

NORTHERN DUTCHESS NEWS & Creative Living

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Youth in agriculture take center stage at Ag Breakfast

The future of agriculture in Dutchess County was front and center as the main presenters at the 27th Annual Dutchess County Agriculture Breakfast on April 10 at the Dutchess County Fairgrounds in Rhinebeck.



John Jay High School FFA member Matthew Mulligan speaks at the Ag Breakfast. Photo by Curtis Schmidt

Youth members of the county's four chapters of Future Farmers of America (FFA), plus 4-H members gave presentations to the overflow crowd of 500-plus. Included were accounts of activities and accomplishments for the past year and overviews of plans for the coming year.

Dutchess County now has four growing FFA chapters, including Stissing Mountain High School in Pine Plains, John Jay High School in East Fishkill, Dutchess County BOCES and Red Hook High School.

Tom Angell, representing the Dutchess County Agricultural Society, recognized and thanked governmental officials for their support of youth in "moving our tradition of agriculture forward."

Mary Lou Carolan, Executive Director of Cornell Cooperative

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DA, Family Services honor crime victims, Champions of Victims' Rights on April 10

Dutchess County District Attorney Anthony Parisi and Family Services Chief Executive Officer Leah Feldman hosted events to support crime victims and survivors in honor of National Crime Victims' Rights Week on April 10 at the Family Partnership Center in Poughkeepsie.

The events included the Family Services' Center for Victim Safety and Support 12th Annual Visions of Hope and Healing Art Show, the presentation of the 2025 Champions of Victims' Rights Award honorees and the District Attorney's Candlelight Vigil to honor crime victims.

The 2025 Champions of Victims' Rights Award honorees include Town of Poughkeepsie Police Department Detective, Brad Cookinham and New York State Trooper Isabella Sokolik.



The Candlelight Vigil included presentations by crime victim survivors Erin Clancy and Sha-Ava Crooks.

Works in the of Hope and Healing Art Show were on display in the lobby of the Family Partnership Center.



Left: Detective Brad Cookinham of the Town of Poughkeepsie Police Department receives the 2025 Champions of Victims' Rights Award from Kira Lunde of Family Services. Above: Trooper Isabella Sokolik of the New York State Police receives the 2025 Champions of Victims' Rights Award from Michael Jones of Family Services. Photos by Curtis Schmidt. Below: Speaking at the Candlelight Vigil to honor crime victims were survivors Erin Clancy, left, and Sha-Ava Crooks. Courtesy photos



Fearless Farmers to host 5 days of learning at Clover Brooke Farm

Clover Brooke Farm of Hyde Park, known for its alpaca/llama hikes, goat and donkey walks and farm tours, is teaming up with Fearless Farmers for unique 5-day learning experience for adults in late May.

Fearless Farmers, a nonprofit organization focused on eco-literacy and regeneration, will hold the five-day Intensive at Clover Brooke Farm from May 26-30. The program is designed for all types of educators, current and aspiring farmers,

community leaders, and environmentally conscious individuals seeking practical knowledge to spark change in their area.

Space is limited and interested individuals are encouraged to sign up early. Secure your spot at this 5-day event today and register by May 16th at fearlessfarmers.org/intensives.

Fearless Farmers is inviting a diverse group of changemakers to join their

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Alpacas and llamas take part in a hiking event at Clover Brooke Farm in Hyde Park, where the Fearless Farmers Intensive will take place from May 26-30. Courtesy photo

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Renegades have new treats for the 'ballpark foodies'

By Morgan E. Maier

I remember when ballpark food was simple - soda, popcorn, ice cream helmet, maybe a spot of fries. Even as a Little Leaguer, post-game meals were hamburgers and hot dogs. Simple. This or that.

But a welcome shift is upon the fans who hold baseball's beauty and gastronomy in equal regard. The Hudson Valley Renegades have caught the ballpark food bug this season, offering plenty of new menu items outside of the classics. Footlong Cuban sandwiches in Miami and the signature Yankees chicken bucket are just the beginning. These are not your father's Cracker Jacks.

In 2025, Heritage Financial Park remains a delight for every appetite. Focusing on local flavors, the new menu additions highlight the culture of the Hudson Valley and New York alike. Even the classics are getting revamped. At Rene's Popcorn Pavilion (located by the Main Gate), fans will be faced with seasoning options to customize each kernel, if they so choose.

While the Renegades were out of town, Executive Chef Mark Woinoski served some bites to this beat writer-turned-culinary evaluator, along with suite holders and WMCHHealth Club members. Note to future self: Arrive at such a tasting with a stomach larger than the eyes.

The corned beef and cabbage made me wish every day could be Saint Patrick's Day. With Gotham Deli open for the remaining 60+ home games, I realize it can.

This is a slice of the new butcher on the block, Gotham Deli, where the meat is smoked in-house every two days. Yup.

Chef Woinowski designed the all-new menu, which includes (among others) an Italian combo, a knish (pastry dough filled with mashed potatoes, then fried), and the king sandwich of New York, the

Reuben. A mountain of corned beef, sauerkraut, Thousand Island, Swiss cheese on marbled rye. Whether one believes it was invented in Omaha or the Big Apple, the flavors are New York classic through and through.

The Jägerschnitzel was delightful, each bite swirling with gravy and buttons. One tablemate shared a dislike for mushrooms, but took no offense at this cutlet. Positive reviews across the board.

Finally, white cake and carrot cake. Wishing not to exit such a fine dining experience early with a bout of anaphylaxis, I skipped dessert. Top notch, say my fellow connoisseurs. I take their word for it. Find these in the WMCHHealth Club Lounge.

I'd be remiss if I didn't mention the local beverage options. The Sloop Brewing Co. Beer Balcony (located in right field) offers the all-new Cruiser Golden Ale, brewed in Hopewell Junction at Sloop HQ. Beacon-based breweries Liquid Fables and Industrial Arts Brewing Co. are joining the roster with their selections of canned ales and cocktails. Among others, the classics: domestic brews and hard seltzers.

Hudson North Cider Co.'s exclusive Renegades Big Apples Cider will be served in a 19.2 oz double-fist friendly can, so fans can traverse the concessions Matrix with both food and drink.

Baseball can easy as ball/strike, safe/out. Other decisions are not as simple as hot dog/nacho helmet when Jamaican patties, Bavarian pretzels, and pastrami are also options.

This is just a single path to eating one's way through Heritage Financial Park. Tommy Lasorda once said, "When we lose, I eat. When we win, I eat. I also eat when we're rained out." Whether the home team is up a pair of runs or no-hit through 7 innings, heed the call for gustatory celebration. They're serving up quality eats with a side of baseball.



From Jägerschnitzel to Corn Beef sandwiches to salads and Carrot cake desserts, the chefs at Heritage Financial Park will have a variety of new treats for Renegades fans this season. Photos by Morgan E. Maier

CLINTON OPENS APPLICATIONS FOR ROUND 2 OF HOMETOWN HEROES BANNERS

The Town of Clinton is accepting applications for the second round of its Hometown Heroes Banner Program. The banners, which are displayed on utility poles along roadways, are a living tribute to recognize past and present members of the Armed Forces from the Town of Clinton.

For more information on the program, to access the Hometown Banners application or to access a list of veterans services, view the Hometown Heroes Page on the Town of Clinton website: <https://www.townofclinton.com/hometown-heroes/>.

DC Comptroller Aymar-Blair to begin series of town halls

Dutchess County Comptroller Dan Aymar-Blair will be hosting the first two in a series of 'Comptroller's Town Halls' for Dutchess County residents in the coming months.

The first Town Hall will be held at the VFW Hall in Beacon on Wednesday, April 23 at 6 p.m. The second will be held at the Millbrook Library on Wednesday, May 28 at 5:30 p.m. Residents are encouraged to attend to learn more about the functions of the Comptroller's Office and why it matters to taxpayers.

The Comptroller will present significant findings of recent reports, such as "Dutchess County's Federal Funds Profile," the final update report on COVID-19 relief funding, and all the latest news from the Office of the Comptroller.

There will be time available at the end of each presentation for questions or comments pertaining to the scope of the Comptroller's Office, including the Comptroller's recent work, Dutchess County's budget, local economic conditions, and more.

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Hope to hear from you! Thanks!



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John Hettinger



Joseph Kirchhoff

Fearless Farmers to host 5 days of learning at Clover Brooke Farm

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Intensive, including educators of all kinds, from traditional classroom teachers and homeschoolers to environmental educators and nature school instructors; farmers already practicing or curious about regenerative agriculture who may want to add educational components to their operations; and community leaders who care deeply about the environment, local food systems, and making a positive impact in their communities.

Whether you're a civic leader, non-profit founder, or simply someone passionate about sustainability, there's a place for you, said Millie Cunningham, Marketing & Partnerships Manager with Fearless Farmers.

Run by Andrea Parent-Tibbetts, a Fearless Farmers Educator and Farmer Graduate, and her husband Mike, Clover Brooke Farm is an ideal location to ground this transformational experience. Known for its commitment to regenerative farming practices and diverse livestock raised for fiber, Clover Brooke exemplifies the power of nature as the core of community and education.

Cunningham said Fearless Farmers is committed to building 1,000 thriving regenerative communities by 2030 by empowering individuals to take action in their local environments. Through immersive learning experiences like this Intensive, participants will gain the tools necessary to create a personalized Regenerative Roadmap. This includes actionable steps that align with their personal strengths and community needs. Whether establishing a seed library, developing educational materials on sustainable practices, or incorporating regenerative principles into their professional

lives, the Intensive supports attendees in utilizing a holistic decision-making framework that considers financial, social, and environmental impacts, as a whole, in all decisions.

Fearless Farmers emphasizes experiential learning as a means to understand the reach and depth of regeneration as a scaffold for change.

What to Expect Participants will engage with Fearless Farmers' curriculum, which includes four main themes: Mighty Microbes, Radical Roots, Love & Livestock, and Farm-to-Table. The intensive will feature interactive workshops, guided farm tours, and practical activities focused on soil health assessment, holistic livestock management, and applying the 5E instructional model to environmental education.

The core learning objectives are brought to life through hands-on demonstrations, subject matter experts, field trips, and time for reflection and collaboration. At the Intensive at Clover Brooke Farm, this will include:

- A field trip to Bard College to learn how to care for livestock through fecal testing microscopy.
- A presentation on the Importance of Soil Health and Field Soil Tests with Isabella Yanuzzi, Ph.D./CCEDC, Agriculture and Horticulture Program Leader, and CCEDC Master Gardeners
- A Botanical Dyeing Techniques Demonstration by Julie O'Sullivan
- A Discussion on Local Farmers with Thomas Hahn of Hahn Farm, a seventh-generation family-run farm

Accommodations and food are included in the registration fee. Reach out with questions at info@fearlessfarmers.org.



Participants at a Fearless Farmers Intensive participate in a hands-on soil demonstration. A participant at a Fearless Farmers Intensive takes a "sit-spot" moment in nature for reflection and observation. Courtesy photos



N. Dutchess Community Coalition partners with Millbrook Police for safe medication disposal

The Northern Dutchess Community Coalition (NDCC) has announced its collaboration with the Village of Millbrook Police Department to bring a safe medication deposit box, now conveniently located at the entrance of the Police Department/Village Hall.

Together, the Village of Millbrook Police and the Northern Dutchess Community Coalition are providing residents with a secure and accessible way to dispose of medications while enhancing the community with additional resources. This initiative is a significant step in combating the substance abuse crisis by offering drug take-back and disposal capabilities to benefit the Village of Millbrook, and Dutchess County as a whole.

The availability of this safe medication deposit box is part of an ongoing effort to promote public safety, wellness, and environmental health by removing unused or expired medications from households. Proper disposal prevents medications from contaminating waterways and soil, thereby protecting local ecosystems and reducing environmental harm. Additionally, this project helps minimize the risk of accidental poisoning, misuse, and overdose, contributing to

overall harm reduction within the community.

Safe Medication Disposal Locations

Below is a list of locations where residents can safely dispose of unused or expired medications. These locations provide secure drop boxes for prescription and over-the-counter drugs. Please note that hazardous materials and sharps/needles are not accepted.

- Beacon Police Department, 1 Municipal Plz, Beacon, Availability: 24/7
- East Fishkill Police Department, 2468 Route 52, Hopewell Junction, Availability: 24/7
- Hyde Park Police Department, 3 Cardinal Rd, Hyde Park, Availability: 8 a.m. - 11 p.m. daily
- Millerton Drop Box, Millerton, Availability: Hours vary
- Red Hook Police Department, 7467 S Broadway, Red Hook, Availability: 8 a.m. - Midnight daily

Residents are encouraged to take advantage of these resources to help keep their homes and community safe. Together, we are making a difference in the fight against substance abuse and promoting environmental safety through responsible medication disposal.

PV REC TO HOST TEEN FISHING TRIP JUNE 7

Pleasant Valley Recreation is offering teens a chance to go on a fishing trip aboard the Sound Bound Princess-New Rochelle on Saturday, June 7. The cost is \$100, which includes transportation. Boarding will take place at 6 a.m., with fishing from 8 a.m. to 3:30 p.m. Register at pvmrec.com.

Kindred Creeks Farm in Poughquag moves Spring Kick-Off to April 19

The surprise snow didn't help. Kindred Creeks Farm, located at 8 Pleasant Ridge Road in Poughquag, will now conduct their Spring Kick-off on Saturday, April 19 from noon to 4 p.m. to benefit Happy Life Animal Rescue.

They will be holding pet adoptions that day at the farm. The first 100 people to bring an item to donate will receive a free Kindred Creeks plant. Their wish list can be viewed at happylifeanimalrescue.org/ways-to-help/wishlist/.

There will be lots of fun activities for the kids, photos with Easter Bunny, Bounce House, craft stations and sow your own seeds stations. It will also be the Grand Opening of the Kindred Creeks Farm Store. Happy Life Animal Rescue will have dogs and kittens for adoption at

the event as well, plus food trucks and plenty of vendors.

One of the sponsors is Lobster Hill Farm, which will provide goats at the Spring Kick-Off.

Jessica, Andrew, and their children run a first generation regenerative farm on 75 acres in Brewster. Lobster Hill Farm concentrates mainly on dairy goats, pigs and pastured poultry for meat and eggs with plans to expand that livestock to include meat goats, sheep and a dairy cow. They are committed to bringing you the very best products, straight from their farm to your home. Visit lobsterhillfarm.com for more information.

Tickets for the Spring Kick-Off are on sale now at Kindredcreekskickoff.eventbrite.com

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Youth in agriculture take center stage at Ag Breakfast

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Extension Dutchess County thanked members of the County Legislature, County Executive Sue Serino and her staff and staff of the CCEDC.

Annual Tractor Awards were presented to the following:

- Ken Beneke, Willow Brook Farm, Millerton (Dairy, diversified farm stand with various meats and sweet corn).
- Mark and Jen Soukup, Soukup Farms, Dover (Maple products, beef and hay)
- Art Collings, Dutchess Land Conservancy (Steward, partner, Ag & Farmland Protection Board member for over 25 years).

The breakfast was co-sponsored by the Dutchess County Dairy Committee, Cornell Cooperative Extension Dutchess County, Dutchess County Soil and Water Conservation District, Dutchess County Ag & Farmland Protection Board, Dutchess County Agricultural Society and the Dutchess/Putnam/Westchester Farm Bureau.

GIRL SCOUTS LEARN ABOUT EMS WORK DURING CAREER DAY AT POUGHKEEPSIE MIDDLE SCHOOL

In mid-March, Girl Scouts learned about emergency medical services (EMS) work during Women's Career Day for the Dutchess Tri-Valley Girl Scouts, part of Girl Scouts Heart of the Hudson. The event was held at Poughkeepsie Middle School.

Paramedic Mandy Winslow and EMT Sam Snyder from Empress Emergency Medical Services put on a series of brief presentations for small groups of scouts, explaining their work as EMS professionals.

They gave a demonstration on how stretchers and stair chairs operate and went through the Basic Life Support (BLS) gear and the ambulance as a whole, showing the Girl Scouts many of the tools they use on the job.

"We were thrilled to be there and introduce the Girl Scouts to what we do. Hopefully some of them will be inspired to enter the EMS field as a career," said EMT Sam Snyder.

Empress EMS regularly participates in outreach activities like this to foster a deeper understanding of how they serve the community. If you have a youth organization and would like to have some of our staff present so young people can learn more about EMS careers, first-aid, safety, and more, please reach out via our contact form at empressems.com/contact-us



From top: FFA members from Stissing Mountain High School in Pine Plains, Red Hook High School, Dutchess BOCES and John Jay High School in East Fishkill were the main presenters at the Ag Breakfast. (Courtesy photo) Ken Beneke, Willow Brook Farm in Millerton receives a Tractor Award from Stephen Van Tassell of the Dutchess County Dairy Committee and Brian Scoralick of the Dutchess County Soil and Water Conservation District. Art Collings of the Dutchess Land Conservancy receives his Tractor Award from Brian Scoralick. Photos by Curtis Schmidt

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Renegades go up and down to split series with Brooklyn



New York Yankees #2 prospect and shortstop, George Lombard Jr. prepares to take a swing during the Hudson Valley Renegades opening series. *Photo by Dave Janosz*

By Morgan E. Maier

When the Hudson Valley Renegades went down to Brooklyn for a little High-A Subway Series, the boardwalk gave a cold welcome. A narrowly missed snowstorm and tempers flared for a first-inning ejection. Though baseball weather escapes them for now, the Renegades' bats and bullpen were warm enough to salvage a series split.

The First Farewell

Before Sunday's game, the New York Yankees promoted catcher and part-time power hitter Antonio Gomez to the AA Somerset Patriots. With a .982 OPS in six games, plus 6 RBI and 12 total bases, Gomez is headed up the Yankee ranks after 96 games in the Hudson Valley. His catching debut was a two-way beauty, catching No. 4 prospect Ben Hess's professional debut and mashing a grand slam in Wednesday's 7-2 rout. After missing half of last season due to injury, Gomez finished strong, hitting .299 in the final two months of 2024. Good luck, Antonio!

Bombing in Brooklyn?

Though the Renegades collected 10 hits on Wednesday, they'd combined for just three the night before. Gomez's grand slam was the offensive peak. Brenny Escanio laced a home run to center in the previous inning. On Thursday, the Renegades earned an 8-3 victory behind Jackson Castillo, who went 3-5 with 6 RBI. The rest of the lineup com-

bined for three hits.

The rest of the week's offense followed suit with the outside temperatures, dropping through the weekend. Saturday saw just three Renegades runs in 14 innings, as the teams went Dutch on the doubleheader. Game 1 went to the Renegades, 2-0. Brooklyn snapped the 'Gades three-game winning streak in the nightcap, 2-1. Jose Colmanares broke a seven-inning Sunday shutout with his own solo shot.

Bookend Losses

Carlos Lagrange was scorched for five runs in his debut to start the series. The Renegades just couldn't make up the ground, and Brooklyn went on to win 7-3. On Sunday, five first-inning runs by Brooklyn made the difference, as the Renegades fell once more in the series finale, 8-1.

The Renegades won't meet their in-state rivals again until the first week in July. Returning to the Hudson Valley with a 5-4 record, Hudson Valley looks to snap a two-game skid as they face off against the Wilmington Blue Rocks. It's the team's first six-game home series, and fans can enjoy a full week of fun. Educators can take a spring break trip to Teacher Appreciation Night. Or, celebrate Air Jordans and Dr. Naismith with Hoops and Sneakerheads Night, learn "All About Baseball" with some trivia, and get their own Renegades paddle on Pickleball Night (first 1,000 fans).

Clinton Rec's programs & activities for spring

New offerings this Spring: Chess Club, Movie Nights at Town Hall, Workshop on Keeping our children safe (in conjunction with the Clinton Library)

Ongoing activities;

- 3 X 3 Basketball Tourney at Fran Mark Park
- Pavilion Rentals - see the Rec Calendar for open dates <https://www.townofclinton.com/recreation/recreation-calendar/>
- Memorial Day Community Yard Sale at Fran Mark Park
- Easter Egg Hunt (in conjunction with Clinton Volunteer Fire Dept.)
- Senior Bus trip with Pleasant Valley Recreation
- Summer Camp

CAMP REGISTRATION FORMS: <https://www.townofclinton.com/wp-content/uploads/2025-Summer-Camp-Registration-Form.pdf>

PAVILLION RENTAL FORM: <https://www.townofclinton.com/wp-content/uploads/Pavilion-Use-Application-2025.pdf>

LIFEGUARD APPLICATION <https://www.townofclinton.com/wp-content/uploads/2025-summer-employ-Lifeguards.pdf>

GENERAL SUMMER-EMPLOYEE APPLICATION (NOT LIFEGUARD) <https://www.townofclinton.com/wp-content/uploads/2025-OTHER-Summer-Employment.pdf>

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COMMUNITY CALENDAR

Retired Sing Sing Superintendent to present at Hyde Park Library

Michael Capra, who was the superintendent at Sing Sing Correctional Facility for more than a decade before retiring, will discuss the groundbreaking program he co-produced while at the prison, called Voices from Within. Aimed at reducing recidivism, the program addressed gun violence head on and received nationwide recognition. Capra will also discuss the current challenges faced by correction officers.

This free event will take place at 6 p.m. Wednesday, April 16, in the Hyde Park Library's annex. Registration is required - visit hydeparklibrary.org to sign up. For more information contact director@hydeparklibrary.org.

Fish Fry Fridays with Clinton VFD

Clinton Volunteer Fire Department is holding their annual Fish Fry Fridays during Lent (through April 18) at the East Clinton Fire House. Located at 9 Fire House Lane Clinton Corners, NY Cost of the dinner is \$15 and includes fish, fries, coleslaw and dessert. Macaroni and cheese is also available. Take out only. Call 845-266-5485 for more information.

Walk of the Cross set on Good Friday in Hyde Park

The Hyde Park Clergy Association invites the community to an ecumenical Walk of the Cross on Good Friday, April 18. The group will gather at 10:15 a.m. at Regina Coeli Roman Catholic Church (2 Harvey St., Hyde Park), then will process through the town, taking turns carrying the cross and stopping at various locations along the way to hear portions of the Passion story of Jesus. The walk will conclude at the United Methodist Church of Hyde Park (1 Church St.), with a time of fellowship and refreshments.

This communal act of devotion has been a custom in Hyde Park for many years, and is an age-old tradition around the world on this most solemn day on the Christian calendar. People of all ages are welcome to participate. For more information, please contact Rev. Luanne Panarotti at (845) 889-4019.

Easter Egg Hunt set April 19 in Clinton

Clinton Volunteer Fire Department's Annual Easter Egg Hunt Saturday will take place on Saturday, April 19, at 11 a.m., at Friends Park Salt Point Turnpike Clinton Corners. The Easter Bunny will be there and there will be light refreshments provided. For more information, contact Lynn at (845) 266-5485.

Historic Red Hook announces Community Day, Member Appreciation events

Join 98.1 KZE for Community Day on Saturday, April 19, from 4 to 5:30 p.m. This festive event will be held at the KZE studio at 7564 North Broadway in Red Hook and on the Elmendorph Green (7562 North Broadway, Red Hook); it will feature music, spirit tastings, a kids' Easter egg hunt, and a pet adoption event with the Ulster County SPCA. While you're enjoying the fun, stop in for a tour of the Elmendorph Inn and its Story Studio.

Member Appreciation Night at the Elmendorph Inn will take place on Sunday, April 27, from 4 to 5:30 p.m. Join Historic Red Hook for a celebration of its members, featuring hors d'oeuvres and a presentation on ongoing projects. Learn about how to become a member at www.historicredhook.org.

Arlington rowing club holding clothing drive April 19

Arlington High School's Rowing club will hold a clothing drive on Saturday, April 19, from 10 a.m. to 3 p.m. in the LaGrange Town Center parking lot at 1110 Route 55, Lagrangeville. The club is col-

lecting wearable and usable clothing, shoes, towels, bed sheets and the like. Bring items in tied garbage bags (place shoes in a separate bag from other items). The club will receive a monetary donation based on the weight of the items collected. That monetary donation helps fund the club.

Chili Fest set April 26 at Stanford Rec Pavilion

There will be a free Community Chili Fest on Saturday, April 26, from 1 to 4 p.m., at the Stanfordville Rec Pavilion. Friends, neighbors and organizations are invited to enjoy a variety of chili recipes (made by Stanford's best home chili chefs) with all the fixings, followed by ice cream. The event is sponsored by Stanford: A Caring Community.

Historical market ceremony to honor Revolutionary War soldiers set April 26

On Saturday April 26, at 2 p.m., the America Historical Society and Sons of the American Revolution will conduct a brief ceremony of dedication for the new Patriot Roadside Marker to honor Revolutionary War soldiers buried in the old America Burying Ground on Mygatt Road. The public is invited. Refreshments will be served. Contact Tim Middleton at TMiddleSar@gmail.com for more information.

Community Roadside Cleanup in Clinton April 26

The Town of Clinton Scenic and Historic Roads Advisory Committee will hold its annual Community Roadside Cleanup on Saturday, April 26, from 9 a.m. to 3 p.m. Start at Clinton Town Hall where you will receive road assignments and bags. When you're done, bring the roadside garbage you've collected back to Town Hall. Water and chips will be provided to participants. So will sunflower seeds for planting at home.

Free disposal of roadside garbage available on April 26, 9 a.m.-3 p.m. only.

Register to volunteer and/or nominate a road for cleanup by contacting Rick McGlauffin at (845) 266-3003 or ncouse330@gmail.com.

Program on plastic pollution set April 26 at Copake Grange

"The Plastic Pollution Crisis and What to Do About It" is the title of a free upcoming informational event at Copake Grange #935, 628 Empire Road, Saturday, April 26, 3 to 5 p.m. This event will inform the general public about the many dangers that plastic pollution causes to humans and other animals and plants globally on land, in water and in the air, and about the economic costs to clean up and detoxify. Aspects addressed will range from the global perspective to current efforts in New York State to address plastic waste. reserve:cac@townofcopake.org

Lucky Orphans to host family-friendly 'Help A Horse Day' April 26

Lucky Orphans Horse Rescue, at 2699 Route 22 in Dover Plains, will host a family-friendly event to celebrate Help A Horse Day on Saturday, April 26, from 11 a.m. to 2 p.m. Help a Horse Day is a national awareness event dedicated to equine welfare and advocacy. More than just a rescue, Lucky Orphans is committed to "People Helping Horses Heal People," demonstrating how equine-assisted programs transform lives - both human and equine. This event is open to the public, and attendees of all ages are welcome. Admission is \$5 per person in advance, \$10 per person at the door (Children under 12 are free). For more information and to purchase tickets, visit www.LuckyOrphans.org or call (845) 877-0685.

Ice cream for breakfast

Holy Cow's 15th Annual Fundraiser for St. Jude Children's Research Hospital will be held Saturday April 26, from 9 to 11:30 a.m. Donation

of your choice. Special limited menu includes: Shakes and Sundaes with waffles, cider donuts, blueberry muffins, oatmeal cookies, hot apple topping, blueberry topping, cinnamon sugar topping and cereal! Thanks to YOU, we have raised \$87,000 with the hopes of continuing to raise more one scoop at a time!

Clinton Historical Society sets annual Spring Tag Sale

The Clinton Historical Society will hold its annual Spring Tag Sale on Friday, April 25 and Saturday, April 26, from 9 a.m. to 4 p.m., at the Creek Meeting House, 2433 Salt Point Turnpike, Clinton Corners. The Society will have all kinds of great items, plus their famous homemade baked goods and coffee will be available for purchase.

Proceeds from the sale go to support their mission: to preserve, educate and encourage an appreciation for the history of the Town of Clinton (founded in 1788) and its historic sites and structures with a focus on preserving and restoring the 1777 Creek Meeting House. The purpose of this effort is to benefit town residents, visitors, and all future generations.

Contact Cathy McMahon at (845) 266-0071 or cmcmahon137@optimum.net for more information.

Volunteer Orientation set April 26 at Beatrix Farrand Garden

There will be a Beatrix Farrand Garden Volunteer Orientation on Saturday, April 26, at 10 a.m. Volunteer Coordinator, Sarah Peacock, a member of the Board of Directors, and staff, will welcome individuals considering being a volunteer at the Beatrix Farrand Garden. The Orientation will be held at the Garden, located on the FDR National Historic Site, 4097 Albany Post Rd., in Hyde Park.

Volunteers have been helping to maintain the historic garden designed by the famed Beatrix Farrand in 1912, and restored in 1990s by the first BFG volunteers. For several years, volunteer "Greeters" have welcomed the public on the first and third Sunday afternoons for informal, and informative, visits to the Garden. This year volunteers will also begin assisting with the many concerts, garden education classes, and youth programs. Volunteers might work a few times a season or regularly, whatever fits into their schedules, and will enjoy the friendship of other volunteers and the joy of helping keep this beautiful public garden thriving. More information is available at www.beatrixfarrandgarden.org, or by emailing Volunteers@bfgahydepark.org.

EASTER WEEK SERVICES

Westminster Presbyterian Church, 1872 Salt Point Turnpike, Salt Point, will hold a Palm Sunday service on April 13 at 10:30 a.m. and an Easter Service on April 20 at 10:30 a.m. There will also be an Easter Sunrise Service on April 20 at 7 a.m. at 86 Allen Road, Salt Point (dress warmly). For more information, call Diana at (845) 656-9959.

St. Paul's Episcopal Church in Pleasant Valley will hold the following Easter Week services:

- Maundy Thursday, April 17

7 p.m. Holy Eucharist with foot washing & music

• Good Friday, April 18
6:30 p.m. Ecumenical Service at First Presbyterian

(Procession begins at St. Paul's at 6 p.m.)

• Holy Saturday, April 19

7 p.m. The Great Vigil with fire & music

• Easter Sunday, April 20

6 a.m. Sunrise Ecumenical Service at Mill Site Park

10 a.m. Holy Eucharist, Rite II with music

Call (845) 635-2854 for more information.

Red Hook VFW Post 7765 April Calendar

The Post is at 30 Elizabeth St., Red Hook, NY 12571

Call 845-758-6212 for reservations and more information.

Check in Facebook for details & updates.

APRIL HOMEMADE MONDAYS

In the Canteen (Club Bar)

21st & 28th

Kitchen open from 5-8PM

APRIL TUESDAY WING NIGHTS

In the Canteen (Club Bar)

29th

22nd - Guest Chef Night

Kitchen open from 5-8PM

APRIL THURSDAY TRIVIA NIGHTS

24th 7-9:00pm

in the Canteen (Club Bar)

APRIL Thursday

17th - Monthly Cornhole and cocktails 7:00pm

APRIL - Sunday

20th - Happy Easter - VFW closed

APRIL Wednesday

23rd Karaoke and Happy Hour 7-9:00pm

APRIL Friday

25th - Music BINGO 7:00pm

featuring VanRoy's Caribbean Food Truck

APRIL - Sunday

27th - Live music with Michael Hite 4-7:00pm

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Helping Vets deal with Military Sexual Trauma (MST)



Much attention has been given, with many articles and studies devoted to PTSD, or Post Traumatic Stress Disorder, and its effect on those who have served in the military – especially those who have been in combat. This has raised awareness in the general population and has been a big reason many of our vets now are seeking help to cope with the effects of PTSD.

What has not been given the same amount of exposure under the umbrella of PTSD is what is known as Military Sexual Trauma (MST). MST refers to sexual assault or sexual harassment that has occurred during military service and includes any sexual activity during that service where a veteran was involved against their will. Things like being pressured or forced into sexual activities with threats of negative consequences; inability to consent to sexual activities, for example while intoxicated or asleep; unwanted touching, including during “hazing” episodes; and threatening remarks and behavior about a person’s body; or unwanted sexual advances.

I’ve long been aware of the trauma many of our military veterans have endured dealing with MST. However, it has been working closely with Mental Health America (MHA) and its Program Director, Alyssa Carrion, that I have become significantly more attuned to how vital it is for those dealing with MST to have an avenue to help cope with, and

process, what they have gone through in a safe environment with other veterans who have faced similar crises.

Thanks to a grant from the Redl Foundation, MHADC Veterans Programs has recently begun a Women Veterans MST Support Group. The program is held every other week at our Veterans One Stop campus in Pleasant Valley, and women veterans can participate in-person or online. One week is led by Alison George, a local art therapist, while the alternate week is a support group style atmosphere with reflection from Warrior Renew, an instructional treatment protocol workbook developed by Lori S. Katz, PhD, a clinical psychologist who founded the Women’s Mental Health Center at the VA. Warrior Renew has been effective in helping MST survivors release associated feelings like resentment, injustice, betrayal, self-blame, shame, and grief.

Carrion, who coordinated the new initiative, says the confidential support group is off to a great start creating a safe and supportive space to heal for our women veterans who are survivors of MST. She also says that the issue is much more common than people may realize.

Data from the VA’s national screening program shows nearly 1 in 3 women and 1 in 50 men have responded affirmatively to experiencing MST, with the rates higher among women mainly because there are many more men in the military than

women. These numbers only reflect those who have sought help through the VA and may not be an accurate gauge of the true rates of assault and harassment among those who have served in the military.

Each person is unique, but MST often manifests itself into the day-to-day lives of survivors in various ways. Examples include intense emotional responses such as feeling angry or irritable all the time; being emotionally flat with difficulty experiencing love or affection; trouble sleeping accompanied by disturbing nightmares; finding your mind wandering or having a hard time remembering things; getting “high” to cope with memories or drinking to fall asleep; feeling isolated and void of happiness; difficulty trusting people; struggling with intimacy or sex; trouble with employers and authority figures; and physical health problems like chronic pain, weight gain or eating problems.

Though not a scientific study, many military personnel who have taken part in an ongoing MST support group say they have found healing, peace of mind and a sense of freedom that their lives can move forward. And, for those needing more intensive care, there is help.

The VA offers MST-related mental

health treatment in both residential and outpatient settings with many programs offering separate sleeping areas for men and women who don’t feel comfortable in mixed quarters. In most cases, patients can ask to work with a medical professional of their own gender.

The good news is more attention and a deeper understanding of the physical and mental consequences of MST has come about in recent years, which has broken down some of the barriers and stigma that in the past have prevented many survivors from seeking help.

If interested in learning more about the MHADC MST support group, contact us at the Office of Veterans Affairs at (845) 486-2060, and we can introduce you to the staff at MHA, or you can call them directly at Mental Health America of Dutchess’ main line at 845-473-2500 ext. 1367.

One last important point: if you have suffered from the trauma of MST, our Veterans Affairs office can submit a claim to the Veteran’s Benefit Administration (VBA) on your behalf. Call us at the number listed above. We have female counselors available, and all conversations and interactions will remain confidential.

BURN BAN ONGOING THROUGH MAY 15

The annual statewide burn ban is in effect through May 15. For information on open burning, see the NYS Department of Environmental Conservation website: <https://dec.ny.gov/environmental-protection/air-quality/open-burning>

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Hettinger named president of Kirchhoff; Joseph Kirchhoff to remain chairman



John Hettinger



Joseph Kirchhoff

Aligning with the firm's growth plans, Joseph Kirchhoff, founder of Kirchhoff, the Hudson Valley-based real estate principal investment firm and the operating company behind Eastdale Village in Poughkeepsie and other successful ventures around the country, announced that John Hettinger has assumed the role of President. With this change in leadership, Joseph Kirchhoff will retain his role as Chairman.

Commenting on Hettinger's new role, Kirchhoff said: "Over the past 12 years, John Hettinger and I have had the privilege of partnering together to transform our business. We have been co-managing our platform for many years, and John has been instrumental in virtually every aspect of growing, organizing and institutionalizing our firm. Though I am excited to remain highly active in our organization as Chairman and will continue to be a strong source of support for John and our team, John's tremendous integrity, intelligence, judgment and work ethic make him an ideal fit to lead the firm."

Kirchhoff, a highly-respected businessman and community member, began developing the basis for Kirchhoff's platform decades ago as an outgrowth of his market-leading construction company, Kirchhoff Construction Management,

Inc. Hettinger joined the firm in 2013 directly out of graduate school and together with Kirchhoff, has overseen the growth and evolution of Kirchhoff from a local operator to a sophisticated investment firm operating on a national basis.

Hettinger began his career in the Corporate Advisory Group of Perella Weinberg Partners, focusing on the firm's Mergers & Acquisitions and Financial Restructuring activities. Hettinger currently sits on the Harvard Alumni Real Estate Board, the Policy Advisory Board of the Fisher Center for Real Estate and Urban Economics at the University of California, Berkeley, the Board of Directors of the Atlantic Salmon Federation (US), and the Board of Trustees of Dutchess Day School. Mr. Hettinger graduated from the University of Florida and earned his MBA from Harvard Business School.

"I'm extremely proud to be part of our organization, which comprises incredibly talented individuals," said Hettinger. "It's an honor to work alongside Joe and our team to deliver excellent results for our partners and clients. Notwithstanding what we've collectively been able to accomplish to this point, we have tremendous opportunities ahead as we continue to evolve as a firm."

Smythe appoints trustee to replace Appenzeller in Red Hook

By Kate Goldsmith

Village of Red Hook Mayor Karen Smythe recently announced the appointment of Amy Smith to serve as trustee for the coming year, replacing Steven Appenzeller, who resigned last month.

In her April newsletter to residents, Smythe explained: "By law, this appointment is made by the Mayor to fill the vacancy until the next opportunity for an election. Steve did leave before the recent election; however, law states that the vacancy has to be announced 75 days or more prior to an election, and that date was missed."

Smythe said a special election will be held on March 18, 2026 for the final year of Appenzeller's unexpired term. A regular election for a full four-year term will take place in March 2027.

The mayor said she chose Smith "after careful consideration of who I thought would be the best person to help the Village move forward on many of our upcoming priorities ... Amy has worked with the Village in several capacities over many years."

Smith is the Events Committee Chair for the Village, and Smythe credits her with being "an integral part in revitalizing

Hardscrabble Day after the pandemic and turning its focus to be a celebration of our local community and regional talents." Smythe added, "[Smith] has assisted the Village in applying for several grants, securing \$40,000 from the County to create and implement a language access plan."

The mayor noted a number of Smith's credentials, which include an undergraduate degree in History and Art History and a graduate degree in History and Library & Information Science. Smith is the Library Director of Dover Plains Library and formerly the Head of Programs & Youth Services at the Red Hook Public Library. She is a grant writer for the Red Hook Central School District. Among others, she wrote the grant that secured \$786,400 to enhance mental health services at the Red Hook Central School District. Smith is the Chair of the Dutchess County Youth Board and Coordinating Council. And in 2022, Amy was named the Red Hook Rotary's Citizen of the Year.

"Amy has demonstrated her commitment to the Village in many ways over many years," Smythe said. "I look forward to working with Amy over the coming year."

Heart Walk set April 26

By Kristine Coulter

The 2025 Dutchess-Ulster Hudson Valley Heart Walk is set for Saturday, April 26. The annual event will take place at the Walkway Over the Hudson, 61 Parker Ave., in Poughkeepsie. Check-in begins at 8:30 a.m. The Walk starts at 9:30 a.m.

Stated on the American Heart Association website, <https://www2.heart.org>, "Did you know that cardiovascular disease occurs every 39 seconds and is the No. 1 killer of all Americans? Heart disease also kills more women than all forms of cancer combined. And congenital cardiovascular defects are the most common cause of infant death from birth defects."

"Heart disease is the No. 1 killer of all Americans and stroke is No. 5. The American Heart Association, which is also the American Stroke Association, encourage people to be part of the Heart Walk and to fundraise, to help the American Heart Association fund research and programs to change that statistic. Being part of the Heart Walk is also a great way to improve your own health, by taking a walk in a beautiful, iconic place," said Katherine McCarthy,

Senior Marketing Communications Director, New York State for the American Heart Association.

The goal is to raise \$350,000 for the American Heart Association this year.

The funds, as stated on the American Heart Association website, go towards lifesaving science, such as:

- Science that can create an artificial heart valve

- Prevent a stroke
- Put scientific advances into doctors' hands
- Correct heart defects in newborn babies
- Someday, find a cure for high blood pressure

"We're grateful to Dr. Ali Hammoud of Nuance Health for chairing, and to all of our sponsors, especially Ramsey Mazda, Nuance Health and Laerdal, for being major supporters. And we are grateful to every single walker who raises money so we can continue to save lives. We will invest the money in research and programs to continue fighting heart disease and stroke," remarked McCarthy.

Organizers hope that people take away a sense of hope from taking part in the Walk.

"We hope they are inspired by seeing the people who walk in honor of loved ones they've lost to heart disease and stroke, and how they support the American Heart Association so that others don't suffer similar loss. We hope that seeing all the survivors who have benefited from the science, research, and programs of the American Heart Association motivates them to make a daily walk a regular part of their lives. April is Stress Awareness Month and walking is a great way to fight stress. We also hope they take away a sense of community. For all of us who work at the Heart Association, it's amazing to see people come together united for a single cause," McCarthy said.

For more information, call 845-764-1156.

BOARD OF HEALTH MEETING SET FOR APRIL 17

The Dutchess County Board of Health will be holding a regularly scheduled meeting on Thursday, April 17, at 4 p.m. at the Dutchess County Department of Health, at 85 Civic Center Plaza, Suite 106, in the City of Poughkeepsie. One may participate via Microsoft Teams by calling 1-516-268-4602 and enter the Conference ID number: 263 004 685#.

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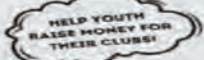


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DCC honorees recognized at Bridge to the Future Gala

Honorees at the Dutchess Community College Foundation's Bridge to the Future Gala on March 29 were recognized for their lasting impact on the Dutchess County community.

Honorees Yvonne Flowers 1990 and Kirk Imperati 1989 were inducted into the Alumni Hall of Fame for their outstanding professional contributions and commitment to our community.

The "Bridge to the Future Award" recognized Dutchess BOCES, Poughkeepsie City School District and the Wappingers Central School District for enhancing the

quality of life for DCC students and so many others in the Mid-Hudson Valley.

Eleanor Charwat received the Bernard Handel Community Leadership Award for her outstanding service, volunteer work and executive leadership for nonprofit organizations throughout Dutchess County.

The Gala raised more than \$172,000 through sponsorships and donations which are critical funds to advance the Foundation's mission, providing scholarships and resources to empower the next generation of DCC students.

Honorees at the DCC Bridge to the Future Gala included, back row, from left, City of Poughkeepsie Mayor Yvonne Flowers, Poughkeepsie City School District superintendent Dr. Eric Jay Rosser, Wappingers Central School District superintendent Dr. Dwight Bonk and Gala co-chair Michelle Barone-Lepore. In front are, from left, Eleanor Charwat, Dutchess County Sheriff Kirk Imperati, Gala co-chair Susan Scivolette-McCormack, Dutchess BOCES superintendent Dr. Jodi DeLucia and Dr. Peter Grant Jordan, president of Dutchess Community College. *Courtesy photo*



Astor Services announces promotion of Dr. Millan-Colon as Chief Medical Officer

Astor Services, a leading provider of quality mental and behavioral health and education services for children, young adults and their families, today announced the promotion of Dr. Adalis Millan-Colon to chief medical officer. In this role, Dr. Millan-Colon is responsible for overseeing the medical and clinical aspects of all of Astor's programs.

Dr. Millan-Colon joined Astor

Services in 2009 in the role of psychiatrist. She has demonstrated outstanding clinical skill and an enduring passion for the well-being of patients in her 15-year tenure at Astor.

"Dr. Millan-Colon is dedicated to providing compassionate and effective care, utilizing evidence-based practices and a patient-centered approach," said Astor CEO Yvette Bairan. "Her background

and training have equipped her with the expertise necessary to address the complex needs of our patients and to offer guidance and support to our clinicians. There was no doubt she was the right choice for this elevated position within Astor."

Dr. Millan-Colon is board certified in General Psychiatry and Child and

Adolescent Psychiatry. She received her medical degree at the University of Puerto Rico School of Medicine and completed her Psychiatry Residency at the same institution. Dr. Millan-Colon completed a fellowship in Child and Adolescent Psychiatry at St. Vincent's Catholic Medical Center/NY Medical College. She is fluent in English and Spanish.

Easter Services

Holy Week & Easter

at Pleasant Plains Presbyterian Church

4/17 Maundy Thursday @ 6 pm
Gather for a light meal and a service with (optional) foot washing & the Lord's Supper

4/18 Good Friday @ 10:15 am
Meet at Regina Coeli Roman Catholic Church in Hyde Park for the Community Walk of the Cross

4/20 Easter Sunday

- 7:30 am Greet-the-Morning Service in Pleasant Plains Cemetery
- 8:15 am Pancake breakfast in Fellowship Hall
- 9:30 am Joyful Celebration of the Resurrection

All are welcome!

PLEASANT PLAINS PRESBYTERIAN CHURCH
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Grace Episcopal Church

Easter Services

Maundy Thursday Liturgy
April 17 at 7pm

Good Friday
April 18 at 7pm

The Great Vigil of Easter
Saturday, April 19 at 7pm

Easter Services & Easter Egg Hunt
Sunday, April 20
8am with music and sermon,
10am family service with choir and sermon,
followed by the traditional Easter Egg Hunt.
Bags will be provided for the egg hunt.
All are welcome!!

Grace Church, 3328 Franklin Avenue, Millbrook, NY
(845) 677-3064 www.gracemillbrook.org



Easter Services



ST. STANISLAUS KOSTKA Roman Catholic Church Pleasant Valley



All are invited to join us as we commemorate the events of **Holy Week** and rejoice in the **Resurrection of the Lord.**



APRIL 12TH/13TH PALM SUNDAY

Sunday Mass Saturday evening: **5:30 PM**
Sunday: **8:15 AM • 11:00 AM**

APRIL 14TH RECONCILIATION MONDAY

Confessions 2 PM – 4 PM • 7 PM – 9 PM

APRIL 17TH HOLY THURSDAY

Mass of the Lord's Supper 7:30 PM

APRIL 18TH GOOD FRIDAY

Passion of the Lord 3:00 PM
Stations of the Cross 7:30 PM

APRIL 19TH HOLY SATURDAY

Easter Vigil 7:30 PM

APRIL 20TH EASTER SUNDAY

Resurrection of the Lord 8:15 AM • 11:00 AM

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**First Presbyterian Church of
Pleasant Valley
1576 Main Street, Pleasant Valley**

JOIN US

Maundy Thursday

April 17, 6:30 p.m. in the sanctuary and on Zoom 380 532 465

Ecumenical Good Friday Service

April 18, 6:30 p.m. in the sanctuary and on Zoom 380 532 465

Easter Sunday

March 20, Ecumenical sunrise service, 6:00 a.m. at Mill Park, Route 44

Easter Sunday Service

9:30 a.m. in the sanctuary and on Zoom 380 532 465, password 6353289



EASTER

St. Paul's Episcopal Church,
Pleasant Valley
on the corner of Traver Road and
Main Street (Rt 44)
The Rev. Heather K. Sisk



Holy Week

Maundy Thursday, April 17

7:00 pm Holy Eucharist with foot washing & music

Good Friday, April 18th

6:30 pm Ecumenical Service at First Presbyterian
(Procession begins at St. Paul's at 6:00 pm)

Holy Saturday, April 19th

7:00 pm The Great Vigil with fire & music

Easter Sunday, April 20th

6:00 am Sunrise Ecumenical Service at Mill Site Park
10:00 am Holy Eucharist, Rite II with music

Creative Living

celebrating all good things

Bard Baroque Ensemble to present memorial concert on April 19

The Bard Baroque Ensemble, under the direction of Renée Anne Louprette, will present a concert on Saturday, April 19, dedicated to the memory of Frederick Fisher Hammond (1937-2023), Professor Emeritus, Irma Brandeis Chair of Romance Cultures and Music History at Bard College. Presented with the Bard Chamber Singers, Bard Preparatory Division Chorus, and the Graduate Vocal Arts Program, the program includes works by Bach, Handel, and Mozart and features the re-dedication of Frederick Hammond's two restored William Dowd harpsichords.

The performance will be held at 7 p.m. on April 19 in the Fisher Center's Sosnoff Theater. This is the Bard Baroque Ensemble's debut concert in the Sosnoff Theater.

The concert is free and open to the public. For tickets and information visit fishercenter.bard.edu/events/bard-baroque-ensemble/ or call (845) 758-7900.

The evening's program celebrates the

restoration of Professor Hammond's French double-manual and Italian single-manual harpsichords—now a part of Bard College's collection of early keyboard instruments—featuring them in the Concerto for Two Harpsichords, Strings, and Continuo in C Minor, BWV 1060 by Johann Sebastian Bach, with Sophia Cornicello and Raymond Erickson as harpsichord soloists. One of Wolfgang Amadeus Mozart's most popular and enduring works, Symphony No. 40 in G Minor, K. 550, opens the program, interpreted by the Ensemble with a Baroque sensibility.

Bard faculty member and distinguished tenor Rufus Müller presents the ravishing opening aria from Handel's *Serse*: *Ombra mai fu* (Never was a shade). The program concludes with Bach's Cantata No. 1: *Wie schön leuchtet Der Morgenstern* (How brightly shines the Morningstar), featuring the Bard Chamber Singers, Preparatory Division Children's Chorus, and soloists from the Graduate Vocal Arts Program. This



Bard Baroque Ensemble. Photo by Christopher Kayden

luminous chorale-cantata—originally conceived for the Feast of the Annunciation—is presented here in the context of transition from darkness to light, on the date of Holy Saturday within the Christian Church. Valentina Grasso, assistant professor of history at Bard, will present a reading from Dante's *Divine Comedy*—in lieu of the traditional Lutheran sermon—at the center of Bach's 1724 masterpiece.

Frederick Fisher Hammond was a distinguished scholar of Medieval, Renaissance and Baroque music and a renowned authority on the music of Girolamo Frescobaldi, an Italian compos-

er of the late Renaissance and early Baroque periods. Hammond was an expert and connoisseur of Italian history, literature and language, and an esteemed harpsichordist, organist and continuo player. He served as continuo player of the Los Angeles Philharmonic and directed the E. Nakamichi Festival of Baroque Music in Los Angeles and the Clarion Music Society in New York. His range of expertise as a keyboard player and historian was vast, spanning music from the 16th through the 20th centuries, and he was an influential mentor to many students at UCLA, Bard College, and within the Bard Prison Initiative.

Creative Living

is the arts and entertainment section of
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DOT-TO-DOT PUZZLE

See page 19 for finished puzzle (no peeking!)



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April is a time to celebrate nature & wildlife

A lot of things happen in April. Maybe someone played a joke on you on the 1st because of April Fool's Day. National Deep Dish Pizza Day was April 5, and the 9th was National Unicorn Day! Sadly, April 15 is Tax Day, but did you know that the 28th is Blueberry Pie Day?

Perhaps because its springtime, April is also a month to commemorate nature and wildlife. April 14 was National Gardening Day, and April 23 is National Picnic Day! The 22nd is Earth Day, the 26th is Audubon Day, and the 25th is National Arbor Day. All in all, it's a great month to appreciate and enjoy the outdoors.

The Earth

Americans were becoming aware of the effects of pollution on the environment in the early 1960s. Rachel Carson's bestseller "Silent Spring" pointed out the dangerous effects of pesticides on the American countryside. Later, a 1969 fire on Cleveland's Cuyahoga River shed light on the problem of chemical waste disposal.

Until then, protecting the planet's natural resources was not part of the national political agenda. Factories pumped pollutants into the air, lakes and rivers with few legal consequences.

Gas-guzzling cars were considered a sign of prosperity, and few Americans recycled.

The first Earth Day was held April 22, 1970. It was effective at raising awareness about environmental issues and transforming public attitudes. During the 1970s, several important pieces of environmental legislation were passed. Among them were the Clean Air Act, the Water Quality Improvement Act, the Endangered Species Act, the Toxic Substances Control Act and the Surface Mining Control and Reclamation Act. Another key development was the establishment of the Environmental Protection Agency, which was tasked with safeguarding the natural environment – air, water, and land.

Birds

John James Audubon was an ornithologist, naturalist and painter who was well-known for his extensive studies on American birds and their habitats. Audubon's greatest work, "The Birds of America," is now widely considered as one of the most noteworthy examples of wildlife illustration. After his death, the

continued on page 15



Making birdseed feeders is a great way to help birds locally. Photo by Francine Wizner

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A Rev250 Update from the Dutchess History Community

By Will Tatum

After years of discussion, planning, and a fair amount of wondering about funding, Dutchess County and the nation are finally, decisively entering the 250th Anniversary Cycle of the American Revolution. On Saturday, April 19, tens of thousands of Americans will gather in Lexington and Concord, Massachusetts, to witness the commemoration of the “Shot Heard ‘Round The World” and the first bloodshed of what would become America’s struggle to create a new nation. The municipal historians, historical societies, preservation groups, and other members of the Dutchess County History Community stand ready to begin delivering innovative programming this year. Here’s a brief look at what’s ahead.

As part of the 2025 Dutchess County Budget, your county legislators authorized a pool of \$75,000 for a grant program supporting special public programming designed to educate Dutchess County residents about our role in the American Revolution. During January and February, the Dutchess County Department of History received 27 applications for funding, totaling a request of

\$129,000, from 19 out of our 20 historical societies. Projects ranged from special speaker series and exhibits to three theatrical productions, and a multi-town Quaker tour. This return on investment far exceeded the county’s expectations and was so impressive that your elected leadership is now working to expand the funding line in order to ensure your access to Rev250 programming this year. We have high hopes for an expanded grant pool for 2026. In the meantime, here are a few of our headliner projects.

The Little Nine Partners Historical Society, which serves the Town of Pine Plains, submitted a proposal to perform a new theatrical production based on the pension application of a Revolutionary War soldier’s widow. In 1842, Mary Ingalls applied for financial relief from the federal government based on an 1836 Act of Congress. Her late husband, Lieutenant Elihu Ingalls, had served under Colonel Morris Graham of Pine Plains during the Revolution and never received support from the preceding Revolutionary War pension programs. Worse yet, all of the documentation for Ingalls’ service was lost in a fire. Mary’s

application, which survives today in the National Archives, contains affidavits from eight witnesses who served with her husband, along with her own narrative of her husband’s service and testimony to the difficulties of life for a single woman in 1840s Pine Plains. Drawing on the theatrical talents that we have seen displayed in their annual cemetery tours, the Little Nine Partners Historical Society will make this pension application come to life. A special thanks to Dyan Wapnick of the Little Nine Partners Historical Society, for her work in researching and drafting the script.

The Pawling Historical Society has long preserved the John Kane House on the outskirts of the Village of Pawling. The aforementioned John Kane was one of Dutchess County’s preeminent Loyalists and quickly found himself persona non grata. None other than General George Washington replaced Kane as the head of household in 1778, when the Continental Army made its winter encampment in the Fredericksburg district, spread across the modern towns of Pawling and Patterson. The Pawling Historical Society proposed both an engaging new physical exhibit on Washington’s winter-long stay, as well as an innovative virtual reality experience, through which visitors can explore a digital reconstruction of the Kane House as it might have appeared in 1778 and investigate topics including the formation of the Culper Spy ring. A special thanks is due to Trench Brady, whose graphic design talents ensure that this project will rank among the finest new local history exhibits in the nation.

A coalition of six local historical societies has assembled to explore the legacy of Quakers in Dutchess County. Led by the Clinton and Millbrook Historical Societies, the Quaker Meeting House Group submitted a proposal for a multi-town tour, linking together the county’s four oldest standing Quaker meeting houses. In addition to a driving tour guide and online material, this project will equip each site with a set of exhibit



The Dutchess County Rev250 logo. *Courtesy image*

banners that will explore the unique history of each Quaker congregation and the role their members played in the American Revolution. Special thanks are due to Cynthia Koch, Craig Marshall, Trench Brady, Denise Byrnes, and Alison Meyer for shepherding this project from the drawing board to the application review committee.

From March 24 to 26, I represented Dutchess County and New York at the final national summit for America 250/Rev250 hosted by the Colonial Williamsburg Foundation in Williamsburg, Virginia. Forty states sent representation to this event, which was the last opportunity to share ideas, plans, and challenges ahead of April 19. With assistance from Trench Brady, I assembled a trade show display to show off a sampling of the excellent projects that the Dutchess County Rev250 Grant Program generated. Ours was the only such display on hand during the event, which attracted more than 500 attendees. The Dutchess History Community has always distinguished itself as an especially gifted pool of talent within the state of New York; now we are primed and ready to demonstrate our achievements on the national level. Stay tuned for more updates as the year rolls ahead.

Will Tatum has served as the Dutchess County Historian since October 2012. He holds a PhD in Early American History from Brown University and is a peer-reviewed published author. His annual Tavern Trail program series engages new history audiences across the county, while his archival access initiatives, including the Dutchess County Ancient Documents Project, continue to make additional resources available to historians. Tatum is the chair of the Dutchess County Rev250 Committee.



The Dutchess Rev250 Trade Show Display at “A Common Cause to All,” the national America250 Summit in Williamsburg, Virginia, in March 2025. *Courtesy photo*

what’s happening? creativeliving@sutchessnews.com

‘Salute to Broadway’ set April 23 at LaGrange Library

Alex Prizgintas brings his singular cello sound to the LaGrange Association Library on Wednesday, April 23, at 6 p.m. in a program titled “Salute to Broadway.” Experience the Great White Way as Prizgintas performs Broadway favorites like “My Favorite Things,” “The Music of the Night,” “Ol’ Man River” and selections from the Who’s “Tommy.”

With Prizgintas’ cello amplified, his sounds altered through guitar pedals, and choruses multiplied through a looping station, you’ll be treated to a chorus of sounds unique by any standard by a solo performer.

Classically trained, Prizgintas employs

non-classical tools like distortion, delay, and the iconic “wah-wah” guitar pedals symbolic of 1960s rock ‘n’ roll bands, all in conjunction with a looping station. Accompanied with a narration that reveals some of the back stories of baroque, jazz, folk, and rock classics, he immerses his audience in a journey through musical history.

The library is at 1110 State Route 55 in Lagrangeville. Go to <https://laglib.org/events-calendar/> to register for this free event.

To learn more and see other video samples of his music and lectures, visit alexprizgintas.com.

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Nonna's purse

Luigi's grandmother packed a punch with her handbag.

The other day while working at the restaurant, I saw an elderly woman who reminded me of my Nonna. She was a taller woman, with gray hair probably set with Aquanet. She had that warm aura about her that made you feel safe. Oh, and she carried a purse about the size of a small suitcase.

That purse is what flooded my mind with memories of Nonna. She had everything you can imagine in that arm strapped suitcase: tissues, aspirin, first aid kit, sewing kit, safety pins, gum, crackers, small bottle of olive oil, cough drops, rosary beads, toys, comb, brush, mini-bible, nail file, old wallet, sweater, hard candies, cookies, Brioschi, head of garlic and, of course, the ever-present rain bonnet.

I'll never forget how heavy that arm strapped suitcase was. It must have been twenty pounds or so. She always held it in the crook of her arm with a coat of some sort on one side of it. I can picture that smile of hers when she looked at you. Almost a half laugh. She would come close to you and lightly smack you on the cheek, then kiss you on the other cheek and squeeze your face.

I remember once when I was little, someone tried to rob it from her. He ran up and tried to grab it from her. Nonna looked at him with fire in her eyes. That poor slob got hit so hard with that arm strapped suitcase he was almost knocked out cold. Once he realized he picked the wrong person, he started to run. But not

quite fast enough for my Nonna, who was surprisingly quick. As he was running away, my Nonna hit him again and again. I can vividly picture him trying to get away as he was getting socked and remember laughing so hard it hurt. My Nonna wanted to make sure he remembered her, so she kept hitting him. After he finally got away, Nonna turned around, straightened herself out and acted as if nothing had happened. She saw me laughing came over and smacked on the cheek as she was laughing herself.

Nonna was tough. Enjoy the recipe of my favorite dessert she would make: Struffoli.

NONNA'S STRUFFOLI

Ingredients

- 2 cups of all-purpose flour
- 1 packet vanilla powder
- pinch of salt
- 1 teaspoon sugar
- 1 tablespoon brandy
- 3 large eggs + 1 egg yolk (slightly beaten)
- 1 tablespoon grated orange zest
- 2 tablespoons corn oil
- Corn oil for deep frying (about 2 cups)
- Honey (about 1 cup)
- Strips of orange zest
- Sprinkles

Method

In a large bowl whisk together the flour, vanilla powder, salt and sugar. In the middle of your dried mixture,

make a well and add the eggs, brandy, grated orange zest and 2 tablespoons of oil. Blend the wet ingredients well with fingers.

Begin working the dry ingredients with your hands, into the wet and continue until a dough forms.

Lightly knead the dough (about 5 minutes) until it is uniform.

Let the dough rest covered in plastic wrap for about an hour.

Working with a small piece of dough at a time (golf ball size), roll it out into 1/2-inch diameter logs and cut into 1/2-inch pieces.

Heat the 2 cups of oil in a deep non-stick pan until it reaches 350 degrees F.

Gently lower the cut pieces of dough into the oil. Keep moving them around in the oil so they cook on all sides. Note the dough will almost double in size as it fries.

Allow them to turn golden brown all over, then remove them from the oil with a slotted spatula and let them drain on a paper-towel lined pan.

Continue rolling, cutting, and frying the remainder of the dough (keep the unrolled dough covered in plastic wrap).

When all the dough has been fried, empty the remaining oil from the pot, gently wipe out with a paper towel and add the honey. Let the honey get heated until it is of a thinner consistency. Place all the struffoli and orange zest into the honey and stir until they are completely coated. Remove with a slotted spoon.

Place the struffoli on a serving dish and decorate with sprinkles.

Buon appetito!

Luigi Coppola is one of five brothers born to Francesca and Antonio Coppola. The Coppola family came to America from Naples, Italy in 1954. Antonio and his brothers opened their first restaurant in Poughkeepsie in 1961. Luigi and his brothers Nick, John, Antonio and Vincent have carried on the family tradition in the way their parents taught them, using classic recipes taught to them at their apron strings. Visit their website at www.coppolas.net.

Hudson Valley Naturalist

continued from page 13

National Audubon Society was created in John Audubon's memory. The society promotes and protects habitats that support the world's birds and sponsors National Audubon Day.

Trees

Pioneers moving into the Nebraska Territory in the 1800s noted that it was largely a treeless prairie region. The new residents needed trees as windbreaks to keep soil in place, for fuel and building materials, and for shade from the hot sun.

J. Sterling Morton, the secretary of the Nebraska Territory, proposed a tree planting holiday called "Arbor Day." More than 1 million trees were planted in Nebraska on the first Arbor Day in 1872. Today, Arbor Day is celebrated in all 50 states. The Arbor Day Foundation was created in 1972. Its mission is to inspire people to plant, nurture, and celebrate trees.

A fun way to contribute

Making birdseed feeders is a great way to help birds locally. They add natural ornamentation and are practical in that they contribute to the food web. Plus, they're fun to make!

To make 6-7 cookie-cutter feeders, you will need a bowl, 3/4 cup flour, 3 tablespoons corn syrup, a nonstick saucepan, an unflavored gelatin packet, a chopstick, large needle, 4 cups birdseed, nonstick cooking spray, spoon, 1/2 cup water, string and cookie cutters!

First, spray a plate and the cookie cutters with non-stick spray. Next, bring water and corn syrup to a boil. Reduce

the heat and add the gelatin, continuously whisking to dissolve the powder.

Transfer this mixture to the mixing bowl and add flour, stirring the mixture until well blended. Add additional hot water or flour, as needed, to achieve a good consistency. Once the mixture is the thickness of cake batter, add the birdseed and mix it so that the seeds are thoroughly coated. Fill each cookie cutter to the brim with the birdseed mix. Use a chopstick to create holes approximately 1 inch away from the ornament's edge.

Allow the bird feeders to dry for 24 hours. Once dry, remove each from the cookie cutters, thread a string through the hole and tie a knot, leaving a loop for hanging. An organized write-up for the feeders is available here: <https://www.teacherspayteachers.com/Product/APRIL-COMMEMORATE-NATURE-WILDLIFE-EARTH-ARBOR-AUDUBON-DAYS-ENRICHMENT-7606441>

Francine Wizner is a native of the Hudson Valley. She grew up in the Catskills of Greene County and spent over 3 decades teaching in Ulster County. She creates science-themed instructional materials and books, as well as being a Citizen Scientist in the management of her current home in an enchanted woodland of Dutchess County. Find her at <https://medium.com/@wiznerf>, <https://substack.com/@gkatzchronicle>, and <https://www.pleasantvalleymaplelodging.com/>

DC HISTORICAL SOCIETY TO HOST OPEN HOUSE, AWARDS CELEBRATION

The Dutchess County Historical Society (DCHS) will hold the following events: Annual Member Meeting & Open House, Sunday, April 27, 6282 Route 9, Rhinebeck 2-2:15 p.m. meeting in person & Zoom; 2:15-4 p.m. open house

DCHS bylaws call for an annual meeting that anyone can attend, but where only DCHS members can vote on the appointment of new board members, and renewing board member terms. There will be a brief financial update and overview of where DCHS is as it moves into 2025. On display in Rhinebeck will be a number of interesting new collections acquisitions and research findings, and an update on the DCHS 2024 Yearbook. More information at <https://dchsny.org/>

Historic Preservation and Awards Celebration, Sunday, June 1, 4-6 p.m.

At Dick Lahey's carriage collection, Wappinger. Exact address provided upon RSVP confirmation. The traditional DCHS Annual Awards will take place at the same time. More information at <https://dchsny.org/>

To join the committee, which is in formation, email Bill Jeffway at bill.jeffway@dchsny.org.

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Suguru

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The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

THEME: DESSERTS

ACROSS

- Like some champagnes
- Undergarment
- Dashboard acronym
- Poison ivy woe
- Took to court
- Milan's La ____
- Afresh
- Globes and such
- SNL's forté
- *Ladyfingers+coffee liqueur
- Grammy of sports
- Jeweler's unit
- *Like walnuts on ice cream
- *Thin Mint or Carmel deLite
- *Apple dip
- Nelson Mandela's org.
- Profoundness, pl.
- Frost-covered
- Ticket leftovers
- Pathet ____
- Lazybones
- Samoan money
- A in AU, Alabama
- Heidi Samuel ____ Klum
- Contaminating punch
- Flammable anesthetics
- a.k.a. acid
- Military group
- Jezebel's deity
- *Espresso+gelato
- Forgo
- Palo ____, CA
- Sacred image
- Southern cuisine pods
- Show the guns
- Small stream
- "The Star-Spangled Banner" author
- Toni Morrison's "____ Baby"
- Adeline or Addison, for short

DOWN

- Troublesome child
- Jasmine of "Aladdin," e.g.
- Olympic cast-out
- Smack
- Anatomical sac
- Overthrow by argument
- Marketing creations
- Wild onion
- Clever tactic
- Spanish sea
- Evening party
- See-through
- *Eggs+milk+sugar
- Old ____, or unpopped popcorn kernels
- Be, singular past tense
- Uses a fishing reel
- Like beer at a kegger (2 words)
- Round openings
- Cabbage, in France
- "The House at Pooh Corner" author
- African chieftain
- Ancient Greeks' harps
- Socket counterpart
- Bar bill
- *Filo dough+nuts+honey
- Book opener
- Uniting conjunction
- Robin Hood in Disney's "Robin Hood" (2 words)
- Keys
- Mecca to Medina exodus
- Type of lily
- Happily ever when?
- *Make Alaska
- Gossamer
- Vinegar or lemon juice, to a chef
- Communicated
- James Bond's "For Your Eyes ____"
- Asian cuisine pan
- Astern

CROSSWORD

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The solutions to both the Sudoku & Crossword puzzles can be found on page 23

Putnam Choral sets concerts April 25-26

The Putnam Chorale will perform Antonin Dvorak's Stabat Mater oratorio at two concerts in late April, at the St. Kateri Tekakwitha Church in Lagrangeville and at the St. James the Apostle Church in Carmel on April 25 and April 26, respectively, at 7:30 p.m.

The Putnam Chorale, conducted by Maestro Jason C. Tramm, will perform this epic masterwork with its 70-member choir, four renowned vocal soloists, and a professional orchestra. Premiered in Prague in 1880, the Stabat Mater work played a crucial role in Dvorak's international breakthrough as a composer.

The Stabat Mater is a choral composition that depicts the Virgin Mary's grief over the death of her son, Jesus. The piece is based on a 13th century Latin poem by Franciscan friars and is known for its emotional depth and symphonic structure. The music is sorrowful and moving while also offering a vision of heavenly paradise. Dvorak was a man of great faith and found inspiration and consolation in this text after the deaths of his two young children.

According to Maestro Tramm, "Dvorak's Stabat Mater is one of the towering monuments of choral masterworks. The composer focuses on two personal aspects of the poem's emotional world: grief and solace. Dvorak's profoundly moving setting of this ancient text channels the depths of human sorrow and reminds us of music's ability to transform suffering and offer comfort to the soul."

Dr. Tramm is an acclaimed conductor, professor, podcast host, and recognized leader in the artistic community. Tramm's work in the choral, symphonic, and operatic realms have received critical acclaim throughout the United States and abroad. Maestro Tramm currently holds the following musical positions: Artistic Director/Principal Conductor, MidAtlantic Artistic Productions (with whom he made his Carnegie Hall (Stern Auditorium) debut in 2015). Executive Director, Light Opera of New Jersey, and Director of Music Ministries for the Ocean Grove Camp Meeting Association. An accomplished educator, he serves as an Associate Professor and Director of Choral Activities at Seton Hall University, where he leads and conducts the University Chorus, Chamber Choir, and Orchestra. The Stabat Mater performance will feature four soloists, each of whom have achieved great standing in their professional careers.

Tenor Jeffrey Hartman's operatic repertoire is extensive and diverse. His portrayals of iconic roles include Cavaradossi in Tosca, Calaf in Turandot, Bacchus in Ariadne auf Naxos, and Hoffmann in Les Contes d'Hoffmann.

His performances have graced esteemed venues and companies such as the Lyric Opera of Chicago, Seattle Opera, Palm Beach Opera, and Theater Chemnitz. Mark Uhlemann, bass-baritone, has performed as a soloist with the Metropolitan Opera, New York City Opera, Seattle Opera, and the Tanglewood, Ravinia, Aspen, Manchester, and Chelsea Music Festivals. His career has taken him around the world, including performances in France, Italy, Germany, Switzerland, Poland, and Albania.

From recitals to the opera stage, Monica Rose Zigliar hails from Tucson, Arizona where she studied music at the University of Arizona and developed her love for art song and sacred oratorio from her beloved teacher Soprano Elizabeth Mosher. Monica was known throughout the Southwestern region and Sonora Mexico for her opera and concertizing programs as well as festival performances such as the Alfonso Ortiz Tirado Music festival in Alamos, Sonora, Mexico. In 1993 Monica attended the Academy of Vocal Arts (AVA) in Philadelphia.

A rising dramatic mezzo-soprano, Laura Zahn has been praised for her "warm, voluptuous voice" "captivating with her powerful delivery." In the 2023-2024 season, Zahn performed several roles in the dramatic repertoire including Santuzza (Cavalleria Rusticana), Zita (Gianni Schicchi), the Mezzo-Soprano solos in Verdi's Requiem and made her international debut in Hong Kong singing highlights from Carmen. The current season will see Laura return to Verdi's Requiem as the Mezzo-Soprano soloist, cover Dalila in Samson et Dalila with St. Pete Opera, sing Carmen highlights with New West Symphony and perform in Teatro Regio di Parma's inaugural Verdi program and showcase in New York City.

The Putnam Chorale is a community chorus that has been singing since 1984. It is renowned for the wide range of music that it performs, from baroque, to classical, to contemporary, to pop. Over the last few years, it has grown to 70 singers, drawn from Putnam, Dutchess, Westchester, and Connecticut. Most have not sung professionally but are amateur singers that benefit from the coaching and training provided by Maestro Tramm. Many members of the group will be traveling to Italy in May, where the chorale will perform a "Viva Vivaldi" program in historic churches in Rome, Assisi and Venice.

Advance sale tickets are available for adults, seniors and students at www.putnamchorale.org/next-event or purchased at the door. Children 12 and under are free.

EXHIBITIONS

Arts Mid-Hudson Gallery, 696 Dutchess Turnpike, Suite F, Poughkeepsie. **Through April 22:** "Poets Respond to Art," an exhibition celebrating the intersection of poetry and visual art. Featuring 18 poets and 18 visual artists, this showcase explores the profound dialogue between literary and visual expression. **Artist Talk & Closing Reception:** Tues., April 22, 5-7 p.m. This special event will offer insights from participating poets and artists about their creative processes and the inspirations behind their work. The discussion will provide a deeper understanding of the connections between poetry and visual art. This event is free and open to the public. RSVP required. www.artsmidhudson.org

Cunneen-Hackett Arts Center, 9 & 12 Vassar St., Poughkeepsie. **Through April:** Featured in the Victorian Gallery at 9 Vassar St. is artwork by Ulana Salewycz, Vitalia Deriabina, Marianna Szczawinsky Crans, and the late Catherine Zadorecka Gorham. At 12 Vassar St., Kate Hoekstra displays her works of art in the Reception Gallery. In the Hancock Gallery, Ian Hutton and Selva Ozelli will present their collaborative show "Paradise." Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access. More info: cunneen-hackett.org

Frances Lehman Loeb Art Center, Vassar College, 124 Raymond Ave., Poughkeepsie. **Through Aug. 17:** "Great Green Hope for the Urban Blues," exhibition that explores the art and myths of the Hudson Valley. The exhibition is part of a legacy that began 200 years ago as landscape painter Thomas Cole traveled up the Hudson River to paint the Catskill Mountains: a voyage that marked the mythical origin of the so-called Hudson River School of American landscape painting. Also on view: "Between a Rock and a Hard Place: Black Space-Making from Harlem to the Hudson Valley," installation related to "Great Green Hope" by Vassar student Harrison Brisbon-McKinnon '26; and the second, "Water/Bodies: Sa'dia Rehman." (845) 437-5632 or <https://www.vassar.edu/theloeb>

Mildred I. Washington Gallery, Allyn J. Center for Science and Art, Dutchess Community College, 53 Pendell Rd., Poughkeepsie. **Through May 16:** "His Room as He Left It: A Work in Progress," a mixed-media installation by artist Ariel Kotker, (845) 431-8612

Millbrook Arts Project, Millbrook Library, 3 Friendly Lane, Millbrook. **Through April 26:** "BIO-BASED: Loren Eiferman & Henry Klimowicz." Eiferman and Klimowicz create art with formerly living materials. Eiferman makes wall-mounted, hanging and standing sculptures from tree branches found on the ground during her daily walks. Klimowicz will display several of his large-scale hanging pieces that are a mixture of found, never purchased, cardboard, hot glue, wire and light. In addition to the sculptural works, a series of prints and cardboard plates will be presented. **Artists' Talk:** Fri., April 18, 4 p.m. (845) 677-3611 or www.millbrooklibrary.org

WomensWork.art, 12 Vassar St., 3rd Floor, Poughkeepsie. **Through April 26:** "Mother/Father," a re-examining of a theme first addressed in a March 2020 exhibit. That exhibit explored the works of artists navigating parenthood and how it affected their overall bodies of work. The show only stayed open for two weeks before the COVID-19 pandemic shut down the gallery and the show altogether. Shutting down this show was a huge loss for the artists, whose works about parenthood were not seen by the public due to the pandemic. Now five years later, the gallery is re-examining this theme and how the circumstances of artists has evolved over that time, and how modern parenthood has evolved with it. **Artists' Talk:** Sat., April 26, 1-3 p.m. (845) 293-3660 or info@womenswork.art

A & E CALENDAR

April 17: Third Thursdays, Olana State Historic Site, Rte. 9G, Hudson. Celebrate spring and Earth Month at Olana with free tours, seed packets, zine-making, scavenger hunts, and more, 10:30 a.m.-7:30 p.m. Free. Details at www.olana.org/ThirdThursdays. (518) 751-0344

April 17 & 22: Programs in the Poughkeepsie Public Library District. Thursday, April 17: Evening of Poetry featuring Linda McCauley Freeman, 7 p.m. (Adriance Memorial Library, 93 Market St.) No registration required. Tuesday, April 22: Medicare 101/Navigating the Medicare Website, 9:30 a.m. (Boardman Road Branch, 141 Boardman Rd.) Registration required. Tuesday, April 22: Sustainability and Solid Waste in Dutchess County, 2:30 p.m. (Adriance Memorial Library). Registration required. Visit www.poklib.org to sign up for programs requiring registration.

April 18-19: Live Music at the Towne Crier Cafe, 379 Main St., Beacon. April 18: John Prine Tribute: Joe D'Urso & Friends, 8 p.m. Tickets \$20 advance, \$25 door. April

19: The Englishtown Project, 8:30 p.m. Tickets \$20 advance, \$25 door (845) 855-1300 or www.townecrier.com

April 18: Richard's Rhinecliff Acoustic Show, Morton Memorial Library, 82 Kelly St., Rhinecliff. Featuring Paul Maloney, Dave Feroe, Sean Crimmons, Lynda Sales & Bruce Sales Engholm, 8-10 p.m. Donations suggested. More info: (845) 876-7007

April 18-27: "Romeo and Juliet," The Center for Performing Arts at Rhinebeck, 661 Rte. 308, Rhinebeck. This new production of William Shakespeare's timeless masterpiece brings his tragic tale of love, fate and family conflict to life in a powerful, fresh interpretation. Performances: Fri. & Sat., 8 p.m.; Sun., 3 p.m. (no performance on Easter Sunday, April 20). Also: Saturday matinee at 3 p.m. on April 26. Tickets \$20. www.centerforperformingarts.org

April 19: Popa Chubby, Colony, 22 Rock City Rd., Woodstock. The acclaimed blues guitarist is on tour celebrating a new CD called "I Love Freddie King," 7 p.m. www.colonywoodstock.com/



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845-266-4283

The Ridge School

www.ridgeschool.org

Friends of the Walkway unveils strategic vision for the future

Friends of the Walkway has unveiled a new strategic vision focused on enhancing visitor experience, deepening community engagement, and strengthening regional connectivity at Walkway Over the Hudson State Historic Park. This five-year roadmap sets the course for the organization's continued evolution through 2030 and beyond.

This announcement marks a meaningful shift for the organization, which has spent the past three decades spearheading the transformation of the once-derelict Poughkeepsie-Highland Railroad Bridge into one of New York's most iconic parks - generating more than \$55 million to help establish the infrastructure and amenities visitors enjoy today.

Friends of the Walkway is an independent 501(c)3 nonprofit organization that receives no annual state or federal funding. Instead, the organization relies on donations, grants, and community support to bring Walkway Over the Hudson to life. This includes hosting public programs and events, leading accessibility initiatives such as operating the park's electric tram, coordinating volunteers, and enhancing the visitor experience through interpretive signage, branding, community engagement and communications.

Vision for the future

The new name, mission, vision and goals were developed through a dynamic strategic planning process launched in 2024. Friends of the Walkway convened community members, volunteers, and partner organizations including the New York State Office of Parks, Recreation and Historic Preservation and Parks and Trails New York to help shape the future of the park.

"The time is right to fully embrace our name - Friends of the Walkway - and focus on our role enhancing the park through programming, events, and fundraising," said Maureen Solero, Board Chair, Friends of the Walkway. "We look forward to launching exciting new initiatives while continuing the beloved traditions our community has come to know and love."

What's ahead

In the near term, the strategic vision includes: Continuing events like Walkway at Night, the Mayfest Farmers and Makers Market, the July 4th Fireworks Spectacular, and Starry, Starry Night gala; Launching Walkway Connections, a series of free, interactive programs for adults, along with new family-friendly programming prior to each Walkway at Night; Expanding

community partnerships to create experiences for underrepresented audiences through annual gatherings like Salute2Vets, Pride in the Sky, and more; Growing youth engagement through expanded school tours and the Walkway Explorers program; Creating new volunteer opportunities for both long- and short-term engagement; Ensuring Walkway remains one of the most accessible parks by expanding tram operating hours to serve more guests throughout the year; Launching a digital guestbook to gather real-time visitor feedback and stories; Expanding in-park interactive content and activities to further engage visitors of all ages and Partnering with wellness organizations to deliver community health and well-being programs.

Long-term goals include: Building digital infrastructure to improve signage, navigation, and guest interactivity;

Expanding bike accessibility through rentals and repair stations; Developing sustainable funding for long-term park maintenance; Elevating the Walkway brand through public art, lighting, and immersive visitor experiences; Cementing the Walkway's status as a regional landmark by leveraging its scale and structure to deliver bold, place-making experiences

"Locals and visitors alike see the Walkway as a place of inspiration, wellness, gathering, and belonging," said Lori Robertson, Executive Director of Friends of the Walkway. "This new strategic vision allows us to grow into our role as a partner to New York State Parks and the New York State Bridge Authority, while keeping the community at the heart of everything we do."

To read the full strategic vision and learn how to get involved, visit walkway.org/strategicvision.

LOOK FOR LOVE TO COOK IN NEXT WEEK'S ISSUE

Vicki Frank Day shares stories and recipes.



Learn about sustainability during Dutchess County's Earth Day event April 26

The Dutchess County Division of Solid Waste and the Environmental Cooperative at the Vassar Barns will host Dutchess County's annual Earth Day celebration on Saturday, April 26, from 10 a.m. to 1 p.m. at the Environmental Cooperative at the Vassar Barns, 50 Vassar Farm Lane in Poughkeepsie. This free event will feature environmental education, hands-on activities and community engagement to increase awareness of environmental issues and encourage efforts to safeguard the planet.

Dutchess County Executive Sue Serino highlighted the value of coming together to care for the environment, saying, "Earth Day is a great reminder that even the smallest steps can lead to big change. Whether you've just started to learn about sustainability, or already doing your part, this event has something for everyone. I hope folks of all ages will join us and leave feeling inspired to help protect our planet - not just today, but every day."

Dutchess County's Earth Day event highlights sustainability and environmental responsibility, inviting residents of all ages to explore ways to reduce waste, conserve resources and protect the planet for future generations.

Attendees can look forward to a range of activities, including:

- Family-friendly activities, such as nature journaling and making seed balls;
- Interactive displays on composting,

recycling, and waste reduction;

- Exhibits on sustainability initiatives, including organic waste management, electric vehicles, and energy conservation;
- Information on ecosystems, pollinators, invasive species and local wildlife;
- Guided nature walks of the Preserve at Vassar; and

- Representatives from local environmental groups, businesses and government agencies.

A full list of event participants is available online at www.dutchessny.gov

Kerry Russell, Deputy Commissioner of the County's Division of Solid Waste Management, underscored the event's significance, stating, "By coming together as a community we can learn the importance of living more sustainably and the positive impact it can have for all of us. This event brings together local organizations who are working to preserve our environment and who are eager to share their knowledge."

In 2024, Dutchess County achieved New York's highest Climate Smart Communities Silver Certification, showcasing the County's dedication to environmental sustainability and resilience. For more details on Dutchess County's continued environmental initiatives and sustainability efforts, recycling education, home composting and more, visit the Division of Solid Waste Management's webpage via www.dutchessNY.gov.

Taste of Rhinebeck set May 7

The Rhinebeck Area Chamber of Commerce will hold the popular Taste of Rhinebeck on Wednesday, May 7, from 5 to 8 p.m. Featuring more than 30 exceptional chefs, mixologists, local businesses, artists and community participants, this dynamic culinary crawl is set against the charming backdrop of Rhinebeck's historic district, inviting locals and visitors alike to embark on a flavorful journey through Rhinebeck's esteemed restaurants, spirit shops, and specialty food purveyors.

The Taste of Rhinebeck isn't just about great food; it's about the energy, the people and the shared experience of discovering something new. With two non-profit beneficiaries this year, in addition to

supporting ongoing Chamber initiatives, this is also an evening where every sip and bite have purpose.

This year, the Chamber is donating a portion of the proceeds to Upstate Films, as well as the Village Autism Supportive Committee.

New for 2025 is a green initiative aimed at reducing environmental impact. All service items will be biodegradable; and the Chamber is partnering with O-Zone to educate attendees on composting, reinforcing the Chamber's dedication to fostering a more sustainable future for the community.

Visit <https://rhinebeckchamber.com/> for tickets and more information.

SIGN UP FOR PV REC'S KIDS PROM

Pleasant Valley Recreation will hold the second annual Kids Prom on Friday, May 9. This free event is for ages 3-10, and advance registration is required to secure a spot. Visit www.pvrec.com to register.

You and your little one will feel like royalty with:

- Chicken nuggets & pizza served on silver platters;
- A DJ spinning the best jams so the kids can dance all night;
- 360 photo booth & professional photos for memories that will last a lifetime;
- Red carpet entrance — because every kid deserves the royal treatment!

Car show and flea market set May 17 at FDR High School

The Parent Teacher Student Association (PTSA) and members of the Roosevelt Racing team at FDR High School will present the "Ultimate Car Show and Flea Market" on Saturday, May 17, from 10 a.m. to 3 p.m., at the High School, 156 South Cross Road, Staatsburg. Taking place on the school's lawn, the event will feature music, food, raffles and a flea market of local vendors. It is free to attend, and entry into the show costs \$20. All proceeds will benefit the FDR PTSA and the Roosevelt Racing team.

As one of six schools involved in the Winners Circle Project, FDR High School's automotive students have spent this past school year building a Factory Five race car from the ground up, gaining valuable hands-on experience in

engineering, teamwork, and auto racing.

FDR High School WCP Build instructor Shawn Christensen commented, "This car show and flea market gives us a chance to showcase the students' hard work this year." The community will also learn about the high-powered world of motorsports.

Roosevelt Racing is a collaborative experience where students develop and showcase their skills for various STEAM activities. The full-service race car team consists of three classes: Marketing, Visual Communications, and Build, which are all focused on the history of Hyde Park and upholding FDR's legacy. Roosevelt Racing's vision is to create a thriving community where young people innovate, collaborate and develop essential life skills to build a brighter future.

OBITUARIES

Richard Collier

Richard Carl Collier (known as Dick) died on March 21, 2025.

Born on November 15, 1936 in Shenandoah, PA to the late Kathryn and Carl Collier. Dick attended elementary school in Shenandoah and graduated from Pottsville High School in 1954. He went on to graduate from Penn State with a major in electrical engineering in 1958 and served in the Army Reserve under a critical skills enlistment from 1960-1968.

Dick worked for several manufacturing companies including Boeing in Seattle, WA and MacDonald in St. Louis, MO. He then moved to Kingston, NY to work for IBM designing facilities in computer development operations. He had a lot of fun jobs in interesting times and places.

Dick was active in developing the Walkway Over the Hudson- a pedestrian walkway on the railroad bridge crossing the Hudson River between Poughkeepsie, NY & Highland, NY. He worked actively with the engineers and contractors as the Walkway was constructed on the unused railroad bridge. The Walkway has become a major tourist attraction bringing many thousands of people to the area, enjoying the historic significance and scenic beauty.

Dick also has been active in the Clinton Historical Society, working to protect the 1777 stone building in Clinton Corners, NY - which is the center of activities for the society.

Dick lived for 46 years in the Town of Clinton and is survived by his wife Norene. He is also survived by his two daughters, Elizabeth Collier and her husband Paul Talbert along with a granddaughter Kai, of Seattle, WA, and Sandra Collier of Mims, FL. Also surviving are his stepsons, Derek Fetter of Seattle, WA, Bayard Felter of Clinton, NY, and step daughter Karen Whitten and her husband Paul and their daughter Jessica of West Nyack, NY.

Interment will be private at Pleasant Plains Cemetery in Pleasant Plains, NY.

Arrangements are under the direction of Burnett & White Funeral Homes, Rhinebeck, NY. To sign the online guestbook, please visit www.Burnett-White.com

Sophie Jane Louise Johnson

Sophie Johnson, 61, died at her home in Rhinebeck on Sunday, April 7. A native of London, England, she is survived by her daughter Roxanne Olivia Clark of Bristol, U.K., her ex-husband Michael Clark of Kingston, NY, and three brothers Daniel Johnson and Luke Johnson, both of London, and Cosmo of Watchet, U.K. Sophie was predeceased by her parents Paul Johnson and

Marigold Johnson, both of London.

Sophie moved to Rhinebeck in 2005 from Brooklyn to raise her daughter in a civilized setting. Known for her heartfelt generosity toward Roxanne's Rhinebeck High School class of 2023 friends, she enjoyed the company of children, her family and dogs. She was known for her quick-witted sense of humor and literary knowledge.

Sophie was a keen editor, and if there is a typo in this obituary, she would surely have found it. She was a survivor of breast cancer. Prior to moving to the States in 2001, Sophie attended Goldsmith's College in London and worked in script development for Carlton Television, and was also a journalist published in the Sunday Times of London among other prominent media outlets. She also worked as a literary agent for Rupert Crew & Co., London. Locally, she had stints of employment with the Rhinebeck Chamber of Commerce, SunshineComesFirst.org, the Sinterklaas Parade Committee, Rhinebeck Central School District and the Town of Rhinebeck Highway department.

Memorial services have yet to be determined.

Keith James O'Hanlon

Keith James O'Hanlon, 64, of Pleasant Valley passed away on Sunday April 6, 2025, at Vassar Brothers Medical Center. Keith has been a local resident since 1985, previously of Clifton Park NY. Keith was born in Albany, NY on November 26, 1960, he was the son of the late John and the late Frances O'Hanlon. He was a graduate of Shenendehowa High School in Clifton Park NY.

Keith was a Marine Corps Veteran and truly lived by "Once a Marine, Always a Marine." He was involved with various groups and organizations including Hudson Valley Veterans Alliance and Vet2Vet. Keith sat on the Veterans Advisory Board for former NY State Senator Sue Serino and made it a priority to fight for his fellow Veterans.

Keith was a devoted member of his community. He served as town councilman in Pleasant Valley for four years and worked closely with the Pleasant Valley Rotary. He cherished his military truck "Lucy Deuce," and would use her for Stuff the Truck events and parades. Keith possessed a special gift as St. Nicolas. He strongly believed in the magic of Christmas and adored spreading that joy with everyone. He looked forward to his Santa Claus appearances each year, refusing payment in place of food and monetary donations for those in need.

Keith was a member of the Saugerties Rod and Gun Club. As an avid outdoorsman, he enjoyed hunting, fishing, and kayaking. He

found solace in nature. Keith loved to ride his Harley-Davidsons down the back roads. He was a karaoke enthusiast with a voice to remember.

Keith is survived by his daughter Erin O'Hanlon and Scott Kanvin of Kingston NY, his daughter Katie Maley and her husband Paul of Hyde Park, his grandsons Sean Patrick O'Hanlon Kanvin and Emmett Maley, girlfriend Terri Brundage of Hudson, sister Diane Parent and her husband Clem of Ballston Spa NY, several nieces and nephews, and his best friend and protector Atticus. Keith was predeceased by his sisters Jean Marinucci and Joan McHargue.

Calling hours and services were held on Sunday April 13, at the Timothy P Doyle Funeral Home, Poughkeepsie. Burial took place at Saratoga National Cemetery on Monday, April 14.

In lieu of flowers, the family requests that donations be made to the Pleasant Valley Ecumenical Food Pantry or Vet2Vet. Semper Fi, Marine.

Roger A. Rifenburg

Roger Andrew Rifenburg, born April 7, 1958 to Roger and Mary (Fanning) Rifenburg, passed away on April 6, 2025.

Roger had five siblings: Barbara D'Alessio, Margaret (Dale) Kelly, Linda Morse, Jeannette Wheeler and Brian Rifenburg and many nieces and nephews.

Roger graduated Red Hook Central School and enlisted in the United States Airforce.

He was committed to his life partner Sara whom he loved unconditionally. Sara and Roger raised 3 daughters together, Kara (Trevor) Berryann, Kimberly (Michael) Smith and Krista (Scott) Shanley. His girls were the loves of his life in which he flourished along with his grandchildren. Cierra, Adriana, Harlee, Ayden, Dakota, Andrew, Madison, and Remy Mae.

Roger had a special bond and love for his granddaughter, Cierra and shared many adventures together.

He was a devoted Dallas Cowboys and New York Yankees fan and of course his soccer team, Germany.

Roger was devoted to three families in which he cared for deeply. The Pease, Blum and Baright families. John, Bill and BJ were his brothers. Henry (Hank) was his best friend and Charlie his golfing buddy. Richard and Todd, he met his match of wits.

He loved everyone, spoke to everyone and was there when needed. You could not help but smile and laugh when having a conversation with him at his most ridiculous jokes.

Through the years he worked for Pease and Sons, New York Building Restorations and Baright Enterprises.

Roger leaves us with many cherished memories, an unwavering love and jokes for days. Never forgotten and always missed our Poppy.

Your touch, word and good deeds which you leave behind cannot be erased.

A memorial service was held at the American Legion in Tivoli on Sunday, April 13.

Special Thanks to Hudson Valley Hospice and Friends Helping Friends. In lieu of flowers you can donate to one of these organizations in Rogers memory.

Funeral arrangements were entrusted to Burnett & White Funeral Homes, Red Hook, NY.

Leslie W. Thorley

It is with heavy hearts that we announce the passing of Leslie (Les) Thorley, 71, of Red Hook on April 6. He was predeceased by his parents, Colin and Nancy (Horton) Thorley. Les graduated from Red Hook High School, Dutchess Community College and the Connecticut Center for Massage Therapy as a registered massage therapist. He worked as a service technician at Alfa Laval in Poughkeepsie and he owned and operated CT Glass in Red Hook for many years. Before retirement, he worked at Williams Lumber in Rhinebeck.

Les served in the Milan Fire Department and was a Lifetime Member of the Red Hook Car Club, a member of the Red Hook Society for the Apprehension and Detention of Horse Thieves and the Vintage Chevrolet Club of America for over 35 years. Also, he was a volunteer at Northern Dutchess Hospital for more than 20 years, where he met his wife, Diana.

Having restored a 1939 Chevy Woodie that he owned for 53 years, he loved working with wood. He enjoyed local car shows, where he won numerous awards for his two antique cars. Being a home project DIYer, Les enjoyed finding creative solutions and would share his expertise generously.

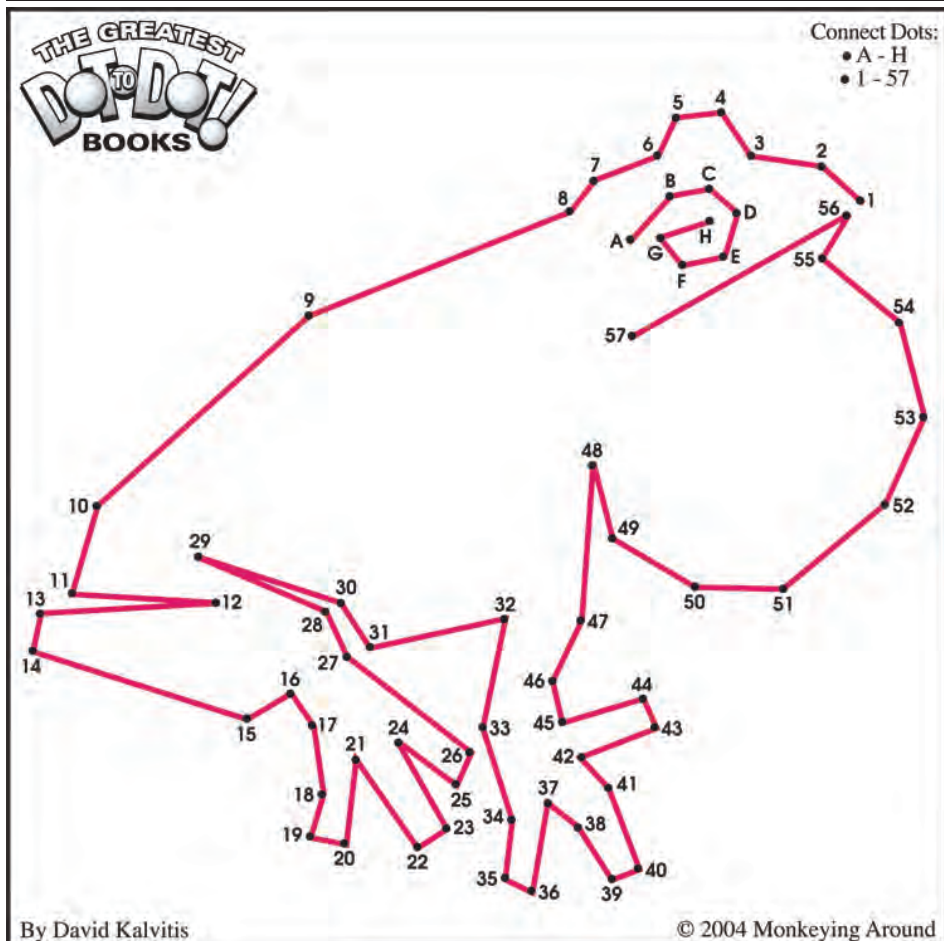
Leslie is survived by his loving wife, Diana; siblings: Catherine "Cay" Amato, Eric (Gina) Thorley and Jill (Frank) Hupfl; nephews and niece, Frank Hupfl III, Brad Hupfl, and Ashley Hupfl; and step-children, Amanda Hodges and Adam Wovk.

Calling hours were held at Burnett & White Funeral Home in Red Hook on Monday, April 14, with a family graveside service the following day, Tuesday, at St. Paul's Lutheran Cemetery, Red Hook.

Donations in lieu of flowers may be made to the Alzheimer's Association.

Arrangements are under the care of Burnett & White Funeral Homes, Red Hook, NY.

Answer to this week's Dot to Dot (puzzle on page 12)



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**TOWN OF PLEASANT VALLEY
TOWN BOARD RESOLUTION NO.: 411/2025**

RESOLUTION COMMENCING THE LOCAL LAW ADOPTION PROCESS FOR PROPOSED LOCAL LAW J OF 2025, "A LOCAL LAW AMENDING CHAPTER 98 OF THE TOWN CODE WITH REGARD TO ACCESSORY DWELLING UNITS"

WHEREAS, the Town Board has identified a need to change the regulations for accessory dwelling units in the town to simplify the approval process and to allow accessory dwelling units to be rented to tenants;

NOW, THEREFORE, be it

RESOLVED, that the Town Board hereby accepts Proposed Local Law J of the Year 2025, "A Local Law Amending Chapter 98 of the Town Code with Regard to Accessory Dwelling Units" for the purpose of commencing the local law adoption process; and be it further

RESOLVED, that pursuant to the provisions of SEQRA the Town Board hereby determines that the adoption of Proposed Local Law J is a Type I action (see, 6 NYCRR 617.4[b][2]), and the Town Board accepts the attached SEQRA EAF Part 1 for the proposed action; and be it further

RESOLVED, that the Town Board determines that it will be the only agency with approval authority over the proposed action and therefore declares itself to be the Lead Agency for conduct of the environmental review under SEQRA; and be it further

RESOLVED, that the Town Board directs the Town Clerk to forward Proposed Local Law J to the Dutchess County Planning Board for its review and advisory opinion pursuant to Section 239-m of the New York State General Municipal Law; and be it further

RESOLVED, that the Town Board directs the Town Clerk to forward Proposed Local Law J to the Town of Pleasant Valley Planning Board for its review and advisory opinion pursuant to Section 98-101 of the Pleasant Valley Town Code; and be it further

RESOLVED, that a public hearing on said Local Law will be held on May 5, 2025 at the Town of Pleasant Valley Town Hall, located at 155 Main Street, Pleasant Valley, New York at 7:00 p.m. or as soon thereafter as it may be heard; and be it further

RESOLVED, that the Town Clerk is hereby directed to give publish and post notice of said public hearing, as required by law; and be it further

RESOLVED, that the Town Clerk is directed to give notice to the New York State Department of Transportation Region 8 and all town: adjacent Pleasant Valley pursuant to Section 98-101 of the Pleasant Valley Town Code.

Dated: April 7, 2025

MOTION BY: Councilwoman Chapman

SECONDED BY: Councilman Degan

ROLL CALL:	AYE	NAY
Councilwoman Chapman	<u> X </u>	<u> </u>
Councilman Cookinham	<u> X </u>	<u> </u>
Councilman Degan	<u> X </u>	<u> </u>
Councilman Rifenburgh	<u> X </u>	<u> </u>
Supervisor Albrecht	<u> </u>	<u> </u>
Carried.	<u> </u>	<u> </u>

**TOWN OF PLEASANT VALLEY
TOWN BOARD RESOLUTION NO.: 323/2025**

RESOLUTION COMMENCING THE LOCAL LAW ADOPTION PROCESS FOR PROPOSED LOCAL LAW H OF 2025, "A LOCAL LAW AMENDING THE TOWN CODE OF THE TOWN OF PLEASANT VALLEY BY ENACTING A NEW CHAPTER 72 ENTITLED 'RESIDENTIAL RENTALS'"

WHEREAS, the New York State Good Cause Eviction Law (RPL Article 6-a) authorized municipalities to opt in to certain regulations regarding eviction from residential rentals; and

WHEREAS, the Town Board finds that it is in the best interest of the community to adopt such provisions prohibiting certain evictions without good cause in the Town of Pleasant Valley;

NOW, THEREFORE, be it

RESOLVED, that the Town Board hereby accepts Proposed Local Law H of the Year 2025, "A Local Law Amending the Town Code of the Town of Pleasant Valley by Enacting a New Chapter 72 Entitled 'Residential Rentals'" for the purposes of commencing the local law adoption process; and be it further

RESOLVED, that pursuant to the provisions of SEQRA the Town Board hereby determines that the adoption of Proposed Local Law H is an unlisted action, and the Town Board accepts the attached SEQRA EAF Part 1 for the proposed action; and be it further

RESOLVED, that the Town Board determines that it will be the only agency with approval authority over the proposed action and therefore declares itself to be the Lead Agency for conduct of the environmental review under SEQRA; and be it further

RESOLVED, that a public hearing on said Local Law will be held on April 21, 2025 at the Town of Pleasant Valley Town Hall, located at 1554 Main Street, Pleasant Valley, New York at 7:00 p.m. or as soon thereafter as it may be heard; and be it further

RESOLVED, that the Town Clerk is hereby directed to give, publish and post notice of said public hearing, as required by law.

Dated: March 17, 2025

MOTION BY: Councilman Rifenburgh

SECONDED BY: Councilman Degan

ROLL CALL:	AYE	NAY
Councilwoman Chapman	<u> </u>	<u> </u>
Councilman Cookinham	<u> X </u>	<u> </u>
Councilman Degan	<u> X </u>	<u> </u>
Councilman Rifenburgh	<u> X </u>	<u> </u>
Supervisor Albrecht	<u> X </u>	<u> </u>
Carried.	<u> </u>	<u> </u>

TOWN OF PLEASANT VALLEY
NOTICE OF PUBLIC HEARING FOR PROPOSED LOCAL LAW NO. H OF THE YEAR 2025 TITLED: "A LOCAL LAW AMENDING THE TOWN CODE OF THE TOWN OF PLEASANT VALLEY BY ENACTING A NEW CHAPTER 72 ENTITLED 'RESIDENTIAL RENTALS'"
PLEASE TAKE NOTICE that the Town of Pleasant Valley will hold a Public Hearing at the Town Hall, 1554 Main Street, Pleasant Val-

Legal Notices

ley, New York on April 21, 2025 at 7:00 o'clock, p.m., on Local Law H of the Year 2025, to amend the Town Code of the Town of Pleasant Valley by Enacting a New Chapter 72 Entitled 'Residential Rentals'.

TAKE FURTHER NOTICE, that copies of the aforesaid proposed local law will be available for examination at the office of the Clerk of the Town of Pleasant Valley, at the Town Hall, 1554 Main Street, Pleasant Valley, New York between the hours of 9:00 a.m. and 4:00 p.m. Monday through Thursday and between the hours of 9:00 a.m. and 1:00 p.m. on Friday between the date of this notice and the date of the public hearing.

TAKE FURTHER NOTICE, that all persons interested and citizens shall have an opportunity to be heard on said proposal at the time and place aforesaid. Time limitations may be imposed for each oral statement, if necessary.

Dated: Pleasant Valley, New York March 17, 2025

Mary Beth Muir, Town Clerk

TOWN OF PLEASANT VALLEY PROPOSED LOCAL LAW H OF THE YEAR 2025 A LOCAL LAW AMENDING THE TOWN CODE OF THE TOWN OF PLEASANT VALLEY BY ENACTING A NEW CHAPTER 72 ENTITLED "RESIDENTIAL RENTALS"

BE IT ENACTED by the Town Board of the Town of Pleasant Valley as follows:

SECTION 1. PURPOSE

The purpose of this Local Law is to promote the public health, safety and welfare by opting in to the New York State Good Cause Eviction Law (RPL Article 6-a), as permitted by Real Property Law § 213, and amending the Town Code of the Town of Pleasant Valley to enact a new Chapter 72 entitled "Residential Rentals," with Article 1 entitled "Prohibition on Eviction Without Good Cause," to implement the provisions of the New York State Good Cause Eviction Law in the Town of Pleasant Valley.

SECTION 2. AUTHORITY AND SUPERSESSION

This law is adopted pursuant to the provisions of the Municipal Home Rule Law

Legal Notices

10(1)(ii)(a)(12) which grants local governments the authority to enact local laws regarding the public health, safety and welfare, and pursuant to the provisions of Real Property Law Article 6-a. To the extent the provisions of this Local Law conflict State law, the Town Board hereby asserts its intention to supersede same pursuant to the Municipal Home Rule Law.

SECTION 3. AMENDMENT OF TOWN CODE

The Town Code of the Town of Pleasant Valley is hereby amended to add a new Chapter 72 entitled "Residential Rentals," which shall read as follows:

CHAPTER 72 Residential Rentals Article I: Prohibition on Eviction Without Good Cause § 162-1 Purpose.

The purpose of this article is to make the provisions of Article 6-a of the New York State Real Property Law regarding rental property and prohibiting certain evictions without good cause effective and binding law in the Town of Pleasant Valley.

§ 162-2 Opt-in to New York State Real Property Law Article 6-a. As authorized by New York State Real Property Law Section 213, the Town of Pleasant Valley does hereby opt-in to the provisions of New York State Real Property Law Article 6-a. § 162-3 Prohibition of evictions without good cause.

A. All applicable provisions set forth in Article 6-a of the New York State Real Property Law, and any amendments thereto, are hereby adopted by the Town of Pleasant Valley and incorporated herein by reference.

B. Pursuant to § 213(2)(a) of Article 6-a of the New York State Real Property Law, for the purposes of this chapter, any unit within a housing accommodation shall be exempt from the provisions of this chapter if such unit has a monthly rent above three hundred forty-five percent (345%) of fair market rent, as published by the United States Department of Housing and Urban Development and as shall be published for the County of Dutchess by the New York State Division of Housing and Community Renewal.

C. Pursuant to § 213(2)(b) of Article 6-a of the New York State Real Property Law, for the purposes of this chapter, a "small landlord" is defined as a

Legal Notices

landlord of no more than one (1) housing accommodation anywhere in the State of New York, provided that owner-occupied housing accommodations or otherwise exempt housing accommodations shall not be considered in calculating the number of housing accommodations owned by a landlord.

§ 162-4 Automatic Sunset of this Chapter.

Pursuant to § 7(b) of Chapter 56, Part HH, of the Laws of the State of New York of 2024, this chapter shall automatically expire and be repealed on June 15, 2034, unless Article 6-a of the New York State Real Property Law is extended or otherwise amended to remain in force and effect by the State of New York prior to such automatic repeal date.

SECTION 4. SEVERABILITY

If any clause, sentence, paragraph, word, section or part of this local law shall be judged by any court of competent jurisdiction to be unconstitutional, illegal or invalid, such judgment shall not affect, impair or invalidate the remainder thereof, but shall be confined in its operation to the clause, sentence, paragraph, word, section or part thereof directly involved in the controversy in which judgment shall have been rendered.

SECTION 5. EFFECTIVE DATE

This local law will take effect immediately upon filing in the Office of the Secretary of State in Albany.

TOWN OF PLEASANT VALLEY PROPOSED LOCAL LAW K OF 2025

BE IT ENACTED by the Town Board of the Town of Pleasant Valley as follows:

SECTION 1. TITLE

This Local Law shall be entitled "A Local Law Amending the Zoning Map for the Parcel at 1-7 West Road".

SECTION 2. PURPOSE AND INTENT

This Local Law changes the Town of Pleasant Valley Zoning Map to reclassify one parcel.

SECTION 3. AUTHORITY

This law is enacted pursuant to § 10 of the Municipal Home Rule Law and is authorized by Town Code Section 98-100.

SECTION 4. ZONING MAP AMENDMENT

The Town of Pleasant Valley Zoning Map, Attachment 3 to Chapter 98, Zoning,

Legal Notices

is hereby changed as follows:

The zoning designation of tax parcel number 134400-6363-02-780584 located at 1-7 West Road at the intersection with Main Street in the Town of Pleasant Valley, consisting of approximately 0.75 acres, shall be changed from the Hamlet Residential (HR) district to the Hamlet Pleasant Valley (H-PV) district.

SECTION 5. EFFECTIVE DATE

This Local Law shall become effective immediately upon its filing in the Office of the New York State Department of State.

TOWN OF PLEASANT VALLEY NOTICE OF PUBLIC HEARING FOR COMMENCING THE LOCAL LAW ADOPTION PROCESS FOR PROPOSED LOCAL LAW NO. K OF 2025, "A LOCAL LAW AMENDING THE ZONING MAP FOR THE PARCEL AT 1-7 WEST ROAD"

PLEASE TAKE NOTICE that the Town of Pleasant Valley will hold a Public Hearing at the Town Hall, 1554 Main Street, Pleasant Valley, New York on May 5, 2025 at 7:10 o'clock, p.m., on Local Law K of 2025, Commencing the Local Law Adoption Process for Proposed Local Law K of 2025, "A Local Law Amending the Zoning Map for the Parcel at 1-7 West Road".

TAKE FURTHER NOTICE, that copies of the aforesaid proposed local law will be available for examination at the office of the Clerk of the Town of Pleasant Valley, at the Town Hall, 1554 Main Street, Pleasant Valley, New York between the hours of 9:00 a.m. and 4:00 p.m. Monday through Thursday and between the hours of 9:00 a.m. and 1:00 p.m. on Friday between the date of this notice and the date of the public hearing.

TAKE FURTHER NOTICE, that all persons interested and citizens shall have an opportunity to be heard on said proposal at the time and place aforesaid. Time limitations may be imposed for each oral statement, if necessary. Dated: Pleasant Valley, New York April 8, 2025

Mary Beth Muir, Town Clerk

TOWN OF PLEASANT VALLEY PROPOSED LOCAL LAW J OF 2025

BE IT ENACTED by the Town Board of the Town of Pleasant Valley as follows:

SECTION 1. TITLE.

This Local Law shall be entitled "A Local Law Amending Chapter 98 of the Town Code with Regard to Accessory Dwelling Units".

SECTION 2. PURPOSE AND INTENT.

This law will make it simpler for Pleasant Valley residents to add accessory dwelling units to their properties, while maintaining the character of the town and ensuring safety and compliance. It allows ADUs to be built without a special use permit, provided they meet specified standards. It also allows ADUs to be used for rental purposes, expanding housing options for residents.

SECTION 3. AUTHORITY.

This law is enacted pursuant to § 10 of the Municipal Home Rule Law.

SECTION 4. CODE AMENDMENT

A. Replacement of Chapter 98, Section 15

Chapter 98 "Zoning," Section 15, "Accessory dwellings," shall be repealed and replaced as follows:

§ 98-15. Accessory dwelling units.

A. Intent. The purpose of this section is to promote the development of accessory dwelling units (ADUs) to increase affordable housing opportunities while maintaining the character of single-family residential neighborhoods in Pleasant Valley. ADUs may be used for rental purposes, providing additional housing options for residents.

B. ADU in single-family dwelling. An ADU may be established within a single-family dwelling, subject to the following provisions:

- (1) Only one ADU is permitted per lot, and it shall be clearly subordinate to the single-family dwelling.
(2) An ADU may be established as part of any legally existing single-family dwelling, provided the building meets applicable setbacks, except that an ADU may not be created on a lot that already contains a two-family or multifamily dwelling or where more than one dwelling exists in excess of the permitted density.
(3) Owner-occupancy is required. The owner(s) of a property on which there is an ADU must occupy either the principal dwelling or the ADU. The other unit may be rented to non-family members at the owner's option.
(4) No more than one bedroom is permitted in the ADU, and the number of residents in the ADU shall be limited to no more than two persons.
(5) The minimum gross floor area of the ADU shall be 400 square feet. The maximum gross floor area shall be 40% of the entire gross floor area of the single-family dwelling or 900 square feet, whichever is greater.
(6) The ADU shall be self-contained, with separate cooking, sleeping, and sanitary facilities for use by the occupant(s).
(7) The ADU shall have safe and proper means of entrance. Stairways leading to any story above the ground floor shall be located within the walls of the building wherever practicable. Exterior stairways and fire escapes shall be located on the rear wall in preference to either side wall. In no instance shall an exterior stairway or fire escape be located on any wall fronting on a street.
(8) Off-street parking shall be in accordance with § 98-42 and shall be on the lot on which the ADU is located.
(9) Design and construction of any addition or alteration to accommodate the ADU must be compatible with the parent structure, and must comply with § 98-12, Schedule of Area and Bulk Requirements.
(10) Any legally established ADU on a lot with a single-family dwelling that is in existence at the time of the adoption of this amendment shall not be subject to the provisions outlined above.
(11) If the water supply is from a private source, the applicant shall certify that the water supply is potable and of adequate flow.
(12) No ADU shall be established without approval or certification from the Dutchess County Department of Health regarding the adequacy of the septic system.
(13) The ADU shall conform to all applicable local, state, and federal codes and requirements, including the New York State Uniform Fire Prevention and Building Code.
(14) The owner is responsible for ensuring that any occupant(s) of an accessory dwelling abides by the Town of Pleasant Valley Town Code, in particular Chapter 70, Nuisances.
(15) The fees required for the construction of an accessory dwelling are set forth in the Town's Schedule of Fees.

C. ADU in a detached accessory structure. An ADU may be established in a separate building on a lot with a single-family dwelling, subject to the conditions in Subsection B and the following provisions:

- (1) A detached ADU may be located in a newly constructed detached unit or within an existing accessory structure, such as a gatehouse, garage, barn or similar structure.
(2) The gross floor area of a detached ADU shall be between 400 and 900 square feet. An existing accessory structure may be enlarged to

accommodate the proposed ADU, provided it does not exceed 900 square feet.

(3) Detached ADUs must comply with setback and bulk requirements as defined in § 98-12, Schedule of Area and Bulk Requirements.

(4) The design of any detached ADU must be compatible with the primary single-family dwelling on the lot.

B. Amendment to Definitions

In Chapter 98, Section 103, the following definitions shall be replaced as follows:

The definition of "BUILDING, ACCESSORY" shall be replaced with: BUILDING, ACCESSORY: A structure detached from and subordinate to a principal building on the same lot and used for purposes customarily incidental to those of the principal building or use, including accessory dwelling units.

The definition of "STRUCTURE, ACCESSORY" shall be replaced with:

STRUCTURE, ACCESSORY: A structure either attached or detached from and subordinate to a principal building on the same lot and used for purposes customarily incidental to those of the principal building or use, including accessory dwelling units.

The definition of "DWELLING, ACCESSORY" shall be replaced with:

DWELLING UNIT, ACCESSORY: A dwelling unit located in an accessory structure on an owner-occupied property.

C. Amendment to Use Table

In the Use Table, Chapter 98, Attachment 1, the line labeled "Dwelling, accessory" shall be replaced as follows:

Table with columns: Subject to Supplementar y Regulations, CONS, R A, R R, MDR, HDR, MHP, MC, HR, H-PV, H-SP, H-WH, OI, Q, SFH. Row: Dwelling unit, accessory. Values: See § 98-15, P, P, P, P, P, --, --, P, P, P, P, --, --, --.

SECTION 5. SUPERSESSON.

To the extent that any provision of this Chapter is inconsistent with Town Law or any other provision of New York State law, the provisions of this Chapter are expressly intended to and do hereby supersede any such inconsistent provision under the Town's municipal home rule powers.

SECTION 6. SEVERABILITY.

If any provision of this local law is held invalid for any reason by a court of competent jurisdiction, such decision shall not affect the validity of the remaining provisions of this local law.

SECTION 7. EFFECTIVE DATE.

This Local Law shall become effective immediately upon is filing in the Office of the New York State Department of State.

TOWN OF PLEASANT VALLEY TOWN BOARD RESOLUTION NO.:412/2025 RESOLUTION COMMENCING THE LOCAL LAW ADOPTION PROCESS FOR PROPOSED LOCAL LAW K OF 2025, "A LOCAL LAW AMENDING THE ZONING MAP FOR THE PARCEL AT 1-7 WEST ROAD"

WHEREAS, the Town Board has determined that an error was likely made when creating the current zoning map as the parcel at 1-7 West Road, which has long been a commercial business and is suited to business use, was classified in a residential district;

NOW, THEREFORE, be it

RESOLVED, that the Town Board hereby accepts Proposed Local Law K of the Year 2025, "A Local Law Amending the Zoning Map for the Parcel at 1-7 West Road" for the purpose of commencing the local law adoption process; and be it further

RESOLVED, that pursuant to the provisions of SEQRA the Town Board hereby determines that the adoption of Proposed Local Law K is an Unlisted action, and the Town Board accepts the attached SEQRA EAF Part 1 for the proposed action; and be it further

RESOLVED, that the Town Board determines that it will be the only agency with approval authority over the proposed action and therefore declares itself to be the Lead Agency for conduct of the environmental review under SEQRA; and be it further

RESOLVED, that the Town Board directs the Town Clerk to forward Proposed Local Law K to the Dutchess County Planning Board for its review and advisory opinion pursuant to Section 239-m of the New York State General Municipal Law; and be it further

RESOLVED, that the Town Board directs the Town Clerk to forward Proposed Local Law K to the Town of Pleasant Valley Planning Board for its review and advisory opinion pursuant to Section 98-101 of the Pleasant Valley Town Code; and be it further

RESOLVED, that a public hearing on said Local Law will be held on May 5, 2025 at the Town of Pleasant Valley Town Hall, located at 1554 Main Street, Pleasant Valley, New York at 7:10 p.m. or as soon thereafter as it may be heard; and be it further

RESOLVED, that the Town Clerk is hereby directed to give, publish and post notice of said public hearing, as required by law; and be it further

RESOLVED, that the Town Board directs that the Building Department place a sign on the property giving notice of the public hearing pursuant to § 98-101(E).

Dated: April 7, 2025

MOTION BY: Councilwoman Chapman

SECONDED BY: Councilman Degan

ROLL CALL: AYE NAY

Councilwoman Chapman [X]
Councilman Cookinham [X]
Councilman Degan [X]
Councilman Rifenburgh [X]
Supervisor Albrecht [] *ABSENT
Carried.

REQUEST FOR PROPOSAL NOTICE

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Proposals must be submitted electronically through the Empire State Purchasing Group's Regional Bid Notification System (BidNet Direct) Portal on or before 2:00 p.m., May 12, 2025. Specifications, proposal forms and submittal instructions may be obtained by visiting

our website http://www.dutchessny.gov, selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.

TOWN OF PLEASANT VALLEY NOTICE OF PUBLIC HEARING FOR COMMENCING THE LOCAL LAW ADOPTION PROCESS FOR PROPOSED LOCAL LAW NO. J OF 2025, "A LOCAL LAW AMENDING CHAPTER 98 OF THE TOWN CODE WITH REGARD TO ACCESSORY DWELLING UNITS" PLEASE TAKE NOTICE that the Town of Pleasant

Valley will hold a Public Hearing at the Town Hall, 1554 Main Street, Pleasant Valley, New York on May 5, 2025 at 7:00 o'clock, p.m., on Local Law J of 2025, Commencing the Local Law Adoption Process for Proposed Local Law J of 2025, "A Local Law Amending Chapter 98 of the Town Code with Regard to Accessory Dwelling Units".

TAKE FURTHER NOTICE, that copies of the aforesaid proposed local law will be available for examination at the office of the Clerk of the Town of Pleasant Valley, at the Town Hall, 1554 Main Street, Pleasant Valley, New York between the

hours of 9:00 a.m. and 4:00 p.m. Monday through Thursday and between the hours of 9:00 a.m. and 1:00 p.m. on Friday between the date of this notice and the date of the public hearing.

TAKE FURTHER NOTICE, that all persons interested and citizens shall have an opportunity to be heard on said proposal at the time and place aforesaid. Time limitations may be imposed for each oral statement, if necessary. Dated: Pleasant Valley, New York April 8, 2025

Mary Beth Muir, Town Clerk

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203 Lawn Services
221 Professional Services
222 Tax Experts
223 Beauty Services
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800 Boats
801 Campers & Trailers
802 Motor Homes
803 Recreational Vehicles
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Suguru solution

3	2	5	1	3	1
4	1	4	2	5	4
3	2	5	3	1	2
5	1	4	2	5	3
2	3	5	1	4	1
4	1	4	2	3	5

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SUDOKU
 This week's answer

4	9	1	2	6	5	7	3	8
7	8	5	9	4	3	2	1	6
2	3	6	7	1	8	5	9	4
5	7	8	6	2	9	1	4	3
3	2	4	1	8	7	9	6	5
6	1	9	5	3	4	8	7	2
9	4	2	3	5	1	6	8	7
8	5	7	4	9	6	3	2	1
1	6	3	8	7	2	4	5	9

988 SUICIDE & CRISIS LIFELINE IS LIVE
 The first nationwide three-digit mental health crisis hotline is up and running. It is designed to be as easy to remember as 911, but when you dial 988, a dispatcher will connect callers with trained mental health counselors.
Dialing 988:
 • Is a direct connection to compassionate, accessible support for anyone experiencing mental health related distress.
 • Provides support: People may dial 988 if they are worried about a loved one who may need crisis support.
 • Help for VETERANS: Veterans can press "1" after dialing 988 and be connected directly to the Veterans Crisis Lifeline.

GOLDEN LIVING

Paper checks of all kinds are becoming increasingly vulnerable to theft and fraud. In 2023, banks filed 680,000 check-fraud reports, nearly double the 2021 total, according to the federal Financial Crimes Enforcement Network (FinCEN). Earlier this year, FinCEN issued an additional report indicating that this upward trend of check theft and fraud is continuing. Meanwhile, the United States Postal Service (USPS) reported 38,500 high-volume mail theft incidents from mail receptacles (including blue USPS collection boxes) from October 2021 to October 2022; and more than 25,000 such incidents in the first half of Fiscal Year 2023.

What thieves do with stolen checks

There are several ways thieves use stolen paper checks, including altering payees and/or amounts (check-washing); using the stolen check to create counterfeit checks; fraudulently signing the check; and selling the check or its identifying information to other thieves. What's more, it's no longer necessary for a swindler to risk arrest by going inside a bank to make a deposit. They can use their phones for that.

Even if you've never used the internet yourself and own no computers or mobile devices, the personal information on your checks can still fall into the hands of thieves and scammers anywhere in the world.

Check theft can happen at any point between a check's origin and destination. That's why authorities recommend not putting outgoing mail in your own mailbox for your carrier to pick up.

What's next for paper checks

Paper checks have been around in some form for almost a thousand years, but their day may be ending except for large payments like the down payment on a home or car. Many retailers no longer accept paper checks; they'll take credit or debit cards, or payment apps. While most still take cash, even that number is also decreasing.

Near us, only New York City has passed legislation requiring businesses to accept cash as payment. Although our paper money includes the words "this note is legal tender for all debts, public and private," there is no New York State or federal law requiring businesses to accept cash.

If you must write a check

Always use blue or black gel pens. If you send a check via mail, only use blue or black gel non-erasable pens. It is harder for bad actors to alter your checks if permanent dark ink is used.

Use security checks. Most financial institutions offer security checks that contain a hologram and are printed on safety security paper, which make it more difficult for scammers to wash or reproduce checks. These checks are more expensive than regular checks but can help safeguard against check alteration or copying.

Be conscious of when and where you drop off checks. Do not drop envelopes containing checks in your personal mailbox or a blue outdoor USPS collection box after its final pick-up time. Bring mail-in payments to your post office during normal business hours. Hand the mail directly to a postal clerk if it's possible.

Check your bank account balance frequently. Check your bank balance weekly so you can quickly spot a reduction in your bank balance which may indicate if a fraudulent check has been issued from your account.

Don't delay reporting suspected theft. If you spot an unauthorized withdrawal or a fraudulent check issued from your account, notify your bank or credit union immediately and report the theft to your local police department. Some financial institutions require customers to report fraud in as little as two weeks in order for the financial institution to cover the customer's loss; others allow customers up to 30 days. The longer you wait to report the fraud, the

more difficult it will be to recover your funds.

Hand-deliver the check to the payee whenever it's possible to do so.

Remember the 30th day of September

A White House executive order issued in March indicates that by September 30th, federal departments and agencies will no longer issue paper checks, including Social Security checks and federal tax refunds, making the switch to fully electronic payments like direct deposit, prepaid card accounts and other digital options. With fewer than 500,000 paper Social Security checks being mailed monthly nationwide, as opposed to over 68 million direct deposit Social Security payments, this move isn't surprising; but the transition could still be a hurdle for the roughly 30,000 New Yorkers who still receive their monthly checks in paper form.

The order includes a few exceptions to the new rule, for those who do not have access to banking services or electronic payment systems.

MAY 5 'SPRING INTO HAPPINESS' IS FULLY BOOKED

As is the waitlist. Thanks for your enthusiasm and interest! "Spring Into Happiness" is a new type of event for OFA, and we hope to learn a great deal more about the connectedness between happiness and optimism, and successful aging.

Couldn't get on the guest list for this one? OFA offers "Successful Aging" and many other presentations throughout Dutchess County to seniors' and caregiver groups, along with civic organizations. Contact OFA Outreach Coordinator Brian Jones at bjones@dutchessny.gov to learn more.

To learn more about successful aging, visit www.dutchessny.gov/aging, click on the "Printable Aging Resources" card, and look for our "13 Steps to Successful Aging" flyer.

'EMPOWERED CAREGIVER SERIES' AT OFA THIS SPRING

Are you the caregiver of a Dutchess County resident living with dementia? The Dutchess County Office for the Aging is partnering with the Alzheimer's Association Hudson Valley Chapter to host the "Empowered Caregiver Series" in May and June at OFA headquarters, 114 Delafield St. in Poughkeepsie.

Each session takes place on a Tuesday at 3 p.m. Seating is limited, so reservations are required. Call the Office for the Aging to save your seat at any session(s) you can attend, at 845-486-2555 during business hours. We cannot accept reservation requests made via voice mail or email. Topics in the program include:

- May 6 - Building foundations of caregiving
- May 13 - Supporting independence
- May 20 - Communicating effectively
- May 27 - Responding to dementia-related behaviors
- June 3 - Exploring care and support services

This free program is open to caregivers of all ages and is supported in part by a grant from the New York State Department of Health.

'HONOR A VETERAN' CEREMONY IN MILLBROOK (Thu 4/17)

Dutchess County Executive Sue Serino and the Dutchess County Office of Veterans Affairs invite you to attend the county's first-ever 'Honor-A-Veteran' Ceremony, recognizing the late Andrew Doro (1945-2024), a proud United States Army veteran and beloved member of the Millbrook community. The ceremony will take place next Thursday, April 17 at 9 a.m., at the Village of Millbrook Hall, 35 Merritt Avenue.

Learn more about the program at dutchessny.gov/honoraveteran.



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