

The journey of apple blossoms to fruit

By Francine Wizner
HV Naturalist

The journey of fruit development is a lengthy adventure. Apple trees, whether grown from rootstock (in commercial production) or from seed, can take 2-10 years to bear fruit, depending on the variety.

Pollination of the blossoms from other compatible trees is necessary to produce fruit. The pollen is sticky, which makes it more easily transferred by insects than wind. The most effective pollinators are honeybees; but other insects, and birds, also contribute.

When pollen lands on the stigma of a compatible flower, it travels down the style to the ovary, where fertilization occurs. After fertilization, fruit development begins! The petals of the blossom fall off, leaving behind the growing apple. Apples ripen for harvest from late summer through fall, taking between 100-200 days to develop, depending on the variety.

Apples and Blossoms

The fleshy part of apples forms from tissue that surrounds a blossom's ovary. The ovary forms the apple core and contains ovules or seeds. After the bloom, the base of the flower forms the apple's stem. The remains of the stamen and style form the calyx, at the opposite end.

Fruit to 'Blossoms'

Turn apples back into edible "blossoms" by slicing them thinly and adding lemon juice and sugar. Then, microwave them so that the slices are pliable. Slightly overlap the slices in a line and roll them into a flower shape. Place the apple "blossoms" in a cup and add tea. They can also be served as fruit compote or baked for a warm treat.



Apple blossom tea & compote.
Photo by Francine Wizner

A sure sign of spring: Apple Blossom Day in Red Hook

Event set May 10
in Village

By Kate Goldsmith

On Saturday, May 10, Red Hook celebrates spring and community with Apple Blossom Day, featuring live music, craft vendors, family activities, food vendors and more. Organized by the Red Hook Rotary Club, this year's event takes place, rain or shine, from 10 a.m. to 4 p.m. at various locations in the village. Admission and parking are free.

Red Hook Rotary has hosted Apple Blossom Day for more than 25 years; it is the first of two community days in the Village of Red Hook (Hardscrabble Day, held in September, is the other).

According to Red Hook Rotary member Dave Wright, the "nerve center" of the event will be in the Village parking lot at Prince Street. A stage will alternately host bands and a DJ playing dance tunes.

The music starts at 10:15 a.m. with the McCanna Band. Dance to DJ music from 11:30 a.m. to noon. From noon to 1:30 p.m., there will be a "Local Jam," featuring a nine-member band performing hits



Apple blossoms. Photo courtesy of Fishkill Farms

from the 1960s to the 1990s. The DJ will be back from 1:30 to 2:30 p.m. Headlining the musical entertainment at 2:30 p.m. is The Stringmasters Band, a local family band with a country flair. They are clearly Apple Blossom Day

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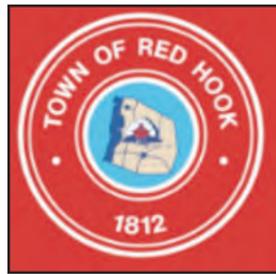
Town of Red Hook seeks to acquire Red Hook Boat Club property by eminent domain

Public hearing set
May 16 at Red Hook
High School PAC

By Kate Goldsmith

Legal battles and a fierce public discourse are under way following the Red Hook Town Board's announcement that it intends to use eminent domain to obtain waterfront property owned by the Red Hook Boat Club.

The town, citing a long-held municipal goal of creating a public park on the Hudson River, officially declared the



plan late last month. At its April 28 meeting, the Town Board approved a resolution to hold a public hearing on the matter on Friday, May 16, at the Red Hook High School Performing Arts Center.

At the start of the meeting, Town Supervisor Robert McKeon addressed a full house of citizens, most who were there specifically to comment on the eminent domain proposal. Those who wished to speak were given time, although McKeon suggested the best place to weigh in would be at the public hearing.

"We'd like to hear from you in an appropriate forum," McKeon said. "The [Red Hook] High School has been reserved for that purpose [on May 16] ... to accommodate everybody who wants to speak on this topic."

Eminent domain gives the government the power to seize private property, even if the owner doesn't want to sell. The process is most often wielded in public

works projects such as widening roads and building sidewalks, but any use can qualify as long as it is deemed to serve a legitimate public purpose. In an eminent domain procedure, the government must pay the owners "just compensation" for their property, meaning the land must be valued for the highest and best use of the land.

Besides requiring that a project serve a legitimate public purpose, New York's Eminent Domain Procedure Law spells out strict legal procedures to ensure transparency, among them holding public hearings, disclosing plans and giving the property owner the opportunity to challenge the procedure in court.

A quest for public access to the riverfront

The Town of Red Hook has long sought to create public recreational opportunities on the shores of the Hudson

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Town of Red Hook seeks to acquire Red Hook Boat Club property by eminent domain

continued from cover

River. Due to a combination of factors, there are a minimal number of spots that would be both safe and easily accessible for a public park.

The town's 1993 Comprehensive Plan has been cited by the current administration as justification for the eminent domain procedure (<https://www.redhookny.gov/CivicAlerts.aspx?AID=1491>). That plan "called for consideration of the development of Hudson Riverfront parks in Barrytown, as well as preserving waterfront open space ... Of the areas where deep water is available close to the shore, only the Barrytown area has direct access to the shoreline because of the railroad line."

The town's Local Waterfront Revitalization Plan (LWRP) of 2019 proposed entering into a public/private agreement with the boat club, noting it "is the only shoreline property in Barrytown that is currently not a residential or institutional use. Should that property become available, either as a public space or by means of a public/private partnership, regulations regarding public use of the docks and water-dependent activities would need to be considered." The plan also stated that "There are no public harbors or landing dock facilities within the HMA [Harbor Management Area]. The only such facility for powered boats is the private members-only Red Hook Boat Club, which features newly rebuilt bulkheads, a dock and a boat ramp."

The same LWRP suggested that the town "should support Tivoli's waterfront project whenever feasible. Meanwhile, the Town should carefully and continuously watch for opportunities as its own coastal properties change hands, especially in Barrytown."

Speaking to the Northern Dutchess News last week, Richard Ross, commodore of the Red Hook Boat Club, noted that a parcel near the boat club did come up for sale in 2020, but the town didn't purchase it.

"It fit into their river revitalization plan," Ross said. "Why did the town overlook that property?"

Questions about the process

Ross explained that the club was started in 1948. He is the third generation of his family to be a member: his grandfather and father preceded him, and he hopes that his children will continue the tradition.

The town never contacted the club with regard to any partnership, Ross said. The current situation started with a local law proposed in November 2024 that updated certain zoning regulations with regard to cannabis dispensaries, short-term rentals and marinas. That last item caught the club's attention, since there are no marinas in Red Hook. Typically, a marina is a commercial enterprise providing amenities such as fuel docks and storage facilities for vessels.

By its charter, the club is limited to 100 members, and it lacks the amenities of a marina.

Ross said he contacted the town for clarification and was assured that the club had nothing to worry about.

"We weren't concerned at first," Ross said. "We're just a little boat club."

Ross sought reassurance that the club would be allowed to function the way it always had. He said the town's response was evasive; so in early 2025, the club hired an attorney and filed an Article 78 lawsuit to challenge the zoning change.

"The intent was always there to devalue the property for eminent domain," he said. "Because they banned marinas, the value [of the land] is lessened. There were a lot of premeditated discussions to get it for a lesser price."

According to Dutchess County Parcel Access, the club is on two parcels of land

totaling 2.37 acres with a current market value of \$1,228,600.

Ross has set up a Go Fund Me campaign to raise money for the club's legal fees. The goal is \$25,000. Visit www.gofundme.com and search for "Save Red Hook Boat Club from Eminent Domain" to learn more.

If the funds are not needed for legal costs, Ross said, "My goal for the Go Fund Me would be to donate all monies to the Tivoli Waterfront Revitalization Plan."

Asked to comment, Supervisor McKeon said, "It may come as a surprise to your readers that it was a Boat Club director who approached the Town early in the year, and not the other way around. He had heard some remarks I made at a Planning Board meeting about wanting to create public space at the Riverfront and made a determination that I must be talking about the Boat Club. He offered to set up a meeting if we were interested and I took him up on the offer several weeks later, at which point they requested the attorneys be involved. They've indicated that they no longer wish to meet to discuss a public/private partnership."

McKeon said the town has an extensive track record of arranging such partnerships, including the Recreation Park with Red Hook Central School District and leagues, the programming the town supports at the Community Center, the Library, St. Margaret's, and the old Red Church and Cemetery, among others.

"Earlier this year, the Town approached the Red Hook Boat Club to express interest in acquiring this property for community use as a public/private partnership, hoping to negotiate continuing rights for Boat Club members while providing the whole community with access to the Hudson," McKeon said. "The Town remains open to pursuing such an arrangement."

Citizens speak out

During the April 28 public comment period, several attendees spoke against the eminent domain procedure, with only one approving. The reasons for opposing the takeover ranged from concerns about public safety and negative impacts to the local community of Barrytown, to the cost of purchasing and maintaining the park and the perception that the seizure is being done without due process.

Ross was the first speaker, setting the tone of disappointment and outrage. He stated "on the record" that no one on the Town Board ever reached out to him, the club's Board of Directors, or any member of the club, to discuss a public-private partnership.

Ross noted the town's "lack of transparency and due diligence ... created a deep level of mistrust" and that "bullying antics and discussion of policy behind closed doors will not be tolerated."

Declaring that the eminent domain action would be known as "one of the greatest forms of government overreach and abuse this state has ever seen," Ross added, "Town Council: Is this what you want to be known for?"

In conclusion, Ross said he was "counting on the Board to put trust back in local government."

Barrytown resident Cary Kittner provided eloquent and compelling points in her own argument against the eminent domain decision and, in general, questioned the wisdom of a public park at the boat club site.

First, she "respectfully" objected to the town assigning itself lead agency in the environmental impact study of the property without consulting the NYS Office of Parks, Recreation and Historic Preservation (OPRHP). The study is mandated for certain projects under the

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Town of Red Hook seeks to acquire Red Hook Boat Club property by eminent domain

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State Environmental Quality Review Act, or SEQRA.

Kittner noted that Barrytown is a historically significant district whose character is protected under the town's Comprehensive Plan and zoning documents; as such, the study requires OPRHP's involvement. In addition, she suggested that deferring to OPRHP as lead agency could result in an impartial, thorough review.

The waterfront project, Kittner said, could permanently alter Barrytown's rural historic landscape through traffic, infrastructure, fencing, signage and lighting. She was also concerned that a public park would invite vandalism and become a "threat to the fabric of our community."

"The idea of a waterfront park is lovely, but this is not the right spot," Kittner said, citing significant safety concerns such as "fast water" that would be hazardous for swimming or launching canoes and kayaks. Because of the hazards, a park there would be more costly to patrol. In addition, Barrytown does not have the infrastructure to support large numbers of vehicles accessing the boat club property. Other Barrytown residents echoed these and other concerns.

Kittner said a park would be more accessible, to more people, in the Village of Tivoli, which is also in the Town of Red Hook. (Tivoli already has river access via a bridge over Amtrak property

and plans to create a public park there.)

In a strong closing, Kittner reiterated her reasons for opposing the eminent domain takeover, adding "The people who are members of the boat club have built and maintained the club through volunteer work for 75 years. It is a tradition and a beloved place for the working class people who have pulled together to have something each could not have on their own. Its historic significance is that it was founded by World War II veterans and their families to enjoy the fruits of their labors."

She noted that the "pet project of the town supervisor and his followers, taken from a tradition of working class people, smacks of gentrification, opportunism, government overreach and blatant disregard for an entire group of people on the other side of the aisle."

Roxanne Fischer, another Barrytown resident who is also a member of the boat club, homed in on "critical safety concerns," from the swift Hudson River currents that would pose real risks for swimmers and boaters; to impacts on local traffic and emergency response. Costly studies would need to be done on these issues, she said.

Sarah Imboden, a Village of Tivoli trustee and chair of the Town of Red Hook's Democratic Party Committee, spoke as a private citizen about government overreach, saying "eminent domain

is a taking" akin to manifest destiny, which is "a pretty outdated concept." She questioned why the town board was justifying the process by referencing old documents such as the 1993 Comprehensive Plan and the Local Waterfront Revitalization Plan (LWRP).

"We have a new LWRP [awaiting approval] and a new Comprehensive Plan," she said. "I don't understand why you would do this action, right now, the way you're doing it."

Imboden stressed that the community needs to come together to work out a plan for a riverfront park.

Following the comments, Supervisor McKeon thanked the speakers and said there would be "plenty of opportunities on different dates" to express their views.

Audio from the meeting is available at <https://www.redhookny.gov/AgendaCenter/Town-Board-12>

McKeon weighs in

"At the public hearing, folks will hear from our Town Planner that Red Hook's adopted plans have called for the establishment of a park along the Hudson River in Barrytown since 1967," the supervisor said. "Red Hook is one of the only communities on the Hudson River without public access, and the Town seeks to open this resource to our full community. Public waterfront parks are commonplace and popular, but rarely crowded. With access in our community, it eliminates the need for Red Hook residents to visit another town to launch a boat, have a picnic, or watch a riverside sunset. It becomes a true community asset."

McKeon noted that eminent domain "is a tool that should be utilized carefully and sparingly," one that has created major public parks (including Walkway over the Hudson and Hudson Valley Rail Trail, Central Park, Hudson River Park, Yellowstone, Redwoods National and many others); but also has been

used to create smaller parks in local communities.

"In some high-profile examples, people were displaced from homes or areas have been redeveloped for private benefit, neither of which is proposed here," said McKeon. "This action would simply mean shared access for Red Hook residents, expanding beyond Boat Club membership, which is currently limited to 100 paying individuals from in and out of the Town."

"If the property is acquired using eminent domain instead of reaching an agreement for a public/private partnership, the Club would be paid just compensation for the property, as required by law," he said. "In all of these scenarios, Red Hook residents would be able to access the park for free."

Many residents have wondered why the town isn't seeking to partner with Tivoli on a waterfront park. McKeon said, "This property [boat club] is the only viable location in Town to have a public waterfront park, with an accessible crossing over the train tracks and suitable parking. In contrast, Tivoli's Local Waterfront Revitalization Program documents show startling impacts of climate change, including erosion, rising water levels, and projections of how quickly the train tracks may be under water at that location. Other potential locations lack infrastructure or are blocked by the train line."

McKeon added, "I have spent most of my adult life working to protect Red Hook and surrounding Hudson Valley communities. With the Town Board, I seek to carefully consider what's in the best interest of the whole Town and work hard to enhance the quality of life for everyone by building a community that is welcoming and where you don't have to pay to participate. The river is a community asset, but only if we can all access it."

Lawler, Ryan introduce bill to curb federal use of PFAS chemicals

Reps. Mike Lawler (NY-17), Haley Stevens (MI-11), Brian Fitzpatrick (PA-01), Chris Pappas (NH-01), and Pat Ryan (NY-18) introduced the PFAS-Free Procurement Act, a bill aimed at reducing harmful chemical exposure by prohibiting the procurement of products containing perfluorooctane sulfonate (PFOS) or perfluorooctanoic acid (PFOA), commonly known as PFAS.

These chemicals are linked to a variety of health issues, including cancer, liver damage, and developmental harm. The bill prioritizes the procurement of safer, PFAS-free products. The bill prohibits federal agencies from renewing or entering into contracts for products containing PFOS or PFOA, including nonstick cookware, cooking utensils, furniture, carpets, and rugs treated with stain-resistant coatings. The legislation takes effect six months after enactment and will apply to all contracts entered into after that date.

"Across New York and the nation, communities grapple with the long-term

consequences of PFAS contamination, threats to public health, drinking water, and environmental safety. As stewards of taxpayer dollars, we have a responsibility to ensure the federal government is not perpetuating this crisis through its procurement practices. The PFAS-Free Procurement Act takes a measured, forward-looking approach that protects public health, encourages safer alternatives, and leverages the purchasing power of the federal government to drive meaningful change," said Lawler.

"Our communities have suffered from exposure to PFAS for too long - I refuse to let your kids or mine be exposed to these toxins any longer," said Ryan. "I'm proud to be leading the fight against PFAS exposures, and am excited to join my colleagues in supporting this vital legislation to ban the purchasing of PFAS-contaminated materials in federal buildings, protecting families, kids, and seniors from further exposure."

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Northern Dutchess News & Creative Living is a division of the Southern Dutchess News, produced and printed in Dutchess County since 1959. The Southern Dutchess News is an official newspaper of Dutchess County, as voted by the Dutchess County Legislature. The Northern Dutchess News is the official newspaper of the Towns of Amenia, Millbrook, Union Vale, Stanford and Rhinebeck.

Submit all legal notices to sdnlegals@aol.com.

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To submit news and letters to the editor:

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Deadline is Thursday at 3 p.m.

To submit arts-related news
and calendar events:

creativeliving@sdutchessnews.com

Creative Living deadline is Thursday
at 3 p.m. for publication the following week.

Northern Dutchess News serves the towns of Amenia, Beekman, Clinton, Dover, Hyde Park, LaGrange, Milan, Pine Plains, Pleasant Valley, Red Hook, Rhinebeck, Stanford, Union Vale and Washington; the villages of Millbrook, Red Hook, Rhinebeck and Tivoli; and the hamlet of Salt Point

The Southern Dutchess News
84 East Main Street
Wappingers Falls, NY 12590
845-297-3723

NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News. Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.

An open letter to Democrats

To the editor,

This is an open letter to members of the Democratic party. Many times, we hear appeals for bipartisanship, but then an event or action comes up that calls into question the desire for bipartisanship.

One such example occurred during President Trump's speech to the joint session of Congress. When Mr. Trump acknowledged 13-year-old cancer survivor DJ Daniel, most of the Democrats sat on their hands and did not acknowledge the young man. More recently, a bill was brought before Congress to protect women and girls in sports. Democrats voted as a block against the bill. Currently, Democrat leaders are backing Albrego Garcia, an alleged dangerous gang member, alleged sex trafficker, and domestic abuser in order to slow deportation of criminal illegal aliens. (Administrative procedures being pursued by the administration will likely be found to be legitimate.) In addition, the NY state Attorney General is being brought up on serious charges of misrepresentation on mortgage documents. There is more.

What is the point? Try to set aside the "I hate Trump" narrative briefly. Democrats, are you happy with your leaders, their policies, and the direction they are taking you? The policies and tactics they are pursuing should be a concern. Are these the leaders you want directing you and your party? If not, perhaps it is time to vote them out of office or primary them or take some kind of action. The current path is not a good one.

Rex S. Bridges
Rhinebeck

The emperor who wore no clothes

To the editor:

A fairy tale by Hans Christian Anderson entitled "The Emperor who wore no clothes" is about a King driven around his domain in a carriage for all to see without any clothes on. It fits the image of President Trump. Trump tells us he has put tariffs against 200 countries in the world like arrogance of a king demanding tribute and issued 100 executive orders ignoring Congress and the Supreme Court while working to destroy our democracy. How can someone be smart and stupid at the same time? For Trump it is his narcissistic mental illness (Dr. Mary Trump) having a profound lack of empathy. His latest grandiose words "I run this Country and the World."

Trump says his tariffs will do away with income taxes (circa 1870-1913), but they are really a backhand tax that will most hurt low income people who will spend more on the same necessities of life or do without. The recent \$15 billion income surge from steel tariff looks great - until you look to experts who analyze this (Bloomberg, Moody's, Tax Foundation) who question the economic disruption caused by higher consumer prices and strained trade relationships: Trump spent \$25 billion during

his first term to help farmers hurt by tariffs and now whose farmers exporting soybeans, pork, fruit are again hard hit (NPR).

Trump speaks fear to silence opposition. Started Feb. 2025 by denying Associated Press (AP) reporter access for not using "Gulf of America." He called Amazon to stop them from showing added tariff tax on purchases. Trump issued order to restrict colleges who they can hire and what they can teach, by threat of withholding funding for research programs.

There is a pattern of the Trump administration leadership bias against women in control. President Trump campaigned "I am your retribution" (2023), a history of Sexual abuse against E. Jean Carroll.

And the list goes on.

David F. Queen
Red Hook

Silence isn't always golden

To the editor:

It all started as a plea for societal tolerance. Over 50 years later, it has become a demand for advocacy — by minor children.

For one day during the middle of April, public school students were given the option to remain silent for the entire school day in order to entreat sympathy for other students who experience same-sex attraction and/or gender confusion.

The "silence" is allegedly meant to support an affirming learning environment for LGBTQIA+ youth. This may seem noble at first glance, but further introspection proves troublesome.

Aside from the fact that one's natal sex is impossible to change, the Centers for Disease Control statistics reveal homosexual sodomy remains the primary mode of HIV transmission, accounting for 67% of all new cases, with 19% in the age 13-24 demographic. Odds are a 13-17 year-old with HIV is being sexually abused. Given the incubation period, an 18-24 year-old could have been infected while a minor.

Does it make sense to advocate for a lifestyle choice proven to shorten one's lifespan?

Interestingly, as this initiative promotes recognition and acceptance of sexual minorities, it conspicuously does not acknowledge or affirm former homosexuals or detransitioners who have tried these behaviors and found them wanting.

Could it possibly be that the covert motive for this event is to use public schools to change the beliefs of other peoples' children about homosexuality and gender dysphoria under the guise of eliminating discrimination? As the saying goes, you can put lipstick on a pig, but it's still a pig.

Linda Cebrian
Rhinebeck

NOTICE OF EARLY DEADLINE

Due to a holiday press schedule for Memorial Day, the May 28 issue of Northern Dutchess News will have early deadlines for all departments. Editorial and calendar submissions must be received by Thursday, May 22, at noon. Advertising must be received by Thursday, May 22, at 5 p.m.

Contact cschmidt@sdutchessnews.com for more information.

EAST CLINTON FD TO HOLD PUBLIC INFO SESSIONS FOR PROPOSED NEW FACILITY

The East Clinton Fire District (ECFD) will hold two public information sessions regarding their proposed new facility. The first event is set Saturday, May 10, at 1 p.m., at Clinton Town Hall, 1215 Centre Road, Rhinebeck; and the second is set Wednesday, May 21, at 7 p.m., at the ECFD Firehouse, 9 Firehouse Lane, Clinton Corners.

Residents of the ECFD are encouraged to attend the information sessions to learn about the need for the proposed Firehouse. The Fire District Commissioners will discuss the project and be available to answer questions.

The referendum vote will be held June 3 from 4 to 9 p.m. at Valley Community Church, 2260 Salt Point Turnpike, Clinton Corners.

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DC Office for the Aging forum set May 14 at St. Paul's, Wurtemberg

St. Paul's Lutheran Church of Wurtemberg and the Dutchess County Office for the Aging are co-sponsoring an event on Wednesday, May 14, at 1p.m., to highlight the extensive services and offerings available to local older adults and caregivers.

This program is open to everyone in Northern Dutchess communities.

"We are pleased to have our historic 1802 church co-sponsor this program," said the Rev. Dr. Mark D. Isaacs, Pastor of the Congregation. "Many people in the older adult population are not aware of the opportunities provided by the Office for the Aging. In addition to valuable resources and services, volunteer activities are open to interested individuals."

A listing of current and upcoming programs and events are a weekly feature of

the Northern Dutchess News under the heading of "Golden Living." This community program is being presented to look beyond the highlights and provide additional information and offers a give-and-take dialog and a chance to ask questions. Light refreshments will be provided. And the church is handicapped accessible.

"Our congregation feels that community outreach is a vital part of its DNA. No matter what a person's religious beliefs, we feel that it is important to provide a place for worship as well as community service. For example, St. Paul's Wurtemberg has been designated a Veteran/Military Friendly Congregation," added Rev. Isaacs.

For additional information, please call the Parsonage at (845)876-7697.



St. Paul's Lutheran Church of Wurtemberg, site of an Office for the Aging forum, is located on Wurtemberg Road, off Route 9G between Hyde Park and Rhinebeck. It is often referred to as the "white church on the hill." Courtesy photo

COMMUNITY CALENDAR

PV Garden Club meets first Thursday of the month

Want to learn more about gardening while helping your neighbors? Join Pleasant Valley Community Gardens for its monthly meetings at 6 p.m. the first Thursday of every month at the Pleasant Valley Library. No experience necessary. Pleasant Valley Community Gardens are volunteers learning as they grow vegetables and flowers in Helen Aldrich Park on Route 115. Everything we grow is to benefit local food pantries. See our Facebook page and web site at www.pleasantvalleycommunitygardens.com.

Cary Institute to host events May 10

Cary Institute for Ecosystem Studies in Millbrook will host the following events:

Nature Stories: Cary Trail Celebration with Local Libraries: Saturday, May 10, 10 a.m.-noon; in-person event. Take a guided walk along Wappinger Creek Trail, participate in an eco-scavenger hunt, and learn about Cary science, education programs, and volunteer opportunities. This event will also feature offerings from several local libraries, including crafts, a storywalk, and a bookmobile.

Bird Walk and Talk at the Catskills Visitor Center: Saturday, May 10, 10-11:30 a.m.; in-person event: Dr. Kara Belinsky of SUNY New Paltz will introduce 12 delightful montane birds and explain how to identify them by habitat, sight, and sound. Hosted by the Catskill Science Collaborative, a program of the Cary Institute.

Cary Institute is on Route 44 in Millbrook. Visit www.caryinstitute.org for more information.

Garden Talks set at Beatrix Farrand Garden

The Beatrix Farrand Garden Association will host series of free garden talks on Saturdays in May and June. The talks will take place from 11 a.m. to noon in the Beatrix Farrand Garden, located at the FDR National Historic Site, 4097 Albany Post Road, Hyde Park. Talks are free and open to the public by reservation: www.beatrixfarrandgardendepark.org. The next talk will take place on May 10: "Site Assessment for Your Home Landscape," with Anna deCordova, Naturalist, NPS. Whether you are planning a new project, or improving an existing area, knowing the facts about your site is the first step.

Millbrook Community Fridge celebrates 2 years of sharing & support

The Millbrook Library and Millbrook Rotary Club invite the community to a special Second Birthday Celebration for the Millbrook Community Refrigerator on Saturday, May 10, from 11 a.m. to 1 p.m., at the Millbrook Library (3 Friendly Lane) for an afternoon filled with games, pizza, cake, face painting, and fun.

Community members are encouraged to bring a donation of fresh food, non-perishable items, or toiletries to help keep the fridge stocked. Donations should follow the Community Fridge Guidelines; For more information, visit www.millbrooklibrary.org, @millbrooklibrary, and @millbrookrotaryclub

Repair Cafe in Pleasant Valley

Join us for the Pleasant Valley Repair Cafe! Our skilled repair coaches will be on hand to fix everything from electronics to clothing—completely free of charge. Bring your beloved items that need some TLC and learn how to repair them with the help of our experts. Let's reduce waste and promote sustainability together! The Repair Cafe is held at the Pleasant Valley Town Hall, 1558 Main Street, Route 44, from 10 am - 2 pm, Saturday May 10.

GRAND OPENING!

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We're opening our doors **May 10th at 9am** and you're invited! Join us for a day full of energy, community, and movement with **FREE 30-minute demo classes 9:30am-2pm**. Enjoy refreshments, enter our raffles, and take advantage of our Grand Opening deals—one day only! Come see what **Lifestyle Fitness & Yoga** is all about!



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Q & A WITH RENEGADES ASSISTANT GM WILL YOUNG

Making the move from Minnesota to NY and learning all about the Hudson Valley

By Morgan E. Maier

Editor's note: This week, writer Morgan E. Maier speaks with Renegades Assistant General Manager Will Young.

What drew you to the Hudson Valley Renegades four years ago?

I started my career in baseball working for the St. Paul Saints, now the AAA affiliate of the Minnesota Twins. At the time, both the Saints and the Renegades were owned by the same family. When I started looking for full-time positions, a former Saints employee had just started here as the Assistant GM, and I was able to speak with him about the opportunity to make a move to the East Coast. Immediately I was sold on the idea of what Renegades Baseball means to the Hudson Valley, and the opportunity to build and grow the team with its new affiliation. I started as a Ticket Sales Account Executive, where I learned how important every member of this community is to the team, and I carry that with me and how I work every single day.

To you, what is most fun about working in baseball? Or, what are your favorite parts of each role you've held in your career?

To me it is all about the people, and the connections you make both in the office and out in the stands. Every single day I get to

walk outside and have a conversation with a Season Ticket Member, help a Little League team take the field with our players, or service one of our amazing corporate partners. Each of our fans has their unique story, and being able to talk to them, learn from them, and help them is incredibly rewarding. I would be remiss if I didn't shout out the incredible staff as well, from the Front Office to our Gameday Employees, everyone is an absolute pleasure to work with and does everything they can to bring smiles to the Hudson Valley!

How does New York's baseball season differ from that of Minnesota?

Not as much as you would think! People ask me all the time in the middle of June, "Oh, I bet if you were home it would be 50 degrees right now." While yes, my first game working in baseball had a snow delay, it is not the tundra that everyone thinks. Wherever you go, Minnesota, New York, California, you are going to find a community of fans who care deeply about their hometown team. I will say the melting pot of fandom here has been so fun to learn; you have Yankees, Mets, Red Sox, Blue Jays, Phillies, so many different teams all so close together. In Minnesota, the next closest team would be the Brewers, which was over 6 hours away, so it would be shocking to meet anyone who

wasn't a Twins fan.

What were some traditions and sports culture that surrounded you growing up and attending college?

It is always interesting how different sports carry different weights depending on where you are in the world. Growing up in Minnesota, we are the state of hockey, and one of the biggest events of the entire year was the Minnesota State High School Hockey Tournament. I personally can't even stand up on a pair of skates, but I would be able to tell you who won each level of that tournament every single year. When I moved to Iowa for college, wrestling was above all else from elementary school to the time you left college. High School wrestling meets would have more attendees than football games, and again, for a sport I never participated in, I learned so much.

Why is the Hudson Valley a prime location for baseball?

The Hudson Valley is such a beautiful area of the country, and is a destination not just for New Yorkers but for people like me from the Midwest. I have learned over the past few years how much there is to see and do, especially during the summer, and baseball is a perfect example of that. We always joke that if we didn't work here, we would



probably spend the same amount of time here. You can spend your morning in south Beacon hiking Breakneck Ridge, grab lunch at any of the wonderful restaurants in Newburgh, take a stroll on the Walkway over the Hudson in Poughkeepsie, stop for a drink at Sloop Brewing in East Fishkill, and come to a Renegades game in Wappingers Falls. All of that in one day, and I don't even think we covered half of the towns that make Hudson Valley so special.

League Standings

SOUTH ATLANTIC LEAGUE NORTH						
	W	L	PCT	GB	L10	STRK
Greensboro PIT	19	8	.704	-	6-4	W4
Hudson Valley NYY	18	8	.692	0.5	7-3	W2
Brooklyn NYM	17	9	.654	1.5	7-3	W1
Aberdeen BAL	10	17	.370	9.0	3-7	L3
Jersey Shore PHI	9	16	.360	9.0	4-6	L2
Wilmington WSH	9	18	.333	10.0	4-6	L1
SOUTH ATLANTIC LEAGUE SOUTH						
	W	L	PCT	GB	L10	STRK
Bowling Green TB	15	12	.556	-	7-3	W3
Hub City TEX	15	12	.556	-	5-5	L2
Rome ATL	15	12	.556	-	5-5	W2
Asheville HOU	12	15	.444	3.0	4-6	L1
Greenville BOS	12	15	.444	3.0	4-6	W1
Winston-Salem CWS	9	18	.333	6.0	4-6	L4



Home Schedule

May			
05/13/25	vs. Aberdeen	06:05 PM	Rascal's Reading Challenge Night Baseball Bingo Presented By PeopleUSA
05/14/25	vs. Aberdeen	06:05 PM	Pirate Night Wine Wednesday Presented By Benmarl Winery
05/15/25	vs. Aberdeen	06:05 PM	Soccer Night Soccer Jersey Giveaway Presented By Heritage Financial Credit Union
05/16/25	vs. Aberdeen	07:05 PM	Disco Night Fireworks Friday
05/17/25	vs. Aberdeen	05:05 PM	Open Mic Night Jace Avina Bobblehead Giveaway
05/18/25	vs. Aberdeen	02:05 PM	No Place Like Home Sunday Family Funday
05/27/25	vs. Wilmington	06:05 PM	Fast Food Night Baseball Bingo Presented By PeopleUSA
05/28/25	vs. Wilmington	11:05 AM	Education Day Presented By Heritage Financial Credit Union Wine Wednesday Presented By Benmarl Winery
05/29/25	vs. Wilmington	06:05 PM	FRIENDS Night FRIENDS Jersey Giveaway Presented By Heritage Financial Credit Union
05/30/25	vs. Wilmington	07:05 PM	Fireworks Friday Baseball (Rosie's Version)
05/31/25	vs. Wilmington	05:05 PM	The Malmö Oat Milkers: Did Someone Say Dynasty? Faith And Family Night Presented By The Paramount at Somers
June			
06/01/25	vs. Wilmington	02:05 PM	Copa De La Diversión: National Puerto Rican Day Sunday Family Funday
06/10/25	vs. Greenville	06:35 PM	Everyone's Birthday Baseball Bingo Presented By PeopleUSA
06/11/25	vs. Greenville	06:35 PM	Pride Night Wine Wednesday Presented By Benmarl Winery
06/12/25	vs. Greenville	06:35 PM	Rise Of The Cider Donuts Cider Donuts Replica Jersey Giveaway Presented By Heritage Financial Credit Union
06/13/25	vs. Greenville	07:05 PM	Dino Night Fireworks Friday
06/14/25	vs. Greenville	05:05 PM	Renegades Dating Show Roc Riggio Bobblehead Giveaway Presented By S.M.A.R.T. Local 38
06/15/25	vs. Greenville	02:05 PM	Father's Day Sunday Family Funday



See story,
page 8



RENEGADES ROUNDUP

Dramatic wins rule as Renegades top BlueClaws



Brenny Escanio received the traditional dousing after his walk-off single propelled the Renegades to a 5-4 win over Jersey Shore last week. *Photo by Dave Janosz*

By Morgan E. Maier

Could an early-bird game time change cost the Hudson Valley Renegades their edge for a day? The Jersey Shore BlueClaws routed the Renegades 9-1 during a Wednesday matinee, as school buses lined the Heritage Financial parking lot for an 11 a.m. first pitch. Sunday rain called for a postponement, as fans await the Hudson Valley Renegades' first appearance as the Fenómenos Enmascarados. The Renegades won this week 3-2, bookending the series with two dramatic wins, and came out with a share of the South Atlantic League (SAL) lead.

They're Keen on Keane!

After 26 appearances and 11 starts last year, Sebastian Keane has found his way in the bullpen early this season. In six appearances, the right-hander Keane boasts a 2-0 record, a 2.35 earned run

average (ERA), and one save in 7.2 innings. Keane picked up his second win on May 3, retiring both batters he faced to hold the 4-3 BlueClaws lead to the bottom of the ninth.

George Lombard led off the bottom with a double, then moved to third on a sacrifice by Parks Harber, and scored on a Coby Morales double. An intentional walk then set up Brenny Escanio for the walkoff single, as Keane captured a win in the 5-4 Renegades victory. Escanio finished the series with 4 hits and 3 RBI, including his second home run of the year.

First blood

In the April 29 opener, the Renegades scored 7 runs in the first inning, tying the mark set on April 19 against Wilmington. The eventual 14-2 victory marked the team's sixth time scoring 5+ runs in an inning. Hudson Valley is now 3-0 in games where scor-

ing 10 or more runs.

Production on both ends

At the end of this week, the Renegades lead the South Atlantic League (SAL) in a plethora of stats, from bases on balls to batting average. Hudson Valley is not only tied for the best record in the league, but also the highest run differential (+57) and lowest cumulative earned ERA (2.97). Their offensive domination and pitching prowess is rivaled by few in the division. On this tear, Renegades pitching leads the SAL in opponent batting average (.195), while hitters lead in on-base percentage (.361).

The Renegades (18-8) are on the road this week, going down to Wilmington to face the Blue Rocks (9-17). Hudson Valley seeks to extend a 14-game winning streak against Wilmington dating back to July 2024.

RENEGADES FEATURE

Yankees farm system has storied history and plenty of champions

By Morgan E. Maier

Since the New York Yankees first began an organized farm system, there have been over 100 teams affiliated with the "Bronx Bombers." Yet the Hudson Valley Renegades (2021-present) are just the 10th Yankees minor league team to be based in the Empire State.

The minor leagues' fledgling days featured no Triple-A or Double-A, and the High-A level didn't exist for 120 more years. Baseball teams of the early 20th century featured multiple levels below the professional parent teams. The Yankees' earliest seasons featured four classifications: Class A, Class B, Class C, and Class D, with more introduced after World War II. With the minor leagues on the rise, these classifications made way for the modern MLB era. While New York's current minor league teams line the East Coast, the organization once developed talent in Texas, Fond du Lac, Wisconsin Nebraska, and even Ontario, Canada.

Beginning with the 1931 Albany Senators, the Yankees have had storied minor league teams in New York state, along with their 27 World Series titles.

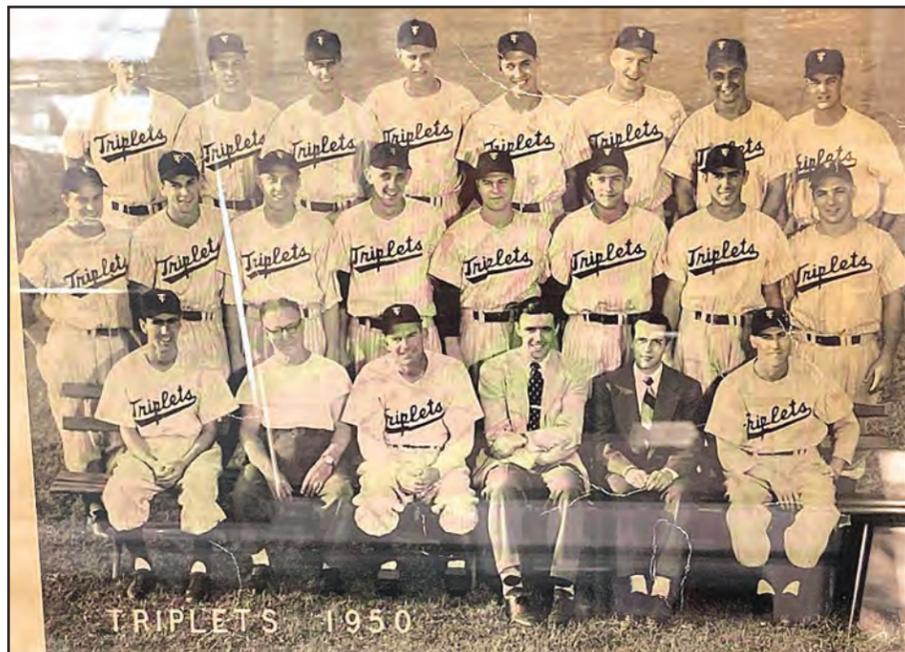
The Class A Binghamton Triplets (1932-1961, 1965-1968) were the first classified Yankees farm team in New York. After spending one season in Class B, the Triplets proved worthy of Class A distinction, and spent over 30 seasons as

a Yankees affiliate over two stints. One day a season, the Yankees would head up to Broome County to play an exhibition game, where the likes of Mickey Mantle were sure to dazzle the Triplets crowd. Yankees captain and catcher Thurman Munson was one of the last great Binghamton Triplets, playing his final minor league season in 1968 before the team's closure in 1969.

The aptly named Rugmakers (1938-42, 1946-51) played their games in Dutch-settled Amsterdam, New York's carpet capital of the time. This team came on the rise as the town economy and production began to dip, and the Rugmakers threaded their lone championship season in 1940, as a Class C Yankees affiliate.

Another championship arrived in Wellsville, N.Y., with the Pennsylvania-New York-Ontario League, as the Wellsville Yankees (1942-1945) captured the league title in 1943. Craving normalcy after World War II, a group of local businesspeople and veterans wanted Yankees baseball in town for another season. According to the Wellsville Sun, these crowd-funders footed over 80% of operating costs, and got one more season before the team changed hands in 1946.

The Oneonta Yankees (1967-1998), New York's longest-standing in-state affiliation, dominated the New York-Penn League with 11 titles in 23 seasons. The Oneonta Yankees' final game took place at Dutchess Stadium, a 10-3 victory



The Class A Binghamton Triplets (1932-1961, 1965-1968) were the first classified Yankees farm team in New York. *Courtesy photo*

over the Hudson Valley Renegades, then an affiliate of the Tampa Bay Rays. Following the 1998 season, the Yankees announced the move to Staten Island, as the Yankees' first affiliate headquartered in the borough.

Hudson Valley's own Yankees affiliate brings new life to the local baseball scene. Now, former Renegades are just a train ride from the big leagues. In the his-

tory of the Yankees, some minor league teams had an on/off relationship as Yankees affiliates, or changed parent organizations entirely. Plenty have faded into baseball lore, as leagues were dissolved or reclassified. But like Hudson Valley, all are an eternal piece of Yankee history, from Amarillo (Texas) to Olean (Cattaraugus County) NY.

Vassar-Warner Home to reopen as Social Day Program for Seniors

A trusted name in senior care for over a century, Vassar-Warner Home is turning the page following a months-long fight to keep its doors open. This spring, the 501(c)(3) nonprofit at 52 South Hamilton Street in the City of Poughkeepsie will open as Vassar-Warner Home for the Day (Vassar-Warner), Dutchess County's newest private-pay social model adult day care.

The program – which will operate Mondays through Fridays from 8 a.m. to 5 p.m. – will offer personalized care to each senior based on their interests, needs, dietary restrictions and health considerations.

With daily and hourly rates, Vassar-Warner will be a haven for Hudson Valley seniors and their loved ones, providing a safe and supportive environment for elders all day, while a caregiver is at work, or a few hours, so their spouse or child can have a short respite to go grocery shopping, run other errands or care for themselves. Though the program is intended to feel like home, not a hospital or other medical model, there will be a home health aide and personal care assistant on-site to aid those who need additional support.

In addition to a nutritious hot lunch and morning and afternoon snacks, attendees will enjoy various activities, including bingo, trivia, exercise and mobility classes such as chair yoga, painting, knitting and other crafts, educational lectures on a range of topics, book clubs, cooking classes, performances from local community groups and more. The facility will also host support groups for those navigating caregiving or bereavement and health-focused informational sessions on topics like diabetes and dementia.

“Vassar-Warner Home is meant to serve seniors,” said Ericka Von Salews, executive director of Vassar-Warner. “Our adult day care program will enable our team to continue to care for people’s loved ones, now in an extended capacity.”

While Vassar-Warner intends to welcome senior residents back in the future, the pillar of the Poughkeepsie community recognized and then filled a need for supportive care programs in Dutchess County.

“We wouldn’t be here without the support of the Vassar-Warner Home family and greater Hudson Valley community,” said Richard Schuster, board president and leader of Save Vassar-Warner, a grassroots movement that worked to stop the home’s permanent closure. “This new chapter gives us the opportunity to continue serving Dutchess County’s most vulnerable population: seniors.”

As a thank you to those who have continually supported its mission, Vassar-Warner is offering a complimentary one-day pass – which can be used on any weekday in June 2025 – to the program’s first 25 applicants. Those interested can apply at www.tinyurl.com/VWHapp lication. To stay updated on Vassar-Warner Home for the Day and its upcoming opening, visit www.vassarwarner.org and follow along on Facebook (@VassarWarnerHome). To support Vassar-Warner’s work with Hudson Valley seniors and its continued legacy in the community, make a donation at vassarwarner.org/make-a-donation/.

For more information about the history of Vassar-Warner Home and its present services in the community, visit vassarwarner.org.



With daily and hourly rates, Vassar-Warner Home in Poughkeepsie will be a haven for Hudson Valley seniors and their loved ones, providing a safe and supportive environment for elders all day, while a caregiver is at work, or a few hours, so their spouse or child can have a short respite to go grocery shopping, run other errands or care for themselves. *Courtesy photo*

988 SUICIDE & CRISIS LIFELINE IS LIVE

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- Help for VETERANS: Veterans can press “1” after dialing 988 and be connected directly to the Veterans Crisis Lifeline.

NORTHERN DUTCHESS NEWS
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A sure sign of spring: Apple Blossom Day in Red Hook

continued from cover

favorites, having played at the event for more than 15 years.

While enjoying the music, revelers can purchase an array of edibles including: “off-the-chart” sandwiches and Italian specialties by Catalina’s Deli; sausage & peppers, hamburgers, drinks and more from St. Christopher’s Church; funnel cakes, fried Oreos and Tornado Potatoes cooked on site; stuffed gourmet cookies and other baked good such as pretzels, breads, and scones.

Just in time for Mother’s Day, there will be more than 60 vendors offering different crafts and handmade items, including pottery, jewelry, greeting cards, hand-made dog coats, hand-blown glass art, tie dye shirts, hand-woven rugs, crocheted stuffed animals, cutting boards, tea towels, crystals, rocks and minerals and much more.

There will be a Bounce House for the kids, located at Christ Church on Route 9 and sponsored by Dave’s Tree Service.

“We [Rotary] are hosting a Blood Drive with the New York Blood Center,” Wright said. “Our goal to have 50 sign-ups.”

The Blood Drive will be at the Busmobile in the Premiere Dental Parking Lot, 7452 South Broadway. To register, visit www.redhookrotaryclub.org and scan the QR code; call (800) 933-2566 or visit nybc.org.

Rotary marks a milestone

The Red Hook Rotary Club is also celebrating its 70th anniversary this year with a Community Cookbook, a collection of around 200 recipes donated by members of the public. The cookbook will be for sale at Apple Blossom Day, at the Rotary’s table in the Village parking lot.

“Most people sent their best recipes, so they’re very good,” said Wright. The book, itself, is “nicely done,” he added, and available online at the Rotary’s website for those who can’t attend on May 10.

Wright, who has been a member since 1993, said, “We’re a local and international service organization; [we] raise money and give it away.” He said the organization is “very active with the Backpack Program. We partner with the Community Center, Red Hook Responds. We like to partner with other groups;

[there’s] usually more bang for the buck when you get other people involved.”

Red Hook Rotary also has an Interact Club with Red Hook High School students, helping them to develop leadership skills while discovering the power of “Service Above Self,” which is Rotary’s motto.

Red Hook Rotary also hosts a Citizen of the Year event.

“The last few years, we rented the Community Center [to hold the gathering]; it’s usually always a sellout,” Wright said. “We let the community decide; whoever gets the most votes wins.”

Visit www.redhookrotaryclub.org to learn more about the Rotary and its activities.

This year’s Apple Blossom Day sponsors include Baright Properties and Dave’s Tree Service.

The Red Hook Rotary will have its Community Cookbook for sale at Apple Blossom Day. *Courtesy image*



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Antique autos thrill visitors during annual Rhinebeck show



Despite the rainy weather, antique, hot rod and custom car enthusiasts turned out to view many types of vehicles at the 53rd annual Rhinebeck Car Show on Saturday and Sunday. Clockwise from top left, Thunderbirds were the stars of the show. Jimmy Russo of Rye sits inside his 1955 Pontiac Star Chief with an Indian Face hood ornament in the inset. The 1965 Rolls Royce Silver Cloud is courtesy of the Mirbeau Inn & Spa of Rhinebeck. A Sedan de Ville illustrates the famed back fins of the 1950s. Dick Schutt of the Northeast Classic Car Museum in Norwich displays a 1928 Packard 5-26 Phaeton. The hood ornament is the "Goddess of Speed" also known as the "Donut Chaser." Photos by Curtis Schmidt

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Jacobson urges PSC to reject request from Central Hudson for rate increase

Assemblymember Jonathan Jacobson (D-104) is urging the Public Service Commission (PSC) to reject the latest rate increase request from Central Hudson. He shared his concerns in a statement during a public hearing this week in Poughkeepsie.

"Central Hudson's request for a rate increase is both shocking and not surprising to its customers," said Jacobson, whose entire district is served by the utility. "Central Hudson customers have been hit with constant increases, and this request is yet another shock to their financial lives. But it's not a surprise because Central Hudson has a never-ending appetite for more money."

Just last year, the utility requested a rate increase of more than 25%. But the PSC instead approved a 5% increase, which went into effect last July.

Now the utility is back for more, and Jacobson wants the PSC to protect customers from another rate hike.

"Central Hudson throws rate increase requests against the proverbial wall and hopes that something will stick," he said.



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Lifestyle Fitness & Yoga sets Grand Opening on May 10



Above: Students work out in the studio at Lifestyle Fitness & Yoga at 35 Violet Avenue in Poughkeepsie. Below: Instructor Seth Tasetano illustrates a yoga pose. *Courtesy photos*

Lifestyle Fitness and Yoga will be holding its Grand Opening celebration, bringing a fresh, inclusive approach to wellness, strength, and community to the Hudson Valley on Saturday, May 10 from 9 a.m. to 2 p.m.

The studio, located at 35 Violet Avenue in Poughkeepsie, is co-founded by Seth Tasetano and Sandy Sooknanan.

Lifestyle Fitness and Yoga is more than a place to work out — it's a sanctuary for personal growth, self-care, and community connection. The studio features a thoughtfully designed space with calming sage green and burnt orange tones, a minimalist logo that integrates a barbell, leaves, and yoga pose, and a philosophy that blends strength, mobility, and balance.

The Grand Opening will include free trial classes, apparel giveaways, Meet-the-instructors Q&A and sneak peeks of weekly programming.

Tasetano brings deep-rooted experience and passion to every class he leads. A 2nd-degree black belt in Tae Kwon Do, he has trained in martial arts and kick-boxing and began teaching at just 14 years old. With a degree in Exercise Science and Wellness, he's spent nearly a decade in the fitness industry as a personal trainer, group instructor and yoga teacher.

His classes are known for their high energy and clarity — blending discipline, strength, and functional movement with an inclusive, encouraging spirit.

Sooknanan has been a vital presence in the local wellness community for over 20 years. As a well-known and respected yoga practitioner, she's touched countless lives with her warm, grounded teaching style. She brings deep experience in restorative practices, breathwork, and alignment-focused yoga, always prioritizing personal connection and whole-body wellness. Her influence shapes the studio's heart-centered culture and focus on community support.

Lifestyle Fitness and Yoga offers a variety of class formats designed to engage, energize, and restore. Key programs include:

- Piloxing – A powerful fusion of Pilates, boxing, and dance that improves cardiovascular fitness, builds core strength, and boosts endurance in a fun, high-energy setting.

- High-Intensity Interval Training (HIIT) – Fast-paced circuit classes that combine strength, agility, and cardio, perfect for maximizing results in minimal time.

- Warm Vinyasa Yoga – A breath-led, flowing practice held in a gently heated room to promote mobility, detoxification, and mental clarity.

- Chair Strength & Conditioning – Functional training that improves overall muscle tone, balance, and stability, with options for seated or supported participation to accommodate all levels.

Special attention is given to older adults (55+), with programs tailored to enhance independence, longevity, and confidence. These include:

- Chair Yoga & Stretch – Gentle movements done seated or with support, ideal for joint mobility, circulation, and relaxation.

- Senior Strength Training – Light resistance and bodyweight exercises focused on daily function and balance.

- Senior Yoga – A slower-paced class integrating breath, stretching, and mindfulness for physical and mental well-being.

Whether you're a young adult looking to challenge yourself or a senior hoping to move with greater ease, Lifestyle Fitness and Yoga welcomes you to discover your strength, build community, and feel your best — inside and out.



The Issue:

The Supervisor of The Town Board of Red Hook, New York wishes to seize the private property of the Red Hook Boat Club.

We strongly oppose the involuntary taking of active, tax-generating, privately owned land, particularly land that is currently stewarded, maintained, and in productive use for purposes that are non-essential, speculative, or recreational. Such actions contradict the long standing values of our Town and undermine trust in local government.

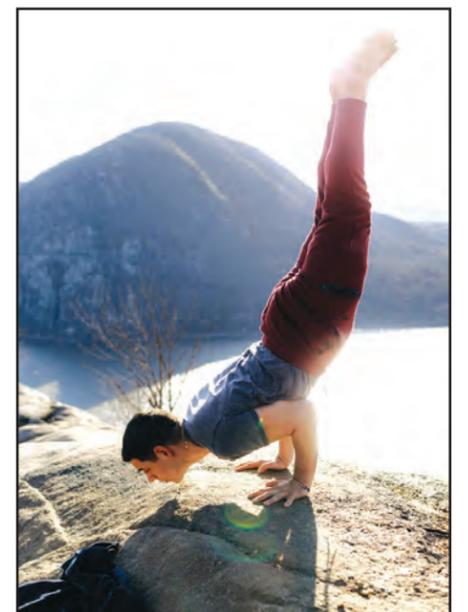
The forced removal of property owners who contribute to the fabric of our waterfront community does not serve a compelling public need and sets a dangerous precedent. We believe that the Town should prioritize collaboration, transparency and respect for private property rights, not coercive action against long standing community institutions.

We respectfully urge the Town Board to stand with its constituents in defense of fairness, accountability, and the preservation of our community character, and to deny any authorization to proceed with eminent domain proceedings against the Red Hook Boat Club or any similarly situated landowner.

PLEASE SCAN CODE TO SIGN THE ONLINE PETITION NOW!



**Attend the PUBLIC HEARING May 16 at 6:30PM
Red Hook High School Performing Arts Center**



Red Hook Responds moves meal prep to Christ Church

By Kate Goldsmith

As of Thursday, May 1, the staff who prepare food for Red Hook Responds' Meal Delivery program cooked in a new location: Cartier Hall at Christ Church on Route 9 in the Village of Red Hook. The new, larger space allows the staff, led by Chef Leslie Pulver, to cook, assemble and distribute the meals from one location.

"When I saw the kitchen, I said, 'Here's my village and my tribe,'" Pulver said, adding that Christ Church "wel-

comed us with open arms."

Pulver and her staff cook part-time on Mondays, Tuesdays and Thursdays.

Pulver is an executive chef who has led Red Hook Responds' meal service activities since the organization was formed in 2020. She is a native of Red Hook who has more than 30 years of experience in the food service industry.

Penny Conroe, a member of Christ Church's Vestry, said, "We're so thrilled to have Red Hook Responds (RHR) sharing Cartier Hall. Rosalie Cartier has a



Some of the Red Hook Responds staff prepared food for the first time in their new kitchen on Thursday, May 1, at Christ Church in Red Hook. From left are Doc Cuttler, Michael Ferrante, Diane Lyons, Chef Leslie Pulver and Nevill Smythe. Photo by Richard Wambach



The Hendrick Hudson Lodge #875 awarded Red Hook Responds the Masonic Dewitt Clinton Award for outstanding community service at their awards ceremony on Saturday, March 22, 2025. In the photo, Masonic Lodge officers (left and center) present the award to Red Hook Responds representatives (front row) Chef Leslie Pulver, Diane Lyons and Doc Cuttler. Courtesy photo

vision for an ever more connected, ever more supportive community; and when she proposed RHR move in, we knew it would be a great fit. Christ Church already hosts a thriving thrift shop in Cartier Hall, so it makes sense to maximize the space's ability to serve the Red Hook community with Red Hook Responds in the kitchen."

Through its Dinner Delivery program, Red Hook Responds delivers chef-made meals, six days a week, to individuals and families facing food insecurity in the Red Hook and Rhinebeck school districts. There are no eligibility requirements for this service, and a majority of those requesting dinners are older adults.

"You can sign up on the day and get a meal if you are in need," Pulver said. "There are no financial requirements."

Local organizations that have recognized the valuable work of Red Hook Responds include Hendrick Hudson Lodge #875. At the lodge's March 22 awards luncheon, Pulver and staff were honored with the Masonic Dewitt Clinton Award for outstanding community service.

Pulver commented that it was 'quite nice' to be recognized by the Masonic organization.

Go to <https://redhookresponds.org/get-help/dinner-delivery/> to sign up.

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‘Prepare Ye the Way’ for ‘Godspell,’ opening May 9 at The Center

Rhinebeck Theatre Society will present “Godspell” at The Center for Performing Arts at Rhinebeck from May 9 to 18. “Godspell” is a musical based on the New Testament gospels, mostly St. Matthew, and uses the parables and passion story of Jesus for an inventively theatrical and interactive show about the formation of a community.

The brainchild of composer and lyricist Stephen Schwartz (who later brought us “Pippin” and “Wicked”), “Godspell” launched Schwartz’s career in 1971 as a master’s thesis project at Carnegie Mellon University, where he and John-Michael Tebelak, who wrote the script, studied. Through its success, “Godspell” was then brought to the off-off Broadway Theatre La MaMa Experimental Theatre club in the East Village. From there, it exploded in popularity, and has been performed all over the world, spanning decades and leading to its most recent revival in 2011 and the 2012 national tour.

“Godspell” spreads the fundamental message: help each other; be kind, be compassionate, be human,” says Director Wertheim.

In “Godspell,” we follow Jesus, John the Baptist, and an eccentric troupe of actors as they lead the audience through parables using a wide variety of storytelling, perfectly timed comedy, styled movement, wacky props, silly instruments, and singing in a broad spectrum of styles ranging from Vaudeville to ’70s pop (one of the numbers, “Day by Day,” reached #13 on the Billboard Pop Hits in 1972).

Mikey Clark is assistant director, musical direction is by Paul & JoAnne Schubert, and choreography by Brook Wallace. “Godspell” is produced by Joe Eriole for Rhinebeck Theatre Society.

The cast features Jonah Woodcock as Jesus, Daniel Brenner as Judas/John the



Baptist, with Kathy Bailey, Andrew Bruck, Natalie Bunta, Kelsey Christiana, Kiara Daniello, Emily Eichler, Kaeli Heffner, Olivia Hoben, Jabez Jackson, Audra James, Arielle Knapp, Simon Meisel, Risa Petrone, Maya Schubert, Rob Trama, and Jasha Woodall.

Performances are at 8 p.m. on Fridays; at 8 p.m. on Saturday, May 10; at 3 p.m. on Saturday, May 17; and at 3 p.m. on Sundays. Tickets are \$29 and available at <https://www.centerforperformingarts.org/hats-playing/godspell>

The Center is at 661 Route 308, just east of Rhinebeck Village.

Rhinebeck Theatre Society will present “Godspell” at The Center for Performing Arts at Rhinebeck from May 9 to 18. *Cast photo by Olivia Michaels*

DOT-TO-DOT PUZZLE

See page 23 for finished puzzle (no peeking!)

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By David Kalvitis

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I love a picnic

The season of dining al fresco begins.

There will be no recipe this time, my friends, because it's a beautiful day and I already know that I don't feel like cooking today. It happens even to those of us who love to cook, and sometimes you just have to embrace it. It's perfectly OK and can even prevent burnout. So, when I'm not feeling it or when Nature is urging me outside to play, I listen and obey.

Sometimes, when we're caught up in what we're supposed to do, it's easy to forget to heed that calling. I'm a person who can get consumed by routine and just roll with what I've come to feel is my duty-bound obligation. I've found, though, that those are the times it's most important to cut myself some slack and remember to just be and find joy when and where I can. As with any creative process, that's an essential reminder that maybe it's time to reset or risk losing inspiration. If you want to keep creativity flowing, you need to take moments for yourself. It isn't selfish, but rather necessary. You just can't force art of any kind. Trust me.

But with the distraction of beautiful spring weather comes an opportunity. If you've read my column for any length of time, you probably know I love picnics. I've written about them many times

before. They bring me profound joy. It certainly helps that we live in one of the most beautiful places on earth, the Hudson Valley, where there are hundreds of places to take in a breathtaking view; and I believe that food just tastes better al fresco. So, while I may not feel like cooking, I can look forward to pushing aside the idea that I need to make something from scratch. I can simply put together a meal from what I already have on hand, or take a trip to the store intent on selecting cheeses, bread and produce to fill a basket that's already packed with everything else I'll need for some quality time in the sun, even if it's on the front porch with neighbors. No cooking required! That's creativity of a different kind and always a source of inspiration for me.

This is pretty much the perfect time of year for picnics: no mosquitoes yet; it isn't oppressively hot, and it's just a pleasure to be outside. I get that it isn't for everyone; but for those of us who appreciate it, it's heavenly. It isn't just what you eat on a picnic, but the very nature of how you eat it that's romantic. Laying out a spread, eaten without utensils on a linen tablecloth, soothes my soul. A little planning makes this easy, mess-free and fun.

Making sure you have a cutting board

for slicing and serving bread and cheese; pre-portioning things like fruit, olives and anything spreadable; and pre-packing knives and spreaders, plates, glasses and containers for any leftovers makes for a comfortable and stress-free meal al fresco. All that's left is pouring your beverage of choice and helping yourself to the movable feast you've assembled while you talk and take in the view.

I've already promised two such dates to friends in the coming weeks, and I cannot wait! Good company, good food and a perfect view, and I'm in my happy place. But as I've gotten older, I've discovered that I can treat myself to the freedom picnics afford even without someone special to share them with. I already know that by the time the magic and golden hour of twilight approaches tonight, I'll be by myself, and that's just fine. It will be a peaceful, stolen moment, nothing fancy or complicated, and no time in the kitchen prepping or cleaning up the inevitable mess after creating a recipe; just me, a glass of wine and Nature's show to take in while I nibble cheese and bread in the fresh spring air.

Sure, for those times I don't feel like

cooking, there's the option of takeout; but when the weather is this fine, I'd much rather put together a simple meal I didn't have to prepare. I have Gruyere and cheddar, spreadable herbed cheese, a baguette, peppery baby arugula and some lovely sweet, crisp grapes. There's bottle of buttery Chardonnay chilling in the fridge and a vintage basket already packed with everything I need to complete the feast. I don't need anything else and couldn't ask for more. I may take it to the river, but I think I'll just sit in the backyard among the flowers with my dogs for company and revel in how good life can be when there are such simple pleasures to enjoy. I can always cook tomorrow.

Vicki Frank Day's background includes over two decades in various aspects of the food service industry. In addition, she has over 27 years' experience in marketing, graphic design, copy writing, food styling and research. She believes cooking should be a fun adventure, that food should be an experience and that every day can be a special occasion. Email her at vickiloves2cook@gmail.com.

'Alum-Nite Out' to raise funds for Hyde Park Education Foundation

The Hyde Park Education Foundation (HPEF) is holding a fundraiser, "Alum-Nite Out." From Friday, May 16, through Tuesday, May 20, have dinner at The Dutch Crown or Tavern 23 in Poughkeepsie (which are owned and operated by graduates of FDR High School) and a percentage of your bill will be donated to the HPEF.

Just say "ALWAYS A PRESIDENT," or use the QR code on the HPEF website: <https://www.hydeparkeducationfoundation.org/alumnite-out>.

The Dutch Crown is at 85 Main St., Poughkeepsie. Its hours of operation are

Friday & Saturday from noon to midnight; Sunday from noon to 8 p.m.; and Monday & Tuesday from 11 a.m. to 10 p.m. Call (845) 204-6954 for reservations.

Tavern 23 is at Verrazano Boulevard, Poughkeepsie. Its hours of operation are Friday & Saturday from noon to midnight; Sunday from 11 a.m. to midnight; Monday from 4 p.m. to midnight; and Tuesday from noon to midnight. Call (845) 473-2323 for reservations.

Questions may be directed to HPEF President Laurie Woolever, HPEF12538@gmail.com.



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New flowers for a special day

Exciting new varieties to try out this season

Annual flowers are the ones that grow from seed in the spring, bloom all summer and cannot survive our Hudson Valley winters. They might be delicate, but they sure do have flower power. Especially the new varieties that have been bred for disease resistance, rain and drought tolerance, and gorgeous blossoms. I visited four local garden centers that produce their own flowers to check out some of the favorite new varieties:

• **Vinca Nirvana Cranberry Halo and Blackberry** – Vinca is the top choice for a flower that survives hot, dry summers. In fact, it won't grow well in cool weather. That is, until Nirvana was bred to resist phytophthora, a disease that attacks stems and roots in cool, damp soil (the disease that caused the Irish potato famine in 1847). Sean Giles, owner of Sunny Garden Greenhouses, started growing the new Nirvana Vinca colors after spotting them in the new variety display at the Dutchess County Fair last August. Now they're available at his retail store on Route 9D in Wappingers Falls. Vinca prefers full sun, grows to 12 inches high with a spread of 16 inches, and is deer resistant!

• **Cuphea Totally Tempted "Frosted Violets"** – Marcella Santini, co-owner (with her father Doug) of Northern Dutchess Botanical Gardens in Rhinebeck showed me this new cuphea from Proven Winners. Because of its tubular blossoms, cuphea is a hummingbird magnet. Bees can't reach the nectar inside, and hummingbirds figured this out. But I've seen bumblebees poking holes at the base of the cuphea flowers to get at the nectar, especially on the popular variety "Vermillionaire." Totally Tempted has a slightly tougher skin, so we'll see if the bumblebees can bust through it. Cuphea Totally Tempted will grow 16 inches tall in full sun.

• **Salvia "Bodacious Hummingbird Falls"** – Doug Santini showed me this new salvia, which is similar to the Proven Winner variety "Rockin' the Blues," but more compact and earlier to bloom. These hybrid annual salvias are a cross between the old fashioned farinacea (victoria) and longispicata, an unruly

shrub. Even though it's compact for a salvia, Hummingbird Falls grows more than two feet tall with incredible indigo flower spires that attract butterflies and hummingbirds. Prefers full sun and is deer resistant.

• **Vinca "Double Orchid"** – The Japanese breeding company Suntory specializes in new vinca varieties, including the miniature "soiree" and "kawaii." At Sabellico Greenhouse and Florist in Hopewell Junction, head grower Tina Thoof (pronounced "Tuft") showed me the vinca "Double Orchid Improved," a new member of the soiree series. The blossoms are indeed stunning, but I couldn't figure out what was "improved."

• **Angelonia Angelface Black** – Sue Adams grows tons of new varieties, but I limited her to her four favorites, so I'd have room for the other local growers (see above). Sue's been waiting for years for a black angelonia, to go with the black petunias and black vinca. Angelonia is known as the "summer snapdragon," since it blooms in the heat of summer. Angelface produces spires up to three feet tall. Great for cut flower arrangements. From Ball Horticulture.

• **Calibrachoa MinFamous "Evo Magenta"** – A new double million bells. Covered with blossoms all summer, made for containers and hanging baskets. Voted number one, by far, in Sue's online survey.

• **Petunia Painted Love Purple** – Modern petunia varieties withstand heavy rain, and Painted Love is especially hardy. You've got to see it to believe how vibrant this petunia can be. Too bad deer love it as much as I do.

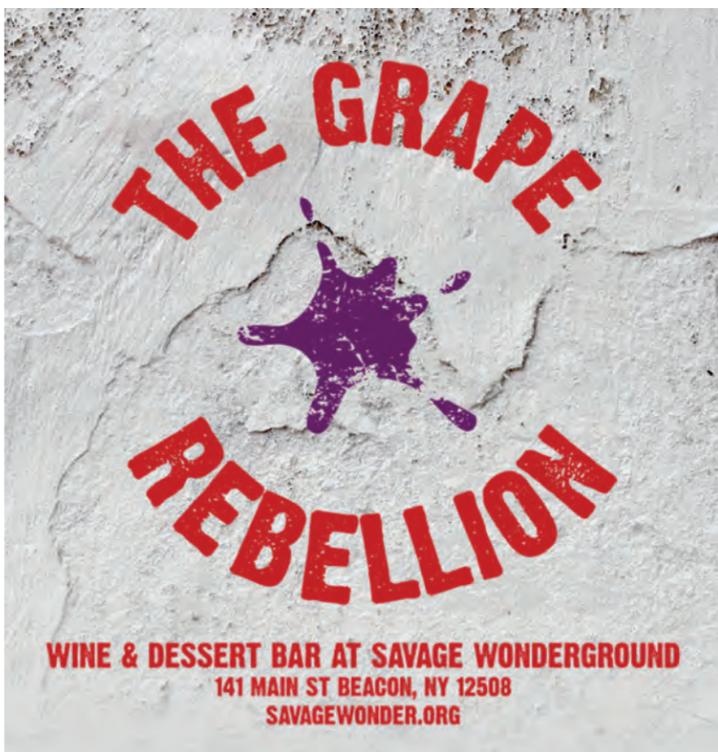
• **Geranium Glory Days Red/Orange Bicolor** – Just when you thought of geraniums as "grandma's flower," (well, Sue is a grandma, after all), along came a whole array of new geranium colors and flower shapes. Glory Days is a real stunner.

Check out the new varieties at the local garden centers that grow their own favorites.

Mark Adams is an agricultural advisor to the Dutchess County Executive, Dutchess County B.O.C.E.S. and Cornell University.



Above: Marcella Santini with cuphea. Below: Sean Giles with new vinca. Photos by Mark Adams



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New play to open May 9 at Claverack Library

Constance Lopez and Lora Lee Ecobelli recently announced the upcoming production of "Girl With A Camera," a new work by Byron Nilsson opening Friday, May 9, at the Claverack Free Library.

How does a creative artist come to terms with sudden fame? Photographer Ivy Wilmot found success as a photo-journalist but became a public figure when she married a movie star. As the marriage unraveled, so too did her career. There was another man in love with her – but he was the FBI agent investigating her father. "Girl with a Camera" shows us a life that couldn't be constrained in the borders of a photograph.

"Girl with a Camera" will run May 9, 10, 11, 15, 16 and 18. Performances are at 7:30 p.m. on Thursday, Friday and Saturday; and at 3 p.m. on Sunday. For tickets and reservations, call (518) 758-1648.

The cast for Girl With A Camera includes Constance Lopez as photographer Ivy Wilmot; Linda Storms as Ivy's high school teacher Jeanne Morris, a frequent needy visitor in Ivy's life; Andrew Joffe as Julius Wilmot, Ivy's father, a well-respected optical & electronics engineer; Steve Leifer as Lester Borders, an FBI agent with his own artistic pursuits; Lora Lee Ecobelli as Nancy Rosetti, a photo editor as Harper's Bazaar magazine; and, Jonathan Tarpy as Ivy's troubled movie star husband Marc French. This production is being directed by Stephen Sanborn.

Author Byron Nilsson is collaborating in this production and will be holding

talkbacks immediately following the performances on Friday, May 9, and Thursday, May 15.

Co-Producer Lora Lee Ecobelli is an award-winning actress, filmmaker, writer, director and teacher. As an actress, Lora Lee has performed both On and Off-Broadway and in regional theaters throughout the country in leading roles from the contemporary to the classics. She can also be seen in many independent films and television. Lora Lee is the recipient of the Harold Clurman award for best leading actress in an Off Broadway Play for her performance in "The Vice" by Luigi Pirandello. Lora Lee is also a writer, director and film maker and the Artistic Director of the Blue Horse Repertory Company. Lora Lee is a proud member of Actors' Equity Association, SAG-AFTRA.

Co-Producer Constance Lopez is an actress, director and young children's theater educator. She has performed in classics, musicals and contemporary dramas and comedies both regionally and Off Broadway, originating the roles of Natalya Puskin in "Pushkin – A Poet's Search for Honor" and Pauline in "The Widow and the West Indian Workman." Connie has also appeared in a variety of films and television. She is the Artistic Director for RARE, Inc/The Two of Us Productions. Connie is a proud member of Actors' Equity Association and SAG-AFTRA.

Author Byron Nilsson is an active writer and stage performer. As an actor he has worked with the NYS Theatre Institute, appearing in "1776," "Miracle



From left: Steve Leifer is Lester, Constance Lopez is Ivy and Andrew Joffe is Julius in the upcoming production of "Girl with a Camera," opening May 9 at Claverack Library. Below: Lora Lee Ecobelli as Nancy rehearses with Lopez. *Courtesy photos*

on 34th Street," "A Wonderful Life," "Fiorello!," "Around the World in 80 Days," and with many other companies including the Lake George Opera, Syracuse Opera, and Musicians of Ma'alwyck. Byron also presents a cabaret show with pianist Malcolm Kogut, "Songs to Amuse," which does, they hope, just that, presenting an array of funny and forgotten ditties that reach back to vaudeville and music-hall days. As a script and music writer, some of his produced shows include "Mr. Sensitivity" as part of the 2009 NY Fringe Festival;

"Drivers" at Ensemble Studio Theatre; the one-act musical "iFind You @ Last" with music by Tom Savoy; and his cantata "Buxtehude's Daughter" with the Musicians of Ma'alwyck. Byron is a member of Actors Equity, SAG-AFTRA, and the Dramatists Guild.

This production is being presented under the auspices of the Actors' Equity Association Members' Project Code. The producers are grateful for the collaboration of The Claverack Free Library, Blue Horse Repertory Company and RARE, Inc/The Two of Us Productions.



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The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

THEME: FILL-IN-THE-BLANK

ACROSS

- Little rascal
- Center of activity
- d'Ivoire lead-in
- Tree, in Latin
- *Common ____ or ____ of Good Feelings
- Supreme Teutonic god
- Large violin family member
- *Gravely ____ or ____ at ease
- Speak up
- *Holiday ____ or ____ weather
- *Butter ____ or ____ tape
- Zeppelin lead-in
- *Batman's ____ or ____ Cod
- What, in Oaxaca
- Whimper
- Smells
- Defender of skies
- Like debatable point
- *Stem to ____ or ____ parent
- *Ill at ____ or ____ up
- Famous fabulist
- Brain wave
- Opposite of digest
- "Will be," to Doris Day
- *Kitchen ____ or ____ or swim
- *Willie ____ or ____ Mandela
- To, archaic
- Had a meal
- Voyeur's glance
- Anger management issue
- *Passenger ____ or ____ post
- *Grammatically ____ or ____ answer
- Past participle of bear
- Go wrong
- Empower
- Assumed name
- Barn sound
- Fair attractions
- Catch one's breath
- Coniferous tree
- Baker's raiser

DOWN

- Bursas
- *Rowing ____ or ____ cut
- *Willing and ____ or ____-bodied
- Relating to mole
- Temporarily, Latin (2 words)
- *Rightful ____ or ____ apparent
- Dot-com address
- Craft wood
- Native Egyptian, in Roman times
- Related to ear
- Hyperbolic tangent
- Opposite of WSW
- Suitors
- Possible allergic reaction
- Tax person's designation, acr.
- Shut down (2 words)
- *Dancing ____ or ____ bee
- Cell phone bill item
- Art class support
- Things to lament
- Singer-songwriter Redding
- The press, e.g.
- Are not
- *Garter ____ or ____ eyes
- Come clean, with up
- *Tattered and ____ or ____ apart
- Outdoor entertainment area
- Pith helmets
- Not paleo
- Solar system model
- Japan to U.S., in WW2
- "Sesame Street" regular
- *The North ____ or ____ dancer
- Van Gogh's famous botanical subject
- Flying biter
- *Eat ____ or ____ to pick
- Cocoyam
- Prompt box comments
- Multiple choice challenge
- *Raise the ____ or ____ none
- Beluga yield

CROSSWORD

1	2	3	4	5		6	7	8		9	10	11	12	
13						14				15				
16						17				18				
19					20			21	22					
			23				24							
25	26	27		28		29			30		31	32	33	34
35			36		37			38		39				
40					41			42		43				
44				45		46				47				
48				49		50			51		52			
				53		54			55		56			
	57	58	59					60				61	62	63
64						65	66			67				
68						69				70				
71						72				73				

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The solutions to both the Sudoku & Crossword puzzles can be found on page 23

A & E CALENDAR

May 8: Premier Performances Film Series, Bardavon, 35 Market St., Poughkeepsie. "One Flew Over the Cuckoo's Nest" (1975), 7:30 p.m. There will be a 30-minute pre-show concert by Juan Cardona Jr. on the Bardavon's Mighty Wurlitzer organ, courtesy of the New York Theatre Organ Society. Free. www.bardavon.org

May 9: Jim Jeffries, "Son of a Carpenter," MJN Convention Center, 14 Civic Center Plaza, Poughkeepsie. Comedian/Actor/Writer and Australia native Jim Jeffries is one of the most popular and respected comedians of his generation, entertaining audiences across the globe with his provocative, belief-challenging, and thought-provoking comedy, 7 p.m. Tickets at www.mjncenter.org

May 9-18: "Big Fish," County Players, County Players Falls Theatre, 2681 W. Main St., Wappingers Falls. A sweeping musical tapestry with music and lyrics by Andrew Lippa and book by John August, the musical is based on the 1998 novel by Daniel Wallace and the 2003 film written by John August and directed by Tim Burton. Performances: Fri. & Sat., 8 p.m.; matinees at 2 p.m. on Sun., May 11 & 18, and Saturday, May 17. Tickets \$30 for adults; \$28 for seniors 60+, military, students (with ID), and children under 12. www.countyplayers.org

May 10: David Collier with Diane Chodkowski in Concert, Morton Memorial Library, 82 Kelly St., Rhinecliff. Lisa Klotz, a singer-songwriter from Woodstock, will open the show at 7 p.m. David and Diane will play from around 7:30 until 9 p.m. Tickets are \$20, a portion of which will benefit the library. (845) 876-2903

May 10: Enchanted Melodies, An Interactive Fairytale Opera, Stissing Center for Arts & Culture, 2950 Church St., Pine Plains. Part of the "Summer Children's Theatre Series," this original story with English libretto by Emily

Gallagher offers an interactive fairytale opera for families to enjoy, 10 a.m. Tickets are pay-what-you-can or free; reservations at www.thestissingcenter.org

May 10: Klezmer Concert, Copake Grange #935, 628 Empire Rd., Copake. Itay Dayan and his band perform traditional Eastern European Jewish music (klezmer) as well as Yiddish songs, and songs in Hebrew influenced by Middle Eastern popular music, 7-9 p.m. All ages invited. Ticket \$20 or pay what you can at the door. More info: copakegrange@gmail.com or www.copakegrange.org

May 10: Mother's Day Tea, Wilderstein Historic Site, 330 Morton Rd., Rhinebeck. The afternoon will feature fine tea paired with an assortment of delectable treats and great company, 1 p.m. Add a tour of the Wilderstein mansion and/or stroll on the grounds to appreciate the beauty of spring flowers in bloom. For more information and to register, visit <https://wilderstein.org/> or call (845) 876-4818.

May 11: Free Acoustic Concerts on the Lawn, The Beatrix Farrand Garden, 4097 Albany Post Road in Hyde Park (on FDR National Historic Site). The series kicks off with a special Mother's Day performance by Allie Chipkin, a folk singer-songwriter whose heartfelt melodies and storytelling will delight the whole family, 1:30-3 p.m. Bring a blanket, relax under the trees. Reserve your spot at www.beatrixfarrandgardenhydepark.org

May 13: Book Launch, Oblong Books, Rhinebeck. James Romm in Conversation with Leon Botstein at "Plato and the Tyrant Book" Launch, 6 p.m. Romm, James H. Ottaway Jr. Professor of Classics at Bard College, will take part in a conversation with Bard president Botstein to discuss Romm's new book, "Plato and the Tyrant: The Fall of Greece's Greatest Dynasty and the Making of a Philosophic Masterpiece." www.oblongbooks.com

CHEERS TO 50 YEARS! AHS CLASS OF 1975 SETS REUNION

The Arlington High School Class of 1975 will be holding its 50th Class Reunion on Saturday, May 31 from 3 to 8 p.m. at the Pirate Canoe Club in Poughkeepsie.

The event will feature appetizers, cash bar, a buffet dinner, light desserts and the local band "Jumpstart." The cost is \$50 per person.

Interested individuals should send checks to Debbie Shipley, 1556 Salt Point Turnpike, Pleasant Valley, NY 12569 or Mary Albrecht, P.O. Box 1619, Pleasant Valley, NY 12569, or Venmo@Mary-Albrecht-12.

For additional information, contact Caroline Dolfi at (845) 453-8478. Hope to see you!

Garden Conservancy sets tours of area gardens for May 10

The Garden Conservancy has announced the return of the Open Days program to Dutchess and Columbia Counties on Saturday, May 10.

Four gardens will be featured for tours.

• **Broccoli Hall, Amenia** - Winner 2024 Anne and Frank Cabot Award Visitors to Broccoli Hall describe this English-style cottage garden as "incredible," "inspirational," "magical"-and they come back again and again.

• **The Chocolate Factory, Red Hook** - This streamside house and surrounding gardens were built on the stone and brick ruins of saw, grist, and chocolate mills that operated here from the 1790s through 1905. The site slopes steeply down to a dramatic waterfall on the rushing Sawkill Creek. To reach it, a curving brick path leads to two garden courtyards where raised perennial beds complement the restored architecture.

• **Garden of Katie Ridder & Peter Pennoyer, Stanfordville** - The hornbeam-enclosed flower garden with formal blue-

stone paths frames 14 flower beds and was inspired by Wave Hill in the Bronx. The garden is centered on a small terrace with fountain bowl and a wisteria-draped pergola.

• **Ketay Garden, Claverack** - An allée of large maples and oak, bordered by meadows on either side, forms the entrance to the gardens which surround the house. A large garden in front of the house and a smaller one behind lead down to a meadow in the distance and is framed by views of the Catskill Mountains.

Registration is \$10 per person, or \$5 for members of the Garden Conservancy, per garden. Addresses of the gardens are available to registrants. Children 12 and under are free when accompanied by a parent or guardian. All registrations must be processed online through the Garden Conservancy's website.

Visit gardenconservancy.org/pendays for more information.

UPCOMING EVENTS IN THE POUGHKEEPSIE PUBLIC LIBRARY DISTRICT

Strategy Board Game Night Thursday, May 8, 5 - 7:30 p.m. Boardman Road Branch Library. No registration required.

Becoming Janet: Finding Myself in the Holocaust Thursday, May 8, 6:30 p.m. Temple Beth-El Social Hall 118 S. Grand Avenue in Poughkeepsie. Registration required.

Balance and Bone Building Using Yoga and Tai Chi Wednesday, May 14, 3:30 p.m., Boardman Road Branch Library No registration required.

Save Energy, Save Dollars Thursday, May 15, 6:30 p.m., Adriance Memorial Library. Registration required.

Meet the Author: Shirley Freitas Saturday,

May 17, 2:30 p.m., Adriance Memorial Library. No registration required.

The Miracle Mets of 1969 Tuesday, May 20, 6:30 p.m., Adriance Memorial Library. Registration required.

Indoor Plant Swap Wednesday, May 21, 6:30 - 7:30 p.m., Adriance Memorial Library. No registration required.

How WWII Changed Fashion Wednesday, May 28, 6 p.m., Boardman Road Branch Library. Registration required.

The Boardman Road Branch Library is at 141 Boardman Road in Poughkeepsie. The Adriance Memorial Library is at 93 Market St. in Poughkeepsie.

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EXHIBITIONS

Arts Mid-Hudson Gallery, 696 Dutchess Turnpike, Suite F, Poughkeepsie. **Through June 13:** Dutchess Handmade Spring Pop-Up Shop, unique shopping experience features handcrafted works by over 60 Hudson Valley artists and makers. Includes glassware, jewelry, greeting cards, textiles, ceramics, wood products, prints, paintings, home décor & more. www.artsmidhudson.org or (845) 454-3222

Frances Lehman Loeb Art Center, Vassar College, 124 Raymond Ave., Poughkeepsie. **Through Aug. 17:** "Great Green Hope for the Urban Blues," exhibition that explores the art and myths of the Hudson Valley. The exhibition is part of a legacy that began 200 years ago as landscape painter Thomas Cole traveled up the Hudson River to paint the Catskill Mountains: a voyage that marked the mythical origin of the so-called Hudson River School of American landscape painting. Also on view: "Between a Rock and a Hard Place: Black Space-Making from Harlem to the Hudson Valley," installation related to "Great Green Hope" by Vassar student Harrison Brisbon-McKinnon '26; and the second, "Water/Bodies: Sa'dia Rehman." (845) 437-5632 or <https://www.vassar.edu/theloeb>

Pictured: "Catskills in Spring" by Charles Herbert Moore



Mildred I. Washington Gallery, Allyn J. Center for Science and Art, Dutchess Community College, 53 Pendell Rd., Poughkeepsie. **Through May 16:** "His Room as He Left It: A Work in Progress," a mixed-media installation by artist Ariel Kotker, (845) 431-8612

Millbrook Arts Project, Millbrook Library, 3 Friendly Lane, Millbrook. **Through May:** "A Storied Past," featuring Scott Brodie, Andrea Burgay, and Steve Rein, who each utilize distinct materials and methods, yet they share a fascination with everyday objects and images – mundane elements that become carriers of unexpected storylines. **Opening reception:** Fri., May 9, 6-7:30 p.m. **Collage workshop with Andrea Burgay:** Fri., May 9, 5 p.m. **Artist talk by Steve Rein:** Sat., May 17, 2 p.m. (845) 677-3611 or www.millbrooklibrary.org

Morton Memorial Library, 82 Kelly St., Rhinecliff. **Through May:** "The Throw and the Glow: The sand path to Flow," new work by Fedora Maier; plus an interactive 2.5-D EyeTouch Experiment to fine-tune your sense of touch. (845) 876-2903

Thomas Cole National Historic Site, 218 Spring St., Catskill. **Through Nov. 2:** "EMILY COLE: Ceramics, Flora & Contemporary Responses," placing the art of Emily Cole (1843-1913), a professional artist and daughter of Thomas Cole, into conversation with eight, internationally celebrated contemporary artists including Ann Agee, Jacqueline Bishop, Francesca DiMattio, Valerie Hegarty, Courtney M. Leonard, Jiha Moon, Michelle Sound, and Stephanie Syjuco. The exhibition is the largest display of original painted porcelain and works on paper by Emily Cole ever shown since the 19th century. www.thomascole.org

WomensWork.art, 12 Vassar St., 3rd Floor, Poughkeepsie. **May 9-31:** "Lisa Petsu: The Imperfectionist, 2000-2025," painting, sculpture and in-betweens. **Opening reception:** Fri., May 9, 5-7 p.m. **Artist talk:** Sat., May 31, 1-3 p.m. (845) 293-3660 or info@womenswork.art

Arlington High students unveil markers for Dutchess Turnpike, Chelsea Schoolhouse



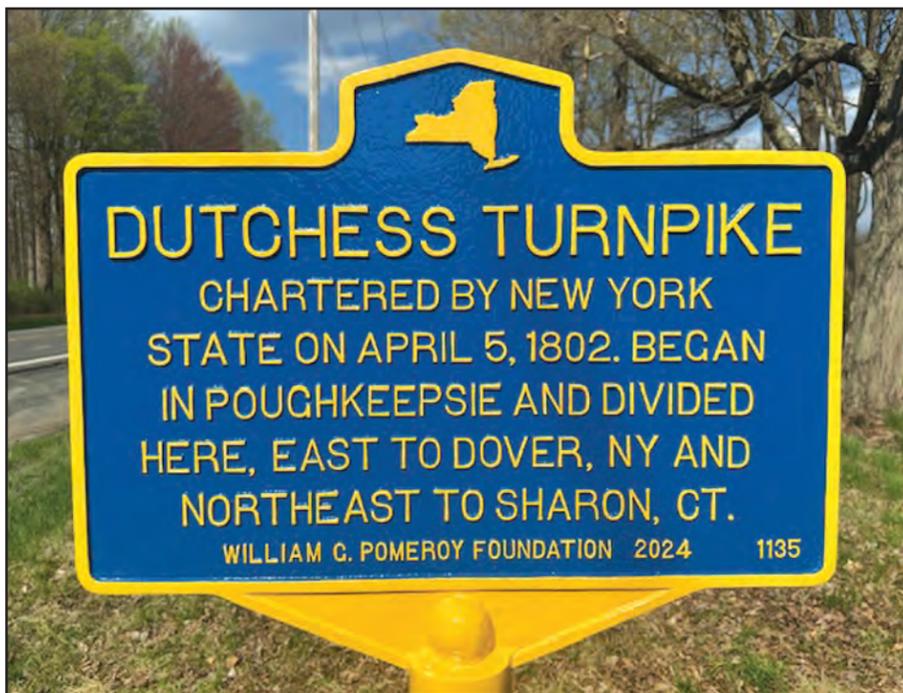
The Dutchess Turnpike historical marker was unveiled on April 24 near the Cary Institute for Ecosystem Studies on Route 44 in the Town of Washington. Students involved included Cora O'Hare, Ruby Carman and Samyra Cicala. Not pictured are students Kevin Ahern, Kaitlyn Downing and Sofia Espinosa. *Courtesy photo*

Two historical markers made possible through grants from the Pomeroy Foundation were unveiled at different locations in Dutchess County in late April. The two markers were for Dutchess Turnpike (Route 44) in the Town of Washington and the Chelsea Schoolhouse in the hamlet of Chelsea in the Town of Wappinger.

Each marker was the result of a project undertaken last year by students at Arlington High School as part of their United States History class.

Arlington High instructor Robert

McHugh noted that students could pick anywhere in Dutchess County that they believed was deserving of a marker. They had to then find primary sources (government documents, newspaper articles, maps, photos, etc.) that could prove the importance of the site. They had to come up with language that would go on the marker and secure permission from whoever owned the land on which the marker would be installed. Over the last year, seven markers have been installed around the county as a result of this effort.



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ONGOING PROGRAMS:

Qi Gong with Vince (online)
Mon. 05/05, Mon. 05/12, Mon. 05/19,
Mon. 05/26 at 9:30 AM
Wed. 05/07, Wed. 05/14, Wed. 05/21,
Wed. 05/28 at 9:30 AM

Vince Sauter will teach you how to lower stress and keep calm with Tai Chi. Class will focus on breathing in the calm and breathing out the tension.

Life Maintenance Exercise (Senior Exercise)

Tue. 05/06, Tue. 05/13, Tue. 05/20,
Tue. 05/27 at 10:00 AM

Thurs. 05/01, Thurs. 05/08, Thurs.
05/22, Thurs. 05/29 at 9:30 AM

This guided class will stretch, strengthen, balance and help keep your body moving. Exercises include: chair based stretching, calisthenics, and light weight lifting. Join every Tuesday and Thursday from 10 AM - 11 AM.

Story time on the Dot (in-person)
Tue. 05/06, Tue. 05/13, Tue. 05/20,
Tue. 05/27 at 10:30 AM

Join us every Tuesday at 10:30 for Story time! Listen to fun stories, sing songs, and have fun, all centered around a different theme every week.

Mah Jongg (in-person)
(Optimistic Aging)
Tue. 05/06, Tue. 05/13, Tue. 05/20,
Tue. 05/27 at 2:00-4:00 PM

Fri. 05/02, Fri. 05/09, Fri. 5/23, Fri.
05/30 at 2:00-4:00 PM

If you're looking for a game to keep your mind sharp, or if you enjoy games that make you think strategically, you'll want to give Mah Jongg a try! Players of all levels are welcome.

All Level Yoga (in person & online)
Wed. 05/07, Wed. 05/14, Wed. 05/21,
Wed. 05/28 at 6:00 PM (online)
Sun. 05/04, Sun. 05/11, Sun. 05/25 at
10:00 AM (in person or online)

Join Mia Tomic and explore classical seated, standing and supine yoga poses linked with breath in a creative way to stretch, strengthen, and rejuvenate your body, breath, and mind. You may also participate online. Please plan according to your comfort and needs as class is held indoors.

Chair Yoga, (in-person or online)
(Optimistic Aging)
Fri. 05/02, Fri. 05/09, Fri. 05/23, Fri.
05/30 at 11:00 AM

Join Samantha for Chair Yoga for ALL. Learn the basics of breath, meditation, and movement. This class will help you stretch and strengthen. Registration required so that you can get the link. Please register online or call the library at (845)-495-0655.

Zumba, (in-person)
Sat. 05/03, Sat. 05/10, Sat. 05/24, Sat.
05/31 at 9:00 AM

Join Ginny Morrow for a fun fitness routine every Saturday at 9 AM. Pre-reg-

istration is not required. You may sign in at the door.

Free Tech Help (in-person)
Check online for weekly schedule
Do you need help with your Kindle, tablet, smart phone or computer? Drop-in anytime during tech help hours or call the library at (845)-495-0655 to book an appointment.

Book Club Meetings:
Book Group, Book Group (in person)
May Selection: The Safekeep by Yael van der Wouden

Thursday May 1 at 1:30 PM
Our book group has lifted off and we are now "Readers who are part of a Book Group Book Group." Our founding readers have selected meaningful and mostly short novels to discuss. From our recent selections of Adventures of Huckleberry Finn followed by James, we peruse intriguing and worthy books.

Tea Time Book Club (in person)
May Selection: Life Cycle of the Common Octopus by Emma Knight
Thursday May 8 at 2:00 PM
Join Tea Time Book Club the second Thursday of every month. Come talk about the monthly selection and enjoy tea and a snack with members of the club.

Global Literature Book Club (on Zoom)
April Selection: It Would be Night in Caracas by Karina Sainz Borgo
Monday May 19th at 7:00 PM
The Global Literature Book Club focuses on exploring the world through literature. We discuss novels from around the globe, selected by members of the club. These works provide insights into a wide variety of nations, cultures, and styles of writing.

SPECIAL PROGRAMS & EVENTS

Book & Plant Sale
Thursday May 15-Sunday May 18
05/15 at 5:00 PM - 7:00 PM: Book Sale Preview Night (\$10 entrance fee)
05/15 at 12:00 PM - 5:00 PM - Book Sale
05/17 at 9:00 AM - 3:00 PM - Book & Plant Sale
05/18 at 11:00 AM - 3:00 PM - Book Sale Fill a Bag Day

Quiet Your Mind Mindfulness Workshop
Saturday May 3rd, 10:30 AM
Join Ann Elizabeth Byrne for a transformative experience at the "Quiet Your Mind" Workshop, where you can unwind and find inner peace amid life's chaos. This workshop provides valuable tools to calm racing thoughts, release tension, and cultivate mindfulness. Through gentle guidance and practical exercises, you will learn to quiet your mind and nurture tranquility. Embrace the opportunity to connect with your inner self. We conclude with a guided meditation and Reiki touch with essential oil for each participant. Bring your own mat/blanket.

Sensory Friendly Library Hour (in person) Starting May 2nd at 9:30 - 10:30 AM
Clinton Community Library is excited to now offer a sensory friendly library

hour every Friday morning! Community members with neurodivergent backgrounds, sensory processing challenges and all other developmental differences are welcome to come to the library, before we open up for the day! From 9:30am-10:30am stop by to browse books, do a craft, or just stop in and enjoy the space. The library lights will remain off, we will offer crafts, coloring or other fun activities.

Kids, teens & young adults of all ages are welcome. Parents & caregivers must stay in the library during the program.

*Important note: the library space is reserved only for sensory friendly hour during this time, not for regular library activity. Please be mindful of this time and place returns in the book drop or stop in for all other library operations we open at 10:30am!

Crafts & Coffee: Crayon Quilt (in person) Monday May 12th at 1:30 PM

Join us for a lovely afternoon of coffee, crafts (and conversation!) On the second Monday of the month at 1:30, Diane will guide you as you create a project covering a wide range of techniques, from card making to book crafts to stitchery and more. Audience: Adults & Seniors

May Craft: Crayon Quilt
We're reviving a technique from the 1930s - crayon coloring fabric! We'll add a couple of updated twists such as framing our creations in a fabric covered embroidery hoop. Join us and make your own May flowers! Registration is required

Lunch & Learn: Riverside Moguls Part One: Rise of Steel Rails
Thursday May 22 at 12:30 PM

From the Vanderbilts of Hyde Park to Jay Gould's purchase of Tarrytown's Lyndhurst estate and the vast land holdings of E. H. Harriman in Orange County, the Hudson Valley has been home to many of the Gilded Age's most illustrious, and infamous, titans of industry. Though their empires were not always centered in New York, the glamorous estates of these nineteenth-century moguls offer glimpses into a rich era of the past that binds the nation with the Hudson Valley. Join author, historian, musician, and preservationist Alex Prizgintas at the Clinton Community Library on Thursday, May 22nd at 1:00 PM as he shares the stories of "riverside moguls" from the Hudson Valley and the transformation of their estates through

time. Part one of this program, titled "Rise of Steel Rails," focuses on five figures from the growth of American Railroads. A graduate of Marist College with degrees in Hudson River Valley History and Public Administration, Alex has been published in the Hudson River Valley Review, New York Archives Magazine, and Orange County Historical Society Journal on topics including Hudson River railroad history, Orange County's dairy farming history, and the region's early settlers. He serves as president of the Woodbury Historical Society and town historian of Woodbury in Orange County, New York.

Lunch typically consists of a sandwich, chips, and a cookie. CCL cannot accommodate specific dietary requirements or allergies. If this is a concern, you are welcome to bring your own bagged lunch.

PLEASANT VALLEY LIBRARY

All programs are free, unless noted. Please visit pleasantvalleylibrary.org to register and for more information on these and also on our monthly occurring programs.

Saturday, May 10 12:00-1:30pm
Crafterday: Shabby Chic 3-D Papercraft Wall Hangings with Michelle Mead

Join popular local papercraft artist Michelle Mead as she guides you to make "Shabby Chic" 3-D Papercraft Wall Hangings. Shabby Chic is a design style combining vintage, rustic, and romantic elements to create a nostalgic, aged appearance with soft colors, gentle textures, and a lived-in aesthetic. Everyone will be able to make two - one for yourself and one for someone special. No experience is necessary and all materials will be provided. This program is for ages 15 and up.

Wednesday, May 14 11:30am-1:30pm
Senior Movie: Documentary Double Feature: "Birders: The Central Park Effect" and "The Automat"

Seniors (ages 50+) are invited to attend this special seniors-only movie matinee. For May, we will be showing a documentary double-feature! Our films are:

"Birders: The Central Park Effect" (2012, 1 hour) reveals the extraordinary array of beautiful wild birds who grace Manhattan's celebrated park, and the equally colorful, New York birdwatchers who schedule their lives around the

continued on page 22

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Dutchess BOCES Superintendent shares vision for agency's future

Dutchess BOCES District Superintendent Dr. Jodi DeLucia shared her vision for how the agency can grow to more completely serve students Wednesday night at a meet and greet reception.

"Dutchess BOCES has embarked on this remarkable journey of innovation, partnership and growth. We're adapting to meet the evolving needs of our students," said DeLucia, who was appointed in March. "As we move forward, I invite you all to move forward with us on this journey."

The event, held at the agency's Conference Center, was an opportunity for school and community stakeholders to hear DeLucia's thoughts on the role Dutchess BOCES serves for students and

the community, and its plans for meeting their evolving needs moving forward.

Attendees included members of the agency's board of trustees, elected officials, superintendents from Dutchess County school districts, business partners and other stakeholders.

Dozens of Dutchess BOCES team members welcomed guests before the event at tables to share about the programs and services each department or school offers. Students from the Career and Technical Institute's culinary program served a varied spread of food prepared by the agency's food services team while security and law students helped direct traffic.

DeLucia explained an aspect of Dutchess BOCES' mission near to her

own heart: "To provide opportunity for those who are often the furthest from it. I love the opportunity to work here at BOCES, to work with our programs and services, and believe deeply in collaborative partnerships that improve outcomes for that population of students.

"Working here is my passion," she shared. "I'm really excited you are all here tonight to see our vision for moving forward."

During this transformative time in education, DeLucia said it means "reimagining how students learn and adapting to new technologies and teaching methods; meeting and exceeding industry standards in its Career and Technical Institute; and providing alternative pathways and trauma-informed

environments to support all students. The ultimate goal is to ensure students are prepared to thrive in a rapidly evolving world."

This cannot be done alone, however, especially as interest as soared in Dutchess BOCES' programs in the last five years and the agency has had to turn away students.

"We will actively engage community, industry and educational thought partners seeking input and collaboration," DeLucia said. "I really hope that what you're hearing is that we're creating opportunities to bring more people to the table, but partnership works both ways. So, we're also increasing the pathways to representation across the county."

AT YOUR LIBRARY continued from page 21

rhythms of migration. Featuring spectacular wildlife footage, this lyrical documentary transports the viewer to a dazzling world that goes all but unnoticed by the 38 million people who visit Central Park each year.

"The Automat" (2021, 1 hour 19 minutes) focuses on Horn & Hardart's famed vending-machine food-service restaurants that were popular in cities like NYC and Philadelphia in the 20th century. Mel Brooks, Ruth Bader Ginsburg, Carl Reiner and other famous and everyday people share their memories of these unique and nostalgic cafeterias that have become a symbol of a vanished era.

Friday, May 16 2:00-5:00pm
"Building Brick By Brick: A Veteran Art Exhibit" Reception

Join us for a reception for the MHA of Dutchess County Veterans' artists and their artwork of "Building Brick by Brick: A Veteran Art Exhibit." The artists' sculptural "bricks" - a fusion of paint and mixed media - delve into the layered complexities of rebuilding their lives after military service. The exhibit will be on display at the library for the entire month of May, and visitors are welcome to add the names of family or friends who have served in the military to one of the commemorative "bricks" that will become part of this large scale art project. Come express your pride for loved service members, both living and deceased, through adding their stories of service. Registration is not required.

Saturday, May 31 2:00-3:30pm
"We Want The Funk!" - A Special PBS Movie Screening

Pleasant Valley Library and WMHT Channel 17 Albany present a free preview screening of Indie Lens Pop-Up: "We Want The Funk!" by filmmakers Stanley Nelson and Nicole London. The film is a syncopated voyage through the history of funk music, from early African, soul and early jazz roots, to its rise into the public consciousness in the 1970s and beyond.

**RED HOOK PUBLIC LIBRARY
NEW PROGRAMS FOR KIDS & FAMILIES**
Dragon Masters Book Party
Thursday, May 8 at 4 PM

Homeschool Happening: Poetry Workshop
Friday, May 9 at 10:30 AM
Registration Required

Apple Blossom Day - Friends Book Sale Saturday, May 10, 11 AM - 3 PM

Art Explorers: Create, Discover, Imagine!
Thursday, May 15 at 4 PM
Registration Required

Pop-up Library at Red Hook Soccer Club Fields
Saturday, May 17 at 9 AM
at Red Hook Soccer Club Fields

Monday & Friday Tunes and Tales, Tuesday Lego Club, and Wednesday Storytime continue throughout the month.

**NEW PROGRAMS
FOR TEENS & ADULTS**
Drawing Gym with Cyd

Wednesdays at 5:30 PM

Apple Blossom Day - Friends Book Sale Saturday, May 10, 11 AM - 3 PM

A Celebration of Spring - Art, Words, and Sharing | Spring Walks in Verse and Art with Jana Mader
Monday, May 12 at 6 PM
at Cookingham Trails
Registration Encouraged

Verse and Art Exhibit | Spring Walks in Verse and Art with Jana Mader
Friday, May 16 at 5 PM

Books and Brews - Friends Book Sale Saturday, May 17 at 12 PM
at Lasting Joy

Evening Book Club - The Women
Monday, May 19 at 6 PM
Afternoon Mystery Book Club: The God of the Woods
Friday, May 30 at 2 PM

Chair Yoga, Knitting Group, ESL, All Abilities Teens & All Abilities Adults continue throughout the month.

STANFORD FREE LIBRARY
Registration required for events unless noted otherwise. Please email stanfordlibrary@optonline.net or call 845-1341

May Book Club
Monday, May 12th, 1:00 pm-2:00pm
This month's selection is Absolution by Alice McDermott. This novel is a riveting account of women's lives on the margins of the Vietnam War.

Read to Therapy Dog Jambo
Tuesday, May 13, 4:00pm - 5:00pm
He's a gentle giant who loves to make new friends. People of all ages are welcome to come and visit with him. Sign up for a 15 minute slot with Jambo.

Supper Club with Lenny?
Wednesday, May 14th, 6:00 pm - 7:00 pm

Enjoy a community tasting and sharing event with friends and family. This month's theme "Brought to you by the letter H." Cook any dish that starts with the letter H or uses an ingredient that starts with the letter H. No need to register - just come with your cuisine and enjoy food and conversation!

Chair Yoga
Friday, May 9th, 1:00pm-2:00pm
This is gentle yoga with a chair to support and aid seated and standing postures

ONGOING EVENTS
Home School Stories and STEAM Students in Grade K-3: Thursdays, 12:45pm - 1:45pm
Students Grade 4-6 (STEAM only) Thursdays, 2pm-3pm
Preschool Storytime Tuesday Mornings Preschoolers (Age 3-4) 9:30 am - 10:15 am
Toddlers (Age 18 months-2 years) 10:30 am - 11:15 am
Babies (Birth-18 months) 11:30 am - 12:15 pm
Stories, songs and free play every week!

Water Color Workshop
First, Third and Fifth Tuesday of each month 1:00 pm - 4:00 pm
Using the Basic Watercolor Techniques: A Flat Wash, Graded Wash, Wet-In-Wet or Drybrush
We will be happy to provide guidance but this is a Watercolor Workshop not a Watercolor Class. Supplies are not provided, a list of needed materials is available at the library.

Literacy Connections Classes for English Language Learners
Mondays 6:00 pm - 8:00 pm
All levels welcome.

Knitting
First, Third and Fifth Thursday of the month 7:00 pm - 8:30 pm
Come for knitting, tea and conversation.
All levels welcome. Advanced knitters will teach beginners.

Brain Games
Thursdays 10:30 - 12:00 pm
Calling all seniors! Join in the fun and laughter of our brain games! Fun, stimulating, invigorating word games, board games, card games, conversation and laughter!

Mahjong for Intermediate Players
Fridays 10:00 am - noon
Come and play Mahjong with this fun, friendly group. Are you a beginner or want to learn the game, ask at the library for more information.

STORMVILLE AIRPORT



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Aug 30 & 31 • Oct 11 & 12 • Nov 1

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Over 400 EXHIBITORS

Restoring a treasure from the Millbrook Needlework Guild

In early March 2024, while preparing the sanctuary for Lent, Fr. Matt Calkins, rector of Grace Church Millbrook, and Jean Hayes, director of the Altar Guild, were swapping out the green Epiphany altar frontal for the purple set used during Lent. As they worked, a clip came loose and the green frontal tumbled into the large cabinet where the church stores its ornate liturgical fabrics.

When Fr. Calkins retrieved the fallen piece, he noticed a large cardboard box tucked in the corner of the cabinet. Inside was an unfamiliar white festive frontal—beautifully crafted but marred by heavy staining on its silk damask. Though it had clearly not been used in recent memory, Fr. Calkins recognized the central emblem from a recently discovered photo and newspaper clipping in the parish archives. Dated December 12, 1954, the image showed three women proudly presenting the very same frontal: Sally Gifford, Margaret Parshall, and Erica Wilson.

Many in the community know part of this story. Margaret Parshall, sister of Oakleigh Thorne III, was an avid and skilled needleworker. In 1954, she invited Erica Wilson—a recent graduate of the Royal Needlework Guild in England—to help establish the Millbrook Needlework Guild. Wilson was housed in a residence at Franklin and Maple and, over several years, worked closely with a group of tal-

ented local women, including her chief assistant, Sally Gifford (later O'Brien).

Wilson's career eventually took her to New York City, where she opened a shop on the Upper West Side and gained national recognition. Known as "the Julia Child of needlework," Wilson authored several books, hosted a PBS television show, and opened additional shops in South Hampton, Palm Beach, and Nantucket. Though she passed away on December 13, 2011, her Nantucket store continues to operate, and her books remain in circulation.

Remarkably, her journey began right here in Millbrook, with the creation of this very frontal and other works for Grace Church and neighboring congregations.

Now, more than seventy years later, this piece of local and ecclesiastical history has been lovingly restored. Thanks to the artistry of Altar Guild members Lynda Boissey and Susan Nestle, and the expert needlework of Rowena Gill, principal of Rowena Gill Couture in Millbrook, the once-forgotten frontal has been returned to its former splendor.

It was used once again during Easter 2025, beginning with the Easter Vigil on Saturday evening, April 19.

A long-lost treasure, restored and renewed, will once again adorn the altar and glorify God.



From left, Susan Nestle, Rowena Gill and Lynda Boissey of Grace Church in Millbrook are pictured with the recently recovered and restored Altar Frontal. Photo by Pam Freeman

NOTICE OF EARLY DEADLINE: Due to a holiday press schedule for Memorial Day, the May 28 issue of Northern Dutchess News will have early deadlines for all departments. Editorial and calendar submissions must be received by Thursday, May 22, at noon. Advertising must be received by Thursday, May 22, at 5 p.m. Contact cschmidt@s Dutchessnews.com for more information.

Ruge's Automotive announces winners of 2025 scholarships

Ruge's Automotive recently announced the winners of its 2025 Ruge Family Scholarship Fund. Recipients were chosen following an application process with criteria stipulating that students must have plans to pursue further education or training in automotive studies or engineering, and in addition, demonstrate an ongoing commitment to community service.

The 2025 Ruge Family Scholarship award recipients are as follows:

- Connor Meltzer, Rhinebeck High School;
- Amelia Nelson-Madore, Red Hook High School;
- Raul Palma Flores, Red Hook High

School;

- Manuel Espinosa Matias, Millbrook High School.

Kristin Ruge Hutchins, President/CEO of Ruge's Automotive, said, "As is always the case, we were incredibly impressed with the students who applied this year - and it is our great privilege to honor Connor, Amelia, Raul, and Manuel with these well-deserved awards. We extend heartfelt congratulations to each of these students, and wish all local graduates the very best as they embark on the next chapters of their lives."

Ruge's Automotive has supported many initiatives over the years, including



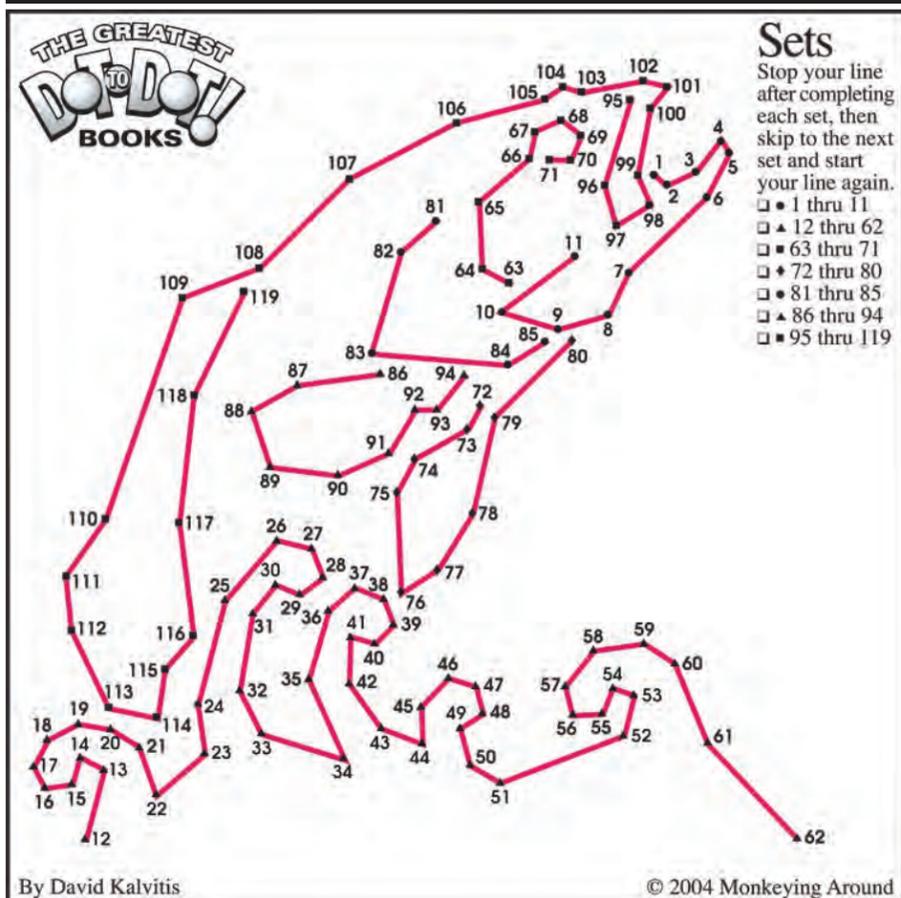
From left: Raul Palma Flores, Amelia Nelson-Madore, Connor Meltzer and Manuel Espinosa Matias. Courtesy photos

Northern Dutchess Hospital Foundation, American Legion Post 429, Rhinebeck Rotary, and Taconic Little League, among

many others.

For further information about Ruge's Automotive, visit rugesauto.com.

Answer to this week's Dot to Dot (puzzle on page 14)



SUDOKU

This week's answer

1	6	8	2	3	9	5	4	7
4	3	9	8	5	7	6	2	1
5	2	7	4	6	1	9	3	8
7	5	3	1	9	2	8	6	4
9	4	2	5	8	6	1	7	3
6	8	1	7	4	3	2	9	5
2	7	4	6	1	5	3	8	9
8	9	5	3	2	4	7	1	6
3	1	6	9	7	8	4	5	2

Suguru solution

1	3	4	2	1	2
2	5	1	5	4	3
4	3	4	3	2	5
5	1	2	1	4	1
4	3	5	3	5	3
2	1	2	1	4	2

Answers to this week's diversions

(puzzles on page 18)

S	C	A	M	P	H	U	B	C	O	T	E			
A	R	B	O	R	E	R	A	W	O	T	A	N		
C	E	L	L	O	I	L	L	O	P	I	N	E		
S	W	E	A	T	E	R	S	C	O	T	C	H		
			L	E	D		C	A	P	E				
Q	U	E	M	E	W	L	A	R	O	M	A	S		
U	S	A	F	M	O	O	T	S	T	E	R	N		
E	A	S	E	A	S	O	P	I	D	E	A			
E	G	E	S	T	S	E	R	A	S	I	N	K		
N	E	L	S	O	N		U	N	T	O	A	T	E	
			P	E	E	P		I	R	E				
	P	I	G	E	O	N		C	O	R	R	E	C	T
B	O	R	N	E		E	R		R	E	N	D	U	E
A	L	I	A	S		M	O		R	I	D	E	S	
R	E	S	T		Y	E	W		Y	E	A	S	T	

OBITUARIES

Robert Albrecht

Robert (Bob) Stanley Albrecht, 94, life-long resident of Pleasant Valley, died peacefully at home surrounded by his loving family on April 30, 2025. He was born on July 13, 1930 in Poughkeepsie, NY. He is the son of Grace Terhune and Stephen Stanley Albrecht.

Bob spent his entire lifespan working on the family farm, Albrecht's Dairy in Pleasant Valley NY, with his father and brother Steve. They milked holstein cows, grew hay and corn to feed the herd & also homogenized and pasteurized milk which they delivered directly to customers homes. Bob also cut down trees, chopped firewood, fixed tractors and other farm equipment.

Bob was a devoted and proud member of the Church of Jesus Christ of Latter-Day Saints. He was also a member of the Pleasant Valley Grange, Pleasant Valley Fire Department and Pleasant Valley Historical Society. He lived his long life with a strong, steadfast faith in God and with much dedication and compassion for his family and friends. He will be fondly remembered for his kindness, bright blue eyes, genuine smile, gentleness, gratitude, and words of wisdom.

He happily married his wife Carolyn Nichols Albrecht on March 27, 1965, and they recently celebrated 60 years of marriage. He is survived by his wife Carolyn, daughters Barbara Komondorea and son-in-law Dean, Lori Albrecht Johnson and former son-in-law Kurt Johnson and brother Stephen B. Albrecht Sr. He is a grandfather to Michael Smith, Krystal Drumm (Harold), Matthew Smith, Christine Johnson (Michael Henry) and Nicole Johnson and great grandfather to Grace Drumm and Avery Cabrera. Also surviving are several nieces and nephews. He was predeceased by his parents Stephen and Grace Albrecht, brothers Frederick and Nelson along with his son-in-law Peter J. Smith.

Visitation was held on Friday, May 2, at the Church of Jesus Christ of Latter Day Saints, Poughkeepsie, NY. Funeral services took place at the church on Saturday, May 3. Interment followed in Nine Partners Cemetery, Church St, Millbrook, NY.

We would like to express a special appreciation for the loving care of Teo, his devoted caregiver, and the supportive care of the Hospice team.

In lieu of flowers, donations can be made to the Church of Jesus Christ of Latter-Day Saints, 204 Spackenkill Rd, Poughkeepsie NY 12603.

Arrangements have been entrusted to Allen Funeral Home, Pleasant Valley. For condolences, please visit www.hudsonvalleyfuneralhomes.com

Sandra Burgess

Sandra Burgess, a longtime resident of Poughkeepsie, both town and city, died on April 28 in Rhinebeck. She was born on April 6, 1938, to Ralph and Gertrude Barrup in Brattleboro, Vt. She graduated from the University of Vermont. She had a long career in human resources management at Poughkeepsie Savings Bank and later TD Bank. She served on the board of Georgetown Square Condominiums, where she very happily resided for 25 years. During a good part of that time, she early in the morning walked from her condo to the public path along McCann Golf Course. Throughout her life she was a voracious reader and tackled the Sunday New York Times crossword puzzles.

She spent many happy summers at her cottage in Burlington, Vt. Catholic faith was significant to her, leading her to attend mass daily for many years.

Sandra was predeceased by her former husband, John Burgess, and second husband, Peter Heintz. She is survived by children, Jay Burgess and his wife, Thea, as well as Sharon Fox, her husband, Eben, and their children, Sarah and Daniel.

Kind, giving and loyal, Sandra will be remembered lovingly by family, friends and

many others who were lucky to know her.

Services will be private. Arrangements are under the care of Burnett & White Funeral Homes, Rhinebeck, NY.

Douglas 'Doug' Coy

Douglas A. Coy, 81, of Pleasant Valley, NY passed away peacefully at home on Saturday, April 26th, 2025 surrounded by his loving family.

Born on March 14, 1944, in Poughkeepsie, NY, Doug was the son of the late Moses Robert Coy and the late Catherine Signor Coy. He was a proud graduate of Wappingers High School in Wappingers Falls, New York. On November 1st, 1964, Doug married the love of his life, Jacklyn A. Blasi, at Holy Trinity Church in Poughkeepsie.

A lifelong resident of Dutchess County, Doug was born in Poughkeepsie and settled in Pleasant Valley in 1971. He took great pride in his home and property, dedicating countless hours to making it a welcoming place for family and friends.

Doug had a passion for sport, travel and time spent with friends and family. He was an avid bowler for more than 40 years as a member of the Poughkeepsie Elks Lodge bowling league, enjoying Sunday mornings with his teammates. He also loved spending time on the golf course with friends, sharing laughs and good times. For 55 years, Doug faithfully spent his summers vacationing in Cape May, New Jersey, creating cherished memories with family and lifelong friends at the beach. His adventurous spirit also took him to the Caribbean, Central and South America annually, traveling with his wife and dear friends — always returning home with wonderful stories and jokes. He was truly a gifted storyteller.

Doug was a member of Holy Trinity Church, a longtime member of the Poughkeepsie Elks Lodge #275, and a past member of the Italian Center in Poughkeepsie.

Doug is survived by his beloved wife, Jacklyn, at home; his daughter and son-in-law, Paige and Justin Hogarth of Pleasant Valley; and his grandson, Hudson Douglas Hogarth who was truly the sparkle of his eye. He is also survived by his brother and sister-in-law, Thomas and Jill Coy of Millbrook, and several cherished nieces and nephews.

In addition to his parents, Doug was predeceased by his sister, Patricia Ann Paterson.

Doug will be remembered for his warmth, humor, dedication to family, and the joy he brought to everyone who knew him. He was one of a kind.

Calling hours were held on Sunday, May 4, followed by a Funeral Service at the Timothy P Doyle Funeral Home, Poughkeepsie, NY. Burial will be at the convenience of the family.

Memorial donations can be made in Doug's name to St. Jude Children's Hospital.

Lynn Golden

Lynn Ellen Golden, 80, a longtime area resident of Hyde Park, NY, died on Sunday, April 27, 2025, at home with her family by her side.

Born May 29, 1944 in Watertown, NY, she was the daughter of the late Leonard Davis and Irene Kessler Davis.

After graduating F.D.R high school in 1962, Lynn went on to receive her cosmetology license. She went on to work as a hairdresser locally for many years before retiring. She also took pride in being the hairdresser for Sweet's Funeral Home for over 30 years.

On October 3, 1964 in Poughkeepsie, she married her high school sweetheart George Golden. Her husband of 60 years survives at home.

Lynn enjoyed classic cars, especially Mustangs, often attending and helping to run car shows and car cruises. She helped run the Hyde Park Chamber of Commerce Car Show for many years, and the Wednesday night car cruise with her husband.

She also enjoyed boating and leisurely walks along the beach. She especially loved

anything with sea turtles and combing the beach to find shells.

In her free time she enjoyed watching college basketball, learning about World War II history, especially the Ghost Army, which her father was a part of, and collecting snowmen.

Above all she loved traveling and spending time with her family, especially her grandchildren whom she adored.

She is survived by her two daughters, Pamela Hanna and husband Mark; of Myrtle Beach, SC, Stephanie Green and partner Chaz Damante; of Hyde Park; two grandchildren Brycen Cary and Lexi Green.

She is also survived by her sister Nancy Gordon; nieces, Kira Gordon, Kristine Eriksson, her husband Greg and 3 great nieces, as well as several other nieces and nephews.

Along with her parents, she was predeceased by her sister Carol Jaehnert and her eldest nephew.

In keeping with her wishes cremation has taken place.

Calling hours were held on Friday, May 2, 2025, at Sweet's Funeral Home, Hyde Park, NY. A Memorial Service followed at the funeral home.

Lynn's family respectfully requests memorial donations to Hudson Valley Hospice, 80 Washington St, Suite 204 Poughkeepsie, NY 12601. (www.hvhospice.org)

Arrangements are under the direction of Sweet's Funeral Home, Inc., Hyde Park, NY.

To send an online condolence, please visit www.sweetsfuneralhome.com

William Kerslake

William Joseph Kerslake, 90, of Dover Plains, NY passed on Saturday, April 26, 2025 at the Renaissance Rehabilitation and Nursing Care Center in Staatsburg, NY. Mr. Kerslake was a maintenance mechanic for Grand Union Supermarkets.

Graveside services and burial took place on Wednesday, April 30, 2025 at the Clove Cemetery, Clove Rd., Lagrangeville, NY. To send a condolence, please visit www.hufcutfuneralhome.com

Patricia Ann Lamoureux

Dr. Patricia Ann Lamoureux, beloved mother, grandmother, sister, aunt, educator, and advocate, passed away peacefully on April 11, 2025, at the age of 84 at her home in Hyde Park, NY.

Born in Providence, RI to Norman Lamoureux and Agnes Petit, Patricia grew up in Warwick, Rhode Island before moving to Elmwood Park, NJ, where she raised her five children.

Patricia committed her life to serving those less fortunate and was a tireless advocate for social justice issues. She worked for the Archdiocese of Newark for over a decade and later received a doctorate in theology from Fordham University. Patricia went on to become a professor of ethics at St. Mary's Seminary and University in Maryland and Marist University in New York. Throughout her life experiences, she left a legacy of compassion, commitment to those in need, and intellectual curiosity.

Patricia is survived by her five children; Barbara Natali, Denise Natali, Arnold Natali (Lori Natali), Christine Holmberg (Barry Holmberg), and Susan Natali, seven cherished grandchildren; Brian, Brooke, Chase, Ciat, Clancy, Heline, and Michael, and three siblings; Nancy, Norman, and Theresa. Patricia also leaves behind seven beloved nieces and nephews.

In honoring Patricia's memory, her family invites others to carry forward her spirit of empathy, justice, and generosity in their own lives.

There will be a Memorial Mass at The Church of the Annunciation, 50 W. Midland Ave, Paramus, New Jersey, 07652, on Tuesday, May 20, 2025 at 1:00 pm.

In lieu of flowers, Patricia and her family kindly ask that donations be made to the Colorectal Cancer Alliance, 1025 Vermont Ave NW, Suite 1066, Washington, DC 20005 (www.colorectalcancer.org), or to the John Schade Memorial Education Fund at Woodwell Climate Research Center fund, 149 Woods Hole Road, Falmouth, MA 02540, (www.woodwellclimate.org/give/johnschade/).

Joseph Alan Maggs

Joseph Alan Maggs, 66, returned to God on April 26, 2025, after a short but determined battle with lung cancer. Joe was the son of Alan Maggs and Sheila Drew (formerly Maggs), born on August 16, 1958, in New Rochelle, NY. He was the second of their four children, and the only boy.

The family moved briefly to Greenwich,

CT and from there to Poughkeepsie. Joe graduated from Holy Trinity School and was an altar server at Holy Trinity Church. He and his sister Cathy delivered the Poughkeepsie Journal for several years and won a prize for being the best of their crew. He went on to Poughkeepsie High School until the family moved to Milton where he graduated from Marlboro High School. While he was at Marlboro High School he signed into the Army and was inducted after his graduation. After the Army he returned to the Poughkeepsie area and worked for several manufacturing companies, eventually working for New York State as a Direct Support Care Giver.

Joe was a free spirit who loved life and lived on his terms but there was no greater love for Joe than his son, Justin. He was passionate about music, reading, the New York Mets, the New York Post, chocolate milk, farmer jeans and playing chess. Joe was never a wealthy man monetarily, but was truly wealthy in the community he kept around him.

He is survived by his son, Justin (Rizzo) Maggs; mother, Sheila Drew; sisters, Catharine and Carolyn Maggs, and Elizabeth (Lisa) Vladick (George); uncle and godfather, William Drew (Laura); nieces and nephews, Natasha Vladick, Alex Vladick, Anastacia (Joe) Krieger, and April Compton; and a large and loving family of cousins.

He was predeceased by his father, Alan Maggs, Aunt, Eileen (Arthur) Kennedy, Aunt, Patricia Drew Fox, Aunt and Godmother, Carolyn (Ken) Keating, and his Uncle, Dr. Robert (Marguerite) Maggs.

Cremation has taken place. Memorial calling hours were held on Saturday, May 3rd at Sweet's Funeral Home, Hyde Park. A memorial service took place followed by military honors. The Rev. Kent Jackson officiated.

Burial of his ashes will be private and at the convenience of the family.

In Lieu of flowers, please consider making donations to Hudson Valley Hospice Foundation, 80 Washington St., Suite 204, Poughkeepsie, NY 12601. (www.hvhospice.org)

To send an online condolence or for directions, please visit Joe's obituary page at www.sweetsfuneralhome.com.

Mary Zambardino

Mary Zambardino (née: Cullinane) 87, passed away on April 23, 2025 at the Hudson Valley Hospice House surrounded by her loving family.

Born in Listowel, County Kerry, Ireland, she was the daughter of the late William and Mary (Sheehan) Cullinane. She was a parishioner of Our Lady of the Rosary in Hyde Park and was a member of the St. Columba Church Widow and Widowers' Group. Mary was a devoted wife, mother, grandmother and great-grandmother who above all loved spending time with her family.

On April 25, 1964 in the Bronx, Mary married the love of her life, Michael Zambardino, who predeceased her on July 4, 2014. They lived in Hopewell Junction from 1977 until 1995 when they retired to Shamokin, PA for 20 years. After Michael's death, Mary moved back to the area to be closer to her family.

Mary worked for A&P in the meat department earlier on in her life. Later in life, she shared her loving personality and was employed as a Nanny for several children and she continued contact with them into their adult life.

Mary is survived by her children and their spouses, Kim and Jack Schmidt, Frank and Lorraine Zambardino, Toni and Michael Maier, and Tina Amacher; her grandchildren, Marie and Jermaine Stevens, Justine and Amber DeFraia, Justin Zambardino and Christine Sorrentino, Kayla and Joseph Ventura, Ashley Maier, Megan Maier, Michael Maier Jr., Jacob L. Amacher IV, Gavin Amacher and Nolan Amacher; her great-grandchildren, Quinn Stevens, Avery DeFraia, Annabelle Zambardino and JT Ventura; her siblings, Dan(Mary)Cullinane, Patricia (Gabriel) McNamara and Joan Glover, sister-in-law Rose Cullinane and brother in law Patrick Kazmerski and many nieces, nephews, great-nieces and great nephews. In addition to her husband and parents, she was also predeceased by her siblings, Margaret(Peg), John Joe, William and Maurice.

Calling hours will be held at the McHoul Funeral Home, Inc., Hopewell Junction. The Mass of Christian Burial was offered at St. Columba Church, Hopewell Junction.

Memorial donations may be made to Hudson Valley Hospice Foundation or the American Heart Association.

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Legal Notices

**TOWN OF PLEASANT VALLEY
TOWN BOARD RESOLUTION NO.: 323/2025
RESOLUTION COMMENCING THE LOCAL LAW ADOPTION
PROCESS FOR PROPOSED LOCAL LAW H OF 2025, "A LOCAL
LAW AMENDING THE TOWN CODE OF THE TOWN OF PLEASANT
VALLEY BY ENACTING A NEW CHAPTER 72 ENTITLED
'RESIDENTIAL RENTALS'"**

WHEREAS, the New York State Good Cause Eviction Law (RPL Article 6-a) authorized municipalities to opt in to certain regulations regarding eviction from residential rentals; and

WHEREAS, the Town Board finds that it is in the best interest of the community to adopt such provisions prohibiting certain evictions without good cause in the Town of Pleasant Valley;

NOW, THEREFORE, be it

RESOLVED, that the Town Board hereby accepts Proposed Local Law H of the Year 2025, "A Local Law Amending the Town Code of the Town of Pleasant Valley by Enacting a New Chapter 72 Entitled 'Residential Rentals'" for the purposes of commencing the local law adoption process; and be it further

RESOLVED, that pursuant to the provisions of SEQRA the Town Board hereby determines that the adoption of Proposed Local Law H is an unlisted action, and the Town Board accepts the attached SEQRA EAF Part 1 for the proposed action; and be it further

RESOLVED, that the Town Board determines that it will be the only agency with approval authority over the proposed action and the reform declares itself to be the Lead Agency for conduct of the environmental review under SEQRA; and be it further

RESOLVED, that a public hearing on said Local Law will be held on April 21, 2025 at the Town of Pleasant Valley Town Hall, located at 1554 Main Street, Pleasant Valley, New York at 7:00 p.m. or as soon thereafter as it may be heard; and be it further

RESOLVED, that the Town Clerk is hereby directed to give, publish and post notice of said public hearing, as required by law.

Dated: March 17, 2025

MOTION BY: Councilman Rifenburg
SECONDED BY: Councilman Degan

ROLL CALL:	AYE	*ABSENT	NAY
Councilwoman Chapman	_____	_____	_____
Councilman Cookinham	_____X_____	_____	_____
Councilman Degan	_____X_____	_____	_____
Councilman Rifenburg	_____X_____	_____	_____
Supervisor Albrecht	_____X_____	_____	_____
Carried.			

**TOWN OF PLEASANT VALLEY
PROPOSED LOCAL
LAW H OF THE
YEAR 2025
A LOCAL LAW
AMENDING THE
TOWN CODE OF
THE TOWN OF
PLEASANT VALLEY BY ENACTING
A NEW CHAPTER
72 ENTITLED "RESIDENTIAL
RENTALS"**

BE IT ENACTED by the Town Board of the Town of Pleasant Valley as follows:

**SECTION 1.
PURPOSE**

The purpose of this Local Law is to promote the public health, safety and welfare by opting in to the New York State Good Cause Eviction Law (RPL Article 6-a), as permitted by Real Property Law § 213, and amending the Town Code of the Town of Pleasant Valley to enact a new Chapter 72 entitled "Residential Rentals," with Article I entitled "Prohibition on Eviction Without Good Cause," to implement the provisions of the New York State Good Cause Eviction Law in the Town of Pleasant Valley.

**SECTION 2.
AUTHORITY AND
SUPERSESSION**

This law is adopted pursuant to the provisions of the Municipal Home Rule Law 10(1)(ii)(a)(12) which grants local governments the authority to enact local laws regarding the public health, safety and welfare, and pursuant to the provisions of Real Property Law Article 6-a. To the extent the provisions of this Local Law conflict with the provisions of the Municipal Home Rule Law, the Town Board hereby asserts its intention to supersede same pursuant to the Municipal Home Rule Law.

**SECTION 3.
AMENDMENT OF
TOWN CODE**

The Town Code of the Town of Pleasant Valley is hereby amended to add a new Chapter 72 entitled "Residential Rentals," which shall read as follows:

CHAPTER 72

Residential Rentals
Article I: Prohibition on Eviction Without Good Cause

§ 162-1 Purpose.

The purpose of this article is to make the provisions of Article 6-a of the New York State Real Property Law regarding rental property and prohibiting certain evictions without good cause effective and binding law in the Town of Pleasant Valley.

§ 162-2 Opt-into New

York State Real Property Law Article 6-a. As authorized by New York State Real Property Law Section 213, the Town of Pleasant Valley does hereby opt-in to the provisions of New York State Real Property Law Article 6-a. § 162-3 Prohibition of evictions without good cause.

A. All applicable provisions set forth in Article 6-a of the New York State Real Property Law, and any amendments thereto, are hereby adopted by the Town of Pleasant Valley and incorporated herein by reference.

B. Pursuant to § 213(2)(a) of Article 6-a of the New York State Real Property Law, for the purposes of this chapter, any unit within a housing accommodation shall be exempt from the provisions of this chapter if such unit has a monthly rent above three hundred forty-five percent (345%) of fair market rent, as published by the United States Department of Housing and Urban Development and as shall be published for the County of Dutchess by the New York State Division of Housing and Community Renewal.

C. Pursuant to § 213(2)(b) of Article 6-

a of the New York State Real Property Law, for the purposes of this chapter, a "small landlord" is defined as a landlord of no more than one (1) housing accommodation anywhere in the State of New York, provided that owner-occupied housing accommodations or otherwise exempt housing accommodations shall not be considered in calculating the number of housing accommodations owned by a landlord.

§ 162-4 Automatic Sunset of this Chapter. Pursuant to § 7(b) of Chapter 56, Part HH, of the Laws of the State of New York of 2024, this chapter shall automatically expire and be repealed on June 15, 2034, unless Article 6-a of the New York State Real Property Law is extended or otherwise amended to remain in force and effect by the State of New York prior to such automatic repeal date.

**SECTION 4.
SEVERABILITY**

If any clause, sentence, paragraph, word, section or part of this local law shall be judged by any court of competent jurisdiction to be unconstitutional, illegal or invalid, such judgment shall not affect, impair or invalidate the remainder thereof, but shall be confined in its operation to the clause, sentence, paragraph, word, section or part thereof directly involved in the controversy in which judgment shall have been rendered.

**SECTION 5.
EFFECTIVE DATE**

This local law will take effect immediately upon filing in the Office of the Secretary of State in Albany.

**TOWN OF PLEASANT VALLEY
NOTICE OF PUBLIC
HEARING FOR
PROPOSED LOCAL
LAW NO. H OF
THE YEAR 2025
TITLED: "A LOCAL
LAW AMENDING
THE TOWN CODE
OF THE
TOWN OF PLEASANT VALLEY BY
ENACTING A NEW
CHAPTER 72
ENTITLED 'RESIDENTIAL
RENTALS', WHICH
IMPLEMENTS
GOOD CAUSE
EVICTION IN
PLEASANT
VALLEY
PLEASE**

TAKE NOTICE that the Town of Pleasant Valley will hold a Public Hearing at the Town Hall, 1554 Main Street, Pleasant Valley, New York on May 19, 2025 at 7:00 o'clock, p.m., on Local Law H of 2025, "A Local Law Amending the Town Code of the Town of Pleasant Valley by Enacting a New Chapter 72 Entitled 'Residential Rentals,'" which implements Good Cause Eviction in Pleasant Valley.

TAKE FURTHER NOTICE, that copies of the aforesaid proposed local law will be available for examination at the office of the Clerk of the Town of Pleasant Valley, at the Town Hall, 1554 Main Street, Pleasant Valley, New York between the hours of 9:00 a.m. and 4:00 p.m. Monday through Thursday and between the hours of 9:00 a.m. and 1:00 p.m. on Friday between the date of this notice and the date of the public hearing.

TAKE FURTHER NOTICE, that all persons interested and citizens shall have an opportunity to be heard on said proposal at the time and place aforesaid. Time limitations may be imposed for each oral statement, if necessary.

Dated: Pleasant Valley, New York April 16, 2025

Mary Beth Muir,
Town Clerk

**REQUEST FOR
PROPOSAL
NOTICE**

The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of proposals for: Bid #RFP-DCP-22-25

Parenting Skills Training Services for Individuals with Intellectual/Developmental Disabilities or Mental Health Diagnosis. Proposals must be submitted electronically through the Empire State Purchasing Group's Regional Bid Notification System (BidNet Direct) Portal on or before 2:00 p.m., May 23, 2025. Specifications, proposal forms and submittal instructions may be obtained by visiting our website <http://www.dutchessny.gov>, selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.

**REQUEST FOR
PROPOSAL
NOTICE**

The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of proposals for: Bid #RFP-DCP-24-25

On-Call Services for Asbestos, Lead, and Microbiological Abatement/Remediation (Re-Issue)

Proposals must be submitted electronically through the Empire State Purchasing Group's Regional Bid Notification System (BidNet Direct) Portal on or before 2:00 p.m., May 27, 2025. Specifications, proposal forms and submittal instructions may be obtained by visiting our website <http://www.dutchessny.gov>, selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.

**REQUEST FOR BIDS
NOTICE**

The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of sealed bids for: Bid #RFB-DCP-23-25

Heavy-Duty Transit Buses for Dutchess County Public Transit Bids will be received until 2:00 p.m. on the 10th day of June 2025 at the Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, Poughkeepsie, New York 12601. Specifications and bid forms may be obtained by visiting our website <http://www.dutchessny.gov>, selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.

**REQUEST FOR BIDS
NOTICE**

The Purchasing Agent, County of Dutchess, Poughkeepsie, New York, hereby invites the submission of sealed bids for: Bid #RFB-DCP-19-25

Towing and Recovery Services for Dutchess County Public Transit Vehicles

Bids will be received until 2:00 p.m. on the 20th day of May 2025 at the Dutchess County Division of Central Services, 378 Violet Avenue, Suite 2, Poughkeepsie, New York 12601. Specifications and bid forms may be obtained by visiting our website <http://www.dutchessny.gov>, selecting "Government", then selecting "Bidding and RFP Opportunities". For additional information, call 845-486-3613.

**NOTICE OF
COMPLETION OF
TENTATIVE
ASSESSMENT
ROLL**

Pursuant to Section 506 & Section 526 of the Real Property Tax Law:

NOTICE is hereby given that the Assessor of the Town of Pleasant Valley,

County of Dutchess, has completed his tentative assessment roll for the current year, a copy of which is filed with the Town Clerk.

The Assessor or designee will be in attendance with such tentative roll at 1554 Main Street, Pleasant Valley, N.Y. on the following days:

May 8, 2025
BETWEEN THE HOURS OF 4:00 P.M. and 8:00 P.M.

May 9, 2025
BETWEEN THE HOURS OF 9:00 A.M. and 1:00 P.M.

May 19, 2025
BETWEEN THE HOURS OF 10:00 A.M. and 2:00 P.M.

May 24, 2025
BETWEEN THE HOURS OF 10:00 A.M. and 2:00 P.M.

Written complaints with respect to the assessments may be filed with the Assessor any time prior to or on Grievance Day and shall be transmitted by the Assessor to the Board of Assessment Review on or before Grievance Day.

A publication containing procedures for contesting an assessment is available at the Assessor's office or online at:

www.tax.ny.gov/pdf/publications/orpts/grievancebooklet.pdf

Pleasant Valley Assessor

GRIEVANCE DAY
Fourth Tuesday in May ----

(Section 508 RPTL)
(Section 525 RPTL)

Notice is hereby given that the BOARD OF ASSESSMENT REVIEW for the Town of Pleasant Valley, County of Dutchess, shall hear and determine complaints in relation to assessments at 1554 Main Street, Pleasant Valley, N.Y. Telephone #845-635-1111 Ext. 208.

THE BOARD OF ASSESSMENT REVIEW will be in attendance on the following day:

Tuesday, May 27, 2025
BETWEEN THE HOURS OF 2:00 P.M. to 4:00 P.M. and 7:00 P.M. to 9:00 P.M.

The BOARD OF ASSESSMENT REVIEW will then file a copy of the determination with Town Clerk to become a matter of public record.

Board Chairman

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Classified Line Ads
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 \$14.50 per column inch

If submitted by deadline, ads appear in three newspapers: Northern Dutchess News, Southern Dutchess News & Beacon Free Press

We are not responsible for typographical errors. A letter of correction will be supplied if requested.

100 Help Wanted
 105 Employment Opportunity
 106 Business Opportunity
 107 Situations Wanted
 120 Schools
 121 Special Instruction
 122 Musical Instruction
 140 Nursery Schools
 141 Child Care
 142 Day Care
 143 Baby-sitting
 145 Adult Care
 150 Announcements
 151 Adoption
 152 Novenas
 154 Lost & Found
 155 Personal
 200 Services

201 Home Improvement
 202 Cleaning Services
 203 Lawn Services
 221 Professional Services
 222 Tax Experts
 223 Beauty Services
 225 Business Services
 226 Travel & Services
 227 Bridal Services
 295 Financial
 296 Mortgages
 300 Real Estate
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 302 Commercial Property
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 504 Appliances
 505 Free Items
 506 Computers
 507 Sports Equipment
 508 Exercise Equipment

509 Office Equipment
 510 Firewood
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 512 Winter Merchandise
 516 Misc. Merchandise
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 710 Garage & Yard Sale
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 712 Moving sale
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 715 Craft Corner
 716 Barn Sale
 717 Estate Sale
 718 Auctions
 719 Antiques

720 Vendors Wanted
 721 Wanted to Buy
 722 Bazaar
 723 Consignments
 724 Farmers Market
 725 Collectibles
 750 Events
 800 Boats
 801 Campers & Trailers
 802 Motor Homes
 803 Recreational Vehicles
 900 Autos for Sale
 901 Vans/SUV's
 902 Trucks
 903 Motorcycles
 904 Auto Parts & Tires
 905 Autos Wanted

Contact Us

Call: 845-297-3723

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E-Mail: sdnadvertising@aol.com

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INJURED IN AN ACCIDENT? Don't Accept the insurance company's first offer. Many injured parties are entitled to major cash settlements. Get a free evaluation to see what your case is really worth. 100% Free Evaluation. Call Now: 1-888-454-4717. Be ready with your zip code to connect with the closest provider

204 Health

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ATTENTION OXYGEN THERAPY USERS! Discover Oxygen Therapy That Moves with You with Inogen Portable Oxygen Concentrators. FREE information kit. Call 1-833-661-4172

NOTICE OF EARLY DEADLINES:

Due to a Memorial Day Press Schedule Southern & Northern Dutchess News and the Beacon Free Press have the following early deadlines for Classified Display Ads:

May 28th Issue Deadline is as follows:
 May 21st deadline before noon.

Email: roxannesdn@aol.com or Call: 845-297-3723 Ext. 1003 for more information.

204 Health

HEARING AIDS!! High-quality rechargeable, powerful Audien hearing aids priced 90% less than competitors. Tiny and NEARLY INVISIBLE! 45-day money back guarantee! 855-819-7060

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750 EVENTS

ANTIQUe LOVERS TAKE NOTE! BRIMFIELD IS HERE---ALL SHOWS! May 13-18. New shows open daily! www.brimfieldantiqueweek.com 2025 dates: May 13-18, July 9-14, September 2-7

Call an Expert

905 Autos Wanted

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855-484-3467 today!

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40 inches high x 19 inches wide x 15 inches deep. 4 shelves, \$125 or best offer.
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Dark Cherry Hutch,
7 foot x 5 foot x 16 inches. Matching Dark Cherry Dining Room Table and six matching chairs. \$400 or best offer.
Call: 845-392-6421



NOTICE OF EARLY DEADLINES:

DUE TO MEMORIAL DAY HOLIDAY SCHEDULE

the Southern & Northern Dutchess News and the Beacon Free Press

have the following early deadlines for

Classified Display ads:

May 28th 2025 Issue

Submit Classified ads by Noon on

Wednesday, Wednesday May 21st.

Call (845) 297-3723 for more information.

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*Subject to 3rd party credit approval. Minimum monthly payments required. Offer valid thru 6/30/25

GOLDEN LIVING

Stay Fit & Pain-Free

One day you're fine, the next day your shoulder hurts because you sneezed wrong. You tweaked your wrist opening your mailbox. Your knee starts bugging you in the middle of your weekly grocery trip. We won't even get into everything that happens should you "sleep funny."

Welcome to aging, where the question of the day is often Why does THAT hurt?

It's frustrating, to be sure. You go to medical specialists and they can't pin down a cause. They'll tell you it's not arthritis, or rheumatism, or cancer, or heart trouble. There's plenty of description of what your pain isn't and not enough info on what your pain is - and what could be done about it. Chronic pain can put a dent in our exercise options, but there are ways to adapt that can keep us fit and often even reduce the pain.

When 'mind over matter' doesn't work

There's no shame in not being able to power through pain at 72 the way you could at 27, but finding an appropriate exercise routine is still possible. Talk to your health care providers about what activities would meet your fitness needs without an excessive risk of injury. OFA offers a Senior Exercise program that covers a lot of ground, including for older adults with pain. Visit dutchessny.gov/seniorexercise or call OFA at 845-486-2555.

When it comes to living in your own home on your own terms, the time you

devote to exercise is time well spent. Think of the things you do around the house that require mobility, coordination and strength: opening a jar of sauce, carrying groceries in from the car, and mowing the lawn, to name just three. Any kind of movement is better than being sedentary. If all you can manage is to walk a few laps around your apartment, or maybe bring the garbage out to the curb, that's a win. Exercise helps your body repair itself, whereas inactivity can lead to more pain, more loss of function, and a higher risk of falling.

If you want to keep moving, you have to keep moving. Exercise won't reverse the aging process, but it can preserve and protect what remains.

First, talk to your doctor, then take it slow

Your doctor, and perhaps a physical therapist, can recommend the exercises that are appropriate for your needs. They'll also know what to do to avoid injury as you exercise.

Nobody's expecting you to become a "gym rat" to reach your fitness goals, and exercise for older adults is most definitely not the kind of activity where you want to "go for the burn" or "push through the pain." If you have osteoarthritis, for example, pick activities that are less likely to strain your joints. If one exercise causes more pain than you think it should, try another.

You don't have to do a whole lot to

reduce your risk of mortality, says Harvard researcher Daniel Lieberman. Just 10 to 20 minutes a day is enough.

What motivates you?

OFA offers group exercise classes (and there are always openings for volunteer leaders); but it's fine if you're more of a loner. Finding the exercises that work for you is the point. Dutchess County is full of parks, trails, and/or multiple-use areas for people of all abilities, in every town, city and village in the county. A simple walk through your neighborhood comes with the potential bonus of stopping here and there to chat with neighbors.

You may want to explore activities that have grown in popularity in recent years, like pickleball and disc golf. Traditional golf can be excellent exercise, but skip the motorized cart and either get your own pull-cart or carry your own bag - and take it easy at the 19th hole.

Speaking of pickleball, the Dutchess County Parks/OFA "Introduction to Pickleball" classes being held later this month are at capacity. Yes, we plan on scheduling more, after OFA Picnic season. More on the picnics later on in this newsletter.

Pain factors you can (and can't) control

Diet - You may have heard of the "anti-inflammatory diet" as something we should aspire to, nutritionally speaking. It'll help reduce your risk for pain, but let's not make this nutritional plan more complicated than it has to be: eliminate junk food, heavily processed food, sweetened beverages, anything deep-fried, and avoid overeating in general. Even if you don't get this part 100% correct, you'll have improved your diet.

Stress - The things that cause stress are difficult to control, let alone transcend. The good news? Knowing that you're doing your best under the circumstances can often reduce stress on its own.

Social Isolation and Loneliness - When it comes to what can cause pain, this factor is right up there with health stressors like smoking, sleep deprivation, excessive drinking, and poor nutrition. On the upside, pain can be lessened both by helping someone with social isolation as well as by receiving that help. Check out OFA's "Friendly Calls" program as either a volunteer or a participant...or both! Visit dutchessny.gov/friendlycalls or call OFA at 845-486-2555 to find out more.

'EMPOWERED CAREGIVER SERIES' AT OFA THIS SPRING

The Dutchess County Office for the Aging is partnering with the Alzheimer's Association Hudson Valley Chapter to host the "Empowered Caregiver Series" in May and June at OFA headquarters, 114 Delafield St. in Poughkeepsie.

Each session takes place on a Tuesday at 3:00pm. Seating is limited, so reservations are required. You can sign up for any or all sessions.

Call the Office for the Aging to save your seat at the session(s) you can attend, at 845-486-2555 during business hours. We cannot accept reservation requests made via voice mail or email. Topics in the program include:

- May 13 - Supporting independence
- May 20 - Communicating effectively
- May 27 - Responding to dementia-related behaviors
- June 3 - Exploring care and support services

This free program is open to caregivers of all ages and is supported in part by a grant from the New York State Department of Health.

OFA PICNIC REGISTRATION IS OPEN

Registration for the 2025 season of OFA Senior Picnics opened on May 1st; and you can save your seat at the picnic corresponding to your community by calling OFA during business hours at 845-

486-2555. We cannot accept reservation requests made by voice mail or email.

All this summer's picnics are being held on Wednesdays, with lunch starting at noon.

We also mail picnic reminder cards to over 50,000 older adults countywide. You need not have received a reminder card to make a reservation, but you do need to call OFA to make the reservation. Picnic seating space is limited; therefore, we cannot accept walk-ins.

When's my picnic? Here's the schedule, which is also available at www.dutchessny.gov/ofapicnics:

May 28 - Town and Village of Pawling, Towns of Dover, Amenia and Union Vale, Boyce Park, 6420 Route 55, Wingdale

June 4 - Village and Town of Fishkill, Geering Park, Fishkill

June 11 - Towns of Milan, Red Hook and Rhinebeck and Villages of Red Hook, Rhinebeck, and Tivoli, Dutchess County Fairgrounds, 6636 US 9, Rhinebeck

June 18 - Towns of Clinton and Hyde Park, including Staatsburg, Church of Regina Coeli (rear lot), entrance at 28 Harvey St., Hyde Park

June 25 - Town of Poughkeepsie, Bowdoin Park, 85 Sheafe Rd., Poughkeepsie

July 9 - City of Beacon, Memorial Park, 298 Fishkill Ave., Beacon

July 16 - Towns of North East, Pine Plains, Washington and Stanford, and Villages of Millbrook and Millerton, Stissing Mountain Jr./Sr. High School, 2829 Church St. (Route 199), Pine Plains

July 23 - Town of Wappinger and Village of Wappingers Falls, Recreation Park, 95 Robinson Lane, Wappinger

July 30 - Town of Pleasant Valley, West Road School, 181 West Rd., Pleasant Valley

August 13 - City of Poughkeepsie, Stitzel Field, 10-14 Lincoln Ave., Poughkeepsie

August 20 - Towns of LaGrange and Beekman, Freedom Park, 212 Skidmore Rd., LaGrange

August 27 - Town of East Fishkill, East Fishkill Recreation Park, 330 Route 376, Hopewell Junction

There is an \$8 per person fee for every non-resident guest, and for any guest age 59 or under, if space is available at the requested picnic.

Guests enjoy a nutritious lunch and can have their concerns heard by the Office for the Aging, various Dutchess County Government departments, as well as local government leaders and area nonprofit organizations. Bob Martinson will be back for another season of live music.

We strongly recommend car-pooling to picnics. It makes picnic parking considerably easier for everyone.

Many thanks to The Pines at Poughkeepsie, Central Hudson and Hudson Valley Medicare Group for their support of all 12 picnics.

SUMMER OFA HOLIDAYS

Thinking about reaching out to OFA? Our offices are typically open weekdays from 9:00 am to 5:00, except on the following national holidays this summer:

- Monday, May 26th - Memorial Day
- Thursday, June 19th - Juneteenth
- Friday, July 4th - Independence Day
- Monday, September 1st - Labor Day

OFA Friendship Centers are also closed on national holidays. Clients of the OFA Home Delivered Meals program receive shelf-stable meals in advance of each holiday.

Want to email us and don't know how to reach out? Our general email address is ofa@dutchessny.gov.

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