

DC Legislature passes resolutions on homelessness, shelter at 26 Oakley

From County reports

The Dutchess County Legislature passed four resolutions addressing homelessness across the County and passed the resolution on the emergency housing shelter at 26 Oakley Street in Poughkeepsie by a vote of 23-2 at their full board meeting on Monday, Sept. 14.

The four resolutions include a County Action Plan on homelessness, adding three staff members to the street outreach team that approaches the chronically unhoused, a study focused on current and future locations of shelters, and a council to work on a long-term plan to address homelessness in Dutchess County.

Chair Yvette Valdés Smith said, "The resolutions that we passed at our board meeting is the beginning of a multi-faceted approach to finding solutions to homelessness. The legislature was faced with a difficult decision regarding the 26 Oakley emergency housing facility. We've worked diligently for years to put forward the resources needed to strengthen the County's long-term plans because it is our responsibility as elected officials to provide safe and secure shelter for our un-housed community. The resolutions that we passed today will begin to move the county towards a comprehensive plan to address homelessness."

Majority Leader Barrington Atkins (D- City of Poughkeepsie) said, "I'm proud of these resolutions because they move us beyond speeches and into solutions. We put outreach, accountability, equity, and long-term planning on paper and gave them teeth. The City of Poughkeepsie will continue to lead, but leadership does not mean becoming everyone else's excuse not to act."

continued on page 2

'Handmade & Harvest' in Pleasant Valley to showcase range of local products

Community market set this Sunday

The Pleasant Valley Handmade & Harvest Market Experience is set for Sunday, Sept. 27, from 10 a.m. to 2 p.m., at 12 North Avenue, Pleasant Valley. More than 20 vendors will offer an impressive variety of locally grown, handcrafted, and thoughtfully created products from farmers, artisans, makers, producers, and small businesses throughout the area. This family-friendly event includes live music, friendly farm animals, food trucks and fun for the whole family.

What began as a single-event community market in 2025 is continuing to grow into a celebration of the people, products, and creativity that make Pleasant Valley and the greater Hudson Valley special.

The Pleasant Valley Handmade & Harvest Market Experience was first envisioned in 2025 by Pleasant Valley Town Councilwoman Meghan Borland. Hosted by Hudson Valley Credit Union in Pleasant Valley, the inaugural market received an enthusiastic response from vendors and visitors alike, planting the seed for future markets and demonstrating the community's desire for opportunities to shop local, support small businesses, and connect with area farmers, artisans, and makers.

Building on that success, in 2026 local farmers Doug Nieters of PleasantLand Farm and Andrea Parent-Tibbetts of



The Pleasant Valley Handmade & Harvest Market Experience, set for Sunday, Sept. 27, will offer a wide variety of locally grown, crafted and created products. There will be friendly farm animals, live music, food trucks and fun for the whole family. *Courtesy photos*

Clover Brooke Farm brought together a small working group to expand upon that original vision and create the Pleasant Valley Handmade & Harvest Market Experience.

The Market celebrates the creativity, agriculture, and the entrepreneurial spirit of the Hudson Valley by bringing together local artisans, farmers, growers, makers, producers, and small businesses in one welcoming community marketplace. Its mission is to provide a place where

visitors can discover handcrafted, home-grown, locally sourced, and naturally made products while meeting and connecting directly with the people who grow, raise, make, and create them.

Beyond shopping, the Market is designed to be a true community experience. Local organizations, including the Pleasant Valley Community Garden, are given an opportunity to share their work,

continued on page 3

DC Board of Elections offers guidance to absentee and vote-by-mail voters

The Dutchess County Board of Elections is emphasizing, for absentee or vote-by-mail voters, alternative methods for delivering completed ballots, beyond the United States Postal Service, such

using drop boxes at early voting sites and poll sites on election day and over-the-counter absentee voting at the Board of Elections.

"Nothing has changed in New York State election law or at the post office with respect to voting by mail in New York State, but we do want to encourage those who can, to use other methods of returning their ballots," said Lisa Jessup, Democratic Commissioner. "Postal delays have been an ongoing concern and we want to make sure that voters understand the alternatives. Voters who must mail back their ballot should do as soon as possible and do so at a post office where they can obtain a postmark."

Republican Elections Commissioner

Erik Haight added: "I've always encouraged voters to show up in person either during Early Voting or on Election Day. Once the voter's ballot is inside the voting machine it is 100 percent secure."

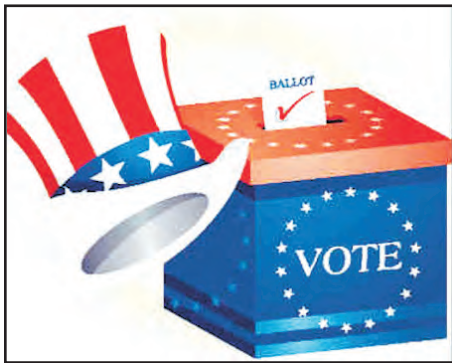
On Sept. 18, the Board of Elections issued ballots to military and overseas voters as well as any voter who has already requested an absentee ballot for 2026.

Also, starting Sept. 18, voters may request an absentee ballot over the counter at the Board of Elections during business hours, fill out the ballot, and return it over the counter. The Dutchess County Board of Elections is located at 112 Delafield Street, Poughkeepsie and is

continued on page 8

INDEX

Community Calendar	6
Creative Living	9-15
Get Growing!	10
Suguru	12
Crossword Puzzle	12
Sudoku	12
Love to Cook	13
Decoding Dutchess' Past	14
Obituaries	17
Public Notices	16-17
Classifieds	18-19



• OPEN FOR BUSINESS •

Brookmeade Community p 10
Bank of Millbrook p 5
Center for Physical Therapy p 7
Impact PR p 3

Northwell Health p 11
Pleasant Valley Department Store p 10
Roosevelt Cinemas p 2
WKZE 98.1 p 4

INSIDE:
Adams Fairacre Farms



Upton Lake Christian School celebrates 50 years and opens new high school building

By Elisa DeWitt, Principal

A bald eagle glided over the parking lot and the official scissors snipped the ribbon. On Sept. 16, Upton Lake Christian School (whose mascot is the eagle) celebrated its 50th year of operation and the opening of the new High School/Jr High School building. There has been an anticipation and desire for the new building for 25 years. Now, the building is in place to educate children academically and spiritually, and bring glory to God.

School board members Rich Evans, President, Tonya McCaughey, and Denielle Kukel were introduced; Paul Villanueva was unable to attend.

The American flag was raised by history teacher Mr. Sean Klay, who serves in the Army National Guard 42nd Infantry and recently returned from deployment in the Middle East (thank you, Major), and his son, Ian. Alumnus Rachel Prue spoke of the memories that flood through from the old (hunting lodge) building that saw many years of service and the multitude of students who wore down the floors and walls while gaining knowledge and developing Godly character.

There are three students who have run the table from kindergarten through high school, on track to graduate this Spring: Byron Karaman, Caroline McCaughey, and Luke Prue. It was entertaining to hear them share some memories, particularly how a now very extroverted individual was “velcroed” to Mom on that first day of kindergarten. It turns out, too, that the kindergarten teacher who was starting her first year at Upton Lake is now the school principal, Mrs. DeWitt. They have been through a lot of miles together and will do well in breaking in the new building.

What is a construction project without a good construction contractor? The project was performed by Brian Bovee and his team at Bovee Construction Company. Brian is president of the company and also was the general contractor.

Ben Bovee was project manager, handling much of the daily on-site and office activity. As Brian highlighted the many facets of the project, from planning board meetings to permits to materials to a multitude of trades and tradesmen on the job, it was clear the project was a major undertaking. Through it all, he gives praise to God for the opportunity to bring the project to life and work with the members of Upton Lake and the Clinton Corners Evangelical Free Church.

County Executive Sue Serino was also in attendance and spoke to celebrate the day. She gave a Proclamation to the school to acknowledge the event. She also told of the recent severe illness of her mother. With little hope of recovery, there were at least 3,000 people praying for her. Seventh grader Calvin called out, “God blessed your Mom.” She acknowledged his comment and said it was exciting to have this faith-based school constructed. God answered the prayers and what had been a time of little hope is now the road to recovery. Sue is grateful for the prayers of many and the groups who believe in the power of prayer.

Completing the speakers was Principal Elisa DeWitt. She told that when she was hired as the kindergarten teacher, the principal told her of the vision of a new high school building in the future. It was a point she didn’t fully grasp at the time but is grateful to be the principal when it has come into being. She also recalled the rainy day when the ornamental shovels hit the rocky ground to launch the project. She spoke of the humble beginnings of the school back in 1976 in the previous church building’s basement. And now, she looks forward to continuing to infuse the education and Godly character in students for years to come.

With that, the celebratory scissors were brought to bear and Mrs. DeWitt, Mr. Evans, and Mr. Bovee cut the ribbon and officially opened the new Upton Lake Christian School High School/Jr High School building.



The community of Upton Lake Christian School in Clinton Corners (below) celebrated the opening of their new high school/junior high school building on Sept. 16. Above, from left: Cutting the ribbon are Brian Bovee of Bovee Construction Company, School Principal Elisa DeWitt and School Board Member Rich Evans. Photos by Rachel Prue



send us your news —————
————— cschmidt@s Dutchessnews.com

DC Legislature passes resolutions on homelessness, shelter at 26 Oakley

continued from cover

Minority Leader Michael Polasek commented on behalf of the Republican Caucus: “For four years, we have worked toward making 26 Oakley a reality, and now it is finally happening. After months of criticism of this project and the process that brought us here, the Democratic Majority ultimately joined us in overwhelmingly approving the agreement and moving forward with the plan first put forward four years ago. We welcome their support. Now we can put the political arguments behind us and focus on what has mattered from the beginning: getting the HOPE Center open and helping people get back on their feet.”

Legislator Trevor Redl (D-Town of Poughkeepsie) stated, “This package strengthens outreach, accountability, and long-term planning, building a more comprehensive response. Expanding street outreach is critical: we need to meet people where they are and connect them with meaningful help.”

“I am proud that these resolutions passed by a large margin and that we Democrats are tackling a long-running problem that has been ignored for far too long. Creating a comprehensive plan to address homelessness is part of our responsibility as elected officials and

community members,” said Legislator Brendan Lawler (D-Hyde Park).

“The poor decisions of three consecutive County Executives, and of the previous Mayor of the City of Poughkeepsie, Rob Rolison, have backed the City into a corner. Tonight my colleagues and I took the bad situation they handed us, looked at it squarely, and made the only responsible decision: to support urgently needed shelter for our most vulnerable, while working to create a long-term, equitable plan to address homelessness in Dutchess County,” said Legislator Lisa Kaul (D-Town of Poughkeepsie).

The resolutions included:

- Adding a Three-person Street Outreach Team for Unsheltered Persons in the City of Poughkeepsie,
- Requiring a City of Poughkeepsie Coordinated Street Outreach, Behavioral Health, and Recovery Action Plan,
- Establishing the Dutchess County Council on Homelessness and Housing Stability and Requiring a Countywide Long-Term Plan, and
- Hiring an Independent Racial-Equity and Environmental-Justice Consultant to Conduct a Shelter and Housing Impact Study.

ROOSEVELT CINEMAS
Rte.9 Hyde Park 229-2000

LYCEUM CINEMAS
Rte.9 Red Hook 758-3311

--STARTS THURSDAY 9/24--

HEART OF THE BEAST PG-13

FORGOTTEN ISLAND PG

PRIMETIME R

AVENGERS: ENDGAME ENCORE PG-13

--HELD OVER--

Resident Evil (R)
The Weight (R)
Practical Magic 2 (PG13)
Coyote vs. Acme (PG)

--HELD OVER--
Resident Evil (R)
The Weight (R)
Shaun the Sheep:
The Beast of Mossy Bottom (PG)
Practical Magic 2 (PG13)
Coyote vs. Acme (PG)

BEST ENTERTAINMENT VALUE!

SUPER VALUE DISCOUNT CARD
Good any time for any movie

\$69 *REFILLABLE*
DISCOUNT CARD
Discount Cards can be used ONLINE or at the Box Office to purchase seats at "Member" price of just \$6.50! (Recliner and transaction fees extra)
PLUS get a FREE large bag of popcorn with every purchase!



WWW.GREATMOVIESLOWERPRICES.COM

**IMPACT**
PR & Communications

**Eastdale Village Brings a Taste of Italy
To Hudson Valley with First
Ferragosto Celebration**





East Fishkill veteran James Thomas Cartica Sr. recognized during ‘Honor-A-Veteran’ ceremony

Dutchess County Executive Sue Serino and the County’s Office of Veterans Affairs remembered the life and military service of U.S. Air Force Chief Master Sergeant (CMSgt.) James Thomas Cartica Sr. and respected Hopewell Junction resident, who passed away in 2025, at this month’s “Honor-A-Veteran” ceremony, held at Beekman Recreation Center in Hopewell Junction.

Serino said, “James Cartica lived with a gentle strength that made people feel safe and supported. From the day he joined the Air Force at 17, he gave his whole heart to serving his country and helping the people around him. Dutchess County is proud to share Mr. Cartica’s legacy through our ‘Honor-A-Veteran’ program so that his kindness, loyalty and love will stay alive in the many lives he touched and inspire others to live as he did.”

Enlisting as a 17-year-old, James Thomas Cartica, Sr. dedicated more than

three decades to serving his country in the United States Air Force and Air National Guard. He served from 1978 to 2010, including 26 years with the 105th Maintenance Squadron at Stewart Air National Guard Base, where he specialized in aerospace propulsion. CMSgt. Cartica supported numerous military operations, including Desert Shield, Desert Storm, Enduring Freedom and Iraqi Freedom. His leadership, expertise and commitment to his fellow airmen earned their respect and left a lasting impact. After his military service, CMSgt. Cartica continued serving his community through his work at Metal Container Corp. in Orange County. He was a devoted family man, mentor and friend, remembered for his legacy of service, friendship and love of country.

Dutchess County invites nominations for its monthly “Honor-A-Veteran” ceremonies, held April through November, to pay tribute to deceased U.S. Armed



Dutchess County Executive Sue Serino and the County's Office of Veterans Affairs joined the family of U.S. Air Force CMSgt. James Thomas Cartica, Sr. to celebrate his life and service at this month's "Honor-A-Veteran" ceremony. *Courtesy photo*

Forces veterans who served in wartime or peacetime. Community members can submit nominations and required military documentation for consideration through the County's Office of Veterans Affairs, with the next ceremony scheduled for Oct. 15.

Additional information and downloadable applications are available at dutchessny.gov/honoraveteran.

Community Baby Shower to offer information, resources and giveaways

Dutchess County Executive Sue Serino and the Dutchess County Department of Health (DCDOH) will host a free Community Baby Shower on Tuesday, Sept. 29 from 3 to 7 p.m. at the Family Partnership Center, 29 North Hamilton St. in Poughkeepsie. Presented in partnership with the Institute for Family Health's Perinatal and Infant Community Health Collaboratives (PICHCC) and Healthy Families Dutchess

County programs, as well as the Poughkeepsie Children's Cabinet, the free public event is designed to celebrate, educate and support expectant and new parents throughout Dutchess County.

Families attending the Community Baby Shower will receive essential guidance to help them prepare for their new arrival, along with a variety of practical giveaways. Vendors will share evidence-based educational materials and addition-

al resources related to pregnancy, infant care and family health. Labor doulas, lactation consultants and local healthcare providers will be on site to answer questions and offer individualized support.

Attendees will learn about key topics, such as: breastfeeding and formula feeding; infant development and early childhood resources; proper car-seat use and installation guidance and many others.

DCDOH's clinic located within the Family Partnership Center will be open to provide childhood vaccinations, giving attendees an opportunity to update their children's immunizations. Those interested should call the clinic at 845-486-2963 in advance to confirm eligibility and ensure staff can prepare the appropriate vaccine.

Light snacks and beverages will be provided throughout the event. Spanish-speaking staff will also be available to provide information and answer questions. To learn more about the Dutchess County Department of Health and its offerings, visit dutchessny.gov/health.

‘Handmade & Harvest’ in Pleasant Valley to showcase range of local products

continued from cover

while local musicians add to the atmosphere. Hands-on activities for children of all ages and opportunities to interact with farm animals help create an engaging and family-friendly event.

A special feature of the September Market will be the “Muses of Craft” Tent, created to showcase talented local artisans who produce beautiful handcrafted items but may not yet be ready to participate in a market as individual vendors. This shared space provides emerging makers with an opportunity to introduce their creations to the community, gain valuable exposure, and experience participating in a local marketplace in an accessible and supportive setting.

The Pleasant Valley Handmade & Harvest Market Experience will continue this fall with additional markets planned for Nov. 1, followed by the first Holiday Market on Nov. 29. The Holiday Market

will usher in the holiday season with a festive celebration featuring local farmers, artisans, makers, and small businesses, along with a special photo opportunity with Santa and some of our favorite fluffy farm animals. To ensure the festivities can continue regardless of late-November weather, organizers are currently seeking a local indoor venue for the Holiday Market.

More than simply a place to shop, the Pleasant Valley Handmade & Harvest Market Experience is about strengthening connections within the community, supporting local businesses and agriculture, encouraging emerging artisans, and celebrating the talent, hard work, and traditions that make the Hudson Valley unique.

Come meet the people who grow it, raise it, make it, and create it, right here in the community.



STEFANIE HUBERT
Dutchess County Legislature
District 25

Early Voting: Oct. 24– Nov. 1
Election Day: Nov. 3
Paid for by Stefanie Hubert for Dutchess County.

(Published weekly)

Northern Dutchess News & Creative Living is a division of the Southern Dutchess News, produced and printed in Dutchess County since 1959. The Southern Dutchess News is an official newspaper of Dutchess County, as voted by the Dutchess County Legislature. The Northern Dutchess News is the official newspaper of the Towns of Amenia, Millbrook, Union Vale, Stanford and Rhinebeck.

Submit all legal notices to sdnlegals@aol.com.

Publisher
Albert Osten

General Manager
Curtis Schmidt
cschmidt@sdutchessnews.com

Editorial/Creative Director
Kate Goldsmith

Reporters
Kristine Coulter

Contributing Writers
Cynthia Baer
Jim Donick
Matthew Fetzer
Morgan E. Maier

Advertising Representative
Richard Wambach
845-417-5377
richardlw47@gmail.com

Advertising deadline: Friday, noon

To submit news and letters to the editor:
cschmidt@sdutchessnews.com

Deadline is Thursday at 3 p.m.

To submit arts-related news
and calendar events:
creativeliving@sdutchessnews.com
Creative Living deadline is Thursday
at 3 p.m. for publication the following week.

Northern Dutchess News serves the towns of Amenia, Beekman, Clinton, Dover, Hyde Park, LaGrange, Milan, Pine Plains, Pleasant Valley, Red Hook, Rhinebeck, Stanford, Union Vale and Washington; the villages of Millbrook, Red Hook, Rhinebeck and Tivoli; and the hamlet of Salt Point

The Southern Dutchess News
84 East Main Street
Wappingers Falls, NY 12590
845-297-3723

PV Community Garden grows with experience and experiments

Submitted by Paulette Thomas

Along with trowels and spades, it is not unusual to see gardeners in Pleasant Valley Community Gardens patrolling the garden beds with with backwards duct tape wrapped around their fingers.

Pressing sticky duct tape to the underside of squash and zucchini vines, it turns out, is a handy and eco-friendly way to detach the eggs of the squash bug pest from the plant before it hatches and devours zucchini and cucumbers.

Now in its fourth year, the Pleasant Valley Community Gardens is growing beyond its mission of providing free fresh vegetables to the PV Food Pantry. It has also become a busy teaching garden for sharing information about best practices and handy tips. Dealing with pests in an eco-friendly way, such as duct-tape pest removal, way is one of the topics.

"I am excited about how the garden gets better every year – the soil, the vegetable output, everything," says Maureen Derasmo, who is known as a dedicated PVCG experimenter. "We are always looking for ways to improve." Along with Gwen Davis, the pair keep logs and charts for healthy garden bed rotation and efficient succession planting guaranteeing spring, summer and fall herbs and vegetables.

Other ways PVCG is expanding include:

- PVCG has increased the number of pantries it serves. In the previous three years, the volunteers delivered more than 5,000 pounds of tomatoes, potatoes, beans and more to the Pleasant Valley Food Pantry. This year, its abundance has allowed it to spread the produce to food pantries at Dutchess Outreach, Trinity United Methodist Church, and Lunch Box Kitchen, among others.

- PVCG has also created and sustained a successful "seed library" at the Pleasant Valley Library, where residents can help themselves to up to five free packages of vegetable and flower seeds each month. Local seed businesses have generously donated seeds, but PVCG also harvests its own flower and vegetable seeds for the project, including zinnias, dahlias, sunflowers and other pollinator-friendly flowers.

- The garden has provided a sort of local laboratory for best practices for Hudson Valley soil and climate, for instance, rotating its vegetable crops by the year, so that a row of nitrogen-rich beans, for example, replaces a row of heavy-feeding tomatoes the following season. Volunteers track which vegetables are more productive when sown



Pleasant Valley Community Garden volunteers gather one week's worth of vegetables to deliver to local food pantries. Below, Maureen Derasmo (left) and Gwen Davis consider which of the peppers varieties are most productive. Maureen Derasmo checks a rain gauge at the garden. *Courtesy photos*

directly in the garden vs starting indoors under grow lights. And an experiment in planting winter cover crops, such as winter rye, seemed to produce heartier plants in those rows. Companion planting – oregano and marigolds with tomatoes, for example – has also been a means to deter pests without chemicals.

- The garden, a former scrubby patch of unused field in Helen Aldrich Park, has added rows of native plants and herbs as a teaching garden, and as a potential source to grow plants to share with gardeners to replace problematic invasive plant species. Native plants such as Joe Pye, ironweed and anise hyssop are hearty growers at the garden.

- PVCG continues its series of free, hands-on workshops for gardeners on harvesting and saving seeds, and on fall gardening techniques. An upcoming session on Jan. 25, 2027, will focus on winter seed sowing. All are free at the PV Library.

- PVCG runs booths at events like Pleasant Valley Weekend and the local Handmade and Harvest Market to meet fellow gardeners and share information. "We are all about growing food and community," says co-president Janice Novet.

The garden meets the first Thursday of each month at 6 pm at the Pleasant Valley Library. All are welcome. No garden experience necessary.



Now Hiring For Our Sales Department!

CELEBRATING
MUSICAL DIVERSITY

KZE

WKZE.COM

98.1

Resumes:
gm@wkze.com



Find us on Facebook:
**Southern Dutchess
News Group**



Rolison introduces legislation to establish statewide 9/11 curriculum

In recognition of the 25th anniversary of the September 11 attack on the World Trade Center, New York State Senator Rob Rolison has introduced Seante Bill 10693 which would requiring the establishment of September eleventh awareness curriculum or instruction for school districts.

Today, nearly 40% of Americans were either not yet born on 9/11 or were too young to remember that day firsthand. Requiring this curriculum ensures future generations understand what happened that day, remember the lives we lost, honor the heroes who ran toward danger and learn how our nation came together in the days that followed.

“September 11, 2001, is a day that forever changed our nation, our state and the

lives of countless New York families. As a former police officer, I will never forget the courage of the first responders who ran toward danger, the innocent lives we lost or the extraordinary way Americans came together in the days that followed. But for today’s students, September 11 is history, not a memory. We have a responsibility to share what happened that day, the sacrifices that were made and why we have vowed to never forget. I am proud to join my colleague, Assemblyman Matt Slater, to sponsor Firefighter Joseph P. Spor Jr.’s Law in the Senate so that the lessons, heroism and legacy of September 11 continue to be passed from one generation of New Yorkers to the next.”

Firefighter Joseph P. Spor Jr.’s Law

would require instruction addressing the historical context of terrorism; the attacks on the World Trade Center, Pentagon and United Airlines Flight 93; America’s recovery and response; the global consequences of the attacks; and the examples of heroism, resilience and service that emerged during and after 9/11. Educational resources must be age-appropriate, factually accurate, and sourced from reputable sources. The legislation is named in honor of FDNY Firefighter Joseph P. Spor Jr., a member of Rescue Company 3 who made the ultimate sacrifice on Sept. 11, 2001.

In the New York State Assembly, this bill is A07919A, sponsored by Assemblyman Matt Slater and is supported by the 9/11 Education Foundation. Slater represents the 94th Assembly

District, which includes parts of Putnam and Westchester counties, including the towns of Kent, Patterson, Putnam Valley, Carmel, Southeast, Somers and Yorktown, as well as the village of Brewster.

“Twenty-five years ago, our nation witnessed unimaginable evil, but we also witnessed extraordinary courage, sacrifice and unity,” said Slater. “As the generation that remembers September 11 firsthand grows older, we have a responsibility to make sure those stories are never lost. The support of the 9/11 Education Foundation and Senator Rolison sends a powerful message that ‘Never Forget’ cannot simply be something we say—it has to be something we teach.”

Findings from study note assets of New York’s museum sector

Assemblymember Didi Barrett (D-Dutchess/Columbia) and The Museum Association of New York (MANY) recently announced the release of the New York Study of Public and Private Museums, the first comprehensive statewide study of New York’s museum sector. This study shows that New York’s nearly 1,200 chartered museums – including art and history museums, children’s museums, zoos and aquariums, historic sites and historical societies, and botanical gardens – serve more than 47 million visitors a year. Some 96 percent of New Yorkers consider museums to be educational assets in their communities, and museums rank among New Yorkers’ most trusted public information sources.

The study, authorized by legislation championed by Barrett, was prepared by Wilkening Consulting for Empire State Development and conducted a comprehensive census of public and private museums across New York State, exam-

ining their operating conditions, characteristics, attendance levels, and the challenges they face.

Barrett shared some of the study’s findings in a release issued last week.

Museums across the state collectively employ more than 33,000 people, engage more than 50,000 volunteers, welcome nearly 3 million K-12 students on field trips each year, and care for unique collections and facilities that preserve New York’s extraordinary history, art, culture, science, and natural heritage. The findings also challenge assumptions about the scale and resources of New York’s museum sector:

- 57 percent of museums operate on less than \$100,000 a year.
- 60 percent have no full-time employees.
- One-third rely exclusively on volunteers.
- Collectively, museums report an estimated \$1.7 billion in deferred maintenance and preservation needs.

These findings establish a statewide baseline for understanding and supporting New York’s museum sector and make it clear that strengthening New York’s museums will require not only additional investment, but systems of support designed around the realities of institutions of different sizes and capacities.

Explicit recommendations from the authors include:

- Making funding more accessible to small and volunteer-run museums
- Expanding capital preservation, and facilities support
- Increasing access to professional development and technical assistance
- Helping museums address collections stewardship, emergency preparedness, accessibility, and long-term planning.

“When we first called for this study, we knew New York needed a clearer understanding of the museums serving

communities across our state,” said Barrett. “Now we have an unprecedented picture of one of New York’s great strengths. Our museums are a diverse ecosystem of nearly 1,200 deeply rooted community organizations, sustained by dedicated professionals and volunteers. New Yorkers have made clear how deeply they value museums in their communities, and now we have the data to understand both the extraordinary role these institutions play and the challenges they face.”

She added, “This is a critical juncture to make investments that ensure museums in every region of our state have the resources they need to continue serving their communities. This is the first meaningful data following last year’s devastating cuts to federal support for arts and culture. At a consequential moment for museums and cultural institutions across the country, New York has an opportunity to lead.”

988 SUICIDE & CRISIS LIFELINE IS LIVE

The first nationwide three-digit mental health crisis hotline is up and running. It is designed to be as easy to remember as 911, but when you dial 988, a dispatcher will connect callers with trained mental health counselors.

Dialing 988:

- Is a direct connection to compassionate, accessible support for anyone experiencing mental health related distress.
- Provides support: People may dial 988 if they are worried about a loved one who may need crisis support.
- Help for VETERANS: Veterans can press “1” after dialing 988 and be connected directly to the Veterans Crisis Lifeline.

Community Banking. The way it should be.

When you walk into our Millbrook branch, you’ll likely meet Kellen Lehmkuhl. With years of banking experience, Kellen knows that every customer’s financial needs are unique but the goal is always the same — delivering the right solutions with great personal service. That means:

- Competitive rates
- Decisions made quickly, right here at home
- Flexible solutions for both individuals and businesses

At Bank of Millbrook, we’re proud to be part of the communities we serve.

BANK OF MILLBROOK
The Strength of Relationships



(845) 677-5321
BANKOFMILLBROOK.COM

MILLBROOK 3263 FRANKLIN AVE.
AMENIA MILLERTON PINE PLAINS STANFORDVILLE
MEMBER FDIC



Kellen Lehmkuhl
Millbrook Branch Manager

**Vendors sought for
Freedom Plains rummage sale**
Flea Market Vendors wanted for the Freedom Plains Fall Rummage Sale and Flea Market, Oct 3 2026, from 9am-3pm. For \$25, you can reserve a generous space on our front lawn. To fill out an application and pay the \$25 fee online, go to our website www.fpupchurch.org or call the church office weekdays from 9am-3pm (845-452-0684).

Feedback sought on Lions Mini Park master plan set Sept. 25
Please join the Parks Committee for a tabling event at the Lions Mini Park, 29 North Park Road, Rhinebeck, on Friday, Sept. 25, from 2:30 to 5 p.m.
Feedback is sought on two potential master plan designs for the entire park and on possible playground equipment and features for a 2-5-year-old playground. Families with children 5 years and under are particularly encouraged to attend.
In case of inclement weather the event will move to the Middle School cafeteria at 2:50 p.m.

Clinton Historical Society fundraiser set Sept. 26; fall events schedule
An evening to benefit the Clinton Historical Society will take place on Saturday, Sept. 26, from 5 to 7 p.m., in the Big Barn at Meadowland Farm, 689 Schultzs Road, Clinton Corners. Enjoy wine and cheese and tasty treats and participate in a silent auction featuring all the best local restaurants. See old friends, make new friends and support the Clinton Historical Society. RSVP required at <https://clintonhistoricalsociety.org/>.
Other events include:
Oct. 2: October First Friday Talk: How Omega Became Omega
Oct. 11: Quaker Meeting House Tour at Creek Meeting House
Oct. 30-Nov 1 TENTATIVE: Tag Sale
Nov. 6: November First Friday Talk: "The Brave Montgomery"
Nov. 8: Quaker Meeting House Tour at Creek Meeting House
Visit clintonhistoricalsociety.org for more information.

In Flight, inc. announces 5th annual Cornhole for a Cause & Community Festival
In Flight, Inc. will hold the 5th Annual Cornhole for a Cause, presented by Hudson Regional LTC Pharmacy, on Saturday, Sept. 26 from noon-8 p.m., at Dutchman's Landing Park in Catskill. This free event has become a full community festival, drawing hundreds of families, friends, and supporters for a day of fun while raising essential funds to empower individuals with intellectual and developmental disabilities throughout the Hudson Valley.
This year's celebration is surrounded in magic as the community is invited to step into a world of wizardry. With walkabout magician Sean Doolan, enchanting wares from local vendors, food trucks with their very own potions, and more spellbinding activities, every aspect is tailored to transport you into a world of magic. Closing out the evening with a dazzling, sensory-friendly drone show featuring magical characters above the Hudson River, the show promises to be an unforgettable finale for guests of all ages and abilities.
Additional activities include a pay-to-play cornhole tournament, live music by Big Empty, face painting, a magical appearance by the Witches Along the Hudson, live chainsaw cutting demonstrations by the Catskill Carver, and photobooth by Test Tone AV. Silent auction, raffles and a 50/50 drawing will also be held throughout the day.

Surf and Turf Dinner
The Clinton Volunteer Fire Department will hold its 45th annual Surf and Turf Dinner on Saturday, Sept. 26. Sit down is set for 5 and 7 p.m. Take out is at 6 p.m. Cost is \$22 regular or \$35 super size. Reservations only. Call 845-266-5485.

Red Hook Community Center Gala
Join us on Sept. 26th at 6 p.m. for a Gala in support of Red Hook Community Center at 59 Fisk Street in Red Hook. The fund-raising event is entitled "Community Constellations and will feature Social Hour with Beer, Wine, Cider & Hors d'oeuvres, plus a three-course meal. Live Music Performance by Bard Conservatory Pianist Marcos Castilla. For more information, visit redhookcommunitycenter.org.

Indoor Yard Sale at the First Presbyterian Church, 1576 Main Street (Route 44), Pleasant Valley, on Saturday, Sept. 26 from 9 a.m. - 2 p.m. Household and decorative items, tools, sports equipment, children's toys and games and more. Enter through the side door or elevator on the parking lot side of the building and go downstairs.

Introduction to Orchards Workshop set Sept. 30
On Wednesday, Sept. 30, from 6-7 p.m., join Cornell Cooperative Extension for a presentation by Dan Donahue, Tree Fruit Specialist with Cornell Cooperative Extension Eastern New York Horticulture. Learn about orchard establishment, tree fruit selection, meet fellow Hudson Valley farmers, and participate in a tree fruit Q&A. Questions: please contact Agriculture/Horticulture Program Leader Dr. Isabella Yannuzzi at imy3@cornell.edu.

Presentation Partner: Cornell Cooperative Extension Eastern New York Commercial Horticulture (<https://enych.cce.cornell.edu>)
Location: Dutchess County Farm and Home Center, 2715 US-44, Millbrook, NY 12545
Cost \$15 per person.

**Golf outing to support
Rebuilding Together Hudson Valley**
Chip In To Rebuild will be held on Oct. 2 at the Apple Greens Golf Course in Highland. The 34th annual outing will benefit Rebuilding Together. Registration opens at 8:30 a.m. A day of fun, fundraising, and friendly competition. One's participation helps to ensure safe and healthy homes for people in need. For more information, visit <https://rthudsonvalley.org/event/>.

**Rummage sale and flea market
set Oct. 3 in Lagrangeville**
The Freedom Plains United Presbyterian Church Fall Rummage Sale and Flea Market will take place on Saturday, Oct. 3, 9 a.m.-3 p.m. We are located at 1168 Route 55, Lagrangeville. The Flea Market will be on the front lawn with over 45 vendors. Inside there will be a huge Rummage Sale. Breakfast, lunch and a bake sale, will also be inside. The Rummage Sale items will be gently used clothes, furniture, toys, books, household items, garage and attic finds. We accept cash or Venmo. There will be a \$5 Bag Sale at 1:30 for all Rummage items. The "Church Boutique" will feature New Items, jewelry and treasured antiques. At 1:30, the Boutique will have a Buy One/Get One Free sale. This is a rain or shine event.
For more information, visit the Church Website www.fupchurch.org or call (845) 452-0684.

**Community Yard Sale set Oct. 3 to benefit
The Center for Performing Arts at Rhinebeck**
The Center for Performing Arts at Rhinebeck will hold its Big \$\$\$ Yard Sale on Saturday, Oct. 3, from 10 a.m. to 3 p.m., on the Great Lawn at The Center, 661 Route 308, Rhinebeck. Rain date is Saturday, Oct. 10.
The Big \$\$\$ Yard Sale is your one-stop shop for community treasures and theatrical finds. The Center is doing another clear out of our inventory of costumes, props, and set pieces, and opening the lawn to community sellers from across the Hudson Valley.
Whether you are hunting for vintage bargains or selling your own goods, this is a day for thrifting, treasure hunting, and connecting with neighbors, all while supporting The Center for Performing Arts at Rhinebeck.
Visit www.centerforperformingarts.org for more information.

Blessing of the Animals set Oct. 4 in Hyde Park
St. Francis Day Blessing of the Animals: Sunday, Oct. 4th, 1-2 pm (drop in) Drive through option for pets that don't play well with others 2-2:15 pm. St. James Episcopal Church, 4526 Albany Post Road, Hyde Park. Free digital photo, treats for pets and humans. Any and all animals, stuffed animals, and mementos of shy or departed pets are welcome. Donations of unopened pet food accepted for the DCSPCA.

Fall Pancake Breakfast in Rhinecliff Oct. 4
Rhinecliff Volunteer Fire Company and Rescue Squad's Fall Pancake Breakfast will return on Sunday, Oct. 4, from 8 to 11:30 a.m., as part of Fire Prevention Week. Enjoy a pile-high of "Rhinecliff's Best" pancakes, sausage, fruit, coffee and juice. It's

The cost is \$10 adults, \$4 children, free for children age 5 and younger.

Breakfast will be at the Rhinecliff Firehouse (corner of Shatzell & Orchard, Rhinecliff). Proceeds support the Rhinecliff Volunteer Fire Company.

For more information, contact Cynthia at (845) 489-1099 or csaniewski1@gmail.com.

Fall Pancake Breakfasts are also scheduled for Nov. 1 and Dec. 6 from 8 to 11:30 a.m.

Documentary screening set Oct. 4 in Kingston

Sunday, Oct. 4 from 2-5 p.m. at the Old Dutch Church, 272 Wall St., Kingston. Screening of "Gaza: Doctors Under Attack," an award-winning documentary that investigates Israeli military assaults on hospitals, doctors and healthcare workers. Free admission, refreshments, and community reflection. Cosponsored by: Middle East Crisis Response, African Roots Community Center, Columbia County for Palestine, JVP Hudson Valley, Mid Hudson Valley DSA, New Paltz Quaker Meeting, Peace Education Center, Rally Middletown, Mid-Hudson Valley Veterans For Peace, and Women In Black - New Paltz. Contact: mecr@middleeastcrisis.org or 845/876-7906

Oct. 10 concert to raise funds for PV food pantry
Concert at the First Presbyterian Church, 1576 Main Street, Pleasant Valley on Saturday, October 10 at 5 p.m. featuring Caroline Dolfi and Joe Murray. Acoustic arrangements of country and rock tunes.

Sat, Jan 3, 2022, 10am- 2pm. Hyde Park Repair Café and Recycling Event. Bring in your beloved but broken items for free repairs and advice. Recycle Batteries, rechargeable devices, Air Conditioners and mini refrigerators. The United Methodist Church, 1 Church St, Hyde Park, NY. For more information: www.ClimateSmartHydePark.org

Clients looking to make child support, Medicaid spend-down, assistance repayments or temporary housing share payments can do so through a secure link on the department's webpage: dutchess.ny.gov/Department/Community-Family-Services/DCFS-Make-a-Payment.htm.



Stanford turns out for Community Day



Stanford Community Day was held Saturday, Sept. 19, under sunny skies. A variety of local organizations were on hand with information for residents. In the photos, clockwise from top left: Charlie Shaw, Stanford's Citizen of the Year, speaks to attendees as Ryan Orton of the Stanford Grange (left) holds Shaw's award and Town Supervisor Julia Descoteaux watches on the right. Stanford Garden Club members Jeannette Starzyk, Ritamary Bell & Lida Bail are surrounded by bright flowers. Kathy Zeyher smiles at the United Church of Christ booth. Valerie & Mike Ruzich from the Lions Club speak to attendees. Peter Simmons displays Revolutionary War items. Teddy Secor and Curtis DeVito are pictured at the Stanford Conservation Advisory booth. *Courtesy photos*



Now opened
in our Hyde Park location
**BALANCE, AND
FALL PREVENTION
LAB**

To help you achieve your goals

(845) 233-4960 4353 Albany Post Rd. Hyde Park
www.centerforphysicaltherapy.com

Eastdale Village brings a Taste of Italy to Hudson Valley with first Ferragosto Celebration

On Saturday, Sept. 26, Eastdale Village Town Center will bring Italian community traditions to life in its own Palladino Piazza during a free full-day Ferragosto Celebration. From 11 a.m. to 8 p.m., Eastdale will transform its Italian-inspired Piazza into a lively festival filled with the sights and sounds of Italy, featuring authentic Italian food, live music, wine and beverage tastings, local artisans, family activities and special events celebrating Italian culture and traditions.

“Palladino Piazza was designed to be a gathering place, somewhere people can come together; that’s what makes Ferragosto a natural fit for Eastdale,” said John Hettinger, president of Kirchhoff, the real estate investment firm behind Eastdale Village. “We created this community to bring people from across the Hudson Valley together, and Ferragosto is a wonderful example of that vision coming to life — gathering around great food, sharing in traditions and celebrating together.”

Highlights of the day will include a live mozzarella-making demonstration and putting local chefs to the test with the “Better Than Nonna’s Sauce Competition,” with entries to be judged by Italian Comedian Candice Guardino;

Culinary Institute of America Professor Antonella Piemontese; Chef Angelo Balbo, chef and owner of Hurricane Grill & Wings in Poughkeepsie, Newburgh, and Luca Pizza in Newburgh; and Chef Stacey Hawkins, chef, entrepreneur, television host.

Additionally, the Ferragosto Market and local artisans and vendors will offer goods for attendees to shop. Throughout the day, Eastdale’s popular restaurants and shops will offer Italian food specials, sweet treats and beverages. Ferragosto is currently accepting entries for the traditional red sauce-making competition as well as sponsors and vendors.

Completed and dedicated earlier this year, Eastdale’s open-air Piazza was inspired by the timeless character of European public squares and designed to be a social heart of the community. The space was named in honor of Giovanni Palladino, Eastdale’s director of architecture and design, whose vision and leadership helped bring the gathering space and the live-work-play community to life.

For more information and announcements of upcoming events, visit eastdalevillage.com and follow Eastdale Village on Instagram and Facebook.



A map of the Ferragosto Celebration, which will be held at Eastdale Village on Saturday, Sept. 26. Courtesy image

send us your news
cschmidt@s Dutchessnews.com

HIGH SCHOOL SPORTS ROUNDUP

Arlington wins Hen Hud Volleyball Tournament

By Morgan E. Maier

This weekend, Arlington took first in the Hen Hud Volleyball Tournament. Earning a 5-1 record in pool play, Arlington beat Horace Greeley in 25-21 in a one-set semifinal match before beating Wallkill in a best-of-three finals 25-19, 25-14.

Amelia Giorgi earned Tournament MVP with 51 assists, 19 digs, 16 kills, 10 aces over the tournament. Caroline Urso was also named to the All-Tournament team with 18 kills, 11 aces, 17 digs. Avery Cunningham added 18 kills, 11 digs, 2 blocks. Further contributing to the tournament title were Stella Mahon (18 kills) Alyssa Reilly (12 digs), Jessica Cioffiro (11 digs) and Lucy Barton (4 blocks, 7 kills).

It’s the latest in a hot string of wins for Arlington volleyball, now under the tenure of Coach Jillian Cruz. Against Suffern on Sept. 14, Urso had a double-

double, 15 kills for and 15 digs to go with 6 aces. Avery Cunningham had 14 kills, 6 digs, and assisted on 3 blocks. Giorgi had 26 assists and 7 kills on her day, as Arlington swept the set, 25-19, 25-12, 25-13. A second back-to-back sweep ensued when Arlington bested Mahopac 25-19, 25-12, 25-17. Giorgi had 17 assists and 12 digs. Mahon had 7 kills, 2 digs, 2 blocks.

Dover football improved to 2-0 with a win over Spackenkill on Sept. 19. The Dragons controlled this recent Class C showdown, powered by Conor Drnek’s 4 touchdowns. He recovered a fumble, and rushed for 269 yards. Jalon Morgan completed 10 passes for 110 yards, connecting with Ethan Daniels for the Spartans’ lone touchdown.

Spackenkill got its first win of the girls’ soccer season with a resounding 10-0 victory over Poughkeepsie on Sept. 16.



Arlington girls’ volleyball team was crowned champions of the Hen Hud Volleyball Tournament this weekend. Courtesy photo

Have Computer Problems?

Get **\$20 OFF** Any Service

Use Coupon Code **42513**

Friendly Certified Computer Repair Experts

Geeks OnSite

- ✓ 24/7 Emergency Service
- ✓ Data Recovery
- ✓ Virus Removal
- ✓ Regular Maintenance

Call Now Get a Free Diagnosis **866-848-0045**

DC Board of Elections offers guidance to absentee and vote-by-mail voters

continued from cover

open from 9 a.m. to 5 p.m. Monday through Friday.

Absentee ballots may also be dropped at the Board of Elections or at any Dutchess County poll site during early voting or on election day and may be dropped by anyone.

Said Jessup, “There are no restrictions on who can drop off your sealed ballot, so

if you are unable to get to a ballot drop location, it is fine for you to give your ballot to someone you trust to drop it for you.”

The list of candidates on the ballot in Dutchess County in 2026 and poll locations are on the Board of Elections website at elections.dutchessny.gov.

Joe Baer brings new one-man show on P.T. Barnum to Morton Library

Joe Baer will perform the World Premiere of a new solo show, “P.T. Barnum! The One and Only!” on Saturday, Sept. 26, at 7 p.m.; and Sunday, Sept. 27, at 2 p.m., at Morton Memorial Library in Rhinecliff. Tickets are on sale for \$12 through Morton Library, where more information is also available. Tickets will also be sold at the door for \$15 one half-hour before each show. A portion of the proceeds will benefit Rhinebeck Grange #896.

Baer has been writing and performing solo shows for the past 17 years, including a successful seven-year run of “Samuel Clemens: Tales of Mark Twain.” His passion for researching and portraying historical figures comes from an avid belief in how the past informs the present. In the case of P.T. Barnum, history remembers him as a shameless hoaxer who chased a dollar at any cost. But Baer disagrees, saying “I believe this is only partially correct. I am hoping that this show challenges a lot of what people know about history’s Greatest Showman.”

Written and performed by Baer, the production steps away from modern Hollywood myths to look at the real history of P.T. Barnum through the lens of a charismatic apprentice who learned from the master himself. Far from being a heartless con man, this high-energy “theatrical lecture” proves Barnum was a visionary marketing genius, driven by a

radical desire to entertain at the turn of the 19th century.

Armed with a cane and a massive vault of historical projections, the apprentice takes the audience on a whirlwind journey through Barnum’s most legendary marketing triumphs. Audiences will witness the meteoric rise of the 25-inch, global icon, General Tom Thumb, and the carefully engineered cultural obsession of the Swedish Nightingale, Jenny Lind. Through these stories, the true heart of P.T. Barnum’s empire is revealed; a genuine, radical desire to provide wonder and joy to a weary world.

Says Baer, “Modern audiences either love Barnum, or despise him. But I don’t think they know the whole history surrounding him. In this show, I try to bridge the gap between the Hollywood myth and the historical facts of who is P.T. Barnum. Barnum didn’t trick people to hurt them. He tricked them to delight them. In a world that can feel gray and exhausting, the show celebrates the profound human right to experience curiosity, wonder, and joy.”

Morton Memorial Library is located at 82 Kelly St. in the heart of Rhinecliff. Street parking only, so add a few minutes to your journey. Get your tickets at EventBrite via Morton Library’s website: <https://morton.rhinecliff.lib.ny.us/>.

For more information, visit BaerhandsTheater.com.



Joe Baer as P.T. Barnum. Courtesy photo

Explore Red Hook’s Historic Tavern in new exhibit

Step inside the Elmendorph Inn and explore “A Seat at the Table,” a new immersive exhibit about the building’s history as a tavern, gathering place, workplace, and center of community life. Hear an immersive soundscape, explore hands-on activities and reproduction objects, discover stories of the people who gathered here, and make a take-home tea and punch blend inspired by historic recipes. Admission is free; drop in anytime during open hours.

The exhibit launched on Sept. 19 during Red Hook’s Hardscrabble Day. It

will be open on the following days:
Thursday, Sept. 24, 10 a.m.-2 p.m.
Saturday, Sept. 26, 10 a.m.-4 p.m.
Thursday, Oct. 8, 2-6 p.m.
Sunday, Oct. 11, 11 a.m.-3 p.m.
Friday, Oct. 16, 11 a.m.-3 p.m.

This exhibit is made possible with funding from Dutchess County’s Rev250 Programming Grant.

The Elmendorph Inn is at 7562 North Broadway (Route 9), Red Hook. Visit www.historicredhook.org for more information.

DOT-TO-DOT PUZZLE

See page 15 for finished puzzle (no peeking!)

THE GREATEST DOT-TO-DOT BOOKS!

No Dots
Connect Numbers:
1 - 201

Tip: Aim for the middle of each number.

By David Kalvitis © 2007 Monkeying Around

The World’s First Hearing Aids With Touchscreen Controls.

No tiny buttons. No apps. No prescriptions.

Call **855-484-2093** to get your 45-day risk free trial..

- ✓ Revolutionary technology with touchscreen control.
- ✓ Hearing modes for any environment.
- ✓ Multiple models to choose from.
- ✓ Portable charging case.
- ✓ 48-hour battery life.
- ✓ UV cleaning.
- ✓ Background noise cancellation.
- ✓ 45-day risk free trial.

Atom X

Audien Hearing



A Golden World

Take some time to observe the unique ecosystem of the goldenrod blossom.

A tiny ant trudged across my newspaper as I was worrying about the latest world news. He (she?) was no doubt engrossed in its own problems. Serious problems, for the ant. I set aside the paper and ventured into a nearby meadow, where I came across a patch of goldenrod. There, right before my eyes, was an entire world of its own, with its own creatures basking in the sunshine, going about their daily routines, or struggling desperately for survival. A Golden World.

Goldenrod is a native perennial flower known for its bright golden blossoms opening in September and October. It gets a bad rap during hay fever season, because it blooms in conjunction with the real hay fever villain – ragweed. The pollen of goldenrod is sticky enough to stay on the blossoms, and this is the foundation of the microcosm that becomes the Golden World.

Take some time from your busy schedule, stop worrying about our world’s problems for a little while, and delve into the unique realm of the goldenrod. Here’s some of what you might discover:

- **Soldier beetles** – Like most citizens of the Golden World, soldier beetles use camouflage to match the golden color of their surroundings. They feed on the sticky pollen, laying eggs that drop to the ground, where their nymphs spend the winter hiding in leaf litter, waking up in spring to gorge on aphids and other garden pests.

- **Crab spiders** – They look like tiny pale yellow crabs, nestled in the goldenrod flower spikes. Crab spiders will attack prey much larger than themselves – even bumblebees – by injecting them with venom.
- **Ambush bugs** – Tiny but adorable, with their chameleon camouflage, helmeted casque, and claws that would put a preying mantis to shame. They lay in wait for the passing traveler.
- **Bees** – Feral honeybees and more than a dozen species of native bumblebees gorge on the sticky pollen. Some tiny miner bees feed exclusively on goldenrod.
- **Wasps** – Amid all the hoopla about native pollinators, wasps get the short end of the stick. Some of them don’t even sting. A few wasps species are endemic to goldenrod. Digger wasps, blue-winged wasps and the more common paper wasps are all important pollinators. In addition, they prey on garden pests, including caterpillars, that they feed to their young. Unlike the malicious yellow jackets, wasps will leave you alone if you’re minding your own business.
- **Gall flies** – Downstairs, in the middle of the goldenrod stem, you’ll spot a globe like swelling, the home of the goldenrod gall fly larva. This bizarre insect can overwinter inside the swollen stem, thanks to the natural antifreeze in its “blood.” The adults are true flies, not to be confused with the hundreds of species



Above, a Blue Winged Wasp and, right, Locust Borer on goldenrod. Photos by Mark Adams

of gall wasps collected by the famed human sexologist Alfred Kinsey.

- **Locust borers** – These beetles use the goldenrod as a hideout. The larvae bore into the wood of locust trees, causing damage similar to that caused by the invasive emerald ash borer. After the adult beetles lay their eggs on a locust tree, they start feeding on goldenrod, where their striking coloration blends in, protecting them from predators.
- **Butterflies and moths** – Monarchs bulk up on goldenrod nectar before migrating south. So far I’ve been describing creatures that I’ve actually observed on goldenrod, not just googled. But I have to admit I’d like to see a wavy-lined emerald moth caterpillar, that supposedly (according to AI) camouflages itself by pasting bits of goldenrod leaves onto its back.



Take some time to observe the unique ecosystem of the goldenrod blossom. It’s all there – harmony, conflict, comfort, agonizing brutality – step right up to Golden World.

Mark Adams is an agricultural advisor to the Dutchess County Executive, Dutchess County B.O.C.E.S. and Cornell University.

MORTON LIBRARY ISSUES CALL FOR ART FOR HOMAGE TO FIBER CREATORS

Morton Memorial Library & Community House in Rhinecliff is asking textile artists – knitters, quilters, rug hookers, embroiderers, crocheters, weavers, spinners, and others – to share their creations with the Morton community for an art opening and exhibition.

The opening will be the week before the Sheep and Wool Festival so there will not be a time conflict but will be an “appetizer” to the festival (which takes place Oct. 17-18).

The deadline to submit work is Oct. 3. The opening will be Friday, Oct. 9.

The Morton Fiber Show is open to everyone; kids’ creations are welcome.

Email sandy@mortonrhinecliff.org or call (845) 876-2903 for more information.

Pleasant Valley
DEPARTMENT STORE
Shopping Local Never Felt So Good

Celebrating
80 Years
Thank YOU,
Hudson Valley

Quality Merchandise Customer Service

1585 Main Street • Pleasant Valley • (845) 635-2220
www.pleasantvalleydepartmentstore.com
email: PVMill2@aol.com

“5 Star Rated”- medicare.gov

Brookmeade
Rehabilitation Center

Your Recovery is Our Mission

We provide top-notch care in a comfortable setting for post surgical recovery as well as short-term health challenges, including:

Hip and Knee Replacement * Stroke * Post Surgical Recovery

Cognitive and Speech Disorders * Osteoarthritis * Shoulder Injury

Neurological Disorders * Spinal Injury

46 Brookmeade Drive, Rhinebeck, N.Y. 12572 (845) 876-2071
communityatbrookmeade.org

Handcrafts, paintings to highlight Haitian art sale and auction

By Kristine Coulter

The 26th annual Haitian Art & Handcraft Sale will feature an online auction and in-person sale at Vassar College in Poughkeepsie. The event features hundreds of pieces of artwork and handcrafts by Haitian artists.

“We will have hundreds of paintings, many of which will be offered for the first time. We have a wide variety of handcrafts, including iron sculpture, woodworks, silk scarves, papiere mache, and products made of goat horn,” stated Lila and Andrew Meade via email. “There are 39 items in the online auction, which starts a few days earlier than the in-person sale. We will have a special presentation Saturday afternoon of the sale, featuring our long-time consultant and partner in Haiti, Pere Andre Wildaine. He is going to paint a picture of what life is like in Haiti today, amidst the rampant gang violence and nascent attempts to bring about the first presidential election in over 10 years.”

The couple founded The Haiti Project in 2001 when the non-profit educational organization partnered with the village of Chermaitre and 46 other villages in Haiti, it states on The Haiti Project website.

The online auction, www.thehaitiproject.org, began Sept. 19 and goes until Sept. 27. The Families Weekend Sale, on the Vassar College campus in Poughkeepsie, will take place on Friday, Sept. 25, from noon to 6 p.m.; Saturday,

Sept. 26, from 10 a.m. to 6 p.m.; and Sunday, Sept. 27, from 9 a.m. to 2 p.m.

Guest Speaker Père André Wildaine will present “Insider’s Perspective: What’s (Really) Happening in Haiti” on Saturday, Sept. 26, at 4 p.m.

How have the sale and auction changed through the years?

“One of the biggest changes is that all our paintings and some of the handcrafts are visible online, so people can get an advance viewing before coming to the sale. And of course, the auction is now entirely online, which makes it easy for people to participate wherever in the U.S., or the world, they might be living. The emergence of Galerie Benoit, a young boy who attended our school and who is now teaching art to students near the NW mountains, has helped to offset the challenges of procuring art from street markets,” explained the Meades.

What would the Meades like people to know about the artists whose work they can purchase or bid on?

“Besides getting something beautiful to put in your home, and besides supporting education in Haiti, purchasing art directly supports the artists who have painted the paintings or created the handcrafts. This is no small thing, because at a time where tourism is down to zero, our Haiti Project represents one of the few viable ways to purchase Haitian art,” they said.

For more information, visit www.thehaitiproject.org.



Pictured is a sampling of creations featured in the upcoming Haitian Art & Handcraft Sale to benefit The Haiti Project. *Courtesy images*

**BRINGING MORE
CARE FOR YOUR
COMMUNITY**

**RAISE
HEALTH**

Nuvance Health is now Northwell.

We’re expanding award-winning care around your community. So you can get excellent health care closer to home, without having to travel to New York City.

Learn more at
Northwell.edu/CareforAll



Diversions

SUDOKU

Call today and receive a
FREE SHOWER PACKAGE
PLUS \$1600 OFF

**1-855-576-5653**

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. CSLB 1082165 NSCB 0082999 0083445

SPECIAL OFFER

	6			3				
			8			2	6	
			7	2		5		8
4		9					1	3
3	5					6		4
8		6		9	1			
	7	4			2			
				7			4	

© StatePoint Media

Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

Suguru

1

3

5

4

1

5

2

© 2023 krazydad.com

The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

THEME: MOVIE QUOTES

ACROSS

1. Give benediction

6. World's oldest broadcasting company, acr.

9. Hoodwink

13. H, spelled out

14. Have a cold, e.g.

15. Dogma

16. Raja's wife

17. Shel Silverstein's constrictor

18. Extreme, prefix

19. *"____, my dear, I don't give a damn"

21. *"Why so ____?"

23. "High" beverage

24. Fairytale's second word

25. "Swan Lake" step, e.g.

28. Potassium hydroxide solution, pl.

30. Nincompoop

35. Month of Purim

37. At any time

39. Coastal town in southern England

40. Flick part

41. 4 x 4 race

43. Like most Brothers Grimm stories

44. "Peer Gynt" playwright

46. Actress Campbell

47. Please do not delay, acr.

48. Experienced sailor (2 words)

50. Dispatched

52. a.k.a. Tokyo

53. Window guards

55. Beer faucet

57. *"I'm mad as hell, and I'm not going to take it ____"

61. *"What we've got here is ____ to communicate"

65. Like United States Capitol

66. Food safety org.

68. Ritual basin

69. Tooth trouble

70. Husk of corn

71. Sharks' domain

72. Fence board

73. Pastrami partner

74. Paper quantities

DOWN

1. Vomit

2. The one with pants on fire

3. Volcano in Sicily

4. *"I can smell the ____ of a woman... Honey oil, lavender, soap"

5. Israeli monetary unit

6. *"Hasta la vista, ____"

7. Life story, for short

8. Fastener

9. Hero shop

10. "Do ____ others..."

11. Paddington Bear's homeland

12. Airport postings, acr.

15. Rutabaga cousin

20. Extra sweatshirt, e.g.

22. Long period of time

24. No-good

25. *"We'll always have ____"

26. Hacienda brick

27. Mexican cuisine staple

29. *"She doesn't ____ go here"

31. Party garb?

32. Not better

33. Homer's famous poem, with The

34. *"Not quite my ____"

36. Donna or Lou

38. Techno dance party

42. Busybody, in Yiddish

45. *"____ puts Baby in a corner"

49. Toothy fish

51. Alterations specialist

54. Mention something

56. *"There's no ____ like home"

57. Contributes

58. Season to be jolly

59. Village People hit

60. Source of protein

61. Cab payment

62. Eye layer

63. #74 Across, sing.

64. Sea eagles

67. *"Go ahead, make my ____"

CROSSWORD

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

51

52

53

54

55

56

57

58

59

60

61

62

63

64

65

66

67

68

69

70

71

72

73

74

SWITCH & GET

\$25

Off First Month of New Service!

USE PROMO CODE: GZ590

Consumer Cellular

CALL CONSUMER CELLULAR

888-804-0913

© 2023 Consumer Cellular Inc. For promo details please call 888-804-0913

© StatePoint Media

The solutions to both the Sudoko & Crossword puzzles can be found on page 19

12 NORTHERN DUTCHESS NEWS & Creative Living - September 23-29, 2026



Baked with love

Vicki creates a special birthday meal for her mom.

For me, a well-thought-out gift from the heart can be more touching than anything wrapped in pretty paper. The older I get, the more I firmly believe that none of us really need things, even though it's always fun to unwrap a present. I think it's the time we devote and the love we bring to the intention that matter even more. Cooking for the people I love is one of my pleasures in life and, often, my gift to them. Whether it's a birthday or holiday or any old day, it gives me a sense of purpose and peace.

My mother is the heartbeat of our family, and she takes such good care of all of us that she deserves the very best. Every year for her birthday I try to make something special for her, and this year's endeavor was something new, a sort of mash-up of some of her favorite things. I had no idea if it would work, but I gave it a go.

Coming up with new recipes is almost always a fun challenge. I'm not sure if I invented something new (I doubt it), but when I couldn't find any recipes even similar to what I had in mind, it was experiment time. What I made was a combination of baked ravioli and eggplant parmigiana, both of which she loves. My thought was to serve it with a fresh caprese salad of tomatoes and basil and garlic bread. In theory it sounded like it could work.

Here's the thing about mothers: they often love and appreciate effort and almost anything their child makes, even if the results aren't very good. (I'm reminded of the macaroni necklace I made for her in Sunday school). She's always been my biggest fan and the wind beneath my wings, and that gave me not only the inspiration to give this a try but also the courage to fail. If it didn't work, we could laugh about it and get takeout, and she wouldn't love me any less. So, here's what I came up with.

BAKED RAVIOLI-EGGPLANT PARMIGIANA

Mama and I both love a good eggplant parm and ravioli is a treat for her, so combining the two made some sense in theory. I doubled this recipe to feed a small crowd with leftovers. And before you ask, no, I did not make the ravioli from scratch. Next time...

A note on the eggplant: I've made parmigiana for over thirty years and have tried different methods of prepping the eggplant for the best results. Because eggplant is spongy it tends to absorb oil when frying, so removing excess moisture beforehand is key. Some people swear by salting it first to draw out moisture, but I think it makes it too salty, and it takes a while. I've discovered that heating the raw slices in the microwave makes for better and sweeter eggplant with better texture in a fraction of the time (5 minutes as opposed to 30-60 for the salting method). I peel it first since I

don't care for the chewiness of the skin, which can also be bitter. The finished slices are lightly crisp with a silky interior and slight sweetness.

And one more thing: I used a 9x13 baking dish and LOTS of paper towels.

INGREDIENTS

- Vegetable oil (for frying)
- 2 medium-sized eggplants, trimmed, peeled and cut into ~1/4-inch slices
- Flour (start with 1 cup but you may need to add more)
- Salt and pepper to taste
- Eggs (start with 2)
- Water (start with 1 tablespoon)
- Large cheese ravioli (I used a 24oz bag of frozen ravioli and used 18 of them), cooked according to package and drained
- Pasta sauce (about 3 cups homemade or one 24oz jar)
- Shredded mozzarella cheese (1-2 8oz packages, depending on your mood)
- Sliced fresh mozzarella, optional (I used it for the top but shredded is fine)
- Dried oregano

METHOD

Pour 1/4-1/2 inch of oil into a large, deep skillet. Place over medium-high heat.

Place a paper towel on a microwave-safe dinner plate. Add a single layer of eggplant slices, top with another paper towel and add one more single layer of eggplant. Microwave 4-5 minutes. I blotted the slices dry when they were cool enough to handle, transferring them to a platter while I made more batches.

Preheat oven to 350 degrees.

Place flour in a shallow bowl. Season with a little salt and pepper. You may need to add more as you go.

In a separate shallow bowl, whisk eggs with water. (You may need more of this, too).

Dredge eggplant slices through the flour, then dip both sides in the egg. Add to heated skillet – in a single layer without overlapping – and fry until golden brown, turning once. Transfer to a paper towel-lined baking sheet or platter and blot to remove excess oil. (You'll need to replace the paper towels once or twice as you go).

Ladle enough sauce into the baking dish to just cover the bottom. Add a layer of eggplant, more sauce and a sprinkling of shredded cheese. Add a layer of ravioli (18 fit perfectly in the 9x13 dish). A layer of cheese, more sauce. Top with another layer of eggplant and sauce. I used fresh mozzarella slices on top, but more shredded cheese is fine. Sprinkle with dried oregano. (Can be made a day ahead to this point).

Bake until cheese is melted and bubbly, about 30 minutes.

Serves 6.

So, did it work? It did. It was pretty rich but also pretty comforting. I'm really glad I went with sorbet for dessert after! I'm not sure I liked it better than



Baked Ravioli-Eggplant Parmigiana and salad. Photo by Vicki Frank Day

classic eggplant parmigiana, or if mama did, but she appreciated the effort as the gift it was intended to be, and that it was made with thought and love. In that way, I hope it was a fitting way to celebrate her. It was certainly my pleasure to make it.

Vicki Frank Day's background includes over

two decades in various aspects of the food service industry. In addition, she has over 27 years' experience in marketing, graphic design, copy writing, food styling and research. She believes cooking should be a fun adventure, that food should be an experience and that every day can be a special occasion. Email her at vickiloves2cook@gmail.com.



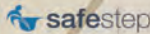
Find us on Facebook:
Southern Dutchess
News Group



FEEL SAFE ON EVERY LEVEL



\$750 OFF
+ FREE Installation
of your new
Safe Step Stairlift



Improve Accessibility



Comfortable Design



Made in the USA

Call Today for a
FREE Quote

1-844-268-5816



Financing Available with
Approved Credit

* With purchase of a new Safe Step Stairlift. Not applicable with any previous stairlift purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. Not available in every state. Expires 12/31/26. CSLB 1082165, NSCB 0083445, 13VH11096000, CGC1337181, ROC 312990, CCB 244331, SAFESW784PS, PA127501, MHIC 134223, TN 5887, RL084533, RBB-49248, UT 13228023-5501

September 23-29, 2026 - NORTHERN DUTCHESS NEWS & Creative Living 13



DECODING DUTCHESS PAST



Dutchess County
Historical Society

By Bill Jeffway

It can be hard to describe why a daguerreotype can be so powerful. It might come from a combination of its age (they are from the 1840s and 1850s), its ability to capture detail (three wrinkles under the left eye, four under the right), its connection to a distant past (older people in these settings would have grown up with George Washington as U.S. President), its fleeting nature (it can only be seen at a very precise angle to the light with a dark reflecting background), and its silvery hue, which makes it both refined and ghostlike. There is no negative and multiple prints; there is but one treasured image.

You can almost “feel” the clothing and hear its rustle. The coarser texture of a wool shawl rests against the harder but shinier surface of silk. You see the creases made by buttons.

Post-mortem images, particularly those of children, are heartbreaking.

Sitters had to remain motionless for an extended period, in a fixed seated position, having been warned against blinking too much.

When Samuel F. B. Morse – better

known today as the inventor of the telegraph – moved to Poughkeepsie later in life in 1847, he arrived associated with two of the era’s most advanced technologies. Morse had publicly demonstrated a working telegraph in 1837, a device which allowed messages to be sent over a wire with an immediacy that a messenger on horseback could not compete with. It was only two years later in 1839, while living in Paris, that Morse took particular interest in Louis Daguerre’s demonstration of his invention for capturing images. Within weeks of seeing the process demonstrated, Morse came to the U.S. and established himself as the person who introduced the technique to the country. Among his students was Mathew Brady, who would go on to famously photograph Lincoln and the Civil War. No doubt Morse’s interest, in part, stemmed from his early career as a portrait painter. Daguerreotypes quickly became popular with painters since it placed less of a burden on a sitter than an in-person on canvas session.

Dutchess County’s first known encounter with the daguerreotype came quickly. Research by local historian Helen Wilkinson Reynolds, published in

The magic of the daguerreotype



Above left and right: Some sitters were better at being able to express a degree of happiness than others. Two sitters for comparison. The right hand image by Walker. Middle: A Samuel L. Walker case shows in red crushed velvet: Samuel L. Walker, Po'keepsie, N.Y., artist. Courtesy DCHS

the Dutchess County Historical Society’s 1931 “Yearbook,” records an advertisement in the Poughkeepsie Journal dated October 27, 1841: Alexander B. Weekes and David Keith, announcing that they were at 324 Main Street, prepared to make “Daguerrean Likenesses.” That is just two years after Daguerre unveiled the process in Paris.

Weekes and Keith did not stay, and neither did most of the operators who followed them. Reynolds traced a procession of names through the 1840s: R. G. Holmes advertised from January 1842 to September 1844, A. F. Thomson picked up the trade through 1844 and 1845, and William A. Tomlinson carried it through 1846. As Reynolds put it, these men “visited the village of Poughkeepsie, filled such orders as they could secure and moved on elsewhere to repeat the program.” For its first Dutchess County decade, in other words, the daguerreotype was a traveling trade, not a settled one. That same busy stretch, in September 1844, also brought a higher-profile visitor: Jeremiah Gurney, an ambitious young Broadway daguerreotypist trained by Morse himself, came up the Hudson to show a daguerreotype at the New York State Agricultural Society’s fair – held that year in Poughkeepsie – and won a prize for it before heading home.

It took until June 1847, nearly six years after Weekes and Keith’s first advertisement, for the trade to finally put

down roots, and it did so in a big way. That month, Samuel Walker – who learned the trade from Morse but had been living in Albany – announced his arrival in Poughkeepsie. Walker became one of the most famous and well-respected photographers in the country if not the world.

The very same year, 1847, Morse himself settled permanently into Locust Grove. Less than a decade after the invention itself, the man most responsible for bringing the daguerreotype to America, and a world-class practitioner trained in his circle, both chose to settle in Poughkeepsie.

By the following year, the trade had grown enough to support real competition. A gallery in Brewster’s Buildings on Main Street changed hands in 1848 between two brothers, E. Z. and Israel B. Webster, part of a family operation that would go on to run branches as far away as Kentucky.

In other words, nearly six years separated a single newspaper notice from a settled, competitive local trade – a remarkably fast education in a brand-new technology.

Bill Jeffway is the Executive Director of the Dutchess County Historical Society and can be reached at bill.jeffway@dchsnny.org or (845) 293-7711.



Above: An unknown gentleman taken by the Webster brothers in Poughkeepsie ca.1850. Daguerreotypes are notorious for their unforgiving detail, which sometimes caused distress for the sitter, since an oil portrait could be finessed for the sitter to look their best. Courtesy DCHS

NEW YORK HOMEOWNERS:
2026 HOME IMPROVEMENT FUNDING
NOW AVAILABLE IN YOUR AREA
Roof • Windows • Siding • Bathrooms • Heating & More

Is your home telling you it's time?

- ✓ Roof showing age, leaks, or storm damage
- ✓ Old, drafty windows driving up energy bills
- ✓ Outdated bathrooms or exterior issues
- ✓ Projects you "planned" to do-but put off because of cost

You may qualify for special home improvement funding programs not available to the general public.

- ✓ Lower out-of-pocket costs
- ✓ Spread payments over time
- ✓ Move forward without delaying needed work

Even homeowners who could pay cash are encouraged to check eligibility.

ENROLLMENT IS LIMITED
Programs, appointments, and installations are available on a first-come, first-served basis in your area.
Programs change frequently and may close without notice.

CALL NOW TO CHECK ELIGIBILITY
888-849-9991
or visit **NyProgramFunding.com**

APPROVED APPLICATIONS WILL HAVE THE WORK COMPLETED BY A QUALITY REPAIR CREW PROVIDED BY HOMEOWNER FUNDING. NOT AFFILIATED WITH STATE OR GOV PROGRAMS. LICENSE NY-RC-H-21274

Discover Dutchess County's Hidden Garden Gems on Sept. 26

On Saturday, Sept. 26, the Garden Conservancy's Open Days program invites garden admirers for a chance to experience two beautiful gardens in New York. This is a rare opportunity that allows guests to see the horticultural artistry, dedication, and personality of the garden curators.

The participating gardens are:

Clove Brook Farm – Millbrook. This historic hideaway features various interconnected spaces displaying different plants like peonies, roses, lilies, dahlias, and a vegetable garden. The 3-acre garden highlights unique sculptures and an oval swimming pool.

Bear Creek Farm – Stanfordville.

Tucked in rolling landscapes, this award-winning landscape is where artistry of cultivation meets the serenity of nature. It is known for its breathtaking dahlias and heirloom chrysanthemums with various unexpected treasures.

The gardens will be open from 10 a.m. to 4 p.m. for registered guests. Tickets are \$10 per person; \$5 for members of the Garden Conservancy. Children 12 and under are admitted for free when accompanied by a parent or guardian. Visitors are reminded that no pets are allowed. All registrations must be processed online through the Garden Conservancy's website. Visit gardenconservancy.org/opendays.

Through Sept. 26: “The Language Archive,” County Players Falls Theatre, 2681 W. Main St., Wappingers Falls. Julia Cho’s fable about the limits of language in matters of the heart. Directed by Kit Colbourn. Will a man who speaks nine languages ever learn to communicate with his wife? Will the last two speakers of a soon-to-be dead language break their vow of silence? The lives of five people are imaginatively woven together as they discover that no matter how many words they can speak, it’s the heart’s language that matters most. Performances: Evenings at 8 p.m. on Fri. 9/18, Sat. 9/19, Fri. 9/25, Sat. 9/26. Matinee at 2 p.m. on Sun 9/20 & Sat. 9/26. Tickets: \$29 adult, \$26 for military, seniors age 60+, students w/ID at the door, and children under age 12. www.countyplayers.org

Through Sept. 27: Teens on Stage presents “Carrie The Musical,” The Center for Performing Arts at Rhinebeck, 661 Rte. 308, Rhinebeck. Carrie White is a teenage outcast who longs to fit in. At school, she’s bullied by the popular crowd and virtually invisible to everyone else. At home, she’s dominated by her loving but cruelly controlling mother. What none of them know is that Carrie’s just discovered she’s got a special power, and if pushed too far, she’s not afraid to use it. Performances: Fri. & Sat., 7:30 p.m.; Sun., 2:30 p.m. Tickets \$19. Contains mature content and explores domestic violence, bullying, religious fanaticism, teen sexuality, animal cruelty, and murder. (845) 876-3080 or www.centerforperformingarts.org

Sept. 24: Climate Future Film Festival, Morton Memorial Library, 82 Kelly St., Rhinecliff. Ten films. Nine countries. One urgent question: What comes next? 6:30 p.m. The Climate Future Film Festival showcases powerful short films and documentaries that explore the challenges and possibilities of a changing planet. Through compelling storytelling and diverse perspectives, the program highlights climate science, environmental justice, and innovative solutions. Afterward, participants are invited to engage in conversation. Registration requested. (845) 876-2903

Sept. 25: Guided Landscape Walk of Staatsburgh’s Grounds: What You See and What You Don’t See, Staatsburgh State Historic Site, Old Post Rd., Staatsburg. A guided walk through the estate’s grounds that explores how the landscape was designed to reflect the luxurious lifestyle of Staatsburgh’s owners, while deliberately hiding the turn-of-the-century technology and labor that made the estate run. 10 a.m. Free. Reservations required: <https://Bookeo.com/StaatsburghSHS>

Sept. 25: Red Hook Summer Lawn Concert Series at “Eat-N-Go,” 7509 N. Broadway, Red Hook. Free live summer

concert series at Eat-N-Go, 6-8 p.m. The season concludes this week with The Local Jam. Bring a chair or blanket, some food and enjoy an evening of local bands performing live.

Sept. 25: Walkway At Night, Walkway Over the Hudson. Experience the Walkway like never before at Walkway at Night, when the sun sets and the Hudson Valley begins to glow, 7-8:30 p.m. From 212 feet above the river, take in breathtaking views as the moon rises overhead and the lights of Poughkeepsie and Highland shimmer in the distance. Tickets \$5; children age 12 & younger admitted free. Advance registration is encouraged to shorten your wait at the gate. Reserve at walkway.org/walkwayatnight.

Sept. 25: Walkway Connections (For Kids!): The Owls of the Hudson Valley, Walkway Over the Hudson Ulster Welcome Center, Highland. Join New York State Parks Educator Mike Littier as he helps everyone discover fun facts about owls and the role that they play in our ecosystem, 5:30-6:30 p.m. Kids will then dissect real owl pellets to gain a better insight into the world of these amazing nocturnal creatures. Free to attend, appropriate for all ages. www.walkway.org

Sept. 25-26: Live Music at the Towne Crier Cafe, 379 Main St., Beacon. Sep. 25: Gratefully Yours, 8 p.m. Tickets \$20 advance, \$25 door. Sept. 26: Sons Of Cream, 8 p.m. Tickets \$30 advance, \$35 door. (845) 855-1300 or www.townecrier.com

Sept. 26: Bingo Loco, MJN Convention Center, 14 Civic Center Plaza, Poughkeepsie. Looking for the most outrageous bingo party in the USA or the top-rated bingo show in Canada? Welcome to Bingo Loco, the interactive live event that’s taken North America by storm, 7:30 p.m. Tickets & more info at MJNCenter.org

Sept. 26: Gardening Program, Beatrix Farrand Garden, on the grounds of the FDR Library & Home, Albany Post Rd., Hyde Park. Kate Cahill presents “Dahlias: Cultivation, Care and a Remarkable Hudson Valley Legacy,” 10:30-11:30 a.m. Enjoy an introduction to growing dahlias - from soil preparation, planting and staking to seasonal care, pest management, tuber digging and more. This talk also explores the rich local history of dahlias in Dutchess County, where enthusiasts helped shape America’s early dahlia tradition. Ideal for both new and experienced gardeners, this program blends practical guidance with our regional horticultural heritage. Cost \$15, BFGA Members free. Register at <https://beatrixfarrandgarden.org/>

Sept. 26: Harvest Sunset Celebration at Ronnybrook Farm, Schultz Hill Rd., Pine Plains. The signature fundraiser for The Stissing Center pairs sweeping views of

the Catskills with an autumnal harvest dinner, wine and cocktails, and live music in support of the Center’s year-round arts performances, free youth and family programs, and community events. The event features a solo acoustic set by John Sebastian, the Greenwich Village-born singer-songwriter and multi-instrumentalist whose six-decade career has helped shape American popular music. Local bluegrass band Long Steel Rail will also perform as musical guests. Tickets at stissingcenter.org or (518) 771-3339

Sept. 26: Hike Through Time, Wilderstein Historic Site, 330 Morton Rd., Rhinebeck. Join professor and popular science writer Robert Titus for a geo-journey across Wilderstein’s landscape, where the ground beneath your feet tells a remarkable story, 10 a.m. Learn about the Hudson Valley’s richly layered geologic past and how the Ice Age shaped what you see today. Register at www.wilderstein.org or call (845) 876-4818.

Sept. 26: Hudson Valley Gospel Festival, Family Partnership Center, 29 North Hamilton St., Poughkeepsie. Arts Mid-Hudson presents a festival that brings together regional gospel musicians, vocal ensembles, and praise dancers from Dutchess, Ulster, and Orange counties for an afternoon celebrating gospel music, tradition, culture, and community. Featured performers include the Hudson Valley Gospel Festival Choir, led by Dinesa Hansen Johnson, and the Hudson Lily of the Valley Praise Dancers, led by Linda Molina, along with invited regional gospel artists. Doors open at 2 p.m. and the program begins at 2:30 p.m. Pre-sale admission is \$20 for adults and \$15 for students (K-12 with ID), seniors, veterans, and active military. Children under 5 are free. At-the-door admission is \$30 for adults and \$25 for students, seniors, veterans, and active military. Sliding-scale tickets are also available at the door, and no one will be turned away. For tickets, event updates, and additional information, visit www.artsmidhudson.org/hv-gospel-fest or call (845) 454-3222.

Sept. 26: Square Dance & Ice Cream Social, Copake Grange #935, 628 Empire Rd., Copake. One of the Grange’s favorite fun events features flavorful food, foot-stomping music, square dancing and ice cream, 5-8 p.m. Square Dance Caller Lance Olds will teach all the dances, and Laura Murkowski and Vicky Boulay of the Bad Cats provide live toe-tapping music. The Aloha Tacos food truck will supply scrumptious tacos. For dessert, there’s ice cream with all the toppings. All ages are invite to come with an appetite and get ready to promenade around the hall. Tickets \$25 for adults; \$10 for those 12 and younger. A ticket entitles attendees to two tacos, all the ice cream they can eat, and a fantastic time square dancing with neighbors. Get tickets at the door or visit www.copakegrange.org/events

Sept. 26-27: “Gilded Age Scandals!” Staatsburgh State Historic Site, Old Post Rd., Staatsburg. Ruth and Ogden Mills were paragons of respectability, but some of their Gilded Age peers were not! Learn about the scandalous behavior and intrigues of the very rich at the turn-of-the-century while touring the mansion with a costumed guide. Sept. 26, 2 p.m.; Sept. 27, 11 a.m. Cost: \$12/Adults, \$10/Seniors & Students. This tour is not recommended for children. Reservations required: <https://Bookeo.com/StaatsburghSHS>

Sept. 26-27: “P.T. Barnum! The One and Only!” Morton Memorial Library, 82 Kelly St., Rhinecliff. World Premiere of a one-man show written and performed by Joe Baer. An electric 60-minute solo theatrical event that challenges everything you thought you knew about history’s greatest showman, P.T. Barnum. This unique production steps away from the modern Hollywood myths to look at the real history of this legend through the eyes of a charismatic apprentice who learned from the master himself. Far from being a heartless con man, this high energy theatrical lecture proves Barnum was a visionary mastermind, driven by a radical desire to entertain. Performances: Sat., 7 p.m.; Sun., 2 p.m. Tickets \$12 advance, \$15 at the door. Benefits The Rhinebeck Grange and Morton Memorial Library. Tickets available at Eventbrite.

Sept. 27: Author Talk, Elmendorph Inn, 7562 N. Broadway (Rte. 9), Red Hook; also on Zoom. Jack Kelly will speak about his new book, “Thomas Paine in the Revolutionary War,” 4-5:30 p.m. He will focus on Paine’s enormous influence on the early Revolution, tracking Paine through the suspenseful military campaign that culminated in Washington’s daring counterattack across the Delaware River on Christmas night 1776. Register at www.historicredhook.org

Sept. 27: Guided Hike: History Hidden in the Woods, Staatsburgh State Historic Site, Old Post Rd., Staatsburg. Have you ever wondered what some of the ruins within Mills and Norrie State Parks might be? The beautiful park land was once the setting for grand Hudson Riverfront estates. This 2-hour guided hike will lead visitors through the park, exploring the history of three historic estates: from Staatsburgh’s founding as a gentleman’s farm in the 1700s to the development of The Point and Stonehurst estates in the 19th century. The hike, which starts at 10 a.m., is approximately 1.5 miles of uneven terrain, requiring study footwear. Free. Reservations required: <https://Bookeo.com/StaatsburghSHS>

Sept. 30: Author Event, Starr Library, 68 W. Market St., Rhinebeck; also on Zoom. “The Second Estate: How the Tax Code Made an American Aristocracy,” 6:30 p.m. Named by The New Yorker as one of the Best Books of 2025, “The Second Estate” is a revelatory book that lifts the curtain on America’s most consequential public deception: how the rich get richer using tools the government gave them. Legal scholar Ray D. Madoff offers an unprecedented look behind the scenes of America’s byzantine system of taxation. She will be in conversation with philanthropist and executive vice president of the Ford Foundation, Hilary Pennington. Free, but registration is requested for both the Zoom and in-person event. www.starrlibrary.org

Sept. 30: White Glove Tour, Mount Gulian Historic Site, 145 Sterling St., Beacon. This special tour highlights items from the collection that are rarely on display. Following a tour of the house and grounds, visitors will have the opportunity to wear the trademark curatorial white gloves to examine artifacts up close and out from the collection storage rooms, giving a seldom found perspective of the past. 1 p.m. Admission \$20 adults; \$18 seniors; \$10 children; free for children under 6. Registration strongly suggested by calling (845) 831-8172 or emailing info@mountgulian.org. www.mountgulian.org

Answer to this week’s Dot to Dot (puzzle on page 10)



what’s happening? — creativeliving@s Dutchessnews.com

BUYING COMIC BOOK COLLECTIONS!

TOP PRICES PAID!

Honest and Reliable, 30+ years experience. Local Collector/Seller Putnam/Westchester/Orange/Dutchess and more

Call or text Richard: 917-699-2496

email: smileLP@aol.com

Hope to hear from you! Thanks!

Legal Notices

REFEREE'S NOTICE OF SALE IN FORECLOSURE - SUPREME COURT - COUNTY OF DUTCHES - RHINEBECK BANK, Plaintiff - against - F R A N C O I S WEIGEL, et al Defendant(s). Pursuant to a Judgment of Foreclosure and Sale entered on July 22, 2026, I, the undersigned Referee will sell at public auction in the rear lobby of the Dutchess County Courthouse, 10 Market Street, City of Poughkeepsie, Dutchess County, New York on the 30th day of September, 2026 at 3:30 PM. All that certain plot, piece or parcel of land with the buildings and improvements thereon erected, situate, lying and being in the Town of Red Hook, County of Dutchess and State of New York. Premises known as 300 W. Market Street, Red Hook, NY 12571. (Section: 6172, Block: 00, Lot: 682869) Approximate amount of lien \$567,071.79 plus interest and costs. Premises will be sold subject to provisions of filed judgment and terms of sale. Index No. 2024-52999, Mark A. Siesel, Esq., Referee. Stein, Wiener & Roth LLP Attorney(s) for Plaintiff 1400 Old Country Road, Suite 315 Westbury, NY 11590 Tel. 516-742-1212 WEIGEL-81219 Dated: July 27, 2026

During the COVID-19 health emergency, bidders are required to comply with all governmental health requirements in effect at the time of sale including but not limited to, wearing face coverings and maintaining social distancing (at least 6-feet apart) during the auction, while tendering deposit and at any subsequent closing. Bidders are also required to comply with the Foreclosure Auction Rules and COVID-19 Health Emergency Rules issued by the Supreme Court of this County in addition to the conditions set forth in the Terms of Sale. Auction Locations are subject to change.

TOWN OF PLEASANT VALLEY NOTICE OF PUBLIC HEARING FOR PROPOSED LOCAL LAW 5 OF THE YEAR 2026 AMENDING CHAPTER 86 (TAXATION) TO ADD A NEW ARTICLE VII ENTITLED: "PILOT PROGRAM FOR COMMERCIAL SOLAR INSTALLATION"

PLEASE TAKE NOTICE that

Legal Notices

the Town of Pleasant Valley will hold a Public Hearing at the Town Hall, 1903 Route 44, Pleasant Valley, New York on October 5, 2026 at 7:05 o'clock, p.m., on Local Law 5 of 2026, "A Local Law Amending Chapter 86 (Taxation) of the Town Code to Provide for a PILOT Program for Commercial Solar Installations".

TAKE FURTHER NOTICE, that copies of the aforesaid proposed local law will be available for examination at the office of the Clerk of the Town of Pleasant Valley, at the Town Hall, 1903 Route 44, Pleasant Valley, New York between the hours of 9:00 a.m. and 4:00 p.m. Monday through Thursday and between the hours of 9:00 a.m. and 1:00 p.m. on Friday between the date of this notice and the date of the public hearing.

TAKE FURTHER NOTICE, that all persons interested and citizens shall have an opportunity to be heard on said proposal at the time and place aforesaid. Time limitations may be imposed for each oral statement, if necessary.

Dated: September 9, 2026

Mary Beth Muir, Town Clerk

TOWN OF PLEASANT VALLEY LOCAL LAW NO. 5 OF THE YEAR 2026 A LOCAL LAW AMENDING CHAPTER 86 (TAXATION) OF THE TOWN CODE WITH REGARD TO THE REQUIREMENT OF A PILOT PROGRAM FOR COMMERCIAL SOLAR INSTALLATIONS

BE IT ENACTED by the Town Board of the Town of Pleasant Valley as follows:

SECTION 1. TITLE.

This Local Law shall be entitled: "A Local Law Amending Chapter 86 (Taxation) of the Town Code with regard to the Requirement of a PILOT Program for Commercial Solar Installations".

SECTION 2. PURPOSE AND INTENT. §86-24

A. The Town of Pleasant Valley enacted Local Law No. 2 of the Year 2017 entitled: "A Local Law Amending Certain Portions of the Town Code with regard to the Regulation of Solar Installations", which has been codified in Chapter 98, Article IV §98-54.1 Solar Energy Systems of the Town Code.

Legal Notices

B. Section 487(2) of the Real Property Tax Law (RPTL) provides, in relevant part, that real property which includes a solar energy system in accordance with the provisions of said section, shall be exempt from taxation to the extent of any increase in the value thereof by reason of the inclusion of such solar system for a period of fifteen (15) years. RPTL §487(6) provides, in relevant part, that such exemption shall be granted only upon the written application by the owner of real property on a form prescribed and made available by the Commissioner in cooperation with the New York State Energy Research and Development Authority.

C. RPTL §487(9)(a) provides, in relevant part, that a Town which has not acted to remove the exemption under RPTL §487(8)(a) may require the owner of a property which includes a solar system which meets the requirement of RPTL §487 to enter into a Contract for Payments in Lieu of Taxes (PILOT). Said section also provides, in relevant part, that such contract may require payment of annual amounts in amounts not to exceed the amounts which would otherwise be payable but for the exemption under this section. In addition, RPTL §487(9)(a) provides that if the owner or developer of such a system provides written notification to the taxing jurisdiction of its intent to construct such a system, then in order to require the owner or developer of such a system to enter into a contract for Payments in Lieu of Taxes (PILOT), such taxing jurisdiction must notify such owner or developer of its intent to require contract for payment in lieu of taxes within sixty (60) days of receiving the written notification.

D. The Town Board has determined that it would be in the best interests of the Town and its citizens to require the owner of a property which includes a "commercial solar installation", as that term is defined in the Town Code, to enter into such a PILOT Agreement.

§235-2 PILOT AGREEMENT PROCEDURE

The Town of Pleasant Valley, and its Assessor, upon receipt of a notification to the Town Assessor of a property owner's or developer's intent to construct a tier 3 large-scale solar installation pursuant to the provisions of Chapter 98,

Legal Notices

Article IV, §98-54.1 of the Town Code shall be required to enter into a contract for Payments in Lieu of Taxes (PILOT) would have been paid had the property not been entitled to an exemption pursuant to the provisions of RPTL §487. The Assessor shall notify the property owner of its intent to require a contract for payment in lieu of taxes within sixty (60) days of receiving such written notification. The terms of such PILOT agreement shall be determined by the Town and its Assessor in the exercise of their sound discretion and in accordance with the provisions of RPTL §487(2) and shall require annual payments in an amount not to exceed the amounts which would otherwise be payable but for the exemption provided pursuant to RPTL §487 for a period of not more than fifteen (15) years commencing from the date on which the benefits of such exemption first becomes available and effective. The Town Board shall have the authority to promulgate, by Resolution, more detailed standards and criteria for negotiating and approving PILOT programs.

SECTION 3. SUPERSESSION

This local law is hereby adopted pursuant to the provisions of the RPTL §487; §10 of the New York State Municipal Home Rule Law and §10 of the New York State Statute of Local Governments. It is the intent of the Town Board to supersede any provisions of the New York State Law to the extent that they may be inconsistent with the provisions of this article.

SECTION 4. SEVERABILITY.

The invalidity of any word, section, clause, paragraph, sentence, part or provision of this Local Law shall not affect the validity of any other part of this Local Law, which shall be given effect without such part or parts.

SECTION 5. STATEMENT OF AUTHORITY.

This Local Law is enacted pursuant to the authority of Article IX of the New York State Constitution §2(c)(8); New York Statute of Local Governments §10(5); New York Municipal Home Rule Law §10(1)(i) and (ii) and §10(1)(a)(8); and New York Real Property Tax Law §487(9).

SECTION 6. EFFECTIVE DATE.

This local law shall take effect immediately and retroactive

Legal Notices

to January 1, 2024 upon filing in the Office of the New York State Secretary of State in accordance with Section 27 of the Municipal Home Rule Law.

PUBLIC NOTICE 60-DAY NOTICE OF INTENT TO FILE AN APPLICATION

Matter No. 26-01070 - Application of Central Hudson Gas & Electric Corporation for a Major Electric Transmission Facility Siting Permit, Pursuant to Article VIII of the New York State Public Service Law, to Develop, Design, Construct, Operate, and Maintain the Q and X Lines as a 115-Kilovolt Facility Located in the Towns of Poughkeepsie, Pleasant Valley, Hyde Park, and Rhinebeck and the Village of Rhinebeck, all in Dutchess County.

TO WHOM IT MAY CONCERN: PLEASE TAKE NOTICE THAT Central Hudson Gas & Electric Corporation (CHG&E or the Applicant), on or about November 23, 2026, intends to file an application in the above-entitled matter with the Office of Renewable Energy Siting and Electric Transmission (ORES or the Office) for a permit pursuant to Article VIII, Section 1100-11.6 of the New York State Public Service Law. CHG&E is proposing to rebuild the existing 69 kilovolt (kV) "Q" and 115 kV "X" electric transmission lines (Q&X Lines or the Project). The proposed work will generally occur within the existing 100-foot-wide right-of-way (ROW) and spans approximately 21.25 miles from the Rhinebeck Substation in the Town of Pleasant Valley, and to the Inwood Avenue Substation in the Town of Poughkeepsie, entirely in Dutchess County, New York. The Project traverses the Towns of Poughkeepsie, Pleasant Valley, Hyde Park and Rhinebeck, and the Village of Rhinebeck, entirely in Dutchess County, New York.

DESCRIPTION OF THE PROJECT

CHG&E is planning to rebuild the existing 69 kV Pleasant Valley to Rhinebeck "Q" and 115 kV Inwood Avenue to Pleasant Valley "X" electric transmission lines to address aging infrastructure and to enhance electric service reliability. The transmission lines were

Legal Notices

originally constructed in 1955 and 1928 (respectively) and are nearing the end of their useful life. Rebuilding these lines is an important investment in the local electric infrastructure serving these communities. Reconstruction of these lines is expected to take place without any electric service interruption to customers. The Project is being undertaken to replace existing equipment in order to maintain reliable transmission service and to aid in facilitating the transmission of planned renewable energy within Upstate New York.

The existing Q Line consists primarily of wood poles and will be replaced with corten steel poles, which features a characteristic brown, wood-like patina to help blend with the surrounding landscape. The existing X Line consists primarily of steel lattice structures that will be replaced with dulled galvanized steel poles. The Q & X combined rebuild spans approximately 21.25 linear miles (25.2 circuit miles) within Central Hudson's existing right-of-way in Dutchess County through Pleasant Valley, Poughkeepsie, Hyde Park, and Rhinebeck. The rebuild design will increase the Q Line's capability from 69,000 volts (69 kV) to 115,000 volts (115 kV); however the Q Line will continue to operate at 69 kV until such time a voltage increase may be warranted.

PROPOSED ROUTE

In general terms, the proposed route traverses the Towns of Poughkeepsie, Pleasant Valley, Hyde Park and Rhinebeck, and the Village of Rhinebeck, entirely in Dutchess County, New York.

ARTICLE VIII APPLICATION

The Application will be filed with ORES pursuant to 16 NYCRR 1100-11.6 for initiation of review and determination of completeness. The determination of completeness or incompleteness will be made within 120 days of filing. If the application is deemed incomplete, the Applicant will submit a revised application within 90 days of the notice of incompleteness. Once the application is deemed complete, the Office will publish a notice of complete application on the office's website and serve a notice upon (i) the Applicant, (ii) the chief executive officer of each municipality in which the

Legal Notices

project is located, and (iii) any person who has previously expressed interest in receiving notifications regarding the application. Upon completion, the Office will determine whether the application constitutes a major modification of an existing facility. For projects that are not likely to result in any new or increased significant adverse impacts, the Office will issue a written notice of its determination and final permit within sixty (60) days.

DATE OF FILING

CHG&E expects to file the Section 1100-11.6 Article VII Application with the Office on or about November 23, 2026.

AVAILABILITY OF APPLICATION

A copy of the Application filed with ORES will be served upon the chief executive officers of the municipalities traversed by the proposed route (which are the Towns of Poughkeepsie, Pleasant Valley, Hyde Park and Rhinebeck, and the Village of Rhinebeck in Dutchess County). On or about the date the Application is filed with ORES, copies of the Application will be available for public inspection in local libraries in or closest to each of the above communities, specifically: Starr Library Rhinebeck (68 W Market Street, Rhinebeck, NY 12572), Hyde Park Library (2 Main Street, Hyde Park, NY 12538), Poughkeepsie Public Library District Adriance Memorial Library (93 Market Street, Poughkeepsie, NY 12601), Poughkeepsie Public Library District Boardman Road Branch (141 Boardman Road, Poughkeepsie, NY 12603), Poughkeepsie Public Library District Sadie Peterson Delaney African Roots Branch Library (29 N. Hamilton Street, Poughkeepsie, NY 12601), and Pleasant Valley Library (1584 Main Street, Pleasant Valley, NY 12569). In addition, copies will be available for public inspection at the Department of Public Service Offices in Albany (Office of Central Files, 14th Floor, Three Empire State Plaza, Albany, NY 12223) and will be posted on the Commission's website (www.dps.gov). For more information about the Project, please visit the Project

Legal continued on next page

Legal Notices	Legal Notices	Legal Notices	Legal Notices	Legal Notices	Legal Notices	Legal Notices
Legal continued from previous page website at https://www.cenhud.com/en/about-us/projects/qx-project/), on the ORES website (https://dps.ny.gov/ores-permit-applications under ORES Matter No. 26-01070) or contact CHG&E at: Lesley Pellegrino 284 South Ave, Poughkeepsie, NY 12601 Q X R e b u i l d @ cenhud.com 845-486-5342 Any person wishing to receive notices concerning the application can file a request with the Office of Renewable Energy Sit-ingandElectricTransmission via DMM (https://documents.dps.ny.gov/public/common/search .	html). Please reference Matter Number 26-01070 when making any comments, complaints or requesting further information regarding the Project. Since this Project involves a transmission line less than 125kV, there is no local agency funding available. CHG&E is also subject to PSL 18-a. Public utilities that are not subject to the review fee established by Section 1100-1.5 of the regulations.	PROJECT DESCRIPTION: Roof ReplacementProjectsforvarious buildingsatthefollowing locations: Wilcox Park, NY-199, Stanfordville, Bowdoin Park, 85 Sheafe Road, Wappingers Falls, and the Amenia Outpost, 4717 Route 22, Amenia. The County of Dutchess official bid documents for this project are obtained from the Empire State Purchasing Group's Regional Bid Notification System at www.bidnet-direct.com/new-york-county-of-dutchess . Copies of bidding documentsobtainedfromany othersourcearenotconsidered official copies. It is incumbent upon all potential bidders to view all posted addenda prior to the bid close date. You may obtain an official copy by registering on the Empire State Regional Bid Notification System at www.bidnet-direct.com/new-york-county-of-dutchess or by using the link provided at www.dutchessny.gov ,	selecting "Government" then selecting "Bidding and RFP Opportunities." For those without Internet access, you may obtain an electronic copy of bidding documents by contacting the Dutchess County Department of Public Works at dpwcontracts@dutchessny.gov , or in person, Monday through Friday, 8am to 4 pm: Dutchess County DPW, Business Office, 1st Floor, 626 Dutchess Turnpike, Poughkeepsie, NY 12603. Upon request, all interested parties may review the hard copy of the Bid Specifications and Drawings by visiting the above referenced address. All Addenda will be posted on BidNet Direct (aka Empire State Purchasing Group) site. Bids due on or before 11:00 AM, Wednesday, October 21, 2026, and at that time publicly opened and read aloud. Bids received after that time will not be accepted. Bids for the above project will be received by: Caroline A. Miller, Con-	Specialist, Dutchess County Department of Public Works (DPW), 626 Dutchess Turnpike, 1st Floor Poughkeepsie, NY 12603. All interested parties are invited to attend. The bid opening for this solicitation may also be attended through Microsoft Teams Audio Conferencing. Anyone who wishes to hear bids read aloud via Teams, will need to call into the phone number listed below. We ask that you call in at least three minutes prior to bid due/time to ensure you are connected properly. All calls will be asked to identify themselves by name and organization. Join Microsoft Teams Meeting +1 516-268-4602 United States, Hempstead (Toll) Conference ID: #134 318 813 Each bid shall be submitted as one paper original and one electronic flash drive copy and be accompanied by Bid Security (bid bond, certified check, official bank check) or a Letter of	Credit (in a form agreeable to Dutchess County) in the amount of 10% of the bid amount. Bidders' security will be retained until the successful bidder has signed the Owner-Contractor Agreement and the County has finalized the Agreement. Each bid with Bid Security shall be enclosed in a sealed envelope bearing the name of the Project, Name of the Bidder, and the date and hour of the bid opening, which must be visible upon delivery. Questions will be accepted by the close of business Wednesday, October 7, 2026, and emailed to Caroline Miller at dpwcontracts@dutchessny.gov with the County's response published in Addenda prior to 48 hours before the bid opening date. A Walk-through is scheduled for Friday, October 2, 2026, at 11 am, Bowdoin Park, 85 Sheafe Road, Wappingers Falls, Main Office. A Walk-through for any other location	would be by request only due to the respective distance between each location. If you wish to attend the walk-through or request one for any other location, please send an email to dpwcontracts@dutchessny.gov by close of business Wednesday, September 30, 2026. All Bidders are encouraged to attend the Walk-Thru in order to submit Bids for this RFB. Pre-Registration preferred but not required. This RFB may be subject to NYS Department of Labor Prevailing Wage Rates PRC #2026026895. IMPORTANT: Starting December 30, 2024: NYSDOL Contractor and Sub-Contractor Registry Requirements. View Bid Specifications regarding the APPRENTICESHIP PROGRAM, if applicable. The County reserves the right to waive irregularities in bids and in bidding and to reject any or all proposals.

SEND US YOUR NEWS:

cschmidt@s Dutchessnews.com

OBITUARIES

Nicolina Caul
MILLBROOK – Nicolina D. Caul, 97 of Millbrook, NY, passed away on June 29, 2026 at The Renaissance. Born in Millbrook on June 30, 1929, she was the daughter of James and Mary Anna Ciferri DeFazio. Mrs. Caul was employed by the Town of Washington NY Zoning Board as it’s Recording Secretary. In addition to the Zoning Board, she was employed by Trinity Pawling School, and Bennett College prior to TP School.
Nikki is survived by her sons James Caul and his wife Debbie Innello and Stephen Caul; her grandchildren, Melissa Caul, Stephanie Caul, Cassandra Czyzewski, Lauren Innello, Kaitlyn Innello and Michael Innello, her great grandchildren, Dahlia Leone, Anna Leone, Samantha Paraszti and Craig Paraszti. Also surviving are several cousins.
A Mass of Christian Burial was offered on September 19, 2026 afrom St. Joseph’s Church, Millbrook. Interment followed in the family plot at St. Joseph’s Cemetery, Millbrook.
Arrangements entrusted to Allen Funeral Home, Millbrook. Please visit www.hudson-valleyfuneralhomes.com for condolences.
Stephen Montemorra
PINE PLAINS – Stephen Montemorra, “Steve” 78, of Pine Plains, passed away peacefully at home on September 11 with his wife and cats by his side.
Born on April 20,1948 in Poughkeepsie NY, Steve was the son of the late Michael Montemorra and Mildred Cahill.
After receiving his associates from Dutchess County Community College, Steve spent his career working for Central Hudson, taking on various positions throughout his 35 years with them, before retiring in 2008.
An avid golfer and fisherman, Steve spent much time either on the course or by the water. He enjoyed spending his time outdoors and would make it a point to be out as much as possible.
Above all, Steve was a loving husband and father and a cherished friend to many who knew him. He also held a close bond with his cats and parrot.
Steve is survived by his wife Nancy Proper; his children Cathleen Montemorra (Chris Johnson) and Christine Woodin; his grandchildren Abigail, Eli, Coty, Jessica, Sara

and Dalton; his great-grandchildren Jayson, Molly, Zoe and Lyric; his siblings Jim Montemorra, Anna Rothvoss and Wayne McBeth, as well as many other friends and family.
In addition to his parents, Stephen is predeceased by his sister Patricia.
Friends and family will be received at Burnett & White Funeral Homes in Red Hook, NY, on Friday, September 25, 2026, from 4pm to 7pm.
In lieu of flowers, donations may be made to Hudson Valley Hospice at 374 Violet Avenue Poughkeepsie, NY 12601, or online at vhospice.org.
The family would like to thank his caregiver Melissa and his Hospice team Schcola, Cheri, Kathy, Gina and Allison for their superb care during his journey with Parkinson’s.
Steve will be deeply missed and forever remembered by many good friends and family who loved him.
Arrangements are under the care of Burnett & White Funeral Homes, Red Hook, NY.
Ceris Valeysey
PLEASANT VALLEY – Ceris Valeysey née Edwards, 67, of Pleasant Valley, NY, passed away on September 15, 2026, surrounded by her immediate family. Ceris was a proud immigrant to the United States so she could be with the love of her life, and husband, Lou. Ceris was a devoted wife, mother, daughter, sister, teacher, and friend. Alongside her husband, she was known for being the epicenter of her tribe, where she provided unconditional love and support for her family, which included the family she was born into, the family she made, and the family she chose.
Ceris was born on March 9,1959 in Bangor, North Wales, UK, to David Vaughan and Hefina Edwards. Ceris is survived by her husband, Lou, her mother, her siblings, Dewi, Mair, and Arwel, her three children, David, Kerri, and Megan, and her 25 nieces and nephews, her honorary grandchildren, and more that would call her family. She was predeceased by her father, her mother-in-law, and others who were dear to her.
She grew up alongside her siblings, and developed an early love of math, teaching, reading, and nature. She met Lou on October

6, 1977, while attending Matlock University in Derbyshire, and she would tell you that she knew immediately he was the one. They were married on July 5, 1980, and were married for 46 years, which was not nearly enough. Her father established Lou’s Independence Day on July 4th, which continued to add levity to their ongoing love. Ceris and Lou proudly raised three incredibly talented children.
She worked as a math teacher for 39 years. She began her career on the Navajo reservation in Farmington, New Mexico. Ceris moved to New York in 1986, continuing her career at the Berkeley School in NYC. When she moved to Dover, NY with her family, she worked at Green Chimneys, Brewster, NY, and then transitioned to working alongside Lou at Holy Cross in Rhinecliff, NY. Ceris and Lou made their home in Pleasant Valley in 1995, a home that grew more beautiful over many years. She proudly ended her career with 19 years at Wappingers School District before retiring in 2019.
In her retirement, Ceris and Lou have enjoyed each other’s company by traveling to as many places as often as possible, visiting her children, her family, and her friends and making memories. Throughout her life, she was an avid reader, traveler, home chef, and her roasted potatoes are world renowned. She knit baby blankets, hats and blankets for chemo patients, and her creations kept innumerable people warm. Ceris was proud of her Welsh roots and collected mementos to honor where she was from and where she had lived. With Welsh as her first language, she fostered a love of all languages. She enjoyed attending Hudson Valley Shakespeare, Broadway shows, and concerts (even those she put on in the car). Ceris especially loved singing along to her favorite Christmas movie, White Christmas, and her favorite “Christmas” album, Rumors, by Fleetwood Mac.
In lieu of flowers, please donate to the American Cancer Society - <https://raiseyourway.donordrive.com/campaigns/In-loving-memory-of-Ceris-Valeysey>
Calling hours took place on Saturday, September 19, 2026, at Allen Funeral Home, Pleasant Valley, NY 12569. A celebration of life will be planned at a later date. To leave an online condolence please visit www.hudson-valleyfuneralhomes.com

Captain Timothy Winters
LAGRANGE – Captain Timothy P. Winters, age 83, went home to be with his Savior on September 15, 2026 after a courageous battle with cancer. He was surrounded by his family, whom he loved so much.
Born in Bogota, NJ in 1942 and raised in the small town of Westerlo, NY, Tim enlisted in the U.S. Navy after completing high school. He then graduated from the Naval Academy in 1967 with a bachelor's degree in civil engineering.
He served his country in the Navy with honor and integrity for 30 years. His roles in that distinguished military career included piloting S-2 aircraft; serving as Commanding Officer (CO) of the VS-22 anti-submarine warfare squadron; serving as Navigator and Executive Officer of the aircraft carrier USS John F. Kennedy; and serving as CO of the USS Kalamazoo supply ship during Desert Storm. His final years in the service were spent at Holy Cross College in Worcester, MA, where he taught NROTC.
After retiring from the Navy, Tim taught NJROTC at Brewster High School for 8 years. He also worked as a fitness trainer at Fishkill All Sport for 20 years in his retirement, where he discovered his irrepressible love for dad jokes. (Have you heard the one about ... ?)
At Fishkill Baptist Church (FBC), Tim took great delight in teaching the children's Sunday School classes. Also at FBC, he served three terms as moderator for the church's business meetings where his encyclopedic knowledge of Robert's Rules of Order became legendary.
Tim is survived by his wife of 59 years, Cortney J. Winters; his son and daughter-in-law, Derrick and Lisa Winters; his grandchildren, Anna and Emily; his sister, Carolyn; and many nieces and nephews.
A Celebration of Tim's Life will be held at Fishkill Baptist Church in the coming weeks.
In lieu of flowers, memorial donations may be made to the Billy Graham Evangelistic Association or Hudson Valley Hospice.
Arrangements are under the direction of the McHoul Funeral Home, Inc. Please visit Tim's tribute page at www.mchoulfuneral-home.com.

Classified

Place your ad today! Call 297-3723

Deadline Thurs at 3 p.m • Publication Wednesday

Fax your ad today! 297-6810

Classified Rates

Classified Line Ads

20 words \$12.50; each additional word 20¢

Classified Display Ads

\$14.50 per column inch

If submitted by deadline,
ads appear in three newspapers:
**Northern Dutchess News,
Southern Dutchess News
& Beacon Free Press**

We are not responsible for typographical errors.
A letter of correction will be supplied if requested.

Classified Index

100 Help Wanted	201 Home Improvement	401 Apartments for Rent	509 Office Equipment	720 Vendors Wanted
105 Employment Opportunity	202 Cleaning Services	402 Rooms for Rent	510 Firewood	721 Wanted to Buy
106 Business Opportunity	203 Lawn Services	403 Furnished Rooms	511 Lawn & Garden Equip.	722 Bazaar
107 Situations Wanted	221 Professional Services	404 Furnished Apartments	512 Winter Merchandise	723 Consignments
120 Schools	222 Tax Experts	405 Wanted to Rent	516 Misc. Merchandise	724 Farmers Market
121 Special Instruction	223 Beauty Services	406 Garages for Rent	700 Pets & Supplies	725 Collectibles
122 Musical Instruction	225 Business Services	407 Vacation Rentals	701 Free Pets	750 Events
140 Nursery Schools	226 Travel & Services	408 Houses for Rent	702 Lost & Found Pets	800 Boats
141 Child Care	227 Bridal Services	420 Commercial Rentals	703 Pets for Adoption	801 Campers & Trailers
142 Day Care	295 Financial	500 Musical Merchandise	710 Garage & Yard Sale	802 Motor Homes
143 Baby-sitting	296 Mortgages	501 Kid Stuff	711 Tag Sale	803 Recreational Vehicles
145 Adult Care	300 Real Estate	502 Clothing	712 Moving sale	900 Autos for Sale
150 Announcements	301 Townhouses & Condos	503 Furniture	713 Rummage Sale	901 Vans/SUV's
151 Adoption	302 Commercial Property	504 Appliances	714 Flea Market	902 Trucks
152 Novenas	304 Mobile Homes	505 Free Items	715 Craft Corner	903 Motorcycles
154 Lost & Found	305 Lots & Acreage	506 Computers	716 Barn Sale	904 Auto Parts & Tires
155 Personal Services	400 Townhomes & Condos for rent	507 Sports Equipment	717 Estate Sale	905 Autos Wanted
		508 Exercise Equipment	718 Auctions	
			719 Antiques	

Contact Us

Call:
845-297-3723

Fax:
845-297-6810

E-Mail:
sdnadvertising@aol.com

Monday-Friday
9 am-4 pm

200 Services

PEST CONTROL: PROTECT YOUR HOME from pests safely and affordably. Roaches, Bed Bugs, Rodent, Termite, Spiders and other pests. Locally owned and affordable. Call for service or an inspection today! 1-877-290-0023 Have zip code of property ready when calling!



201 Home Improvement

BEAUTIFUL BATH UPDATES in as little as ONE DAY! Superior quality bath and shower systems at AFFORDABLE PRICES! Lifetime warranty & professional installs. Call Now! 1-877-271-0003

AGING ROOF? NEW HOMEOWNER? STORM DAMAGE? You need a local expert provider that proudly stands behind their work. Fast, free estimate. Financing available. Call 1-877-318-7982

Prepare for power outages with Briggs & Stratton® PowerProtect(TM) standby generators - the most powerful home standby generators available. Industry-leading comprehensive warranty - 7 years (\$849 value.) Proudly made in the U.S.A. Call Briggs & Stratton 1-888-605-1496

Prepare for power outages today with a Generac Home Standby Generator. Act now to receive a FREE 5-Year warranty with qualifying purchase. Call 1-877-516-1160 today to schedule a free quote. It's not just a generator. It's a power move

Do you know what's in your water? Leaf Home Water Solutions offers FREE water testing and whole home water treatment systems that can be installed in as little one day. 15% off your entire purchase. Plus 10% senior & military discounts. Restrictions apply. Schedule your FREE test today. Call 1-866-247-5728

Safe Step. North America's #1 Walk-In-Tub. Comprehensive lifetime warranty. Top-of-the-line installation and service. Now featuring our FREE shower package and \$1600 Off for a limited time! Call today! Financing available. Call Safe Step 1-855-916-5473

204 Health

Audien Hearing. The world's first hearing aid with touchscreen controls. No tiny buttons, apps or prescriptions. 45-day risk free trial. Free shipping. Lifetime support. More than 1.5 million happy customers. Call Audien 1-855-484-2093.

Attention: VIAGRA and CIALIS USERS! A cheaper alternative to high drugstore prices! 50 Pill Special - Only \$99! 100% guaranteed. CALL NOW: 1-877-468-3979

ATTENTION OXYGEN THERAPY USERS! Discover Oxygen Therapy That Moves with You with Inogen Portable Oxygen Concentrators. FREE information kit. Call 1-877-536-0251

219 Attorney Legal

INJURED IN AN ACCIDENT? Don't Accept the insurance company's first offer. Many injured parties are entitled to major cash settlements. Get a free evaluation to see what your case is really worth. 100% Free Evaluation. Call Now: 1-877-315-0990.. Be ready with your zip code to connect with the closest provider

226 Travel Services

SAVE ON YOUR TRAVEL PLANS! Up to 75% More than 500 AIRLINES and 300,000 HOTELS across the world. Let us do the research for you for FREE! Call: 877 988 7277



295 Financial

End your tax worries today. Let us make your tax problem our priority. Scared, stuck with high tax amounts? Our A+ tax professionals can help. Call for a FREE consultation. Call Priority Tax now 1-877-663-7719

300 Real Estate

We Buy Houses for Cash AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer and get paid. Get your fair cash offer today by calling Liz Buys Houses: 1-888-704-5670

302 Commercial Property

Building for Sale
Route 9
Wappingers Falls, NY
845-897-9555

Tag Sale

3 Family Tag Sale
Clinton Corners, NY
Market Lane
Sept. 25th, 26th, & 27th
9AM - 4PM
Dining Room Table, Maple Couch
w/Chair, Dish set of 12 and lots more.
To much to list.

511 Lawn & Garden

21" Brigg-Straton Lawn Mower and Echo Weedeater.
Both gas-powered and in good condition.
FREE to a good home. Call: 646-417-3657

516 Misc. Merchandise

Consumer Cellular - the same reliable, nationwide coverage as the largest carriers. No long-term contract, no hidden fees and activation is free. All plans feature unlimited talk and text, starting at just \$20/month. For more information, call 1-844-919-1682

521 Internet

AFFORDABLE TV & INTERNET. If you are overpaying for your service, call now for a free quote and see how much you can save! 1-877-461-0663

Get DISH Satellite TV + Internet! Free Install, Free HD DVR Upgrade, 80,000 On-Demand Movies, Plus Limited Time Up To \$600 In Gift Cards. Call Today! 1-866-782-4069

Get Boost Infinite! Unlimited Talk, Text and Data For Just \$25/mo! The Power Of 3 5G Networks, One Low Price! Call Today and Get The Latest iPhone Every Year On Us! 844-329-9391

521 Internet

DIRECTV- All your entertainment. Nothing on your roof! Sign up for Direct and get your first three months of Max, Paramount+, Showtime, Starz, MGM+ and Cinemax included. Choice package \$84.99/mo. Some restrictions apply. Call DIRECTV 1-888-534-6918

802 Motor Homes

Keystone Cougar Half-ton RV. Must sell. Microwave over, TV, DVD radio, nice interior/exterior. Inexpensive, good deal with extras, \$10K. Call: 329-214-2235

905 Autos Wanted

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2026. Call Heritage for the Blind Today at 1-855-484-3467 today!

We buy 8,000 cars a week. Sell your old, busted or junk car with no hoops, haggles or headaches. Sell your car to Peddle. Easy three step process. Instant offer. Free pickup. Fast payment. Call 1-855-403-3374



• Southern Dutchess News
• Beacon Free Press
• Northern Dutchess News

Classified

Place your ad today! Call 297-3723 Deadline Friday at 3 p.m • Publication Wednesday

Fax your ad today! 297-6810

Call an Expert

LeafFilter
GUTTER PROTECTION

Stop cleaning-out
your gutters this
season

EXPIRES: 11/30/2026

AN ADDITIONAL

25% OFF LeafFilter[®] + **10%** Discount For Seniors + Military

Get a **FREE** full gutter inspection and estimate: **1-844-668-1725**

*Promotional offer includes 25% off plus an additional 10% off for qualified veterans and/or seniors. Cannot be combined with other offers. See representative for full warranty details. DC 420223000087, AZ 0001, AR 0366920926, CA 1035795, CT 0671520, FL C00056678, ID 0001, IL 0001, IN 0001, IA 0001, KS 0001, KY 0001, LA 0001, MD 0001, ME 0001, MI 0001, MN 0001, MO 0001, MS 0001, MT 0001, NE 0001, NH 0001, NJ 0001, NM 0001, NV 0001, NY 0001, OH 0001, OK 0001, OR 0001, PA 0001, RI 0001, SC 0001, SD 0001, TN 0001, UT 0001, VT 0001, WA 0001, WI 0001, WY 0001. LeafFilter is a registered trademark of LeafFilter, Inc. © 2026 LeafFilter, Inc. All rights reserved.

SAVING A LIFE
EVERY 11 MINUTES!

I'm never
alone

Life Alert[®] is always
here for me.

One touch of a button
sends help fast, 24/7.

Batteries Never Need Charging.

Life Alert

For a FREE brochure call:

1-800-404-9776

300 Real Estate



Here's to a Great
School Year!
Wishing all students,
teachers, and families
a happy and safe year!

Kimberlee Markarian

"I treat each & every one of my
buyers & sellers like family."

As a consistent top
producer for the last
28 years, I would
like the opportunity
to help you, as I
have the knowl-
edge & experience
to get the job done.

Associate Real Estate Broker
m. 845.505.9174 | d. 845.244.2188
kmarkarian@bhhsudsonvalley.com
kimberleemarkarian.bhhsudsonvalley.com

BERKSHIRE
HATHAWAY
HomeServices | Hudson Valley
Properties

Let me show you the way home.

892 Main Street, Fishkill, NY 12524

SAVE ON YOUR Travel Plans!

Up to **75%**
more than **500 Airlines**
and **300,000 Hotels** across the world!

Let us do the research for you for free... we'll save you time and money



Spend your travel dollars when you get there *not getting there!*

We're not allowed to publish fares
online so call for the best rates now **877-988-7277**

DENTAL Insurance

from Physicians Mutual Insurance Company, Inc.

1-855-225-1434

Dental50Plus.com/NYPass

Products/coverage not available in all states. Contact us for complete details about this insurance plan. To find a network provider, go to physicianmutual.com. This specific plan is not available in IL, KS, KY, OH, or WI. For more information, call 1-800-999-4929 or visit us online at 1-855-225-1434. © 2026 Physicians Mutual Insurance Company. All rights reserved.

Buy One, Get One
40% OFF
Windows and Doors*

MINIMUM PURCHASE OF 4

PLUS
\$200 OFF
Your Entire Purchase*

MINIMUM PURCHASE OF 4



Call **888-448-0421** by **9/30**

Consumer Cellular[®]

**OVER 50? UNLIMITED
FOR JUST \$35/MONTH.**

Backed by #1 Network Coverage and
Customer Satisfaction.*
Switch & Save Today. **844-919-1682**

© 2026 Consumer Cellular Inc. Terms and Conditions subject to change. Plans shown above include \$5 credit for Activation and E-sim. Taxes and other fees apply. Credit approval required for new service. Cellular service is not available in all areas and is subject to system limitations. For unlimited plans, high-speed data is reduced after 35GB on single-line plans and 50GB of combined usage on multi-line plans for the remainder of your billing cycle. Unlimited data plans only for customers age 50+. © 2026 ACSIP. Survey of customers rating their own wireless service provider. ACSIP and its logo are registered trademarks of the American Customer Satisfaction Index LLC. For more about the ACSIP, visit www.acsip.org.

SELL YOUR HOUSE FAST FOR CASH
No Repairs. No Showings. **DONE** this week!



Get Your **FREE** Cash Offer

- We buy homes nationwide
- No commission or fees
- Close on your timeline
- No repairs or inspections

"Selling my home with Liz Buys Houses was a
game-changer!"
-Michael Beck

We work fast and are ready to help with your sale
when you are. Call today to see if our fast cash
offer aligns with your home sale needs!

CALL 1-888-704-5670

Not for mobile homes, not for homes listed on the market

Jacuzzi

Bath
Remodel

Safety. Style.
Stress-Free
Installation.

CALL NOW
1.855.564.2680

SPECIAL OFFER
**Waiving All
Installation
Costs!**

Add terms apply. Offer subject to change
and vary by dealer. Expires 12/31/26.
Locations at jolucor.com



Transform
Your Bathroom
and Change
Your Life.

FREE TOILET + \$2,000 OFF*

For your **FREE** information kit and
our Senior Discounts, Call Today Toll-Free

1-855-916-5473



*Free toilet with purchase and installation of a walk-in tub or walk-in shower only. Offer available while supplies last. No cash value.
Must present offer at time of purchase. Cannot be combined with any other offer. Market restrictions may apply. Offer available in select
markets only. CSLB 1082185 NSCB 0082999 0083445 13VH11096000

ERIE HOME
Erie Roofing Since 1976

Trust the Nation's #1 Roofing Contractor
Award-Winning Roofing and Customer Service

LIMITED TIME OFFER
50% OFF
Installation

**FREE ESTIMATE
SCHEDULE TODAY!**
Call 1.855.492.6084

CALL TODAY! 1.855.492.6084

New orders only. Does not include material costs. Cannot be combined with any other offer.
Minimum purchase required. Other restrictions may apply. This is an advertisement placed on behalf
of Erie Construction Mid-West, Inc. ("Erie"). Offer terms and conditions may apply and the offer may
not be available in your area. If you call the number provided, you consent to being contacted by
telephone, SMS text message, email, pre-recorded messages by Erie or its affiliates and service
providers using automated technologies notwithstanding if you are on a DO NOT CALL list or register.
Please review our Privacy Policy and Terms of Use on homeservicescompliance.com. All rights
reserved. License numbers available at eriehome.com/erielicenses/

Suguru solution

1	3	5	3	4	1
5	4	2	1	2	5
3	1	3	4	3	4
2	5	2	1	2	1
3	1	3	5	4	3
2	5	4	2	1	2

B	L	E	S	S		B	B	C			D	U	P	E
A	I	T	C	H		A	I	L		T	E	N	E	T
R	A	N	E	E		B	O	A			U	L	T	R
F	R	A	N	K	L	Y		S	E	R	I	O	U	S
			T	E	A			U	P	O	N			
P	A	S		L	Y	E	S		N	I	T	W	I	T
A	D	A	R		E	V	E	R		P	O	O	L	E
R	O	L	E		R	E	L	A		G	R	I	M	
I	B	S	E	N		N	E	V	E		A	S	A	P
S	E	A	D	O	G		S	E	N	T		E	D	O
			B	A	R	S		T	A	P				
A	N	Y	M	O	R	E		F	A	I	L	U	R	E
D	O	M	E	D		F	D	A		L	A	V	E	R
D	E	C	A	Y		E	A	R		O	C	E	A	N
S	L	A	T			R	Y	E		R	E	A	M	S

SUDOKU

This week's answer

2	6	8	5	3	9	4	7	1
7	3	5	8	1	4	2	6	9
9	4	1	7	2	6	5	3	8
4	8	9	2	6	5	7	1	3
6	1	7	9	4	3	8	2	5
3	5	2	1	8	7	6	9	4
8	2	6	4	9	1	3	5	7
1	7	4	3	5	2	9	8	6
5	9	3	6	7	8	1	4	2

Answers to this
week's diversions

(puzzles on page 12)

You can't always avoid a fall, but...
...you can prevent and plan for them, and practice reducing the likelihood of serious injury. This week (Sept. 21-25) being Falls Prevention Week, it's as good a time as any to review. Falls can happen anywhere you go, so it pays to have multiple fall prevention strategies.

The Dutchess County Medical Examiner's office reports 108 accidental deaths in 2025 among adults over age 60. Fifty-nine of those deaths were due to accidental falls, and 98% of accidental falls resulting in death are among those over age 60. Let's bring those numbers down.

Step 1: Avoiding dangerous situations: If you find yourself climbing a step stool whenever you need to to reach things you regularly use, those things need to be on a shelf you can reach without the step stool in the first place.

You can assess every room in your home this way, keeping important items within reach when standing: bedroom, bathroom, kitchen, living room, and other common areas.

Remember: a kitchen chair is NOT a step stool. If using a step stool is unavoidable, make sure it has a non-slip standing surface as well as feet that keep the stool in place.

Step 2: Stay mentally and physically active: If you're able to combine mental and physical activity using mind-body practices like dance, tai chi or yoga, so much the better. Preventing falls in our day-to-day lives can be as simple as paying closer attention to the world around us, to avoid distraction and stay focused on the here-and-now. This can be as simple as watching for wet or slippery spots wherever we walk, and considering what choices will need to be made to stay safe.

According to the Cochrane Database of Systematic Reviews, regular exercise may reduce the rate of falls by 23%, and the number of people who fall by 15%.

Step 3: Talk it over with your doctor: Discuss all your medications with your doctor and use them strictly as prescribed. Be aware that some medications have side effects like drowsiness, dizziness, or muscle weakness, that may alter your balance.

You could fall anyway - so practice for it

Many instinctive actions taken during a fall often do more harm than good; but it's possible to practice for falls, the way pilots prepare for the softest possible landing when they run into trouble during a flight. Harvard Medical School offers these fall-strategy recommendations:

- Lean forward into the fall. This gives you some control over direction;
- Fall sideways, if possible;
- Aim toward open areas and toward grass or dirt rather than concrete;
- Aim away from other people and away from objects that can cause puncture wounds or fractures;

- Swing your arms sideways to direct your fall;
- Twist your shoulder to protect your head;
- Keep your knees bent and your feet down;
- Fall like a sack of beans—relax everything;
- Fall on the soft, fleshy places, like your butt and thighs. These areas have more protection and are lower to the ground; and
- As you complete the fall, try to roll to your side in a ball. This will spread the impact to reduce injury and stop you from rolling further.

That may seem a lot to keep track of in the moment, but practicing falls in a controlled environment with plenty of soft landing spots and help available can be most helpful.

Navigating your neighborhood on foot

Neighborhoods with sidewalks are among the safest paths for walkers; but with Dutchess County being largely suburban or rural, sidewalks won't be available everywhere. The National Council on Aging offers some helpful tips:

- Always look ahead at your path and watch for cracks, holes, and uneven areas.
- Navigate grassy and other uneven surfaces slowly and carefully;
- Rain, mud, snow, and ice can make any surface slippery. Select your footwear accordingly;
- Look for the curb cuts, because these are especially useful if you walk with a cane or a walker, or if you just worry about stepping down from a curb.

Wherever you go, bring a companion. You'll have both assistance and companionship when needed!

OFA Senior Prom filling up fast (Monday 10/19 – Note new venue)

Hundreds of Dutchess County older adults attend each year's Office for the Aging "Senior Prom" - it's four hours of fun, taking place on Monday, October 19th, at The Grandview, 176 Rinaldi Blvd. in Poughkeepsie, and co-hosted by The Pines at Poughkeepsie.

The event begins with lunch at 12 noon, followed by dancing to the music of the full Bob Martinson Band. This year's theme is "Hawaiian Luau," if you're thinking of dressing up.

Admission is \$25 (prepaid), which includes lunch, while seating is available. Guests must be Dutchess County residents over age 60.

Please note that the prom venue has changed. If you've already sent in your payment for the prom, you don't need to change anything other than note the new destination.

Registration closes on Friday, October 9th, or whenever the event reaches capacity, whichever comes first – and almost

300 Dutchess County older adults have already made plans to be at the prom.

Registration and payment info is available here. Carpooling is strongly suggested.

OFA Public Comment Forum this week

Our annual Public Comment Forums offer a unique opportunity for older adults and caregivers to speak directly to OFA leaders and members of the OFA Advisory Board, about issues that matter the most to you, whether it's housing, transportation, OFA services or another concern on your mind.

The last one is set Thursday, Sept. 24, 10:30 a.m., at the OFA Friendship Center - East Fishkill, 890 NY 82, Hopewell Junction.

If you are unable to attend a Public Comment Forum, you can email your comments to ofa@dutchessny.gov, or mail written comments to the Dutchess County Office for the Aging, 114 Delafield St, Poughkeepsie, NY 12601.

All Public Comment Forum locations are handicapped accessible.

Join OFA at the 'Golden Gathering' (Sat 9/26)

County Executive Sue Serino and her partners – NYS Senators Rob Rolison and Michelle Hinchey, as well as the Dutchess County Office for the Aging – invite Dutchess County's older adults to the 2026 Golden Gathering on Sept. 26 at Arlington High School in Lagrangeville (1157 NY 55 – carpooling strongly suggested).

The popular Golden Gathering is a free event offering older adults and their families easy access to dozens of services, resources and community organizations. It brings together more than 80 exhibitors to help attendees stay connected, healthy and informed.

'Friendly Calls' Orientations

Interested in becoming an OFA "Friendly Calls" volunteer caller? We have a volunteer orientation opportunity available at the OFA main office at 114

Delafield St. in Poughkeepsie on Monday, Oct. 5, or 26 – 10 a.m. To reserve your seat, call OFA during business hours at (845) 486-2555.

More OFA events coming soon – sign up!

To register for any of the events below, contact OFA during business hours at 845-486-2555 unless noted otherwise.

September:

(Thursday) 24th - Scam Prevention with OFA Outreach Coordinator Brian Jones, Tivoli Library, 86 Broadway, 5 pm (call 845-757-3371)

(Monday) 28th – OFA Mobile Office Hours, Town of Poughkeepsie Senior Center, 14 Abe's Way, 9 am-1 pm

October:

(Wednesday) 14th – Navigating Medicare, Starr Library, Rhinebeck, 4:00pm

(Thursday) 15th – Navigating Medicare, Boardman Road Library, 141 Boardman Rd., Poughkeepsie (call 845-485-3440 x3380)

(Wednesday) 21st – Navigating Medicare, Poughkeepsie Galleria Community Room, 10:00am

(Friday) 23rd – Navigating Medicare, Millbrook Library (3 Friendly Ln.), 3:00pm (845-677-3611)

How's Your Bingo-Calling Skills? Volunteer Wanted in Poughkeepsie

Older-adult residents of the Admiral Halsey, Interfaith Towers, and Poughkeepsie Village senior housing developments in the City of Poughkeepsie are looking for a volunteer bingo-caller for their regular games. How's your voice?

If you're interested, reach out to First Ward alderman Ernest Henry at eherry@cityofpoughkeepsie.gov.

And a Bad Joke!

I went to the zoo the other day. They only had one black, one brown and one polar. As far as I'm concerned, that's the bear minimum.

PPLD to celebrate Dolly Parton on Friday

The Poughkeepsie Public Library District (PPLD) is hosting Celebrating Dolly! A celebration of Dolly Parton's love of literacy, and the work she did to ensure children love reading will take place on Friday, Sept. 25, (or should we say, nine to five), at Adriance Memorial Library from 10-11:30 a.m. and at Boardman Road Branch Library from 2-3:30 p.m. One can participate in free Dolly Parton-themed activities: take pictures with our Dolly Parton cardboard cutout, sign up children under age five who reside in the City or Town of Poughkeepsie for the Dolly Parton Imagination Library (DPIL), join a Dolly Parton-themed sensory playtime, and other themed activities.

The DPIL began when Parton was inspired by her father, who grew up illiterate, and wanted to ensure every child in Sevier County, Tennessee, where she grew up, would have access to books, regardless of socioeconomic status.

"She hoped those books would encourage children to love reading, dream more and believe that their own possibilities were bigger than they might imagine," is how the DPIL describes her idea.

Those books have since travelled outside of Tennessee to all over the United States, and then all over the world, to as far away as Australia, and the PPLD is a proud participant, ensuring children in Poughkeepsie have access to a new book every month.

The books are free, high-quality,

age-appropriate books, and are now available in Spanish. Patrons can register in person at Adriance Memorial Library or online, as well as at the check-out desk at Boardman Road Branch Library. New registrants will be offered the option to enroll in the core English program or the fully Bilingual English-Spanish program.

Existing families can also switch over to Spanish within the parent login area. Sign up to receive books in the Youth Services Department on the second floor at Adriance Memorial Library or online at <https://poklib.org/youth/dolly-parton>.

"Through our partnership with the Dolly Parton Imagination Library, we aim to strengthen the Poughkeepsie community by delivering free, high-quality children's books—especially bilingual children's books that nurture dual-language skills—to young readers every month, sparking early literacy and a lasting love of stories in every language," said John Torres, Head of Youth Services at PPLD.

The DPIL will mail a free book to your home monthly for children from birth to their fifth birthday. Children must be residents of the City or Town of Poughkeepsie to qualify for free books.

The Dolly Parton Imagination Library program is sponsored by the Friends of the Poughkeepsie Public Library District.

For more information, follow PPLD on Facebook and Instagram, visit the website at <https://poklib.org>, or call (845) 485-3445 x3707.

