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**Angels of Light HV
shines on children,
families in need**

Walk/Run, Car Show
set April 20 in Millbrook

By Kate Goldsmith

Angels of Light Hudson Valley is a not-for-profit organization that assists children and families with life-threatening illnesses in the 11-county Hudson Valley region. Founded by Lori and George Decker more than 20 years ago, Angels of Light helps to pay medical bills, utilities, food and a myriad of other expenses.

Now based in Millbrook, Angels of Light is holding a pair of fundraisers on Saturday, April 20. From 9 a.m. to noon, the Mid-Hudson Road Runners Club (MHRRC) will sponsor the 2024 Barri Donnellan Memorial (5k Run, 2 mile Walk / Kids Fun Run) through the Village of Millbrook. From 9 a.m. to 2 p.m., there will be a Car Show at 21 St. Josephs Drive in Millbrook. Both events will benefit local student athlete Damian Martinez, who is paralyzed from the waist down due to a swimming accident.

Lori Decker recently shared how Angels of Light came to be.

"My husband was coaching CYO at St. Martin De Porres," she said. "One of the moms had a daughter who had a brain tumor; they were going down to Westchester [for treatment] four days a week."

It was November, with the winter holidays coming soon.

"I introduced myself to the mom and said, 'Give me a wish list for your children (she had four)'," Lori said, thereby insuring they would have presents at Christmas.

At the time, Lori was managing a gym in LaGrange. She put up Giving Trees every year to provide other children in need with holiday gifts,

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Locust Grove Estate presents Antique Appraisal Day April 14

By Kate Goldsmith

Want to know more about that family heirloom that has been passed down for generations? Or how about those items you rescued from grandma's attic – could they be treasures in a dusty disguise?

Locust Grove Estate in Poughkeepsie – itself home to an impressive (and voluminous) collection of antiques – is hosting their Antique Appraisal Day this Sunday, April 14. Bring up to five items to be appraised by a team of experts led by Robert Meringolo, founder of The Appraisers Roadshow and a former Sotheby's associate. Collectibles are also welcomed. Baseball cards, records, small works of art, jewelry, watches, coins, toys ... you bring it, they will appraise it.

Early Bird admission is \$50 at 9:30 a.m. for up to five items (limited to 10 people). Regular admission is \$35 by timed entry from 10 a.m. to 3:30 p.m. for up to five items (limited to 15 people every half hour).

The event will be held in Locust Grove's Welcome Center, at 2683 South Road (Route 9) in Poughkeepsie.

"It looks like [the event] will be totally sold out, so get tickets quickly," advised Ken Snodgrass, Locust Grove's Executive Director. If there are any tickets remaining on the day of the event, they will be sold at the door, he said.

Snodgrass said that Antique Appraisal Day had been an annual event until the



Locust Grove Estate in Poughkeepsie will host their Antique Appraisal Day this Sunday, April 14. Attendees can bring up to five items to be appraised by experts from The Appraisers Roadshow. Locust Grove is home to a collection of antiques featuring 15,000 pieces of silver, china, furniture, paintings, decorative arts, clothing, jewelry, fans, books, chandeliers, and more. In the photo, taken in the Drawing Room, Locust Grove's Executive Director Ken Snodgrass views a gilt-bronze clock (French, c. 1825) with scenes from the "Iliad." Also on the mantel are a pair of covered jars (Chinese, 1825-1850) decorated in blue with scenes of peonies in a garden, and a pair of gilt-bronze candlesticks (French, 1825-1850), in the form of caryatids (statues of women in classical attire). Photo by Kate Goldsmith

pandemic. The event resumed last year and attracted 150-200 people, he said.

The timed ticket entry helps keep lines to a minimum, he added.

Snodgrass was asked if he had any advice for those coming to the event.

"Keep it simple," he said. Remember, you'll have to carry the objects. This might not be the time to bring in that nine-foot-tall armoire or large marble

sculpture. "Keep it practical, and keep an eye on your possessions," he added.

Even if you have no intention of selling a particular item but are curious to know more about it, the experts from The Appraisers Roadshow will be happy to help.

Locust Grove's Italianate Mansion
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Renegades grab two wins to start 30th anniversary season

By Rich Thomaselli

Here we go!

The Hudson Valley Renegades opened their 30th anniversary season by winning two of their first three games over the



Bowling Green Hot Rods in Bowling Green, Ky.

A strong night at the plate for Jesus Rodriguez was not enough as the Renegades fell to Hot Rods, 6-1 in the opener on Friday night. But Hudson Valley came back a day later to post a 14-2 victory and on Sunday, it was thrice as nice as three Renegades pitchers combined for a two-hit shutout and a 3-0 win. Cam Schlittler threw six innings for the victory.

The opening game, played on Friday, April 5, was the first of a nine-game road trip to start the season for the Renegades.

The Hot Rods started strong, sending eight batters to the plate and struck for four runs in the bottom of the first against

Sebastian Keane. Making just his third professional start and first in High-A, the right-hander allowed three hits and walked two in the first.

Keane (0-1) departed after just 1.2 innings in which he allowed four runs on five hits and three walks with one strikeout. He left with the bases loaded, but Yorlin Calderon coaxed a fly out from Hunter Haas to escape the jam. Calderon was terrific out of the bullpen, tossing 3.1 scoreless innings while allowing one hit and striking out three.

Jesus Rodriguez got the Renegades on the board in the top of the second inning with a leadoff home run to right field off Trevor Martin.

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• OPEN FOR BUSINESS •

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INSIDE:
Adams Fairacre Farms

Anderson Center for Autism launches \$1M capital campaign

The executive leadership team and Boards of Trustees at Anderson Center for Autism and Anderson Foundation for Autism have announced the launch of a \$1 million fundraising campaign, which will make possible a capital improvement project on its Staatsburg campus (pending appropriate approvals.)

Funding will be earmarked to fully rebuild an historic, 11,000-square-foot carriage house at Anderson called "Dellinwood," a building of historical significance for the organization which, in its new iteration, will continue to boast sweeping Hudson River views. Once complete, the facility, to be called "New Dellinwood," will house Anderson programs currently being developed to help address a worldwide workforce shortage in education, healthcare, and behavioral health.

Patrick Paul, CEO/Executive Director of Anderson Center for Autism, said, "We are excited about the bridges we have been building in recent years through Anderson Center International, Anderson Center Consulting and Training, Anderson Foundation for Autism, and Anderson Center for Autism. Now, we

are working to launch new initiatives that will help develop a much-needed robust, international workforce and advance healthcare-related higher education in our field. When construction is complete, New Dellinwood will be home to a world-class experience for this effort, with a state-of-the-art conference and training center."

Tina Marie Covington, PhD, Chief Operating Officer at Anderson Center for Autism, said, "We expect to attract a very dynamic and diverse group of people to New Dellinwood who share our commitment to this field, including Residential Behavior Specialists, International Scholars, the Touro College Dental Training students, Clinical Psychology Post-Doctorates, and ECHO Autism Anderson Hub members and participants. I am confident that this group will love gaining expertise in this sophisticated space. We expect our new programs to quickly grow in popularity and for New Dellinwood to transform many, many lives."

The budget for the capital project is \$10 million; Anderson has been awarded several grants to offset some of the

expenses. The goal of the capital campaign is to raise \$1 million toward the total cost. Fundraising for the capital campaign is being managed by Anderson Foundation for Autism; direct monetary donations, as well as gifts of stock and planned gifts, will all be welcomed. There will be a number of naming opportunities available, and any interested parties can contact Anderson Foundation to learn more or make a gift online.

"Given the fact that most people at this point have at least one autistic or neurodiverse individual in their lives, there is widespread understanding about the need to support Anderson's work - so we feel confident in our ability to successfully meet and exceed the goals of this ambitious capital campaign," said Eliza Bozenski, Chief Development Officer of Anderson Foundation for Autism. "Since our inception 100 years ago, Anderson's mission, at its heart, has always been about supporting people with special needs. That has never changed - but the demand for services and programs has expanded exponentially. We intend to respond to the increased need - and we are extremely excited about what lies

ahead for all of the people who will benefit from the investments that will be made into this new initiative."

The design of New Dellinwood includes indoor and outdoor multipurpose training and conference spaces, trainee clinical, medical, and dental skills practice rooms, and a 'living classroom' for visitors who want to see what it looks like to create an autism supportive environment.

Paul added, "As we look back over the past 100 years, Anderson Center for Autism has become well-known locally, regionally, nationally, and internationally for our 'legacy of compassion and century of impact'. Now we begin a new century by breaking ground for a building that will help carry forth our mission for generations to come. Donors and supporters are already making generous pledges to help bring our vision to life, and we welcome meetings with others who want to be a part of this historic moment."

Learn more about Anderson Center for Autism's New Dellinwood capital campaign by visiting andersoncenterforautism.org.

Angels of Light HV shines on children, families in need

continued from cover

and continued this tradition when she moved to Millbrook as co-owner of Forza Fitness.

"The community has been so great with our families," she said.

A particularly generous donor took Angels of Light to another level.

"The first year [in Millbrook], a man walked in and gave me \$1,000 cash and said, 'This is for the kids,'" Lori said. "I said to my husband, 'It's time to become a 501(c)3.'"

Fast forward to 2024, and Angels of Light has served, in total, more than 5,000 families over more than two decades. What began with holiday giving has expanded in a variety of ways.

"We work with so many families in the Hudson Valley," Lori said.

Angels of Light also sponsors the infusion room at MidHudson Regional Hospital, and gives gift bags every 2-4 weeks to seven hospitals in the Hudson Valley and all the pediatric units, she said.

"Anytime a kid is admitted to one of those hospitals, [he or she] gets a gift bag with things that keep them occupied," said Lori, along with a card created by local children.

"We work very closely with nurses at the hospitals," she added. "At Vassar and MidHudson, in the pediatric emergency room there are boxes with toys for all ages. They can pick whatever they want and it's theirs to keep."

For a family dealing with a life-threatening illness, the biggest expense is lodging, Lori said, especially when treatment requires staying in a place far from home for an extended period of time. While hotels will work with the hospitals for reduced rates, the tab is still thousands of dollars.

"So far we haven't had to say 'no' to any families," Lori said.

Saturday's events

The Barri Donnellan Memorial (5k Run, 2 mile Walk / Kids Fun Run) honors an Angels of Light volunteer who died from cancer two years ago.

"Barri was a volunteer for Angels of Light before we were a 501(c)3. Her daughter would sing the national anthem for us," said Lori. "Her daughter is coming back to sing the national anthem [at the event]."

Lori noted that "Barri was very hum-



Lori Decker, who with husband George founded Angels of Light Hudson Valley, stands in front of a wall filled with photos of children the organization has assisted. Angels of Light assists children and families with life-threatening illnesses living in the Hudson Valley, helping with medical bills, utilities, food, gas, and much more. Photo by Sabrina Eberhard

ble and gave a lot. She never wanted to [call attention to herself]. Now we have a race named in her honor."

The race will start at 28 Front Street, the Angels of Light office. Registration is \$25 in advance and \$30 on race day. There is no fee for the Kids' Half-Mile Fun Run.

Registration for the Car Show is \$15; spectators are free, but donations will be appreciated.

Visit www.angelsofighthv.org to register and for more information.

Funds raised from these two events will help Damian Martinez' family make their home accessible.

"Damian just got out of the hospital, he is a paraplegic," Lori said. "Their whole home has to be revamped; insurance doesn't cover that. All money [from these events] will go to his family."

Future fundraisers include one on April 23 at Cosimo's in Poughkeepsie, to benefit the daughter of a Cosimo's employee who was diagnosed with cancer.

A major fundraiser will take place on

June 1 at Orvis Sandanona in Millbrook.

"[The site] is unbelievable, it is so beautiful. Last year we raised \$133,000 net – and all of that money went back into the community," Lori said. "It's very casual, a big tent, a band that comes up from Nashville. It's so much fun. We have food trucks, restaurants, it's a really great night."

Lori emphasizes that Angels of Light is about 95 percent volunteer-powered.

"We could never do this without our volunteers," she said. "Some people can give of their time, others have finances. We live in a most amazing community. That's who we are and that's what we do."

Lori said Angels of Light's goal is "to bring as much joy and happiness to children and their family, even for a little while."

She encourages anyone who knows of a child age 18 or younger, or a parent, who either has a life-threatening illness, or whose life has been altered by an accident, to reach out to the organization on the website and fill out the intake form.

*Terms and Conditions apply.

Lagrangeville resident graduates with special recognition from NYS Park Police Academy

On April 5, Governor Kathy Hochul announced 20 new graduates from the 18th Basic School of the New York State Office of Parks, Recreation and Historic Preservation (State Parks) Police Academy. After six months of intense training, these new officers will be assigned regionally to serve New York's 250 parks and state historic sites. Last year, those sites attracted a record 84 million visits.

"Today, we recognize 20 new officers who have stepped up to protect the people of New York," Hochul said. "The members of the New York State Park Police work every day to protect our State Park visitors, using their specialized training to respond to all types of situations. On behalf of all New Yorkers, congratulations and thank you to all graduates and their families."

Officer Bailey Faldetta of Lagrangeville, among the 20 graduates, received the Firearms Proficiency Award.

Graduation was held on April 5 at the Hall of Springs at Saratoga Spa State Park. For the past six months, the recruits were in residential training at the State Park Police Academy in Rensselaerville, Albany County.

New York State Parks Commissioner Pro Tempore Randy Simons said, "After going through rigorous training, we are proud to welcome these new graduates to our Park Police ranks. Their dedication will help keep a safe and welcoming environment for the millions of visitors who join us each year. As we celebrate our system's Centennial, we want to let our patrons know of the support from Gov. Hochul, the legislature, and our law enforcement leadership that help keep parks and sites safe."

State Parks Assistant Director of Park Police Col. Michael Daddona said, "Congratulations to this new class of park police officers. Your dedication and support from your families make this an extremely important day. I look forward to the next step in learning from our dedicated team at the New York State Park Police. Their training prepares them for a challenging and rewarding career – from law enforcement, investigations and extreme weather – on New York State's forests, waterways and trails."

Training for recruits consists of classroom education in Criminal Procedure Law, Penal Law, Vehicle and Traffic Law, Park and Recreation Law, criminal



Pictured from left are Colonel Michael Daddona, Assistant Director of Park Police; Officer Bailey Faldetta; Officer Christopher Booker, PBA of New York State; and Randy Simons, Commissioner Pro Tem. New York State Commissioner of Parks, Recreation and Historic Preservation. Courtesy photo

investigations and a host of other police-related topics. In addition, the recruits received hands-on training in firearms, first response, snowmobile operation, ATV operation, emergency vehicle operation and a wide variety of other law

enforcement related topics. The new officers will begin a 10-week field training program April 8, where they will receive supervised training from senior officers, followed by assignment to patrol responsibilities.

Locust Grove Estate presents Antique Appraisal Day April 14

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was built in 1830 and lived in as a summer house by Samuel A. Morse from 1850 to 1872. Its last inhabitant, Annette Innis Young, lived in the mansion for 80 years, from 1895 to 1975. It is her family's collection of fine art, furniture, textiles, and ceramics that grace the 25 rooms of the historic mansion, appointed just as it was around 1920.

Young's mission "to preserve the estate for the enjoyment, visitation, and enlightenment of the public" is achieved through sponsorship, membership, and event ticket sales. Antique Appraiser Day is one of several fundraisers that help Locust Grove provide a variety of programming and support the operations of the estate's 20 buildings (and the museum collections housed within them) on 250 acres, both at the Poughkeepsie estate and Locust Lawn in Ulster County, which was also owned by the Young Family.

"Our most recent project was the restoration of the Music Room, just across the hall from the Drawing Room," said Snodgrass. "Thanks to donated funds we were able to reproduce the original wallpaper in 2023. While the original was removed in 1979, an unused roll of the original paper was stored in the attic. That roll was scanned, color corrected, and then an exact match was printed and hung in the room – it now looks exactly the way it did more than a century ago!"

He added, "We're currently raising funds to reproduce the paper for the Parlor and can't wait to fix that room too!"

Visit www.lgny.org to reserve a timed entry for Antique Appraisal Day and for more information.



The Locust Grove Estate in Poughkeepsie is home to a wide variety of antiques. Courtesy photos

DC LEGISLATURE LAUNCHES NEW FACEBOOK PAGE

The Dutchess County Legislature launched a new Facebook page to continue reaching their constituents. The page's name is "Dutchess County Legislature" and can be found at <https://www.facebook.com/DutchessCountyLegislature> or through the search bar.

The page will be posting public and legal notices, advertising for Committees and Boards, pictures from events, among other things.



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HUDSON VALLEY HEART WALK

Saturday, April 27

WALKWAY OVER THE HUDSON



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LETTERS TO THE EDITOR

*NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News.
Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.*

American aid to Ukraine is crucial – please help

To the editor:

With its blue and gold banner above the masthead, and with its article in the March 6 issue reflecting upon the two-year anniversary of the start of Russia's full scale invasion, we are writing to express our thanks to this newspaper for continuing to ensure that its readers know how important it is that America and Ukraine stand together as Ukraine fights for her survival against a barbaric enemy who is driving itself both for the conquest of Ukraine, as well as a broader war with NATO intent on absorbing its neighbors in the Baltic States and Poland.

Who can blame Putin when he sees our weaknesses? On one hand, we have a Congressman from Louisiana who—in his role as Speaker of the House—has singlehandedly throttled both the urgently needed weapons and ammunition and the will of a majority of Americans who support delivering this aid to the battlefield. It is not for us to speculate on his motivations, but the only beneficiary is Putin's Russia, and it should be obvious that this is no path to American greatness.

On the other, we have an administration drawing red lines around its ally, already slowing the delivery of critical F16s and missiles with sufficient range (e.g. ATACMS) and now asking Ukraine to refrain on sending its drones to attack Russian oil refineries lest gas prices rise ahead of our elections.

Who can blame Putin when he sees our weakness? Hamas's 10/7 attack launched on Putin's Birthday. Houthi rebels are disrupting global commerce by lobbing missiles at ships in the Red Sea. Iranian and North Korean delivery of missiles and ammo. The weaponization of migrants being pushed across the borders of Western Democracies.

These are not isolated incidents. Moscow is intent on taking down the West. Who among us would have expected France—and not America—to step in to lead? We can still take actions. Please call Republican Reps Molinaro and Lawler and ask them to sign the Discharge Petition, which will bring the Senate's Ukraine Aid package to a vote on the House floor where it will pass.

Call or write the President and our Democratic Rep. Ryan and Senators Schumer and Gillibrand to demand that we Arm Ukraine to Win. We still have a window to limit this war. Please call or write today. We all aspire for American greatness; this is no way to reach it.

Mark Lagus and Leevi Ernits
Bangall

Investing in childcare a priority

To the editor:

Safe and affordable childcare is not a luxury. For many working parents in the Hudson Valley, finding flexible childcare is a necessity that makes a productive work-life balance possible. Unfortunately, Albany has failed New Yorkers when it comes to adequately addressing the childcare crisis in our state.

New York currently has 1,326 fewer childcare providers than it did four years ago. The Empire State is the sixth-most expensive for infant care in the US, clocking in at an average of \$15,934 annually. As state Senator, I've met too many parents on both sides of the political aisle who feel desperate, wondering if they're going to find an affordable childcare option that works for them while avoiding the long waitlists plaguing most providers.

We can do better. I'm sponsoring a series of bills in the Senate to reduce the high costs of childcare on working parents and expand options for families of all types. First, not all parents work nine-to-five jobs; many are in nontraditional occupations which require flexibility on the part of care providers. My legislation S.8964 would expand provider hours and give families more choices.

Providers also need help covering the high costs imposed by

state regulations and mandates. S.8984, my measure to grant tax credits for facility improvements and upgrades, would reduce provider overhead and help them focus on what matters most: our kids. I also introduced S.7204, legislation to help parents find affordable childcare closer to home by establishing a Consumer Directed Childcare Pilot Program.

The childcare crisis made in Albany didn't happen overnight and won't be solved immediately either. However, we can make meaningful changes to the current childcare system that will give parents more choices and reduce soaring costs. My plan would save the average family in New York over \$2,300 a year.

An investment in childcare is a down payment on a better future. I'll continue to work with a bipartisan coalition of Senate colleagues to address the childcare crisis head-on.

Rob Rolison

NYS Senate, 39th District

Transitions never easy

To the editor:

Speaking with others, they express what everyone expresses; sad times, no improvement ahead, or blames emotionally directed at political wannabes. I believe it was 2011 that the news spoke of a Mayan Calendar defining a cosmic cycle ending. It was thought to be 'the end times.'

Having studied cosmic cycles for years, I didn't view this Mayan cycle ending as negative; just a cosmic way of life to change. This has occurred.

Banks folded, churches closed, the Pandemic brought a new way of working, mental health issues rose, endless thefts, and unfortunately, violence to humans in astounding ways. The wealthy wrote newsletters suggesting to get out of debt, save a bundle at home, store up food. Good advice.

Even governments have cycles as one man studied some years ago. The average government, kingdom, lasts 200-250 years. He added there were 20 steps to its life. Number one being the new rules, or constitution given. Number 19 was apathy and complacency (we had that) and 20 was anarchy and revolution. It appears we are at number 20.

Change is never easy. A famous psychic I knew predicted these times 40 years ago stating they would be the most difficult in recorded history. This appears to be taking shape.

We must all look out for our neighbors more, share when we can, renew one's faith that behind it all there is a reason. Nothing lasts forever, and the old must always give way to the new.

No one person is to be blamed. Native Americans predicted these times in the late 1980s along with Earth and climate changes.

Important to remain positive, take one day at a time, and do a good deed when you can. In time a new way will emerge but not without a very difficult transition. What is missed is the Ten Commandments visible everywhere and a new Moses coming down from a mountain!

Joyce Benedict
Hyde Park

988 SUICIDE & CRISIS LIFELINE IS LIVE

The first nationwide three-digit mental health crisis hotline is up and running. It is designed to be as easy to remember as 911, but when you dial 988, a dispatcher will connect callers with trained mental health counselors.

Dialing 988:

- Is a direct connection to compassionate, accessible support for anyone experiencing mental health related distress.
- Provides support: People may dial 988 if they are worried about a loved one who may need crisis support.
- Help for VETERANS: Veterans can press "1" after dialing 988 and be connected directly to the Veterans Crisis Lifeline.

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- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
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- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.

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Construction set to begin on roundabout at busy Poughkeepsie intersection

Project will reconfigure intersection with Hooker Avenue in Town of Poughkeepsie to improve traffic flow and enhance safety along busy roadway

Governor Kathy Hochul recently announced that work will soon begin on a \$11.4 million project to reconfigure the intersection of State Route 376 (also known as Raymond Avenue/New Hackensack Road) and Hooker Avenue in the Town of Poughkeepsie to create a modern, single-lane roundabout that will enhance safety and improve traffic flow along this important Dutchess County roadway.

The new roundabout will feature native landscaping and will be designed to reduce potential conflict points that motorists and pedestrians encounter, while creating fewer backups. New crosswalks, sidewalks and other pedestrian accommodations will also improve access to nearby destinations, including Vassar College and Vassar Farms.

"New York State continues to lead the way in reimagining our infrastructure to create a sustainable transportation network that better connects communities and gets people where they need to go safely," Hochul said. "Roundabouts are more efficient, better for the environ-

ment, and improve safety and mobility for motorists and pedestrians alike as they travel through busy locations."

The project was planned and will be constructed to fulfill the goals of the New York State Department of Transportation's "Complete Streets" initiative to consider safe, convenient access and mobility for roadway users of all ages and abilities. Complete Streets projects consider the needs of pedestrians, bicyclists, public transportation riders, motorists, children, the elderly, and persons with disabilities. Complete Street designs contribute to a cleaner and more environmentally friendly transportation system.

Roundabouts are engineered to maximize safety and minimize congestion. Compared to some traditional intersections, traffic flows more freely through roundabouts, cutting congestion and commute times. Crashes at roundabouts tend to be less severe because they typically occur at slower speeds. Roundabouts also eliminate the need for electric-powered traffic signals.

In designing the project, the New York State Department of Transportation sought input from Vassar College officials and community stakeholders. As a result, the new roundabout will also facilitate improved access to the college's pedestrian path, new faculty housing and Vassar Farm's new driveway.

Additionally, the project provides for new landscaped areas, including at the center of the roundabout. To keep with

the aesthetics of the community, NYSDOT landscape architects developed a plan for landscaping that includes approximately 59 native tree plantings and over 600 native perennial plants. NYSDOT also employed digital delivery techniques in preparing the project, limiting the amount of paper documents produced and facilitating a more sustainable and environmentally friendly result.

Field preparation, survey and utility work is getting underway this spring, with the majority of project construction scheduled for the 2024 construction season. Construction is expected to be done in stages and will include traffic shifts and alternating one-way traffic with periodic closures. The project is scheduled for completion in the spring of 2025.

State Department of Transportation Commissioner Marie Therese Dominguez said, "At DOT our focus is on the people and communities we serve, and this project exemplifies that philosophy with a focus on infrastructure solutions that employ complete streets principles that serve the community. Transforming this busy Dutchess County intersection into a roundabout will reduce congestion while enhancing safety and improving access for all users of the transportation system."

State Senator Robert Rolison said, "This infrastructure project will ease traffic flow along a busy corridor, improve driver and pedestrian safety, and expand transportation options for Town of

Poughkeepsie residents and others. I applaud the Governor and Department of Transportation officials for investing in our Hudson Valley roadways and I look forward to the completion of this much-needed roundabout."

Assemblymember Didi Barrett said, "As a longtime advocate for Complete Streets principles, which strive to ensure the safe and smooth flow of traffic while accommodating motorists, bicyclists, public transportation and pedestrians of all ages and abilities, I am pleased to see this major redesign project commence at Hooker and Raymond avenues, just down the road from our District Office in the Town of Poughkeepsie. I thank Governor Kathy Hochul and the NYS Department of Transportation for their support of this critical infrastructure improvement."

NYSDOT provides additional information online regarding roundabouts, as well as downloadable brochures, at www.dot.ny.gov/main/roundabouts. An instructional video about how to safely navigate roundabouts is available at drivingroundabouts.com.

Motorists are urged to slow down and drive responsibly in work zones. Fines are doubled for speeding in a work zone. Convictions of two or more speeding violations in a work zone could result in the suspension of an individual's driver license.

For up-to-date travel information, call 511, visit www.511NY.org or download the free 511NY mobile app.

Rhinebeck Rotary launches Community Wellness Walks

Chairperson of the newly-formed Rhinebeck Rotary Mental Health and Wellness Committee, Marybeth Cale, recently announced that the group "is setting out to help - on a small and local level - address the loneliness epidemic (see report by Dr. Vivek Murthy, US Surgeon General) with the launch of Community Wellness Walks, which are set to begin on May 16. These Wellness Walks are a first step to cultivating stronger social connections and feelings of overall well-being for people who live or work in Northern Dutchess County,

and we hope that they will be very meaningful for all who participate."

The wellness walks are free of charge and open to anyone 18 years of age or older. All participants must sign a waiver form in advance (available at rhinebeckrotary.org).

Walkers will meet in the parking lot of the respective location - and are encouraged to bring water/snacks, sunscreen, and tick spray.

WELLNESS WALK SCHEDULE

Thurs., May 16th, 11am - Ferncliff Forest
Mon. May 27th at 5:30pm - Burger Hill

Thurs., June 13th at 11am - Thompson-Mazzarella Park

Mon., June 24th at 5:30pm - Montgomery Place

Thurs., July 11th at 11am - Poet's Walk
Mon., July 22nd at 5:30pm - Burger Hill
Thurs., Aug. 8th at 11am - Thompson-Mazzarella Park

Mon., Aug. 26th at 5:30pm - Wilderstein
Thurs., Sept. 12th at 11am - Ferncliff Forest

Mon., Sept. 23rd at 5:30pm - Burger Hill

Thurs., Oct. 17th at 11am - Poet's Walk
Mon., Oct. 28th at 5:30pm - Montgomery Place

The Rhinebeck Rotary Mental Health and Wellness Committee is working to develop other initiatives designed to support well-being for community members as well; details still developing on those programs but more information will follow soon.

Learn more at rhinebeckrotary.org.

Homeless Shelter employee arrested for selling cocaine to residents

The Dutchess County District Attorney's Office Drug Task Force announced an investigation into the sale of cocaine at the Homeless Shelter located on the property of the former Dutchess County Jail. The Drug Task Force began an investigation in early February, according to a release from Dutchess County Sheriff's Office, after residents of the Homeless Shelter alerted Drug Task Force Agents of an employee working security was selling dangerous drugs inside the Homeless Shelter. This caused a response by the Drug Task Force and investigation due to the vulnerability of homeless community members.

Over the course of this investigation, according to law enforcement, Drug Task Force Agents purchased cocaine on multiple occasions allegedly from Marlene Sosa, 32, of Poughkeepsie at or near the Homeless Shelter while she was working property security for a contracted agency.

On April 4, Drug Task Force Agents with the assistance of the Dutchess County Sheriff's Office Patrol Bureau

took Sosa into custody inside the homeless shelter charging her with Criminal Sale of a Controlled Substance in the 3rd Degree, a class B Felony. Sosa is being held at the Sheriff's Office pending her arraignment in the City of Poughkeepsie Justice Court.

The Dutchess County District Attorney's Office Drug Task Force warns the public that cocaine is often mixed with fentanyl, a dangerous drug that is the leading cause of overdose deaths in Dutchess County.

If anyone has information regarding this case or about any other individuals selling drugs in Dutchess County, you are urged to contact the Drug Task Force confidential tip line at 845-463-6040 or by sending an email to the following web address: DrugTaskForceTips@gmail.com. As with any criminal case, the charges described above are merely an accusation and those individuals named in this release are presumed innocent until proven guilty in a court of law.

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DC Dairy Committee presents awards



The members of the Dutchess County Dairy Committee held their annual meeting on March 19 at Zoe's Ice Cream Barn in LaGrange. Annual award winners included, from left, David Coon - Coon Brothers Farm - Milk Production Award, Jen DeForest - Stormfield Swiss - Quality Milk Award, Amanda Bergin - Uplands Farm - Milk Production Award and Lynsey Jackson - Shenandoah Farm - Quality Milk Award. Courtesy photo

Clinton Roadside Cleanup set April 20

Town of Clinton Scenic and Historic Roads Advisory Committee (SHRAC) sponsors the annual Clinton Community Roadside Litter Cleanup on Saturday, April 20, from 9 a.m. to 3 p.m.

Each year Clinton individuals, families, and neighbors join together to celebrate Spring by walking Clinton's scenic Town roads and cleaning them up. It's a great way to get outside, get exercise, and get involved. It's also an opportunity to get children involved in their community.

Participation is easy. Go for a walk. Bring garbage bags and pick up trash and

debris from the side of the road. Then bring the roadside garbage you've collected to Town Hall and dispose of it for free in the designated dumpster (located behind Town Hall at the Highway Department entrance). Free disposal will be available on April 20 from 9 a.m. to 3 p.m. only.

All participants will receive a packet of sunflower seeds.

For more information, contact SHRAC Chairman Rick McGlaflin at (845) 266-3003 or twistedoaks@optonline.net.

Stay up-to-date ~ follow us on Facebook!
@SouthernDutchessNewsGroup

COMMUNITY CALENDAR

SPARC Park in Stanford seeks volunteers for rebuild

The Town of Stanford seeks volunteers to help rebuild its SPARC Park in Stanfordville. Work on the SPARC (Stanford Parks and Recreation Committee) Park Playground rebuild will commence on April 18. Volunteers of all ability are needed. This is especially true for the beginning of the rebuild in mid-April. Please use this link to sign up: <https://shorturl.at/gkzAZ>

Town of Pleasant Valley to hold month-long cleanup

In celebration of Earth Month, the Town of Pleasant Valley has pronounced April as Clean-up Month.

The town encourages residents to help clean up local roadsides, parks and neighborhoods.

Orange bags and gloves will be provided. Leave bags and miscellaneous items on roadsides to be picked up – don't bring them to the Transfer Station.

All participants must sign a Volunteer Waiver form. Stop by the Town Clerk's office for bags and instructions. Call (845) 635-1111, ext. 201, for more information.

Rhinebeck Village brush pick-up under way

Village of Rhinebeck Clerk Martina McClinton recently announced that the Highway Department brush pick-up is under way through May 15.

Residents are reminded that materials collected include sand (accumulated from being spread on roads), brush, limbs (up to 4 feet in length and 8 inches in diameter) and leaves. Materials not collected include garbage, building materials, stones, lumber and/or grass clippings.

Also, please be sure to separate any leaves into their own pile.

All material should be placed in front of the property that generated the material and should not cover any storm water drain or impede the flow of traffic.

Hyde Park litter pickup on April 13

The Hyde Park Visual Environment Committee (HPVEC), in partnership with the Hyde Park

Chamber of Commerce, is organizing a Litter Pickup Day in Hyde Park on Saturday, April 13. Meet at 8 a.m. at the CVS/Ulster Savings Bank Plaza on Route 9. Wear sturdy shoes and bring gloves. Visit www.hydeparkvec.org for more information.

Y.O.U.R Health Fair to be a day of 'food, giveaways' on April 13 at DCC

Residents of all ages are invited to family-friendly activities, interactive educational presentations, food trucks, giveaways and prizes and more – all highlighting how to enhance health and wellness at Dutchess County's 3rd Annual Y.O.U.R (Young, Old, Urban, Rural) Health Fair on Saturday, April 13th. The Dutchess County Department of Behavioral and Community Health (DBCH) is hosting this free event from 11 a.m. to 2 p.m. at Dutchess Community College's Falcon Hall, located at 53 Pendell Road in Poughkeepsie. Free transportation is available from the City of Poughkeepsie to Falcon Hall.

More than 75 exhibitors, including community health providers, local businesses, County Government departments and more, will be offering informative booths, engaging workshops, health screenings, fitness demonstrations and more. There will be a wide range of resources, including mental health and recovery services; environmental health; maternal, child and elderly care; sexual health; physical activity; nutrition and dental health.

More information about Dutchess County's Health Fair is available at dutchessny.gov/healthfair. To learn more about health resources available in Dutchess County, residents can visit dutchessny.gov/health.

Stanford to hold Clean-up Day April 13

The Town of Stanford's annual Clean-up Day is set Saturday, April 13. Visit www.townofstanford.org for more information.

Skilled Trades Fair set April 18 at Ketcham HS

The Skilled Trades Fair will take place on Thursday, April 18, from 6:30 to 8:30 p.m. at Roy

C. Ketcham High School at 99 Myers Corners Road in Wappinger. The free event is open to the public and students from across Dutchess County are encouraged to attend. It is a walk-in event; student registration is not required.

Stanford Grange take-out dinner set April 20

Stanford Grange #808 will host a Chicken/Rice/Broccoli/Cheese Casserole Dinner on Saturday, April 20, at 5 p.m. at the Stanford Grange Hall, 6043 Route 82, Stanfordville. The menu will consist of Chicken/Rice/Broccoli/Cheese Casserole, Carrot Salad, and Lemon Poke Cake for dessert. Donation is \$17 per dinner. The dinner will be take out only. Drive up to the Grange Hall back door, pay for your dinner, get your dinner through your car window, and take it home to enjoy. For reservations, contact Grange Secretary Ryan Orton at (845) 868-7869.

Blood Drive in Clinton Corners on April 20

The East Clinton Fire District will hold a Blood Drive on Saturday, April 20, from 10 a.m. to 2 p.m., at 9 Firehouse Lane in Clinton Corners. Schedule to donate at RedCrossBlood.org and use sponsor code ECFD.

Holy Cow annual St. Jude Fundraiser set April 20

Ice Cream for Breakfast, Holy Cow's 14th Annual St. Jude Fundraiser, will be held on Saturday, April 20, from 9 to 11:30 a.m., at Holy Cow on Route 9 in Red Hook. Special guests include Bee Bee the Clown, Dr. Willie's Magic and Jace (illusionist and hypnotist). Special limited menu only. Cost is donation of your choice. All proceeds go to St. Jude. These events have raised \$79,000 over the years thanks to all of you! All helping to support...One Scoop at a Time.

Rhinebeck Garden Club to meet April 24

The Rhinebeck Garden Club's next meeting will take place Wednesday, April 24, starting at 10 a.m., at Rhinebeck Village Hall, 76 East Market Street. Presenter Donna Croshier, Master Gardener, Cornell Cooperative Extension-Dutchess County will offer a program, "Think Outside the Window Box! Adding texture, year round interest and surprise in your gardens."

Visitors are welcomed. Refreshments will be served.

Every year the Rhinebeck Garden Club puts together a series of meetings, field trips and events which are mostly open to the public. For information, call Hannah at (914) 263-5298 or logon to <https://www.facebook.com/p/Rhinebeck-Garden-Club-100064834505072/>

Family fun at Spring Fling

Families can dive into spring together at the New Beginnings Spring Fling Festival on Saturday, April 27, from 1 to 4 pm. This water-themed festival is free and offers games, crafts, snacks, and more.

The festival happens rain or shine; the events just move inside the big gym. New Beginnings is at 35 DeGarmo Road in Poughkeepsie. All are welcome. www.newbeginningscma.org

Taste of Rhinebeck set May 1

Taste of Rhinebeck is back on Wednesday, May 1, presented by the Rhinebeck Area Chamber of Commerce. The event is a tantalizing showcase of Rhinebeck's finest flavors, offering specially created treats along the way at our award-winning restaurants, spirit shops and specialty food purveyors.

Tickets are \$75 per person and must be purchased online in advance. With options for both time slots available on our website, there's no excuse to miss out. Reserve your tickets now: <https://bit.ly/49UPdys>

Spring Rummage Sale at Salt Point Church May 3-4

Westminster Presbyterian Church, located at 1872 Salt Point Turnpike in Salt Point, will be holding their spring rummage sale on Friday, May 3, from 3 to 6 p.m.; and Saturday, May 4, from 9 a.m. to 2 p.m., with a \$3 per bag final sale May 4 from 2 to 4 p.m. Features will include children, women and men's spring & summer clothing, linens, household goods, CD's, books, pocketbooks, backpacks, children's toys, games, puzzles, shoes, small electronics, 2 large rugs and matching runners, a variety of perennial plants and much more at very reasonable prices. Bake sale on both days with lunch available on Saturday only. For information or directions, call Diana at 845-656-9959. (Note: The church will not be holding a fall rummage sale this year.)

Upcoming Repair Cafes in Pleasant Valley

Pleasant Valley's last three Repair Cafes for 2024 are set for Saturday, May 4, Saturday, August 3 and Saturday October 5. They are held at the Pleasant Valley Town Hall, 1554 Main Street, Route 44, from 10 am - 2 pm. Expert fixers repair lamps, computers, clocks, cell phones, jewelry, mend clothing, holes in sweaters, sharpen knives & small garden tools and almost anything that needs repair. Voluntary donations are appreciated.

This is a community event, neighbors helping neighbors, making repairs instead of filling landfills. Plus the Cafe offers a great cup of coffee or tea and homemade muffins & cookies while you wait.

These Repair Cafes are supported by Pleasant Valley Climate Smart, Repaircafehv.org and Sustainable Hudson Valley. Visit www.repaircafehv.org or follow on www.facebook.com/PVRepairCafe for more information.

Aerodrome Gala set May 18

The Spirit of the Aerodrome Gala will take place on Saturday, May 18, at 5 p.m. The fundraising event will feature cocktails, hors d'oeuvres, dancing and fun. The Old Rhinebeck Aerodrome counts on the financial support of fans, friends and enthusiasts to keep its vintage planes flying. They do 38 airshows each season, like no other aviation venue in the country. Visit www.oldrhinebeck.org for tickets, sponsorship opportunities and more information.

Repair Cafes set in Stanford

The Stanford Free Library will host a series of Repair Cafes on July 6 and Oct. 5, from 10 a.m. to 2 p.m. Bring clothes, furniture, electrical appliances, toys and more to be repaired, instead of throwing them away. The cost is a voluntary donation. The library is at 6035 Route 82 in Stanfordville. Visit repaircafe.org for more information.

ONGOING

The Frederick W. Vanderbilt Garden Association is looking for volunteers to perform all tasks required to plant and maintain the garden. No gardening expertise is needed, we will train as we work. You need to be eighteen years old or older and be able to perform, at minimum, basic physical labor such as bending, kneeling and carrying buckets. Garden work is done during the spring, summer and fall months on Saturday, Tuesday and Thursday mornings from 8:30 a.m. to noon. You are welcome to work as often and on any days that suit your schedule. For further information, visit our website at <http://www.vanderbiltgarden.org> or call 845-229-6432.

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Hudson Valley Renegades have come a long way in 30 great years

By Rich Thomaselli

WAPPINGERS FALLS – Call me warped, or that I have a terrible sense of humor, but there's only one thing I think of when I set foot in Heritage Financial Park, formerly Dutchess Stadium.

And that one thing that I think of is flushing.

Moments before the Hudson Valley Renegades played their first-ever game at the park 30 years ago, after relocating from Erie, Pennsylvania, team officials had every available employee flush the toilets simultaneously in the stadium to make sure the sewage system was working properly.

To this day, I still laugh about it with former general manager Steve Gliner and Vice President Rick Zolzer.

It's not the only thing I think about, of course. The parking lot was still unfinished on opening night 30 years ago, and was filled with rocks and boulders. In fact, in the coming weeks after the season opener, one of those rocks made a gash in the undercarriage of my car, and I was leaking power steering fluid all over the

place and getting home was an adventure.

Then there was the game itself. I will never forget that Hudson Valley won in extra innings on a walk-off single by Roberto Santa. I had to write the mean story that night, but my colleague, Mark Bickel, suggested the opening line - Santa Always Delivers.

But for some reason, the flushing of the toilets is always a standout.

It just makes me think how far the franchise has come in 30 years. The team also came here as a farm club of the Texas Rangers and then the Tampa Rays. There were no natural or familiar ties with a parent glow. And the team was a member of the New York-Penn League and had only 38 home games.

Now the Renegades are an affiliate of the New York Yankees and have 72 home games.

After more than a generation here, the team has been able to enjoy sustained success thanks to the evolution of the management.

And yes, the toilets still work and the parking lot is paved.

Renegades grab two wins to start 30th anniversary season

continued from cover

The Renegades loaded the bases in the top of the fourth with one out against Trevor Martin, but did not score. Martin (1-0) tossed five innings, allowing one run on five hits while striking out nine and not issuing a walk.

The Renegades have lost three of their last four Opening Night games, including three straight season openers on the road (2021, 2022 and 2024). Friday's game was the first game in Renegades history played in the Commonwealth of Kentucky.

In Saturday's victory, monster games from Omar Martinez and Rafael Flores and a combined one-hitter, the Renegades dominated from the beginning.

Martinez finished 4-for-5 with three runs scored, a home run, two RBIs and a walk, while Flores went 3-for-5 with two runs scored, a home run and three RBIs. Jared Serna kicked off the offensive barrage with a leadoff home run in the top of the first against Alex Cook. He tucked the sixth pitch of the game inside the foul pole down the left field line for his first home run as a Renegade after blasting 19 in 2023 with Single-A Tampa.

Making his professional debut, Kyle Carr set the Hot Rods down in order in the first before running into some trouble in the bottom of the second. Bowling Green struck for two runs on a hit – a double by Brock Jones – while taking advantage of three walks to take a 2-1 lead. The Renegades jumped back in front in the top of the third as the first four batters reached against Cook (0-1). Serna walked, then Jesus Rodriguez singled. Martinez and Garrett Martin delivered back-to-back RBI singles to give Hudson Valley a 3-2 lead.

Trent Sellers (1-0) replaced Carr and fired 3.0 hitless innings in his professional debut, racking up seven strikeouts in

the process. Leonardo Pestana followed with 2.0 hitless frames in his first outing of the season.

Martinez ripped a solo home run to left field to lead off the top of the fifth and kickstarted a five-run inning. Kiko Romero and Cole Gabrielson each collected RBI singles, while Serna brought in two more runs when a groundball was booted by Hot Rods third baseman Brayden Taylor to break the game open at 8-2.

Schlittler turned in a phenomenal outing on Sunday. The right-hander had the best outing of his career thus far, setting a new career-high with 6.0 innings and tying his career-best with seven strikeouts. Schlittler (1-0) allowed just one hit and one walk in the outing while becoming the first Renegades pitcher to complete six innings in a start in 2024. Between Saturday and Sunday, the Renegades pitching staff combined at one point to not allow a hit to Hot Rods across 10.2 innings and yielded just three hits across the last two games of the series. Seven total pitchers combined to hold Bowling Green to no runs across the final 16.1 innings of the series. The game remained scoreless into the top of the sixth, when the Renegades broke through against Hot Rods reliever Jake Christianson. Jesus Rodriguez and Josh Moylan got the inning started with back-to-back singles before Garrett Martin doubled to center to chase home Rodriguez. Alexander Vargas lifted a sacrifice fly to left to plate Moylan and grow the lead to 2-0.

This was the first shutout of the 2024 season for the Renegades, who threw 13 shutouts in 2023, although they didn't record their first until their 40th game of the season.

Raymond named as new president of Central Hudson

The Board of Directors of Central Hudson Gas and Electric Corporation announced today the appointment of Stephanie Raymond as President of Central Hudson Gas and Electric Corporation, effective Monday, April 8. Raymond will serve as President until Christopher Capone's retirement in October, at which time she will assume full responsibilities as President and CEO.

"We are excited to welcome Stephanie Raymond to Central Hudson," said Margarita Dilley, Chair of the Board of Central Hudson. "Stephanie brings extensive utility experience across a wide range of areas, including operations and engineering, project management, customer service, strategy, regulatory, and finance. She is forward-focused, sparks innovative thinking, and brings a fresh perspective to Central Hudson's strong executive team."

Under Raymond's leadership, PPL Electric Utilities Corporation (PPL) consistently achieved top-quartile and best-in-class results across critical areas, including customer satisfaction, safety, reliability, and operational excellence. Among her achievements were a 28% improvement in grid reliability and a significant 22% enhancement in customer satisfaction scores.

"The Board thanks Chris for his nearly two and a half decades of service to Central Hudson and its customers, and is grateful for his leadership and dedication," said Dilley. "In early 2023, Chris agreed to delay his planned retirement to assume the role of CEO, with a key focus on further stabilizing the company's customer billing system. Under his leadership, the company strengthened its commitment to customer service and outreach to important community stakeholders. We know there is more work ahead, but Chris' commitment to upholding Central Hudson values and culture highlight his legacy to the organization."

"On a personal note," Dilley added, "Chris has been an exceptional CEO and a pleasure to work with."

Raymond and Capone will work closely together during a transition period to ensure a smooth transfer of responsibilities.

"I am deeply committed to advancing Central Hudson's strategic initiatives, with a particular emphasis on fortifying our commitments to our customers. I am eager to cultivate meaningful partnerships with our dedicated employees, valued customers, regulatory bodies, elected officials and local communities in the coming months," stated Raymond. "Central Hudson is a strong gas and electric utility, with a long history of unwavering dedication to providing safe and reliable service to customers. I'm proud to build on these strengths alongside the



Stephanie Raymond

company's strong leadership team."

"I fully support Stephanie as our new President and future President and CEO," said Capone. "While I will truly miss our employees, I look forward to a new stage of my life with family and friends. I wish Stephanie and my colleagues all the best as they continue operating this critical institution in the Hudson River Valley. It has been my privilege to work with them for more than two decades, and I can say without hesitation that their dedication is truly outstanding and inspiring."

Most recently, Raymond served as the President of PPL Electric Utilities Corporation (PPL). In this role, she held operational oversight of the electric delivery company, serving 1.4 million customers across 29 counties in eastern and central Pennsylvania.

During her tenure at PPL, Raymond managed various responsibilities, from strategic planning and operations to customer service, regulatory compliance, financial management, and business services. Under her leadership, PPL consistently achieved top-quartile and best-in-class results across various critical areas, including customer satisfaction, safety, reliability, and operational excellence. She successfully drove a 28% improvement in grid reliability and a 22% enhancement in customer satisfaction. This success was achieved while effectively managing costs and improving operational efficiency by over 50% during a 10-year period. She demonstrates a strong focus on safety, quality, and performance.

Before her tenure at PPL, Raymond spent a decade in the telecommunications industry in progressively responsible senior leadership positions. During this time, she successfully led several organizations through periods of significant growth and large-scale business transformation. Stephanie earned her bachelor's degree in business administration-finance/strategic management from California State University in Sacramento and completed the Stanford Graduate School of Business Executive Education Program.

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Poughkeepsie Almshouse topic of local history discussion May 1

In the centuries before programs like social security, Medicaid, and SNAP, there were few options for those who, for various reasons, found themselves in a state of poverty. Many of these individuals would likely turn to their local poorhouse for assistance. Join Poughkeepsie Public Library District's Historian Shannon Butler for "Inmates: Stories from the Poughkeepsie Almshouse," an in-depth look at the history of the Poughkeepsie Almshouse and its people on Wednesday, May 1 at 6pm, at the Family Partnership Center in Poughkeepsie.

The term "poorhouse," also known as

an "almshouse," brings with it a multitude of emotions. For some, the idea of ending up here could be terrifying or shameful, while others saw it as a possible place of refuge. During the course of almost a century, thousands of people would end up walking through the doors of the Poughkeepsie City Almshouse, located on Maple Street. Their names, stories, and indeed their very existences, have been all but forgotten.

The discussion of these people and their forgotten stories will be held in the Lateef Islam Auditorium, located on the first floor of the Family Partnership

Center at 29 North Hamilton Street.

The Poughkeepsie Public Library has been serving the community since 1874, striving to provide resources and opportunities that enrich, inform, and empower individuals of all ages. Through innovative programs, comprehensive collections, and a commitment to fostering a love for learning, Poughkeepsie Public Library aims to make a positive impact on the lives of the people it serves.

For more information, follow the Library District on Facebook, visit the web site at poklib.org or email the Local History Room, sbutler@poklib.org.



Shannon Butler

4-H CONNECTION



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DUTCHESSESS NEWS

Teen Ambassadors awarded statewide grant

"Improving Our World" is the Dutchess County Teen Ambassadors (DCTA) motto.

As their next community service project, they looked for ideas to fill a need in our community. Two issues were identified: The need for environmental/agricultural education to help children understand how the food system can work in a sustainable way, and out-of-school programs for 5-7-year-olds, known in 4-H as Cloverbuds.

DCTA members decided to combine the two ideas and create a new program for which they will volunteer time to design a curriculum and mentor the participants. With the support of Program Leader, Jane Rodd, they wrote the grant application and applied to NYS 4-H for funds. Their proposal was chosen from many across the state and the award will help pay for program supplies and nutrition for the Cloverbuds. Funds raised by the youth will also be used.

4-H reaches nearly 3,000 children during Agricultural Literacy Week

The NYS Ag In The Classroom (AITC) program supports and encourages 4-H offices across the state to provide ag. literacy education to their 1st-3rd grade youth by working with schools, libraries and home-schooled children. This happens in Dutchess County thanks to a huge team of dedicated volunteers and teachers. The book this year was "I LOVE Strawberries" by Shannon Anderson.

The hands-on activity was science-based with the kids completing a sticker worksheet to learn the growth cycle of strawberries from plant to plate. Some readers, such as Mark Adams, took strawberries for the kids to enjoy!

All the readers seemed to really enjoy the experience: "Great morning talking Agriculture and reading to Noxon Elementary School Students. I thank Ms. Tessier for allowing me into her class!!" – Gregg Pulver, County Comptroller.



4-H members and community leaders conducted readings to almost 3,000 children in local elementary schools during Agricultural Literacy Week. Courtesy photo

4-H CONNECTION

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Last month 4-H Program Manager, Emma Kron, escorted 16 Dutchess 4-H'ers to the UConn campus to participate in the 4-H Beef and Dairy Day. They started their day creating posters that focused on Animal Welfare which they then presented to the entire group of 400+ people! The rest of



Dutchess County 4-H members engage with youth from across the Northeast at the UConn Beef and Dairy Day. Right: Members of the Spitters 4-H Club show off their microgreens.
Courtesy photos

the day involved hands on workshops which included stations on vaccinations, meats, udder evaluation, ice cream testing, feeds & feeding, and judging!

4-H'ers also enjoy their veggies, especially home-grown microgreens. Dr. Anjali Nandedkar provided the Spitters Club members with a day filled with knowledge and fun this St. Patty's Day with all the green you needed to make that day extra special! Every youth received a free kit and the training to grow their own greens from scratch, as well as the chance to sample ready-grown ones thanks to Anjali.

Hosted by Clover Brooke Farm in their new barn classroom, this was a wonderful experience for all ages.



CEO of Ellenville Regional Hospital is chairing the 2024 HV Heart Walk

April 27 event will celebrate the American Heart Association's Centennial

The Hudson Valley Heart Walk combines the Dutchess-Ulster Heart Walk and the Tri-County Heart Walk into one event, set for Saturday, April 27, on the Walkway Over the Hudson. Participants can start on either side of the bridge. Steven Kelley, president and CEO of Ellenville Regional Hospital, is chairing the 2024 Heart Walk.

Mary Jo Cipollini and Karina Gonzabay will share their stories of living with heart disease. A survivor will share her story on either side of the bridge as the Walk steps off. Register at <https://www.heart.org/hudsonvalleyheartwalk>.

In January, heart disease became personal for Kelley, past three-term chair of the American Heart Association Board of Directors in the Poughkeepsie area.

"I'm in pretty good health," Kelley said, "but when I went for my routine cardiologist appointment in January, my car-

diologist Dr. Sandeep Joshi of The Heart Center in Ellenville, said I looked a little tired."

"I'm 64, I lead a hospital, and life is an adventure," Kelley said. "It was also a Friday afternoon, so of course I was tired."

But a stress test told a different story.

"You know, you lay down, and they test your heart," Kelley explained. "Then you jump on a treadmill – and they pushed me hard - then you lay down again."

Kelley said the images taken during the stress test told the story.

"The doctor showed me my heart beating happily at rest," Kelley said. "Under stress, it was all over the place. It didn't even look like a heart."

Kelley was in ventricular tachycardia, or v-tach, an arrhythmia that causes a faster than normal heart rate. The rapid heartbeat keeps the heart's chambers from filling completely between contractions, which compromises blood flow to the rest of the heart.

The previous day, he had gone skiing with his 8-year-old grandson, so the interventional cardiologist wasn't anticipating finding anything significant, resulting in Kelley being under conscious sedation.

"Then he says, 'these arteries don't look so good,' and I said 'Hey, I'm right here,'" Kelley said.

Although calcium build-up made it tricky, Kelley's arteries were stented.

"It's a little emotional," Kelley said. "I'm a CEO, I'm go, go, go; I have to make a lot of tough decisions. But if Dr. Sandeep Joshi hadn't noticed that I didn't look good, I might be dead."

Not long after his procedure, the American Heart Association invited Kelley to chair the 2024 Hudson Valley Heart Walk.

"How could I not?" he asked.

Kelley has led Ellenville Regional Hospital for 20 years. He had been the CEO of Kingston Ambulatory Surgical Center before that, and business development officer at Kingston Hospital. He worked at RPI in Troy, and at Albany Med, designed a patient classification system to determine reimbursement for an emergency room visit. Kelley began his career at IBM, but his minister grandfather's viewpoints led Kelley to seek a community-focused career, and he moved toward healthcare.

He holds an MBA in healthcare administration from Union College, and is a graduate of Rochester Institute of Technology. He is married with two adult children – one a law professor at Cornell and one a student at the Rhode Island School of Design – and has two grandchildren.

Kelley is also supporting the American Heart Association as a way of improving the health of his community.

"I represent a small hospital in a rural community," he said. "The largest employers are the prisons, and the corrections officers have very high-stress jobs. I'm here for them, and for all of our community."



Steven Kelley

Kelley said the Hudson Valley Heart Walk is an important event that can benefit the whole community.

"People should definitely come to the Heart Walk, and raise money for it," he said. "The American Heart Association is the premiere organization to save lives. We'll be raising funds for research to study the leading cause of death, heart disease. This is our best opportunity to save lives. I can't think of a better charity to give to."

Funds raised at the Heart Walk support the American Heart Association's fight against heart disease and stroke. WMCHHealth is the Live FierceStand for All sponsor. Local sponsors include Nuvance Health, Laerdal, Adams Fairacre Farms, Flory's Gas, Deli and Convenience, M & T Bank, Southern Dutchess News, Northern Dutchess News, Beacon Free Press, Hudson Valley Magazine and The Wolf.

Village of Millbrook sets 2nd annual Spring Sale on Earth Day weekend

In honor of Earth Day, residents in the Village of Millbrook are planning Spring Sale with the mission of "Recycle, Upcycle and Donate."

Building on the huge success of last year's Millbrook Neighborhood sale, the second annual Millbrook New York Neighborhood Spring Sale is taking place in April 20 and 21 from 9 a.m. – 4 p.m. on both days - rain or shine.

Millbrook will be bustling with fun activities and hunting for treasures. Here is a list of events.

- Thirty vendors, with a few at multiple yards, scattered across Millbrook Village selling everything and anything
- The annual Whale of a Sale at Grace Church on Franklin Avenue
- Music by Grampa Joe's Washboard Band from 9 a.m. -1 p.m. on Franklin Avenue on Saturday
- Angels of Light first annual Car Show on the Village Green from 9 a.m. - 2 p.m. on Saturday
- Book signing by author Michael

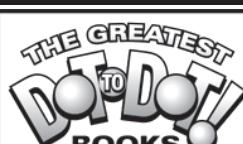
Korda, "MUSE OF FIRE," book launch - Saturday from 2:30-4 p.m. at the Merritt Bookstore on Front Street, and special mystery bags will be on sale

- Tyte Medispa and Bryte Nailspa in Franklin Avenue will an open house event, demonstrations and a raffle for spa services.
- Brit Breads will conduct a special "Pop Up" at the Millbrook Village Neighborhood Spring Sale, so be sure to stock up on their famous British inspired sausage rolls, lemon cake, Danish pastries and their trademark - their delicious Raclette cheese on toasted sourdough bread
- Soaps & Aromatics by Sandra – a delightful array of sweet-smelling soaps and candles
- Custom made picnic tables and many more exciting vendors to hunt for treasures
- Estate sale of furniture, art work, garden furniture, men's Armani suits, and much more.

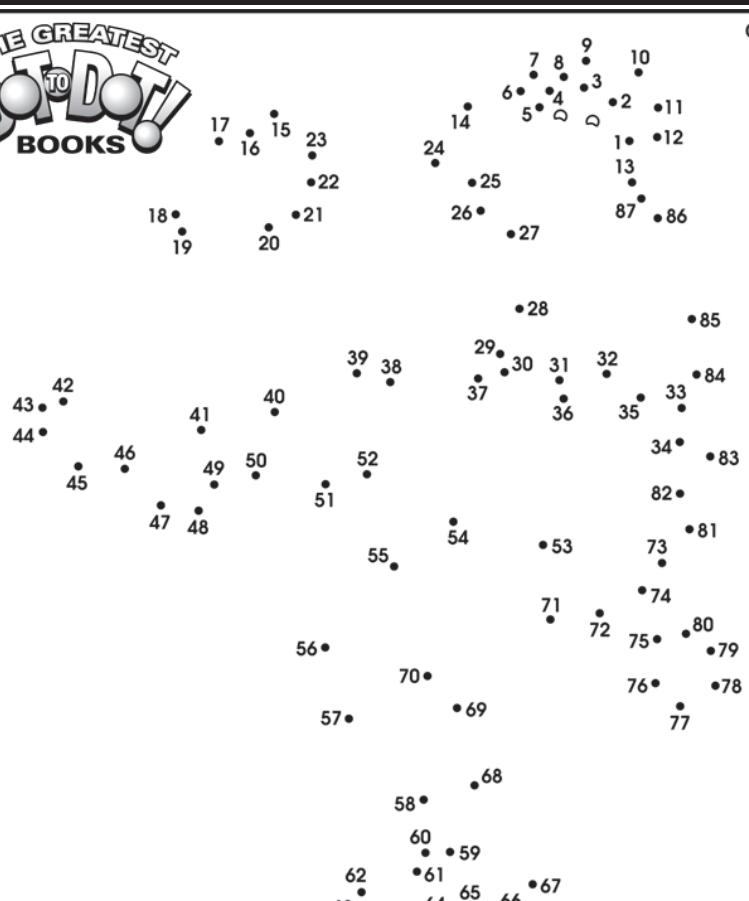
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DOT-TO-DOT PUZZLE

See page 15 for finished puzzle (no peeking!)



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• 1 - 87



By David Kalvitis

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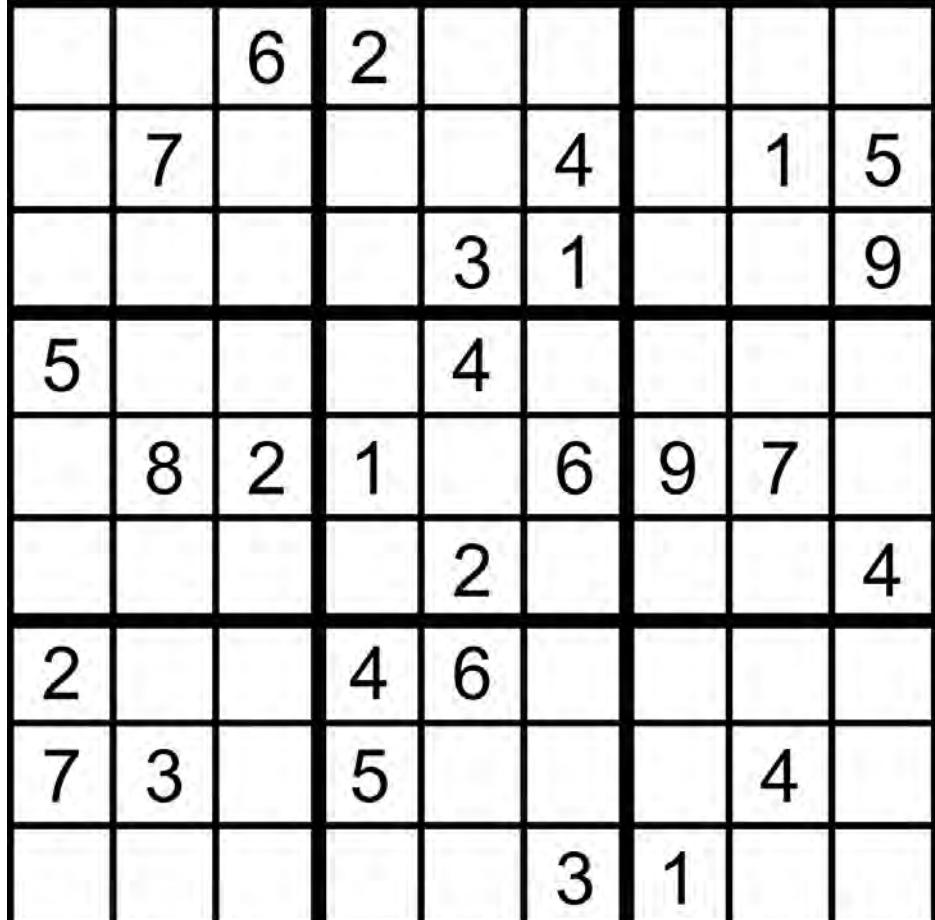
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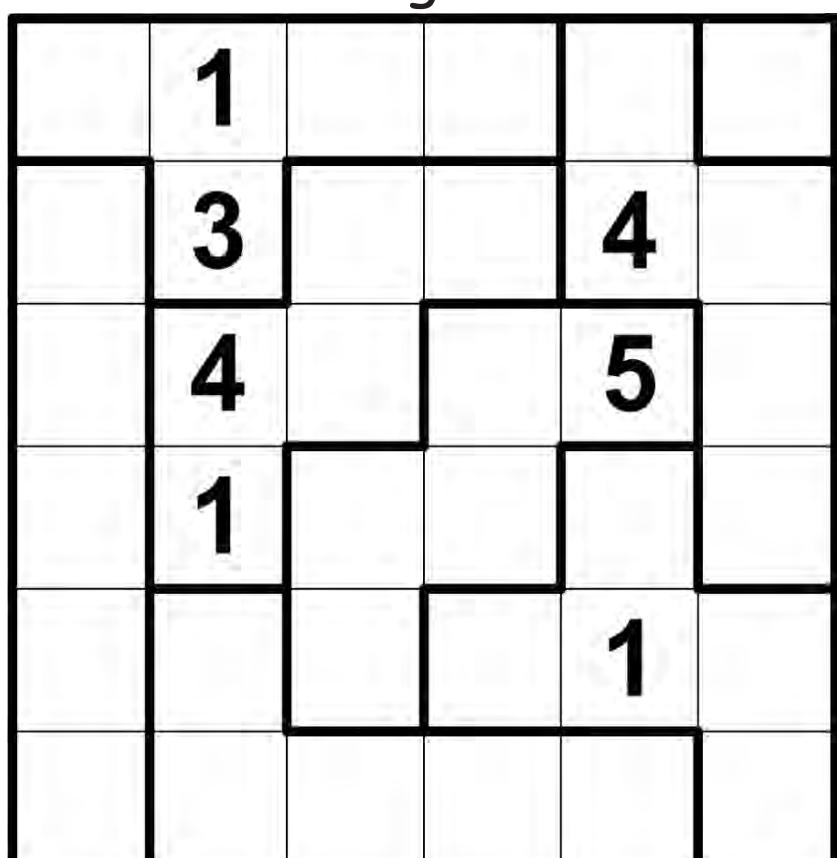
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Suguru



The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

THEME: SHAKESPEARE

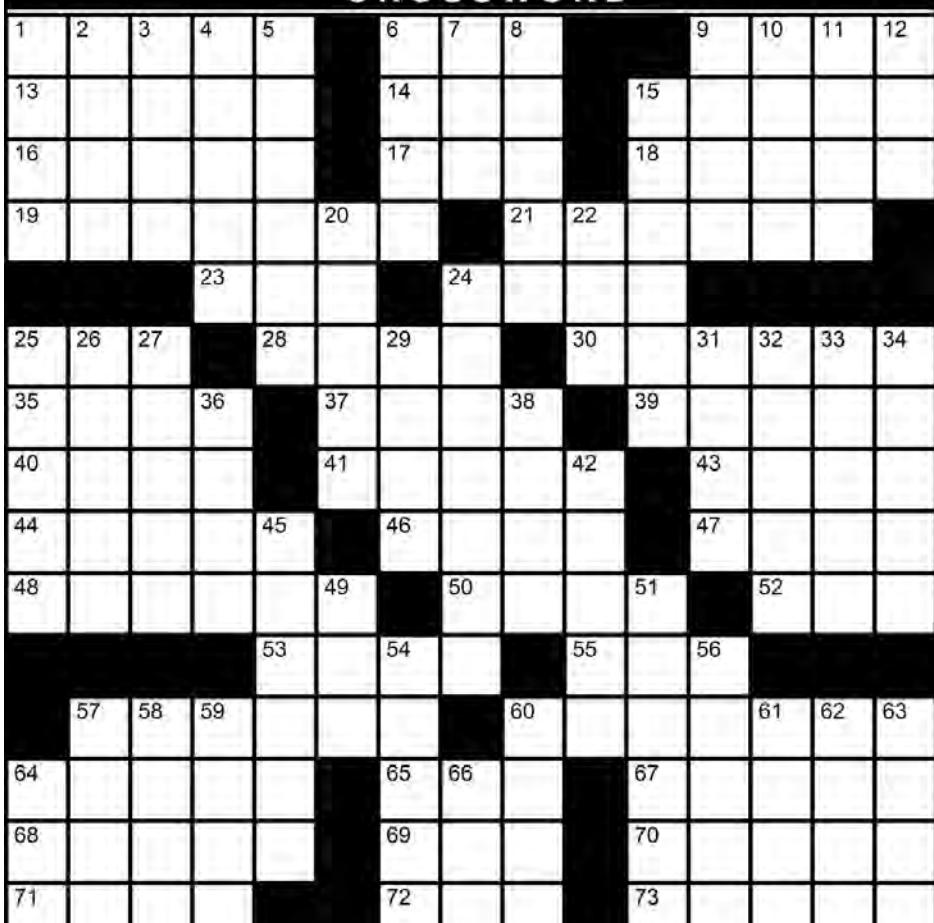
ACROSS

- Type of help center
- Fake tooth
- What geysers do
- Lagoon wall
- Acronym, in brief
- Syrup producer
- Papal court
- It often comes with Aloha!
- External
- *Richard III: "A horse! A horse! My ____ for a horse!"
- *Romeo and Juliet: "Parting is such sweet ____"
- Animal's nose
- Fail to mention
- Capone's family
- *Hamlet: "O, this is the poison of ____ grief"
- Soap froth
- Iris holder
- "He ____, She Said"
- ____ Apso
- Cheap form of payment?
- Bert's roommate
- Not in favor
- Hipbone-related
- The Destroyer, in Hinduism
- Thomas the Engine's warning
- "Heart of Darkness" author
- Brewer's kiln
- Beer choice
- Not a verb
- Comic cry
- *The Tempest: "We are such stuff as ____ are made on"
- *As You Like It: "All the world's a stage and all the men and women merely ____"
- Primateologist's concern, for short
- "This land is your land"?
- *Macbeth: "Our ____ master's murder'd!"
- Scoundrel
- Hi ____ monitor
- Wombs
- "A Visit from St. Nicholas" beginning
- Teacher's favorite
- Got ready for a close up

DOWN

- Nordstrom's outlet
- Purse for the red carpet
- Cape on Tierra del Fuego
- Set straight
- Like a knife
- Comes before a storm?
- The "place with the helpful hardware folks"
- Spectrum maker
- Wild ox of India
- Plotting (2 words)
- Multitude
- Having Everything Revealed, singer and songwriter
- *Hamlet: "When we have shuffled off this ____ coil"
- Corpulent
- Tin Woodman's "medicine"
- "Two cents"?
- *Twelfth Night: "If ____ be the food of love, play on"
- Convex molding
- Nigeria's western neighbor
- Listening devices
- *Hamlet: "To be, or not to be: ____ is the question"
- Capital of Vietnam
- Bar by estoppel
- Indian restaurant condiment
- Petri dish filler
- Prima donna
- Artist's tripod
- High tea sandwich
- Pignon's honorific
- Destroy a document (2 words)
- Seize a throne
- City in Japan
- Type of sailing vessel
- Capital of Latvia
- Outback birds
- "Blast from the ____"
- "The ____ of Tammy Faye," movie
- Uncommon
- Went down slippery slope
- Cathode-ray tube
- *Merchant of Venice: "But love is blind, and lovers cannot ____"

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The solutions to both the Sudoku & Crossword puzzles can be found on page 19



Date Night

Sue and Mark celebrate 49 years of togetherness.

"Ralph! Tell your son to marry that girl!"

Sue and I had just started dating, and the only way we could spend time together was if she helped out on the farm. On this occasion we drove the box truck to Kinderhook, to pick up 300 fifty-pound bags of potatoes from Lindenwald Farms. Eddie Myers, a good friend of my dad's and a whirlwind of energy with a high booming voice – a combination of Danny DeVito and Pee Wee Herman – was tossing the bags to me while I threw them to Sue, who was stacking them in the truck.

About an hour later, Eddie made the famous phone call that changed my life, and Sue's, into a dream come true.

I took my father's advice.

Sue Gotthardt was a 16-year-old bartender at Club 44 in Pleasant Valley when I first laid eyes on her. After a few rum and cokes, I worked up the nerve to ask her out. I remember she laughed in my face. She doesn't remember any of that, but I didn't forget her.

Four years later, I stopped at Brighton Diner in Arlington on my way home from Squire's East. I plopped myself down at the counter next to my friend Scott. Sue was working the late shift, trying to earn enough money to pay her way through Cornell University. She invited Scott to a party at her house, and added, "Bring your friend." She must have noticed me, because years later, she remembers that I ordered a cheeseburger and a glass of milk, and left a 25 cent tip. (Tuition at Cornell has gone up since then.)

At the party, I asked Sue to come with me to the Dutchess County Fair, our first date. I was driving a 1941 Mercury Coupe. Getting out of the car, the door handle broke off in Sue's hand. That should have been a warning right there,

but she must have sensed that we would at least have an interesting life together.

Sue graduated from Cornell with a degree in Consumer Economics. I dropped out and dragged myself home to work on the farm. It was the 1970s. Nobody knew what was going on. When people grumble about the state of the world today, I remind them to think back to the 1970s. Sue ended up working with me on the farm.

Sue and I got married on April 12, 1975. We had a nice reception at Ray Renzo's Italian Restaurant, and then took off in my 1964 Chevy Impala convertible with no plans, stopping that first night at the Berkshire Motor Lodge and ending up a week later at Acadia National Park on the coast of Maine. That was the first of our iconic completely unplanned vacations.

Forty nine years later, our friends (many who've been together almost as long as we have) ask us what's the secret to our long, and by most standards, incredibly delightful and romantic marriage.

"Separate bathrooms," is my short answer. Sue prefers a quip that we copied from an old Jiggs and Maggie comic strip.

Q: What's the secret to your long marriage?

Jiggs: I make all the big decisions and Maggie makes all the little decisions.

Maggie: So far, there haven't been any big decisions.

Seriously, most everyone we know gives Sue a lot of credit for putting up with me. We work together, and live together, almost 24 hours a day, seven days a week. I drag Sue everywhere I want to go: Metallica concerts (which she actually liked), Easter Island, Tasmania,



Date night. Photo by Samantha Schimpf. Below: Sue and Mark Adams on their wedding day – April 12, 1975. Courtesy photo

quiet dinner at home.

I would recommend to all my friends starting out: set up a date night. Sue and I have enjoyed 2,548 of them so far, with many more to come.

Postscript from Sue:

I admit to not looking forward to that first date. But I was looking for someone smart, so I had looked up Mark's high school average. He is very smart. And I found out on that first date how much fun he is. And I knew on that first date that I would marry him. Mark is very family oriented, and on one of our early dates, he brought our sisters (we each have a sister 14 years younger than us). More brownie points. He makes me laugh, encourages me with all of my many endeavors and is a joy to be with. Lucky me!

Here's the one constant in our storied relationship:

Date night. Our weekends are, or at least they were when our parents, aunts and uncles were still around, taken up by family events, parties or social obligations. Week nights mean meetings, shopping or for Sue, workouts at the gym. But every Wednesday we observe date night – just the two of us. No board meetings, no to get togethers with friends. It could be a movie, a bike ride in the summer, a swim in the pool, a ball game, even a concert or a Broadway play. Or a

Mark Adams is an agricultural advisor to the Dutchess County Executive, Dutchess County B.O.C.E.S. and Cornell University.



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A new signature dish

A creamy and cheesy potato casserole is a delicious option to accompany just about any meat dish.

I think everyone who cooks, no matter how often, must have at least one recipe they come to rely on. Maybe it's one you love preparing or it's easy to put together for any occasion. Maybe it's a crowd favorite that you have to make or bring lest a riot ensue. Whatever the case, like it or not, that, my friends is probably your signature dish.

Now, maybe I'm being a bit snarky here but, if we're honest, that description may have called to mind a certain dish made by a certain person you know that they always bring to gatherings that don't go with anything and no one ever requests. It's just what they do. Like Aunt Tilly's ambrosia salad or your sister-in-law's prune whip. While you have to appreciate the effort they made, it's OK to feel a little angst when you see them come through the door. Still, these also fit the definition of a signature dish. Just not necessarily the good kind.

The trick to a truly great signature dish is finding one that works for you and will be welcome wherever you serve it. This takes a level of awareness that, admittedly, some people just seem to lack. If you're asked to bring something, maybe ask what else is being served to see if your go-to is appropriate. Maybe tuna noodle casserole isn't the best choice for a fancy cocktail party, even if people like it. And if you're not asked to bring anything, don't feel obligated to do so. Likely your host has the menu all planned down to the last detail and your franks and beans might not be a good or welcome fit.

I'm not trying to be cruel or shame anyone who tries to do the right thing. As a cook who takes a long time carefully planning menus, I definitely appreciate the thought behind wanting to contribute. Please don't think me pretentious, but that also means I've taken great care in putting together things that (hopefully) complement each other. The hope is that in the process I'll find a new signature dish that is in every way a success, one I can add to my list of go-to recipes for

when the need arises. According to my mother, I did just that with a side dish for Easter, one that will work in many situations, is pretty quick and easy to make and is a crowd-pleaser to boot.

Since ham is usually the protein of choice on our Easter table, potatoes in some form are always a must. I have several recipes for scalloped potatoes and gratins I've relied on over the years, but this year I wanted something different and, if I'm honest, a little easier. I had ideas and started searching online to see if anyone had done what I was thinking about. Of course they had, so I took inspiration from several recipes and came up with this one that turned out to be a hit and, after reading the room, it's a keeper for sure, a new signature dish, if you will.

POTATO-GRUYERE CASSEROLE

Dicing the potatoes rather than thinly slicing them was the first goal. Parboiling them reduced the baking time and insured the spuds would be cooked through. And then there's the rich cheese sauce which puts this over the top. The presentation isn't exactly elegant, but the flavor makes up for that, making it perfectly suited for a holiday meal or a weeknight dinner. It was excellent with ham but would be great with pork chops, steak or roast chicken. Yellow or, preferably, Yukon Gold potatoes work especially well for this. Being waxy varieties, they have a creamy texture, hold their shape when cooked, have thin skins so there's no need to peel them and have a sweet, buttery flavor.

NOTE: You can assemble this a day ahead and bake prior to serving.

INGREDIENTS

3lbs Yukon Gold potatoes, unpeeled, cut into ½-inch cubes
1/3 cup milk
3 tablespoons flour
1/2 teaspoon granulated garlic
2/3 cup chicken stock or broth
1/2 stick (4 tablespoons) butter (salted)
1 cup sour cream
4 cups Gruyere cheese, shredded and divided



Potato-Gruyere Casserole. Photo by Vicki Frank Day

Salt and pepper to taste
1/4 cup chopped scallions (green parts only from 3)

METHOD

Grease a 9x13 baking dish. Preheat oven to 375 degrees.

Bring potatoes to a boil in heavily salted water (with 1/4-1/2 cup of salt) and cook until fork-tender, about 10 minutes. Drain and transfer to a large mixing bowl.

Whisk milk, flour and garlic together in a small bowl.

In a medium saucepan over medium heat, bring chicken stock and butter to a boil. Pour in milk mixture and cook, stirring constantly, until it thickens. (I forgot to write down how long this took but you'll know when it coats the back of a wooden spoon).

Lower heat and season with salt and pepper. Add sour cream and 2 cups of the Gruyere, stirring until cheese melts.

Pour cheese sauce over potatoes in the bowl. Mix well to coat. Transfer to prepared baking dish, top with remaining Gruyere and sprinkle with chopped scal-

lions. Bake until golden brown and bubbly, about 25 minutes.

Serves 8-10.

While we jokingly call this my new signature dish, it's definitely a new favorite and you can bet I'll make it again and again. It's just one of those recipes that can fit with any occasion or no occasion at all; and that it's rich, cheesy and satisfying only makes it that much better. Maybe I'll stick to just serving it at my own gatherings for now, just in case. Better to leave them hungry for more. No offense to Aunt Tilly. Enjoy!

Vicki Frank Day's background includes over two decades in various aspects of the food service industry. In addition, she has over 27 years' experience in marketing, graphic design, copy writing, food styling and research. She believes cooking should be a fun adventure, that food should be an experience and that every day can be a special occasion. Email her at vickiloves2cook@gmail.com.

Bridge Music opens for 15th year; runs through October

Joseph Bertolozzi's Bridge Music, a unique sound-art installation featuring the Mid-Hudson Bridge itself as the instrument, is marking 15 years since its original debut. The public is invited to access the music via the listening stations, located along the bridge's pedestrian walkway, which were reopened on April 1 and are available through the end of October. Bridge Music was originally released in 2009, during the year of the Henry Hudson Quadrcentennial celebrations.

Bridge Music contains no other tones than those of the bridge itself, created by sampling the sounds of the bridge's surfaces (guard rails, girders, etc.) with various mallets. It is a sister project with Bertolozzi's Tower Music, created on the Eiffel Tower in 2016.

Composer Bertolozzi said, "It's hard to believe Bridge Music has been in operation since 2009. We have reanimated the audio experience with the addition of

brand-new speakers last year for a fresh, crisp new sound. I think listeners will appreciate encountering this new audio adventure along with the river views from the Mid-Hudson Bridge."

Executive Director of the New York State Bridge Authority Dr. Minosca Alcantara said, "Bridge Music has been a beloved feature of the Mid-Hudson Bridge since it debuted in 2009. Thanks to Joseph Bertolozzi's creativity, the Mid-Hudson Bridge became not just an important piece of infrastructure, but also one of the largest 'musical instruments' in the world. We look forward to the next 15 years of this special sound art installation and encourage everyone to visit the Mid-Hudson to enjoy it."

Listening Stations are located on the bridge's towers. The Mid-Hudson Bridge's pedestrian walkway can be accessed on the Poughkeepsie side from Gerald Drive (off Rinaldi Boulevard) and on the Highland side from Johnson-Iorio

Park on Haviland Road. Street signs are also located near the bridge to direct patrons to the listening stations.

In addition, a 24/7 radio broadcast transmits on 95.3FM from the parks

flanking the bridge (Waryas Park in Poughkeepsie and Johnson-Iorio Park in Highland).

See www.bridgemusic.info for details.

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NDSO presents ‘Genji: A Concerto for Koto and Orchestra’

Northern Dutchess Symphony Orchestra (NDSO) recently announced their upcoming concert, “Genji,” which features world-renowned guest koto player, Yoko Reikano Kimura, in a performance of Daron Hagen’s spellbinding “Genji: A Concerto for Koto and Orchestra.” The concert will take place on Saturday, April 20, at 7:30 p.m., in the Joseph L. Phelan Auditorium at Rhinebeck High School.

“Genji: A Concerto for Koto and Orchestra,” composed by Rhinebeck resident Daron Hagen, is a fascinating blend of Japanese musical traditions and literary inspiration. Drawing from Murasaki Shikibu’s classic Japanese novel, “The Tale of Genji,” Hagen wove together the intricate narrative threads of the ancient tale with the rich soundscape of the koto and the grandeur of orchestral music. The concert also includes favorites such as Tschaikovsky’s “The Sleeping Beauty Suite,” Ravel’s “Pavane for a Dead Princess,” and Sibelius’ “Finlandia.”

Yoko Reikano Kimura is celebrated worldwide for her mastery of the Japanese koto and shamisen. Described by The New York Times as “superb” and praised by the San Francisco Examiner for her “elegant refined presence,” Kimura’s performances exude musical elegance and versatility.

A prolific artist based in New York and

Japan, Kimura has graced prestigious stages across the globe, including appearances at the Warsaw Autumn Festival, Carnegie Hall, and the Tokyo Metropolitan Theatre. She has collaborated with esteemed musicians and artists such as Daron Hagen, Heiner Goebbels, and Basil Twist, among others.

Yoko Reikano Kimura says, “‘Daron Hagen’s Koto Concerto: Genji’ is one of my absolute favorite koto pieces in any genre. ‘The Tale of Genji’ is a masterpiece in Japanese literature and has captured people’s imagination throughout the world. In Japan, the story has always been a great resource for various cultural forms - fine arts, literature, music, fashion design in kimono, architecture and so on. As a Japanese instrumentalist, I have learned many pieces inspired by the story, but Daron’s concerto is one of the pinnacles of these works because his composition is rooted in his deep respect to Japanese music. I am so honored to perform this gem with the Northern Dutchess Symphony Orchestra.”

Tickets are priced at \$38 per person, with special discounts available for seniors and students. To purchase tickets and for further details about the concert, visit www.ndsorchestra.org or call (845) 635-0877.

There will be a Pre-Concert Talk with the composer at 6:45 p.m. Come early

Koto player Yoko Reikano Kimura will perform with the Northern Dutchess Symphony Orchestra on Saturday, April 20. Photo by Robert Essel



and hear Rhinebeck resident Daron Hagen talk about “Genji” and his career as not only as a composer but also as a stage director and film maker.

Over his career, he has won an Academy Award, Guggenheim Fellowship, Kennedy Center Prize as well as commissions from the New York Philharmonic, the Philadelphia Orchestra and countless other prestigious organizations.

Northern Dutchess Symphony Orchestra was formed in 2006 to bring

live orchestral music to northern Dutchess County and the surrounding Hudson Valley area. Now in its eighteenth season, the orchestra offers the best possible live performances of classical music at family-affordable prices. Since the beginning, the orchestra has been under the dedicated leadership of Kathleen Beckmann, who serves as both conductor and artistic director.

Learn more about the orchestra’s upcoming programs at www.ndsorchestra.org.

A & E CALENDAR

April 11: “Game Changers” Movie Series: “Playtime,” UPAC, 601 Broadway, Kingston. Free movie series features films that revolutionized cinema, 7:30 p.m. Reserve your free ticket by stopping in to the Bardavon or UPAC box office, or by calling Bardavon at (845) 473-5288 or UPAC at (845) 339-6088.

April 11: Sunset Sensations Food and Wine Sampling Series, Locust Grove Estate, 2683 South Rd., Poughkeepsie. Sample culinary tastings from a celebrated Hudson Valley Chef Billy Turner of Sugar and Spice Catering paired with three fine tastes of wine and a wine presentation from a celebrated Hudson Valley Wine Merchant Expert. Round out the evening

with a tour of Locust Grove’s heirloom kitchen gardens, 5:30-7:30 p.m. \$37/person. Tickets available at www.lgny.org/calendar or (845) 454-4500.

April 11: Tom Papa, The Good Stuff Tour, Bardavon, 35 Market St., Poughkeepsie. With more than 20 years as a stand-up comedian, Tom Papa is one of the top comedic voices in the country, finding success as an actor, host, and author, in film, TV, radio and podcasts as well as on the live stage. 8 p.m. Tickets \$34.50, \$49.50. (845) 473-5288, (845) 339-6088 or boxoffice@bardavon.org

April 12: “Murder at the Mic,” White Eagle Hall, Kingston. Presented by Murder Cafe. Sponsored by Ulster County CSEA

Local 856. For tickets, call (845) 750-7265 or (845) 706-1865.

April 13: Pat Metheny Dream Box Tour, Bardavon, 35 Market St., Poughkeepsie. 20-time Grammy Award-winning guitarist & composer Pat Metheny is launching a solo tour which will coincide with a new album release on BMG Modern Recordings, Dream Box. The tour, a first of its kind for Metheny, will feature personal and fan favorites from his nearly 50-year career. 8 p.m. Tickets \$78.50, \$58.50, \$48.50. (845) 473-5288, (845) 339-6088 or boxoffice@bardavon.org

April 13: Wanda Sykes Please and Thank You Tour, UPAC, 601 Broadway, Kingston. Wanda Sykes is an Emmy winning stand-up comic, writer, actress and producer who has been entertaining audiences for over twenty years. She has ranked among Entertainment Weekly’s “25 Funniest People in America” and her peers have called her “one of the funniest stand-up comics” in the field. 7:30 p.m. Tickets \$131, \$70, \$50, \$40. (845) 473-5288, (845) 339-6088 or boxoffice@bardavon.org

April 14: Antique Appraisal Day, Locust Grove Estate, 2683 South Rd., Poughkeepsie. Robert Meringolo and his team of merry appraisers return to Locust Grove to tell you how much your treasures are worth, 9:30 a.m.-4 p.m. Baseball cards, records, small works of art, jewelry, watches, coins, toys ... you bring it, they will appraise it! 9:30 AM Early Bird Special: \$50 for up to 5 items to be appraised (10 people only). Regular admission, 10 a.m.-4 p.m.: \$35 for up to 5 items to be appraised (timed entry for 15 people every half hour). \$10 per each additional item to be appraised available at the door. Tickets available at www.lgny.org/calendar or (845) 454-4500.

April 14: Fundraising Events, The Center for Performing Arts at Rhinebeck, 661 Rte. 308, Rhinebeck. Sarah Langan, “A Better World” in Conversation with Hilarie Burton Morgan, 11 a.m. Bring your Sunday morning coffee and join Hilarie Burton Morgan as she talks with Sarah Langan about Langan’s cunning, new, outside-the-box satirical thriller - “A Better World” - which chronicles a family’s odyssey into an exclusive enclave for the wealthy that might not be as ideal as it seems. Tickets: \$30

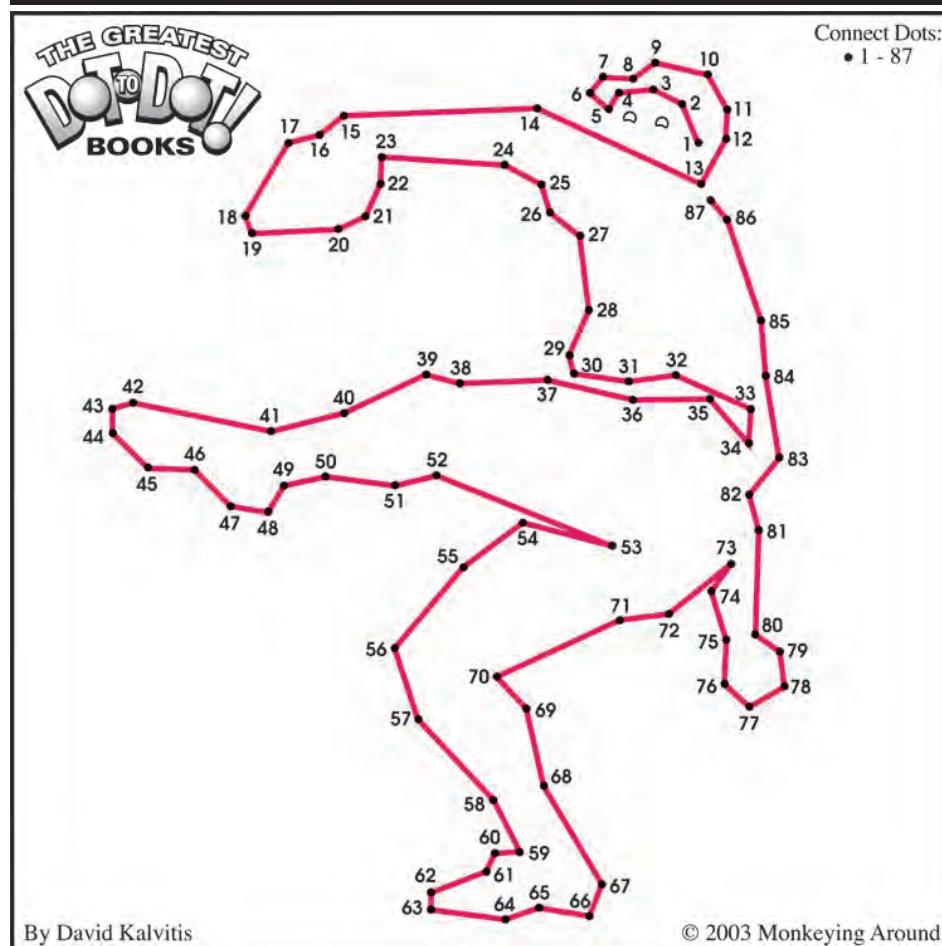
Ticket includes a signed copy of “A Better World.” A percentage of all ticket and sales at this event will benefit The Center. “The Dressing Room Diaries” with Hilarie Burton Morgan, 1 p.m. Experience an unforgettable afternoon up close and personal with actress and New York Times best selling author, Hilarie Burton Morgan. With your ticket, expect an afternoon filled with unique encounters, delightful treats, and unforgettable memories. Tickets \$200; see website for details. (845) 875-3080 or www.centerforperformingarts.org

April 14: Old Crow Medicine Show with special guest Willie Watson, UPAC, 601 Broadway, Kingston. Show starts at 7 p.m. Tickets \$49, \$59, \$85. (845) 473-5288, (845) 339-6088 or boxoffice@bardavon.org

April 14: Putnam Symphony Orchestra Celebrates the Olympics, Brewster High School Performing Arts Center, 50 Foggintown Rd., Brewster. The orchestra will perform “The Quest for Gold,” 3 p.m. a musical journey in celebration of the Olympics featuring selections from the post-Covid host nations – Japan, China and France – as well as Greece and the USA. PSO will also be performing several Olympic pieces. Tickets \$15 adults, \$10 students/seniors, \$40 for the whole family. putnamsymphonyorchestra.org or (845) 228-4167

April 14: Sunday Salon, Thomas Cole National Historic Site, 218 Spring St., Catskill. Join the Class of 2024 Cole Fellows Catherine Augustyn, Michaela Ellison-Davidson and Ryan Munasinghe for a discussion of their year-long research projects at the Thomas Cole National Historic Site, 2 p.m. Sunday Salons are \$10 for Members and \$15 General Admission. Children 15 and under, and all food stamp recipients, receive free admission. Reservations are available at thomascole.org/events. thomascole.org

Answer to this week’s Dot to Dot (puzzle on page 10)



By David Kalvitis

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we're on the web!
www.sdutchessnews.com

EXHIBITIONS

Arts Mid-Hudson Gallery, 696 Dutchess Turnpike, Suite F, Poughkeepsie. **Through April 21:** "Artists Respond to Poetry," exhibit featuring 16 poets and 16 visual artists in Arts Mid-Hudson's seventh annual celebration of National Poetry Month. The participating visual artists have selected a poem to respond to through their own work. www.artsmidhudson.org

CCS Bard's Hessel Museum of Art, Bard College, Annandale-on-Hudson. **Through May 26:** 2024 Graduate Exhibitions, a capstone of CCS Bard's Master of Arts program, this series marks the debut of 11 exhibitions featuring new commissions, original narratives, and fresh readings on themes and works that represent the next generation of curatorial practice. Distinct in theme and focus, each exhibition is independently curated by a member of CCS Bard's 2024 graduating class and culminates in rigorous, multi-year research and collaborations with artists, writers, scholars, and other contributors. <https://ccs.bard.edu/museum>

Cunneen-Hackett Arts Center, 9 & 12 Vassar St., Poughkeepsie. **Through April:** Showcased in the Victorian Gallery at 9 Vassar St. are works by Liliana Washburn, and at 12 Vassar St., Arquimedes Mejia and Naomi Berkery display their artwork in the Reception Gallery and Hancock Gallery, respectively. Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access. More info: cunneen-hackett.org

Frances Lehman Loeb Art Center, Vassar College, 124 Raymond Ave., Poughkeepsie. **Through June 2:** "Making A Life In Photography: Rollie McKenna," the first survey of the prolific career of American photographer Rosalie (Rollie) Thorne McKenna. The exhibition, presented thematically in four galleries, features over 100 gelatin silver prints made during the artist's lifetime, drawn primarily from the Loeb's collection with the addition of several key loans. (845) 437-5632 or [https://www.vassar.edu/thelob](http://www.vassar.edu/thelob)

Franklin D. Roosevelt Presidential Library & Museum, 4097 Albany Post Rd. (Rte. 9), Hyde Park. **Through December:** Developed in collaboration with a distinguished committee of scholars, "Black Americans, Civil Rights, and the Roosevelts, 1932-1962" centers the historical voices of many Black community leaders, wartime service members, and ordinary citizens who engaged the Roosevelt administration directly and who pushed for progress. Within this context, the exhibit examines the political evolution of both Franklin and Eleanor Roosevelt regarding racial justice. www.fdrlibrary.org

Gallery 40, 40 Cannon St., Poughkeepsie. **Through April 28:** "Coming Home," an exhibition by LongreachArts Collective. www.gallery40pok.com

LAND Gallery, 30 Charles Colman Blvd., Pawling. **Through April 28:** "America's Bounty" by Phyllis Chadwick. Using different mediums from photography to painting to mixed media, sometimes working in layers, Chadwick's artwork is inspired by her life experiences with nature. **Artist Talk:** Fri., April 19, 5:30-6:30 p.m. (845) 490-2281

Locust Grove Estate, 2683 South Rd., Poughkeepsie. **Through April 20:** Solo Show of encaustic pieces by Regina Quinn in the Transverse Gallery for Contemporary Art. Free. www.lgny.org/calendar

Morton Memorial Library, 82 Kelly St., Rhinecliff. **Through April 27:** "Fever Tree," works in a range of media by Rhinecliff-based artist Lauren Nelson. (845) 876-2903

Rhinebeck Bank, 6414 Montgomery St., Rhinebeck. **Through April 12:** "Emotions: A to Z," 26 paintings made by students from Rhinebeck High School's Advanced Drawing and Painting Class as a collaborative project that will result in a 32-page Alphabet picture book.

Woodstock School of Art, Robert H. Angeloch Gallery, 2470 Rte. 212, Woodstock. **Through May 4:** "Segalman at 90," an exhibition of select oil paintings, watercolors, monotypes, charcoal drawings, and pastel paintings of Richard Segalman from the private collections of his Woodstock circle of friends. 845-679-2388 or visit woodstockschooolart.org.

DCC's spring mainstage show to run April 11-13

"This is Modern Art" will be staged April 11-13 by members of the Dutchess Community College Performing Arts program and DCC's Masques' Guild Theatre Club. The play will be directed by Derek Roland.

"This is Modern Art" is based on real events that unfolded in 2010 when a graffiti art crew painted a fifty-foot piece on the wall of the Modern Wing at the Art Institute of Chicago. It asked us to reconsider what art is, who it's for and where it belongs. These young artists risked everything to make their voices heard, and "This Is Modern Art" tells that story and invites audiences into the discussion.

Director Derek Roland shares his excitement about the upcoming performances: "The DCC students involved in this production are hard at work, diligently diving into the world of the play, inhabiting these characters with energy

and passion, and creating a vibrant environment through the technical design and execution. The action takes place all around the audience, immersing them in the story as it unfolds!"

Show times for Thursday and Friday, April 11 and 12, are 7 p.m. Saturday show times, April 13, are 2 p.m. and 7 p.m. All performances will be held in SUNY Dutchess Black Box Theatre on DCC's main Poughkeepsie campus.

Tickets are available at sунydutchess.ticketleap.com/this-is-modern-art. General admission is \$15; students (not attending DCC) and seniors 60+ are \$10, and DCC students and DCC performing arts alumni tickets are \$5. Please note: We expect all performances to sell out in advance, so purchasing tickets at the door may not be possible.

For more information, visit sунydutchess.edu or call 845-431-8623.

John Fleming Gould work on display at Bannerman Gallery

Bannerman Island Gallery, 150 Main Street, in Beacon will host an art exhibition of historic works by renowned artist and illustrator John Fleming Gould (1906 – 1996).

A public opening reception will be held on Saturday, April 13, 4–6 p.m. Prints and original works will be for sale.

Gould's popular illustration of Bannerman's Castle inspired the

formation of the Bannerman Castle Trust, Inc., a 501 (c)3 non-profit organization dedicated to the preservation of Bannerman's Island and its structures. Gallery hours are Saturdays and Sundays from noon to 5 p.m., weekdays by chance and appointment.

For more information, bannerman.gallery150@aol.com or call 845-440-3318 or 845-416-8342.

'America's Bounty' at LAND Gallery in Pawling

LAND Gallery in Pawling and the Sherman Artists Association present a show by Phyllis Chadwick titled "America's Bounty." Using different mediums from photography to painting to mixed media, sometimes working in layers, Chadwick's artwork is inspired by her life experiences with nature. Her work inspires us to see things in a new way and to look deeper.

Chadwick will give an artist talk on Friday, April 19, from 5:30 to 6:30 p.m. The show runs through April 28.

"My art consists of looking at nature and finding new ways to portray it. I love experimentation, and considering the use of different mediums and supports that don't normally go together and saying, 'Why not?'" said Chadwick.

Chadwick is a mixed media artist living in the Hudson Valley. She has a master's degree in art education from Manhattanville College and taught locally at the high school level for 10 years and as an adjunct at Dutchess Community College. Now retired from teaching, Chadwick spends her time creating in her home studio. She is currently a member of the Sherman Artists Association; Inspiration Art Group International; American Society of Botanical Artists; River Winds Gallery; Great Hollow Photographers Club; Arteast, and Friends of the Great Swamp (FrOGS). She exhibits and sells her work locally at art shows, exhibits, virtual shows and

through her website.

The Sherman Artists Association is sponsoring the Featured Artist Shows at LAND Gallery which includes the work of some of the most highly regarded photographers and painters in the local area. There is also a curated artisanal gift shop that sells a selection of locally handmade fine art and gifts. The Gallery is located in the heart of the Village of Pawling and regularly organizes photography workshops, walks and other artistic events. Find us at: 30 Charles Colman Boulevard in Pawling.

For more information about the Sherman Artists Association, visit www.ShermanArtists.org. For more information about LAND Gallery, visit www.landgalleryonline.com or Facebook: LANDGalleryinPawling.



"Beach Rose," by Phyllis Chadwick. Courtesy image

Traditional Okinawan Karate students attend Spring Shiai, testing in New Paltz



Alexander Gieseler, left, breaks a board, held by Jason Donovan, at Traditional Okinawan Karate's spring Shiai. Courtesy photo

New Paltz Karate Academy's Shiai is a celebration of the karate community, an opportunity for students to be promoted, and, often, the culmination of months or years of dedication.

The event, held in New Paltz on Saturday, March 23, drew students from five locations, plus their families and friends. The event included students from Traditional Okinawan Karate schools in New Paltz, Pleasant Valley, East Fishkill, Brooklyn and Kinnelon, NJ. The Shiai is a semiannual event and an opportunity for the students to come together and demonstrate their skills for families and friends.

Groups of students performed self-defense demonstrations and kata (martial arts forms consisting of striking, blocking and kicking combinations).

The final segment of the shiai was the promotion of the students who had been

tested earlier in the day. The highest promotions were those at black-belt level:

- Junior Black Belt: Monserrat Mota, and Rowan Shortle.

- Shodan (First degree black belt): Donald Allen, Corrine Cady, Rolando Gonzalez, Griffin Landrum, Edward Townsend, Matthew Weir, Jesse Wright, and Cody Zavodsky.

- Nidan (Second degree black belt): Ryan Bair, Tyler Campbell, Andre Graham, Tara Keating, Joshua Post, Zachary Remling, and Martin Toder.

- Sandan (Third Degree black belt): Linda Engler.

- Rokudan (Sixth Degree black belt): Janet Frommer.

Traditional Okinawan Karate has Dutchess County locations in Pleasant Valley and East Fishkill. They can be reached at 845-635-1426 (Pleasant Valley) or 845-797-2258 (East Fishkill).

Legal Notices

NOTICE TO
BIDDERS
NOTICE IS HEREBY
GIVEN that the Town
of Pleasant Valley in-
vites sealed bids for
General Construction
of the Town of Pleas-
ant Valley "BOWER
PARK - DRIVEWAY
AND PARKING LOT"
as set as set forth in
Bidding Documents
prepared by CPL, 26
IBM Road, Pough-
keepsie, New York
12601.

Separate sealed Bids
completed on forms
provided with the Bid
Documents will be re-
ceived by the Town
Clerk, Town of Pleas-
ant Valley, 1554 Main
Street, Pleasant Val-
ley, NY 12569 until
12:00 Noon. (local
time) on **May 1, 2024**,
at which time they will
be opened and
recorded. Each bid
shall be submitted in a

Legal Notices

sealed envelope
marked "BOWER
PARK - DRIVEWAY
AND PARKING LOT"
Bids shall be received
for the following Con-
tracts: BOWER PARK
- DRIVEWAY AND
PARKING LOT
The Bid Documents
may be obtained by
contacting the Town
Clerk, Town of Pleasant
Valley, 1554 Main
Street, Pleasant Valley,
NY 12569 on or af-
ter **April 5 2024**. Pur-
suant to the provisions
of GML 102, persons
requesting an elec-
tronic copy of the doc-
uments may obtain
them at no charge.
Persons desiring a
copy of the biddoc-
ments may choose
to complete this on
their own or can con-
tact the Town Engi-
neer for an estimate to
obtain a copy at an
additional cost.

Legal Notices

Contract Documents
obtained from any
other source are for in-
formation only and the
Bidder is advised that
it assumes the
responsibility of errors
that may be a result
of using such
documents.
Although attendance
at pre-bid meeting **is
not required** in order
to submit a bid and be
awarded a contract, it
is each Contractor's
own responsibility to
be familiar with the
conditions at the proj-
ect site. The **non-
mandatory** Pre-Bid
Meeting for the project
will be held on **April
11, 2024**, at 11:00 AM
at Bower Park.
Each bid shall be ac-
companied by an ac-
ceptable form of Bid
Security (the bidder's
Certified Check made
payable to the Town of
Pleasant Valley, or a

Legal Notices

Bid Bond issued by a
surety and payable to
the Town of Pleasant
Valley) in the amount
of five (5) percent of
the amount of the
Base Bid, as a guaran-
tee that if the Bid is ac-
cepted, the Bidder will
enter into a contract
with the Town of
Pleasant Valley in ac-
cordance with the
specifications and un-
der the terms of the
Contract Documents.
The work shall be sub-
stantially completed
within **90 calendar
days** of the date of the
Notice to Proceed.
**OWNER'S RIGHTS
RESERVED:** The
Town of Pleasant Val-
ley reserves the right
to reject any or all Bids
and to waive any for-
mality or technicality
in any Bid in the inter-
est of the Town of
Pleasant Valley.
STATEMENT OF

Legal Notices

NON-COLLUSION:
Bidders are required
to execute the non-
collusion bidding cer-
tificate attached
thereto pursuant to
Section 103-d of the
General Municipal
Law of the State of
New York.
Bidders are required
to comply with the pro-
vision of Section 291-
299 of the Executive
Law of the State of
New York.
Bidders are required
to comply with Section
139-k Disclosure of
contacts and responsi-
bility of offerors,
paragraph 2. The bid-
der shall "...disclose
findings of non-respon-
sibility made within
the previous four years
by any governmen-
tal entity where such prior
finding of non-respon-
sibility was due to: (a) a
violation of section

Legal Notices

one hundred thirty-
nine-j of this article, or
(b) the intentional provi-
sion of false or incom-
plete information to a governmental
entity."

The Town of Pleasant
Valley hereby notifies
all Bidders that it will
affirmatively insure
that in regard to any
agreement entered

into pursuant to this
advertisement, minor-
ity business enter-
prises will be afforded
full opportunity to sub-
mit bids in response to
this invitation and will
not be discriminated
against on the grounds
of race, color, or national origin in
consideration of an
award.

BY ORDER OF THE
TOWN BOARD

REQUEST FOR BIDS NOTICE

The Purchasing Agent,

Legal Notices

County of Dutchess,
Poughkeepsie, New
York, hereby invites the
submission of sealed
bids for: Bid#RFB-DCP-
21-24
On-Call Commercial In-
terior and Exterior
Glass Repairs and Re-
placements
Bids will be received un-
til 2:00 p.m. on the 30th
day of April 2024 at the
Dutchess County Division
of Central Services,
378 Violet Avenue, Suite
2, Poughkeepsie, New
York 12601. Specifica-
tions and bid forms
may be obtained by visit-
ing our website
<http://www.dutchessny.gov>, selecting "Govern-
ment", then selecting
"Bidding and RFP
Opportunities". For
addition information,
call 845-486-3613.

The deadline for Legals is every Friday @ 12 noon for a Wednesday Publication* *When a public holiday falls on a Monday the deadline becomes Thursday at noon.

AT YOUR LIBRARY

MORTON MEMORIAL LIBRARY

82 Kelly St., Rhinecliff
(845) 876-2903
<https://morton.rhinecliff.lib.ny.us/>
Elizabeth LaPrelle and Brian Dolphin in
Concert

Thursday, April 11 @ 7:00 pm

Elizabeth LaPrelle and Brian Dolphin are a
married duo who share a love of bright vocal
harmonies, eerie traditional songs, and heart-
felt originals. Elizabeth is a world-renowned
ballad singer and scholar from rural Virginia
and Brian is a songwriter, producer, and eth-
nomusicologist who has studied folk music all
over the world. Suggested donation: \$15.

Live "The Back Room with Andy Ostroy"
A Conversation with Jonathan Burkhart

Friday April 12 @ 6:00 pm

Radiofreerhinecliff.org invites you to a
live taping of Andy Ostroy's The Back Room.
A Q&A will follow. RSVP to
<https://bit.ly/RSPVpodcast> to be placed on the

waiting list.

Apocalypses with author Bob Gram
Thursday, April 18 @ 6:30 pm
The novels follow the medieval poet Dante
Alighieri's tripartite division of his "Divine
Comedy."

Robert L. Gram holds four theological
degrees and an M.S. from Columbia
University School of Social Work. This is his
third book and first novel. Two of his short
stories won national awards. He has bicycled
across the country and climbed mountains
around the world. He lives in Rhinebeck, New
York.

Books will be available for purchase. All
are welcome.

Richard's Rhinecliff Acoustic Show
Women Singer/Songwriters
Friday, April 19 @ 8:00 pm
Featuring: Lisa Dudley, Lynda Sales,

Joann Chamberlain, Bjanette & Danele.
Donations to benefit Morton are suggested.

Rhinecliff Community Conversation
(Utilities/Parking)

Thursday, April 25 @ 6:00 pm
This will be a conversation on events that
affect our community - this month focused on
local utilities and parking issues. Please attend
to make your thoughts heard. All residents are
welcome and encouraged to attend.

Dirty Gaia Presents Nurturing Nature
Saturday, April 27: Noon - 3:00 pm
(Starr Park)

Morton joins Dirty Gaia, Climate Smart
Rhinebeck, and Starr Library for an afternoon
of taking care of Mother Earth. There will be
monarch waystation plans, our seed library,
creation of seed bombs, recycling, electric
vehicles and power tools, and so many more
fun activities. Please come and celebrate, rain
or shine.

Mid-Hudson Classical Guitar Society
Music of Latin America
Sunday, April 28 @ 3:00 pm
Society members will perform works from
this great guitar tradition.

Admission: \$10 at the door
For more information, please email us at:
midhudsoncgs@gmail.com

STANFORD FREE LIBRARY

6035 NY-82, Stanfordville

845-868-1341

<https://stanfordlibrary.org/>

Registration required for events unless
noted otherwise. Email stanfordlibrary@optonline.net or call 845-868-1341.

Game Time for Grownups
April 10th 1:00 pm – 3:00 pm

We have a growing collection of games
available or bring your own! Coffee and tea
provided but feel free to bring a snack to
share! No registration necessary. Games for
adults will be held on the second Wednesday
of each month.

Cookbook Club with Lenny
April 10th 6:00 pm – 7:00 pm

Choose a recipe from Bobby Flay Fit: 200
Recipes for a Healthy Lifestyle" by Bobby
Flay. Prepare the recipe and share it at the
meeting. No need to register - just come with
your cuisine and enjoy!

Drawing 101
April 11th 3:45 pm - 5:00 pm
Grades 2 – 5

Come unleash the artist within you! We
will develop and practice our drawing skills
and learn about some helpful resources.

Meditation Class
April 17th 10:00 am In-Person or via
Zoom. Susan Olin-Dabrowski will lead this
one-hour monthly meditation program. First
timers and experienced meditators are wel-

come! Headset or earbuds recommended.
Link sent upon registration.

Yoga for Kids with Amy
April 23rd 1:00 pm -2:00 pm
Ages 5+

Please bring a mat and a water bottle and
be sure to wear appropriate clothes.

Frugal Gardening II
April 24th 6:00 pm

Learn to grow your own fresh food without
breaking the piggy bank.
Second of a four part series.

"Recovering My History: A Second-
Generation Perspective"

May 10th 7:00 pm
*Yom Hashoah, "Holocaust and Heroism
Remembrance Day" marks the anniversary of
the Warsaw Ghetto Uprising and is one of two
internationally recognized memorial dates.

This event is cosponsored by Stanford: A
Caring Community, Inc. and the Stanford
Free Library.

STARR LIBRARY

68 West Market St., Rhinebeck

(845) 876-4030

www.starrlibrary.org

ADULTS

Tuesday, April 23rd, 11:30am-12:30pm -
Drop In, Cast Off: Beginner's Knitting

Thurs., April 11th & Weds. April 24th, 7-
9pm - Nerds at Nite is Back at the Library!

Saturday, April 13th, 1pm - National
Poetry Month Community Reading featuring
Lee Woodman, Betsy Woodman, Sparrow,
Ruth Danon, and others

Monday, April 15th, 2-3pm - The Nitty
Gritty: Organizing Your Life with Johanna
Bard and Erika Murphy

Tuesday, April 16th, 6:30-8pm - Memoir
Workshop with Michelle Montalbano

Thursday, April 18th, 5:30-7pm - Starr
Library Board of Trustees Meeting

Thursday, April 18th, 10:30-11:15am -
Good Vibrations: Guided Sound Meditation
with Anna Kaselis

Saturday, April 20th, 10am - Introduction
to Pickleball with Francis Comesanas and
Kristen LaBarca

Monday, April 22nd, 4-5pm - Navigating
Medicare with the Dutchess County OFA and
HICAP

Thursday, April 25th , 6:30-8pm - Fiction
Workshop with Lillian Kahan

EVERYONE

All Saturdays in April, 1-3pm - Teen Tech
Support

Friday-Saturday, April 26th-27th - Friends
of Starr Library Spring Book Sale

Saturday, April 27th, 12-3pm - Earth
Month Event with Climate Smart Rhinebeck
and Dirty Gaia at Rhinebeck Town Park

OBITUARIES

Maurice A. Fumasoli

HYDE PARK AND MILLBROOK -
Maurice A. Fumasoli, 96, a longtime Hyde
Park resident most recently of Millbrook, died
on Easter Sunday, March 31, 2024, at Vassar
Brothers Medical Center, Poughkeepsie.

Born August 13, 1927, in Manhattan, he
was the son of Mario and Agnes Fumasoli.

He proudly served in the United States
Army from 1946 - 1948. His division was part
of the occupation force in Okinawa, Japan
after World War II. While there he was part of
the unit that entertained the troops playing
football and baseball.

Shortly after returning from the service, he
obtained his high school degree from Pine
Plains High School. He then landed a job with
DeLaval. Maury then moved on to IBM,
Poughkeepsie. He worked there for over thirty
years until his retirement. Soon after Maury
worked part-time at Molloy Pharmacy in
Hyde Park.

Maury was also an avid athlete. He was
inducted into the Dutchess County Hall of
Fame for Fast Pitch Softball. He also enjoyed
playing golf. His passion for sports led him to
volunteer as a coach for local youth sports for
many years.

Maury was an active part of the local com-
munity. He was a member of the Hyde Park
Lions Club for over fifty years during which
time he served as President. He also served
several functions at Regina Coeli Church.

On September 6, 1952, in St. Christopher's

Church, Red Hook, Maury married the former
Helen Marie Bogdanffy. She predeceased him
on June 11, 2011.

He is survived by his three children, John
Fumasoli and wife, Anne, of Pound Ridge,
NY, Susan Fumasoli - Toth and husband,
John, of Arlington, VT and Mark Fumasoli
and wife, Valerie, of Elizaville, NY; six grand-
children, Jessica Fumasoli-Caruso and hus-
band, Anthony, Christian, Marina and Tianna
Fumasoli, Michael Toth, and Meghan Coffey-
Wishart and husband, Rob Wishart; great-
grandchild, Maddie Caruso.

Survivors also include nephews, Stephen
Bogdanffy, and Ronald and George Agner;
and cousin, Claire Papitto.

In keeping with Maury's wishes, there
were no calling hours.

A Mass of Christian Burial was celebrated
by Fr. Michael Morris on Saturday, April 6th,
at Regina Coeli Church, Rte. 9, Hyde Park.

Burial, with a Lion's Club service, fol-
lowed in the family plot at Union Cemetery of
Hyde Park.

In lieu of flowers, Maury's family respect-
fully requests memorial donations to the Hyde
Park Lions Club, PO Box 58, Hyde Park, NY
12538, or Regina Coeli Church, 2 Harvey
Street, Hyde Park, NY 12538.

Arrangements are under the direction of
Sweet's Funeral Home, Inc., Rte. 9, Hyde
Park. To send an online condolence, please
visit Maury's obituary page at www.sweetsfuneralhome.com.

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GOLDEN LIVING

SIGN UP FOR THE CAREGIVER CONFERENCE

Do you care for an aging loved one? You don't have to go it alone, and next month there's an opportunity for caregivers to pick up valuable knowledge to help them be the best they can be, both for themselves and the older adult receiving the care.

The 18th annual free Conference on Caregiving is taking place on Wednesday, May 8th from 8:30 am to 2 pm, at the Henry A. Wallace Visitor and Education Center on the grounds of the FDR historic site on Route 9 in Hyde Park. Topics will include advance directives, your "wellness wheel," funeral planning, scams, and qualifying for Medicaid.

A continental breakfast and lunch are provided, but registration for the conference is required. Registration for the conference opens on Monday, April 8th. Call the Alzheimer's Association at 800-272-3900 to reserve your seat.

The Caregiver Conference is organized by the Dutchess County Office for the Aging with the Alzheimer's Association Hudson Valley Chapter, Parkinson's Disease Support Group of the Mid-Hudson Valley, Hudson Valley Hospice, and community members Cathy Regan and Falisia Cotten-Swain.

WHO'S A CAREGIVER?

Most of us, both sooner and later; and many are "sandwich generation" caregivers who are responsible for the health and well-being of both children and older adults. Caregivers can be spouses, sons and daughters, family members, neighbors, partners, friends, and paid or unpaid helpers of all kinds. We know we're helping but might not have the time to stop and think of ourselves as caregivers until after the need for caregiving ends.

Caregiving can be rewarding, but over time we can be overwhelmed by burnout and stress on top of work and family schedules. Just one day in the life of a caregiver can involve helping an older person get dressed, bathe, eat their meals, take their medications, administer certain medical treatments, appointment-keeping, transportation, conversations with medical professionals, and keeping track of it all – plus cleaning up

before the next day begins and the cycle repeats.

Caregiving can be more than any one person can handle, and yet we can feel guilty for not being able to do it all, any time of day or night, without outside help, for as long as we must.

The Caregiver Conference aims to help caregivers manage their wide range of responsibilities while maintaining a well-rounded, healthy life.

Regardless of whether or not you can be at the conference, you can learn a great deal on how to be the best caregiver you can be, starting with a visit to www.dutchessny.gov/ofacaregiver or a call to the Office for the Aging at 845-486-2555.

'GOGO GRANDPARENT' UPDATE

GoGo Grandparent (GoGo, for short) is an on-demand senior transportation option for older adults (age 60+) in Dutchess County, with limited free rides to non-emergency medical appointments within Dutchess County for those who are not Medicaid clients, when no other options are available.

GoGo has been operating in Dutchess County as a pilot program since last year and is available wherever Uber/Lyft drivers are available. Dutchess County Government funding for GoGo was augmented this year with a \$25,000 grant from the Field Hall Foundation (fieldhall-foundation.org), through which we've been able to expand GoGo service.

GoGo is now also available to all Dutchess County older adults, regardless of Medicaid eligibility, to visit loved ones in hospital, nursing home or hospice, within Dutchess County.

Call OFA at 845-486-2555 to register and check availability of GoGo as well as other transportation options. (For information on non-emergency Medicaid transportation, visit medanswering.com or call 866-244-8995.)

JOIN OFA AT THE COUNTY HEALTH FAIR, SATURDAY 4/13

The Dutchess County Department of Behavioral and Community Health (DBCH) will host its third annual Y.O.U.R. (Young, Old, Urban, Rural) Health Dutchess County Health Fair on Saturday, April 13th from 11 a.m. to 2 p.m., at Falcon Hall at Dutchess Community

College, 53 Pendell Road in Poughkeepsie. The Office for the Aging will join DBCH and dozens of other agencies and service providers at the health fair for resources and fun activities for all ages; fire and police safety; mental health and substance use services; a sensory friendly area; and indoor/outdoor exhibitors, raffles, giveaways and more.

There'll be a free shuttle bus between the Dutchess County Transit Hub (11-13 Market St., Poughkeepsie) and Falcon Hall which will operate 10:30am – 2:30pm. For more information, visit www.dutchessny.gov/healthfair

OFA MON/WED TAI CHI CLASS STARTING 4/15 IN LaGRANGE

Older adults in Dutchess County looking for a tai chi class have an option beginning on April 15th in LaGrange. Classes will be held in the morning, for ten weeks, on Mondays and Wednesdays. Registration is required. To register, call OFA during business hours at 845-486-2555.

OFA/PARKS SPRING INTRO PICKLEBALL LESSONS FULLY BOOKED

Once again, demand for Introduction to Pickleball classes hosted by OFA and Dutchess County Parks has been massive, and the classes taking place next month are fully booked. We plan on scheduling more classes, so keep following our newsletters to find out more!

OFA 'FRIENDLY CALLS' ORIENTATIONS

Most orientations for prospective "Friendly Calls" volunteers take place at OFA unless otherwise indicated below. Orientations typically last 40-60 minutes. Pick one, and contact OFA at 845-486-2555 to set up your orientation:

- Wednesday, April 10th, 1 pm, The Pavilion at Brookmeade, 34 Brookmeade Dr., Rhinebeck
- Thursday, April 11th, 10 am
- Monday, April 15th, 10 am
- Wednesday, April 17th, 1:30 pm

To register for any orientation, if you have more questions about "Friendly Calls," or to arrange an orientation for your civic organization, call 845-486-2555 or email Friendly Calls program manager Linda Edgar at ledgar@dutchessny.gov. We add orientation dates as we go. Check www.dutchessny.gov/call

endar for a complete list.

BECOME A VOLUNTEER OFA HEALTH INSURANCE COUNSELOR

(Orientation Thu 4/25, 10am)

The Office for the Aging's Health Insurance Information, Counseling and Assistance Program (HIICAP) is looking for dedicated counselors to help guide Dutchess County older adults through the sometimes-stressful process of making good health insurance and Medicare choices.

OFA is hosting a HIICAP Volunteer Orientation event at our Poughkeepsie headquarters (114 Delafield St.) at 10 am on Thursday, April 25th.

Because health insurance and Medicare issues can be complex, the HIICAP program involves ongoing volunteer trainings, so counselors remain current on insurance-related issues. Let us know you can come to a HIICAP volunteering orientation by emailing jcarey@dutchessny.gov or calling 845-486-2555.

'HEAP' HEATING AND COOLING NEWS

Funding for the New York State Home Energy Assistance Program (HEAP) has been extended until close of business on Friday, April 12th. Additionally, New York State has announced that the HEAP cooling component will open for applications on Monday, April 15th, and will close on Friday, August 30th, unless funding for the program is exhausted before that.

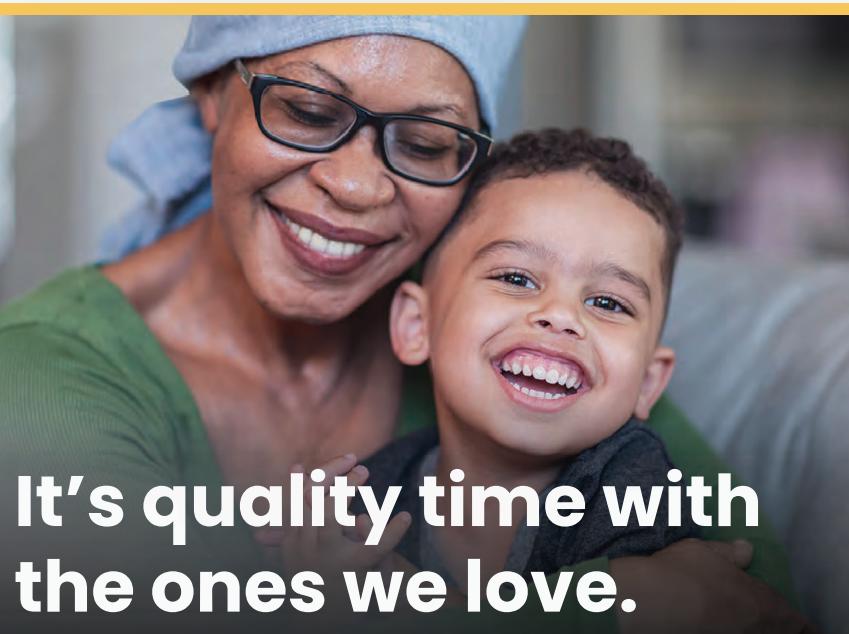
For information on HEAP, contact OFA at 845-486-2555, email ofo@dutchessny.gov, or visit dutchessny.gov/ofoheap.

PRESCRIPTION DRUG TAKE-BACK DAY

Without proper disposal, unused or outdated medications can lead to accidental poisoning, misuse, and overdose, and can contaminate the water supply when flushed down the toilet. That's why the Southern Dutchess Community Coalition in collaboration with the Beacon Police Department are hosting a Prescription Drug Take-Back Day on Saturday, April 27th, from 10 am to 2 pm, at the City of Beacon Recreation Center (23 W. Cedar St.).

For more information, contact SDCC Coordinator Michele Franks at sdcc@capedc.org or 845-765-8301, ext. 116.

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