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Zolzer leaves Renegades, plans new role at Pamal

By Rich Thomaselli

Perhaps the most recognizable face of the Hudson Valley Renegades has resigned.

The popular Rick Zolzer, who has served as the public address announcer and later a vice president of the minor league baseball franchise since its inception, has stepped down.



Rick Zolzer

He has been with the team since it first moved to the Hudson Valley from Erie, PA, in 1994, save for one year when the club tried a new public address announcer in Lisa Morris.

Zolzer made the initial announcement last week in a Facebook post, writing:

"First, I would like to say that I have utmost respect for the Hudson Valley Renegades organization. I have always wanted to retire as a Renegade, but unfortunately this is no longer an option. But I am and always will be a Renegade. For the last 28 years, I accomplished so many things including raising a ton of money, entertaining over 3 million people, dealt with great partners,

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SOLVING FOOD INSECURITY

CCEDC's Green Teen program expands to Poughkeepsie youth



A ribbon-cutting ceremony to celebrate the Poughkeepsie Green Teen garden with students and representatives from local, county, state and federal officials was held at the garden on the DCC campus on Thursday, July 18. Photo by Curtis Schmidt

By Curtis Schmidt

An incredible collaborative effort has resulted in providing fresh garden produce for needy families in Poughkeepsie, while also providing educational and work opportunities for local teenagers.

The Green Teen program is being coordinated through Cornell Cooperative Extension Dutchess County (CCEDC), Dutchess Community College (DCC) and Poughkeepsie High School, with a helping hand of funding from Jonathan Jacobson - NY Assemblyman, whose 104th District includes the cities of Beacon, Newburgh and Poughkeepsie.

A ribbon-cutting ceremony with students and representatives from local, county, state and federal officials was held at the garden on the DCC campus on Thursday, July 18.

The Green Teen students of Beacon and Poughkeepsie showcased the fruits and vegetables. Supporters attending included Dr. Peter Grant Jordan, President of DCC, CCEDC Executive Director Mary Lou Carolan, Jacobson, Brandon Gonzalez of the Office of Congressman Pat Ryan, Dutchess County Executive Sue Serino, Dutchess County Legislators and City of Poughkeepsie Mayor Yvonne Flowers. Certificates of Recognition were awarded to CCEDC and DCC by County Executive Serino, Mayor Flowers and Pat Ryan's office.

This all started two years ago when Assemblyman Jacobson met Samantha Brittain, CCEDC Green Teen Program Manager, at an event in Beacon and was inspired by her team's work with teens in Beacon. This meeting was the beginning of a meaningful partnership between the

CCEDC and Jacobson's Office. A proposal to extend this program to the youth of the City of Poughkeepsie was made and Jacobson secured funding for the program's Community Garden on the DCC Campus. Lacie Reilly, President of the Board of Directors at CCEDC and Instructor & Program Chair of Human Services Program Behavioral Sciences Department and Director of The Pantry at DCC, put the gears in motion for the collaboration.

"This is an incredible collaborative effort. The seeds were planted in so many ways and it has grown into a wonderful garden," said Carolan as she spoke at the event. "The Poughkeepsie High School students are obtaining valuable knowledge, learning to work together and have

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Volunteers drive Hyde Park Food Pantry

By Olivia Fried

Community involvement is both a necessity and an opportunity at the Hyde Park Food Pantry - for all involved.

For guests of the pantry, community involvement allows them to meet and speak with the local advocates of the Supplemental Nutrition Assistance

Program, learn about resources like the Grace Smith House and receive fresh foods in addition to non-perishable items. For the community it offers kids the opportunity to learn about the growing process at their school's garden that donates to the pantry - like those at Hyde Park's North Park Elementary School.

The Hyde Park Food Pantry (HPFP) currently operates out of the former Regina Coeli School building and serves residents of the Hyde Park Central School District every Friday from 9 a.m. - 11:30 a.m. A limited choice food pantry - providing access to a supplemental supply of food - the pantry offers two visits a month to

residents, free of charge. As food insecurity is on the rise, operations like HPFP's are critical.

And this is all made possible by donations and the help of volunteers.

The 61 active volunteers work to serve 50 total families and contribute in many capacities at the pantry, whether they are doing intakes of guests' allergies, sorting non-perishable food items or translating information for Spanish or French-speaking guests.

Claude Guermont, whose wife, Ellie, is the vice president at the pantry, is a farmer from Normandy, France who volunteers with the pantry and helps coordinate with the Hyde Park Community Garden. The garden offers to donate vegetables through those who have rented plots of the garden. Claude Guermont has worked with the pantry for nine years and cherishes the opportunity to "help give all these nice people fresh food," he said.

The pantry's president, Leslie Quick, started volunteering at the Hyde Park

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A total of 61 active volunteers work to serve 50 families and contribute in many capacities at the Hyde Park Food Pantry. Courtesy photo

Village of Red Hook moves to purchase solar speed signs at main intersection

By Kate Goldsmith

At its July 15 meeting, the Village of Red Hook Board of Trustees unanimously voted to purchase solar speed signs at the entrances to the village on Route 9 and Route 199. The signs are part of an ongoing effort to create a safer intersection that has gained momentum since Bard College student Linh Hong Nguyen was killed in a car-pedestrian accident on North Broadway (Route 9 North) on May 25, just hours after graduating. Unsafe speed was determined to be a likely factor in the tragic incident.

"[Having vehicles slow down at this intersection] is something we've been talking about since I've been mayor, and probably before then," Mayor Karen Smythe said during the July 15 board meeting.

Smythe put the cost of four solar radar speed signs at \$13,300, which will be paid for with ARPA (American Rescue Plan Act) funds.

"These are not the movable signs that the Sheriff's Dept. uses," Smythe told this reporter via email when asked to comment. "There is one [example] at the entrance to the Village of Tivoli. Bard College has at least one on a road at the entrance to their campus. Tivoli's mayor [Joel Griffith] tells me it made a significant difference when they installed theirs."

The type of sign Red Hook plans to purchase will flash a vehicle's speed as it passes, with the posted speed limit noted above it.

"If you're going above the speed limit, it says 'slow down,'" Smythe told the board at the meeting. "If you're going the speed limit or below, it would say 'thank you.'"

Asked to comment for this article, Mayor Griffith said, "I'd say about 9 in 10 drivers pay attention and get the sign to 'go green' as they pass. Human nature being what it is, there are always some drivers who don't give a hoot."

He added, "I don't know a community in the world who has 'fixed' speeding, but every car that gets slowed is a victory. I think those signs have a tremendous impact. Tivoli's certainly has."

Smythe said the cost "seems to be a good price." Because the signs are run on solar power, they don't require an electrical hook-up. The signs capture traffic data and statistics, but they have no cameras, and no tickets will be issued to those not obeying the speed limit.

Because both Route 9 and Route 199 are state roads, the mayor has submitted a query to the NYS Department of Transportation (DOT) to find out what requirements will be necessary to install the signs.

"We will not be purchasing until we have satisfied the State DOT's requirements," she said.

Smythe said the Village's Highway Department will be able to install the signs; a special contractor won't be needed.

At the board meeting, the mayor noted that there will be "further discussions around safety" in the future.

Culvert to be replaced on Milan Hill Road in Milan

Dutchess County Department of Public Works (DPW) Highway crews will begin work on or about August 5 to replace a culvert on Milan Hill Road (CR-54) between Willow Glen Road and Woody Row Road, in the Town of Milan. The portion of Milan Hill Road near the work zone will be closed with a detour posted along Becker Hill Road and Turkey Hill Road (CR-56).

Project work will include replacing the culvert and installing new inlet and outlet headwalls, as well as widening the road to include the addition of three-foot shoulders and installation of new guide-

rails to increase the safety of the roadway. Construction is anticipated to be complete, with the road re-opened to traffic, by the fall of this year.

This section of Milan Hill Road averages approximately 480 vehicles per day.

Motorists are advised to plan for additional time and to exercise extra caution near the construction site and along the detour, obey the posted speed limits, traffic advisory signs, and the directions from flaggers near the work zone to ensure the safety of workers and other motorists.

Zolzer leaves Renegades, plans new role at Pamal

continued from cover

sponsors and spread the overall message of the Renegades. I always made it a point to make sure the Renegades were a place where friends, families and businesses could go to have fun and create memories that last a lifetime. I believe this is still the case. I will always believe in the staff that is there now and their ability to carry the ball into the future. Please do not boycott the Renegades. Please continue to support them. They remain the single best family entertainment option EVER in the Hudson Valley so please continue to support the 'Gades. If you know me, know that this is not my last stop. I am not retiring or giving up - Stay tuned for my next message in about 24 hours!!!!"

It took him less than a week to find a new gig.

"I have stayed off of FB since my big announcement, because my original plan was to use the next night to post why someone should hire me," he wrote in a follow-up post on Facebook. "Well the original post garnered around 12 job offers (that I wasn't expecting) and as of (Thursday) I had it narrowed down to 2. I made my official decision about an hour

ago. Starting Monday I will begin a brand new chapter with my longtime friend Chuck Benfer at Pamal Broadcasting - He is building an actual Sports Network of stations that will carry Army Football, Basketball, Hockey and Currently the Renegades...He wants me to help with that process, be the face of it, sell it and add a live sports talk show to the mix, so I will be back on the air too. There is honestly no way to express how overwhelmed I have been at the tsunami of love and support I have received from my circles of influence since leaving the 'Gades. Thank you to each and every one that commented on the original post, texted, called or emailed me....WOW!!! ... For the final time EVER - "Good Night, Drive Safe and God Bless America - I'm Rick Zolzer!!!!"

Hudson Valley General Manager Zach Betkowski told the Southern Dutchess News that the public address announcer position will be filled on a rotating basis for the rest of the year.

Zolzer has long been a champion of minor league baseball and advocated to bring the franchise here when he was a disk jockey at WPDH Radio.

Quick work by County IT team ensures minimal disruption for DC Government

Despite a worldwide technology outage that affected millions of Microsoft Windows users worldwide on Friday of last week, County Executive Sue Serino announced Dutchess County's Office of Central and Information Services (OCIS) team was able to quickly and efficiently restore Dutchess County Government operations with little or no disruption to residents.

OCIS learned of the global outage, which was due to a software update from cybersecurity vendor CrowdStrike, at 12:30 a.m. Friday. OCIS Acting Commissioner Steve Oscarlee and the OCIS team worked through the early morning hours to get servers back online quickly, prioritizing public safety operations including the County's 911 Communication Center, 988 HELPLINE and the Dutchess County Sheriff's Office. The OCIS team was installing the corrective patch on hundreds of County-issued computers running the Windows operating system.

Serino said, "Our team at OCIS did an

amazing job to get our computers up and running again, with barely any impact on the residents who rely on Dutchess County's services and programs. We always remain on the guard for the next challenge to our computer network - whether it's a glitch like today's or a malicious threat from bad actors - and we thank our OCIS employees for their constant vigilance and quick action."

Certain County departments, including Community and Family Services and the Department of Motor Vehicles (DMV), which are connected to New York State's computer network, were still affected by the outage until the state system is fully restored. The DMV remains unable to process transactions as of late Friday.

County Executive Serino and OCIS warned residents that malicious actors are actively attempting to exploit the current situation and should be aware of emails or phone calls claiming to be from CrowdStrike and to not perform any actions requested by such emails or calls.

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CCEDC's Green Teen program expands to Poughkeepsie youth

continued from cover



the opportunity to gain credit for classes at DCC."

She added that the sustainable edible garden will also address food insecurity in the City of Poughkeepsie and the county as the vegetables harvested are available at the pantry at DCC for access to anyone needing food. Any produce that is not distributed at DCC is moved to Dutchess Outreach or the Saint Thomas Food Pantry in Amenia - all food is utilized.

Jacobson commented, "I witnessed the enthusiasm of Samantha Brittan with the Beacon Green Teen program. I was so impressed with her efforts and that program that I knew I had to work to fund a similar program in the City of Poughkeepsie."

Jordan said, "We at DCC are happy to be a partner in this impressive program and to share our knowledge. This is all about working together."

Poughkeepsie Green Teen members Elizabeth Soriano and David Benz addressed those in attendance and spoke of the benefits of the Green Teen program.

The Community Garden space is 4,000 square feet with about 2,400 already tilled and utilized, with 210 square feet cultivated into raised beds.

The teens started planting in late May of this year. Included are 480 tomato plants with 80 Sungold Cherry and 400 Jet Star Slicers. Additionally, these dedicated youth have planted over 80 Summer and Acorn Squash and Zucchini, 40 winter squash, Hubbard, and kombucha varieties. They've developed about 90 square feet rows each of kale, beets, greens, green beans, lettuce, mustard greens and radishes. In the past week alone, Green Teens have planted another 40 Butternut Squash plants and are delicately resetting the lettuce rows.

So far, over 130 pounds of lettuce and yellow and green squash have been harvested.

Green Teen has served the Beacon community for 20 years through two programs - the work-to-learn youth employment program, where participants ages 14 to 18 are hired to plant and maintain the program's garden on West Center Street, and the recently developed Club Green Teen, an after-school program for youth ages 12 to 14. Since 2020, Green Teen has also operated a free farm stand, in which all produce grown by the program is donated back to the community each summer. Green Teen expanded its program to Poughkeepsie in 2023.



Left, a group of Green Teen students work in the new gardens at Dutchess Community College. Above, Green Teen instructors join Dutchess County Executive Sue Serino, Poughkeepsie Mayor Yvonne Flowers, Assemblyman Jonathan Jacobs and CCEDC Executive Director Mary Lou Carolan. Below are Eoin Wrafter, County Director of Planning and Development, Mark Adams of Adams Greenhouses and County Executive Sue Serino. Photos by Curtis Schmidt



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**ASTOR SERVICES HOSTS
FREE COMMUNITY
SCREENINGS IN
HYDE PARK, BRONX**

Astor Services, a leading provider of quality mental and behavioral health and education services for children, young adults and their families, hosted community screenings of Pixar's "Inside Out 2", followed by post-movie discussions on the importance of all emotions and healthy ways to balance them.

The screenings took place at the AMC 13 Bay Plaza in the Bronx and the Roosevelt Theatre in Hyde Park. Theresa Venticinque, LCSW - Bronx Day Treatment assistant director, led the conversation in the Bronx and Kathy Mills, Psy.D. - director of crisis services, facilitated the discussion in the Hudson Valley.

The event was free of charge, thanks to the support of sponsors, who teamed with Astor to help make the day extra special for attendees. Catholic Charities of New York and Mike Mills - State Farm Insurance Agent served as popcorn sponsors, while Adams Fairacre Farms, Astor Services' Board of Directors, Marjorie Cadogan, Rondout Savings Bank, Thomas, Drohan, Waxman, Petigrow & Mayle, LLP, and Williams Lumber Home Centers were candy sponsors.

RCK BASEBALL STAR PAINO TO ATTEND U. OF MISSISSIPPI

In a surprise move, Roy C. Ketchum High School baseball star Owen Paino has withdrawn his name from consideration for the Major League Baseball Amateur Draft and reaffirmed his commitment to attend the University of Mississippi.

He was widely expected to be taken in the first two rounds of the draft.

He led the Storm to consecutive New York State baseball championship appearances, winning in 2023. Paino was New York's Gatorade Player of the Year after hitting .532 this past spring as a senior shortstop and had a .722 on-base percentage in 23 games.

Another former RCK player, Xavier Kolhosser, was picked in the 13th round of the draft last week by the Minnesota Twins out of St John's University.

When it comes to finances, it matters who has your back.

Meet Beth Coon, branch manager of our Pine Plains branch. If you ask her what she likes most about her job, she will say it's all about the customers - from helping high school grads open their first bank accounts, to assisting older customers maneuver new banking services like Online Banking. With over 30 years of local banking experience, Beth says "it's great to be part of a bank where family and community are so important."

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Allegiant Air adds Ft. Lauderdale to offerings from Stewart Airport

By Rich Thomaselli

Maybe in response to Breeze Airways adding a fourth flight out of Stewart International Airport, Dutchess County residents will benefit from Allegiant Airlines adding a fifth flight out of the New Windsor facility

Starting on November 15, Allegiant Air will fly from Stewart to Fort Lauderdale-Hollywood International Airport in Florida.

The carrier made the announcement in a press release.

It already flies to Florida cities Orlando, Punta Gorda - an excellent, underrated airport in Southwest Florida - and St. Pete-Clearwater/Tampa. It also has a route to Myrtle Beach, South Carolina.

To celebrate the new flight, the airline has a special introductory rate as low as \$69 one way on some flights.

LETTERS TO THE EDITOR

*NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News.
Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.*

Trump's MAGA matches Hitler's "Master Race"

To the editor:

I wonder why people don't understand or accept what (former president) Donald Trump stands for. After watching and listening to Trump, I have come to believe that Donald Trump's MAGA is nothing more than a copy of Hitler's "Master Race" theory.

Trump's mouth and actions are not calls for unity, but rabble-rousing words of hate like "the immigrants poisoning the blood of America" (Iowa speech) with instruction to his Nazi like "Goons" who beat up dissenters at his rallies (think Hitler's SS). Hitler's "master race" cleansing included not just the 6 million Jewish holocaust victims, but over 20 million others like Blacks, gay men, bisexuals, people with disabilities, "gypsies", dissenters, Jehovah Witnesses, etc.

Then we have the "big lie" he repeats that the "2020 election was stolen from him." This follows in Hitler and Goebbels words, "If you tell the lie big enough and often enough, people will believe it." We should take a serious look at the "Project 2025 Plan" to destroy democracy in America that Trump is pushing from the background. Experience shows those that want to destroy the government are quick to decry what government should do to protect them from crime, bad food, bad medicine, starvation, business cheats, etc.

What about character - do we now fawn over a convicted rapist who bragged of his ability to grab women by their p* *y. With 34 legal counts against him, brought on by himself, and he cries government attacking him. This is an example of CHUTZPAH described to me like "a person kills his parents and claims leniency from the court because he is an orphan." This is also a man who, while president, told over 2,000 fact-checked lies and continues his lies - another tracker claims 30,000 lies. He also caused the immigrant children to be separated from parents - not like Jesus who said "bring the children unto me."

No one should cheer about the July 13, 2024 Trump assassination attempt by Thomas Matthew Crooks. I see it as "what goes around comes around" - a case of a NRA gun protectionist and his irrational ravings of hate at his appearances. If Trump hates America so much - it would be better to banish him to one of his Islands, because the only love he has is for himself.

David F. Queen
Red Hook

OUR POLICY ON LETTERS

- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published.
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
- Letters referring to news stories must mention the headline and date of publication.

- The Northern Dutchess News will not be used as a vehicle to place misinformation.
- Information must be attributed to a specific individual or published item (i.e. tell us where or from whom you obtained the information).
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.

State Regulators issue ruling on Central Hudson's one-year rate plan

The New York State Public Service Commission issued a decision last week that establishes new rates for Central Hudson Gas & Electric Corp. that will go into effect on August 1 and run through June 30, 2025.

The order concludes an extensive 12-month vetting process that included six virtual and in-person public statement hearings and testimony made before administrative law judges provided by Central Hudson subject matter experts, members of Department of Public Service staff and registered parties. Based upon the hearings and testimony, the administrative law judges issued a recommended decision to the Public Service Commissioners, who issued their final ruling today.

"This new, one-year plan will allow Central Hudson to make critical investments in the energy system so we can continue to safely serve our customers while also supporting New York State climate laws and reliability mandates," said Joe Hally, Vice President of Regulatory affairs. "We appreciate the work and dedication of all parties who helped the Commissioners arrive at this decision."

According to Central Hudson, the approved rate plan will allow Central Hudson to make critical investments in areas including:

• Critical electric and natural gas infrastructure investments that will replace equipment that has reached the end of its useful life and upgrades that will allow for greater connection of locally produced renewable resources.

• Preparation and response to severe weather events, including enhanced vegetation management and tree trimming as well as additional funding to provide personnel and resources to address severe weather when it happens.

• Upgrades to technologies that will improve the customer experience.

• Addressing economic implications following the COVID-19 pandemic including inflationary pressures and employee turnover.

According to discussion at last week's commission session, the typical residential electric customer will see a total bill increase of approximately 7.85 percent, or approximately \$12.65 per month. The typical residential natural gas customer will see a total bill increase of approximately 9.19 percent or approximately \$12.25 per month. When the approved order is received, Central Hudson will review the materials and provide rate changes with customers on monthly bills, in newspapers, and via the website, CentralHudson.com.

The PSC's ruling comes one month

after Central Hudson and regulators agreed to a settlement of up to \$62.59 million to close the investigation into the implementation of the Utility's billing system in September 2021. As part of the agreement, Central Hudson and its shareholders agreed to pay or absorb the amount of the settlement. No revenue from customers associated with today's approved plan will be allocated to meeting that agreement. Congressman Pat Ryan released the following statement on Central Hudson's rate increase.

"From day one, I've been fighting to lower costs and hold Central Hudson accountable. With Hudson Valley families feeling the economic pressure, allowing any rate increase is completely unacceptable. We're all still reeling from years of systemic failure by Central Hudson - while their profits continue to grow at our expense. We can't back down."

Ryan has made repeated calls for Central Hudson's rate increase request to be rejected until its billing systems are fully fixed and every customer that was wronged is made whole. Last October, Congressman Ryan demanded that the rate increase request be rejected and applauded the Public Utility Law Project of New York (PULP)'s filing of a motion to deny Central Hudson's request for a utility rate increase.

Ribbon-cutting ceremony honors Founder's Day at Anderson Center

Anderson Center for Autism today hosted a special Centennial event on Wednesday, July 17 at its main campus, along with members of the Dutchess County Regional Chamber of Commerce.

The event included a ribbon-cutting ceremony in honor of Anderson Center for Autism's 100th birthday, which was followed by Founder's Day, featuring food trucks, tours, and a chance for attendees to see the many beautification projects that have recently been completed on the campus.

Anderson Center for Autism was founded in 1924 to support people with special needs. Today, it offers award-winning educational, vocational, residential, clinical, and training programs designed to help further its mission of "optimizing the quality of life for individuals with autism." According to the Centers for Disease Control, 1 in 36 are now diagnosed with the neurological disorder, which can present with a wide range of communication, sensory processing, and socialization challenges.

Patrick Paul, CEO/Executive Director of Anderson Center for Autism, said, "The ribbon cutting and Founder's Day event provided an excellent opportunity for past and present students, residents, and families, along with colleagues, community members, volunteers, and trustees to celebrate our Centennial and to see firsthand the improvements we continue to make to our services and facilities."

Eliza Bozenski, Chief Development Officer, said, "The ribbon cutting and Founder's Day event is one of many celebrations that we have coordinated this year for Anderson's Centennial. 2024 began with a 100th anniversary kickoff event, and fundraisers like our golf classic, Mr. Anderson Ale launch, and others have all incorporated a tagline developed by Anderson dietician Taylor Reynolds: a legacy of compassion, a century of impact. Our gala, scheduled for this fall, will likewise capture that theme, and will honor Vance Anderson Gage, longtime volunteer and the grandson of our founder, Dr. Victor V. Anderson. It is really meaningful and rewarding for all of us who get to honor our rich history this year - and especially exciting to do so as we plan for a new century ahead."



Anderson Center for Autism team members, parents, board members, community members, Dutchess County Regional Chamber of Commerce members, and more attend the ribbon-cutting event at Founder's Day on July 17. Below, Eliza Bozenski, Chief Development Officer and Patrick Paul, CEO are pictured with Anderson parents. Courtesy photos

In addition to the full-time residences and school at its Staatsburg campus, Anderson also runs Cold Spring Early Learning Center (in Pine Plains), Anderson Early Learning Academy and The Anderson Center Clinic (based in Latham), Anderson Center International (a training program for scholars from all corners of the globe who spend 12-18 months gaining the skills needed to develop programs upon return to their home countries), and Anderson Center Consulting and Training (also known as ACCT, which educates families/caregivers, educators, businesses, community groups, and others on how to best support the needs of neurodivergent and autistic individuals). Over 800 people are currently employed by the organization.



Volunteers drive Hyde Park Food Pantry

continued from cover

Food Pantry when she was 28 years old and began packing bags out of the Saint James Chapel. Now, in addition to being the treasurer of the Mid-Hudson chapter of the National Alliance on Mental Illness, Quick uses the knowledge of grant writing that she got from her time at NAMI to aid in grant writing for the pantry.

And while volunteers are often the core of the pantry's efforts, they depend on donations, as it is a smaller scale, limited choice pantry, according to the pantry's current president, Leslie Quick.

Collaboration with the Regional Food Bank of Northeastern New York, in which the pantry receives \$10 worth of food for every dollar donated, allows for efficient use of individual donations, Quick said. Organizations like ShopRite help by donating baked goods every week and allowing the pantry to purchase fresh produce at a reduced rate.

Three different community gardens - Hyde Park Community Garden, Haviland

Middle School garden and North Park Elementary School garden - also help to provide fresh fruits and vegetables to the pantry. On any given Friday at the Hyde Park Food Pantry guests could be getting fresh produce cultivated by a number of different hands, many from right in their own community.

Even Quick brings in vegetables from her home garden. "We can't possibly eat all that zucchini," she remarks.

As cars line up behind the former Regina Coeli School building waiting in line to get their basket, they roll down their windows waving to Quick and the other volunteers they know by name. They chat about their day or ask how their kids are doing, because for many of the volunteers, they are simply helping those who they care about.

"I enjoy their company very much; they are my neighbors. I run into them at the Dollar Tree, at the grocery store, all over Hyde Park. I'm very happy to be able to give them a boost," Quick said.

Creating enriching experiences for students

Giving back through life-changing experiences!

The Ridge School is a New York State Board of Regents Accredited School, Not-for-profit organization located in Dutchess County, New York dedicated to the creation of a rich and positive setting for students who are not succeeding in their current educational placements. The Ridge School is a day school for students who are diagnosed with High Functioning Autism.

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League Standings

SOUTH ATLANTIC LEAGUE NORTH		W	L	PCT	GB
Greensboro PIT	*	16	8	.667	-
Aberdeen BAL		13	11	.542	3.0
Jersey Shore PHI		13	11	.542	3.0
Hudson Valley NYY		11	12	.478	4.5
Wilmington WSH		11	12	.478	4.5
Brooklyn NYM		8	16	.333	8.0
SOUTH ATLANTIC LEAGUE SOUTH		W	L	PCT	GB
Bowling Green TB		14	9	.609	-
Greenville BOS		14	10	.583	0.5
Hickory TEX		13	11	.542	1.5
Winston-Salem CWS		12	12	.500	2.5
Asheville HOU		9	14	.391	5.0
Rome ATL	*	8	16	.333	6.5



RENEGADES RAMBLINGS

Tough 2nd -half start and Martin's power surge

By Rich Thomaselli

in three games.

• THE RUNNIN' RENEGADES ARE BACK: After stealing only 13 bases in 27 games in June, the Renegades have been on a stolen base frenzy to begin July, going 17-for-19 on stolen base attempts as a team through the first 12 games of the month. Roc Riggio leads the way with six steals in seven tries.

• THE ROME WHO?: Hudson Valley welcomed the Rome Emperors to Heritage Financial Park this past weekend. It is the first time the Renegades have hosted Rome since they became known as the Emperors prior to the 2024 season. The franchise was known as the Rome Braves from 2003 to 2023.

• THE PROMISED LAND: The Renegades continue a stretch this week where they will play 12 of their next 15 games, and 18 of their next 27, away from Heritage Financial Park. The team will go to Wilmington, Del. for a six-game series this week.

• POWER SURGE: Garrett Martin has been hot at the plate recently. In his last 20 games, Martin has 11 extra-base hits, including five home runs, five doubles, and a triple. Martin has a .587 slugging percentage and a 955 OPS during that stretch. The outfielder hit his seventh home run of the season last Monday vs. Brooklyn, his second long ball

in three games.

• STELLAR STARTERS: Starting pitching continues to be excellent for the Renegades. Thirty-five of the last 41 starters have allowed three earned runs or less in their outings.

• CAROLINA POP: Josh Moylan is having his best stretch of the season. Over his last 17 games, Moylan is hitting .293 (17-for-58) with a .388 on-base percentage, .448 slugging percentage and a .836 OPS. On Thursday, Moylan drew three walks in four plate appearances.

• LEFTY SLUGGING: Omar Martinez has been getting on-base in a variety of ways. In his last 12 games, the Renegades catcher has a .417 on-base percentage and a .903 OPS. During that span, he has two home runs and seven RBIs, to go along with ten walks. His .378 on-base percentage this season ranks sixth, and his 51 walks in 2024 are the fourth-most in the South Atlantic League.



Players Statistics																	
PLAYER	TEAM	G	AB	R	H	2B	3B	HR	RBI	BB	SO	SB	CS	Avg	OBP	SLG	OPS
1 JaredSerna SS	HV	84	326	49	81	23	0	12	55	39	60	10	7	0.248	0.339	0.429	0.768
2 OmarMartinez C	HV	71	244	35	59	10	1	10	32	52	68	0	0	0.242	0.377	0.414	0.791
3 JaceAvina CF	HV	73	281	38	74	22	0	8	41	31	85	4	1	0.263	0.347	0.427	0.774
4 GarrettMartin RF	HV	51	164	29	34	10	2	7	24	19	57	9	1	0.207	0.319	0.421	0.74
4 RocRiggio 2B	HV	69	260	50	59	16	4	7	27	47	57	15	4	0.227	0.359	0.4	0.759
6 RafaelFlores 1B	HV	57	193	27	55	17	0	6	35	38	55	2	1	0.285	0.403	0.466	0.869
7 JesusRodriguez C	HV	56	211	39	70	14	4	5	33	29	30	7	3	0.332	0.412	0.507	0.919
7 KikoRomero 3B	HV	49	152	20	34	9	0	5	17	26	63	9	1	0.224	0.355	0.382	0.737
9 JoshMoylan 1B	HV	68	227	32	54	9	1	3	23	40	68	2	3	0.238	0.361	0.326	0.687
10 ChristopherFamilia LF	HV	22	77	8	13	3	0	2	11	6	26	0	0	0.169	0.256	0.286	0.542
10 AntonioGomez C	HV	14	49	3	8	2	0	2	6	5	15	0	0	0.163	0.236	0.327	0.563
12 KyleBattle LF	HV	21	46	14	8	1	1	1	5	9	23	5	0	0.174	0.316	0.304	0.62
12 TylerHardman DH	HV	16	59	8	14	3	0	1	7	5	26	1	0	0.237	0.292	0.339	0.631
14 BeauBrewer 3B	HV	32	89	8	21	6	0	0	10	8	18	0	0	0.236	0.299	0.303	0.602
14 JuanCrisp P	HV	3	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
14 BrennyEscanio 3B	HV	17	53	5	15	6	0	0	8	5	16	3	1	0.283	0.339	0.396	0.735
14 ColeGabrielson RF	HV	59	173	23	34	11	1	0	15	25	52	10	3	0.197	0.33	0.272	0.602
14 AnthonyHall RF	HV	12	38	3	3	0	0	0	1	9	16	1	0	0.079	0.255	0.079	0.334
14 DJLeMahieu 3B	HV	2	7	1	2	1	0	0	1	0	1	0	0	0.286	0.286	0.429	0.715
14 NelsonMedina CF	HV	48	152	12	18	3	1	0	14	13	73	8	0	0.118	0.192	0.151	0.343
14 OscarSilverio X	HV	1	1	0	0	0	0	0	0	0	1	0	0	0	0	0	0
14 AlexanderVargas SS	HV	5	15	1	3	1	1	0	5	3	1	1	1	0.2	0.316	0.4	0.716
14 JorbitVivas 2B	HV	4	16	4	5	1	0	0	5	2	3	0	0	0.313	0.389	0.375	0.764

Pitcher Statistics																				
PLAYER	TEAM	W	L	ERA	G	GS	CG	SHO	SV	SVO	IP	H	R	ER	HR	HB	BB	SO	WHIP	AVG
1 CamSchlittler P	HV	5	3	2.77	15	15	0	0	0	0	74.2	48	31	23	6	3	37	94	1.14	0.18
2 BenShields P	HV	3	2	2.75	14	7	0	0	0	1	52.1	35	19	16	5	4	10	71	0.86	0.185
3 TrentSellers P	HV	6	2	2.94	23	1	0	0	1	4	52	32	25	17	2	2	29	63	1.17	0.173
4 SebastianKeanne P	HV	6	6	4.88	15	15	0	0	0	0	66.1	62	37	36	6	6	32	62	1.42	0.252
4 MattKeating P	HV	3	3	4.73	28	0	0	0	2	3	51.1	39	30	27	7	0	22</td			



Renegades Extra!



RENEGADES ROUNDUP

Three pitchers combine on historic no-hitter and Riggio's walk-off HR seals deal as Renegades top Rome

By Rich Thomaselli

What a way to start the second half of the season after having nearly a week off for the All-Star break.

On a historic Friday night at Heritage Financial Park, the Hudson Valley Renegades threw the third no-hitter in franchise history in a remarkable 1-0 walk-off win over the Rome Emperors. After nine no-hit innings from the Hudson Valley pitching staff, a towering walk-off home run to right field by Roc Riggio broke a scoreless tie to complete the no-hitter in astounding fashion.

The no-hitter thrown by Kyle Carr, Trent Sellers and Hueston Morrill was the first for Hudson Valley since July 10, 2021, against the Brooklyn Cyclones, and the first at Heritage Financial Park since August 10, 2000 vs. the Pittsfield Mets. That no-no, thrown by Doug Waechter, was also the only other nine-inning no-hitter in Renegades franchise history.

Carr was tremendous, throwing five no-hit innings and allowing just three base-runners in the game. After Carr walked three of the first five batters he faced, the southpaw retired 11 in a row to complete his outing. Two runners caught stealing aided Carr in navigating the

walks in the first two innings. In his last three starts at home, he has now allowed just two runs in 15.2 innings.

Sellers was tremendous in relief of Carr, continuing his outstanding stretch on the mound. He tossed three perfect innings, not allowing a single base-runner while striking out three. In his last six appearances, Sellers has now thrown 16.2 consecutive scoreless innings.

In the ninth inning, Justin Janas walked to lead off the ninth for Rome, ending a streak of 20 consecutive batters retired by Renegades pitching that began in the second inning. However, Hueston Morrill then secured three consecutive outs to complete nine no-hit frames.

Entering the bottom of the ninth inning, the Renegades had just four hits with only one runner reaching scoring position. That all changed when Riggio ripped a ball deep into the night sky for a solo home run, completing the no-hitter in the most dramatic of circumstances. It marked the Renegades' sixth walk-off win of the year and the first on a home run.

Hudson Valley lost a 4-3 extra-inning decision on Saturday night.

On Sunday, the Renegades earned a 3-1 victory, taking two of three from the



Trent Sellers, Kyle Carr, and Hueston Morrill pitched a combined no-hitter on Thursday, July 19. It was the first no-hitter for Hudson Valley since July 10, 2021, against the Brooklyn Cyclones, and the first at Heritage Financial Park since August 10, 2000 vs. the Pittsfield Mets. Photo by Dave Janosz

Rome Emperors in the first series following the All-Star Break.

Cam Schlittler put together his second consecutive strong start, allowing just three hits and one run across five innings

with five strikeouts. The right-hander has allowed just two earned runs over his last two starts while recording 13 punchouts in 11 innings.

GENERAL MANAGER Q & A

Handling the home stretch and value of promotional events

Editor's note: The Hudson Valley Renegades have a first-year general manager in Zach Betkowski. He sits down with reporter Rich Thomaselli every week to share his thoughts on the Renegades and minor league baseball.

There are about two months left in the season. Is there such a thing as a home stretch for management?

I always joke, but it's true - August brings the dog days of summer. It's easy for people to get frustrated quicker because they have been working all year. August can be a challenge at times, because you are dealing with fatigue. We've really made it a priority this year to

give staff some extra time off. A little R&R, if you will, even when the team is at home. We try to take advantage of opportunities when we can, such as letting people go early and things like that.

Rome just made its first and only appearance in Hudson Valley this year. Do you think fans come out to see visiting teams and players as well?

I think there's something to that, yes. Do I think it's the majority of people? Certainly not. But I do think there's a science to it all. Baseball purists want to see the stars of tomorrow. They want to see a major league player who might be doing rehab. Order maybe they are just curious

to see a team that doesn't often come into town. So, yeah, there definitely something to that.

What promotional value do you think you get out of things like the mascot wedding?

We take great pride in our promotional schedule. The mascot wedding (of Rookie and Renee) was huge for us. There was a lot of interest in that. As a staff, we take out the promotional schedule everyday. It's probably one of the most important things that we do. We know that if we have a killer promotional schedule that the fans will come out.



Blood, platelet donors critically needed in July; donors can help hospitals stay prepared to weather challenges this summer

This July, the American Red Cross continues to stress that blood and platelet donors are critically needed right now to support lifesaving transfusions this summer. Donors of all blood types are in demand, especially those with type O blood and donors giving platelets.

Every donation counts in the mission to keep blood products stocked for patients, including those facing life-threatening situations. More than a quarter of all blood products each year are used in critical care and emergency room cases, highlighting the importance of generous blood and platelet donors. Be a force for good. Book a time to give blood or platelets by visiting RedCrossBlood.org, calling 1-800-RED CROSS or by using the Red Cross Blood Donor App.

The Red Cross has teamed up with Universal Pictures for the theatrical release of TWISTERS to help avoid a summer blood shortage. All who come to give blood or platelets July 1-31 will get a Fandango Movie Ticket* by email. Plus, those who come to give by July 14 will also receive a one-of-a-kind TWISTERS and Red Cross umbrella, while supplies last. BONUS: Those who come to give blood in July will also automatically be entered for a chance to win a 2025 Ram 1500 Big Horn®. See RedCrossBlood.org/Twisters for full details.

Upcoming blood donation opportunities July 8-31

Columbia

Canaan
7/25/2024: 1 p.m. - 6 p.m., Canaan Fire Company, 2126 Route 295

Claverack
7/27/2024: 8 a.m. - 1 p.m., Claverack Library, 629 NY-23B,

Dutchess
7/30/2024: 12 p.m. - 6 p.m., Poughkeepsie Galleria, 2001 South Road
7/31/2024: 11:30 a.m. - 4:30 p.m., Vassar Brothers Medical Center, 9 Livingston St

Rhinebeck
7/24/2024: 11:30 a.m. - 4:30 p.m., Northern Dutchess Hospital, 6511 Spring Brook Ave

Greene

Greenville
7/30/2024: 12 p.m. - 6 p.m., American Legion Post 291, 54 Maple Ave

Orange

New Windsor
7/27/2024: 8 a.m. - 12 p.m., New Windsor Fire Department, 275 Walsh Ave.

Newburgh
7/26/2024: 12 p.m. - 5 p.m., Newburgh Armory Unity Center, 321 S William St Port Jervis
7/30/2024: 1 p.m. - 6 p.m., Port Jervis Elks Lodge 645, 35 US-6

Sullivan

Livingston Manor
7/26/2024: 1 p.m. - 6 p.m., Livingston Manor Fire House, 93 Main Street

Rock Hill
7/25/2024: 1 p.m. - 5:30 p.m., Rock Hill Firehouse, 61 Glen Wild Rd

Ulster

Saugerties
7/26/2024: 12 p.m. - 5 p.m., Trinity Episcopal Church Barclay Heights, 32 Church St

How to donate blood

Simply download the American Red Cross Blood Donor App, visit RedCrossBlood.org, call 1-800-RED CROSS (1-800-733-2767) or enable the Blood Donor Skill on any Alexa Echo device to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age in most states (16 with parental consent where allowed by state law), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

Blood and platelet donors can save time at their next donation by using RapidPass® to complete their pre-donation reading and health history questionnaire online, on the day of their donation, before arriving at the blood drive. To get started, follow the instructions at RedCrossBlood.org/RapidPass or use the Blood Donor App.

County celebrates commitment, dedication of local foster parents



DCFS recently honored foster families from throughout Dutchess County at a recent appreciation event, held at Camp Nooteeming in Pleasant Valley. Courtesy photo

When William and Emily learned of a dire need in their community – namely, caring for children whose birth parents couldn't care for them, for a variety of circumstances – they knew they had to help. They first became foster parents in 2022, opening their home and heart to a child they didn't know, but who desperately needed their love and support.

In the intervening two years, William and Emily have similarly fostered many Dutchess County children whose home life had become too dangerous to remain there – many of these placements have occurred at the last minute or in the wee hours of the morning, driven by emergency circumstances. They've since adopted a young girl and are currently fostering five other children, growing their own family and giving vulnerable children hope.

To celebrate William, Emily and the more than 120 foster families who open their homes to children in need, the Dutchess County Department of Community and Family Services (DCFS) recently hosted a unique Foster Care Appreciation event dedicated to recognizing the invaluable contributions of local foster parents and foster families throughout Dutchess County. This celebratory event, hosted at Camp Nooteeming in Pleasant Valley, included complimentary dinner and dessert, arts and crafts activities and games for the entire family.

DCFS honored, in particular, foster parents who have reached significant milestones in their fostering journey, with special recognition for those who have been fostering for 5, 10, 15 and 20 years or longer. In addition to William and Emily, honorees included two foster parents who have fostered local children for 20 years; two foster parents who have fostered for 17 years; nine foster parents who have fostered between 10 and 14 years; and 25 foster parents who have fostered between five and nine years. Additionally, DCFS honored one family that has fostered 16 local children and is in the process of adopting their eighth child; and a couple that is currently fostering five children, having already adopted another.

County Executive Sue Serino said, "These dedicated parents have opened their hearts and their homes to provide stability, love and support to children in need. As a county, we express our profound gratitude to these foster parents who play crucial roles in the community, and we celebrate their families' successes. We hope these residents' devotion to Dutchess County's vulnerable children will inspire others to explore becoming a foster parent."

Foster parents provide temporary care for children who have been removed from their homes due to abuse, neglect or other family challenges. By becoming a foster parent, individuals can make a profound difference in a child's life – offering them stability, love and the opportunity to thrive. The ultimate goal of foster care is reuniting children with their birth parents, as their birth parents undergo

treatment for the issues that keep their children from them. In the interim, foster parents temporarily look after a child until they can return to their birth parents; when that's not possible, the children can become eligible to be adopted. While the role of a foster parent can be challenging – requiring compassion, patience and a commitment to making a positive impact – its rewards are immeasurable.

Foster care provides children, from birth to age to 21, with temporary, safe, loving homes, when their own families are unable to care for them. Foster parents become part of a countywide team working together to support, nurture and protect children while strengthening their families. Becoming a foster parent is a commitment that will have a meaningful impact on a child's life. DCFS currently has children placed in approximately 120 foster homes throughout Dutchess County.

DCFS Commissioner Sabrina Jaar Marzouka said, "Foster care is a lifeline for children in need, providing them with love, security and hope for the future. We are deeply grateful to our current foster parents for their selfless dedication and compassion. We encourage others in our community to consider opening their hearts and homes to make a lasting difference in a child's life."

must be at least 21 years old;
can be married, single, or living in partnership;
have their own source of income;
have a bed for each child;
have working smoke and carbon monoxide detectors;
have the ability to work as a member of a team;
provide a safe and healthy home; and
each person in the home 18 years or older must be fingerprinted and cleared through the Child Abuse Registry, FBI and Justice Center Registry.

DCFS' efforts to enhance the lives of children of all ages currently in foster care continue throughout the year. Earlier this week, the department hosted its Community Forum for the Advancement of Older Foster Youth at the Franklin D. Roosevelt Presidential Library and Museum's Henry A. Wallace Visitor and Education Center in Hyde Park. The event convened dozens of local service providers and stakeholders to enhance ways to support older youth as they age out of foster care and ensure they have long-term stability and well-being.

The need for foster parents is ongoing, and DCFS encourages residents to consider opening their homes and hearts to children in need; DCFS provides foster parents with training and ongoing support.

There are various ways to support foster care, from becoming a foster parent to volunteering and supporting foster families in other capacities. Interested individuals can learn more about fostering and the application process by visiting the DCFS website or contacting the Foster Care Unit at 845-486-3220 or FosterCare@DutchessNY.gov.

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Mom's need for speed

Racing to get the artichokes

The other day I was stopped by a police officer because I had a taillight out. As I was waiting for my ticket to be processed, I remembered when my mother was pulled over for speeding in front of Marist College many years ago.

I was in the restaurant kitchen preparing something. I heard the kitchen screen door open and slam shut. My mother came into the restaurant and was mumbling to herself. She had a Price Chopper bag in her hand and threw the bag on my father's prep table. She was very clearly angry about something. Worried that she was angry with me, I chose to ignore her mood for fear of retribution. Something that I was very familiar with.

As she walked past me she continued to mumble about something and proceeded through the dining room and into the bathroom. Amazed that she didn't even say hello, I went back to work knowing full well that when she came out of the bathroom I would be told what was wrong. I also braced myself for what I was sure was going to be a great story.

When she came out of the bathroom, she marched through the dining room,

into the kitchen, and through open the swinging doors that separated the kitchen from the dining room.

The door slammed against the wall. I knew I was in for a treat.

Apparently, mom was just stopped in front of Marist College for speeding.

My mother had a bit of a lead foot. She was always in a hurry and always told us she had so much to do, even though she really didn't. Picture the scene if you would. My mother, who is a tiny, 5 foot 1 inch woman, is in her car, in a hurry of course, driving toward the Price Chopper on South Road on a mission for my father. This time it was to buy fresh artichokes. She has her seat belt pulled tight, she is holding onto the steering wheel with her Vulcan death grip and is playing Mario Lanza on the CD player in the car.

Mom had a funny way of driving. She would constantly rock the steering wheel back and forth very slightly. Almost like you would shake your leg when you were nervous. She's driving South on Route 9, passes Marist College and goes through a yellow light. She is in a 30 MPH zone and is probably doing close to 45. Naturally, there is a police officer nearby

and he proceeds to pull her over.

This is how I perceived the conversation:

Officer: License and registration, please.

Mom: Why?

Officer: License and registration, please.

Mom: Ia no wuzza speeding.

Officer: License and registration, please.

Mom: You don't have to give me a ticket. That's OK.

Officer: License and registration, please.

Mom: That's OK. Listen, I gotta get the artichokes for my husband.

Officer: License and registration, please.

Mom: Listen, Pop is a gonna getta mad if I no get the artichokes to him on time.

Officer: Lady, please get out of the car.

Mom: Why?

Officer: Lady, I'm getting mad, Please give me your license and registration or I'm gonna have to cuff you.

Mom: Why you getting so mad? Im a

just going to get the artichokes for my husband? You don't have to give me a ticket. That's OK. Don't worry about it.

Officer: Lady, please. Just give me your freaking license and registration.

Mom: You no understand. You don't have to give me a ticket because Pop he's a gonna get mad if Ima not back fast with the artichokes.

Officer: Please get out of the car, I have to frisk you.

Mom: No you toucha me! I know what you have in mind. You leave me alone.

Officer: Please, lady, just give me your license.

Mom: I tolda you. You no have to give me a ticket. That'sa OK.

Officer: Lady, if you don't give me your license, I will have to arrest you.

Mom: Okay. Im a gonna give you my license but you no gonna give me a tick- et, OK?

Officer: Okay, Lady.

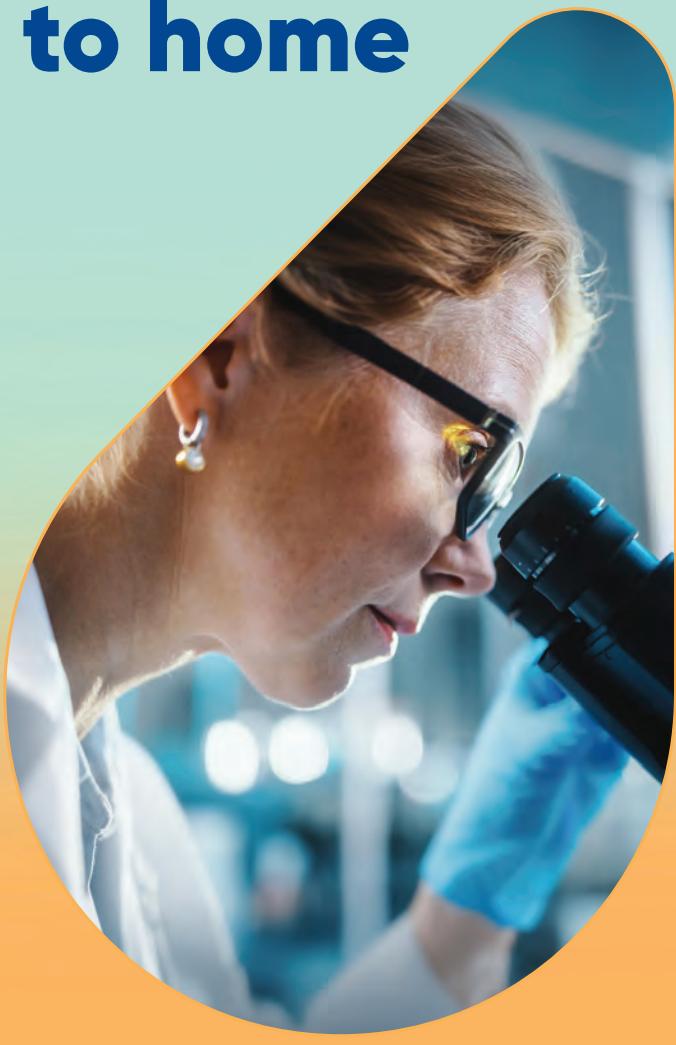
Mom: You gotta promise me. OK?

Officer: I promise! Just give me the freaking license!

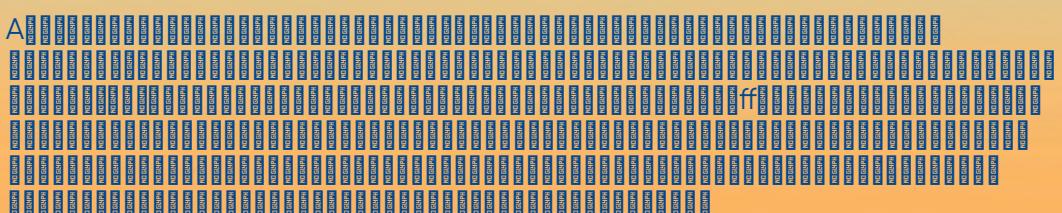
After a few minutes the officer comes back to the car:

continued on page 14

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The CENTER for Performing Arts announces passing of extraordinary leader Lou Trapani



Officials at The CENTER for Performing Arts at Rhinebeck have announced the passing of "our beloved leader," Lou Trapani.

Trapani was the presiding force of The CENTER as we know it today. He was first an actor and director who then served as Executive Director. He took the helm to lead and guide The CENTER as Artistic & Managing Director in 1999. In late 2023, Trapani "semi-retired" and transitioned to a Senior Advisor role. Despite taking a step back, Lou and his influence and guidance remained ever-present at The CENTER. Regardless of his title, Lou Trapani was the undeniable leader and visionary of The CENTER for 25 years.

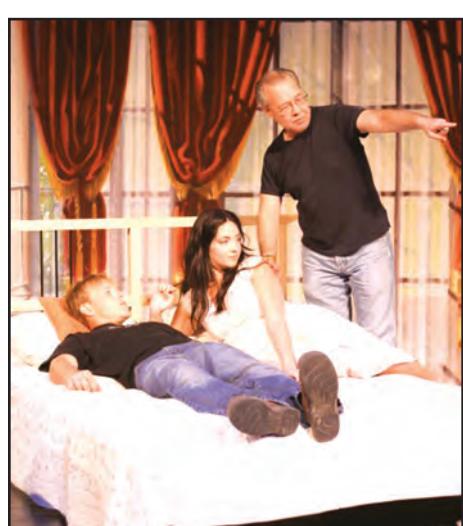
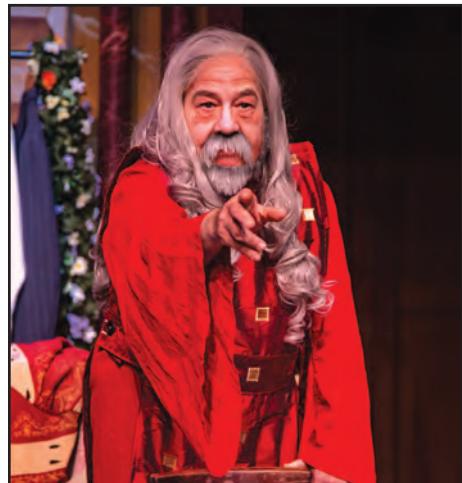
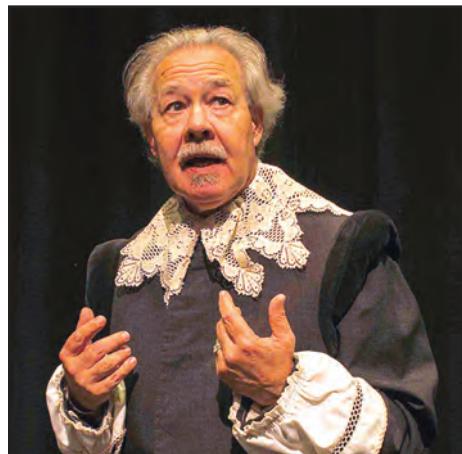
Throughout his tenure at The CENTER, Trapani directed and performed in countless productions, bringing a wealth of knowledge, talent, and vision to the stage, its actors, and its community at large. He created and led numerous scene study and directing classes as well as youth and adult performance workshops. Lou taught and mentored hundreds of people, some of whom went on to professional careers in theatre, citing Lou as a primary influence. Lou was renowned for his annual portrayal of Scrooge in A Christmas Carol, a role he performed for nearly a decade in a play he adapted himself. His adaptation remains a favorite for audiences as well as local school field trips.

In 2024, Trapani adapted and directed an acclaimed production of Shakespeare's

Hamlet. He also delivered a deeply moving performance in the short play, Home Base, by playwright Louisa Vilardi, as part of Howl Playwright's Howl at The CENTER production. Among his other recent works, he held great pride in directing Euripides' The Trojan Women and presenting his unique adaptation of Oedipus Rx, a live-streamed teleplay based on the Sophocles tragedy. Lou was instrumental in the creation of The CENTER's new Black Box space, envisioning it as a creative haven for emerging playwrights, directors, and performers to experiment and showcase their art. Due to his early career as an experimental performer and creator in NYC, he was particularly passionate about this endeavor. Lou was a lifelong learner, a trait evident in his focus and support of education in the arts.

Trapani was also a staple in the Town of Rhinebeck, supporting local business, frequenting restaurants, and participating in the town's culture. He tirelessly worked to make The CENTER an integral part of Rhinebeck's community, allowing people a place to feel welcome and belong. His hard work and determination ensured that The CENTER's doors remained open for us again and again, through catastrophes and pandemics and hurricanes. He enriched our community immeasurably.

The CENTER will be organizing a celebration of life to honor Trapani's extraordinary life and contributions. More details to come.



Trapani in some of his many roles at The Center (clockwise from top right): In "Equivocation," in "The Dresser," as Scrooge in "A Christmas Carol," laughing in rehearsal, directing a scene, and as King Arthur in "Camelot." Courtesy photos

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Ladies and Gentlemen: Wear sunscreen

Valuable advice, given in a 1997 hypothetical commencement speech by columnist Mary Schmich, and further popularized as a spoken word song by Baz Luhrmann. But the recommendation to use sun protection is not a recent kernel of wisdom. Even the ancient Egyptians would offer us this tip for the future. They used sun blocks which contained rice bran, jasmine, and lupine.

Sunlight is necessary for our bodies. It helps produce vitamin D, which is important for bone health, blood cells, and the immune system. Sunlight helps regulate our sleeping patterns, and may also factor in lower blood pressure and mental health. As necessary as sunlight is, however, it can also be damaging.

The discovery of negative health effects from exposure to the sun's UV rays occurred in the late 1800s. Since then, sun blocks were developed, but they initially had no indications of efficacy on their packaging. Advancements brought increased sun protection factors, eventually achieving levels of 100 SPF, or more.

Sunscreen choices

Sunscreens are either organic or inorganic. In a scientific context, organic sub-

stances are those that contain carbon. Substances that do not, are inorganic.

Inorganic, or mineral sunscreens, contain fine powders of either zinc oxide or titanium dioxide that were traditionally called "sun blocks." Mineral sunscreens are often recommended for people with skin sensitivities. They offer broad-spectrum protection; however, some may be chalky and difficult to spread. Some mineral sunscreens have alleviated this problem with tints and tiny, micronized zinc and titanium particles.

Organic, or chemical sunscreens, contain ingredients such as avobenzone and oxybenzone. Since they don't leave a white film when applied to the skin, they are easier to wear on a broad range of skin tones. Their active ingredients absorb UV rays before your skin can soak them up. Sensitive skin or conditions like rosacea or melasma may be aggravated by the ingredients in chemical sunscreens. **Alarmist claims remain unproven**

There has been some media attention regarding the safety of organic/chemical sunscreens. Concerns have related to negative environmental effects and

continued on page 14



Some sunscreen options at a Dutchess County store. Photo by Francine Wizner

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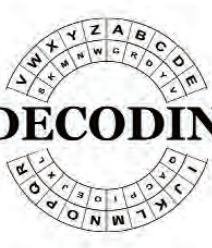
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DECODING DUTCHESS PAST

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By Dyan Wapnick

Imagine you could travel back in time to Pine Plains at the turn of the twentieth century. Standing at the intersection of Main and Church Streets you might catch the whistle of the Poughkeepsie and Eastern train as it leaves the Borden Creamery at the P&E station, where local dairy farmers dropped off their milk twice a day in 10-gallon aluminum cans – fully loaded weighing over 80 pounds – to be processed and shipped. Every Tuesday was cattle day, when a cattle car was placed at the Newburgh, Dutchess and Connecticut railroad stockyard on South Main Street and where farmers drove their beef cattle to be transported to New York City. With 18 trains going in and out of the hamlet daily, it was a busy place, and a lot of that activity revolved around the farms.

Today you would be hard pressed to picture this peaceful hamlet sequestered in northeast Dutchess County capable of supporting two weekly newspapers (the Pine Plains Herald and Pine Plains Register), two drug stores (Bowman's Pharmacy and Cole Drug Store), two large hotels (the Ketterer Hotel and the Stissing House), several boarding houses for tourists (including The Pines, a 25-room mansion), Bowman's Opera House, multiple shops, and a renowned school (Seymour Smith Academy), not to mention over 40 small- to mid-sized family farms dotting the surrounding countryside and nearby communities. Yet that's how it was in 1900.

This article will attempt to show how the loss of these farms, with a focus on dairy farms, has had a direct, negative impact on the vitality of the once-thriving hamlet of Pine Plains. If you could stand on the same spot in 1935, other than horse and buggies replaced by automobiles, you wouldn't see many changes from 35 years earlier despite it being the middle of the Great Depression. Sure, the opera house closed, but now there's a popular cinema across the street, the Pine Plains Theatre, which is also a testing site for first-run films before they debut in New York. There's a clock tower next to the Stissing House, memorializing long-time Doctor Henry Clay Wilber. Yes, the two weekly newspapers have merged into a single weekly, the Register-Herald, and Seymour Smith Academy was recently torn down, but it's been replaced by the Pine Plains Central School, the first centralized school district in Dutchess County. The tourists continue to flock here every summer, with boys' and girls' camps on Stissing Lake owned by the parents of future composer and lyricist Jerry Herman (a camper here from the age of 6 to 23, and later the camps' musical theater director). A former large dairy enterprise called Briarcliff Farms just south of the hamlet ceased operation, but it's now an Aberdeen Angus championship beef farm supplying the stock for 95% of the Angus cattle in the United States.

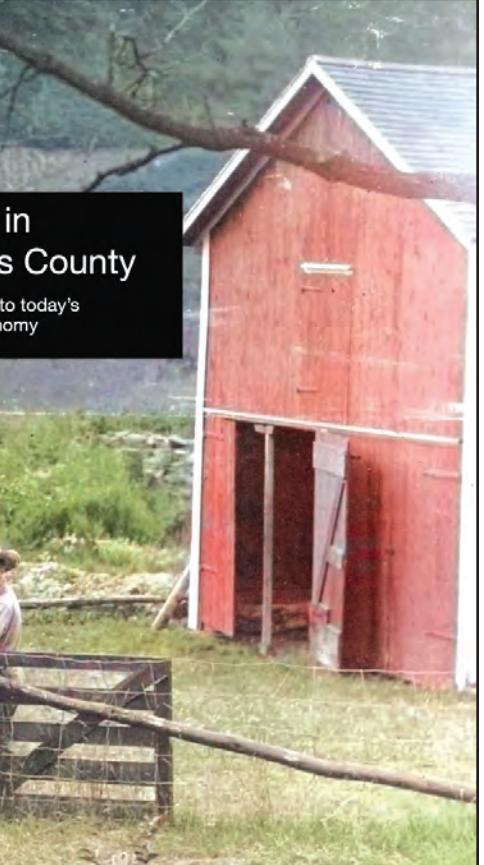
However, by the end of the decade the railroad was no more, with the last freight service in 1937 and the tracks eventually all

pulled up; yet if you were to stand on that same corner in 1950 you might be surprised to see the railroad's demise has not had a noticeable effect on the community. Truck transport has taken the place of the trains, and in the years since World War II, with the help in part of the GI Bill which provided loans and educational opportunities for farmer veterans, Pine Plains has continued to flourish, looking much the same as it did 15 years earlier. But change was coming—and when it came, it changed the life of the hamlet.

Beginning in the 1960s, a small-town version of urban renewal began to take place in the hamlet. One of the first buildings to go was a beautiful Greek Revival on Church Street, the Davis House, torn down in 1963 to make way for a Grand Union. By 1970, the former Ketterer Hotel on the corner, last known as the Piester Building, sat vacant, and it was demolished in 1974, leaving an empty lot in its place, while the venerable old Stissing House on the opposite corner had become the local watering hole, in danger of suffering the same fate. Also in 1974, Berlin's Department Store on the northeast corner was torn down to allow for the Stissing National Bank's expansion. Fire destroyed several buildings on South Main Street (in 1981 and 1992), which became more empty lots. The old movie theatre closed and was slated for demolition until a last-minute reprieve saved the building and it was converted into Pine Mall, supporting businesses on three floors. But that, too, failed and it became another abandoned eyesore.

The decline didn't happen overnight, and it was not unique to Pine Plains. The seeds had been sown quite a few years earlier, ironically during a period of progress and growth, the result of technological changes and other factors which directly influenced the number and size of dairy farms. (According to the USDA, dairy farm size can be classed by headcount, with small farms having 30 milk cows, medium farms from 30-500 milk cows, and large farms anything over that number).

You can't talk about the development of Pine Plains without including the railroads, which transformed this rural community in the boom years after the Civil War. Pine Plains was uniquely situated to take advantage of the east-west rail traffic afforded by the so-called "short lines" in Dutchess County. At its peak, there were three railroads serving the town. While they all provided passenger service, it was in the haul-

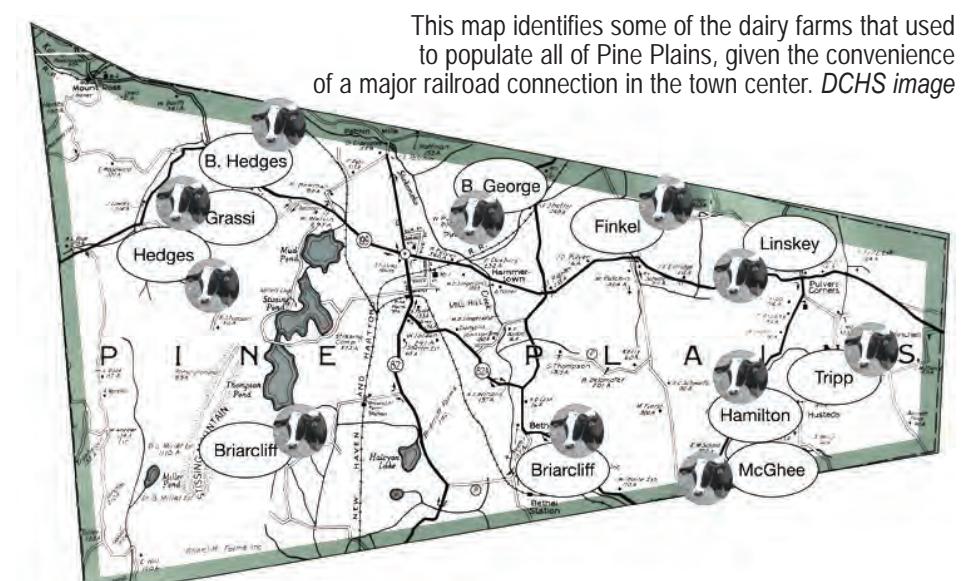


The full 2023 DCHS Yearbook can now be found online at www.dchsn.org/yb-2023. Courtesy image

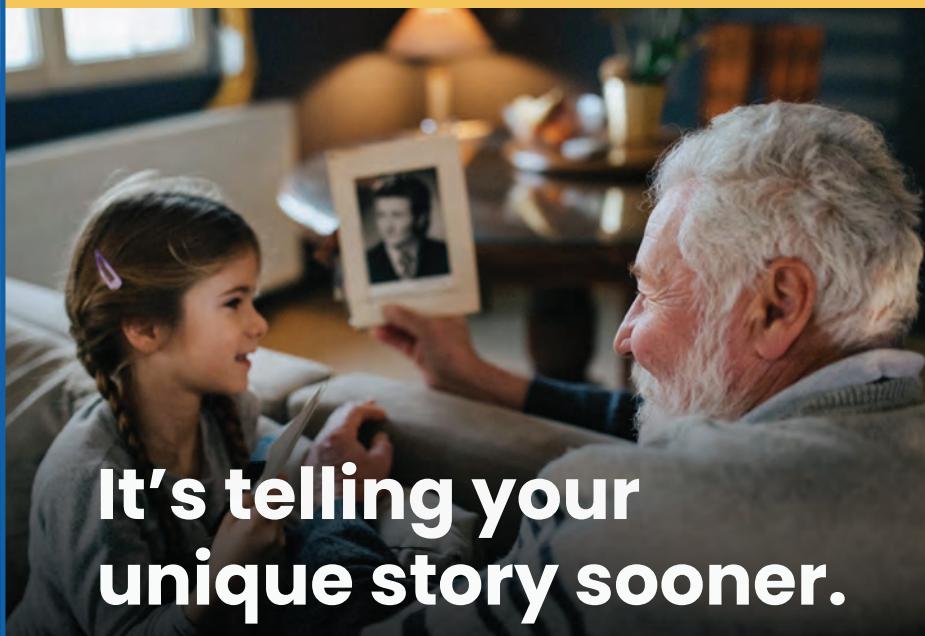
ing of iron ore and milk that they expected to make money, and among the sales pitches used to entice Pine Plains residents to invest in the first of them to be incorporated, the Poughkeepsie & Eastern (1872), was the claim that their farms would gain 25% in value within three years of its completion. For what had been mostly subsistence farms, the railroad opened new markets, especially in New York, and once refrigerated rail cars made it possible to ship raw milk by train, production escalated to meet the demand and farmers began increasing the size of their herds...

The full article can be found in two online locations: DCHS's 2023 Yearbook, vol. 102, Farming in Dutchess County at www.dchsn.org/yb-2023 and larger context found at www.dchsn.org/small-farms.

Dyan Wapnick is the president of the Little Nine Partners Historical Society of Pine Plains, NY, and an executive producer of their documentary, *Our Farms, Our Farmers*, which serves as a companion piece to this article. You can find a link to her full article (this is a partial, "snippet view" only) and the documentary video at www.dchsn.org/small-farms. Wapnick is also DCHS Town Vice President for Pine Plains. The article is from the just-published 2023 DCHS Yearbook, vol. 102, "Farming in Dutchess County" which can viewed online at www.dchsn.org/yb-2023 or purchased in print at amazon.com (search books). If you have any questions, contact Bill Jeffway at bill.jeffway@dchsn.org.



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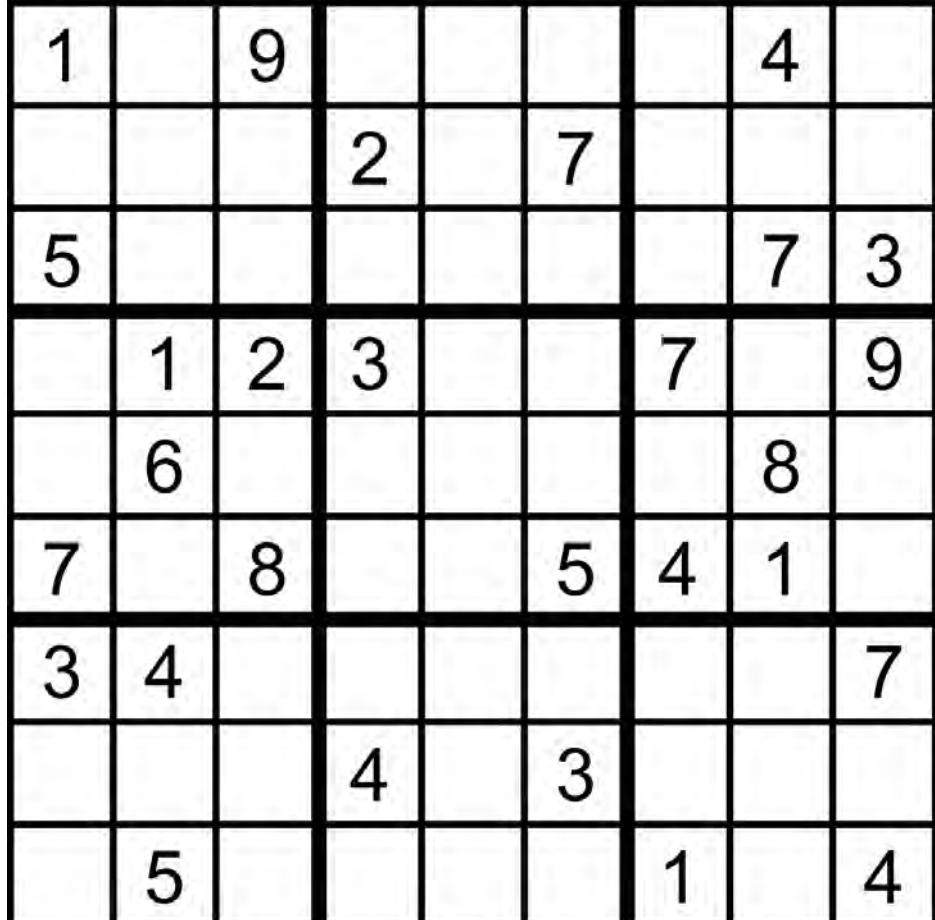
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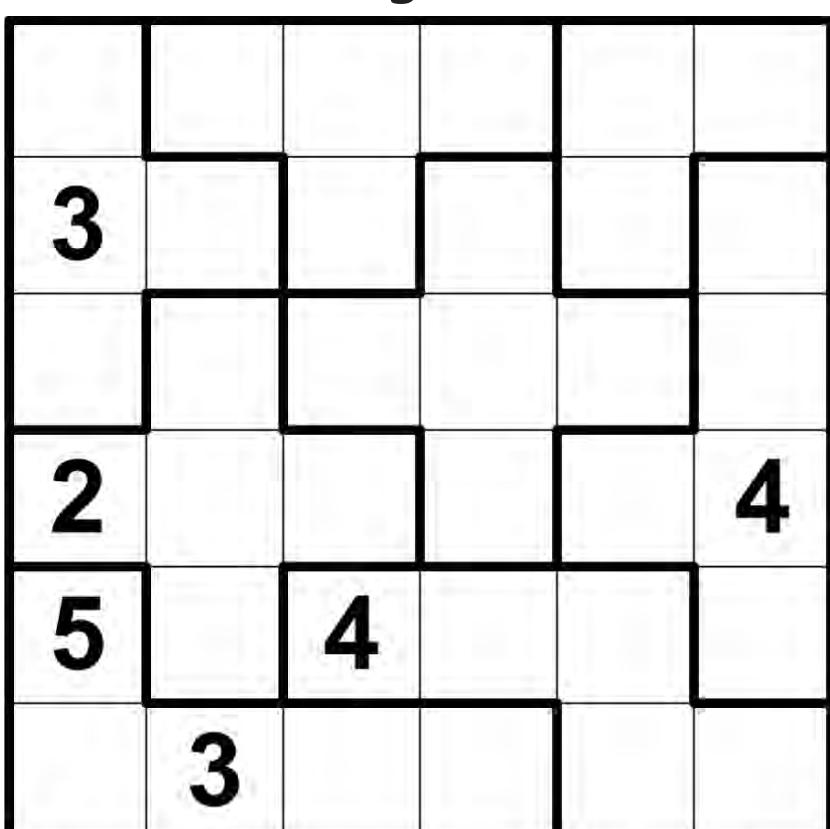
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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Suguru



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The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

THEME: FAMOUS FIRSTS

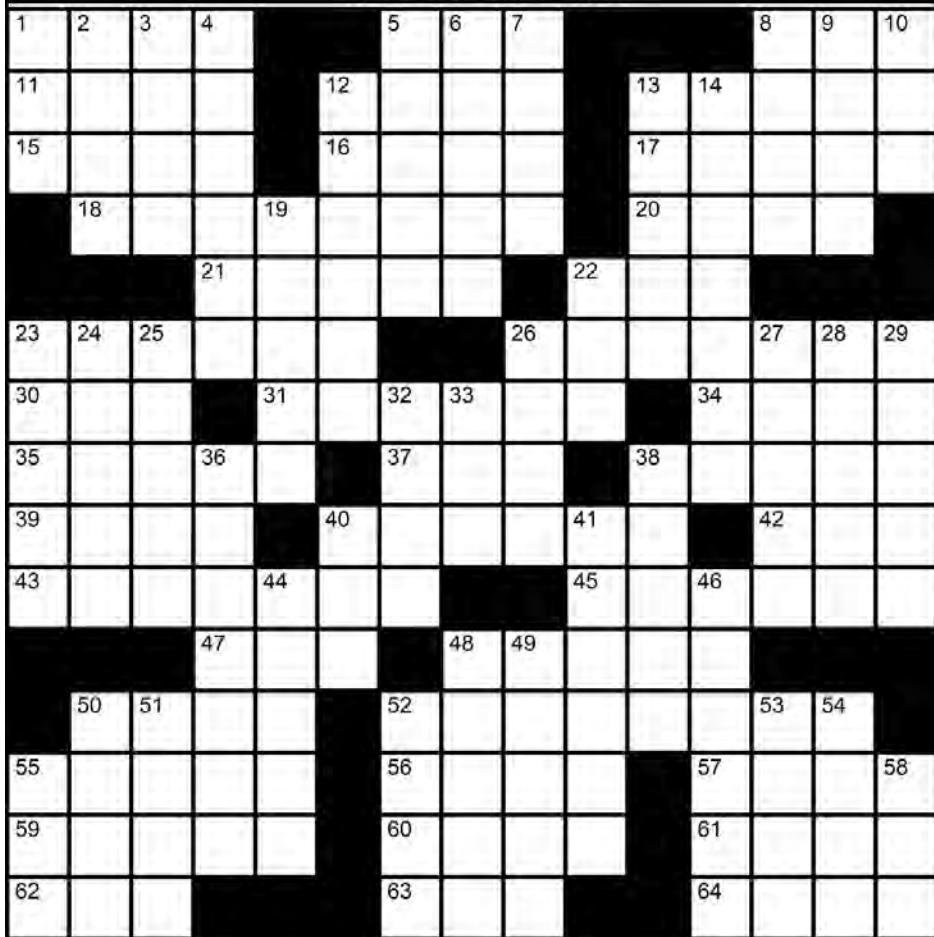
ACROSS

- Croat or Moravian, e.g.
- Paid player
- Not Miss or Ms.
- First-rate
- Mattress with memory?
- Be of use
- "It's time!" signal
- de-camp
- Like an unhealthy dog
- *First one to circumnavigate globe, almost
- March Madness org.
- Bring upon
- Orange Lavaburst drink
- *Rita ___, first Latina to win Academy Award
- Winter rides, in Russia
- Brewery order
- Unties or unbuttons
- Nearly
- One born to Japanese immigrants
- Good times
- Rheumy
- Tel ___, Israel
- Bequeath
- Once known as
- West African country
- *Chuck ___, first to break speed of sound
- Genetic info carrier, acr.
- City near Düsseldorf
- Short for Dorothea
- *First artificial satellite (2 words)
- Clay and silt deposit
- Marine eagle
- Mercantile establishment
- Singer Piaf
- Concert series
- Indian nursemaid
- Craggy peak
- Little troublemaker
- Solitary

DOWN

- Give in to gravity
- Weaver's apparatus
- The "I" in "The King and I"
- Carrots or peas, slangily
- French soldier in WWI
- Speed gun
- *First horror film about Damien Thorn, with The
- Supernatural life force
- Capital of Latvia
- Canny
- Han Solo's "Millennium ____"
- Prenatal test, for short
- *The first one helped combat smallpox
- Tedium
- 120 mins.
- #8 Down, pl.
- Martini garnish
- Pine product
- Midterm, e.g.
- a.k.a. Tibetan wild ass
- Feel the same
- Timider
- Deadly challenge
- Military moves
- *Mount first conquered by Hillary and Norgay
- 10 to 12-year-old
- Ewe's cry
- Half-shell delicacy
- Grind with teeth
- Fauna member
- Erasable programmable read only memory
- Break of day
- List of chores
- Prince of Wales to King
- Searching for E.T. org.
- Boxer's last blow
- Azerbaijan's southern neighbor
- "____ the wild rumpus begin!"
- "____ one and only"

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The solutions to both the Sudoku & Crossword puzzles can be found on page 19

That's Italian!

continued from page 9

Officer: I just checked you out, Mrs. Coppola. Everything seems OK. You've got to make sure you drive slower, OK?

Mom: OK. You no giva me the ticket?

Officer: You going to drive slower?

Mom: Yeah. Don't worry.

Officer: Mrs. Coppola, please take it easy. Don't speed. I'm gonna let you go, but you take it easy, OK?

Mom: Come here. (she pinches his cheek) You a gooda boy. Your mother is a proud ofa you. I no gonna speed no more.

Officer: Thanks, Mrs. Coppola. Just take it easy, OK?

Mom: Ya. Im a gonna take it easy as soon as I getta Pop his artichokes. Caio!

I can imagine the poor officer sitting in his car shaking his head as my mother sped off, thinking "people shoot at me and it is less aggravating than that lady."

Needless to say, my mother sped to the Price Chopper got the artichokes for Pop and sped back to the restaurant. I have to say the artichokes were very good. Enjoy the recipe for Pop's Stuffed Artichokes.

STUFFED ARTICHOKE

Ingredients

6 whole artichokes
3 slices Italian bread, cubed
1 clove garlic, minced
1/8 cup chopped fresh parsley
1/4 cup grated Romano cheese
1/2 teaspoon dried oregano
5 tablespoons vegetable oil, divided
salt and pepper to taste

Directions:

Cut the tips of artichoke leaves to take

off the pointy tips, and cut off the stems. Peel the stem with a potato peeler. Fill your sink with water and soak the artichokes for about 20 minutes. Drain and shake off excess water. Holding artichoke firmly by base, firmly slap the top of it on a hard surface like a cutting board a couple of times. This will open the artichoke so it can be stuffed.

In a bowl combine bread cubes, garlic, parsley, Romano cheese, oregano, 2 tablespoons vegetable oil, salt and pepper; mix well by hand.

Press about 1/2 cup of stuffing into each artichoke center. Tightly pack stuffed artichokes together in a large pan or stainless steel tray. Add enough water to reach half way up artichokes and add 3 tablespoons oil and the stem. Cover the pan with aluminum foil or a cover.

Bring to a boil over high heat; reduce heat to low and simmer, for 1 hour, or until leaves pull out easily.

Serve in a bowl with grated cheese and ladle the broth in the bowl pouring over the stuffing. Served with a wedge of Italian bread.

Luigi Coppola is one of five brothers born to Francesca and Antonio Coppola. The Coppola family came to America from Naples, Italy in 1954. Antonio and his brothers opened their first restaurant in Poughkeepsie in 1961. Luigi and his brothers Nick, John, Antonio and Vincent have carried on the family tradition in the way their parents taught them, using classic recipes taught to them at their apron strings. Visit their website at www.coppolas.net.

Hudson Valley Naturalist

continued from page 11

endocrine disruption. However, the most up-to-date research has found no conclusive evidence of negative health outcomes related to sunscreens.

Sun exposure can cause premature aging and skin cancer

Experts recommend wearing sunscreen daily. New York State Licensed Esthetician, Denise W. of Niamh Lynn Salon & Spa, in Wappingers Falls (845-221-5500) says the "best" or "healthiest" type of sunscreen is the one you'll use consistently.

"We know for a fact that UV radiation is bad for us; it contributes to the outward appearance of skin aging as well as increasing the likelihood of developing skin cancers. The known dangers of not using any sun protection products should definitely outweigh any hesitancy over the exact mechanism behind the way your sunscreen of choice works.

"I don't think we need to have a thorough understanding of the way something functions in order to benefit from it. For example, I drive a car daily but have

no idea about the ins and outs of how internal combustion engines work or the complex computer systems that actually make the vehicle safe and operational."

Denise also suggests layering makeup with high SPF ratings to protect yourself from sun exposure. She says that, "If people feel more comfortable using mineral sunscreens because they believe they're more 'reflective' than 'absorbent,' the accuracy of that belief is less important than the protection they're getting by using something."

Francine Wizner is a native of the Hudson Valley. She grew up in the Catskills of Greene County and spent over 3 decades teaching in Ulster County. She creates science-themed instructional materials and books, as well as being a Citizen Scientist in the management of her current home in an enchanted woodland of Dutchess County. Find her at <https://www.gertrudekatzchronicles.com/> and <https://www.pleasantvalleymaplelodging.com/>

DOT-TO-DOT PUZZLE

See page 19 for finished puzzle (no peeking!)



Stars

Stop at each star (★), then skip to the next number and start your line again. End ★ 97



By David Kalvitis

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Hyde Park Chamber Car Show thrills enthusiasts of all ages



Over 150 vehicles, including antique and vintage cars and trucks, plus hot rods and many more were on hand for the annual Hyde Park Chamber of Commerce Car Show this past Sunday, July 21. Vehicles were lined up in the lot across Rt. 9 from the Hyde Park Town Hall. Above, Tony Sansome accepts the Chamber's Choice trophy from show director Stu Davis. Sansome was showing his 1968 Ford Galaxy Coupe. At left, Davis presents the Best of Show trophy to Joe Minetto, who was showing his 1956 Oldsmobile '88 Holiday. Photos by Richard Wambach

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LEGAL NOTICE - WORKSHOP EAST CLINTON FIRE DISTRICT BOARD OF COMMISSIONERS
PLEASE TAKE NOTICE, the East Clinton Fire District Board of Commissioners will hold a workshop on Thursday, August 8, 2024 at 6:30 p.m. at the firehouse located at 9 Firehouse Lane, Clinton Corners, New York.

Legal Notices

York for the purpose of discussions regarding a new firehouse.
Dated:
July 14, 2024
By order of the East Clinton Fire District Board of Commissioners
Karen Buechele, Secretary

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LEGAL NOTICE - WORKSHOP EAST CLINTON FIRE DISTRICT BOARD OF COMMISSIONERS
NOTICE IS HEREBY GIVEN that the East Clinton Fire District Board of Commissioners will hold a Budget Workshop on Thursday, August 22, 2024 at 5:30 p.m. The meeting will be held at the East

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Clinton Fire District Firehouse, 9 Firehouse Lane, Clinton Corners, NY.
Dated:
July 14, 2024
East Clinton Fire District Board of Commissioners
Karen Buechele, Secretary

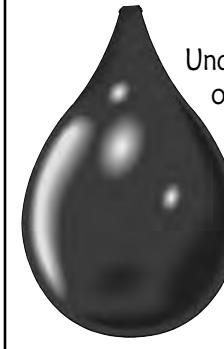
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The deadline for Legals is every Friday @ 12 noon for a Wednesday Publication* *When a public holiday falls on a Monday the deadline becomes Thursday at noon.

OBITUARIES

Bruce G. Anderson, Sr.

PLEASANT VALLEY - Bruce G. Anderson, Sr., 91, passed away on Monday, July 15, 2024, in the comfort of his home in Pleasant Valley, New York.

Born on October 8, 1932, in Westwood, MA, he was the son of Alfred and Emma (nee Mauritz) Anderson.

Bruce proudly served in the United States Army from 1953-1955 and was active in the Army Reserves for six years.

He operated his own business, Anderson Brothers Electric, located in Poughkeepsie, and worked there as the owner for many years. Bruce retired on December 15th, 1995, after a successful career.

An avid car enthusiast, Bruce was a part of many social organizations and various local car clubs. He was one of the founders and a board member of the Saratoga Automobile Museum, and life member of the Poughkeepsie Yacht Club since 1969. Bruce was of the Episcopal faith.

On August 24, 1952, he married the former Muriel J. Burnett. Mrs. Anderson survives at home. In addition to his wife, survivors include his daughter, Donna M. Anderson, of Chatham; son, Bruce G. Anderson Jr., of Pleasant Valley; sister, Martha Johnston, of Atlanta, Georgia; and several nieces and nephews.

He was predeceased by his mother and father, Alfred and Emma Anderson, and his brothers, Alfred and Donald Anderson, Sr.

In keeping with Bruce's wishes, cremation has taken place. Funeral services with military honors will begin at 10 am on Thursday, August 1, 2024, at the Community Mausoleum Chapel at Poughkeepsie Rural Cemetery with the Rev. Arlene Dawber, officiating.

In lieu of flowers, the Anderson Family respectfully request memorial donations to the Saratoga Automobile Museum, 110 Avenue of the Pines, Saratoga Springs, NY 12866. (www.saratogaautomuseum.org)

Arrangements are under the direction of Sweet's Funeral Home, Inc., Rte. 9, Hyde Park. To send an online condolence, please visit Bruce's obituary page at www.sweetsfuneralhome.com.

Nicholas James Arvanetes

HYDE PARK - Nicholas James Arvanetes, 63, of Hyde Park, died unexpectedly on Thursday, July 11, 2024, at home.

Born, December 18, 1960, in Poughkeepsie, he was the son of the late James N. Arvanetes and Marie C. DuPilka Arvanetes, his mother survives at home.

Nicholas truly enjoyed music whether it was on records or Cd's. He enjoyed listening to rock & roll and heavy metal, especially Alice Cooper, Ozzy Osborne and many others. He was known to be an avid reader of anything to do with music, bands or rock stars, often being able to memorize many different things about the artist he liked listening to.

He also loved starting up a conversation with anyone and could often make friends wherever he went and in his free time he enjoyed watching tv and could often be found watching shows relating to music.

Nicholas worked for Gateway Industries in Kingston as an assembly worker, it was there he met his fiancée, Rebecca "Becky" Fasce.

He is survived by his fiancée of 20 years, Rebecca "Becky" Fasce; mother, Marie Arvanetes; sister, Dawn Harris; and his adopted brother, Jay Marshall.

He is also survived by his two nephews, Andrew Harris and his wife, Shannon, and Austin Harris and wife, Chelsea; grandnephew, Jaxson Cole Harris; and grandniece, Penelope Austin Harris.

Calling hours were held on Thursday, July 18th at Sweet's Funeral Home, Rte. 9, Hyde Park.

A Funeral Service followed at the Funeral Home. Entombment took place at Poughkeepsie Rural Cemetery.

Nicholas's family respectfully requests memorial donations to Shriners Hospital for Children, 2900 Rockey Point Drive, Tampa, FL 33607 (www.donate.lovetotherescue.org)

To send an online condolence, or for directions, please visit Nicholas's obituary page at www.sweetsfuneralhome.com.

Gary L. Hall

FORMERLY OF PINE PLAINS - Gary Leon Hall, 75 of Ridgeland SC passed away peacefully on Sunday, June 16th, 2024, at his home surrounded by his loving family.

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Gary was born on September 29, 1948 in Springfield, VT., the eldest son of the late John "Fred" and Barbara Pelkey Hall.

He was a graduate of Pine Plains Central School, Class of 1967 and participated in The FFA Club, Basketball, Football and Track.

Gary's working career included Construction and Heavy Equipment in the Family Business, "Hall's Trucking". He loved the Great Outdoors, which helped influence the beginning of Gary's 50 plus years in the Sporting and Game Preserve Clubs in New York State. These included Mashomack, Manager of Sandanona, and The Pawling Mountain Club. General Management and his Dreams continued as he was instrumental in the building of Ten Mile River Preserve and The Dutch River Club.

Retirement was not a word in his vocabulary, Gary and Kathy then moved South in 2017 he Managed the Hunting Operations of The Rollins Ranch in Florida. Gary's enjoyment of building and being a part of development continued as Land Manager for CHFL, LLC in Bluffton, SC. In his spare time, he enjoyed spending time with his family, deer and turkey hunting and also fishing. Gary experienced several hunts in the US, Canada and England.

Gary was predeceased by his brother Ricky, Sister Becky, and brother Bill "Homer".

He is survived by his beloved wife of 56 Years Kathy, whom he married on March 16, 1968. Daughter Jodi Ann Graves, Jennifer Hall Anderson (Michael) and Son Jeffrey (Lauren)- 9 Grandchildren and 11 Great Grandchildren, Several Nieces and Nephews and his Faithful friend, Ale.

Gary's also survived by his Sister Kathy Morill (Gary "Fritter"), Brother Bruce (Patty), Brother Danny "Boomer" (Teri), Sister Teena and Sister-in-Law Marie Elena "Ria" Hall.

A "Celebration of Life" with his Family and Close Friends will be planned at a later date per Gary's wishes.

Louise Daly Marcigliano

Louise Daly Marcigliano, of Rhinebeck, NY, passed away from cancer at her home on July 17, 2024, surrounded by loved ones.

Louise was born in Dublin, Ireland in 1947

to Ambrose and Anne Daly. The family moved to England when she was a child, and in 1965, at the age of 18, Louise moved to New York City.

Louise met her husband, Frank in 1971 in New York City, and were married in 1974. They moved to Port Washington, NY where they raised their two children, Frank Jr and Gabrielle. In the early 2000's they move to Manhattan and built a house in Staatsburg, NY where they relocated permanently in 2011, and later moving to Rhinebeck in 2015.

Louise always loved to learn and went back to school to get her MSW degree from Adelphi University on Long Island. She started as a clinical social worker for Non-Profits in New York City, while simultaneously having a private practice during her career, until her illness in 2023 when she retired.

Louise was passionate about her career and loved her work. She volunteered her time to serve briefly on the board of the Dutchess County Board of Mental Health and Hygiene Sub-Committee for the Aging, as well as on the board for the New York State Society for Clinical Social Workers.

Everyone who knew Louise knew how genuinely kind and caring she was. Louise was full of encouragement and positivity, traits that were obvious to all after even just a single meeting with her. She loved reading and her two book groups, one on Long Island and one in the Hudson Valley.

Above all, Louise loved her family and her family loved her. Louise is survived by her Husband, her two children, four grandchildren, and five brothers and sisters in England. We will miss her more than words can say.

A Mass of Christian Burial was celebrated on Saturday July 20th, 2024 at The Church of the Good Shepherd, Mulberry St., Rhinebeck, NY. Interment will be private.

The funeral mass was livestreamed, please see our website for details.

In lieu of flowers, please consider a donation to Women in Need: <https://winnyc.org/> or to Cancer Research: <https://giving.mskcc.org/>.

Arrangements are under the direction of the Burnett & White Funeral Homes, 91 E. Market St., Rhinebeck, NY 12572.

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402 Rooms for Rent
403 Furnished Rooms
404 Furnished Apartments
405 Wanted to Rent
406 Garages for Rent
407 Vacation Rentals
408 Houses for Rent
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501 Kid Stuff
502 Clothing
503 Furniture
504 Appliances
505 Free Items
506 Computers
507 Sports Equipment
508 Exercise Equipment

509 Office Equipment
510 Firewood
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701 Free Pets
702 Lost & Found Pets
703 Pets for Adoption
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711 Tag Sale
712 Moving sale
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719 Antiques

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723 Consignments
724 Farmers Market
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750 Events
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Answers to this week's diversions
(puzzles on page 13)

Suguru solution

4	1	4	2	3	2
3	2	3	5	1	5
1	4	1	4	3	2
2	3	5	2	1	4
5	1	4	3	5	3
4	3	2	1	2	1

SUDOKU
This week's answer

1	7	9	5	3	6	2	4	8
6	8	3	2	4	7	5	9	1
5	2	4	1	8	9	6	7	3
4	1	2	3	6	8	7	5	9
9	6	5	7	1	4	3	8	2
7	3	8	9	2	5	4	1	6
3	4	6	8	5	1	9	2	7
2	9	1	4	7	3	8	6	5
8	5	7	6	9	2	1	3	4

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AONE FOAM AVAIL
GONG AIDE MANGY
MAGELLAN NCAA
INCUR HIC
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ALE UNDOES NIGH
NISEI UPS TEARY
AVIV BESTOW NEE
SENEGAL YEAGER
RNA ESEN
THEA SPUTNIKI
LOESS ERNE MART
EDITH TOUR AYAH
TOR IMP LONE

Answer to this week's Dot to Dot (puzzle on page 14)

THE GREATEST DOT TO DOT BOOKS

Stars
Stop at each star (★), then skip to the next number and start your line again. End ★ 97

By David Kalvitis

© 2003 Monkeying Around

GOLDEN LIVING

GOING TO AN OFA PICNIC?

REMEMBER YOUR UNNEEDED MEDS

The Office for the Aging's 2024 Picnic Program passed the halfway mark this month.

Dutchess County residents age 60 and over are invited to come out and socialize with their friends and neighbors while enjoying a nutritious lunch at the picnic designated for their hometown.

As we do every year, attendees are invited to bring their unused and/or expired medications to the picnic to be disposed of with the assistance of the Dutchess County Sheriff's Office, STOP-DWI, and Medical Reserve Corps. In addition to prescription medications, residents can also dispose of medicated ointments and over the counter medications. Liquid medications should be brought in their original packaging inside sealable plastic bags. Hazardous materials, needles of any kind, and aerosols will not be accepted.

Proper disposal of unused medications keeps unused drugs out of the water supply, and prevents diversion of drugs, mainly opioid painkillers, for recreation and illegal purposes. A 2017 report from the National Library of Medicine says over half of abused prescription medications are obtained from friends or relatives. A person with substance use disorder won't be above fishing through your trash if they think they'll find drugs.

YOU FORGOT? NO WORRIES

It happens quite a bit: you go to your OFA picnic, you get home, and what do you see in a bag by the door but the unneeded drugs you were going to drop off at the picnic. What to do? Remember them the next time you have errands to run.

Secure drop boxes are in 12 locations throughout Dutchess County, offering you places to safely and anonymously dispose of unused, unwanted, controlled substances, over the counter and prescription medications keeping these harmful sub-

stances out of the environment, as well as the hands of those who would abuse them.

The following locations are open 24/7:

- City of Beacon Police – 1 Municipal Plaza, Beacon
- Dutchess County Law Enforcement Center – 108 Parker Ave., Poughkeepsie
- East Fishkill Police – 2468 NY 52, Hopewell Junction
- Fishkill Police – 801 NY 52, Fishkill
- Hyde Park Police – 3 Cardinal Rd., Hyde Park
- New York State Police, Troop K Headquarters – 2541 NY 44, Salt Point
- Town of Poughkeepsie Police – 19 Tucker Drive, Poughkeepsie
- Wappingers Falls Police – 2628 South Ave.

The following locations are open during the schedules listed below:

- Millerton Police – 5933 North Elm Ave. (NY 22), Millerton – Monday-Friday 9a-4p; Saturday noon-midnight; Sunday 4p-midnight
- Red Hook Police – 7467 South Broadway, Red Hook – Daily, 8a-midnight
- Rhinebeck Police – 76 E. Market St., Rhinebeck – Daily, 7a-11p

In the Pawling area, call 845-486-3800 for assistance in scheduling a dropoff at the Dutchess County Sheriff Office's Pawling substation.

A printable list of these dropoff locations is available at each picnic; and a large print version is available in the "Printable Aging Resources" section of www.dutchessny.gov/aging.

Many local pharmacies also offer safe medication disposal. Talk to their representatives about each location's rules and hours of operation.

COUNTY EXECUTIVE'S MOBILE OFFICE HOURS IN AUGUST

County Executive Sue Serino is bringing mobile office hours to an OFA Friendship Center near you! This summer she's hosting a series of 'Senior Mobile Office

Hours' around the county. She began the series at our Poughkeepsie Friendship Center on Thursday the 18th, and here's where else she'll visit:

At First Presbyterian Church of Pleasant Valley, 1576 Main St. (US 44), Pleasant Valley (next door to the library)

- Tuesday, August 6, 11 am – 1 pm – Red Hook Community Center, 59 Fisk St., Red Hook

The County Executive will be available to answer questions and hear about the issues that matter most to our older adults when it comes to Dutchess County Government. No reservations are required, so feel free to drop in and chat.

NEXT PICNIC ON THE OFA SUMMER SCHEDULE: WAPPINGER

The Office for the Aging welcomes volunteers, without whose help events like the annual OFA Summer Picnics would be far more difficult to execute. OFA can use volunteer help at picnic sites setting up and breaking down picnic tables and chairs and bringing food and drinks to picnic guests with mobility challenges.

It's a great way to help our older adults while getting plenty of outdoor exercise. If that sounds like something you're up for, and you're available during any of the hours of roughly 10 am – 2 pm, email OFA Outreach Coordinator Brian Jones at bjones@dutchessny.gov.

This coming week, on Wednesday the 24th, the picnic schedule brings us to the Town of Wappinger and Robinson Lane Park.

Here's the rest of the 2024 schedule:

Wednesday 8/14 – City of Poughkeepsie picnic at Stitzel Field

Wednesday 8/21 – East Fishkill picnic at Hopewell Rec Park

Wednesday 8/28 – Beekman/LaGrange picnic at Freedom Park, LaGrange

Many thanks to The Pines at Poughkeepsie, AccentCare, and Central Hudson for their support of the picnic pro-

gram.

SCAM OF THE MONTH – THE FAKE MISSING-PERSON/MISSING-PET SCAM

We were hoping to go a couple weeks without having to mention the latest scam that's targeting us all...sorry, but that's not possible just yet.

This kind of scam is popular on social media: the fake missing-person/missing-pet scam. The scammer aims to exploit our willingness to help, and that we're told "when you see something, say something."

Here's a typical scenario:

You're scrolling through Facebook when a "missing child" advisory appears in one of the local yard-sale groups you follow, with a heartfelt plea to spread the word. You share it.

And right there is where you were fooled.

You weren't gullible. It's just that scammers know human nature. They know that people of good will want to help, and they won't always stop and think before trying to help.

Scammers target yard sale and buy/sell groups on social media because the groups are rarely well moderated, and many people will see the posts.

Here's the problem if you think "well, it can't hurt" to share.

Move ahead a week or two, and the scammer has changed the fake "missing child" post that you shared to one kind of scam or another - and you're on the record as having liked it. Your friends and family see it. They trust you – and now they could be scammed too.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: ofo@dutchessny.gov website: www.dutchessny.gov/aging Social media: www.facebook.com/DutchessCountyOFA

THE 178TH DUTCHESS COUNTY FAIR

AUGUST 20 THRU AUGUST 25

RHINEBECK, NY



TRACY BYRD
TUES., AUG. 20
7:30 PM

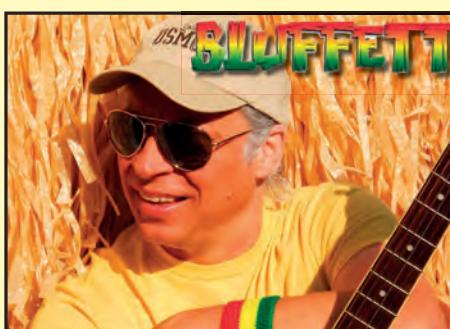
PRE SALE
CONCERT & ADMISSION
COMBO – \$45



RICK SPRINGFIELD
IN CONCERT!

WED., AUG. 21
7:30 PM

PRE SALE
CONCERT & ADMISSION
COMBO – \$45



BLUFFETT
JIMMY BUFFETT
TRIBUTE
THURS., AUG. 22
7:30 PM

FREE
WITH PAID ADMISSION



KAMERON MARLOWE

WITH SPECIAL GUEST
CONNER SMITH

FRI., AUG. 23
7:30 PM

PRE SALE
CONCERT & ADMISSION
COMBO – \$50



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