

Renegades in tough battle vs. Greenville for SAL title

By Rich Thomaselli

A step – now two - away from a league title.

The Hudson Valley Renegades are currently going for their first league championship since 2017.

Hudson Valley began the best-of-three finals in the South Atlantic League against the Greenville Drive late Sunday afternoon with the first game at Heritage Financial Park. Greenville is the high Class A affiliate of the Boston Red Sox.

Alas, it will have to be another come-from-behind effort – if it happens. That's because Greenville shut out the Renegades 2-0 in Game 1.

Both sides received strong starts from their starting pitchers with Jackson Fristoe tossing four scoreless innings in his High-A debut. The right-hander only had to work through one jam – in the fourth inning after two singles and a fielder's choice loaded the bases with two outs. Kristian Campbell grounded out to leave the bases loaded.

The Drive plated the game's first runs in the top of the sixth. After Baron Stuart (0-1) tossed a scoreless fifth inning, he walked the bases loaded in the sixth. Sebastian Keane entered and walked Ronald Rosario and Kristian Campbell to score Allan Castro and Bryan Gonzalez to give Greenville a 2-0 lead.

Luis Perales (1-0) stifled the Hudson Valley offense, allowing just two walks and a hit across six innings. The Renegades best offensive chance came in the ninth after Felix Cepeda hit Ben Cowles to begin the inning. Jared Serna singled to left field to place two runners on with no outs, but Christopher Familia

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Hardscrabble Day showcases community, local offerings

By Kate Goldsmith

The Village of Red Hook invites locals and visitors alike to Hardscrabble Day, a celebration of community and a showcase for Red Hook's history, organizations and businesses. The event, which features music, activities, food and more, will take place on Saturday, Sept. 23, from 10 a.m. to 10 p.m. The hub of the action is the municipal lot, although festivities are scheduled throughout the Village.

Activities are organized by age groups, with family and kids entertainment taking place from 10 a.m. to noon.

"We'll have what we call the 'Kidscrabble' in the morning," said Amy Smith, who chairs the Village's Events Committee. Programming includes a kid's yoga class, Hudson Valley Nutty Scientists, storytimes and – back by popular demand – the award-winning kid's rock band Ratboy Jr.

"Teenscrabble" will be from 1 to 4 p.m., with performances by the Rhinebeck School of Music, Community Music Space and the Rock Academy of Woodstock NY.

The Hardscrabble Main Stage opens at 4:45 p.m. with Red Hook Celtic Heels, followed by Brasskill, a lively party brass band whose mission is "to get your party out on the dance floor." Regional group



Music is always an intrinsic part of Hardscrabble Day in the Village of Red Hook. Set this Saturday, acts include (clockwise from top left) Ratboy Jr, Lara Hope & the Ark-Tones, Los Hacheros and Brasskill. Courtesy photos

Lara Hope and the Ark-Tones are next, playing rockabilly, roots rock n' roll, and rhythm & blues. Headliners Los Hacheros are modern-day torchbearers of the Golden Age of Latin music. Their beat revives folkloric styles like son montuno, guaracha and salsa, and often combining them with Bomba, a fiery rhythm from the mountains of Puerto Rico.

"As the afternoon winds down we set up the cider tent," said Smith. "It's fun; people enjoy it."

You must be 21+ to enter the tent, which features ciders and beers that are made locally, some using only local ingredients from Red Hook and surrounding towns, according to Smith. Three of those slated to be on hand are Rose Hill, Lasting Joy, and Abandoned Heart Cider.

"This year, the Corner Counter, a new

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Organization seeks local volunteers to help Ukrainian refugees



The N family from Ukraine includes Yasmina, Karina, Olya and Anton, plus Jenn Moak of NA4U and her friend Chris. Courtesy photo

By Stacey Vanden Thoorn

North America for Ukraine (NA4U), a sponsor-matching organization, is seeking volunteers to help with the process of safely bridging the gap for resettlement support of Ukrainians who have had to flee their country due to the ongoing war against Russia.

St. John's Reformed Church in Red Hook was the site of a recent presentation where volunteer Jenn Moak, Director of NA4U U.S. Resettlement, and a family of Ukrainian refugees presented information to educate the

local community about NA4U's goal to provide assistance with the immigration process of host families. Employment opportunities and general resources are also needed in an effort to support Ukrainians through the process of resettlement as there is still a waiting list of well over 10,000 Ukrainians in need.

The project does not have any religious affiliation and is completely volunteer driven.

The federal state department oversees their work to assure

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Six libraries to host disaster preparedness training

Hudson Valley residents can access crucial disaster preparedness training at six Mid-Hudson Library System Library of Local (LoL) locations this autumn. As severe weather events become more frequent and more extreme, it is more important than ever that New Yorkers are prepared for disasters.

The NY Citizen Preparedness Training teaches residents to have the tools and resources to prepare for any type of disaster, respond accordingly and recover as quickly as possible to pre-disaster conditions. Participants will be advised on how to properly prepare for any disaster, including developing a family emergency plan and stocking up on

emergency supplies.

Classes are taught by New York National Guard Service Members and experts from the New York State Division of Homeland Security and Emergency Services (DHSES) and local Emergency Management personnel.

Training session dates, times and locations are as follows:

Wednesday, Sept. 27, at 6 p.m.
NorthEast Millerton Library, 75 Main St., Millerton
(518) 789-3340

Tuesday, Oct. 3, at 3 p.m.
Millbrook Library, 3 Friendly Lane,

Millbrook
(845) 677-3611

Wednesday, Oct. 11, at 5 p.m.
Mountain Top Library: 6093 Main St., Tannersville
(518) 589-5707

Wednesday, Oct. 25, at 5 p.m.
Roeliff Jansen Community Library (Ancram, Copake, Hillsdale), 9091 State Route 22, Hillsdale
(518) 325-4101

Friday, Nov. 10, at 5 p.m.
Claverack Free Library: 629 NY-23B, Claverack

(518) 851-7120

Thursday, Nov. 16, at 6:30 p.m.
Morton Memorial Library & Community House, 82 Kelly St., Rhinecliff
(845) 876-2903

Seating will be on a first-come, first-served basis. Registration encouraged for most locations; contact the hosting library.

The Library of Local is a partnership between Partners for Climate Action Hudson Valley and the Mid-Hudson Library System. To learn more, visit libraryoflocal.org.

Organization seeks local volunteers to help Ukrainian refugees

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compliance. So far, the New York State Chapter has helped 200 refugee families, of which many consist of single parents, parents of children with disabilities and senior citizens who have lost their homes in Ukraine.

According to Moak, NA4U does its best to prioritize families as best they can in the order of need. Moak herself decided to get involved after watching the news last March and was moved to get involved to do something to be part of a solution.

"After seeing the images of people huddling in basements with their families and pets, I could not sit idly by," said

Moak. "I'm a concerned citizen. I also hate bullies. I could not be a bystander and watch without doing anything."

Since then Moak has taken the helm as volunteer director to help displaced Ukrainians and to recruit volunteer sponsors who are able to help in the process of either hosting families or willing to manage the paper side of the process regarding application filing and documentation submissions.

For the past 18 months, Moak, also a host to a refugee family in her own home, has learned a lot about the Ukrainian people.

"From my interactions with so many

refugees, I have come to the understanding that Ukrainians are very fiercely independent and proud. They are determined to get out on their own and to return to their lives by either staying here in the US, finding housing and employment or to return back to the country they love," said Moak. "It is the goal of NA4U to support Ukrainians through the entire process."

According to Moak NA4U has helped several communities around the country start sponsor circles that involve several volunteer families within a specific locale who volunteer to bring Ukrainian families in need to their area, and work together to help the newcomers get settled in.

"Sponsor circles help provide housing and create a small community for the refugees to feel at home. A community like Red Hook would be a great place to foster a sponsor circle," said Moak, who is dedicated to providing information and direction to anyone interested in starting a sponsor circle in their community.

Anyone interested in learning more about how to help with NA4U is encouraged to contact Jenn Moak, Director of U.S. Resettlement at jennifer@na4ukraine.org. You can also find North America for Ukraine on Facebook and Instagram, as well as at www.na4ukraine.org.

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Paul Butler, Kate Cox take top honors at 12th Rhinecliff Fire Co. Field Day

The Rhinecliff Volunteer Fire Co. & Rescue Squad held its 12th Annual Field Day and Chili Cook-Off on Saturday, Sept. 16, at Firemen's Field in the Hamlet of Rhinecliff with a dedication and ribbon-cutting ceremony for the newly constructed picnic shelter.

With the crowd gathered, Event Chair Cynthia Baer brought attention to the work the Rhinecliff Fire Co. has done to improve the quarter-acre of open space and Rhinebeck Grange and Morton Library have been doing to create pollinator beds on the borders of the field and thanked all the people who have contributed to the completed project.

In the Chili Cook-Off, the first place \$100 prize was awarded to Paul Butler and his sous chef Ivan (Happy) Metzke (age 12) for their Fire Roasted Chili. Second place, a \$50. Prize, went to Zach and Clem Bendiner and Henry Henry Loosvelt, for Rhinecliff-Style Chili, (Vegetarian); and honorable mention to

Michelle Turck for her Chicken Chili Verde. Paul Butler, was also voted the People's Choice for the 2nd year in a row. The winning chili was thick, had a smoky taste with a nice combination of meat, spices and vegetables.

There was a record number of 13 chili entries this year, giving the judges the hard task of deciphering the best taste combinations.

The pie contest was equally competitive with a record number of 11 entries. First place with a \$100 prize went to Kate Cox for her Blueberry Berry Pie. Second place was awarded to MacKenzie Lewoc for her Peach Pie and Honorable mention going to Jen Mills for her Pecan Pie.

With a crowd of over 100 people, Baer said, "This is exactly what I envisioned for this space 12 years ago. I am so happy that it has come to fruition and grateful for everyone support and to live in this Hamlet."



The Winner's Circle at the Rhinecliff Volunteer Fire Co. & Rescue Squad's 12th Annual Field Day on Sept 16 were, from left, MacKenzie Lewoc, Zach Bendiner, Clem Bendiner, Jen Mills, Michelle Turck, Paul Butler and "Happy" Ian Metzke. Not pictured is pie winner Kate Cox. Courtesy photo



Pie Judges Chris Dorsey, Matt Schreiber and Avery Gilbert taste some of the record 11 entries, Courtesy photo. Left: Kate Cox prepared this Blueberry Berry Pie and won first place. Photo by Curtis Schmidt



Chili judges Patricia Wind, Sue Sie and Sandy Bartlett check out some of the record 13 entries in the competition. Courtesy photo

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& Creative Living

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Publisher
Albert Osten

Executive Editor/
General Manager
Curtis Schmidt
cschmidt@sdutchessnews.com

Editorial/Creative Director
Kate Goldsmith

Reporters
Kristine Coulter
Rich Thomaselli

Contributing Writers
Jim Donick
Stacey vanden Thoorn

Advertising Representative
Richard Wambach
845-417-5377
richardlw47@gmail.com

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cschmidt@sdutchessnews.com
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84 East Main Street
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845-297-3723

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- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
- Letters referring to news stories must mention the headline and date of publication.
- The Northern Dutchess News will not be used as a vehicle to place misinformation.
- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Northern Dutchess News.

LETTERS TO THE EDITOR

*NOTE: Letters to the Editor do not necessarily reflect the views of the Northern Dutchess News.
Letters must be e-mailed to be considered for publication. We cannot accept handwritten or faxed letters.*

Political signage rules in the Town of Pleasant Valley

To the editor:

It's very likely that Pleasant Valley readers have been confused at the appearance of one party's political lawn signs at public intersections in our town, while the opponents' signs appear only on private property. There is an explanation.

On July 17, 2023 the Town Board unanimously adopted a resolution to enforce the town code which prohibits the placement of political signs on public rights of way. Before anyone invokes the First Amendment, please note that towns were given this authority by the United States Supreme Court in Reed vs. the Town of Gilbert, so long as the prohibition is enforced equitably.

The Pleasant Valley resolution states that "The Town Board advises the Zoning Administrator and the Building Inspector to aggressively enforce going forward the Town Code of 98-46, subsection (e), number 7, to remove any signs because they are not on private property and they will be placed behind town hall and they will be kept for at least 7 days for people to pick up, or they will be disposed of."

For some six weeks this resolution was respected by all parties, and the occasional violation was dealt with jointly and amicably. The Board of Elections and County Chairs were notified.

Unfortunately, on Aug. 31 one party decided to violate the code and launched a blitz of improperly placed signs at various highway intersections.

All other parties continue to scrupulously respect the code.

To their credit, Town code enforcement officials have begun to remove the illegal signs, and one can only hope that (A) the perpetrators will desist from their code violations, and (B) that the proper removals will take place fairly, universally and promptly.

It is regrettable that some who would aspire to public office consider it appropriate to promote their cause by violating the very code which they would take an oath to uphold!

Gully Stanford
Salt Point

Weishaupt a 'true law-and-order' candidate

To the editor:

The recent smash and grab robbery at the Home Depot in Wappingers Falls highlights the clear advantage of electing the Republican candidate for District Attorney in November - Matt Weishaupt.

The defendants, who (allegedly) came to Dutchess County from Brooklyn, (allegedly) assaulted a brave employee who tried to stop them from (allegedly) stealing electronics worth thousands of dollars. They then (allegedly) led five different law enforcement agencies on a chase that injured another motorist before finally being stopped and arrested on Route 84 in Putnam County.

Matt Weishaupt has been a member of the Dutchess County District Attorney's office for over 35 years. He currently serves as the Chief Assistant DA and skillfully oversees all administrative functions of that office. He spearheaded the successful prosecutions of three street gangs during his extensive career in the courtroom: the Mad Drama gang in 2000, Partner N' Crime in 2007 and a famous national gang in 2013.

The reason the criminals are stealing all over the state is because Democrats in Albany, aware of the consequences, want it so. They passed bail reform and decriminalized most larceny crimes in New York. So, what would one expect? And store employees are scared. These smash-and-grab crimes are now occurring in our own Dutchess County retail stores.

We need a true law-and-order candidate who will not coddle these criminals and pursue justice to the full extent of the law. Endorsed by both the Republican and Conservative parties, Matt Weishaupt will keep our community safer as our next District Attorney.

Please join me in voting for him in November.

David L Smith
Fishkill

The 'great experiment' is failing

To the editor:

One might hope that the lack of choices in political parties would become routine, or maybe even painless. For decades, our entrenched, corporate funded parties have had little to offer the rest of us. Not healthcare or education. Not housing or daycare. All our money goes for billionaire tax cuts and for endless wars abroad.

Perhaps the two major parties attack each other so viciously because they have so little to fight about. Some say the world will end because the Republican Party is so racist, misogynistic, homophobic, and just plain stupid. Others point to the possibility that the Democrats will bring our Anthropocene to an end, because they are mealy mouthed when it comes to just about everything besides starting new wars. Victoria Nuland and Antony Blinken have things set up so precariously, that if Russia won't retaliate, then maybe China will. If Iran won't attack, well then Niger might. The US has bases in over 70 countries, so these warmongers have plenty to choose from. And every time we turn around, another 10 billion is being sent to inflame some additional conflict. One doubts the Pentagon even knows how many wars the US is in.

How did our sublime Constitution bring us to this? Its words are noble, even inspiring. But look at the results: two parties that only work for war. The Republicans want a war against gays, Blacks, women, and immigrants. The Democrats want a war against the rest of the world. How did our great experiment in democracy fail so badly?

Fred Nagel
Rhinebeck

Hoping American survives our 'war from within'

To the editor:

I see our country divided and think of the words of Abraham Lincoln - "A house divided against itself cannot stand."

Democracy has always been about conflicting views that the group resolves by compromise. We are at war from within by virtue of the January 6th insurrectionists led by the MAGA Trumpites and associated hate groups. You have to ask what kind of country do they really want other than a dictatorship led by Donald Trump that is led by psychopathic death and other threats against those that oppose them.

Some events trigger a line of thought. My event was a trip to the VA hospital in the Town of Fishkill where I saw banners on the utility poles with pictures of U.S. Military personnel who had died in service to our America. The actions of the deceased service people were diametrically opposed to the January 6th participants who chose an attempt to destroy our government.

How can we view this threat? The January 6th insurrectionists were seen attacking the U.S. Capitol many times on news shows. We know that over 1,000 have been identified, and we see pictures of some being sent to prison. How do we view and honor the military persons - they are more than just a name, rank and serial number and seeing their pictures remind us that they were human beings like the rest of us - but who died for this America.

This type of banner showing their images, as seen in Fishkill can also be seen in Kingston (and other area communities). Would it have the same effect if the banner would only show their name with no view of a face? Other communities in our area have monuments with brass plaques such as at Poughkeepsie, Rhinebeck, Red Hook and Tivoli. These show all of the names of those who served and if you look closely on some there may be a little Star denoting KIA (killed in action).

I hope the country will survive with a democratic government as it has through previous wars.

David F. Queen
Rhinebeck

Never Forget: Ukraine helped the U.S. after 9/11; so we must continue to support Ukraine now

To the editor:

These past few weeks, the hillside in front of Stanford's Town Hall has again hosted its poignant reminder to Never Forget the attacks this country suffered on September 11th, 2001 and to always remember the sacrifices of those who answered the call to duty both on that day and in the weeks, months, and years which followed. We thank the leaders of the Stanford Fire Company for this annual testament to the victims and heroes and to the national unity which coalesced around the events of that day.

International unity followed as NATO answered our call, and non-NATO countries as well, including Ukraine, who provided boots on Afghanistan's ground in support of America. We must not forget this just as we must not forget the security guarantees we committed to Ukraine when they gave away their nuclear weapons, just as we must never forget the impunity of Stalin's Russia, which on September 17th, 1939, entered WWII by joining with Hitler's Germany to divide up Poland.

We must not forget the destabilizing role Russia has played around the globe and continues to play today overtly in Ukraine, Georgia, Moldova, Syria, and in countless African countries where the instability sowed by Russia will deliberately provoke another wave of refugees intended to fragment European unity.

The unity provided to us by 9/11 has long disappeared. But we still agree on some things. Despite daily barrages of disinformation, 70 percent of Americans know that Ukrainian victory is in our core national interests, and people from both sides of the aisle call for more support for Ukraine.

Leaders such as Senators McConnell and Graham, and Former Vice President Pence argue that sending sufficient weapons and ammunition for Ukraine's victory is the cheapest and best investment we could ever make for our National security and stability in Europe. Despite the 9/11s Ukraine experiences weekly, some argue that it's time to negotiate with Putin – a man who has never honored any agreement he's ever signed.

Just as we did not negotiate with Osama Bin Laden, no one should expect Ukraine to negotiate when 20 percent of her land and millions of her citizens are enduring torture, rape and barbarity. We must not forget them and the other victims of Russia.

As we remember our own times of trial, please join the voices supporting Ukraine continuing by contacting our Congressional Representative and Senators to demand continued support for Ukraine.

Mark Lagus and Leevi Ernits
Bangall

Renegades in tough battle vs. Greenville for SAL title

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hit into a double play and Jesus Rodriguez flied out to end the contest.

The second game was scheduled for Tuesday night in South Carolina. Game 3, if necessary, was scheduled for Wednesday night in South Carolina.

This is the first playoff appearance since the Renegades became a New York Yankees affiliate three years ago.

Hudson Valley got to the finals by defeating Jersey Shore in the divisional series, two games to one. In the third and deciding game last Friday, Jersey Shore took an early lead with a run in the top of the first against Brock Selvidge. After a one-out double from Otto Kemp, Felix Reyes singled him home to give the

BlueClaws a 1-0 lead.

Just like Game 2, Hudson Valley responded with a run in the bottom half of the first. Ben Cowles led off the frame with a triple, and later in the inning, Rafael Marcano (0-1) threw a wild pitch that scored Cowles to tie the game at 1-1.

The Renegades took the lead in the second after Rafael Flores led off with a double, he scored on a Cowles single to give the Renegades their first lead at 2-1. A sacrifice fly from Alexander Vargas scored Flores in the fourth and padded the Renegades lead at 3-1.

Hudson Valley lost the first game of the series against Jersey Shore, 2-1, but rebounded to take the second game 6-2.

Fair directors thank all for support in 2023 event

The Dutchess County Fair has wrapped up for another successful Fair season, according to Fair organizers. From animals, agriculture, exhibits, entertainment, food and fun, there was definitely something for everyone.

"Our Board of Directors is very pleased with this year's Fair. The dedication of fair-goers, staff, volunteers, vendors, livestock exhibitors, competitors, safety and security partners and so many others who go above and beyond are what makes us the summer's most anticipated event," said Andy Imperati, President/CEO of the fairgrounds. "It's an absolute pleasure for our team to bring

the Dutchess County Fair to the community every year. We look forward to seeing everyone again in 2024."

Attendance was solid despite a couple of iffy weather days with the Fair welcoming 280,443 guests through the gates. "We consider our 177th Fair to be a success and all of that is made possible by the continued support of our community. I would like to express my sincere thank you to our guests for supporting the DC Fair and everyone who came out to see us," said Imperati.

Fair organizers are already planning to welcome everyone back Aug. 20-25, 2024 for the 178th Dutchess County Fair.



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Hardscrabble Day showcases community, local offerings

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eateries, will be selling packaged salads and sandwiches only in the evening," Smith added. "There's a cordoned off area, a biergarten, just like they do at the Fair. You can get those snacks inside or outside that area."

Community organizations located in Red Hook, as well as some county-related groups, will be at the municipal lot.

"We told them [they] have to bring an activity," said Smith. "My experience is if you have a highly interactive element, people will spend more time [with the

organization]."

One such organization, Historic Red Hook, will launch its third annual Cemetery Crawl at Hardscrabble Day. This event is both a competitive Scavenger Hunt and a self-guided tour of six Red Hook cemeteries that offers highlights of the lives of interesting individuals and their memorials. Join them at their booth for crafts, from 10 a.m. to 4 p.m. in the municipal lot. Visit www.historicredhook.org for more information.

Throughout the business district, busi-

nesses will host activities and demonstrations, as well.

"There will be shout-outs from the stage about these activities," said Smith.

St. Paul's and St. Christopher's churches will host vendors selling various products on their lawns, as will Red Hook Public Library, Burnett and White Funeral Home and others.

There will be food trucks and a picnic area.

"Red Hook Responds' Mobile Kitchen will do some modern twists on summer

barbecue – sliders and a kids menu and some other things," said Smith. "The women of Aloha Taco are making Lemon Love lemonade, popcorn and snacks; Del's is going to be selling ice cream during the day."

Although some picnic tables will be available, Smith suggests folks bring their own chairs.

While Hardscrabble Day has been a community celebration since the 1970s, its scope has changed somewhat in recent

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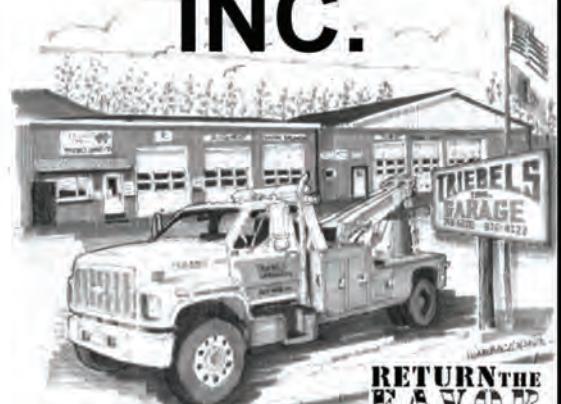
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Veterans' One-Stop to be featured in Discovery Network series

Veterans programming producer to move operations to Pleasant Valley Campus

Lights, Camera, Action! Exciting things continue to happen at the new Mental Health America's (MHA) Dutchess County Veterans One Stop location on Route 44 in Pleasant Valley. We have had record numbers of veterans and their families coming in to see us at Dutchess County Veterans Services, as they take advantage of the full spectrum of services offered by in this convenient "one stop" location.

And now there is a great new addition to the Veterans One Stop! Global Center Social Entrepreneurship Network (GCSEN) Foundation has joined our Dutchess County Veterans Services, MHA's Veterans Programs, Veterans Sportsmen Association, Hudson Valley Veterans Alliance and the VA with a new location in the building.

GCSEN Foundation's mission is to enable people to create meaningful change in their lives and their careers by inspiring, teaching and supporting social venture founders and their teams. They help people to discover and leverage their passion and purpose to have an enduring impact that moves the world to a better place.

One of GCSEN Foundation's signature projects is new veterans-focused, 12-episode TV series for the Discovery

Network's Destination America called "Veterans Playbook," which is slated to premiere on October 4. On "Veterans Playbook," GSCEN finds and features inspiring veteran ventures. Each story is a journey into a Hero's military experience, and their transition to civilian life and entrepreneurship.

GSCEN sees "Veterans Playbook" as a strategic catalyst to increase U.S. veteran entrepreneurship. Veterans today have one of the lowest business formation rates of any U.S. demographic group. The "Veterans Playbook" is a show with a purpose – to inspire active military and existing veterans to consider business ownership as a viable path to success and fulfillment. According to GSCEN, 30-40% of America's 16 million veterans each day face food insecurity, housing challenges, economic difficulties, and for some, even a debilitating lack of purpose, with 17 veterans committing suicide each day.

The "Veterans Playbook" shows how the entrepreneurial process has powerful healing properties for veterans driven by passion and purpose to serve others. Through a business customized to leverage a veteran's uniqueness, a sense of belonging and camaraderie is created within a highly supportive veteran entre-

preneur ecosystem.

So how did GCSEN wind up at the Dutchess County Veterans One Stop?

We met with GCSEN, Founder & CEO, Mike Caslin, during the development of the "Veterans Playbook" series, to help the show's producers identify veteran entrepreneurs and veterans' organizations that are part of the ecosystem that helps returning vets successfully make the transition back into civilian life. We are excited that Dutchess County's own Hudson & Packard, founded by U.S. Army veteran Charlie Webb, will be the focus of one of the episodes. Show producers also filmed here at the Veterans One Stop for the opportunity to talk one-on-one with local veterans. The producers were so impressed by the layout of the facility and the services offered here. The synergy of all involved and the future possibilities the producers envisioned excited them about what a special place the Veterans One Stop is and can be.

So special, in fact, that on September 1, GCSEN moved its entire operation from their Kingston based office and took up residence in the first unit of the Veterans One Stop and will now be working side by side with us in our common mission to assist those who have served our country so faithfully.



Adam Roche, Director for the Dutchess County Division of Veterans Services

GCSEN Founder Mike Caslin believes this one-stop concept is a proven model that can be accelerated and adapted by counties and communities across the country. GCSEN has done extensive research and interviews with veterans organizations across the state and the country, and it was clear to Mike that what is happening here is a leadership model for empowering veterans. He went on to say that we all have a social responsibility to play a part in healing and enriching our Vet's lives as they face many emotional and life challenges transitioning from active duty to civilian life.

We are excited to welcome GCSEN as our newest neighbor at the Veterans One Stop and eager to work with them on our common mission of serving and empowering all veterans who have served our country.

We will keep you posted as we learn more about specific air times for the "Veterans Playbook" on the Discovery network. In the meantime, stop in to see us at Dutchess County Veterans Services and check out GCSEN's new location at the Veterans One Stop.

You can also call us at (845) 486-2060 or email us at veterans@dutchessny.gov for an appointment. We are here to serve you.

Hardscrabble Day showcases community, local offerings

continued from page 6

years, particularly since the pandemic.

This is the third Hardscrabble Day since Karen Smythe became Mayor in 2021.

"We were just in the middle of coming out of Covid ... and it's a whole new volunteer team, [so] what we really felt we wanted to do was to create an event to bring the community together," said Smythe. "One of the things we did differently last year, the night before we did a Neighbors Night. We had the tents set up and Red Hook Responds cooked [from their mobile kitchen].

Smythe declared Neighbors Nights "a

win-win all around."

She said, "The neighbors came out. People who hadn't been interacting since Covid were coming back out. The idea is to get the neighbors together. [It's] not a big production, we don't serve alcohol, it's an opportunity for people to just enjoy being together."

Smith said, "There is a dedicated small crew of community members that help to make [Hardscrabble Day] happen." In addition to Smith and Smythe, the Hardscrabble Day Subcommittee includes Deputy Mayor Melkorka Kjarval, Agatha Bacelar (Chamber of

Commerce), Corrine Molinaro (Digital Media), Sara Ugolini (Director of Red Hook Community Center), community member Jeff Walsh, Sarah deVeir (Bard CCE) and community member Cicily Wilson.

The Old Dutch Village Garden Club sets up decorations throughout the business district.

"They're really lovely, pointing arrows to the different orchards," said Smith. "One of the ideas is we encourage people to explore the pick-your-own options."

One of the big changes in recent years was the decision to separate the parade

that had been part of the Hardscrabble tradition. That parade now has a Halloween theme and will take place on Oct. 28 this year.

Hardscrabble is a rain-or-shine event.

"No matter the weather forecast, it's gonna be a beautiful day," said Smythe. "This is an opportunity for us to highlight what we have here. That's been fun, the last couple of years. We're trying to make it an event for our community, and we welcome anyone to join us and get a flavor for what it's like in our community."

For more information, visit www.hardscrabbleday.org.

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Stanford celebrates community, volunteering



From top - Danielle Sundberg, director of Children's Programs at the Stanford Library, illustrates creative games with local youngsters. Cristofer and Amy Villarreal of Stanfordville, get a close-up tour of a fire truck with Town of Stanford firefighter Randy Perumal. Amy Titcomb, District Technician with the Dutchess County Soil and Water Conservation District is pictured with Mason Curtis of Stanfordville. The exhibit shows how streams function and can erode sediment.

From top, the Town of Stanford Citizens of the Year for 2023 are Christa and Ed Cerul. They are pictured with their daughters Lauren (left) and Heather. Christa is the director of the Stanford Library and Ed is the Assistant Chief with the Town of Stanford Fire Department. Members of the Stanford "Forever Young" club include, from left, Clo Brewster, Gloria Heuer, Barb Mauer, Peter Pressmar and Anne Danko. Nic Gregson, Kathy Berstell and Jay Russell of the Stanford Lions Club were raising funds with locally grown vegetables and a food basket with items from area merchants. Members of the Stissing Mountain High School Chorus sang the National Anthem and a variety of songs aimed at a theme of people in small communities coming together and helping one another. Photos by Curtis Schmidt

FeedHV, Red Hook Responds collaborate for second annual food rescue at the DC Fair

Amid the flurry of activity as the Dutchess County Fair closed on Sunday night August 27, a team of volunteers from Red Hook Responds fanned out across the Fairgrounds to collect excess food products from vendors. This was the second annual collaboration between Red Hook Responds and FeedHV to collect viable, but unserved food products for distribution to agencies with food assistance programs.

Working until around 10 p.m. that night, the volunteers circulated with coolers, and loaded the trays and bags into a trailer which headed back to the cold storage at Red Hook Responds, and then for distribution to agencies. The group collected over 670 pounds of a variety of food products.

Administered by Hudson Valley AgriBusiness Development Corporation (HVADC), FeedHV is a regional food rescue and harvesting network operating throughout Dutchess, Orange, Ulster, Columbia, Greene, Putnam and Sullivan counties. It links donors of prepared, but unserved, food and fresh produce with nonprofits and food assistance programs. Through an app-assisted network of food donors, volunteers and feeding agencies, FeedHV facilitates the harvesting, processing and distribution of locally grown or produced agricultural products, shelf-stable food donations and prepared nutritious foods. Among the donors are restaurants, farms, food makers, stores, hotels, institutions and universities – and now the Dutchess County Fair. The food assistance programs include food pantries, soup kitchens and shelters.

"Building off last year's collection, we received a nice reception from the food vendors when we canvassed them, and who were well aware of the end-of-Fair rescue," said Jeung-il Tsumagari, former Executive Director, Red Hook Responds, who acted as the FeedHV coordinator this year. "It's hard to gauge what the true donations will be at the end of an event such as the Fair, since the vendors' inventories are affected by so many factors, including weather and attendance. We were very pleased to be able to collect slightly more than we did in 2022," she continued.

In all, 16 vendors made donations, which included various produce (lettuce, corn, potatoes, garlic, scallions, cucumbers, lemons, carrots, celery, tomatoes, onions, peppers, broccoli), prepared food such as rice and beans, chili, pizza, vegetables, and empanadas; various breads

and rolls, deserts, cheese, dressings, condiments, macaroni salad, coleslaw, and cooked meats such as beef, chicken, gyro meat, and sausages.

"The success of the event is a testament to the good people of Northern Dutchess, from the Dutchess County Fair staff and vendors, to the volunteers from Red Hook Responds. This type of food rescue event requires coordination, dedication and a commitment to save food for those in need. We cannot thank all who participated enough for the work they did as the fair ended, and made this our second success with the Fair," said Mary Ann Johnson, Deputy Director of HVADC.

Back at Red Hook Responds, the donations were being organized for distribution, and in the coming days, FeedHV volunteers also transported items to receiving agencies, including to Hope on a Mission and Hudson River Housing in Poughkeepsie; and Peoples Place, Darmstadt Shelter and Seasoned Gives in Kingston.

Volunteering for the Red Hook Responds teams was a family affair, much as it was in 2022. Among the crew were three generations of the Beck family returning for their second time volunteering at the event, and Tim and Madison Curry who joined the team this year.

"I am so pleased that we were able to once again work with FeedHV and get product to the Hudson Valley food banks and people who can use it. We have had other Fairs pick up on the idea and are pleased to part of this grass roots effort. It is truly a testimony to teamwork! It could not be accomplished without the dedicated people involved, from the organizers, to the collectors, to the very Fair vendors themselves," said Deborah Aschmann, Concessions, Vendors & Partnerships, for the Dutchess County Fair.

This year's Dutchess County Fair featured approximately 100 food vendors across the fairgrounds, including the Grange, 4H and Midway areas. However, many are not suited to participate in a FeedHV collection, such as those whose primary business is to serve alcoholic beverages or frozen or other confections.

To learn more about FeedHV, its donor and volunteer programs, visit www.feedhv.org. To become a food donor, contact info@feedhv.org. To make a monetary donation to FeedHV, visit <https://www.feedhv.org/donate-today>.

COMMUNITY CALENDAR

Stanford Grange to host Fall Penny Social

Stanford Grange #808 will host a Fall Penny Social on Saturday, Sept. 23, at the Stanford Grange Hall, 6043 Route 82, Stanfordville. Doors will open at 5:30 p.m. (strictly enforced) and calling begins at 7 p.m. There will be penny prizes, \$1 table, homemade baked goods, theme baskets, 50/50 drawing, and door prizes. Fall, Halloween, and Thanksgiving items will be featured. The Grange Youth will have refreshments for sale.

Please, no outside food as it takes away from this fundraiser for the Grange Youth. Total proceeds benefit Stanford Grange's ongoing Community Service Projects. For more information, contact Grange Secretary Ryan Orton at (845) 868-7869.

Rummage Sale set Sept. 23 at St. Paul's in Poughkeepsie

St. Paul's Church, 161 Mansion St., Poughkeepsie, will hold its Annual Rummage Sale on Saturday, Sept. 23, from 10 a.m. to 3 p.m. (Rain Date: Sept. 30). Featured will be clothing (women's, men's and children's), knick knacks, pictures, cookware, lamps, utensils and more. Hot dogs, chips, soda and water will be for sale.

The church is accepting items for the Rummage Sale on Wednesday, Sept. 20, 1:30-3:30 p.m.; Thursday, Sept. 21, 4-6 p.m.; and Friday, Sept. 22, 11 a.m.-2 p.m. If you are unable to bring your items during those times, please call the church at (845) 452-8440 to arrange another time.

Vassar Temple High Holy Day Services

Vassar Temple invites the community to worship on Yom Kippur, which begins the evening of September 24. The congregation's clergy Rabbi Renni S. Altman, DD and Cantor Elizabeth Goldmann will officiate. Most of the High Holy Day programming will be hybrid (available both in person and on Zoom) and will be adapted to that format. There will be professional security present. Visit www.vassartemple.org for current health and safety policies, and for the complete service schedule. Any updates will be posted there.

No fee is involved but everyone wishing to attend must contact the Temple and register in advance, and donations to help defray our expenses are appreciated. The congregation is also accepting donations of nonperishable foods for its annual Yom Kippur Food Drive to benefit a local food pantry.

Vassar Temple, 140 Hooker Ave, is a welcoming, inclusive congregation located in Poughkeepsie, and is a member of the Union for Reform Judaism. For further information, and to sign up to attend, contact office@vassartemple.org or 845-454-2570.

Milbrook Historical Society meetings

Milbrook Historical Society hosts programs on the third Thursday of the month at 7 p.m., at the Milbrook Library, unless noted otherwise. The schedule for the remainder of the year includes:

Sept. 21: Exploring the Anthony Family Collection, Archive Committee

Oct. 19: Washington Precinct: Fate of the Poor prior to the 1864 County Almshouse. Speaker: Will Tatum, Dutchess County Historian.

Nov. 16: The Bacons: A Local Gentleman Farmer and a Celebrated Actress of the 20th Century. Speaker: Ezekiel Sanger, Marist College graduate.

For more information, contact Robert McHugh, President, at (845) 677-4381 or millbrookhistoricalsociety@gmail.com.

Clinton Volunteer Fire Department sets annual Surf & Turf Sept. 30

The Clinton Volunteer Fire Department will hold its 42nd annual Surf & Turf Dinner on Saturday, Sept. 30, at 5 and 7 p.m. (sit down). Take out will be ready for pick up at 6 p.m. The cost is \$22 regular, \$32 super size. Reservations are required; call (845) 266-5485.

Miles of Hope Walk set Oct. 1

Miles of Hope's Community Walk for Breast Cancer is set Sunday, Oct. 1, at James Baird

State Park. The opening ceremony is at 9:30 a.m. and the walk will begin at 10 a.m. Arrive early and check out raffles and merchandise for sale.

The 2023 Honoree is Tammy (Tierney) Laird, who lost her battle with breast cancer in 2020.

Advance registration is required at <https://p2p.onecause.com/mohwalk>.

This is a rain-or-shine event.

Pok Elks' Flea Market set Oct. 8

There will be a Flea Market on Sunday, Oct. 8, from 9 a.m. to 5 p.m., at the Poughkeepsie Elks Lodge, at 20 Overocker Road in Poughkeepsie. There will be 20 vendors, and food will be available for purchase.

Bartender Wars set Oct. 12

The Rhinebeck Area Chamber of Commerce will hold its 6th Annual Bartender Wars on Thursday, Oct. 12, from 5 to 7 p.m., at Terrapin Restaurant in the Village of Rhinebeck. Come see who will take home the big prize: Best Cocktail! It's a fun, festive evening full of spirited enjoyment. Proceeds help support Chamber initiatives.

The cost is \$50 per person. Tickets must be purchased in advance. Go to rhinebeckchamber.com to register.

Meeting schedule for County's Mental Hygiene Board

The Dutchess County Mental Hygiene Board meets on the third Monday of each month except for January, February and June (which due to holidays are held the fourth Monday of those months) and there is no meeting in August.

Upcoming meetings will take place at 230 North Road, Poughkeepsie, on Oct. 16, Nov. 20, and Dec. 18.

The public is welcome to attend. For more information, contact (845) 486-2754.

Rhinecliff Soup Sales schedule

It's time for Fall Rhinecliff Soup Sales. Sponsored by Rhinebeck Grange #896.

Mark your calendar: Thursday, Oct. 19; Thursday, Nov. 16; and Thursday, Dec. 14.

\$10/quart, takeout only, 11 a.m.-12:30 p.m., at the Rhinecliff Firehouse, corner of Shatzell and Orchard, Rhinecliff. Pick up at the side window on Orchard.

Email JoBaer2@gmail.com to get the soup choices for each month and to preorder online; or call Joe Baer at (845) 876-6488 for more information.

FARMERS MARKETS

Arlington: Vassar Alumnae Lawn, 123 Raymond Ave., Poughkeepsie. Thursdays, 2-6 p.m., through Oct. 28. www.arlingtonhasit.org

Chatham Farmers & Makers Market: 248 State Rte. 295, The Green at the Old Chatham Bowling Alley. Fridays, 3-7 p.m., through Oct. 6. info@chathamfarmersmarket.com

Copake/Hillsdale: Roeliff Jansen Park, Hillsdale. Saturdays, 9 a.m.-1 p.m., through Nov. 18. copakehillsdalefarmersmarket@gmail.com

Germantown: 50 Palatine Park Rd., Germantown. Saturdays, 10 a.m.-1 p.m., through Oct. 14. germantownfarmersmarket@gmail.com

Hudson: Corner of 6th St. & Columbia St., Hudson. Saturdays, 9 a.m.-1 p.m., through Nov. 18. (518) 300-3496

Hudson Thursday Market: 7th Street Park, Hudson. Thursdays, 4-7 p.m., through Oct. 26. upstreetmarket@gmail.com

Hyde Park: Paul's Hyde Park Farmers Market, 4390 Rte. 9 (across from Town Hall), Hyde Park. Saturdays, 9 a.m.-2 p.m. through October. (845) 229-9336 or oakgreen@optonline.net

Millbrook: 3263 Franklin Ave., Millbrook. Saturdays, 9 a.m.-1 p.m. through Oct. 28. millbrookmarketmanager@gmail.com

Millerton: Millerton Methodist Church, 6 Dutchess Ave., Millerton. Saturdays, 10 a.m.-2 p.m., through Dec. 30. paul@neccmillerton.org

Rhinebeck: Municipal Parking Lot, 61 E. Market St., Rhinebeck. Sundays, 10 a.m.-2 p.m., through Dec. 17. www.rhinebeckfarmersmarket.com

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BBQ at my Uncle's

The term 'eating crow' takes on a new meaning.

Growing up, we always ate different things. It never occurred to us that it was weird until we started going to school and heard of the exotic concoctions from our classmates. Rabbit was something we ate quite often. Chicken gizzards were standard fare. Of course, calamari and scungilli but only because back then no one really knew of it yet. Eel was another one.

However, one thing that came across our table was something I just couldn't stomach.

I was around 7 years old, and we were eating at my uncle's house. He had just gone hunting on his property and brought back what he had caught.

Dinner at my uncle's house was always fun. A long table would be set up outside under this huge grape vineyard with bottles of homemade wine, crusty bread, bottles of Pellegrino and 7up. Grace would be said in Italian, then salad and pasta would be served with fresh grated Parmesan cheese.

Conversation would be centered on our gardens, whose wine was better and how our relatives in Italy were getting along. As young children we were expected to keep our voices down, not interrupt the adults. A quick look from our father, usually at me, was enough to quiet the kid section.

The salad and pasta plates were

cleared and the day's catch was brought out. Three big, heaping plates of roasted ... black birds.

Beak and feet still on them, eyes staring at me. Roasted so any left-over feathers would just melt off. I couldn't stop staring at them. It was as if they were talking to me asking how my day was going.

My father reached over and put one on my plate. So now I am up close and personal with this crow of death and I am expected to somehow eat it.

My head was swimming, my heart was pounding, I was sweating. I closed my eyes and tried thinking it was nothing more than a small chicken, but then I opened my eyes and woody woodpecker is still looking at me. I heard my father talking to his brothers and I figure if maybe, just maybe I waited long enough I could slink out and escape from my grim reaper bird of prey.

I could hear crunching and I was getting sicker by the moment. I went to get a piece of bread to try to settle my stomach. Pop caught me before I could eat it. He said no more bread until you eat your dinner. EAT MY DINNER?! I was scared of my dinner. How was I going to eat my dinner? So I just sat there. I was begging for anything other this the vulture to be on my plate. I think I would've eaten grass if it was on my plate.

I think I must have sat there for a good half hour before my father took pity on me and took my chicken hawk off my plate and placed it on his. He gave me a piece of bread and told me to go off and play. I jumped out my seat as if it was on fire.

So next time your little Billy refuses to eat pasta with sauce on it, tell him the story of Luigi and Sea Gulls of Death.

Please enjoy this recipe for Chicken Picatta, because I don't think you want a recipe for Crow Stew. Buon Appetito!

CHICKEN PICATTA

Ingredients

4 (6 ounce) skinless, boneless chicken breast halves
1/4 cup flour
2 tablespoons butter
2 tablespoons olive oil
1/2 cup white wine
1/4 cup fresh lemon juice
1/4 cup chicken stock
3 tablespoons capers
2 teaspoons minced garlic
2 pinches salt
2 pinches black pepper
2 tablespoons chopped fresh Italian parsley

Method

Place each chicken breast between 2 sheets of heavy-duty plastic wrap. Pound

breasts to 1/2-inch thickness using a meat mallet or small heavy skillet.

Spread flour into a wide, shallow dish. Press chicken into flour to coat completely.

Melt butter with olive oil in a large skillet over medium-high heat; cook chicken in hot butter mixture until no longer pink in the center and the juices run clear and the outside color is a golden brown. Remove chicken from skillet to a paper towel covered serving platter and cover with a lid to keep warm.

Pour white wine, lemon juice, capers, and garlic into the pan. Bring the liquid to a boil while scraping the browned bits of food from the bottom of the pan with a wooden spoon; cook at a boil until slightly thickened, about 2 minutes. Season the mixture with salt and pepper. Add the chicken and let simmer for 2-3 more minutes, garnish with parsley.

Luigi Coppola is one of five brothers born to Francesca and Antonio Coppola. The Coppola family came to America from Naples, Italy in 1954. Antonio and his brothers opened their first restaurant in Poughkeepsie in 1961. Luigi and his brothers Nick, John, Antonio and Vincent have carried on the family tradition in the way their parents taught them, using classic recipes taught to them at their apron strings. Visit their website at www.coppolas.net.

**Stay up-to-date ~ follow us on Facebook!
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Loeb Art Center to host performance of Richard Strauss' 'Enoch Arden'



Bass baritone Robert Osborne and pianist Babette Hierholzer will present the melodrama "Enoch Arden" by Richard Strauss at Vassar College's Lehman Loeb Art Center on Sept. 28. Courtesy photos

Bass baritone Robert Osborne and pianist Babette Hierholzer will present the melodrama "Enoch Arden" by Richard Strauss at the Francis Lehman Loeb Art Center at Vassar College on Thursday, Sept. 28, at 7 p.m.

"Enoch Arden" is one of the greatest of all melodramas. Richard Strauss set the eponymous narrative poem by Alfred, Lord Tennyson for narrator and piano. This epic story takes us from young love in an English village to the high seas,

where Arden is shipwrecked on a tropical island. After countless years, Arden miraculously gets back to his village, where all has changed in his absence.

"Enoch Arden" will be narrated in English.

The performance is free and open to the public.

Vassar College is at 124 Raymond Avenue in Poughkeepsie. Visit www.vassar.edu and go to Events for more information.

'ELEANOR'S BOOKCASE' TO FUND TEACHER GRANTS IN HYDE PARK DISTRICT

The Hyde Park Education Foundation (HPEF) will sponsor "Eleanor's Bookcase," a three-event book club, focusing on the life of Eleanor Roosevelt. It will be held at three historic venues in Hyde Park, on the first Tuesday of October, November, and December. Attendees may register for one or two sessions for \$25 each, or all three for \$60.

The first meeting is on October 3, at Val-Kill, on Route 9G in Hyde Park, and the book is "Eleanor" by David Michaelis. November 7th's location is Bellefield, on the site of the FDR Home on Route 9 in Hyde Park, and the book is "The First Lady of World War II" by Shannon McKenna Schmidt. The location for December 5th is the Hyde Park Elementary School on Route 9 in Hyde Park, and the book is "Loving Eleanor" by Susan Wittig Albert.

To register, send your name and address to EleanorRooseveltBookClub@gmail.com and send a check made out to HPEF to HPEF, Box 320, Hyde Park, NY 12538, or Venmo @Greer-Rychcik.

The Hyde Park Education Foundation is a 501 (c) 3 non-profit organization; all proceeds will fund teacher grants which are given to the teachers of the Hyde Park School District.

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What's Out There Weekend to feature free, expert-led tours of parks, gardens & open spaces

The Cultural Landscape Foundation (TCLF) announces What's Out There Weekend Rhinebeck & the Mid-Hudson Valley Sept. 30-Oct. 1, featuring two dozen free, expert-led tours of parks, gardens, and open spaces in Dutchess County. These tours enable people to discover the design history of places they may pass every day but don't necessarily know about. Expert guides provide rich stories, personal anecdotes, and keen observations about each site, landscape architecture, city shaping, and garden design (all tours are free, but attendance is limited and registration is required).

In addition to the tours, TCLF will produce a printed What's Out There Rhinebeck & the Mid-Hudson Valley guidebook that includes all of the tour sites (available for purchase and free as a downloadable PDF), and a more expansive and ever-growing digital What's Out There Cultural Landscapes Guide to Rhinebeck & the Mid-Hudson Valley (which TCLF maintains in perpetuity). The digital Guide includes an illustrated history of the city's cultural landscape heritage, more than 40 individual site entries, and biographies of more than two dozen designers who collectively shaped the landscapes that people in Dutchess County move through every day.

"By making the people and stories behind these landscapes visible and bringing to life their unique value and civic contributions for all, we can better understand where we've come from as a community and where we are going," said Charles A. Birnbaum, TCLF's President and CEO.

Research gathered for the tours will have a long-lasting legacy, becoming part of TCLF's permanent What's Out There database of more than 2,600 sites across North America, 1,200 designer profiles, and 13,000 images. The GPS-enabled

database is a go-to resource for everyone from schoolchildren to scholars seeking trustworthy online information.

TOUR SCHEDULE

All tours are free, but attendance is limited and registration is required.

SATURDAY – September 30

Blithewood Garde, 10-11 a.m., led by Bridget Maple (Bard College Formal Gardener);

Wilderstein Historic Site, 10-11 a.m., led by TBD;

Staatsburgh State Historic Site, 10-11 a.m., led by David Murray (Volunteer Guide, Staatsburgh Historic Site);

Poughkeepsie Rural Cemetery, 11 a.m.-noon, led by TBD;

Edgewater, 11 a.m.-noon, led by Art Carson (Tour Guide, Edgewater);

Hackett Hill Park (New Guinea Community), noon-12:45 p.m., led Susan McIntosh (Research Committee Chair, Celebrating the African Spirit) and Jackie Harper (Research Committee, Celebrating the African Spirit);

Locust Grove Estate, 12:30-1:30 p.m., led by Kenneth Snodgrass (Director and Curator, The Locust Grove Estate & Locust Lawn Farm);

Springside, 1-2:30 p.m., led by Harvey Flad (Professor Emeritus of Geography, Vassar College);

College Hill Park, 2-3 p.m., led by Nancy Foster (President of the Revive College Hill Park Coalition) and Barbara Restaino (Restaino Design and Treasurer of the Revive College Hill Park Coalition);

Vassar College, 3-4:30 p.m., led by Yvonne Elet (Professor of Art, Vassar College);

Denning's Point, 2-4 p.m., led by Margie Ruddick (Margie Ruddick Landscape);



Innisfree Garden, Millbrook. Photo by Oliver Collins courtesy Innisfree Garden

SUNDAY – October 1

Innisfree Garden, 9:30-11 a.m., led by Kate Kerin (Landscape Curator, Innisfree Garden);

Walkway Over the Hudson State Historic Park, 10-11 a.m., led by Walkway Ambassadors (TBD);

Hoyt House, 10-11 a.m., led by David Lund (Volunteer Guide, Staatsburgh State Historic Park);

Wethersfield Estate & Garden, 11 a.m.-noon, led by Toshi Yano (Landscape

& Horticulture Advisor and Former Director of Horticulture, Wethersfield Estate & Garden);

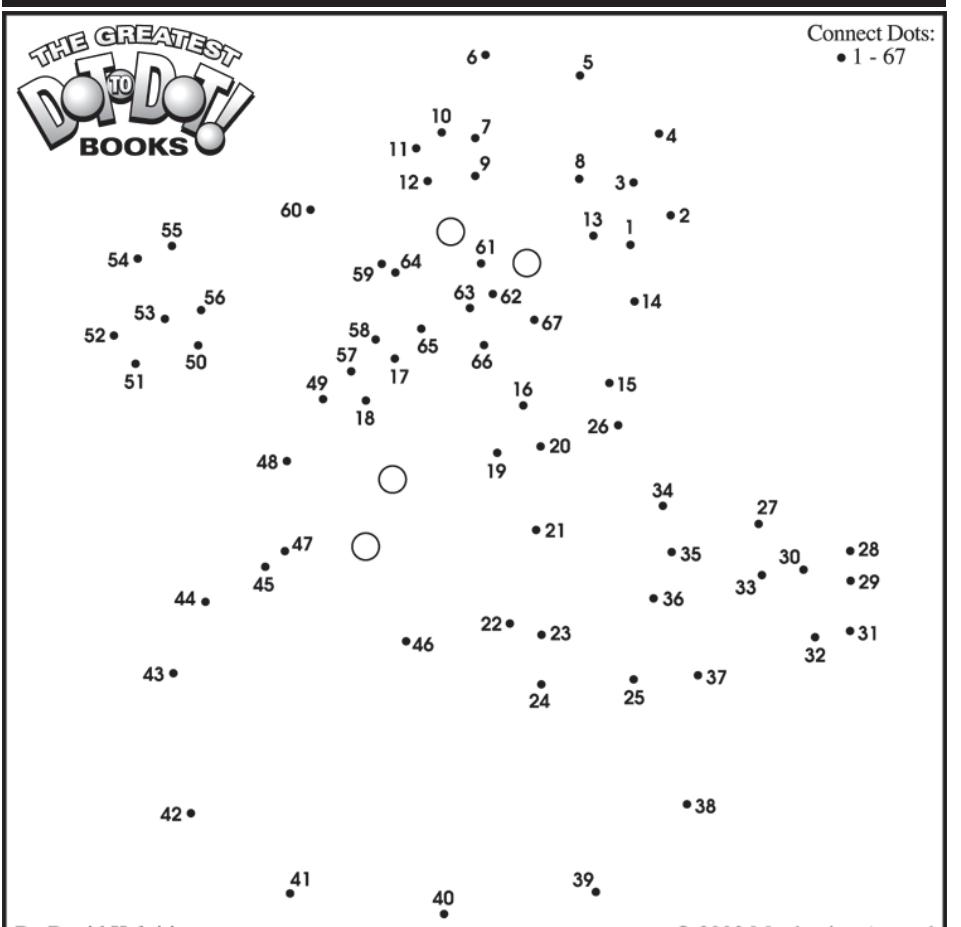
Vanderbilt Mansion National Historic Site, 11 a.m.-noon, led by Michael Autenrieth (National Park Service Interpretative Ranger);

Vanderbilt Mansion National Historic Site Formal Garden, noon-12:45 p.m., led by Frederick W. Vanderbilt Garden Association Tour Guides;

continued on page 14

DOT-TO-DOT PUZZLE

See page 20 for finished puzzle (no peeking!)



By David Kalvitis

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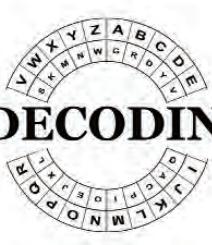
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DECODING DUTCHESS PAST

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By Will Tatum

There was a crispness in the air this morning and the calendar states that we are approaching the Fall equinox. The signs are in abundance that Autumn is swiftly arriving, and with it, spooky season.

For most people, the fall is the perfect time for ghost stories, often set in eerie locations, including old hospitals, sanitarians, and ... poorhouses. Historians' minds also tend to go to these places, but not for spooks and thrills. Fall lends itself to discussions of more serious topics, some of which have twists and turns that may surprise you.

The Dutchess County Home, also known as the Poorhouse, the Almshouse, the County Farm and the Infirmary, operated off County House Road in the Town of Washington from 1864 to 1998. The specific goals and methods employed there changed over the years. In the beginning the facility was charged by the state to care for the ill, the indigent, the insane and individuals suffering from short bouts of extremely communicable diseases.

If you heard the term "pest house" thrown around, that's not where you put annoying people, animals, or insects. It is a shortening of the old and longer title "House of Pestilence," where people suffering from smallpox and similar diseases (which could infect large populations quickly) could be housed while recovering. Given New York's penchant for overly-long titles, one wonders why the shortened version of the name survived here. Those early days at the County Home were challenging ones, given the broad spectrum of care required and perpetually limited resources. It certainly didn't help that the germ theory of disease was only just making the European scientific circuit when the poorhouse opened.

But that was just Phase 1 of the operation. Less than a decade after the county home opened, the state hospital system came to the Hudson Valley. The Hudson River State Hospital opened in 1873 and by the 1880s was taking some of the patient load from the County Home: individuals needing extensive physical or psychiatric care could go to the state hospital for treatment by specialists.

The FDR era

The next big turn in the County Home's operations came courtesy of native son Franklin D. Roosevelt. As part of his New Deal social relief, Roosevelt brought the federal government into the poor relief (we call it social welfare

today) with a number of measures. Most famous among them was the Social Security Administration, established in 1935. While the New Deal did not completely eliminate poverty in Dutchess County, it did provide enough at-home relief that the County Home was again relieved of some of its broad spectrum of responsibilities.

Beginning slightly before the introduction of social security, and accelerating afterwards, the County Home's operations turned to focus on long-term care for chronically ill individuals. Louise Tompkins, the long-serving Millbrook Historian, began her life-long stay at the County Home in the 1920s when an especially severe form of arthritis effectively locked all of her joints in place.

Until its closure in 1998, the County Home operated primarily as this form of nursing facility. And while the spooky season and the legions of ghost hunting programs might conjure ghastly visions in your head of an old nursing home site, there is far more to the story of the County Home's final phase than phantoms in the night. In fact, the entire situation was quite the opposite.

Hilda Bauer

How do we know that? Enter Hilda Bauer.

Born in Valatie, Columbia County, in February 1900, Hilda was a Mid-Hudson socialite. She spent much of her life traveling, visiting friends both locally and out of the county. In 1953, one of those friends gave her a photo album for Christmas. That album survives to this day in the collections of the Dutchess County Department of History courtesy of an accident of fate.

Hilda came to reside at the County Home in 1983, where she remained until her passing in 1988. Hilda's album accompanied her to the Home, and due to lack of any kin to take it, became part of our collection. And for that, residents of Dutchess County owe Hilda Bauer an enormous debt, because her album preserves so much information that would otherwise be lost to time.

Amidst the snapshots of trips to New England and a regular round of visits to the country seats of Dutchess and Columbia are peppered a constant stream of photos featuring the County Home. These photos emphasize the message that emerges from other less-thrilling documentation: that despite the sadness that the end of life brings, the places dedicated to caring for people in the final years of their journey do not have to be sad.

continued on page 15

Life in the Dutchess County Home



Hilda Bauer was a native of Valatie and long-time Millbrook resident whose photo album presents an inside view of the County Home from the 1950s through the 1980s. Photo courtesy of the Dutchess County Historian's Office



The Dutchess County Home, also known as the Poorhouse, the Almshouse, the County Farm, and the Infirmary, is pictured in 1956. The site is currently occupied by the Eastern Dutchess Government Center (EDGC) and features one surviving building from this view. Photo courtesy of the Dutchess County Historian's Office

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Exhibitions

CO, 6571 Spring Brook Ave. (off Rte. 9, across from the Dutchess County Fairgrounds), Rhinebeck. **Through October:** "Big Polaroids," an exhibit by noted artist Franc Palaia. Featuring large-scale color photographs based on Palaia's award-winning hand-colored SX-70 Polaroids. Palaia is the recipient of two Polaroid Sponsorships for his original technique of hand coloring SX-70 Polaroids with oil-based crayons. He is a painter and photographer who treats his photographs like paintings. The original Polaroids are only 3 inches by 3 inches in size, but after Palaia's hand colors the photographs, they resemble miniature oil paintings. His process continues by scanning the small Polaroids and enlarging them to 3 by 3 feet. The final results are large vibrant and colorful images with the appearance of blended oil paintings with gestural brush strokes and textured pigments. coworkwith.co

Cunneen-Hackett Arts Center, 9 & 12 Vassar St., Poughkeepsie. **Through October:** Featured in the Hancock and Reception Galleries at 12 Vassar St. will be photographer Frank Ritter whose exhibit is based on his highly-acclaimed book, "9/11 Remembrance Renewal Hope: A Twenty Year Journey," and showcases a collection of visually stunning and sensitive photographs. Mixed-media artist, Morgan Kennedy, brings her Haunt Couture exhibit to the Victorian Gallery at 9 Vassar St. that reflects on her experience as a late-in-life diagnosed Autistic woman. Visitors must call the Cunneen-Hackett Arts Center Office at (845) 486-4571 for access to the galleries. cunneen-hackett.org

Franklin D. Roosevelt Presidential Library & Museum, 4097 Albany Post Rd. (Rte. 9), Hyde Park. **Through Dec. 2024:** Developed in collaboration with a distinguished committee of scholars, "Black Americans, Civil Rights, and the Roosevelts, 1932-1962" centers the historical voices of many Black community leaders, wartime service members, and ordinary citizens who engaged the Roosevelt administration directly and who pushed for progress. Within this context, the exhibit examines the political evolution of both Franklin and Eleanor Roosevelt regarding racial justice. [www.fdrlibrary.org](http://fdrlibrary.org)

LAND Gallery, 30 Charles Colman Blvd., Pawling. **Through Oct. 1:** "Light and Lines," paintings by Sharon Nakazato.

(845) 490-2281 or www.landgalleryonline.com

Olana State Historic Site, Rte. 9G, Hudson. **Through Oct. 29:** "Terraforming: Olana's Historic Photography Collection Unearthed," an exhibition focusing on Olana's remarkable trove of nearly 5,000 19th-century photographic prints, collected by the artist Frederic Church between 1850 and 1900. An installation of 48 original photographs within Olana's Sharp Family Gallery will include original and historically significant works by pioneering early photographers, including Eadweard Muybridge, William James Stillman, and Claude-Joseph Désiré Charnay. (518) 828-1872 or www.olana.org

Tivoli Artists Gallery, 60 Broadway, Tivoli. **Through Oct. 8:** "Weather...or Not!" new exhibit by Hudson Valley artist Marie Cole of paintings, pastels and prints about weather and places. www.tivoliartistsgallery.com

Creative Living

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What's Out There Weekend

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"T" Space Reserve, noon-1 p.m., led by Marisa Espe (Communications Director, Steven Holl Architects);

Scenic Hudson's Long Dock Park, 1-2 p.m., led by Michelle Crowley (Crowley Cottrell), Scott Geiger (Reed Hilderbrand) and Rita Shaheen (Scenic Hudson);

Bellefield, 1:15-2 p.m., led by Karen Waltuch (Horticulturist, Beatrix Farrand Garden Association);

Montgomery Place, 2-3 p.m., led by Henry Woods (Garden and Grounds Docent, Montgomery Place);

Home of Franklin D. Roosevelt National Historic Site, 2:15-3 p.m., led by Anna de Cordova (National Park Service Horticulturalist);

Mount Gulian Historic Site, 3-4 p.m., led by Gabriel Byrne (Administrative and Events Coordinator);

Eleanor Roosevelt National Historic Site, 3:30-4 p.m., led by Anna de Cordova (National Park Service Horticulturalist).

What's Out There Weekend Rhinebeck & the Mid-Hudson Valley dovetails with TCLF's web-based What's Out There, the nation's most comprehensive searchable database of historic designed landscapes. The database currently features more than 2,600 sites, 13,000 images, and 1,200 designer pro-

files. What's Out There is optimized for iPhones and similar handheld devices, and includes What's Nearby, a GPS-enabled feature that locates all landscapes within a given distance, customizable by mileage or walking time.

What's Out There Weekend Rhinebeck & the Mid-Hudson Valley is made possible by Lead Sponsors Dutchess Tourism and the Town of Rhinebeck; Presenting Sponsors Furthermore, a program of the J.M. Kaplan Fund, and Maple Leaf Associates; Education Partners ASLA New York Upstate, Dutchess County Historical Society, and Innisfree Garden; along with many Supporting Sponsors and Friends.

About The Cultural Landscape Foundation

The Cultural Landscape Foundation (TCLF) is a 501(c)(3) non-profit founded in 1998 with a mission of "connecting people to places." TCLF educates and engages the public to make our shared landscape heritage more visible, identify its value, and empower its stewards. Through its website, publishing, lectures, and other events, TCLF broadens support and understanding for cultural landscapes. TCLF is also home to the Cornelia Hahn Oberlander International Landscape Architecture Prize.

Discover 'A Day in the Life at Locust Grove, 1901'

What did 16-year-old Locust Grove founder, Annette Young, do for fun back in 1901? How did she get to school? Discover "A Day in the Life at Locust Grove, 1901!" on Saturdays and Sundays, September 23 - October 31, and Mondays, October 9 and October 30. Admission for this event is \$10 per person, kids under 4 are admitted free.

Find more than 20 fabulously decorated pumpkins that tell the story of what a typical day might look like here at Locust Grove in 1901, the year the Young Family moved into the mansion!

Join them on this story walk scavenger hunt for decorated pumpkins hidden among the historic flowers and trees to celebrate the Young family and the gardeners, tutors, maids, cooks, grooms, car-

riage drivers, and more who kept Locust Grove going over 120 years ago.

How do they know so much about Annette, who lived there for 80 years? She wrote daily in a diary about everything that happened here for those years. See historical photos of the Young family and the workers who supported them. See a picture of the Tiffany ring her Aunt Molly hid in a cake for her on her 16th birthday. Find the rooster who woke them up in the morning, the bicycle Miss Thompson rode, the man in the moon grandfather clock, and more all made from decorated pumpkins!

Bring your imagination (costumes are a plus), maps will be provided.

Purchase tickets at www.lgny.org/calendar.

Decoding Dutchess' Past

continued from page 13

Individuals who have only seen the County Home site during its abandonment would be amazed at the brightness, cleanliness, and tidiness of both the exterior and interiors of the building when Hilda photo documented in between the 1950s and 1980s. While certain grim realities of medical practice and human aging are always present in these situations, Hilda's photos remind us of the other side of the coin: the feeling of community, camaraderie, and significance.

The residents of the County Home were not abandoned individuals tucked away at an obscure site to await the inevitable; instead, the County Home was a place of active socializing and celebration. Hilda made many trips to the facility with her young and active friends to visit residents, relax on the County Home's grounds, and, on at least one occasion, to watch a costumed pageant. During these visits, Hilda assisted Louise Tompkins in her research and writing, while also capturing shots of the nursing staff going about their duties. The final series of images preserved in the album features a party for residents and staff on the grounds, with many smiling faces around long tables laden with refresh-

ments.

If you want to learn a bit more about the broad scope of the County Home's operations, join me at the Millbrook Library at 7 p.m. on Oct. 19 for a presentation on life at the County Home from 1864-1998. The PowerPoint slides will feature many images from Hilda Bauer's albums, along with other material in the county's collections. While headless horsemen ride to our west and our south, take a break from spooky skeletons to join the Millbrook Historical Society for this more thoughtful exploration of the dignities that the County Home afforded to those in the final years of their lives.

Will Tatum has served as the Dutchess County Historian since 2012. He holds a Ph.D. in History from Brown University and pursues projects ranging from archival access to public educational programming. Since 2020, in partnership with Dutchess County Clerk Brad Kendall, he has been imaging historical material from across the county, including many sources on the County Home. This material will soon become available to the public via the county webpage.

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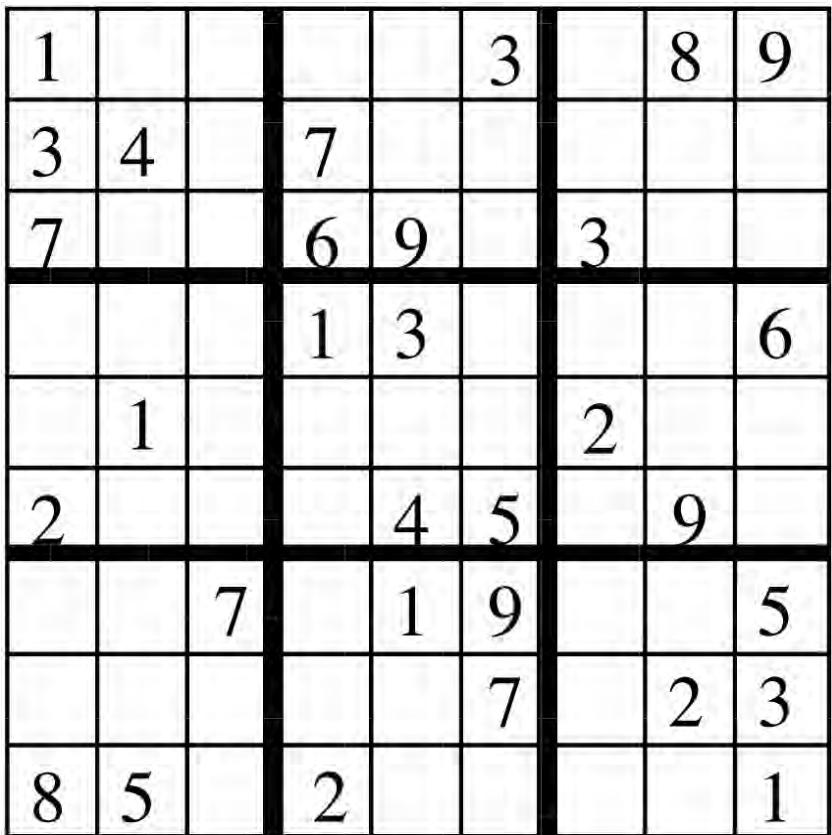
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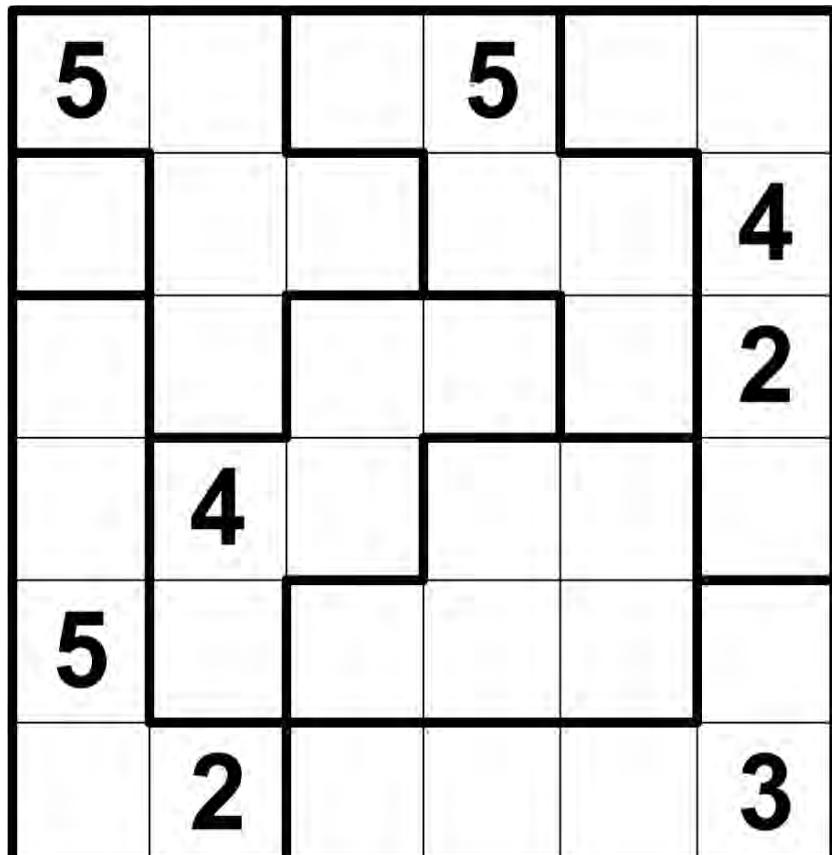
Diversions

SUDOKU

Sudoku requires no arithmetic skills. The object of the game is to fill all the blank squares with the correct numbers. Each row of 9 numbers must include all digits 1 through 9 in any order. Each column of 9 numbers must include all digits 1 through 9 in any order. Each 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9.



Suguru



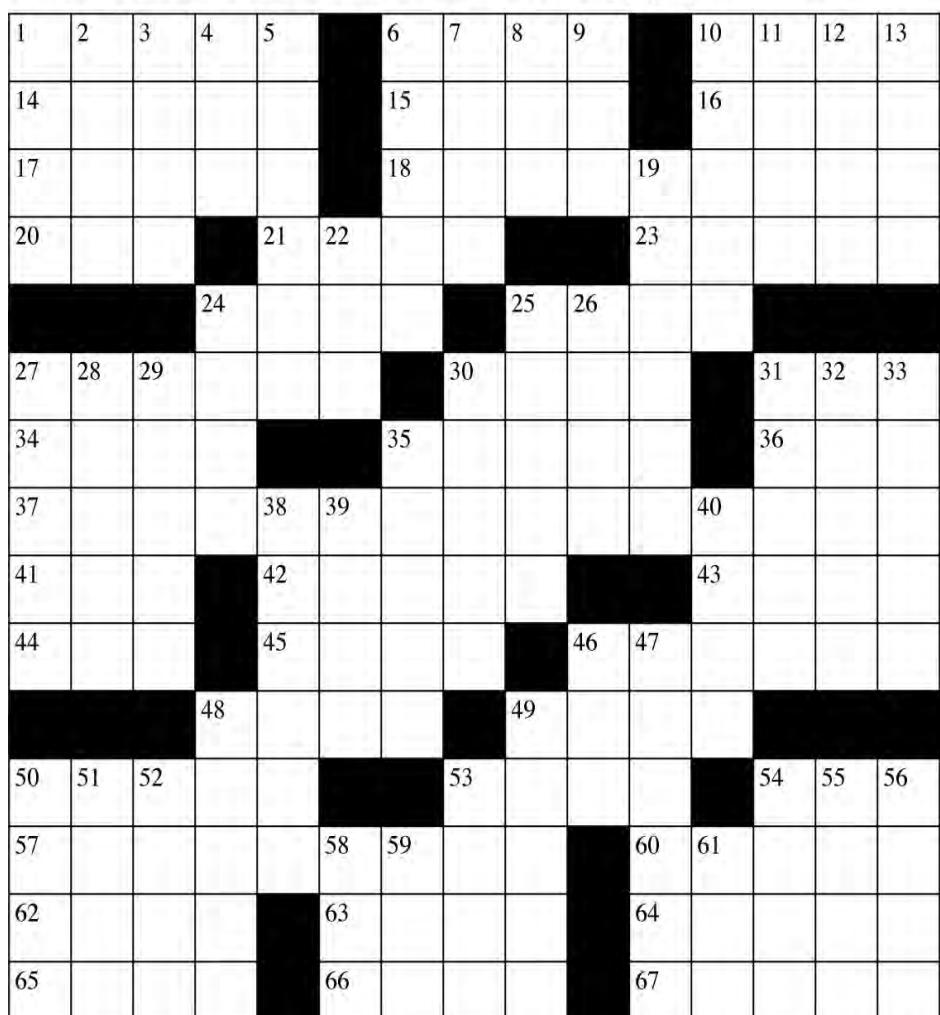
The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

ACROSS

- Gripping device
- Upper-body garments
- Sailor's saint
- Concerned person
- Sign of disuse
- Librarian's advice
- Word with dog or powder
- Guarantee
- Tax-deferred acct.
- Think deeply
- Organic compound
- Track transactions
- Dummy
- Audience shout
- __ monster ; desert lizard
- Hot tub
- Twosomes
- Loosens
- Turner, for one
- City on the River Clyde
- Transportation systems
- Fencing swords
- In the past
- Three in a row
- Snobbishness
- Auction participant
- Lincoln or Ford: abbr.
- Acceptable
- White poplar
- Indication
- Outer edge
- Reckless one
- Make ecstatic
- Huge land expanse
- Exist
- "I __ Promised You a Rose Garden"
- Restitch
- Charges
- Cardinals and Padres

DOWN

- Early 4th-century year
- Late actor Bert
- Number for Sills
- Allen, for one
- First coat
- Bed material
- Ploy
- Beast of burden
- Man's nickname
- Get rid of
- Fast period
- Incapacitating spray
- Fragrant river?
- Lunch, for example
- Western Indian
- Person in charge
- Records
- Bread accompaniment
- Backyard shed item
- Cancels
- Move along effortlessly
- Neon and helium
- Position
- Coventry coins
- Calculator
- Wide-mouthed pitchers
- __ up; accelerated
- Early Ron Howard role
- Mother __
- Flour container
- Purpose
- Beg
- Office folders
- Universal ancestor
- Low
- Actress Gray
- Honey factory
- Overflowing substance
- News article
- Confidential: abbr.
- Little fellow
- Compete
- __ Remick



The solutions to both the Sudoku & Crossword puzzles can be found on page 21

Prominent historian uncovers family stories in Dutchess County Ancient Documents

By Will Tatum
Dutchess County Historian

For the past decade, the Dutchess County Clerk's Office and the Dutchess County Department of History have worked to re-house, index, and digitize the oldest legal records in the county, providing free online access to researchers.

In late July, prominent historian of Early America, Dr. Karin Wulf, released a blog post exploring a (child conceived out of wedlock) case drawn from the online Ancient Documents Search Portal. Dr. Wulf is currently engaged in a study of how residents of early America defined their family histories.

In her post "Love, Actually?," Wulf explores the complicated romantic relationship between Maryte Berringer Giselbregh and Benjamin Kip of Rhinebeck. The birth of their daughter in

October 1760 sparked a lawsuit, which still survives in the Ancient Documents Collection today.

During the 18th and early 19th centuries, town governments were required to pay for the upkeep of children born out of wedlock as part of the larger system of poor relief. The crime of fathering a child out of wedlock empowered local officials to seek restitution from the putative father, generating a paper trail that one can still follow today. Wulf's entry takes the reader through the surviving court records, unfolding the complicated dynamics at play in early American families.

Dutchess County Clerk Brad Kendall said, "Sharing the historic resources of the Clerk's Office promotes a greater understanding of Dutchess County history. We are grateful for the continued funding provided by the New York State Education Department that has helped us preserve

and promote this unique collection."

The Ancient Documents Collection contains the surviving records of the Dutchess County Courts of Common Pleas and General Sessions, dating between 1721 and 1889. The Court of Common Pleas heard civil cases, mostly debt litigation, while the Court of General Sessions was reserved for criminal cases with charges brought by a grand jury.

While every county in New York had similar records at one time, Dutchess County's collection is unusual in both the relative age of the collection and its completeness. Prior to the beginning of the current digitization project in 2013, the Ancient Documents Collection was partially inventoried by clerks under the direction of former Vassar College President Henry Noble MacCracken in the 1950s. Professor Wulf's post on the Giselbregh-Kip case demonstrates how important these Dutchess County collections are for historians and scholars of

American History.

Formerly the Director of the Omohundro Institute of Early American History & Culture at the College of William and Mary, Wulf is the Beatrice and Julio Santo Domingo Director and Librarian of the John Carter Brown Library and a Professor of History at Brown University. She has published two books, *Delaware, 1638-1776* and *Not All Wives: Women of Colonial Philadelphia*. To access Professor Wulf's blog post, please visit her website at www.karinwulf.com and click on the "tidbits" link. The Ancient Documents Search portal is accessible for free online at dutchessny.gov/ancientdocuments.

Work is currently under way to expand the county's online archive of early documents, current offerings of which are available at the Dutchess County Historical Resources page, accessible at www.dutchessny.gov/history.

Red Hook Gateway conserved as Town partners with 2 organizations

The Town of Red Hook, Scenic Hudson and the Dutchess Land Conservancy have announced that they have partnered on two transactions to protect 169 acres. The Cookingham farmland straddles Route 9 and serves as the northern gateway to the Village of Red Hook.

A long-standing community asset and a point of local pride, the two Cookingham Farm properties were "highest priorities" for conservation both in the town's Community Preservation Plan and Scenic Hudson's Foodshed Conservation Plan. They also were desirable locations for development due to their proximity to existing village water and sewer lines.

On Route 9's eastern side, the partners collaborated to protect 97 acres, including 63 acres of prime farmland. Twelve acres situated in the Village and suitable for affordable housing was set aside for that use. The town purchased the property outright, and a conservation easement on the agricultural portion of the land was purchased by Scenic Hudson. The easement provides safeguards to ensure that the land remains permanently available for farming and can only be sold at its agricultural value, making it affordable for future farmers. Dutchess Land Conservancy holds and will steward the conservation easement on the lands, which the town plans to sell to a farmer.

The town and RUPCO, a nonprofit with a 40-year track record in creating affordable housing in mid-Hudson Valley communities, continue to negotiate the terms of RUPCO's proposed purchase of the remaining 12 acres, which is excluded from the conservation easement. The current vision is for a combination of a limited number of both rental apartments and owner-occupied, single-family homes and a barn retrofit. Scenic Hudson, Dutchess Land Conservancy and RUPCO are all part of the Hudson Valley Affordable Housing and Conservation Strategy, an innovative collaboration of land trusts and affordable housing organizations conserving critical landscapes and responding to the region's housing crisis.

To the west of Route 9, the town, Scenic Hudson, and Dutchess Land Conservancy again have partnered to protect 72 acres, including some 19 acres of prime agricultural land as well as forested land adjoining the town's Recreation Park, the Village of Red Hook's Richard M. Abrahams Memorial Park, and Sawkill Creek.

As with the previous transaction, the town has placed the farmland portion of this property under a conservation easement, again with a safeguard for future affordability as a farm, which the Dutchess Land Conservancy holds. The town also plans to sell this land but will retain approximately 38 acres to buffer the two public parks and

wells utilized for the municipal water supply. The town also plans to establish passive public recreational trails that will connect to the adjacent parks.

To acquire both properties, the town used funds from its Community Protection Fund and a separate Incentive Zoning Fund. Scenic Hudson funding for the transactions came from its Lila Acheson and DeWitt Wallace Hudson Valley Land Preservation Endowment. Town of Red Hook Supervisor Robert McKeon said "This project represents a wonderful opportunity to accomplish so many public purposes for our residents. Protection of scenic resources; with a trail network to enjoy the working landscapes and Catskill mountain views. Important farmlands capable of the highest productivity and a small reserved area for attractive housing to complement investments already being made in the village. The initiative includes provisions to ensure clean drinking water for generations to come. None of this would be possible without the foresight of Red Hook residents, who in 2007 voted to enact a Community Preservation Fund, and without the Cookingham family, who in the face of family loss made decisions that will benefit others."

Executive Director of The Scenic Hudson Land Trust, Inc. and Land Programs Seth McKee said, "Protecting these lands demonstrates the power of partnerships in completing real estate transactions with tight deadlines. Scenic Hudson commends the Town of Red Hook for being one of the Hudson Valley's most proactive municipalities in conserving farmland and open space, and now innovating in providing space for affordable housing. We're excited about RUPCO's involvement in achieving our shared goals of safeguarding important farmland and providing solutions to our region's affordable housing crisis."

Dutchess Land Conservancy President Rebecca Thornton said, "The DLC is incredibly proud to have partnered with the Town of Red Hook and Scenic Hudson to protect this significant gateway farm. The fact that it buffers the Village of Red Hook, will remain open for current and future farming, and that other portions of the land held outside of the conservation easement are strategically dedicated for other uses that are important to the community truly resonates. As part of the Hudson Valley Affordable Housing and Conservation Strategy, we applaud the Town of Red Hook as this project will serve as a model for other projects within our Hudson Valley community." Chief Executive Officer of RUPCO Kevin O'Connor said, "We are excited about the opportunity to participate in a project with municipal and non-profit partners to preserve agriculture, open space and create affordable housing."



Free Family Fun- Bring the Kids!

MILAN COMMUNITY DAY

Saturday - Sept 30

Rain Date: Sun - Oct 1

Noon - 4pm

Ice Cream Social, Car Show

Bee Bee's Magic, Balloons, Paints, Games & Prizes

Touch a Truck, Bounce House, Pie Eating

Police Dog Demo, Candy Man, History Displays

Pumpkin Decorating, Beautification Award

Scavenger Hunt, Food & Drinks

Happy 185th to Rowe Methodist Church

Milan Rec. Park, 30 Matecki Rd off CR 53/South Rd

Fundraising event benefits Tom Morris



Friends and supporters of Tom Morris and his wife, Irene, of Hyde Park are pictured at a fundraising event held Saturday, Sept. 16, at the Hyde Park Baptist Church. Tom was diagnosed with transverse myelitis in 2021. On the advice of his medical team, Tom and his wife would like to purchase a specialized, stand-up wheelchair, which is estimated to cost more than \$12,000. Saturday's event was held to help raise funds for the purchase of the specialized wheelchair. Several vendors were also on hand and donated portions of their funds raised to the purchase of the wheelchair. Photo by Curtis Schmidt

Spotlight on Mental Health and Addiction Recovery Gala set Sept. 28

Join Mental Health America of Dutchess County on Thursday, Sept. 28, from 6 to 9 p.m., at The Grandview in Poughkeepsie as it celebrates children and families.

This year the Gala is benefiting MHA CASA at Ellen's Place, an outdoor classroom and nature play space that is under way in Poughkeepsie. The space will connect children with the natural world

by creating an outdoor classroom for programs. The project is based on a mission to serve local children and families by providing an outdoor, non-clinical setting for families to gather, play, learn, and reconnect with each other, case workers, and nature. The site will also be open to the public.

For more information, visit mhadutchess.org/spotlight

The area's largest Italian Festival!

Sunday, Oct. 8 12-8PM | Kingston Waterfront | UCIAF.org

FREE ADMISSION

Live Music Great food Family Fun

Ulster Savings Bank supporting Bike for Cancer Care for 20 years

As the founding sponsor of Benedictine Health Foundation's Bike for Cancer Care, Ulster Savings Bank will be celebrated at their 20th anniversary, which takes place on September 24. Ulster Savings Bank, Bill Calderara, President and CEO, and John Finch, EVP and COO, will be honored at this event.

In partnership with the family of Rosemary D. Gruner, the Benedictine Health Foundation established the Rosemary D. Gruner Memorial Cancer Fund in 2004 to support cancer patients in Ulster County. Since then, more than \$1,000,000 in assistance has been given to over 2,500 individuals diagnosed with cancer.

"Rosemary Gruner was our inspiration. She taught us to work hard and take

care of others. When she was sick, she saw a need. As her family, we found a way to help," said Ellen Gruner Arsenault.

As the Foundation's major fund-raiser, the Bike for Cancer Care Ride & Run is now in its twentieth year. It will start at the Freeman Building, 79 Hurley Avenue, Kingston.

To register online for the event, go to bikeforcancer.org. Online registrations will close at midnight on September 20. However, they will accept "Day of" registrations. Online donations will be accepted until October 31. Volunteers are also needed. It's an excellent way to serve the needs of others by committing to a day of caring and support in creating a successful, worthwhile event.



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Arlington football team ends losing streak against Carmel

By Rich Thomaselli

For at least the last three years, the Arlington High School football team has been mentioned as a sectional champion contender.

But the Admirals could never get past Carmel.

Not only did the school in nearby Putnam County win a state title in 2021, they are the two-time defending Section 1, Class AA champions and had a 169-55 scoring advantage over Arlington, the last four meetings.

On Thursday night, September 14, Arlington tried to get it all back at once with a 55-18 victory. And it wasn't even

that close. Arlington scored on the second play of the game and had leads of 21-0 and 35-7.

The victory by the Admirals snapped a 20-game winning streak for Carmel dating back three years. Arlington quarterback Mike Rescigno torched the Carmel secondary with three touchdown passes in the first half alone.

The game was muted somewhat by a stunning development during the week leading up to the contest. Todd Cayea, as recognizable a name and face in Section 1 as there is, has stepped down as the head football coach at Carmel High School.

He was the head coach of the Rams for

more than 25 years.

Cayea has been dealing with a chronic illness for several years. Carmel athletic director Chris Salumn said "One of our

assistants, Mr. Tom Donahoe, will be our head coach for the remainder of the season."

Ed Kennedy returns home to coaching role at Spackenkill

By Rich Thomaselli

Ed Kennedy is back where he belongs - home.

Kennedy, a longtime area coach, is the new coach of the Spackenkill High School cross country teams.

"I'm happy to be back," he said.

Kennedy is certainly no stranger to the mid-Hudson Valley. A graduate of Poughkeepsie High School, he began his coaching career in 1978 while coaching age-group swimming at the high school. He also graduated from Marist College and participated in football swimming, track and crew.

In fact, Kennedy helped coach the same sports for the Red Foxes and even cheerleading.

His busy resume has also taken him to

Kingston, Warwick, Rhinebeck and Roy C. Ketcham, among others. He even coached alpine skiing at schools that offered the sport.

Kennedy also coached at SUNY New Paltz for a couple of years.

"I had plenty of stints in different sports and even coached in the Empire State Games," he said.

He retired from coaching while at Newburgh, but he was restless. Kennedy started crew programs at East Hampton High School in Connecticut and at George Washington University. Now he is back coaching cross country at Spackenkill, close to where he grew up.

This will be his 46th year of coaching.

"Being back here in my hometown with younger people helps me feel younger myself," Kennedy said.

DC Baseball Hall of Fame sets induction for Nov. 12

The Dutchess County Baseball Hall of Fame Association will be inducting eight candidates this fall.

The event will be held at the first Presbyterian Church on Route 55 in Lagrangeville across from the Arlington Senior High School on November 12.

Tickets are \$35 and need to be purchased prior to the event as no tickets will be sold at the door. Lunch will be provided with dessert, 50-50 raffles also available and a silent auction to support the

venue will be held.

The Hall of Fame also recognized a large high school Player of the Year award for Vinny Fusco from John Jay and small school Player of the Year for Andrew Speranza from Spackenkill. Each student will receive a \$1,000 scholarship toward college.

Checks should be made payable to:

William Doxsey, 147 Bower Rd., Poughkeepsie, NY, 12603



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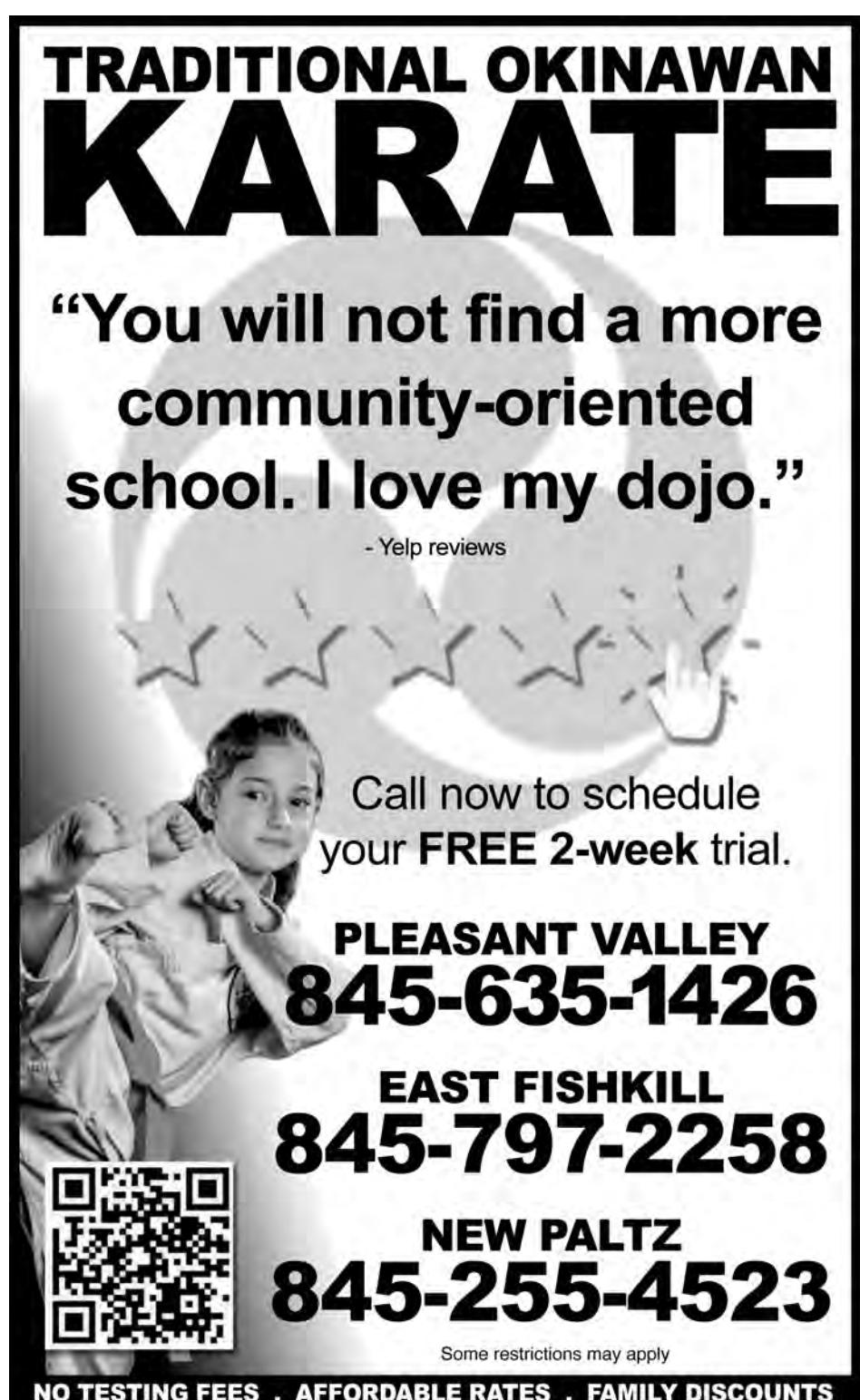
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OBITUARIES

Julia Augusta Ahlquist

HYDE PARK - Julia Augusta Ahlquist, an area resident since 1960, and formerly of Brooklyn, passed away peacefully at her home on Sunday, August 27th, 2023.

Born on December 31, 1931 in Brooklyn, New York, she was the daughter of the late Edward G. and Bertha M. (Greene) Mannerberg. After graduating from Bay Ridge High School for Girls in 1951, she attended Wagner College. In 1957, she married Roy T. Ahlquist who predeceased her in 2002.

Julia worked in the research library of Merrill, Lynch, Pierce, Fenner and Beane in Manhattan until 1958. After moving to Dutchess County, she worked for the Hyde Park Central School district as a teaching assistant at Netherwood Elementary School until her retirement in 1993.

Julia is survived by daughter, Lisa (John) Hutchins; and son Eric Ahlquist (Melody Hamilton). Julia is also survived by five grandchildren: Erica Hutchins (Benjamin Lovejoy), Christina Hutchins, Jessica (Dennis) Connor, Andrew Ahlquist, and Steven (Mary) Hamilton. Julia was blessed to have two great-grandchildren: Dennis Connor and Bridget Connor. She is also survived by several nieces, nephews, and cousins. She was predeceased by her brother, Edward Carl Mannerberg.

Julia was a member of the Hyde Park Historical Society and served as its membership chairwoman for 40 years. In addition, she was a member of St. Timothy's Lutheran Church and treasurer of the church's women's group The Mite-y Angels.

Julia was an avid reader. She especially loved English mystery novels. She enjoyed crossword puzzles, and eagerly looked forward to the Daily News crossword puzzle on Sundays. In addition, she loved to travel and did so extensively around the US and Europe. She also loved cats, and had many furry companions throughout her life.

The Ahlquist family would like to thank Hudson Valley Hospice, especially Kelly, Jen, and Chynna, for their kind and compassionate support. They would also like to thank her aide, Rosa.

A memorial service will be held Saturday, September 23, 2023, at 11 AM at Sweet's Funeral Home in Hyde Park. Relatives and friends may call from 10am to 11am prior to the service. Interment will be in the family plot at Union Cemetery, Hyde Park.

Memorial donations may be made to St. Timothy Lutheran Church, 1348 Rt. 9G, Hyde Park, NY 12583 (www.sttimothyhp.org) or Hudson Valley Hospice Foundation, 80 Washington Street, Suite 204, Poughkeepsie, NY 12601 (www.hvhospice.org).

James B. Hegstetter

RED HOOK - James B. Hegstetter, 62, a lifelong Red Hook resident, passed away unexpectedly on Thursday, September 7, 2023. He will be remembered by his family as being a kind, generous, larger-than-life soul who would greet everyone with a welcoming smile and a good laugh.

Born on March 21, 1961, in Queens, NY, he was the son of James and Elaine Hegstetter. Jim met Rebecca in his early 20s and married her on September 10th, 1994. He and his wife raised two girls, Laura and Grace Hegstetter, who he loved and supported endlessly.

Jim loved Red Hook and everyone in it. He was always quick to help a stranger, neighbor, or family member. He was an active member of his community and sat on the boards of Gateway, the Elmendorph Inn, and the Town of Red Hook -Zoning Board of Appeals. He was a longtime member of the Red Hook Golf Club, and the Red Hook Boat Club.

Jim proudly served in the United States Army before heading to Dutchess Community College, R.I.T. and then Marist to achieve his Bachelor's Degree in Business. He started, owned, and operated Command Credit Corporation for 30 years where he proudly employed eleven people.

In addition to his father, wife, and children, Jim is survived by his siblings, Jill (Ned) Dennin, Thomas (Theresa) Hegstetter, and Lynn (Jeff) Kuehn; along with many nieces and nephews whom he adored.

He was a stellar man with a lust for life, gathering, and celebration. Jim will be greatly missed by all types of people for his kindness, acceptance, and joy. He is loved beyond

measure.

A mighty tree has fallen.

Calling hours for Jim were held on Thursday, September 14, 2023 at the Burnett & White Funeral Homes in Red Hook.

Mass of Christian Burial was celebrated on Friday, September 15, 2023 at St. Christopher's Church, Red Hook. Interment followed in St. Paul's Lutheran Cemetery in Red Hook.

Memorial donations may be made in James's memory to the Astor Home for Children, a mental and behavioral health charity that he worked at and supported.

Arrangements are under the direction of Burnett & White Funeral Homes 7461 S. Broadway, Red Hook, NY.

To sign the online guestbook, please visit www.Burnett-White.com

Helen Mullen

RED HOOK - Helen Mullen, 97, a Red Hook, NY resident, passed away peacefully on Saturday, September 2, 2023 at Northern Dutchess Hospital in Rhinebeck, NY.

Born on September 12, 1925 in Poughkeepsie, NY, she was the daughter of the late A. Vincent and Helen (Rowland) Mullen. Helen graduated from St. Mary's Grammar School (Poughkeepsie) and Poughkeepsie High School.

For many years, Helen was a Telephone Operator with the NY Telephone Company in Poughkeepsie. She also worked for the City of Poughkeepsie School District until her retirement in 1987.

A woman of strong faith, Helen was a longtime communicant at St. Christopher's Church in Red Hook. Her legacy is not just in the memories she leaves behind, but in the lessons of faith, resilience, and love she imparted to all who had the privilege of knowing her.

She is survived by her nieces and nephews, Edward Mullen of Poughkeepsie, NY, Michael Mullen (Erin O'Neill) of Poughkeepsie, NY, Carol Ann (Thomas) Monahan of Park Ridge, NJ, and Maryann Mullen (Bryan Mechty) of Red Hook, NY, along with extended family and friends.

In addition to her parents, her sister, Mary Mullen and her three brothers, Vincent Francis Mullen, Edward Mullen, and infant brother, Vincent predeceased her.

Friends called at the Burnett & White Funeral Homes, Red Hook, on Tuesday, September 19, 2023. Mass of Christian Burial was offered at the Chapel at Archcare at Ferncliff, Rhinebeck, NY followed by burial at St. Peter's Cemetery, Poughkeepsie.

Memorial donations may be made in Helen's memory to Hudson Valley Hospice, 153 Sawkill Road, Kingston, NY, 12401; www.hvhospice.org.

Arrangements are under the direction of Burnett & White Funeral Homes 7461 S. Broadway, Red Hook, NY.

Sheila Dee (Herriman) Trombini

RHINEBECK - Sheila Dee (Herriman) Trombini (72) of Rhinebeck, New York, passed away peacefully at home, surrounded by family, on September 10th, 2023. Her passing followed a long and hard-fought battle with Stage IV Appendix Cancer.

Sheila was born to Gertrude (Decker) and Haskell Herriman on March 29th, 1951 in Poughkeepsie, New York.

Sheila worked for ShopRite Super Markets for over 40 years, holding various positions, including the Front Office, Bakery Manager and Bookkeeper.

Sheila married Gary J. Trombini in Rhinebeck in October of 1998.

Sheila enjoyed spending time on her deck and by her pool with family and friends. She will always be remembered for the best Memorial Day BBQs and family trips every summer to Lake George. More than anything, Sheila enjoyed spending time with her grandchildren.

In addition to her parents, Sheila was predeceased by her brother, Eugene Herriman, her sisters Jacqueline VanSteenburg and Gail Quinones, a cousin Debbie Stranski, her brother-in-law Wayne Trombini, sister-in-law Deanna Trombini and her mother and father-in-law, Dorothy and Eugene Trombini.

Sheila is survived at home by her loving husband, Gary J. Trombini, her children Jeffrey (Erin) Curnan of Elizaville, Victoria (Doug) Mulqueen of Saugerties, along with two stepchildren, Meghan Trombini of Red Hook and Eugene (Kara) Trombini of Charlotte, North Carolina. Additionally, Sheila is also survived by her brother Clayton (Sharon) Herriman of Pleasant Valley, her brother David (Ann) Cole of Rhinebeck, sister-in-law Nancy of Highland, brother-in-law Juan Quinones of Kinderhook and sister-in-law Joan (Bill) Trombini of South Carolina. Sheila is also survived by eight grandchildren: Lilly and Jaxon, Garrett and Julia, Gianna and Domanic and Calvin and Colette. She also had many nieces, nephews and dear friends and family.

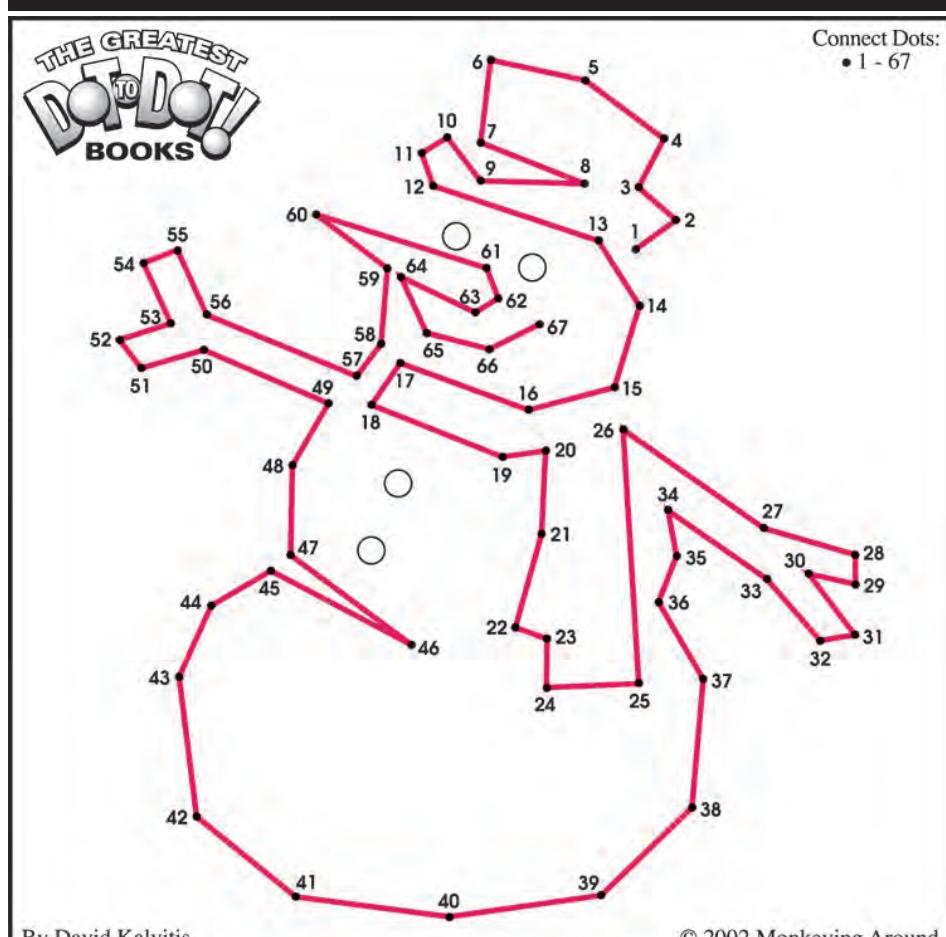
Friends called at Burnett & White Funeral Homes, Rhinebeck on Wednesday, September 13, 2023.

A funeral service took place at Burnett & White Funeral Homes, Rhinebeck on Thursday, September 14, 2023. Interment followed at Rhinebeck Cemetery.

Arrangements are under the direction of Burnett & White Funeral Homes 91 E. Market St. Rhinebeck, NY.

To sign the online guestbook, please visit www.Burnett-White.com.

Answer to this week's Dot to Dot (puzzle on page 12)



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Office of Children and Family Services

Kinship Navigator

Legal Notices

NOTICE OF PUBLIC HEARING
TOWN OF MILAN PLANNING BOARD
PLEASE TAKE NOTICE that the Planning Board of the Town of Milan will hold a public hearing in accordance with Town Law at the request of Stephen Mazoh and Martin Kline for site plan approval for the placement of a 357kW ground-mounted solar array on property located at 15 Pink Lane, tax grid numbers 6470-00-8543891 in the A5A zoning district.
SAID HEARING will be held at the Milan Town Hall, 20 Wilcox Circle, on Wednesday, October 4, 2023 at which time all interested persons shall be given the opportunity to be heard. The meeting starts at 7:00 p.m. and this application will be heard in the order in which it appears on the agenda. September 11, 2023
By Order of the Town of Milan Planning Board

Legal Notices

4, 2023 at which time all interested persons shall be given the opportunity to be heard. The meeting starts at 7:00 p.m. and this application will be heard in the order at which it appears on the agenda.
09/11/2023
By Order of the Town of Milan Planning Board

NOTICE OF ADOPTION

NOTICE IS HEREBY GIVEN that the County Legislature of the County of Dutchess at a meeting held on August 14, 2023, adopted a local law entitled:
LOCAL LAW NO. 5 OF 2023, A LOCAL LAW EXTENDING LOCAL LAW NO. 11 OF 1983, AS AMENDED, IMPOSING A TAX ON THE OCCUPANCY OF HOTEL ROOMS AS AUTHORIZED BY CHAPTER 208 OF THE LAWS OF 1983, AS AMENDED BY CHAPTER 140 OF THE LAWS OF 2004

The intent of this Local Law shall be to extend the Dutchess County Hotel Room Occupancy Tax Law for an additional five years.

A copy of the local law is available at the Office of the Clerk of the Legislature where it may be inspected during regular office hours.
LEIGH WAGER
Clerk
Dutchess County
Legislature
Dated:
September 11, 2023

NOTICE OF PUBLIC HEARING AND 30-DAY PUBLIC COMMENT PERIOD
DUTCHESS COUNTY
LEGISLATURE
NOTICE IS HEREBY GIVEN, that pursuant to Resolution No. 2023-158, that this Legislature shall

Legal Notices

conduct a public hearing on the 10th day of October at 7:00 P.M. in the Legislative Chambers, County Office Building, 22 Market Street, Poughkeepsie, New York to review and solicit comments from the public with respect to the proposed recommendations from the Agricultural and Farmland Protection Board for the modification and consolidation of districts 20, 22, and 23 into Agricultural District No. 21, and

PLEASE TAKE NOTICE, that a review of Dutchess County's Agricultural Districts is being conducted pursuant to Sections 303-a and 303-c of the New York State Agriculture and Markets Law. This review is coordinated by the Dutchess County Legislature, and by the Dutchess County Agriculture and Farmland Protection Board, acting as an appointed body of the Legislature. The Legislature shall thereby determine if the County's Agricultural Districts should be continued without modification, modified, consolidated, or terminated, and

PLEASE TAKE FURTHER NOTICE,

that the Dutchess County Legislature is required to review the continuation of Dutchess County Agricultural Districts 20, 21, 22, and 23 on or before March 12, 2024, pursuant to Article 25AA of the Agriculture and Markets Law of the State of New York, and

PLEASE TAKE FURTHER NOTICE,

during this regular review of the Agricultural Districts, the 303-b annual inclusion process was not held, but rather any landowner wishing to add land to these Agricultural Districts was

required to submit their request pursuant to the 303-a review process by May 30, 2023, and

PLEASE TAKE FURTHER NOTICE, in accordance with New York State Agriculture and Markets Law Sections 303-A and 303-C, the Dutchess County Agricultural and Farmland Protection Board reviewed existing district parcels and parcels requesting addition to the district and has filed with the Clerk of the Legislature a proposed map and list of parcels, detailing their recommendations for the modification and consolidation of districts 20, 22, and 23 into Agricultural District No. 21, and

PLEASE TAKE FURTHER NOTICE, that the proposed Agricultural District 21 would encompass lands in the Towns of Amenia, Beekman, Clinton, Dover, East Fishkill, Fishkill, Hyde Park, LaGrange, Milan, North East, Pawling, Pine Plains, Pleasant Valley, Poughkeepsie, Red Hook, Rhinebeck, Stanford, Union Vale, Wappinger, and Washington; and the Villages of Millbrook, Millerton, Pawling, Red Hook, Rhinebeck, and Tivoli; comprised of 193,990 acres, and

PLEASE TAKE FURTHER NOTICE, that an interactive map viewer of the existing and proposed agricultural districts can be viewed on the County website at: <https://gis.dutchessny.gov/ag-districts/>, and

PLEASE TAKE FURTHER NOTICE, that a copy of Resolution No. 2023-158, the map, and the list of parcels in proposed Agricultural District 21, will be available at

the Office of the County Clerk located in the County Office Building, 22 Market Street, Poughkeepsie, New York, for 30 days beginning on September 20, 2023, where it may be examined by interested parties during regular business hours. In addition, they will also be available at the following locations: the office of the Clerk of the Legislature located at 22 Market Street, Poughkeepsie, New York, the office of Dutchess County Planning & Development located at 85 Civic Center Plaza, Suite 107, Poughkeepsie, NY, the office of Cornell Cooperative Extension Dutchess County located at the Dutchess County Farm and Home Center, 2715 Route 44, Millbrook, NY, and at the town and village halls (maps and lists will only be forth at the respective community at Town or Village halls), and

PLEASE TAKE FURTHER NOTICE, landowners or municipalities within each District may propose a modification of the proposed district by filing such a proposal with the Clerk of the County Legislature by email at CountyLegislature@DutchessNY.gov, within 30 days of publication and in no event later than October 20, 2023.

Dated:
September 20, 2023
Dutchess County
Legislature
Leigh Wager, Clerk

PUBLIC NOTICE OF HEARING BEFORE THE ZONING BOARD OF APPEALS

Town of Pleasant Valley, Dutchess County, NY

Please take note that the Zoning Board of

Appeals of the Town of Pleasant Valley, NY, will hold a public hearing on the following proposition:

1583 Main Street, Pleasant Valley Appeal #1067 Grid#

6363-12-828586

Area Variance Request: The applicant is seeking an area variance to place a sign in front of the building, where it will be used to advertise Peony Design Studio. The maximum sign size is 4 square feet per side, and the proposed sign is 9 square feet per side. It will require a 5 square foot variance per side. Also, a maximum word count of 7 is allowed per sign, while the proposed sign has a word count of 9.

SAID Meeting will take place on September 27, 2023 at the Pleasant Valley Town Hall, 1554 Main Street, Pleasant Valley, N.Y., and begins at 7:00 p.m.

gency and local emergency orders is available at www.dutchessny.gov.

EXTENSION TO EXECUTIVE ORDER NO. 5 OF 2023 DECLARATION OF A LOCAL STATE OF EMERGENCY ORDER DECLARED BY DUTCHESS COUNTY EXECUTIVE: Please take notice that on September 16, 2023 at 12:00 a.m., pursuant to Article 2B of the New York State Executive Law, Article III of the Dutchess County Charter and Administrative Code Section 3.05, Acting Dutchess County Executive William F.X. O'Neil extended Executive Order 5 of 2023 dated May 18, 2023. The text of the declaration of state of emergency and local emergency orders is available at www.dutchessny.gov.

LEGAL NOTICE

NOTICE IS HEREBY GIVEN that a public hearing will be held by the County Attorney of Dutchess County in the County Office Building, County Attorney's Conference Room, 5th Floor, 22 Market Street, Poughkeepsie, New York, on the **27th day of September 2023 at 10:00 am**, on the following local law:

LOCAL LAW TO EXTEND THE YOUTH DEER HUNTING PILOT PROGRAM. At said time and place, all parties interested will be heard.

DATED:
September 15, 2023
Poughkeepsie,
New York
William F. X. O'Neil
Acting County Executive

The deadline for Legals is every Friday @ 12 noon for a Wednesday Publication* *When a public holiday falls on a Monday the deadline becomes Thursday at noon.

NORTHERN DUTCHES NEWS

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Answers to this week's diversions

(puzzles on page 16)

Suguru solution

2	3	4	5	1	4
1	5	1	2	3	2
3	2	3	5	4	1
4	1	4	1	3	2
5	2	3	2	5	1
4	1	5	4	3	2

SLAP	ASAP	LEASH
TALE	LOLA	ARISE
ETTA	PUGS	NITER
SHARP	PASA	TACK
SEC	EVE	BSA
REHEATS	ERSATZ	
RADAR	ITER	TAUT
ATIP	TRACT	RIDE
MITE	HEIR	TONIC
POODLE	DURANGO	
SSR	ATE	ORG
	GRANDFATHERS	
SPIED	DEAR	ODOR
PANNE	ENCE	LIMA
ALDER	DYED	DEES

SUDOKU

This week's answer

2	3	5	6	7	9	1	4	8
6	7	8	1	4	5	9	3	2
1	9	4	8	3	2	6	7	5
3	4	2	9	8	7	5	1	6
8	1	7	4	5	6	2	9	3
9	5	6	3	2	1	4	8	7
7	2	1	5	9	3	8	6	4
5	8	9	7	6	4	3	2	1
4	6	3	2	1	8	7	5	9

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GOLDEN LIVING

'GOLDEN GATHERING' COMING SATURDAY

A "one-stop shop" for the needs of Dutchess County's older adults and their caregivers is coming to Arlington High School (1157 NY 55, LaGrangeville) on Saturday, September 23, from 9:30 a.m. to 12:30 p.m., in the form of the annual Golden Gathering, hosted by the Dutchess County Office for the Aging and New York State Senator Rob Rolison, with support from the James J. McCann Charitable Trust.

Reaching out to find the services and supports for successful aging can be complicated, but at the Golden Gathering you've got a great chance to have your diverse questions about your aging experiences answered in one trip. There will be dozens of service providers and agencies on hand at the Golden Gathering.

Additionally, "high dose" influenza vaccines often recommended for adults 65+ will be available while supplies last. Bring your Medicare and/or insurance card if a flu vaccination is in your plans for the day.

And lest we forget: the Golden Gathering kicks off with live music from OFA Picnic and Senior Prom impresario Bob Martinson!

You can volunteer for the Golden Gathering by emailing bjones@dutchessny.gov, or call 845-486-2544.

AND WHAT ABOUT THE LATEST COVID SHOTS?

A new nationwide rollout of updated vaccines from Moderna and Pfizer is just getting underway, after FDA approval last week. They won't be available at the Golden Gathering, but soon thereafter. Talk with your health care provider about how best to proceed. Although the COVID-19 public health emergency expired in May of this year, it's expected that the cost of the vast majority of COVID vaccinations will be covered by Medicare and private insurers.

FALL THRIVE60+ NEWSLETTER AVAILABLE

OFA's latest quarterly newsletter THRIVE60+ is being distributed at libraries throughout Dutchess County this week, and OFA volunteers have been busy preparing the newsletter for delivery to households on the OFA mailing list.

You can find the newsletter online at www.dutchessny.gov/THRIVE60.

LAST CALL FOR SENIORS TO APPLY FOR FREE FARMERS MARKET COUPONS

Time is running out for older (age 60+) low-

income Dutchess County residents who haven't yet applied for Senior Farmers Market Nutrition Program (SFMNP) coupon booklets. Qualifying older adults have until Thursday, September 28 to apply. SFMNP is a win-win for older adults and local farmers, providing nutritious food as well as supporting participating farms and markets. The booklets are comprised of five \$5 coupons that can be used at any participating vendor.

Walk-in applicants can visit OFA headquarters (114 Delafield St., Poughkeepsie) only between 2:30 and 4 pm on Tuesdays and Thursdays to apply, while supplies last. There's also a "drive-up" application event taking place at OFA on Wednesday, September 27, from 9:30 a.m. to 12 noon.

Not all farmers markets participate in the SFMNP program; to find regularly updated county-by-county lists of participating markets, visit agriculture.ny.gov/farmersmarkets.

SFMNP coupons should be treated like cash. They cannot be replaced if lost or stolen. The coupons are valid at participating markets throughout New York State for as long as the markets remain open this year, or November 30, whichever comes first.

YOUR VOICE COUNTS AT OFA PUBLIC COMMENT FORUMS

While you can contact the Office for the Aging at any time with your questions and concerns, the annual OFA Public Comment Forums are unique opportunities to speak directly, in person, to OFA leadership and members of the OFA Advisory Board, at the following dates and locations:

Wednesday, October 4, 10:30 am OFA Friendship Center 114 Delafield St., Poughkeepsie

Friday, October 6, 10:30 am The Pavilion at Brookmeade, 34 Brookmeade Dr., Rhinebeck

If you are unable to attend a Public Comment Forum, you can mail written comments to the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, NY 12601. You can also email comments to ofa@dutchessny.gov

All Public Comment Forum locations are handicapped accessible. Persons requiring special accommodations to take part in a Public Comment Forum should contact OFA by Monday, September 18th.

OFA SENIOR PROM – REGISTRATION NOW OPEN

This year's Office for the Aging "Golden Anniversary" Senior Prom is taking place on Monday, October 16 from 12 noon to 4 p.m. at Villa Borghese, 70 Widmer Rd. in Wappinger, presented with vital support from The Pines at Poughkeepsie. The prom begins with lunch, then the full Bob Martinson Band will keep the dance floor packed for the rest of the afternoon.

Reservations are now open, and are \$20 per person if paid before October 6, and \$30 per person after that date, if any seats are left. A printable reservation form is available in the Fall 2023 OFA THRIVE60+ newsletter and on the OFA website at www.dutchessny.gov/aging; and are available at all eight OFA Friendship Centers.

Each year's prom has a unique theme, and we're going with a "golden anniversary" theme to commemorate 50 years since the 1973 founding of the Office for the Aging. It's optional to dress up; but if you're planning on being creative with your outfit, you'll want to incorporate gold into it.

'ADDICTION AND THE AGING' and 'SKY BREATHING – A NEW WAY TO MEDITATE' AT BOARDMAN ROAD LIBRARY (Tue 9/26)

Learn about how alcohol and substances affect us as we get older and how to use breathing strategies to cope with life stressors.

Dr. Bina Dani will present on Sky Breathing/Meditation and Christine Groenewegen will present on Addiction and Aging. The event is hosted by the Dutchess County Adult Mental Health Subcommittee.

There is no charge for this event, taking place at Boardman Road Library in the Town of Poughkeepsie (141 Boardman Road), from 2:30-4:30 p.m. Registration is not required.

'BOOTS BY THE BANDSHELL' AT BOWDOIN PARK (Saturday 10/14)

Join Dutchess County Parks and 97.7 "The Wolf" radio for "Boots by the Bandshell," a free country music event with line dancing, food trucks, family activities and fireworks.

It takes place on Saturday, October 14, from 3:30 to 8 p.m., at the bandshell pavilion at Bowdoin Park (85 Sheafe Rd., Wappingers Falls). CJ and Jess from The Wolf's morning show will be on hand from 3:30 until 5 p.m./, followed by a performance from Thunder Ridge from 5 until 7:30, capped off with a 7:45 fireworks show. For more information, see

www.dutchessny.gov/parks.

TWO DEFENSIVE DRIVING COURSES (October 1 and 2-3)

Older drivers looking to refresh their skills and save on insurance costs have an opportunity to sign up for one of two six-hour defensive driving courses, held at Nubian Directions (248 Main St., Poughkeepsie). The NYS DMV-approved classes take place on Sunday, October 1 from 10 a.m. to 4 p.m.; and a class consisting of two 3-hour sessions on Monday and Tuesday, October 2 and 3, from 3-6 p.m. both days.

Drivers who successfully complete the class have the opportunity to save up to 10% on vehicle liability, collision, and personal injury protection insurance premiums for three years, and may reduce the number of points on an individual's driving record by up to four.

The fee for senior drivers is \$35, and \$40 for all others. For more information, contact Michael Sweeting at 845-407-1378.

MATH AND PHYSICS EXPLORATION FOR OLDER ADULTS

Many older adults may recall having "math anxiety" during their younger years; but even so, wouldn't it be fun to help your grandchildren learn, love, and enjoy math?

We may not have had the time to learn and practice math when we were younger, but there's an opportunity to catch up. Math and Physics Exploration provides a course for older adults that will not only help them overcome anxieties but will also enable them to become exponentially better grandparents. You'll learn why math works and how to use patterns to make math easier and faster to use. On a practical level, you may be able to help children who fell behind in mastering basic computational skills during the COVID-19 pandemic.

After that, you'll learn how to teach math to your own grandkids, and master math along with them. Dutchess County's Dr. Irvin Miller is looking for volunteers to take the course and perhaps teach other children. Reach him by email at immiller1@juno.com.

Golden Living is prepared by the Dutchess County Office for the Aging, 114 Delafield St., Poughkeepsie, New York 12601, telephone 845-486-2555, email: ofa@dutchessny.gov website: www.dutchessny.gov/aging



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