder. If it rains, we will have a viewing party at the Red Hook Community Center.

American sign Language is back! Learn the fundamentals of ASL with Mary Fetzko. Mary will be hosting a 6-week ASL for beginners class in our community room. The program is ideal for teens and adults. Ages 13+. No previous experience needed. Class size is limited so registration is required.

ASCIENZO NATURALIST-IN-RESIDENCE PROGRAMS

Monday Morning Walks - Cruger Island Road
Mondays at 7 AM
Join Susan every Monday morning at 7 AM with a walk down Cruger Island Road in the Tivoli Bays. These walks are a great way to start the week! These walks are open to all. The terrain is easy—a wide gravel road that allows for walking side-by-side. There is some incline—the road goes downhill to the bays—so the return might be strenuous for some. We will walk out onto the Cruger Causeway, which can be muddy, so wear sturdy shoes, and if you want to venture further out, ones you don’t care if they get muddy. For walks in March/April dress warmly. Birding is slow. Participants can join and leave the walk at any time—this is an “out and back.”

Thursday Evening Nature Talks
April 11 and April 25 at 5:30 PM
On April 11 Susan will be covering invasive species, and non-native species—what are the challenges? what can you do? And on April 25, she will talk all things nature writing and nature journaling, starting with the “classics” of nature writing (Leopold, Muir, Thoreau, and a few lesser known but no less wonderful women writers) and then—weather permitting—go outside to do a little

continued on page 17

‘Top Forty Under 40’ honorees announced

The Dutchess County Regional Chamber of Commerce announces its Hudson Valley’s 19th Annual Top Forty Under 40 Mover & Shaker Award Honorees. The Honorees will be celebrated together on Thursday, April 11, from 6 to 9 p.m., at a ceremony at Living Water Theatre located on 260 Mill Street in Poughkeepsie.
Bestowed annually to forty people under the age of 40 who have shown a strong commitment to the Hudson Valley, the Mover & Shaker Awards honor individuals making a difference in their communities and going above and beyond in their professions. The selection committee reviewed nominations from the community and scored each nomination independently of each other and the Chamber, with the scores then tallied to determine the Top 40. Neither the Chamber staff nor any sponsors or partners influence the judging in any way.
“These individuals are really the best of the best, and they represent the future of the business community within the Hudson Valley region,” said Frank Castella, Jr., President and CEO of the Dutchess County Regional Chamber of Commerce. “We congratulate all the honorees this year, and we look forward to celebrating their accomplishments in April at the Living Water Theatre.”
Chosen from a pool of over 100 nom-

inations, the honorees represent professions ranging from academics to entrepreneurs, teachers to bankers, non-profit directors, and community volunteers, as well as various other industries.
This year’s honorees are:
Carolyn M. Bell, CPA
RBT CPAs, LLP

Caroline G. Beyer
Our Lady of Lourdes High School

Jordan Bledsoe
Velocity Sports Performance

Todd Bowen III
Habitat for Humanity of Dutchess County

Elisha Brestovansky
PKF O’Connor Davies

Rachel Talley Bruns
MidHudson Regional Hospital of Westchester Medical Center

Carly Bulgia
Dutchess County Government

Erica Bush
Hudson Valley Credit Union

Elizabeth Cannon
Vassar College

Lisa Champion
Wappinger Central School District

John DeAngelis
Hudson Valley Credit Union

Megan Deichler
Catskill Hudson Area Health Education Center

Melissa Dizon
Dizon & Shedden, P.C.

Erin Doughty
Marist College

Sarah Green
In Flight, Inc.

Kristie Hagen
United Way of the Dutchess-Orange Region

Dylan Harris
Whiteman Osterman & Hanna LLP

Anquinette Hayles
Dutchess Community College

Sarah S. Hicks
Hudson CSD, Hudson Valley Bridge Builders and LCSW Private Practice Psychologist

Todd Hulet
Orange County New York Arts Council

Joseph Koberger
Central Hudson Gas and Electric

Scott Kohn
Care Design NY

Lucia LaSpada
LACE Photo Media

Nicole “Sui” McArthur
Living History Theatre

Alex Meyer
Meyer Contracting Corp.

Lauren Montgomery
National Grid

Stephanie Nash
Arnoff Moving & Storage/Arnoff Global Logistics

Dwayne Norris
Soulful Synergy

Brianna Peak
Central Hudson Gas & Electric Corporation

Matthew Petruzzelli
Our Lady of Lourdes High School

Kelly A. Pressler, Esq.
J&G Law, LLP

Talya Regan
The Kartrite Resort & Indoor Waterpark

Christopher Seger Jr., CPA
RBT CPAs, LLP

Anthony Slade
Hudson River Housing

Maria Swartzentruber
Unshattered

Meghan Thompson
Crown Castle

Clarissa Timbrouck
Rondout Savings Bank

Carmen Torres
Astor Services

Valerie Ubriaco
American Heart Association

Samantha Vumbico
Hudson Valley Animal Rescue and Sanctuary

Complete event details can be found online at www.dccoc.org/40Under40.

Have Computer Problems?

Get **\$20 OFF** Any Service

Use Coupon Code **42513**



Friendly Certified Computer Repair Experts

- ✓ 24/7 Emergency Service
- ✓ Data Recovery
- ✓ Virus Removal
- ✓ Regular Maintenance

Call Now Get a Free Diagnosis **866-848-0045**

Geeks OnSite

Legal Notices	Legal Notices	Legal Notices	Legal Notices	Legal Notices	Legal Notices	Legal Notices
REQUEST FOR BIDS NOTICE The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of sealed bids for: Bid #RFB-DCP-22-24 On-Call Tree	Removal and Maintenance Service Bids will be received until 2:00 p.m. on the 18th day of April 2024 at the Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, Poughkeepsie, New York 12601. Specifications and	bid forms may be obtained by visiting our website http://www.dutchessny.gov , selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.	REQUEST FOR PROPOSAL NOTICE The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of sealed proposals for: Bid #RFP-DCP-23-24 2025-2029 HUD	Consolidated Plan Proposals will be received until 2:00 p.m. on the 1st day of May 2024 at the Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, New York 12601. Specifications and proposal forms may be obtained by visiting	our website http://www.dutchessny.gov , selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.	Southern Dutchess News Beacon Free Press Northern Dutchess News 845-264-3723
The deadline for Legals is every Friday @ 12 noon for a Wednesday Publication* *When a public holiday falls on a Monday the deadline becomes Thursday at noon.						

AT YOUR LIBRARY

continued from page 16

nature journaling/drawing.

Saturday Nature Walk - Montgomery Place April 6 at 8 AM
Meet at the visitor Center at 8 am. Come explore this historic Hudson Valley property, now owned by Bard College. The trail will be largely flat, sloping downhill in the south woods, which is a rare old growth forest, to the south Tivoli Bay. Address: River Road, south of the Bard College Campus. More information: <https://www.bard.edu/montgomeryplace/>

PROGRAMS FOR KIDS & FAMILIES
*NEW Intro to the Library
Tuesday, April 16 at 1 PM
Join our librarians in our community room for an introduction to the Library, the Dewey Decimal System, and information search. The class is perfect for homeschool 7th and 8th grade library credit.

Writing Through Comics (4 weeks)
April 6 and April 13 at 11:30 AM
Our favorite writing teacher is back! Create your own comics with Gabe. Learn to develop characters and storylines and express your ideas visually, A unique and fun way to sharpen writing skills. No artistic talent required. Kids 8+

Tunes and Tales
Mondays at 10:30 AM
Come join Ms. Sonia in the Children's Library every Monday at 10:30 a.m. for Tunes and Tales! This fun and interactive program features activities such as read aloud stories, songs, rhymes and fingerplays. This program introduces children to listening skills, picture books and the joy of reading. Stay after to socialize. Birth- 24 months

Storytime with Ms. Crystal
Wednesdays at 10:30 AM
Join Ms. Crystal in the Children's Library on Wednesday mornings to read books, sing songs, and make crafts.

PROGRAMS FOR TEENS & ADULTS
*NEW Knitting Group: Make Your Own Reusable Dishcloth
Tuesday, April 23 at 4 PM
Learn how to knit or crochet a reusable dishcloth with the Red Hook Knitting Group. No experience required.

Afternoon Mystery Book Club: The Thursday Murder Club
Friday, April 26 at 2 PM
Join Trish monthly for a group discussion of The Thursday Murder Club by Richard Osman. A Zoom link option will be made available to anyone interested.

If you have any questions, contact Trish at trish@redhooklibrary.org.

Evening Book Club - The Invisible Hour Monday, April 15, 6 PM
Join Trish monthly for a group discussion of The Invisible Hour by Alice Hoffman. A Zoom link option will be made available to anyone interested. If you have any questions, contact Trish at trish@redhooklibrary.org.

Spanish Practice Group
Wednesdays at 5:30 PM
Are you looking to brush up on your Spanish or making your way through Transparent Language or Duolingo and need some community support? Join the Spanish practice group on Wednesdays from 5:30-6:30 in the community room.

Teen Book Club - Schooled
Thursday, April 25, 4 PM
Join Library page Zoey on March 28th at 4 p.m. to discuss Schooled by Gordan Korman. The discussion will take place in the Teen room. Pizza, snacks, and drinks included (For free!). Please RSVP so we know how much pizza to buy.

PROGRAMS FOR ALL ABILITIES
All Abilities Adults
Fridays at 12:30 PM
All Abilities Adults is an hour of social

fun in the Community Room for adults with intellectual, cognitive and/or developmental disabilities. Our activities range from seasonal crafting to games, but friendship and community are constant. The program meets in-person – there are limited spots available and registration is required. For more information and to register, email Anne at allabilities@redhooklibrary.org.

All Abilities Teens
Thursday, April 11 & Thursday, April 25 at 4 PM
All Abilities Teens is an hour of social fun in the Community Room for adults with intellectual, cognitive and/or developmental disabilities. Our activities range from seasonal crafting to games, but friendship and community are constant. The program meets both online and in-person – there are limited spots available and registration is required. For more information and to register, email Anne at allabilities@redhooklibrary.org.

All Abilities Teens - Saturday Board Games Saturday, April 20, 12 PM
Join Anne and the All Abilities Teens group in the Library's community room for board games and snacks. All supplies provided. For more information and to register, email Anne at allabilities@redhooklibrary.org.

OBITUARIES

Gale K. Johnson
STANFORDVILLE - Gale K. Johnson, 75, of Stanfordville passed away surrounded by her loving family on March 23, 2024 at Hudson Valley Hospice House, in Hyde Park. She was born on November 2, 1948 in Oceanside, NY to the late Frank & Francis Shanley. On January 20, 1974 at the United Methodist Church in Lawrence, NY she married the late Gary Johnson. Together they shared 49 years of marriage.
Gale attended Marist for her undergraduate studies and then earned her Master's in social work from Fordham University. She worked for the ARC of Westchester County until her retirement. In 1983, she and Gary moved to Stanfordville. Together they enjoyed traveling, especially to the Caribbean. She also enjoyed political discussions and spending countless hours with her grandchildren.
Gale is survived by her two sons, Ryan (Elisabeth Rogers) and Brendan (Deanna) Johnson. Her four grandchildren, Liam, Lilliana, Rocco and Domenica. Also, by her sister Susan Shanley.
In addition to her husband, she was also predeceased by her sister Christine Shanley.
A time for sharing memories and offering condolences was held on Wednesday, March 27, 2024 at Peck & Peck Funeral Homes, 7749 S. Main Street, Pine Plains. A funeral service was held from the funeral home. Interment followed at Evergreen Cemetery. Donations in Gale's memory may be made to the Hudson Valley Hospice House. To leave a message of condolence for the family, please visit www.peckandpeck.net.

Donna Joan Mears
PLEASANT VALLEY - Donna Joan Mears, 80, of Pleasant Valley NY, passed away peacefully March 25, 2024 with her family by her side.
She was born to the late Newell and Virginia MacWilliams, August 14, 1943 in Concord, New Hampshire. Donna graduated from Arlington High School in 1961. Donna attended SUNY Plattsburgh and earned a BS in Education in 1964, then her Masters in Education in 1971.
Donna married Franklin Lee Mears, Jr in 1966 in Pleasant Valley NY, which has been their home till present day. Donna is survived by a husband:Franklin Mears, of Pleasant Valley, children: Scott Mears and his wife Aparna of Virginia, and Peter Mears and his wife Amber of Virginia; grandchildren: Madison and Peter Jr, Mears of Virginia.
Donna was an exceptional and loving wife, mother, daughter, sister, aunt, grandmother, educator, and friend. Donna was a respected and impactful home economics teacher for 37 years. In her free time she enjoyed homemaking activities such as cooking, sewing, looming, and crafting. In her retirement, Donna particularly enjoyed spending summers with family and friends at their summer home on the St. Lawrence River.
A Celebration of Life service will be held on Saturday, April 20, 2024 at 11 am at the First Presbyterian Church of Pleasant Valley. The family prefers that people make donations in support of Parkinson's Disease research, in lieu of sending flowers.

Barbara Arline Poleschner
FORMERLY OF RED HOOK - Barbara Arline Poleschner, 88, died on March 16, 2024, at Linden House Assisted Living and Memory Care at Branchlands, in Charlottesville, Virginia, after a prolonged illness.
Born April 8, 1935, in The Bronx, New York, she was the daughter of Alice (née Sendrowski) and Henry Balinski (a recent Polish immigrant and a self-made small business owner).
Growing up in Brooklyn and Long Island, New York, Barbara was a first-generation college student, graduating with a bachelor's degree in teaching from the State University of New York at Albany. She taught briefly before meeting and marrying a dashing construction manager, Carl Poleschner, her husband of sixty-three years, at a local party in 1957. Rumor has it that her homemade chocolate chip cookies sealed the deal. Together, they raised four children in agricultural Red Hook, New York, and being that higher education was paramount to Barbara, she was extremely proud that all four children graduated from university, some attaining advanced degrees.
During the 1970s, Barbara re-entered the workforce in financial services, and she continued this concentration as they retired to Naples, Florida, in 1998. She enjoyed the professional environment and helping everyday people with their financial needs. In 2018, due to health issues, they moved to Charlottesville, Virginia, to be closer to family.
Barbara relished her connections with her immediate and extended family and friends, always ready to extend a helping hand. She

enjoyed reading, fashion, Friday night dinners with Carl and friends, interior design, and gardening. She was even known to garden in high heels.
Barbara was preceded in death by her husband, Carl Edward Poleschner, Sr.
Barbara is survived by her daughters, Paula (David) Kucera of New Paltz, New York, Lisa (Jeff) Boehm of Lexington, Massachusetts, and Erika (Kent) Struble of Charlottesville, Virginia; son, Carl (Tanya) Poleschner, Jr. of Venice, Florida; grandchildren, Christopher and Matthew (Mackenzie) Struble, Cameron and Lia Kucera, and Chloe and Samuel Boehm; sisters, Lorraine Frisina, Phyllis Kunze, Elaine Ryan, Alice Bryne, and Deborah Olsen and their families.
Special thanks to the staff at Linden House and BrightStar Care, who cared for her and Carl while they resided in Charlottesville.
In lieu of flowers, the family asks that memorial contributions be made to the Martha Jefferson Hospital Foundation in recognition of the life-restoring support they provided to Barbara in her later years. Please visit their website for online giving, or send a check to Martha Jefferson Hospital Foundation, 500 Martha Jefferson Drive, Charlottesville, Virginia 22911, noting that it is "In memory of Barbara Poleschner."
A visitation will be held at 2PM followed by a Catholic Funeral Mass at 3PM on Wednesday, April 3, 2024 at the Church of the Incarnation, 1465 Incarnation Drive, Charlottesville, Virginia. All are welcome.
Condolences may be sent to the family at www.hillandwood.com.

Classified

Place your ad today! Call 297-3723

Deadline Thurs at 3 p.m • Publication Wednesday

Fax your ad today! 297-6810

Classified Rates

Classified Line Ads
20 words \$12.50; each additional word 20¢
Classified Display Ads
\$14.50 per column inch

If submitted by deadline,
ads appear in three newspapers:
**Northern Dutchess News,
Southern Dutchess News
& Beacon Free Press**

We are not responsible for typographical errors.
A letter of correction will be supplied if requested.

Classified Index

100 Help Wanted	201 Home Improvement	401 Apartments for Rent	509 Office Equipment	720 Vendors Wanted
105 Employment Opportunity	202 Cleaning Services	402 Rooms for Rent	510 Firewood	721 Wanted to Buy
106 Business Opportunity	203 Lawn Services	403 Furnished Rooms	511 Lawn & Garden Equip	722 Bazaar
107 Situations Wanted	221 Professional Services	404 Furnished Apartments	512 Winter Merchandise	723 Consignments
120 Schools	222 Tax Experts	405 Wanted to Rent	516 Misc. Merchandise	724 Farmers Market
121 Special Instruction	223 Beauty Services	406 Garages for Rent	700 Pets & Supplies	725 Collectibles
122 Musical Instruction	225 Business Services	407 Vacation Rentals	701 Free Pets	750 Events
140 Nursery Schools	226 Travel & Services	408 Houses for Rent	702 Lost & Found Pets	800 Boats
141 Child Care	227 Bridal Services	420 Commercial Rentals	703 Pets for Adoption	801 Campers & Trailers
142 Day Care	295 Financial	500 Musical Merchandise	710 Garage & Yard Sale	802 Motor Homes
143 Baby-sitting	296 Mortgages	501 Kid Stuff	711 Tag Sale	803 Recreational Vehicles
145 Adult Care	300 Real Estate	502 Clothing	712 Moving sale	900 Autos for Sale
150 Announcements	301 Townhouses & Condos	503 Furniture	713 Rummage Sale	901 Vans/SUV's
151 Adoption	302 Commercial Property	504 Appliances	714 Flea Market	902 Trucks
152 Novenas	304 Mobile Homes	505 Free Items	715 Craft Corner	903 Motorcycles
154 Lost & Found	305 Lots & Acreage	506 Computers	716 Barn Sale	904 Auto Parts & Tires
155 Personal Services	400 Townhomes & Condos for rent	507 Sports Equipment	717 Estate Sale	905 Autos Wanted
		508 Exercise Equipment	718 Auctions	
			719 Antiques	

Contact Us

Call:
845-297-3723

Fax:
845-297-6810

E-Mail:
sdnadvertising@aol.com

Monday-Friday
9 am-4 pm

100 Help Wanted

Advanced Micro Devices, Inc. (NYSE:AMD) is a global semiconductor company that designs & develops a wide range of microprocessors & graphic processor units. AMD has the following positions in Fishkill, NY:

Sr. Silicon Design Engineers to Perform pre-Silicon Functional Verification of next generation high performance Microprocessor designs. (ref code 41796; \$141000-\$163080).

All positions require related degree and/or experience and/or skills. Multiple open positions. For full information, incl any travel reqs, & to apply online, visit our careers page at <https://www.amd.com/en/corporate/careers> and click the FIND JOBS button or search ref#.

204 Health

ATTENTION OXYGEN THERAPY USERS! Discover Oxygen Therapy That Moves with You with Inogen Portable Oxygen Concentrators. FREE information kit. Call 888-514-3044

HEARING AIDS!! High-quality rechargeable, powerful Audien hearing aids priced 90% less than competitors. Tiny and NEARLY INVISIBLE! 45-day money back guarantee! 855-819-7060

VIAGRA and CIALIS USERS! 50 Pills SPECIAL \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 855-413-9574

219 Attorney Legal

DIVORCE \$389 - Uncontested divorce papers prepared. Only one signature required. Poor person Application included if applicable. Separation agreements. Custody and support petitions. 518-274-0380



Real Estate SHOWCASE



KIMBERLEE MARKARIAN
Associate Real Estate Broker
845.505.9174/Mobile
845.244.2188

BERKSHIRE HATHAWAY HomeServices
Hudson Valley Properties
892 Main Street
Fishkill, NY 12524



WELL-MAINTAINED RAISED RANCH

Original owner. Beautiful .46 acre with an above ground pool. Step inside this foyer that is open and wide, upstairs has an open area living, dining and eat-in kitchen with 2 doors to the oversized rear deck and screened in porch. 2 bedrooms and a bath, plus a primary suite with its own private bathroom and lots of room. Downstairs is an oversized family room with fireplace, half bath, laundry room, and oversized office with a walkout to driveway. Come look at something spectacular. MLS#6292820
kmarkarian@bhhsudsonvalley.com

DUTCHESS COMMUNITY COLLEGE

NOW HIRING

Full-time Positions

HVAC Technician - Starting Salary \$61,392 plus benefits
Building Maintenance Mechanic-HVAC - Starting Salary \$58,028 plus benefits
Automotive and Equipment Mechanic - Starting Salary \$60,204 plus benefits
Groundskeeper II - Starting Salary \$48,008 plus benefits

For additional information and to apply visit our website at <http://www.sunydutchess.interviewexchange.com> or contact the Office of Human Resources, 53 Pendell Road, Poughkeepsie, NY. Telephone 845-431-8670.

200 Services

WE HAVE THE HELP YOU NEED!!! HHA's, LPN's, Nurse's Aides, Childcare, Housekeeping, Day Workers. No Fee To Employers. Serving The Community Over 20Yrs. Evon's Svces: 516-505-5510

201 Home Improvement

BATH & SHOWER UPDATES in as little as ONE DAY! Affordable prices - No payments for 18 months! Lifetime warranty & professional installs. Senior & Military Discounts available. Call: 866-393-3636

Do you need a Roof or Energy Efficient Windows & Help paying for it? YOU MAY QUALIFY THROUGH NEW RELIEF PROGRAMS (800) 944-9393 or visit NYProgramFunding.org to qualify. Approved applications will have the work completed by a repair crew provided by: HOMEOWNER FUNDING. Not affiliated with State or Gov Programs.

DENTAL Insurance

Physicians Mutual Insurance Company

A less expensive way to help get the dental care you deserve!

CALL NOW! 1-855-225-1434

- ✓ Get help paying dental bills and keep more money in your pocket
- ✓ This is real dental insurance - NOT just a discount plan
- ✓ You can get coverage before your next checkup

Don't wait! Call now and we'll rush you a FREE Information Kit with all the details.

FREE Information Kit

1-855-225-1434

Visit us online at www.dental50plus.com/nypress

Saving a Life EVERY 11 MINUTES

I'm never alone

Life Alert® is always here for me.

One touch of a button sends help fast, 24/7.



Help at Home Help On-the-Go

Batteries Never Need Charging.

For a FREE brochure call:

1-800-404-9776

219 Attorney Legal

INJURED IN AN ACCIDENT? Don't Accept the insurance company's first offer. Many injured parties are entitled to major cash settlements. Get a free evaluation to see what your case is really worth. 100% Free Evaluation. Call Now: 1-888-454-4717. Be ready with your zip code to connect with the closest provider

516 Misc. Merchandise

Get Boost Infinite! Unlimited Talk, Text and Data For Just \$25/mo! The Power Of 3 5G Networks, One Low Price! Call Today and Get The Latest iPhone Every Year On Us! 844-329-9391

DIRECTV Sports Pack - 3 Months on Us! Watch pro and college sports LIVE. Plus over 40 regional and specialty networks included. NFL, College Football, MLB, NBA, NHL, Golf and more. Some restrictions apply. Call DIRECTV 1-888-534-6918

226 Travel Services

SAVE ON YOUR TRAVEL PLANS! Up to 75% More than 500 AIRLINES and 300,000 HOTELS across the world. Let us do the research for you for FREE! Call: 877 988 7277

SAVE ON YOUR Travel Plans!

Up to 75% more than 500 Airlines and 300,000 Hotels across the world!

Let us do the research for you for free... we'll save you time and money



Spend your travel dollars when you get there **not getting there!**

We're not allowed to publish fares online so call for the best rates now **877-988-7277**

521 Internet

Get DISH Satellite TV + Internet! Free Install, Free HD-DVR Upgrade, 80,000 On-Demand Movies, Plus Limited Time Up To \$600 In Gift Cards. Call Today! 1-866-782-4069

dish Ranked #1 in Customer Satisfaction 8 Years in a Row

SAY GOODBYE TO COMMERCIALS

Now watch another commercial during your favorite prime-time shows

CALL US NOW! 1-866-782-4069

Get \$600* in gift cards

717
Estate Sale



- ESTATE SALE LOG HOMES
PAY THE BALANCE OWED ONLY!
- 4 LOG HOME KITS SELLING FOR BALANCE OWED, FREE DELIVERY
- 1) MODEL #103 WACO \$22,780 BALANCE OWED \$14,500
 - 2) MODEL #202 TOPEKA \$34,050 BALANCE OWED \$16,000
 - 3) MODEL #403 AUGUSTA \$42,450 BALANCE OWED \$16,500
 - 4) MODEL #502 SANTE FE \$44,950 BALANCE OWED \$20,500

BEFORE CALLING: VIEW at www.americanloghomesandcabins.com Click on House Plans

NEW - HOMES HAVE NOT BEEN MANUFACTURED

- Make any plan design changes you desire!
- Comes with Complete Building Blueprints & Construction Manual
- Windows, Doors, and Roofing not included
- NO TIME LIMIT FOR DELIVERY!

Offer not available to American Log Home Dealers!

AMERICAN LOG HOMES & CABINS

SERIOUS ONLY REPLY. Call (704) 602-3035 ask for Accounting Dept.

**SELL IT FAST
IN THE CLASSIFIEDS!**

LeafFilter
GUTTER PROTECTION

EXCLUSIVE LIMITED TIME OFFER!

15% OFF + **10% OFF** + **0%**
YOUR ENTIRE PURCHASE SENIORS & MILITARY! APR FOR 24 MONTHS**

Promo Code: 285

FREE GUTTER ALIGNMENT + FREE GUTTER CLEANING*

CLOG-FREE GUTTERS FOREVER

CALL US TODAY FOR A FREE ESTIMATE

1-855-478-9473

Mon-Thurs: 8am-11pm, Fri-Sat: 8am-5pm, Sun: 2pm-8pm EST

Jacuzzi BATH REMODEL

YOUR BATHROOM. YOUR WAY.
IN AS LITTLE AS

ONE DAY

CALL NOW
855.564.2680

SPECIAL OFFER
Waiving All Installation Costs

Asst) terms apply. Offer subject to change and vary by dealer. Expires 6/30/2024.

Call an Expert

YOUR HANDYMAN PLUS....
"PLUMBING"
Repairs and New Installations
Drains Unclogged
(Just Make A List & We'll Gladly Take Care of It)
845-264-9623

TRUGREEN
Live life outside.

Get the most out of your lawn this spring.

Save now with **50% OFF** Your First Application

SCHEDULE YOUR APPOINTMENT TODAY! 1-877-482-8771

*Special price is for first Lawn service only. Requires purchase of annual plan, for new residential EasyPay, MonthlyPay, or PrePay customers only. Valid at participating TruGreen locations. Availability of services and/or products may vary by geography. Not to be combined with or used in conjunction with any other offer or discount. Additional restrictions may apply. Consumer responsible for all sales tax. *Guarantee applies to annual plan customers only. BBB accredited since 07/01/2012. ©2024 TruGreen Limited Partnership. All rights reserved. In Connecticut: B-0153, B-1380, B-0127, B-0200, B-0151.

Don't Move Improve!



Kitchen Magic

Get your dream kitchen remodel today and take

\$2500 OFF.

855.281.6439

Up to 10-15% Off maintenance-free cabinet door collections. Cannot be combined with any other offers. Offer valid during initial consultation only. Does not apply to prior purchases. Homeowner must complete their free design consultation by 6/30/2024 to qualify for this promotion. NYLicense#Nassau:H1759490000 Suffolk:16183H NY/Rockland:5642.

BUYING COMIC BOOK COLLECTIONS!

TOP PRICES PAID!

Honest and Reliable, 30+ years experience. Local Collector/Seller
Putnam/Westchester/Orange/Dutchess and more

Call or text: 917-699-2496 • email: smileLP@aol.com

Hope to hear from you! Thanks!

**Wells Fargo Home Projects credit card is issued by Wells Fargo Bank, N.A., an Equal Housing Lender. Special terms for 24 mos. apply to qualifying purchases of \$1,000 or more with approved credit. Minimum monthly payments will not pay off balance before end of promotional period. APR for new purchases is 28.99%. Effective: 01/01/2023 - subject to change. Call 1-800-431-5921 for complete details. The leading consumer reporting agency conducted a 16 month outdoor test of gutter guards in 2010 and recognized LeafFilter as the "1st rated professionally installed gutter guard system in America." For those who qualify. One coupon per household. No obligation estimate valid for 1 year. Offer valid at time of estimate only. See Representative for full warranty details. Manufactured in Plainville, Michigan and processed at LMT Mercor Group in Ohio. AR #036620922, CA #1030795, CT #RHC064005, FL #C03056978, IA #C127230, ID #R03-51604, LA #559544, MA #176447, MD #MHIC148329, MI #215221788, #262050022, #262050403, #2196212946, MN #R731804, MT #226192, ND #7304, NE #50145-22, NJ #TUN09093900, NM #406050, NV #060950, NY #911914, #1-52223, OR #218294, PA #PA609363, RI #C0-41304, TN #7656, UT #1078368-5501, VA #2705160445, WA #LEAFFW03222, WY #WY050912.

Save on Windows and Doors!

BUY ONE, GET ONE **40% OFF** AND \$0 Money Down \$0 Interest \$0 Monthly Payments for 12 months!

Call by April 30 for your FREE consultation.
888-448-0421

RENEWAL by ANDERSEN
RECURRING WINDOW & DOOR REPLACEMENT

MADE IN THE U.S.A.

Make the smart and ONLY CHOICE when tackling your roof!

Before After

LIMITED TIME OFFER! SAVE!

UP TO 50% OFF + 10% OFF
INSTALLATION for military, health workers and first responders

FREE ESTIMATE 1.855.492.6084
Expires 4/30/2024

ERIEHOME

New orders only. Does not include material costs. Cannot be combined with any other offer. Minimum purchase required. Other restrictions may apply. This is an advertisement placed on behalf of Erie Construction Mid-West, Inc. ("Erie"). Offer terms and conditions may apply and the offer may not be available in your area. If you call the number provided, you consent to being contacted by telephone, SMS text message, email, pre-recorded messages by Erie or its affiliates and service providers using automated technologies notwithstanding if you are on a DO NOT CALL list or register. Please review our Privacy Policy and Terms of Use on homeservicescompliance.com. All rights reserved. License numbers available at eriehome.com/erie-licenses/

MADE IN THE U.S.A.

Call today and receive a **FREE SHOWER PACKAGE PLUS \$1600 OFF**

SAFE STEP WALK-IN TUB
1-855-916-5473

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

EASE OF USE **WALK IN TUB** **BBB** **LIFETIME LIMITED WARRANTY**

FINANCING AVAILABLE WITH APPROVED CREDIT

Answers to this week's diversions (puzzles on page 12)

Suguru solution

2	4	3	5	4	1
1	5	1	2	3	2
4	3	4	5	1	4
1	2	1	3	2	3
5	3	5	4	1	5
2	4	1	2	3	2

B	L	O	A	T		A	R	C		C	O	H	O
E	A	G	L	E		D	U	O		S	O	R	E
A	K	R	O	N		I	N	N		H	O	A	R
T	H	E	H	E	A	T		C	H	I	L	L	S
			A	T	M		G	H	E	E			
D	I	S		S	O	L	O		P	L	A	I	D
O	N	T	O		R	E	D	S		D	I	C	O
C	U	R	B		T	V	S	E	T		L	E	V
K	R	A	I	T		Y	E	T	I		S	U	E
S	E	P	S	I	S		N	A	A	N		P	R
					T	H	U	D		R	I	O	
		B	E	T	T	E	R		W	A	L	K	O
M	O	D	A	L		B	A	H		L	A	P	S
B	R	I	D	E		A	G	E		E	P	E	S
A	N	T	S			N	O	T		D	I	D	S

SUDOKU

This week's answer

9	1	5	2	6	3	4	8	7
3	8	6	4	1	7	2	5	9
7	4	2	5	9	8	3	1	6
5	9	3	6	8	4	7	2	1
2	6	8	9	7	1	5	3	4
4	7	1	3	5	2	6	9	8
1	5	4	7	2	9	8	6	3
6	3	9	8	4	5	1	7	2
8	2	7	1	3	6	9	4	5

News for Older Adults,
Their Families and Caregivers
Todd N. Tancredi, Director
Dutchess County
Office for the Aging

JOIN OFA AT THE COUNTY
HEALTH FAIR, SATURDAY 4/13

The Dutchess County Department of Behavioral and Community Health (DBCH) will host its third annual Y.O.U.R. (Young, Old, Urban, Rural) Health Dutchess County Health Fair on Saturday, April 13th from 11 a.m. to 2 p.m., at Falcon Hall at Dutchess Community College, 53 Pendell Road in Poughkeepsie. The Office for the Aging will join DBCH and dozens of other agencies and service providers at the health fair for resources and fun activities for all ages; fire and police safety; mental health and substance use services; a sensory friendly area; and indoor/outdoor exhibitors, raffles, giveaways and more.

There'll be a free shuttle bus between the Dutchess County Transit Hub (11-13 Market St., Poughkeepsie) and Falcon Hall which will operate 10:30am – 2:30pm.

For more information, visit www.dutchessny.gov/healthfair.

SEEKING DUTCHESS COUNTY CENTE-
NARIANS

2022 and 2023 were both record years for the number of Dutchess County centenarians and couples married 70 years honored in the "Celebration of Aging" section of OFA's summer THRIVE60+ newsletter. Will 2024 be a third straight record-setting year?

By our estimates there are between 50 and 80 centenarians who make Dutchess

County their home, and we've been able to locate and honor about half of them in recent years; likewise, we've been able to honor as many as eight couples who were married 70 years or more, and we suspect there are more to be found.

If you're lucky enough to know someone who fits either or both of those categories, please reach out to OFA by May 10th at 845-486-2555 or ofa@dutchessny.gov. Anybody who'll be 100+ at any time this year, or celebrating a 70th anniversary, can be honored.

And if you are the person who fits the description...we'd like to ask you what your secrets to longevity are. We've been asking centenarians this question for decades and the answers have ranged from "a strong faith and loving family" to "daily exercise" to "nine golden raisins soaked in gin."

SPRING THRIVE60+

The Spring 2024 issue of OFA's THRIVE60+ is now available. It's been distributed to the OFA email list and is viewable at www.dutchessny.gov/THRIVE60, where you can also get caught up on back issues of THRIVE60+.

For the internet-averse, paper copies of THRIVE60+ are available while supplies last at public libraries throughout Dutchess County. THRIVE60+ has also been distributed to OFA Home Delivered Meals clients. For those of you who get THRIVE60+ through postal mail, your copy should have arrived recently. To be added to or removed from OFA's email or print newsletter mailing list, or to update your contact information, email ofa@dutchessny.gov or call 845-486-2555.

'PANCAKES IN THE PARK' ENCORE
(THURSDAY 4/4) – A FEW SEATS LEFT

The March 21st "Pancakes in the Park" event presented by the Office for the Aging with Dutchess County Parks was so popular with Dutchess County older adults that a second "Pancakes" event has been added to the calendar, on Thursday, April 4th at 10:30 am at Bowdoin Park in Poughkeepsie.

Only a few seats are left, though. Dutchess County residents over age 60 can call OFA during business hours at 845-486-2555 to make reservations.

UPCOMING 'FRIENDLY CALLS' ORIEN-
TATIONS IN APRIL

If this is your first time reading about the OFA "Friendly Calls" program...welcome! You can find details at www.dutchessny.gov/friendlycalls.

Most orientations for prospective "Friendly Calls" volunteers take place at OFA unless otherwise indicated below. Orientations typically last 40-60 minutes. Pick one, and contact OFA at 845-486-2555 to set up your orientation:

- Thursday, April 4th, 10 am
- Monday, April 8th, 1:30 pm
- Tuesday, April 9th, 10 am
- Thursday, April 11th, 10 am

More orientations will be added later in April.

If none of the dates above work with your schedule, contact Friendly Calls Program Manager Linda Edgar at 845-486-2548 or ledgar@dutchessny.gov, and we may be able to work out something that fits your schedule.

If you're part of a workplace or civic organization that would like an onsite Friendly Calls orientation, contact Linda Edgar as noted in the previous paragraph. If there's a meeting room with a TV that has an HDMI connection, that's all we need to bring the orientation to you.

OFA SENIOR LEGAL SERVICES

When's the right time for an older adult and their family and caregivers to plan for the legal issues that could face them in later life?

The right time is...yesterday, in many cases. Which means there's no time like the present to get your ducks in a row, legally speaking, to better ensure peace of

mind for yourself as well as family. OFA can help.

While OFA Legal Services has no financial/asset eligibility requirement and operates on a suggested-donation basis, it's targeted at Dutchess County older adults (age 60+) who would otherwise be unable to afford many elder law services. OFA contracts with local private attorney Paul Weinberger for this service. He's available at OFA by appointment only, on Fridays. Prospective clients should call OFA at 845-486-2555 to make the necessary appointments.

For a closer look at OFA Legal Services, visit www.dutchessny.gov/ofalegal.

CAREGIVER CONFERENCE -
REGISTRATION OPENS APRIL 8TH

Watch next week's issue of "Aging News" for information on how to register for the free, annual Caregiver Conference, which takes place on Wednesday, May 8th at the Wallace Center on the grounds of the FDR historic site in Hyde Park.

Registration (via the Alzheimer's Association) will open one month before the conference, on Monday, April 8th.

The Caregiver Conference is presented by OFA with the Alzheimer's Association, Hudson Valley Hospice, Parkinson's Disease Support Group of the Mid-Hudson Valley, and community members Falisia Cotten-Swain and Cathy Regan.

WILCOX PARK DISC GOLF LEAGUE

The 27-hole disc golf course at Wilcox Memorial Park (entrance on Route 199 in Milan, just east of the Taconic Parkway – to program the location in your GPS, use 1737 NY 199, Stanfordville) has been ranked among the top 100 courses in the world by UDisc, a popular disc golf app! The new Wilcox Disc Golf League will be hosting weekly meet-ups to play at 10:30am on Sundays from April 21st through May 19th and all skill levels are welcome. This league is not directly affiliated with Dutchess County Parks, so for more information and to join the spring league, email Savanna Burke at burkesavanna@gmail.com.

What is Hospice?



It's quality time with
the ones we love.

It's focusing on the quality of time, not
the quantity. It's spending precious moments
with loved ones and making new memories.

Hudson Valley
Hospice

We're here when it matters most.

hvhospice.org • 845-240-7555

April 3 is National Walking Day

Physical activity is one of the best ways to improve overall health and manage stress, yet 1 in 4 U.S. adults are sedentary for more than eight hours each day, which can have negative consequences on physical and mental health. The American Heart Association, the nation's oldest and largest organization dedicated to fighting heart disease and stroke, established National Walking Day to encourage people to move more throughout their day. This year, in celebration of the organization's Centennial, communities across the country are invited to gather on Wednesday, April 3 to take a walk and raise awareness of the benefits of movement.

"The American Heart Association is a relentless force for building healthier communities, one step at a time," said Steven Kelley, president and CEO of Ellenville Regional Hospital and chair of the 2024 Hudson Valley Heart Walk on April 27. "National Walking Day demonstrates the progress that can happen when

people come together and take steps, big or small, to improve the health of their communities."

Walking is one of the simplest ways to get and stay active. Physical activity such as walking can help reduce stress, improve mood and sleep, and lower the risk of diseases. To participate in National Walking Day, the American Heart Association offers these tips:

- Ask colleagues, friends or family to join you.
- If you work remotely, take a conference call on the go.
- If you have a pet, get moving together! Walking is a win-win for the health of you and your pet. To participate in National Walking Day, invite friends, family, colleagues or even a pet to join in on a walking route of your choice.

For more tips about getting and staying healthy, visit the American Heart Association's Healthy for Good™ initiative at heart.org/movemore.