

Southern Dutchess News

Vol. 72, # 48 75 cents

Fishkill, East Fishkill, Wappingers Falls, Town of Wappinger, Town and City of Poughkeepsie

November 29-Dec. 5, 2023

Benefits being held for those affected by explosion, fires in Wappingers Falls

Wappingers Falls PBA members deliver holiday meals

By Kristine Coulter

The local community continues to offer support to families who were affected by recent catastrophic events. In mid-October there was a fire at a local apartment complex in Wappingers Falls. Earlier this month, a gas explosion and fire occurred on Brick Row in Wappingers Falls.

Brick Row fire benefit

at AJ Café Dec. 1

There will be a benefit held on December 1, from 6 p.m. – midnight at AJ Café, 2557 South Ave., in Wappingers Falls to assist those families who were affected. There will be raffles, 50/50 and live performances by numerous musicians.

The benefit is being organized by Michael Robinson of Waverly Pest Control in the Village of Wappingers Falls.

Robinson stated in a Facebook post: "I will be cohosting this event with Jennifer Nevel for the victims of the fire and explosion that occurred here in Wappinger Falls a few weeks ago. There may be some special guests as well. We would love if you could attend and show your support for the community and these victims."

One of the performers scheduled is Carrie Zazz of the Carrie Zazz Band.

"The band feels very strongly about supporting and giving back to our community. We make it a point to donate our time and talent a number of times throughout the year to causes we believe in. When we learned there were people in need, right here in our backyard, we



Wappingers Falls PBA members delivered holiday meals for Thanksgiving last week to families who are in hotels. The families were affected by an explosion on Brick Row earlier this month and a fire at an apartment complex that occurred in mid-October.

-Courtesy photo

reached out right away to ask how we could help. We consider ourselves blessed to be able to lend our support through music," Zazz said in an email to Southern Dutchess News on Nov. 26.

What can people who attend expect?

Zazz replied, "Everyone attending will enjoy a powerful line-up of great music. The Carrie Zazz Band will be playing our classic rock and country favorites that

include everything from The Beatles, [Rolling] Stones, Linda Ronstadt, Elton John and more! We are well known for our three-part harmonies that are reminiscent of the 1960s and will be playing a selection from our show at Daryl's House in January."

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Putnam Chorale performance set in Beacon

By Kristine Coulter

The Putnam Chorale will perform "Holiday Fanfares: Music of John Rutter, Daniel Pinkham and Gwyneth Walker" in Beacon and in Brewster, Putnam County. The concert, said organizers, will feature "Gloria" by John Rutter.

The performance in Beacon is set for December 1 at 7:30 p.m. at the Church of St. Joachim, 51 Leonard St. On December 3 at 3 p.m. the concert will take place at the First United Methodist Church, 83 Main St., Brewster. Tickets are \$25 for adults, \$20 for seniors, and free for children 12 and under.

Other pieces in the program, according to Chorale information, include Daniel Pinkham's "Christmas Cantata" and Gwyneth Walker's "A Star in the East." The Chorale will be accompanied by the MidAtlantic Brass Ensemble and organ, said organizers.

Asked what it is like to be the new director, Jason Tramm replied by email, "It has been a pleasure to begin my tenure with the Putnam Chorale. I have very much enjoyed getting to know the members of the choir and the Putnam County communities that we serve."

Nick Simonelli is the board president. he explained how Tramm was chosen for the director position saying he is "immensely talented" and well-connected to the choral community.

"Jason's energy is infectious as he leads the choristers to explore their vocal technique and create wonderful music. His long-standing association with area opera companies and choruses, both amateur and professional, bring a wealth of experience and the opportunity for potential collaborations. We are quite pleased that we found him among the many candidates earlier this year," remarked Simonelli.

Tramm explained how he became involved with Putnam Chorale. "I was selected as Music Director after a director search. I was continually impressed by the commitment and dedication of the search committee and was honored to be chosen to lead this fantastic ensemble," he said.

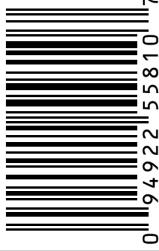
Continued on page 3



The Town of Poughkeepsie Recreation Dept. and the Arlington Business District will sponsor holiday events on December 2 on Raymond Ave. in Poughkeepsie. Pictured is from a previous year's event.

-Courtesy photo

Southern Dutchess News



• OPEN FOR BUSINESS •

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Benefits being held for fires, explosion victims

Continued from cover

Asked what message the Carrie Zazz Band wants to send to those who were affected, Zazz said, "The message we would like to send to those affected by the Brick Row fire is that their community is here for them. It is at times like this that we realize just how deep that support reaches, and they are not alone as they face the rebuilding ahead of them."

Other performers scheduled are Cher & Dr. Perkes, Jennifer Nevel, Macy's Parade and The Mighty Remains.

Wappingers Falls PBA delivers meals to affected families

Members of the Wappingers Falls PBA

(Police Benevolent Association) delivered meals to local hotels. The meals were for those families who were affected by fires and an explosion.

"The PBA donated individual Thanksgiving dinners with desserts (pies and cookies) donated by a group of local women (who wish to remain anonymous)," explained Jenn Farrell via email. Farrell is the PBA Secretary/Treasurer. Turkeys and produce were donated that were given to the Knights of Columbus to give to families in need, she added.

"Our PBA members came up with an idea to cook the dinners (since these specific families do not have ovens in the hotels).

One of our members offered to cook and package all the food with his wife. The dinners included turkey, stuffing, potatoes, and a vegetable with gravy and cranberry sauce on the side," stated Farrell.

Scott McHugh, who is the PBA president, stated in the email from Farrell: "It was a great time, makes you appreciate what Thanksgiving is all about."

The Wappingers Falls PBA members all agreed, according to Farrell, "that giving back especially to these families on this grateful Thanksgiving morning was rewarding. The families were appreciative of our act of kindness."

Geoff Weaver, vice president of the PBA,

stated in the email from Farrell, "Very much appreciated by the victim families. As the conversations, hugs and kindness expressed by them and the hotel guests present in the lobby area was all that [was] needed to be said."

It was noted by Farrell that the PBA members have been in daily contact with most of them (the residents affected) to assist them with whatever they may need (clothing, food, toiletries, etc). The biggest challenge they have right now is finding local housing, she added. Many places have extensive waiting lists hindering their progress to get back to normalcy.

"Shortly after the explosion, we joined forces with the Wappingers Falls Business Association and started a fundraiser for the families. We have raised a significant amount of money for the families. The overwhelming support from residents, and businesses alike has been nothing shy of astounding," said Farrell. She continued: "We are very community oriented, and we are very thankful that we are able to help others."

Update on the investigation

Joseph Jenkins, who is the associate director for media relations for Central Hudson Gas & Electric, stated in an email to Southern Dutchess News earlier this week: "We are cooperating with the Department of Public Service (DPS) and the Occupational Health and Safety Administration (OSHA) as they conduct their inquiries into the event that took place in Wappingers Falls on November 2. We do not have a timeline for when these investigations may be completed."

"Central Hudson continues to support the Wappingers Falls community by providing local hotel rooms and financial resources to help with incidental expenses for displaced residents and has contributed \$50,000 to the Wappingers Falls PBA in support of their effort to raise funds for those affected."

FRIDAY DEC. 1, 2023
AT 7:30PM

ST. JOACHIM CHURCH
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SUNDAY DEC. 3, 2023
AT 3:00PM

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Municipalities to host local holiday events



Holiday activities will take place in the Town of Poughkeepsie on December 2nd.

-Archive photo

Continued from cover

which kicks off at 4:30 p.m. with the tree lighting."

What does the location provide for those who attend?

"Raymond Ave. and Main St. will be lit up with decorations, festive music, and fun for the whole family. And the parade and caravan are a "must see" you don't want to miss," replied McHugh.

The event is free and sponsored by the

local businesses in the Arlington Business District and the Town of Poughkeepsie, remarked McHugh. Also sponsored by Rhinebeck Bank. "Thank you to all of our sponsors and to Vassar College for their continued support," she said.

It was noted by McHugh, "The Holiday Festival and Tree Lighting kick off the festive season and there's no better place to stroll, shop, eat, and drink than the Town of Poughkeepsie."

East Fishkill Holiday Festival is planned for Sunday

The East Fishkill Holiday Festival and Tree Lighting will take place on December 3 at the East Fishkill Community Center, 890 Route 82, in East Fishkill. The festivities are from 5 - 7 p.m. This event is for East Fishkill residents only. Those who wish to attend must register on the East Fishkill Recreation website.

East Fishkill Recreation Director Bill

Green said attendees can expect "holiday music (Bob Martinson), refreshments, glitter tattoos, roasting marshmallows, many additional holiday displays and decorations, a bonfire, Frosty the Snowman, the menorah, Santa & Mrs. Claus and some additional surprises."

Green noted the community center is "right in the heart of Town with its Christmas tree growing bigger every year and the hot chocolates, coffee and doughnuts are available inside the warm building."

This is a free event. "All ages will have a fun time," said Green.

The East Fishkill Rotary Club will provide refreshments. The East Fishkill Police Department will be assisting throughout the event, said Green.

"Christine Selback and the Recreation Department are most responsible for this event along with Butch Kidney and the Recreation maintenance staff who do the decorations and the labor," he noted.

Green added: "Our Special Events in Town (Halloween, Easter, Christmas, July 4, etc.) provide the taxpayers in the Town great entertaining events and they're all free!"

Town of Wappinger, Village of Fishkill to host holiday celebrations

The 2023 Town of Wappinger Tree Lighting Ceremony will take place on December 2, from 5-7:30 p.m. The ceremony will take place at Schlathaus Park, 126 All Angels Road, in Wappinger.

"Please join us for this annual celebration where we light the Town Christmas tree. We will have hot chocolate and cookies, a craft and game for the children," and a visit from everyone's jolly friend, Santa, states the Town's recreation site. No registration is required for this free event.

"There will be gift bags available for the first 300 kids who visit Santa," according to the website.

Village of Fishkill will host its annual Holiday Party and Tree Lighting on December 3, from 2:30 – 5 p.m. at the Van Wyck Village Hall, 1095 Main St., in the Village of Fishkill.

Putnam Chorale performances set

Continued from cover

As for what attendees can expect from the concert. Tramm replied, "Musical excellence in YOUR community! This upcoming concert will feature the Putnam Chorale and brass ensemble in some thrilling pieces by John Rutter and Daniel Pinkham."

Simonelli said, "We take our singing seriously, but we take time to socialize as well. The Chorale is always looking for new singers, especially tenors and basses. The music is challenging, but extremely rewarding. Rehearsal aids are generally available to help guide amateurs to learn their parts. You have nothing to lose by checking it out and a tremendous amount to gain. More at PutnamChorale.org."

Simonelli added, "Expect about 60 performers to simply wow you. The finale in Rutter's "Gloria" will leave your heart pounding. Holiday Fanfares will not disappoint!"



Dr. Jason Tramm

-Courtesy photo

Order Renegades bulk tickets now

If you want to see a Hudson Valley Renegades game with friends, family and co-workers, now is the time to buy in bulk for next year.

The Renegades, the High-A affiliate of the New York Yankees, said that group ticket sales for the 2024 season at Heritage Financial Park are on sale. Groups of 15-or-more guests may begin reserving their outings for any Renegades home game during the upcoming 30th anniversary season.

As part of Phase 2 of the Heritage Financial Park improvement project, an all-inclusive, upscale Club Space featuring all-you-can-eat-and-drink food and beverages will open in 2024 among other new amenities and luxuries.

"We are so excited about these new

group areas which will help elevate our fans' experience at the ballpark when they come out with a group to enjoy a game," said Will Young, Director of Ticket Sales for the Renegades. "With the addition of these new spaces and our existing hospitality areas, Heritage Financial Park is the premier destination to entertain your employees, clients, family and friends in the Hudson Valley."

Only Rufus's Bird'sEye BBQ has a minimum number of guests of less than 10 people, with six.

As an added bonus, groups booking their outing before the end of 2023 will receive a lower deposit, see their group space rental fee (where applicable) waived, and receive complimentary hats for up to 100 guests (\$1,000 value).

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Freedom Plains United Presbyterian Church
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Barnes, Joseph Jervais,
Bradley Levine, Glen Macken, Austin
Miller, Martin Miller, Kirby Sclafani

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Viewpoints

LETTERS TO THE EDITOR

Letters may be edited for legal considerations, reader interest and length. Please include a telephone number and address for verification purposes. Deadline for letters is Friday at noon. Letters must be submitted by e-mail to be considered for publication. Letters can be e-mailed to newsplace@aol.com, and the phrase "Letter to the Editor" should be included in the subject line of the e-mail.

Policy on letters:

- Letters that contain statements that are libelous or slanderous will not be published.
- Letters that include personal attacks will not be published.
- Letters written in response to other letter writers must address the issue at hand, rather than mentioning the writer by name and must refer to the headline and date the letter was published.
- Letters referring to news stories must mention the headline and date of publication.
- The Southern Dutchess News will not be used as a vehicle to place misinformation.
- Information must be attributed to a specific individual or published item (ie- tell us where or from whom you obtained the information)
- All letters must contain a name, hometown and phone number for verification.
- Letters appearing on the Viewpoints page are the views of the writers alone and do not necessarily reflect the views of the Southern Dutchess News.

'No' to Fishkill Recreation renaming for a former supervisor

To the Editor:

I would like to strongly urge Town of Fishkill Council members Carmine Istvan, Brian Wrye, and John Forman to vote "no" at the December 20th Fishkill Town Hall meeting on a suggestion by Supervisor Ozzy Albra that they name the Fishkill Recreational Center in honor of a former town supervisor. Following this period of governing, incoming Supervisor Bob Lacolla had to untangle and restore the Town's fund budgets to their proper status, as well as having to manage the Town when it was under the severe financial stress of the Town that ensued from the previous administration. Mr. LaColla as a result also had to deal with a severely lowered Town credit rating (which made money for the town to borrow much more expensive.) We also faced years of tax increases to balance the Town fund budgets because taxes had been kept artificially low for years. It also took years for Mr. LaColla to restore the Town's credit to a healthy rating, and he is to be commended for his efforts in eventually restoring financial stability for the Town.

Having a building named after you is a tremendous honor. I do not feel it is warranted in this case, for payback for simply being an unofficial advisor to Mr. Albra. I think this sends out the wrong message to the Town of Fishkill taxpayers, period. I feel this tremendous honor should be rewarded for significant achievements (as it should be.)

Again, I would respectfully ask the above Town Board members carefully reconsider this beforehand, and if this honor is truly deserved. I do not feel it is warranted, considering the considerable financial pain the taxpayers and the Town had to go through at the time for a number of years from fiscal mismanagement for the sake of political optics. Typically, people go to jail for offenses like this, and are not rewarded having a building named after them. This is an honor that should be based on merit, not political patronage or an early Christmas gift to a friend.

I would conclude in asking Mr Istvan, Forman and Wrye one simple question: Do you truly feel this honor is deserved, or being done to placate Mr. Albra? If it's the latter, it's a shameful decision period, and you disgrace all the people that (genuinely) have earned that high honor for their achievements and yourselves.

Councilwoman Daniele abstained from the discussion to bring it to a vote on the 20th. I feel she morally 100% made the correct call.

John Namerow
Fishkill

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Speak out for zero waste consultant at county budget hearing Dec. 4

To the Editor:

Remember the old Fram filter commercials — "pay me now or pay me later?" Dutchess taxpayers may well be forced to pay through the nose for incinerator upgrades (or an entirely new incinerator) if we don't wake up.

The recently approved county Solid Waste Management Plan (SWMP) states that the county's "preferred option" for garbage management is burning it and "investment of millions of dollars" in the incinerator— "improving plant capacities," which can be found from the end of the Executive Summary to the county's recently approved Solid Waste Management Plan. One can find it at the bottom of page 11 of this document:

<https://www.dutchessny.gov//ConCalAtt/2/2023159.pdf>.

We should be implementing cost-saving plans instead to ramp up recycling and composting towards zero waste.

As Clearwater, the Omega Institute, Mothers Out Front Dutchess, NYPIRG, et. al. pointed out in a 2021 letter: "Waste to energy facilities, particularly municipal solid waste incinerators are the dirtiest source of energy production on the grid today."

A Zero-Waste-International-Alliance-certified zero waste consultant would only cost about \$30,000-- a minuscule amount compared to massive pay increases proposed for top county officials (68% higher pay for county legislators), \$72 million county fund balance (budget surplus) and \$600 million county budget.

Our County Legislature itself unanimously passed a resolution in March 2009 for the county to apply for federal funds for planning towards zero waste in Dutchess; it still has yet to follow up on this (that time is now).

Speak out for a ZWIA-certified zero waste consultant at the annual county budget hearing Monday, Dec. 4th at 7 p.m. on the sixth floor of the County Office Building at 22 Market Street in Poughkeepsie.

Join Zero Waste Dutchess on Facebook; email zerowastedutchess@gmail.com for more information.

Judy Malstrom
Staatsburg

Fishkill Tire makes donation to ARF and food pantry



Fishkill Tire, a family-run business that is owned by Bill Ross, Dan Ross, and Dyane Miles, has been serving the local community for 54 years. This year they designed a t-shirt and sold it as a fundraiser to support two local charities. The proceeds benefitted the Fishkill Food Pantry in Fishkill and Animal Rescue Foundation (ARF) in Beacon.

Pictured, from left, are Edwin Colon, a volunteer, Dutchess County Legislator Doug McHoul, Bill Ross, Dan Ross, Dyane Miles, Mayor Kathy Martin, and Deputy Mayor Nick Forlano.

-Courtesy photo

USB to hold free Homebuyer Seminar set for December 6

Ulster Savings Bank will present a free Homebuyer Seminar on Wednesday, December 6, at 5:30 p.m. Learn about the many critical steps to owning your own home. This seminar will be offered in-person as well as a live Zoom meeting. Seating in-person is limited. Reserve a spot ASAP.

One may be eligible for a \$750 Home Buyer Credit* just for attending. Sign up:

https://www.ulstersavings.com/why-us/seminars/#section_HomebuyerSeminars

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Learn about the steps to owning your own home. Sign up at: https://www.ulstersavings.com/why-us/seminars/#section_HomebuyerSeminars.

Free Citizenship Workshop Dec. 2

A free Citizenship Workshop will be held at the Howland Public Library, on December 2nd, hosted by Citizenshipworks in partnership with the Office of New Americans and GMHC. If you're looking to become a U.S. citizen, this workshop is designed to assist you in completing the N-400 application and provide a free legal

review of your application. A team of experts will guide you through the process, answer your questions, and ensure that you have all the necessary information and documents.

Register at www.beaconlibrary.org/citizenshipworks and stop by the library anytime between 11 a.m. – 3 p.m. to receive assistance.

Dutchess Tourism celebrates 10th anniversary of Awards of Distinction

Dutchess Tourism, Inc. (DTI) announced the recipients of the 2023 Dutchess Tourism Awards of Distinction, on Wednesday, November 1, 2023, at The Henry A. Wallace Center at the FDR Presidential Library and Home in Hyde Park, N.Y. Twenty-one finalists in each of seven categories and the Mary Kay Vrba Spirit Award were highlighted for demonstrating industry excellence. In honor of the 10th Anniversary, current and former board chairs Kevin Allan, David Bova, Judy D'Alessandro, Denise VanBuren, Andrea Reynolds, DTI President & CEO Melaine Rottkamp, retired DTI President & CEO Mary Kay Vrba, and Dutchess County Executive Bill O'Neil announced the winners.

WINNERS

The Dutchess County Executive's Award for Overall: Franklin D. Roosevelt Presidential Library and Museum, Hyde Park

Finalists included: Brinckerhoff Inn, Fishkill and Four Brothers Drive-In, Amenia

Newcomer Award of Distinction: Tenmile Distillery, Wassaic

Finalists included: Foxtrot Farm & Flowers, Stanfordville and The Reclaimed Motel, Red Hook

Event Award of Distinction: The Bannerman Castle Trust, Inc., Beacon

Finalists included: Boutique Wines, Spirits and Ciders LLC, Fishkill and Kaatsbaan Cultural Park, Tivoli

Collaboration Award of Distinction: Innisfree Garden, Millbrook

Finalists included: Denning's Point Distillery, Beacon and King's Court Brewing Company, Poughkeepsie

Storytelling Award of Distinction: The Art Effect at the Trolley Barn Gallery, Poughkeepsie

Finalists included: Clermont State Historic Site, Tivoli/Germantown and Old

Rhinebeck Aerodrome, Red Hook

Accessible Hospitality Award of Distinction: Bardavon 1869 Opera House, Poughkeepsie

Finalists included: Hudson Valley Renegades @ Heritage Financial Park, Wappingers Falls and Mid-Hudson Discovery Museum, Poughkeepsie

Hospitality Service Award of Distinction: Valerie Barone, Bartender & Social Host, Joseph's Italian Steakhouse, Hyde Park

Finalists included: Julio Rojas-Sacasa, Reception/Concierge at Troutbeck, Amenia and Sandy Tompkins, Front Desk Agent at Hampton Inn, Fishkill

Mary Kay Vrba Spirit Award Honoree: Judy Hannon, general manager of Revel 32°, Poughkeepsie

Vrba presented the award bearing her name to Hannon for demonstrating selflessness, service, inclusiveness and leadership. Hannon, a veteran in the hospitality industry, is known for her tremendous work ethic, unwavering dedication, and providing exceptional customer service. Vrba praised her for her commitment to collaboration and relationship building between her partners, colleagues and the community through her work at Revel 32°.

In her remarks, Rottkamp highlighted the growth and success of DTI's role as Dutchess County's designated destination marketing organization (DMO) over the past ten years. Visitor spending increased 46.6% from \$481 million to \$706 million with the average breaking down to \$1.9 million spent by visitors per day on food and beverages, recreation, accommodations, retail and transportation. Occupancy tax collected by the county has more than doubled to \$4.2 million. State and local taxes collected from visitors increased 45% to \$88 million in net new money now coming into our county and state governments. Without that spending by visitors, Dutchess County residents would



Winners of the 2023 Dutchess Tourism Awards of Distinction.

-Courtesy photo

need to pay almost \$800 more per household in taxes to make up the difference that funds things like improvements to roads and bridges, public safety, parks, youth programming and other services.

"Dutchess County needs to compete with every other destination for its fair share of visitor spending, investment and talent and the excellent work done by our team to leverage the power of destination development and promotion has become a catalyst for our community's vitality," said Rottkamp. "Investment in Dutchess Tourism by County government and the Dutchess County IDA continues to fuel the work we do and our vision to make Dutchess County the destination of choice for travelers from all over the world. With that investment, we have seen the powerhouse for economic development that tourism has become."

Rottkamp also noted that the collective income of Dutchess employees working in the hospitality and tourism sector has grown 55%. Those wages also contribute to the local economy when those workers spend money on housing, groceries, clothing, transportation and services.

"We have highlighted twenty-one attractions and individuals across eight different

categories who all deserve our appreciation for their dedication, spirit and commitment to making Dutchess the world-class destination it has become," said Dutchess County Executive William F.X. O'Neil. "Dutchess County's tourism industry collectively is a community collaboration of more than 1,200 businesses and organizations, and more than 9,000 of our friends and neighbors working in the hospitality field. It's a vital driver of our economy, and the County's investment in Dutchess Tourism is an investment in our community's economic growth and success, ultimately enriching the quality of life for those who call this place home."

Attendees enjoyed a gourmet breakfast catered by Simply Gourmet featuring donated and locally sourced ingredients, including maple syrup from Soukup Farms, coffee from North River Roasters, tea from Harney & Sons Fine Teas and dairy products from Hudson Valley Fresh. The Awards of Distinction event was supported by diamond sponsors Changing Our World, iHeart Media of the Hudson Valley and Inn at Bellefield and platinum sponsors Central Hudson, Homewood Suites by Hilton, Millbrook Vineyards & Winery, and Nuvance Health.

Garden club to sponsor free Children's Holiday Workshop



The Verplanck Garden Club members will host a Children's Holiday Workshop on December 9th on the lower level of the Fishkill Town Hall in Fishkill.

-Courtesy photos

the ways the VGC serves the community.

Club members build and maintain raised-garden beds for people with special needs to garden at Stony Kill Farm, 79 Farmstead Lane, in Fishkill.

The club members also "create" and "maintain" the gardens located at the Fishkill Town Hall complex.

There is a new pollinator garden at Carnwath Farms, Wheeler Hill Road, in Wappinger due to the work of the members.

Children who attend the summer camp are provided with a craft session during the summer.

Members attend and provide crafts during Butterfly and Blooms at Stony Kill Farm and the Fall Festival in Fishkill.

Two children are sent by the garden club to a weeklong overnight camp during the summer that is held by the Department of Conservation.

There is no sign-up or registration needed for the holiday craft workshop, said Pulcare.

"We just hope people come and enjoy it," said Pulcare.

For more information, visit The Verplanck Garden Club Facebook page.



A pinecone tree is one of the projects a child can make during the holiday workshop.

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Disney's WISH <small>(PG)</small>	
THE HUNGER GAMES: <small>THE BALLAD OF SONGBIRDS & SNAKES</small> <small>(PG-13)</small>	
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Mush Foods in Poughkeepsie receives \$250,000 from Grow-NY business competition

Governor Kathy Hochul announced on Nov. 15 Hypercell Technologies, of Peachtree Corners, Georgia as the grand-prize winner of this year's Grow-NY business competition, a startup challenge focused on enhancing the emerging food, beverage, and agriculture innovation cluster in Central New York, the Finger Lakes, and the Southern Tier. Now in its fifth year, the program awarded \$3 million – including the \$1 million grand prize – to seven finalists participating in the business development accelerator and two-day pitch competition at the Grow-NY Summit this year held in Binghamton. The winning teams must commit to operating in the participating regions for at least one year, while providing Grow-NY with a small equity investment stake in their entity. The competition is administered by Cornell University's Center for Regional Economic Advancement.

"The winners of this year's Grow-NY competition represent some of the most innovative and forward-thinking entrepreneurs from around the world that will take our state's food and agriculture sector to the next level," Governor Hochul said. "Through Grow-NY and the Upstate Revitalization Initiative, my administra-

tion is doubling down on its commitment to driving economic growth in every part of our state, sparking innovation, and creating the jobs and opportunities that will move New York forward."

Hypercell Technologies provides rapid point-of-care diagnostics for the food chain, ensuring early identification and management of biological contaminants from production to transformation with increased speed and accuracy.

Other 2023 winners included:

\$500,000 Winner: Crover, (Edinburgh, United Kingdom) - Crover is on a mission to help grain storage operators reduce losses and maintain optimum storage conditions, efficiently and remotely monitoring and maintaining the quality of grain bulks through its "grain swimming" robotic technology.

\$500,000 Winner: SomaDetect, (Thornhill, ON, Canada) - SomaDetect's cutting-edge sensor and software system provides farmers with the information they need to make the best milk possible, offering dairy producers automatic and reliable milk-based data

directly from their milking line to streamline day-to-day operations of dairy farms.

\$250,000 Winner: Mush Foods (Poughkeepsie) - Mush Foods harnesses the power and intelligence of mushrooms with its edible mushroom mycelium, creating a groundbreaking, sustainable, animal-free protein for the food and beverage industry.

\$250,000 Winner: Cattle Scan (Toronto, Canada) - Cattle Scan's cattle monitoring bolus allows dairy farmers to facilitate real-time monitoring of individual cattle, improving overall herd health, increasing production efficiency, and helping advance business sustainability and operational excellence.

\$250,000 Winner: Clean Label Solution (Ithaca) - Clean Label Solution has proprietary technology that improves protein and fat digestibility and reduces CO₂ emissions and energy consumption in the production of soy-based animal feeds for livestock such as dairy cattle, poultry, deer, and fish farms.

\$250,000 Winner: MycoLogic (Kennesaw, GA) - MycoLogic is a comprehensive solution for starting or expanding your specialty mushroom cultivation business. They provide hardware and software for the semiautonomous cultivation of specialty mushrooms, as well as biological support and consultation.

The competition also featured a "Wegmans Audience Choice" award, selected by the public, for the startup that had the most standout and promising pitch. Big Yield Growers of Endicott, received \$10,000 in prize money sponsored by Wegmans.

The 20 finalists selected to take part in this innovative competition received dedicated mentorship from hand-selected regional business advisors leading up to the Summit and created a detailed business plan to present in the final competition. The finalists gave their highly anticipated pitches to a panel of seven judges, reflecting a depth and breadth of agriculture, food production and venture development expertise.

Rhinebeck Bank names Rosie Giannatto Assistant VP, Arlington Branch Manager

Rosie Giannatto has been named Rhinebeck Bank's new assistant vice president, branch manager at its 708 Dutchess Turnpike, Poughkeepsie (Arlington) location.

Giannatto brings more than 20 years of branch management, business development and commercial and residential mortgage lending experience to her new role at Rhinebeck Bank. She will provide oversight of branch operations and staff training at the Arlington branch and lead business development, small business lending, and residential mortgage efforts in the Arlington area and surrounding communities.

"We're excited to have Rosie join our team in Arlington. She has an excellent understanding of the area, including the business climate and housing market, and will be very well equipped to meet the banking and lending needs of our customers," said Brooke O'Connell, vice president, area retail leader at Rhinebeck Bank.

Giannatto is a Marist College alumna and a graduate of The Chamber Foundation's Leadership Dutchess program. When not working, she enjoys



Rosie Giannatto

-Courtesy photo

watching her kids' various sporting events, theatre and spending time with family and friends.

Giannatto resides in Dutchess County with her family.

Notes from the Town of Wappinger Supervisor Holiday Giving in December 2023

By Richard Thurston

May the December 2023 season of multicultural celebrations bring the best to our Wappinger Community that this time of the year can offer.

The year 2023 has been one of the more challenging to each of us during our lifetime.. Our lives, cultures, beliefs, and even our faiths have been tested daily. Our families and friends, and their families and friends, have made sacrifices seldom experienced. But, through it all, December is the month of caring and of giving, of helping people from all walks of life to try to put their challenges at least momentarily behind them. It is a time to bring love and smiles to our family, friends and neighbors.

As reflected in our many faiths, and in their celebrations, such as Kwanzaa and Omisoka (Japanese New Year's Eve) let's take advantage of this season to share the best of our human essence. No matter the nature of our faiths, we can turn to the "teachings" of Saint Nicholas, those inherent in Christ's Nativity, and to gain a deeper understanding of the celebrations of Hannukah, Three Kings Day; and even the Winter Solstice, (especially important for farmers), to name a few.

This season, our Town will sponsor several annual festivities with a specific purpose: to help bring our community closer together physically and spiritually during this important season. We hope that you can participate in some, if not all, of the following:

Holiday Tree Lighting - On December 2nd, from 5– 7 p.m., please stop by Brexel-Schlathaus Park, 127 All Angels Hill Road (Myers Corners Road and All Angels Hill Road) for an evening of holiday festivities. We will assemble at the Band Shell and our Christmas Village to welcome Santa's arrival followed by our annual tree lighting. For the young at heart, please come on by to share your wishes with Santa: the first 300 youth to visit with Santa will receive a small gift bag. Hot chocolate and doughnuts will be served to all. Our children can write letters to Santa and to drop them off at the mailboxes located that night at Schlathaus and during the rest of the season at



Supervisor Richard Thurston

Wappinger Town Hall.

Christmas Crafts Fair - On December 9th, from 10 a.m. – 3 p.m., come on out to the Wappinger Town Hall (20 Middlebush Road, Wappinger) to buy some holiday gifts. We will have nearly 30 vendors with handmade crafts for all.

Senior Holiday Luncheon - On December 13th, 11:30 a.m., we will hold our annual Senior Holiday Luncheon at Villa Borghese. Please register online or visit the Town's Senior Center, 20 Middlebush Road. All residents 55+ are welcome!

Wreaths Across America- Many of our Town officials and staff are supporting, once again, this amazing annual event. We will meet at the Wappingers Rural Cemetery (174-208 West Main Street (aka 9D), Wappingers Falls) on December 16th at noon. We will place wreaths on the resting sites of our beloved Veterans. You may order your wreaths at: www.wreathsacrossamerica.org.

May the rays of hope and joy of this multi-faceted celebratory season to share bountiful joy and human kindness to brighten the dark and somber world of many others less fortunate than are we.

May each and every one of you stay safe and remain well during the days, weeks and month ahead.

Until soon, please stay safe and remain well.

Winter concerts set in Beacon City School District

The Beacon City School District is presenting Winter Concerts by students in all four elementary schools, Rombout Middle School and Beacon High School. All concerts will take place at the Pete and Toshi Seeger Theater at Beacon High School, Matteawan Rd. Performances start at 7 p.m. and are free and open to the public.

Concert dates are as follows:

Dec. 5 Beacon High School, 101 Matteawan Rd.

Dec. 7 Rombout Middle School, 84 Matteawan Rd.

Dec. 12 J.V. Forrestal Elementary School, 125 Liberty St.

Dec. 13 South Ave. Elementary School, 60 South Ave.

Dec. 14 Glenham Elementary School, 20 Chase Dr., Fishkill

Dec. 19 Sargent Elementary School, 29 Education Dr.

Dec. 20 Snow date.

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Adams Fairacre Farms earns Think Jobs Business Award



Think Jobs "Spotlight Award" Recipients. From left, Richard Fishwick of Adams, Red Hook School District Director of Food Service Larry Anthony and employee Tristen Truitt and Employee Christina Gagliardo, her mother Irene, and Bryan Marquardt from Doyle Security.

Dutchess County gathered dozens of local businesses, civic groups and individuals for the County's seventh annual "Think Jobs" round table discussion, which highlighted the advantages of local businesses hiring residents of all abilities and honored community partners which employ those of every ability. The event, which aligns with the County's popular "ThinkDIFFERENTLY" initiative, held in coordination with the County's Department of Community and Family Services, the Dutchess County Workforce Investment Board (DCWIB) and the Dutchess One Stop Career Center, was hosted at the Franklin D. Roosevelt Presidential Library and Museum in Hyde Park.

County Executive William F.X. O'Neil said, "At a time when so many businesses have open positions and are looking to hire, it is important to spread the message that many residents of all abilities are searching for employment and may be a great fit for these organizations. This round table event is an opportunity for businesses to learn about hiring neurodiverse employees and hear success stories from businesses who have already done so. We are thrilled to celebrate the success of businesses, and the employees they hire."

The event also includes the presentation of the annual "Think Jobs" awards. ThinkDIFFERENTLY and neurodiversity advocates Paul Austin of IBM and Mark McFadden of SUNY New Paltz presented the awards, recognizing the "ThinkDIFFERENTLY" spirit embodied by local employers and employees.

Those chosen to be inclusive and Think Differently were:

"Think Jobs" Business Award recognizes

local businesses which have opened their hiring practices to provide vocational training and/or employment opportunities for people of all abilities. The award was presented to Adams Fairacre Farms due to its standing commitment to hiring people of all abilities and giving them the opportunity to be successful employees. Adams has built relationships with agencies throughout the Hudson Valley to identify potential employees and enable them to succeed. One of these employees has worked for Adams for over 13 years and has grown to take on additional responsibilities over time. Adams has worked with numerous participants in the "School to Work" program and invested time and energy to find the right place for the employee to succeed and the business to benefit. Adams has also supported community events to include people of all abilities.

"Think Jobs" Spotlight Award celebrates the success of residents with disabilities who embody the spirit of "ThinkDIFFERENTLY" and the successes of "Think Jobs" through their employment. This award was presented to four individuals following their participation in the "School to Work Program" and include:

Richard Fishwick started working at Adams Fairacres Farm as a dishwasher and was promoted several times within Adams' kitchen, where he continues to work today. Richie is proud of his work at Adams, where he has not only continued to grow and advance as an employee, but also to build friendships and be a contributor to the community. Richie survived a battle with cancer while working at Adams and was praised by his manager for his courage and the example he set for everyone as he faced this challenge.



Think Jobs Business Award Winner Adams Fairacre Farms representatives HR Director Sarah MacKay and employee Richard Fishwick.

-Courtesy photos

Tristen Truitt, a Red Hook Central School District employee, has not just shown commitment and capability in her job but also her maturity and independence in securing a position. Kristen is a graduate of the "Think Ahead" program, a collaboration between Dutchess County Government and Dutchess Community College, which led to her current position. She was offered a position in food services, where she performs a variety of tasks preparing and serving food as part of the cafeteria staff. She has won praise and support from her management on her professionalism and diligence in her work.

Christina Gagliardo, a Doyle Security Systems employee, secured her first position with MTM Pharmacy creating customized blister packs, but that company soon relocated, and she lost her job. She did not get discouraged, quickly obtaining a new part-time position doing a similar job for Baby Vision. Soon after this, Christina decided to take another position with then-CIA Security and was invited to stay on when the company became Doyle Security, and she now works on customer data entry, regularly uploading and updating data in customer account files. Between both jobs, she works 40 hours per week and has blossomed, continuing to grow in her various work environments.

DCWIB Executive Director Dr. Louise McLoughlin led today's attendees in a roundtable discussion, which allowed for open dialogue between businesses, service providers and individuals with disabilities. Ms. McLoughlin and Mr. Austin discussed the creation of the Hudson Valley Neurodiverse Hub, a website

expected to be online by year's end as a quality resource for both businesses open to hiring people with disabilities and those seeking employment.

The conference included speakers who offered attendees the different perspectives in hiring those of all abilities. Among the speakers included:

Kelly Caldwell of Visions Humans Resources Services, who shared the Human Resources perspective when hiring individuals with disabilities and how it rarely differs from traditional hiring practices.

Dana Jones, President and CEO of accessibility mobile application Accessadoor, who discussed reasonable accommodations in public spaces and how her app can help those with disabilities stay informed.

Paul Austin gave the perspective of the neurodiverse job candidate, what these individuals can offer and ways to interpret neurodiverse individuals when interviewing for a position.

Frank Falatyn, President of FALA Technology, discussed the benefits of hiring people of all abilities and the positive effects on businesses.

Established in 2015, the ThinkDIFFERENTLY initiative seeks to change the way individuals, businesses, organizations, and communities relate to individuals with disabilities.

Local businesses seeking more information about the County's "Think Jobs" efforts, including the benefits of hiring disabled individuals and other resources, can contact Tashena Dixon at the Dutchess One Stop Career Center at tashena@dutchonestop.org or 845-249-4653.

FIRST Tech Challenge at John Jay High School December 2

John Jay Senior High School will be hosting a FIRST Tech Challenge robotics tournament on December 2. The tournament brings together high school teams from across the state to compete in the 2023-2024 season game, "Centerstage." The event will take place at John Jay Sr. High School, 2012 Route 52, in East Fishkill. The Opening Ceremony starts at 10 a.m. The Awards Ceremony will take place around 6 p.m.

Throughout the day, spectators will be able to view robot matches and meet teams in the pits, according to organizers. Two different FIRST LEGO League teams will be presenting in the lobby, as well as University Partners. Matches will be played throughout. All FIRST Competitions are free to the public; however, it is recommended that money be brought for food.

According to the site, "FIRST LEGO League: Using LEGO as a medium, teams

explore basic robotics and other STEM concepts while coming up with solutions to problems in our everyday lives."

The "Centerstage" game involves robots stacking hexagon shaped pieces on a slanted board, propelling a paper airplane, and hanging the robot from the metal truss at the end of the match. Teams at the competition will be focused on both winning their matches and judging well in the areas of robot design, community outreach, and FIRST involvement, with excelling in both of these fields allowing teams to win the competition.

One may volunteer to assist with the event. For more information, visit <https://sites.google.com/wcsdny.org/john-jay-high-school-robotics2/volunteer-information>.

For further information on the event, go to <https://sites.google.com/wcsdny.org/john-jay-high-school-robotics2/home>.

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'Trees for Troops' volunteers get big boost from Williams Lumber

By Curtis Schmidt

With a big "helping hand" from Williams Lumber and Home Centers, the local "Trees for Troops" volunteers loaded 500 trees on a chilly Saturday morning (Nov. 25) and sent them on their way to military families around the country.

The annual gathering of trees is held at the Hahn Farm on the Salt Point Turnpike with members of the Salt Point Fire Company leading the way with assistance from several area volunteer fire departments and volunteers who just want to help out.

Volunteer coordinator Jeff Cady said earlier this year he "contacted Kim Williams from William's Lumber and asked her if she could get us 300 trees and if she could sell them to us at her cost.

"She ordered us the trees, then her employees unloaded the trees from the tractor trailer and reloaded them on one of the Williams trucks. She had her driver deliver them to us this morning. She also came down here early and loaded the first tree on the FedEx truck. She told us that Williams Lumber would donate half of the trees to us for our troops. She also told me that she will continue to help us for years to come."

"Trees for Troops" provides free, farm-grown Christmas Trees to U.S. armed forces members in all branches of the military and their families through donations, sponsorships, grants and the work of many volunteers. November is the busy month when farmer Tom Hahn, the local "Trees for Troops" founder, and Cady



Over 100 volunteers came to help out with the annual "Trees for Troops" effort on Nov. 25 at the Hahn Farm in Salt Point. The trees will be sent to military families around the country.

-Photo by Curtis Schmidt

gather volunteers together, raise funds and load trees for shipment.

Cady said 140 trees will be delivered to Camp Lejeune in New River North Carolina, 300 trees will be sent to Fort Eisenhower in Georgia and 60 trees will be sent to the Naval Station in Great Lakes, Illinois.

Special trees were loaded in memory of individuals who passed during the past year. One was in memory of Carl Sardaro Sr. from the Milan Fire Department, who

passed on Friday evening. "His sons have helped us for years with loading trees," said Cady.

The volunteers also loaded three trees in memory of Ethan Tarantino, the very young son of one of the Salt Point Fire Company members. The last three trees loaded were in memory of Past District Chief Donny Howe.

This is the 12th year that volunteers have been loading trees for shipment and raising funds for "Trees for Troops."

Cady said, "Tom Hahn asked me about 12 years ago if I wanted to help him with this project because I know so many people around the county with my many years in the fire service. We started out

taking around 75 trees to Cornwall, NY and from there they

would go to the troops. And here we are today with FedEx coming to us with two trailers."

Cady also recognized "Uncle Mike, a long time family friend and came on board around 10 years ago and with his help on the radio, we really started getting the word out."

He added that members from several fire companies worked hard to raise funds during two "coin drops" held this year.

A full list of donors will be printed in the Northern and Southern Dutchess News in early December.

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Volunteer coordinator Jeff Cady, right, stands with current District Fire Chief Mike Cosenza on Saturday, Nov. 25 after 500 trees were loaded onto FedEx trucks for shipment to military families stationed around the country.

-Photo by Curtis Schmidt

Give Life Give Blood

Obituaries

Arlene G. Lee



POUGHKEEPSIE – Arlene G. Lee, a resident of Poughkeepsie and formerly of Beacon, entered into rest on November 23, 2023 at her home surrounded by her loving family. She was 72 years old.

Arlene was born on June 18, 1951 in Callicoon, New York the daughter of the late Charles and Mary (Sinrod) Brodsky. She married Robert J. Lee, on October 30, 1969, who survives her at home.

Arlene had retired from the local Meat Cutters and Wrappers Union and throughout her career she worked at several local Grand Unions and also owned Butcher Bob's Meat Market. Arlene was a licensed real estate broker. She was a member of the Beacon Elks Club Lodge #1493 and a former member of the Loyal Order of the Moose in Hopewell Junction, and she was

also a member of the New Hamburg Yacht Club. Arlene was known as a vacation specialist, who loved traveling the world and taking cruises. She also had a passion for dance, was an avid ballroom dancer and an instructor with the local dance group, Love to Dance.

In addition to her husband, Arlene is survived by her children; her son, Charles Lee, her daughter, Catherine Lee Ramos, and her husband, John, and her son, Michael Lee, and his wife, Maria; her grandchildren, Ashley, Kevin, Michael, Alexander, Andrew, Isabella and Gabrielle; her brothers, Ted and Herbert Brodsky; her sister, Judy Golden; her in-laws, Eva, Roland, Emma, Edward, Richard, Elizabeth, John and Donnah; and several nieces and nephews.

In addition to her parents, Arlene was predeceased by her son, Robert E. Lee.

Family and friends gathered on Sunday, November 26 at Riverview Funeral Home by Halvey, 2 Beekman Street, Beacon. A funeral service was held at the funeral home on Monday, November 27. The burial followed at Fairview Cemetery, Beacon.

To send a personal condolence please visit www.riverviewbyhalvey.com.

Funeral arrangements are under the care of Patrick J. Halvey of Riverview Funeral Home by Halvey, LLC.

Br. Julius Tkaczyk, OFM Cap.

BEACON - Br. Julius Tkaczyk, OFM Cap., was born in Jersey City, NJ on February 16, 1942 the son of the late Nellie Skowronski and John Tkaczyk.

Br. Julius entered the Capuchin Franciscans and made his First Profession on August 19, 1972. He was stationed at St. Francis Seminary in Lafayette, NJ before volunteering for the foreign missions where he served for twelve years in Zambia, Africa. The last twenty-four years of his life were spent at St. Lawrence Friary doing building maintenance and grounds keeping.

After a long illness, Br. Julius was called to eternal life on November 19, 2023 at St. Lawrence Friary in Beacon, NY. In addition to his parents, Br. Julius was predeceased by his brother, Bobby. He is survived by his brother, John and sisters, JoAnne and Patricia.

Calling hours were held on Tuesday, November 28 with a wake service at St. Lawrence Friary, 180 Sargent Avenue, Beacon, NY. A Mass of Christian Burial will be held on Wednesday, November 29, at 11:00 a.m. in the chapel of St. Lawrence Friary. Burial will follow at St. Lawrence Cemetery, Beacon, NY.

To send a personal condolence please visit www.riverviewbyhalvey.com.

Funeral arrangements are under the care of Patrick J. Halvey of Riverview Funeral Home by Halvey, LLC.

Robert (Bob) Shafer

FORMERLY OF POUGHKEEPSIE - It is with deep sorrow that we announce the passing of Robert (Bob) Shafer at the age of 84, on November 20, 2023.

Bob is survived by his daughters Trina (Tom) Carricart, Sue (Mike) Curley, Kate (Gene) Porto and stepdaughters Sharon (William) Struth and Deborah Johnson, his 11 grandchildren; Mitchel Carricart, Leah Faucher, Jacob Gaona, Calli Gaona, Kelsey Brodbine, Kylee Emery, Nicole Struth, Katie Struth, Mustafa Ghasia, Hana Brogan, and Nadira Ghasia, and five great-grandchildren.

He was married to the late Joyce L. Shafer for 46 years. They shared a home in Poughkeepsie, NY. Bob served in the United States Air Force and was stationed at Eglin AFB in Florida. Shortly after leaving the military, he went to work for IBM. He retired after a long career with them. He enjoyed many years as a member of the Whortlekill Rod and Gun club in Hopewell Junction, New York. For many years, Bob was an avid golfer. He belonged to the New Hackensack Reformed Church. In his retirement, he wrote a book about his adventures as a younger man called "Opportunities of a Lifetime," an accomplishment that gave him great pride.

A service will be held for family and close friends.

Arrangements are under the direction of the Wm. G. Miller & Son FH, Inc. If you wish to send an online condolence, please visit our website at www.wmgmillerfuneralhome.com.

Senator Rob Rolison inducts Peter Maraday into Veterans Hall of Fame



Sen. Rob Rolison (39th District) presents Air Force veteran Peter Maraday with an official Hall of Fame plaque.

-Courtesy photo

State Senator Rob Rolison (39th District) recently welcomed his first Veterans' Hall of Fame selection to his Town of Poughkeepsie district office and presented him with an official Senate commendation. Master Sergeant Peter "Pete" Maraday is a 24-year Air Force and New York Air National Guard veteran and lifelong Orange County resident who resides in the Town of Montgomery with his wife Barbara, with whom he raised three children.

The Veterans' Hall of Fame is an annual program administered by the New York State Senate "to honor and recognize outstanding veterans from the Empire State who have distinguished themselves both in military and civilian life," according to the Senate website. Maraday was selected for his considerable military background and depth of experience as well as his work supporting other veterans and their families as Hudson Valley peer-support manager for Clear Path for Veterans, a statewide nonprofit that provides programs and services to returning service members.

"Pete Maraday served his country with bravery and honor before turning his focus

to serving fellow veterans. Clear Path and its membership understand that the battle is not won just because a war ends: they continue to provide services and programs to transition veterans successfully back into civilian life. Pete has been an integral part of this network as Hudson Valley peer-support manager, helping those who have sacrificed for their country and working closely with our district office team to identify regional veteran needs as a member of my Veterans Advisory Board. I am proud to award him a place in the state's Veterans' Hall of Fame," said Sen. Rolison.

"I am grateful to Senator Rolison for this tremendous honor," said Maraday. "Military service taught me the value of hard work and dedication to the mission. Clear Path for Veterans continues to assist fellow veterans, military members, and their families by connecting them with programs and services that enhance their quality of life and well-being. It's a fundamental belief at Clear Path that when our veterans thrive our communities thrive. It's reassuring to know veterans have allies like Senator Rolison there to support them at the state level."

A special visit to Myers Corners



Myers Corners Elementary School Principal Sydnie Goldstein welcomed a special visitor back to the school last week! Netherlands native Olav van Bommel lived in Wappingers Falls with his family in 1981-83, and had such fond memories of his time as a Myers Corners 7th grader that he visited the school on a recent trip to New York.

Olav walked around the building with Ms. Goldstein, popping into the gym and cafeteria and walking the still-familiar hallways. He then participated in a beloved Myers tradition: each year, 4th graders place their handprints on the school wall, as a reminder that they will always be Tigers. "It's very meaningful to our students," Ms. Goldstein said. "It

shows them that they are part of something bigger, part of our Myers community, and always will be."

Ms. Goldstein stopped by Mr. Wall's 4th grade class to introduce Olav and explain why he came back to Myers. The kids were delighted: their first question was, "Did you put your handprints on the wall?" They also wanted to know if the buses looked the same, and if he still knew any of the teachers; then, they got a chance to see his Myers yearbook.

Ms. Goldstein told the students "This is a great reminder that this time in your life is special, and that you will always be welcomed back to Myers, no matter how far you roam!"

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Legal Notices

Legal continued from previous page

ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.

Dated: October 30, 2023

ROBERTSON, ANSCHUTZ, SCHNEID, CRANE & PARTNERS, PLLC Attorney for Plaintiff Matthew Rothstein, Esq.

900 Merchants Concourse, Suite 310 Westbury, NY 11590 516-280-7675

SUPPLEMENTAL SUMMONS AND NOTICE—SUPREME COURT OF THE STATE OF NEW YORK, COUNTY OF DUTCHESS—WILMINGTON SAVINGS FUND SOCIETY, FSB, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS OWNER TRUSTEE FOR CASCADE FUNDING MORTGAGE TRUST HB8, Plaintiff, -against- ANY AND ALL KNOWN OR UNKNOWN HEIRS, DEVISEES, GRANTEES, ASSESSORS, LIENORS, CREDITORS, TRUSTEES AND ALL OTHER PARTIES CLAIMING AN INTEREST BY, THROUGH, UNDER OR AGAINST THE ESTATE OF DELMAR D. HENDRICKS, DECEASED; UNITED STATES OF AMERICA ACTING ON BEHALF OF THE SECRETARY OF HOUSING AND URBAN DEVELOPMENT; TODD HENDRICKS AKA TODD CHARLES HENDRICKS, AS HEIR, DEVISEE, DISTRIBUTEE OF THE ESTATE OF DELMAR D. HENDRICKS, DECEASED; KAROL VANDERHORN AKA KAROL J. HENDRICKS, AS HEIR, DEVISEE, DISTRIBUTEE OF THE ESTATE OF DELMAR D. HENDRICKS, DECEASED; ANDREA ALLENKA ANDREA A. HENDRICKS, AS HEIR, DEVISEE, DISTRIBUTEE OF THE ESTATE OF DELMAR D. HENDRICKS, DECEASED; DUSTIN HENDRICKS AKA DUSTIN LEE HENDRICKS, AS HEIR, DEVISEE, DISTRIBUTEE OF THE ESTATE OF DELMAR D. HENDRICKS, DECEASED; UNITED STATES OF AMERICA, ACTING ON BEHALF OF DEPARTMENT OF TREASURY - INTERNAL REVENUE SERVICE; NEW YORK

Legal Notices

STATE DEPARTMENT OF TAXATION AND FINANCE, Defendants - Index No. 2021-51383 Plaintiff Designates Dutchess County as the Place of Trial. The Basis of Venue is that the subject action is situated in Dutchess County. To the above named Defendants—YOU ARE HEREBY SUMMONED to answer the Complaint in this action and to serve a copy of your answer, or, if the complaint is not served with this Summons, to serve a notice of appearance, on the Plaintiff's Attorney(s) within 20 days after the service of this Summons, exclusive of the day of service (or within 30 days after the service is complete if this Summons is not personally delivered to you within the State of New York); and in case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the Complaint. That this Supplemental Summons is being filed pursuant to an order of the court dated October 24, 2023. NOTICE—YOU ARE IN DANGER OF LOSING YOUR HOME—if you do not respond to this summons and complaint by serving a copy of the answer on the attorney for the mortgage company who filed this foreclosure proceeding against you and filing the answer with the court, a default judgment may be entered and you can lose your home. Speak to an attorney or go to the court where your case is pending for further information on how to answer the summons and protect your property. Sending a payment to the mortgage company will not stop the foreclosure action. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (WILMINGTON SAVINGS FUND SOCIETY, FSB, NOT IN ITS INDIVIDUAL CAPACITY BUT SOLELY AS OWNER TRUSTEE FOR CASCADE FUNDING MORTGAGE TRUST HB8) AND FILING THE ANSWER WITH THE COURT. The foregoing summons is served upon you by publication pursuant to an order of the Honorable Christi J. Acker, J.S.C. Dated: October 24, 2023 Filed: October 25, 2023. The object of this action is to foreclose a mortgage and covering the premises known as 388 Fitzsimmons Road, Red Hook, NY 12571. Dated: March

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15, 2023 Filed: November 7, 2023 Greenspoon Marder LLP, Attorney for Plaintiff, By: Angelo A. Regina, Esq., 590 Madison Avenue, Suite 1800, New York, NY 10022 P: (212) 524-5000 F: (212) 524-5050 No Service by fax) Service purposes only: Trade Centre South 100 W. Cypress Creek Road, Suite 700, Fort Lauderdale, FL 33309 P: (888) 491-1120 F: (954) 343-6982

TOWN OF PLEASANT VALLEY HIGHWAY DEPARTMENT SPECIFICATIONS FOR BIDDERS

These specifications are to outline the process of **STREET SWEEPING, approximately 60 miles**, in the Town of Pleasant Valley. This includes all Town owned parking lots and the Pleasant Valley and Salt Point firehouses.
1. Vendor must supply at least one (1) street sweeper & operator(s). Should a machine break down and cannot be repaired within two and one-half hours another machine must be supplied.
2. The roads will be swept until CLEAN (REGARDLESS OF THE NUMBER OF PASSES).
3. The work will continue until all roads are completed.
4. Road sweeping will begin in March in the second week; weather pending.
5. The machines will operate from 7:00am-3:30pm, Monday through Friday. The week following Good Friday when the Highway Department moves to 4-10 hour days the machines will operate from 6:30am - 4:00pm Monday through Thursday.
6. The Town of Pleasant Valley will supply water and a dump truck with operator(s) during the hours of operation for each sweeper.
7. The machines that are used to sweep the town roads must be of the 4-wheel, 2-gutter broom and one main broom configuration.
8. Vendors must have back-up machines of similar capacities available immediately in case of breakdowns.
9. All repairs to vendor machines are the responsibility of the vendor.
10. Vendor must supply the Town with a detailed description of all equipment (make, model, year, mileage/hours and availability)
11. Sweeper must be of high dump configuration and must be capable of dumping into

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a Town P6-wheel dump truck.
12. When winter is mild and sweeping is not required, the Town is not obligated to use the contractor who was awarded the bid.
13. Any vendor that cannot comply with the above specifications and conditions after the award of the bid will forfeit the bid and the bid will be transferred to the next lowest bidder.

TOWN OF PLEASANT VALLEY NOTICE TO BIDDERS

Sealed Bids will be received by the Town Clerk, Mary Beth Muir, of the Town of Pleasant Valley, Dutchess County, New York for Highway Materials and Supplies for the year 2024.
1) Stone, Gravel
2) Sand
3) Latex Bituminous Mix Hot
4) Bituminous Mix Hot
5) Plow Blades
6) Guide Rails
7) Street Sweeping

All Bid packets are available at the Town Clerk's office. Bids will be received until Friday, December 15, 2023 by 12 Noon at the Town Clerk's office, 1554 Main Street, Pleasant Valley, New York at which time bids will be opened and read aloud.

If there are any questions please call the Town Clerk's office at (845) 635-1111 Ext. 201.

The Pleasant Valley Town Board reserves the right to accept or reject any or all bids. The Pleasant Valley Town Board will consider bids as soon as possible thereafter.

ALL BIDS MUST INCLUDE AN NON-COLLUSIVE BIDDING CERTIFICATE.

By order of the Pleasant Valley Town Board
 Mary Beth Muir
 Town Clerk

SUPREME COURT OF THE STATE OF NEW YORK COUNTY OF DUTCHESS SUPPLEMENTAL SUMMONS AND NOTICE

Index No. 2023-51168 Date 11/14/2023 Filed: Nationstar Mortgage LLC,

Plaintiff, -against- Andrea Gordon, if she be living or if she be dead, her spouses, heirs, devisees, distributees and successors in interest, all of whom and whose names and places of residence are unknown to Plaintiff; State of New York, and "JOHN DOE", said name being fictitious, it being the intention of

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Plaintiff to designate any and all occupants of premises being foreclosed herein, and any parties, corporations or entities, if any, having or claiming an interest or lien upon the mortgaged premises, Defendants.

P R O P E R T Y ADDRESS: 96 Creek Road, Poughkeepsie, NY 12601

TO THE ABOVE NAMED DEFENDANTS:

YOU ARE HEREBY SUMMONED to answer the complaint in this action and to serve a copy of your answer, or notice of appearance on the attorneys for the Plaintiff within thirty (30) days after the service of this summons, exclusive of the day of service. The United States of America, if designated as a defendant in this action, may appear within sixty (60) days of service hereof. In case of your failure to appear or answer, judgment will be taken against you by default for the relief demanded in the complaint.

TO THE ABOVE NAMED DEFENDANTS: The foregoing Summons is served upon you by publication pursuant to an Order of the Hon. Maria G. Rosa, a Justice of the Supreme Court, Dutchess County, entered Nov. 6, 2023 and filed with the complaint and other papers in the Dutchess County Clerk's Office.

NOTICE OF NATURE OF ACTION AND RELIEF SOUGHT The OBJECT of the above captioned action is to foreclose a Consolidation and/or Modified Mortgage (hereinafter "the Mortgage") to secure \$186,180.00 and interest, recorded in the Dutchess County Clerk's Office on December 27, 2012, in Document Number 012012 14101 covering premises known as 96 Creek Road, Poughkeepsie, NY 12601 a/k/a Section 6162, Block 02, Lot 718719. There is no relief sought in the

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within action is a final judgment directing the sale of the premises described above to satisfy the debt secured by the Mortgage described above. Plaintiff designates Dutchess County as the place of trial. Venue is based upon the County in which the mortgaged premises is situated.

NOTICE
YOU ARE IN DANGER OF LOSING YOUR HOME

IF YOU DO NOT RESPOND TO THIS SUMMONS AND COMPLAINT BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE MORTGAGE COMPANY WHO FILED THIS FORECLOSURE PROCEEDING AGAINST YOU AND FILING THE ANSWER WITH THE COURT, A DEFAULT JUDGMENT MAY BE ENTERED AND YOU CAN LOSE YOUR HOME.

SPEAK TO AN ATTORNEY OR GO TO THE COURT WHERE YOUR CASE IS PENDING FOR FURTHER INFORMATION ON HOW TO ANSWER THE SUMMONS AND PROTECT YOUR PROPERTY.

SENDING A PAYMENT TO YOUR MORTGAGE COMPANY WILL NOT STOP THIS FORECLOSURE ACTION. YOU MUST RESPOND BY SERVING A COPY OF THE ANSWER ON THE ATTORNEY FOR THE PLAINTIFF (MORTGAGE COMPANY) AND FILING THE ANSWER WITH THE COURT.

Dated: September 7, 2023

Frank M. Cassara, Esq.

Senior Associate Attorney

LOGS LEGAL GROUP LLP

Attorneys for Plaintiff 175 Mile Crossing Boulevard Rochester, New York 14624

Telephone: (585) 247-9000

Fax: (585) 247-7380

Our File No.

22-092035

Legal Notices

#100959

PUBLIC NOTICE OF HEARING BEFORE THE PLANNING BOARD TOWN OF PLEASANT VALLEY DUTCHESS COUNTY, NY

Please take note that the Planning Board of the Town of Pleasant Valley, NY, will hold a public hearing on the following proposition:
16 Hurley Heights Grid#

6465-04-780315

The applicant is seeking approval of a Special Use Permit for a Caretaker Cottage located at 16 Hurley Heights. Comments regarding this application will be heard and received by the Planning Board during this public hearing. SAID Meeting will take place on Wednesday, December 13, 2023 at the Pleasant Valley Town Hall, 1554 Main Street, Pleasant Valley, N.Y., and begins at 6:30 p.m.

EXTENDING LOCAL ORDERS 1, 2 & 3 OF EXECUTIVE ORDER 5/2023

EXTENSION TO DECLARATION OF LOCAL EMERGENCY ORDERS DECLARED BY DUTCHESS COUNTY EXECUTIVE: Please take notice that on November 24, 2023 at 12:00 am., pursuant to Article 2B of the New York State Executive Law, Article III of the Dutchess County Charter and Administrative Code Section 3.05, Acting Dutchess County Executive William F.X. O'Neill extended Local Emergency Order #1, Local Emergency Order #2, and Local Emergency Order #3 in furtherance of Executive Order No. 5 of 2023, dated May 18, 2023. The text of the declaration of state of emergency and local emergency orders is available at www.dutchessny.gov.



Rombout Middle School students present donation to veterans



Rombout Middle School students (from left) Yuna Lawman, Leela Ramdeen and Natalie Allen, hold a fundraising check for local veterans.

Recently the 8th-grade students at Rombout Junior High School in the Beacon City School District conducted a fund-raiser for Veterans by offering banners of Veterans' pictures similar to those

on the street poles in Beacon. Their efforts resulted in raising \$1,000 which was donated to the Veterans of Foreign Wars (VFW) Post 666.



Local veterans receive a donation from Rombout Middle School students on November 20 at the VFW Building on Main St. in Beacon.



Accepting the award was Post Commander Harold Delamater (left) with students and Rombout Middle School Assistant Principal Mike Carofano.

-Courtesy photos

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NOTICE OF ADOPTION

Please be advised that on October 26, 2023 the Town Board Of the Town of East Fishkill adopted Local Law No 5 of 2023 Entitled, "A LOCAL LAW TO AMEND TOWN CODE PROVISIONS WITH RESPECT TO TAX EXEMPTION LIMITS FOR SENIOR CITIZENS & VOLUNTEER FIREMATIC AND EMERGENCY MEDICAL PERSONNEL". Full copies of the Local Laws are available at the Town Clerk's Office or on the website.

BY ORDER OF THE TOWN BOARD OF THE TOWN OF EAST FISHKILL PETER J CASSIDY, TOWN CLERK

NOTICE OF ADOPTION OF RESOLUTION CONSOLIDATING SEWER DISTRICT SUBJECT TO PERMISSIVE REFERENDUM

NOTICE IS HEREBY GIVEN that at a meeting held on the 15th day of November, 2023, the Town Board of the Town of Fishkill, Dutchess County, New York, duly adopted a Resolution pursuant to New York State Town Law Article 12A approving the Consolidation of the Rombout Sewer District as proposed in the map, plan and report prepared by CPL Architecture, Engineering and Planning, an abstract of which follows, which Resolution was adopted sub-

ject to permissive referendum pursuant to New York State Town Law §209-e(3) and §91.

Abstract: The Town of Fishkill is consolidating the outside users listed in the map, plan and report prepared by CPL Architecture, Engineering and Planning which currently receive municipal central sewer service from the same source and physical plant as the Rombout Sewer District into the Rombout Sewer District in order to group these properties into a single district for purposes of improving administration and reducing administrative costs.

Pursuant to Town Law §91, the said Resolution shall not take effect until at least thirty (30) days after its adoption; nor until approved by the affirmative vote of a majority of the qualified electors of the Town voting on a proposition for its approval if within thirty (30) days after adoption of the said Resolution there be filed with the Town Clerk a

against the said resolutions and requesting that the proposed easements be submitted to the qualified electors of the Town for their approval or disapproval.

A copy of the Resolution approving the Consolidation of the Rombout Sewer District is available for public inspection on the Town's website and at the Town Clerk's Office, Town Hall, 801 Route 52, Fishkill, New York 12524 during normal business hours.

**BY ORDER OF THE TOWN BOARD
TOWN OF FISHKILL
BECKI TOMPKINS
TOWN CLERK**

Dated: November 21, 2023

NOTICE OF ADOPTION OF RESOLUTION CONSOLIDATING WATER DISTRICT SUBJECT TO PERMISSIVE REFERENDUM

NOTICE IS HEREBY GIVEN that at a meeting held on the 15th day of November, 2023, the Town Board of the Town of Fishkill, Dutchess County, New York, duly adopted a Resolution pursuant to New York State Town Law Article 12A approving the Consolidation of the Rombout Water District as proposed in the map, plan and report prepared by CPL Architecture, Engineering and Planning, an abstract of which follows, which Resolution was adopted subject to permissive referendum pursuant to New York State Town

Law §209-e(3) and §91.

Abstract: The Town of Fishkill is consolidating the outside users listed in the map, plan and report prepared by CPL Architecture, Engineering and Planning which currently receive municipal central water service from the same source and physical plant as the Rombout Water District into the Rombout Water District in order to group these properties into a single district for purposes of improving administration and reducing administrative costs.

Pursuant to Town Law §91, the said Resolution shall not take effect until at least thirty (30) days after its adoption; nor until approved by the affirmative vote of a majority of the qualified electors of the Town voting on a proposition for its approval if within thirty (30) days after adoption of the said Resolution there be filed with the Town Clerk a

petition signed, and acknowledged or proved, or authenticated by electors of the Town qualified to vote, in number equal to at least five percentum of the total vote cast for governor in the Town at the last general election held for the election of state officers, but which shall not be less than one hundred in a town of the first class nor less than twenty-five in a town of the second class, protesting against the said resolutions and requesting that the proposed easements be submitted to the qualified electors of the Town for their approval or disapproval.

A copy of the Resolution approving the Consolidation of the Rombout Water District is available for public inspection on the Town's website and at the Town Clerk's Office, Town Hall, 801 Route 52, Fishkill, New York 12524 during normal business hours.

**BY ORDER OF THE TOWN BOARD
PETER J. CASSIDY,
TOWN CLERK**

Dated: November 29, 2023
Town of East Fishkill, New York

LEGAL NOTICE OF RESOLUTION

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NOTICE IS HEREBY GIVEN that the Board of Fire Commissioners of the Hughsonville Fire District in the Town of Wappinger, Dutchess County, New York, at a meeting held on the 20th of November, 2023, duly adopted the following Resolution, subject to a permissive referendum:

**RESOLUTION #2
A RESOLUTION** authorizing the Board of Fire Commissioners of the Hughsonville Fire District, Town of Wappinger, Dutchess County, New York, to pay for repairs to the roof on the Hughsonville fire station. Funds in the Building Reserve Fund in the amount of \$7,300 shall be used to pay for the said roof repairs.

By Order of the Board of Commissioners of the Hughsonville Fire District. Kim Flower, Secretary Hughsonville Fire District

NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that the County Legislature of Dutchess County will meet on the 4th day of December at 7:00 pm, in the Legislative Chambers, 22 Market Street, 6th Floor, Poughkeepsie, New York for the purpose of holding a Public Hearing on the Tentative Budget of said county for the fiscal year beginning January 1, 2024, and on the Capital Improvement Program of said county for the years 2024 through 2028.

FURTHER NOTICE is hereby given that copies of said Tentative Budget and Capital Improvement Program are available at the Office of the Budget Director, Sixth Floor, County Office Building, Poughkeepsie, where they may be inspected or procured by interested persons during regular business hours. Pursuant to Section 359 of the County Law, the maximum salaries that may be fixed and payable during said fiscal year to the members of the Legislature and to the Chairman thereof respectively are hereby specified:

MEMBER, COUNTY LEGISLATURE, 20 MEMBERS	\$27,500
MAJORITY/MINORITY ASSISTANT LEADER, COUNTY LEGISLATURE	\$36,500
MAJORITY/MINORITY LEADER, COUNTY LEGISLATURE	\$45,500
CHAIRMAN, COUNTY LEGISLATURE	\$54,500

LEIGH WAGER
CLERK
DUTCHESS COUNTY LEGISLATURE

Healthy Lifestyles

Signs and symptoms: When should you consider seeing a neurologist?

By Premier Medical Group

Our bodies are incredibly complex, and sometimes, they send us signals that something might not be quite right. When it comes to your nervous system, these signals can manifest in a variety of ways. Neurologists are medical professionals who specialize in diagnosing and treating conditions that affect the nervous system. But how do you know when it's time to consider seeing a neurologist? Here are some common signs and symptoms that may indicate a need for neurological evaluation from a specialist.

1. Frequent Headaches or Migraines - While occasional headaches are a normal part of life, frequent or severe headaches could be a sign of an underlying neurological issue. Migraines, tension headaches, and cluster headaches are all conditions that may warrant a visit to a neurologist. Severe headaches or severe symptoms associated with headaches are also indicators that a neurologist can help, as they can help identify the cause of your headaches and develop a treatment plan to alleviate your pain.

2. Persistent Dizziness, Vertigo, or Balance Issues - If you frequently experience dizziness, spinning sensations, or a feeling of unsteadiness, it's essential to consult a neurologist. Your primary care provider may be able to uncover the cause of your symptoms, but a neurologist can diagnose and treat the root cause of these symptoms. These symptoms may be related to disorders of the inner ear or the central nervous system, and a neurologist can perform tests to pinpoint the cause and recommend appropriate treatment.

3. Memory Problems and Cognitive Changes - Memory lapses and cognitive changes can be a natural part of aging, but they can also be indicative of neurological conditions such as Alzheimer's disease or dementia. It can be difficult to tell whether memory or cognitive changes are occurring due to aging or a more serious underlying issue. If you or a loved one are experiencing noticeable changes in memory or cognitive function, it's crucial to seek a neurological evaluation for an accurate diagnosis and potential interventions.



Talk to a neurologist about cognitive changes if the patient:

- Repeats the same questions over again and again.
- Gets lost in places that you or the affected person knows well.
- Has difficulty following recipes or directions.
- Is confused about time, places, and people.
- Is not taking care of themselves— poor eating, hygiene, and/or behavior.

Memory loss is one of the first signs of dementia. Dementia is not one single disease, rather it is a group of symptoms that affect memory, reasoning, judgment, language, and other important thinking skills.

There are cases where cognitive changes or memory problems don't indicate a more severe circumstance such as dementia. Mild Cognitive Impairment is diagnosed using multiple tests and a set of criteria developed by a panel of international experts. Neurological exams, lab blood tests, brain imaging, and testing of mental status are combined to determine whether a patient has MCI. Individuals with mild cognitive impairment experience memory and decision-making problems, as well declined mental function over time. However, symptoms are not severe enough to impact daily activities, nor have the issues the patient experiences been diagnosed as a form of dementia.

4. Numbness, Tingling, Weakness, or Tremors - Persistent numbness, tingling (paresthesia), or weakness in your limbs or other parts of your body may be a sign of a neurological condition such as multiple sclerosis (MS), peripheral neuropathy, or a herniated disc. Neurologists can perform tests, such as electromyography (EMG) and nerve conduction studies, to assess nerve function and determine the underlying cause.

Muscle weakness, tremors, or

uncontrolled movements can be signs of various neurological conditions, including Parkinson's disease, amyotrophic lateral sclerosis (ALS), or other movement disorders. A neurologist can conduct a thorough assessment, including neurological exams and imaging studies, to determine the cause and develop a personalized treatment plan.

If you've been consistently experiencing numbness and/or tingling, whether it occurs frequently or infrequently, you should make time to talk to a neurologist to determine the underlying cause of these sensations.

5. Seizures - Seizures are a hallmark symptom of epilepsy, a neurological disorder that affects the brain's electrical activity. Many seizures and associated symptoms can be managed by a neurologist. If you or someone you know experiences unexplained seizures or episodes of altered consciousness, it's essential to consult a neurologist for proper evaluation, diagnosis, and seizure management.

6. Chronic Pain - Chronic pain conditions, such as neuropathic pain, complex regional pain syndrome (CRPS), or chronic migraines, often have neurological components. Pain is considered chronic if it is persistent, recurring, and caused by a medical condition. Neurologists can help diagnose the underlying causes of chronic pain and recommend treatments that target the source of the pain. Nerve blocks can provide temporary relief of localized pain as well as allow your neurologist to pinpoint where the pain is coming from. There are also neurostimulant implant devices available that can help treat chronic pain and migraines.

7. Changes in Vision - Any sudden or unexplained changes in vision, including double vision, loss of vision, or difficulty with eye movements, should be evaluated by a neurologist. These symptoms

may indicate issues with the optic nerves or other neurological conditions that affect vision.

Consulting with a neurologist for vision issues, such as optic nerve disorders, eye movement disorders, auras, double vision, thyroid eye disease, or eyelid abnormalities, can help determine the underlying cause of the vision issues and determine the best path of treatment or correction. Your primary care provider or neurologist may refer you to a neuro-ophthalmologist, who can diagnose and treat neurological and systemic diseases that affect your sight and the movement of your eyes. Common neurological disorders that can affect vision or cause vision loss include nerve damage, Multiple Sclerosis (MS), stroke, and Alzheimer's.

8. New or Persistent Sleep Issues - Neurologists can play a crucial role in addressing a wide range of sleep issues that are typically associated with neurological causes. Conditions such as central sleep apnea, narcolepsy, insomnia, and restless leg syndrome fall under their expertise. A neurologist can employ a comprehensive approach to diagnose and treat these conditions, utilizing their in-depth knowledge of the nervous system to develop personalized treatment plans that aim to improve sleep quality and overall well-being.

Is it Time to See a Neurologist?

- Your nervous system plays a vital role in controlling every aspect of your body, so it's essential to pay attention to any signs or symptoms that may suggest a neurological issue. If you or someone you know experiences any of the symptoms mentioned above, consider consulting a neurologist for a thorough evaluation and diagnosis. Early detection and treatment can make a significant difference in managing neurological conditions and improving your quality of life. Don't hesitate to seek help when you suspect that something might be amiss with your nervous system; your health and well-being are worth it.

Premier Medical Group's Neurology Division is conveniently located at 243 North Road in Poughkeepsie and offers same and/or next-day appointments. To schedule an appointment, please call # 845-454-0728

Balancing indulgence with wellness during the holidays

By Brookmeade Community



As we gear up for the holiday festivities, it's time to reconsider our approach to our annual festivities.

For example, did you know that approximately 50 million pumpkin pies are consumed each Thanksgiving?

That's a staggering 400 million slices, even surpassing the total U.S. population. Fortunately, it's one of the healthier pie options. However, the average person still manages to consume a hefty 3,000 calories during their Thanksgiving meal.

On the topic of abundance, Americans devour a colossal 736 million pounds of turkey on Thanksgiving Day alone, equivalent to the weight of the iconic Empire State Building. And let's debunk the tryptophan myth – blame your post-feast lethargy on the combination of amino acids, not just the turkey.

BROOKMEADE SENIOR CONCEPTS

Ever wondered about record-breaking Thanksgiving treats? The Guinness World Records boasts a pumpkin pie weighing over 2,000 pounds, comprising 900 pounds of pumpkin, 62 gallons of evaporated milk, 155 dozen eggs, and a medley of other ingredients.

Surprisingly, the pecan pie takes the crown as the most calorific item on the menu, with around 503 calories per slice, rivaling a McDonald's Big Mac. This high-calorie count can be attributed to copious amounts of sugar and corn syrup used in its creation.

As we revel in the tradition of Thanksgiving, it's worth acknowledging its history. Abraham Lincoln declared it a national holiday in 1863, fixing it to the fourth Thursday of November. Franklin D. Roosevelt briefly shifted the date in 1939 to boost holiday shopping, only

to revert to the current celebration day in 1941.

The Pilgrims, however, had a minimalist Thanksgiving, foregoing forks in favor of spoons, knives, and hands. And for those planning to burn off those Thanksgiving calories, a 150-pound person would need to run approximately 29 miles.

When it comes to turkey production, Minnesota leads the pack with around 46 million birds, followed by North Carolina at 32 million and Arkansas at 30.5 million.

On a lighter note, impress your guests by tossing cranberries on the floor – if they bounce, they're ripe and ready to eat. If not, they've seen better days.

In a nod to Thanksgiving ingenuity, Swanson's frozen dinner meals were born in 1953 when an excess of turkey led to the creation of

convenient, packaged meals.

As we delve into the nutritional side of Thanksgiving, Michelle Opronolla provides a breakdown of common meal items, including their estimated nutrition profiles and recommended portion sizes. These statistics were sourced from the Healthy Eating Publication by Lauren Brown West-Rosenthal, published on November 8, 2016.

Calorie Totals: White Meat Meal – 1,205 calories. Dark Meat Meal – 1,255 calories

In conclusion, Michelle Opronolla advises a balanced Thanksgiving and holiday strategy: start with veggies, maintain proper portion sizes, employ the three-bite rule, chew slowly, and learn to say no. By embracing sensibility, indulge wisely, and savor the holiday season.

Michelle Opronolla, RD, at Brookmeade Community, encourages everyone to celebrate Thanksgiving and the additional holiday festivities mindfully. As a premier senior healthcare facility, Brookmeade Community offers a wide array of services to ensure the well-being and happiness of its residents.

How to host the holidays affordably

From getting your home ready for guests and finding the perfect gifts to preparing a delicious meal, the holidays can seem overwhelming and expensive – but they don't have to be. Take the following steps to save time and money on seasonal essentials.

Prepping Your Home - To get your home ready for holiday hosting, begin by de-cluttering surface areas such as tables and kitchen counters. Next, take an inventory and purchase any additional cleaning supplies you'll need for a deep clean. Remember, air care products like festive candles or sprays can freshen cleaned spaces. Next, decorate by sprinkling different holiday décor pieces in the rooms' focal points. For example, add themed table settings in the dining room and wrap holiday garland around fixtures such as the fireplace mantle or staircase.

Making the Menu - Food is a unifying component of any holiday celebration. To get started, set a menu that consists of a variety of appetizers, light snacks, side dishes, entrees and desserts to accommodate guests' cravings and preferences.

Gift Guide - Shopping for the perfect gift for everyone on your list can be easy when using DG's holiday gift guide found at [dollargeneral.com](#). Consider placing three self-care products such as soap, a face mask and a bath bomb into a decorative basket with tissue paper to shine on presentation. To have children of all ages jumping for joy, save on national toy brands at your local Dollar General such as Melissa & Doug, LEGO, Fisher-Price, Play Doh, Barbie, PokéMon, L.O.L. Surprise!, ZURU 5 Surprise and more.

For additional savings, use DG's app for digital coupons and weekly ads with new sales and promotions.

By planning ahead, you can celebrate this season in style and within budget, giving you more time to create lasting memories with friends and family!

Regaining Independence at Meadows



We offer short-term subacute care with a combination of physical, occupational, and speech therapy. Come check out our out-patient rehabilitation services and award-winning memory care program.

THE COMMUNITY AT
BROOKMEADE
brookmeadecommunity.org

Call us at 845-876-2071

ArborRidge

Meadows

THE
TERRACES

The Pavilion

Finding the true magic of the holiday season

They say that the holiday season is the happiest time of the year. It certainly looks and sounds like it is with the beautiful decorations all over the place, joyful, hopeful music, holiday parties, and of course, Santa Claus and all his reindeer.

But for many, particularly for children, this can be a stressful, difficult, and difficult time. We must be attentive to their needs.

Children may have just lost loved ones. Their families may be struggling and cannot afford all the extra things they see constantly on television. While they are surrounded by the external signs of happiness, these children may be struggling with their own personal sadness. Their parents may be overwhelmed. Be vigilant. Be responsive. Be patient. Be kind.

Look for the signs. If children are unable to concentrate on their assignments, we must be willing to modify their work, both in school and at home. In the classroom, create a quiet place, away from distraction, to help these children complete assignments. This is particularly important if the rest of the class is now involved with holiday activities.

Spend a few moments with them checking their work. Ask them how they are feeling and offer words of encouragement. These few moments can make a world of difference in a child's life. You can see it in their eyes

MAKING EDUCATION WORK

with Diane Fulves

and in their grateful smiles. Remember, they have only been on this earth a few years and they are still learning how to cope with stress. Be kind to them. Show them that you care. Share your understanding and your time.

Children in my class became very sensitive to the needs of their classmates. There were times when I observed some children go over to a classmate and put an arm around that child to comfort him. Sometimes this is all we can do, but this gesture of caring and love is a true gift.

Parents, try not to overwhelm your children with holiday shopping and activities each day. In December they need the same amount of structure as they do at other times, maybe more. Make sure that they are getting sufficient sleep to help them through the school days and all the excitement that envelops them during the next few weeks.

Parents, if your children need special modifications during this busy time, be sure to alert the teachers. This is a reasonable request. Sometimes two or more tests may be scheduled on one day. If your child needs more time to

prepare for these tests, let the teacher know this and request another day to study and prepare. This is an appropriate request and it makes sense, even if your children do not have an I. E. P. or other special accommodations. The extra day will give your child time to learn and master the material.

At home, keep a schedule to help your children know what is expected of them. During the week they still need time to complete homework and study for tests. If something unexpected happens which interferes with homework completion, send a note to the teacher to let her know the situation and assure her that the work will be completed the following day.

Keep a consistent bedtime. Amid all the excitement, it may be hard for children to get to bed but they need enough sleep, particularly when there is so much going on in their lives.

Watch some of the holiday programs with your children. "Rudolph, the Red Nosed Reindeer" has always been a favorite of mine and I still watch it each year. The music is lovely and the story of this young deer who is different and

his friend, Hermey, the elf, who wants to be a dentist, has a message for all. It is a story of friendship, love, kindness, perseverance, and victory. Rudolph and Hermey were different and misunderstood so they run away. But on their journey they meet Yukon Cornelius and find the island of misfit toys. They promise not to forget them. They meet Bumble, the abominable snow monster, and Hermey, with his unusual talent, extracts the monster's teeth. But it is Rudolph who saves the day. His different nose lights the way for Santa's Christmas Eve trip and the rest is history! Being different can be a very good thing!

Take time to listen to the music, not only the commercial holiday songs, but the age old Christmas carols. Listen to the words, "peace on earth, goodwill to men." Listen to the beauty of the music and let it seep into your spirit.

Amid all the hustle and bustle of the season, may you find peace, comfort and joy.

Diane Fulves is an educator and advocate for children and parents who is located in Millbrook. She is director of Empowering Our Parents, which offers information and support to parents. She is the director of Nurture the Spirit and Shakespeare Odyssey, programs that enrich children with the magic of the arts. For more information, please contact her at dee076@verizon.net.

Memorable decorating and entertaining with candlelight



LIFE IS BETTER WITH CANDLES

With Sonya, the Candle Lady

- Line your windowsills with flameless candles or lanterns to create that glow that can be seen from the outdoors.
- If you have a large entrance or front porch, make the most of it by decorating it with mini trees with string lights that turn on and off on their own.
- For a rustic feel, use birch wood candle holders on your fireplace mantel and then drape a garland to add a more dimensional feel.
- If you have a dark corner or a pass-through space, find a table you no longer use and place those old holiday candle holders and figurines you had completely forgotten about.
- Bring an empty hallway to life with mini trees and use real gifts as decor, or simply wrap up some spare boxes with leftover wrapping paper and ribbon.

• Don't forget the guest bathroom! Place a holiday scented melt in the plug-in candle warmer and include holiday themed disposable napkins or towels for an extra touch.

• Candles are an elegant yet simple way to highlight your floral centerpieces, wine glasses and those plates that are only utilized for special occasions. If possible, include candle holders, drink glasses and vases with gold accents or rims, it will add a touch of richness to the simplest table arrangement.

• Keep the centerpieces low so that guests do not have to stretch to see or speak to the person across the table. Most important, avoid scented candles and instead use unscented candles for the seated dinner. If you want to show off your tall candles and floral arrangements, place them at buffet tables or side tables.

Chances are that there is probably some parent driving around at night with their kids sitting in the backseat checking out your home tonight just like I used to do, make it a memorable drive!

Practice safety when burning candles, never leave them unattended and keep away from children and pets. Never burn a candle for more than 4 hours, trim the wick to 1/4 inch each time it is re-lit.

Sonya, the Candle Lady has established herself as a trusted source for soy and beeswax candles including wedding ceremony and reception candles when she opened Ye Olde Candle & Gift Shoppe in 2015. She was featured in The Hudson Valley Magazine's Face of Soy & Beeswax Candles for 2022 and was selected as an artist to participate in Dutchess Homemade for Arts Mid-Hudson. She believes that candles provide comfort in times of sadness; are the perfect complement in celebrations; scent your space and enable you to relax. Sonya offers weekly candle making classes at her shop and local schools. You may e-mail her at sonya@yeoldecandlehousegiftshoppe.com



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'Get moving' during the holidays – exercise counts!

By Christian Campili PT, DPT



Christian Campili

Most Americans don't move enough despite proven benefits, such as reduced risk of cancer and chronic diseases, and improved bone health, cognitive function, weight control and overall quality of life.

The second edition of the "Physical Activity Guidelines for Americans," reports that approximately 80 percent of U.S. adults and adolescents are insufficiently active. As a result, many Americans currently have or are likely to experience chronic diseases, including heart disease, diabetes, obesity, and depression.

The good news is that regular physical activity can prevent and

BODY KNOWLEDGE

improve many chronic conditions. America, it's time to get moving!

According to the guidelines, the following is recommended:

- **Preschool-aged children** (ages 3 through 5 years) should be physically active at least for three hours, if not more. Adult caregivers should encourage active play that includes a variety of activity types and limits sitting-around time, such as screen time.

- **Children and adolescents** (ages 6 through 17 years) need at least 60 minutes or more of activity a day. This includes activities to strengthen bones, build muscles, and get the heart beating faster.

- **Adults** should do at least 150

minutes of moderate-intensity aerobic activity a week, and at least two days for muscle-strengthening activities. Adding more time provides further benefits.

- **Older adults (ages 65 and older)** should do at least 150 minutes of aerobic activity a week and include muscle-strengthening activities 2 days a week. You should also add components, such as balance training as well. If you have limitations due to preexisting conditions, consult with a health care provider and be as physically active as your abilities allow.

- **Pregnant and postpartum women** who were physically active before pregnancy can continue these activities during pregnancy and in the

postpartum period, but they should consult their health care provider about any necessary adjustments.

- **Adults** with chronic health conditions and disabilities, who are able, should do at least 150 minutes of moderate-intensity activity a week. You should consult with a healthcare provider about the types and amounts that are appropriate for you.

Physical therapists are movement experts who improve quality of life through prescribed exercise, hands-on care, and patient education.

You can contact a physical therapist directly for an evaluation. You do not need a physician referral.

*Adapted from APTA and U.S. Department of Health and Human Services

For more information, visit centerforphysicaltherapy.com or call 845-297-4789.

The connection between anxiety and the heart

By Charles Herrick, MD



Dr. Charles Herrick

Anxiety is a common human experience, and in moderate amounts, it can be a natural and even adaptive response to stress. However, when anxiety becomes chronic and overwhelming, it can take a toll on the body,

PATIENT FIRST

particularly on the heart.

Anxiety's impact on the cardiovascular system is a growing concern in the medical field as it can contribute to the development of heart problems and exacerbate existing conditions.

Let's explore how anxiety affects the heart and what individuals can do to protect their cardiovascular health.

crucial step in maintaining overall well-being. Here are some strategies to help manage anxiety and protect your heart:

Lifestyle Changes: Adopt a heart-healthy lifestyle that includes regular exercise, a balanced diet and adequate sleep. These habits can improve heart health and also help alleviate anxiety symptoms.

Stress Management Techniques: Practice stress-reduction techniques such as mindfulness, meditation, yoga and deep breathing exercises. These methods can help you better control your body's response to anxiety triggers.

Limit Caffeine and Alcohol: Caffeine and alcohol can exacerbate anxiety symptoms and strain the heart. Reducing or eliminating these substances from your diet may help improve both mental and cardiovascular health.

Connect: Engage with friends and family and share your concerns and feelings. Social support is a powerful tool in managing anxiety and reducing the burden on the heart.

Medication When Necessary: In some cases, medication may be necessary to control anxiety. Consult with a healthcare professional to determine if this is an appropriate option for you.

Seek Professional Help: If you are experiencing chronic anxiety, consult with a mental health professional who can provide guidance and treatment options. Therapy, medication or a combination of both can help manage anxiety effectively.

Learn more about stress management.

Anxiety is a natural response to stress, but when it becomes chronic, it can have a significant impact on heart health. Understanding the connection between anxiety and the cardiovascular system is essential for managing anxiety effectively and protecting your heart. By seeking professional help, adopting a heart-healthy lifestyle and practicing stress-reduction techniques, you can take proactive steps to mitigate the effects of anxiety on the heart and improve your overall well-being. Prioritizing both mental and cardiovascular health can lead to a fulfilling and healthy life.

Dr. Charles Herrick is chair of psychiatry at Nuvance Health.

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Creative Living

CP2 Series at County Players in Wappingers Falls on December 1-3

County Players, one of the longest-running community theatre companies in the area, will present the popular CP2 Series Readers Theatre Mini-Festival #2 on December 1 to 3 at County Players Falls Theatre located at 2681 W. Main, Wappingers Falls.

Reading #1- "Freud's Last Session," by Mark St. Germain, directed by James Steinmeyer

Friday, Dec 1 at 8 p.m., Saturday, Dec 2 matinee at 2 p.m.

The first of September 1939. Sigmund Freud, the world-renowned psychoanalyst awaits the visit of soon-to-be legendary author C.S. Lewis on the day World War II is declared. The impending war and Freud's failing health catalyzes a far deeper conversation as they clash about the existence of God, love, sex, and the meaning of life. The cast includes local regional performers Dylan Parkin, and Douglas Woolley.

Reading #2- "The Half-Life of Marie Curie," by Lauren Gunderson, directed by Michael J. Frohnhofer

Saturday, Dec 2 at 8 p.m., Sunday, Dec 3 matinee at 2 p.m.

In 1912, scientist Marie Curie spent two months on the British seaside at the home of Hertha Ayrton, an accomplished mathematician, inventor, and suffragette. At the time, Curie was in the throes of a scandal in France over her affair with Paul Langevin, which threatened to overshadow the accomplishment of her second Nobel Prize. The talented cast features Catherine Rush and Julie Seltzer.

CP2 Readers Theatre: is an exciting series at County Players that offers an opportunity for actors, directors, and



County Players CP2 Series will begin on December 1 in the Village of Wappingers Falls.

-Courtesy image

audience members to experience theater in a fresh way: selected plays presented as full dramatic readings, no costumes, no sets, no props, and the actors perform with scripts in hand. These shows are an incredible opportunity to experience great theater stripped to its essence: the playwright's words.

Tickets: Reserved seating is \$15/reading, \$20 to attend both readings on the same weekend, and are available online or in advance at the door. Visit countyplayers.org and at the top of the main page select BUY TICKETS. Ticket options are

limited to mobile/digital or print-at-home only, as no printed tickets will be available for "will call" until further notice.

Protocols regarding Covid: Please be advised that currently proof of vaccination is no longer required for audience members. Masks are optional, but are strongly encouraged. Visit countyplayers.org/covid-19-policy/

The next CP2 Series Readers Theatre in March, as well as the remaining Main Stage Productions for 2023-2024 are listed on the CP theatre website at countyplayers.org/season-66/

CP2 Readers Theatre Series is supported by Stewart's Shops, and Powerhouse Theater at Vassar College. "Freud's Last Session" and "The Half-Life of Marie Curie" are presented by special arrangement with Broadway Licensing, LLC, servicing the Dramatists Play Service collection. dramatists.com.

County Players 66th Season is Sponsored by Hudson Valley Credit Union.

Accessibility: If you require wheelchair accessibility, please contact our Box Office at 845-298-1491.

'A West Point Holiday' set Dec. 2, 3 at Eisenhower Hall

The West Point Band will present "A West Point Holiday" on December 2 at 2 p.m., and December 3 at 2 p.m. at Eisenhower Hall Theatre. Celebrate the most wonderful time of the year with a Hudson Valley favorite featuring treasured holiday songs and stories. These performances are free and open to the public; seating is open and no tickets are required. For more information, visit westpointband.com.

Escape the bleak midwinter and head to comfy-cozy Eisenhower Hall Theatre to ring in the holidays with the very merry musicians of the West Point Band. The

West Point Holiday Show is wholesome family fun for all ages, featuring a variety of seasonal hits from classic carols to contemporary jingle-bell-rock n' roll. The West Point Band will present songs celebrating Christmas, Hanukkah, and the magic of the winter season, including West Point holiday classics that you won't hear anywhere else.

For concert information, cancellations, and updates, call 845.938.2617 or visit www.westpointband.com. West Point Band news can also be found by following us on Facebook, Instagram, YouTube, and X.

'No-hush' performance of 'The Nutcracker' at The Bardavon set for December 8

Dutchess County invites residents of all abilities and their families to a free, sensory sensitive performance of the holiday classic ballet, "The Nutcracker," presented by the New Paltz Ballet Theatre. The show will take place at the Bardavon 1869 Opera House in Poughkeepsie on December 8, starting at 6 p.m. Seating is limited, and reservations are required online at dutchessny.gov/nutcracker.

County William F.X. O'Neil said, "The holiday season is a beautiful time of year and should be enjoyed by all. We thank the Bardavon for partnering with us to offer this inclusive sensory friendly event and once again be able to bring joy and entertainment to families and residents of all abilities."

The show will be a "no-hush" performance meant to foster an informal, non-

judgmental atmosphere where audience members can experience and respond to the performance in their own way. The Bardavon will adjust both the lighting and sound to make the experience more enjoyable for those on the autism spectrum or who experience sensory concerns.

For additional details, residents can view the event flyer online.

The Nutcracker performance is the third sensory sensitive event the county has held in partnership with the Bardavon this year. In March, storyteller David Gonzalez put on a live storytelling performance of "Cuentos" which introduced the audience to the world of Latino literature and culture and in October, the audience enjoyed a screening of Halloween movie classic Hocus Pocus.

St. Gregory's Orthodox Church sets fair Dec. 2

St. Gregory's Orthodox Church, corner of 1500 Rte. 376 and Vandewater Dr. in Wappingers Falls, will hold its annual Christmas Fair on Saturday Dec. 2nd from 10 a.m. - 4 p.m. In addition to baked goods, a variety of ethnic foods will be available for lunch (10:30 a.m. – 3 p.m.) and take-out, including pierogi, nut rolls,

borscht, and stuffed cabbage. There will also be vendors and homemade gifts. Hourly church tours; Vespers service at 3 p.m.

All proceeds to benefit the following local organizations: Dutchess Outreach, Sparrow's Nest, and St. Basil's Academy.

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that's italian!



by luigi coppola

Remembering when

Let's remember the sacrifices of our troops this holiday season

Whenever my father comes into the restaurant in the morning, he always turns on his battered radio with a coat hanger as an antenna that he keeps by his worktable. It is always tuned into talk radio. Many a morning I hear the daily news or Curtis & Kubie coming from Pop's worktable. This particular morning, as he listened to the radio, President Franklin D. Roosevelt's famous speech from Pearl Harbor Day was playing in honor of the 75th Anniversary of the attack.

I asked him if he remembered when the Japanese attacked Pearl Harbor. He was a little boy in Italy at the time, but he remembered. Everyone prayed for the servicemen who had died and hoped that the United States would enter the war. Everyone in his town knew that once the U.S. joined, they had a chance.

I asked him what life was like during the war. Though his memory has started to fail him, he vividly remembered what it was like. He remembers the Germans stealing all their livestock and all the vegetables from the garden. He remembers that salt and tobacco were rationed. They would have to steal ocean water in order to have salt to cook with.

He remembers the huge bombers and the sound of their engines as they flew over his town. He remembers the day that his town was bombed and that most of the shells didn't explode. He remembers sleeping outside for a month for fear that the Germans would be blowing up the munition dump in a cave in the side of a

mountain. He remembered the day the munition dump was actually destroyed, lighting up the sky, and watching the mountain collapse onto itself and saving his town from debris raining down on them. Feeling the earth shake and watching the building in the town collapse from the man-made quake.

Finally, he remembered the day the American forces liberated his town. He remembers the parade of people walking behind the American forces as they drove into his town. Cheering for them. He remembers the cans of food that they distributed to feed him and his fellow towns folk who were starving. He remembered the feeling that they were safe. He also remembers knowing at that moment that he wanted to come to America.

As we celebrate this Christmas season, let us remember the people who came before us, who sacrificed so much so that we would be able to celebrate the holidays as a free nation. To appreciate our family and friends. Enjoy this traditional Christmas cookie recipe. Buon Natale!

Italian Christmas Cookie Ingredients

Cookies

2 1/2 cups all-purpose flour
2 teaspoons baking powder
1/2 teaspoon salt
1 1/4 cups granulated sugar
1/2 cup butter, softened
1/3 cup whole milk ricotta cheese
2 teaspoons grated lemon peel

2 eggs
1 teaspoon vanilla

Frosting

2 1/4 cups powdered sugar
3 to 4 tablespoons lemon juice
candy sprinkles, as desired

Method

Heat oven to 350 degrees F. In a small bowl, stir flour, baking powder and salt.

In large bowl, beat granulated sugar, softened butter, ricotta cheese and lemon peel with electric mixer on medium speed for about 1 minute or until fluffy; scrape side of bowl. Beat in eggs, one at a time, just until smooth. Stir in vanilla. On low speed, beat flour mixture into sugar mixture until well blended. Cover and refrigerate for 30 minutes.

Using floured fingers, shape dough into 1-inch balls; place 2 inches apart on ungreased cookie sheets. Bake 9 to 11 minutes or until set but not brown. Cool for 2 minutes; remove from cookie sheets

to cooling rack. Cool completely, about 15 minutes.

In small bowl, beat powdered sugar and 3 tablespoons lemon juice with spoon until smooth and spreadable. If frosting is too stiff to spread, add additional lemon juice, 1 teaspoon at a time. Using knife, spread 1/2 teaspoon frosting on each cooled cookie; immediately top with sprinkles. Let stand about 30 minutes or until frosting is set. Store covered in airtight container at room temperature.

Luigi Coppola is one of five brothers born to Francesca and Antonio Coppola. The Coppola family came to America from Naples, Italy in 1954. Antonio and his brothers opened their first restaurant in Poughkeepsie in 1961. Luigi and his brothers Nick, John, Antonio and Vincent have carried on the family tradition in the way their parents taught them, using classic recipes taught to them at their apron strings. Visit their website at www.coppolas.net.

Students greet goats at Harvest Festival at Oakwood Friends School



A trio of goats mingled with the students at Oakwood Friends School in Poughkeepsie during the recent Harvest Festival. The students, in grades 6-12, gathered together prior to the Thanksgiving break to partake of hot chocolate and s'mores.

Oakwood Friends School is an independent, Quaker college preparatory school. The goats visited from Clover Brooke Farm in Hyde Park.

-Courtesy photo

Lourdes Theatre Company to present 'A Christmas Carol' at school December 1-3



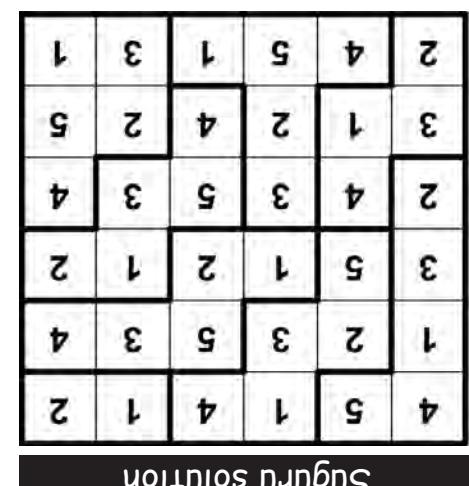
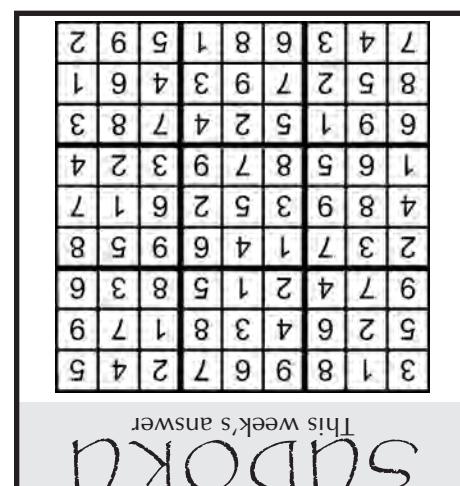
Lourdes Theatre Company will present "A Christmas Carol," the Charles Dickens classic Christmas tale adapted by Doris Baizley set for December 1-2 at 7 p.m. and December 3 at 2 p.m. Performances will be held at Our Lady of Lourdes High School, 131 Boardman Road, in Poughkeepsie.

General Admission tickets are \$15 and tickets for students, seniors, and faculty/staff are \$10. Tickets are available at the door.

Pictured are cast members of the Lourdes Theatre Company at rehearsal for "A Christmas Carol."

-Courtesy photo

this week's puzzle solutions



Theatre on the Road brings 'A Christmas Carol' to Hudson Valley venues

Theatre on the Road's 24th annual dinner theater production of "A Christmas Carol" will be presented at various venues in the area starting Thursday, Nov. 30. Get ready to dive into the holiday spirit with this interactive dinner-theatre performance of Charles Dickens' "A Christmas Carol." Theatre on the Road doesn't just retell the story, they bring it to life in a unique way.

You'll be transported back in time to Victorian England, where you'll be greeted by carolers singing merry songs and actors dressed in amazing costumes. Get ready to be fully immersed in the story as you dine with the Cratchit family and beloved Tiny Tim, be in awe of the Ghosts of Christmas, and witness Scrooge's transformation firsthand. Don't miss out on this heart-warming and unforgettable experience that's perfect for the whole family.

The schedule:

November 30: Mahoney's, Poughkeepsie (benefit for Bannerman Island)

Tickets and information: <https://bannermancastle.org/christmas-carol-benefit/>

December 1: Hudson House Distillery, West Park, NY

Tickets and information:



Theatre on the Road presents its 24th annual dinner-theatre production of "A Christmas Carol" at several venues throughout the holiday season.

-Courtesy photo

<https://www.thehudsonhouseny.com/event-details/a-christmas-carol>

December 3: Restaurant Six at Curry Estate, Hopewell Junction

Tickets: 845-221-1941 or <https://www.curryestate.com/>

December 6: Beekman Arms, Rhinebeck

Tickets and information: <https://www.beekmandelamaterinn.com/>

December 7: Eldred Preserve, Eldred, NY

Tickets and information via EventBrite

December 10: Beekman Arms, Rhinebeck

Two dinner shows: Noon and 5 p.m.
Tickets and information via EventBrite

December 14: The Venue Uptown at the Best Western, Kingston

Tickets and information via EventBrite

December 15: The Meadowbrook, New Windsor

Tickets and information: 845-562-5918 or 845-475-7972

Fishkill Recreation

**By Lauren McMenamin
Recreation Assistant Director**

Little Rascals: We are excited to bring back our popular Little Rascals program! The gymnasium at the Recreation Center is turned into a giant playroom for our little ones to run free. There are pedal cars, parachutes, slides, bouncy houses, tunnels, and much more! Little Rascals is open on Thursday mornings from 10 - 11:30 a.m. The fee is \$5 per child and parents get to play for free! Remember that everyone must wear sneakers. Must Pre-Register at www.FishkillRecreation.com. Contact Lauren for more information 845-831-3371.

Multi-Sport Tots: Introduce your little superstar to sports in our most popular program! This baseball, soccer and basketball class uses age-appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development. This program is

open to boys and girls ages 2-4. The class will be held on Monday mornings at the Fishkill Rec Center starting in November. Register today at www.FishkillRecreation.com.

Family Christmas Paint Night: This is a popular event! Join the Artist's Corner on December 14 to paint a holiday painting with the family! The event is open to ages 6+. Don't wait to register as this will fill up quickly! Register today at www.FishkillRecreation.com.

Afterschool Program: Registration is now open for session 2 of our afterschool program. The program is held at Fishkill, Brinckerhoff and Glenham Elementary Schools. Stay afterschool with us and play sports, building blocks, board games, and more! Limited space available; register today. www.FishkillRecreation.com.

Visit our website for more information and to register www.FishkillRecreation.com.

Dance films Nov. 30 at CineHub in Beacon

Award winning filmmaker Susan Osberg to premiere two dance films at Cinehub on November 30, at 7 p.m. at The CineHub, 20 W. Main St. in Beacon.

Award-winning dance film, "Mining the Moon," is a political response in dance to the 2015 congressional decision to sell mining rights to the moon. The film is a winner of multiple international awards and finalist laurels.

The second film is a premiere, "Remembering Pina," dancers remembering the renowned German choreographer, Pina Bausch. The choreography of the film came out of a collection of stories

and movement memories of Osberg's Workwith Dancers company members. The film received a 2022 NYSCA grant to create an original score by Beacon composer J. Brooks Marcus.

"There are so many interesting artists in Hudson Valley," said Susan Osberg, "From production to performer, most of our team are from right here in Beacon." Thomas Moore is the cinematographer. Susan Osberg choreographed and edited both films. Obsidian Soundsystem will play live music. Wine, beer and refreshments served.

East Fishkill Recreation

**By Bill Green
Recreation Director**

Our bus trips for 2023 are finished. We are scheduling a casino trip in January and a trip to NYC in March to see Wicked. Follow this column for full details.

If you are interested in putting an ad or information about your organization in our 2024 East Fishkill Recreation Guide, give us a call. Included in the Guide will be a listing of 2024 Summer Concerts, Bus Trips, Special Events, and all activity schedules including Summer Camp and Red Wing Park.

Just heard the Elf on the Shelf will be making an appearance along with Frosty and maybe the Grinch at our annual East Fishkill Holiday Festival this Sunday, December 3 at the East Fishkill Community Center, off of Route 82. The

tree-lighting and menorah lighting party will start at 5 p.m. There will be holiday music will Bob Martinson, marshmallow roasting, refreshments, glitter tattoos, a bonfire, a visit from Santa and Mrs. Claus and many other surprises for the whole family. Make plans to attend.

Our Mens Adult Basketball Program meets on Sunday mornings from 9-11 a.m. at Van Wyck Junior High School (VWJHS). Volleyball meets Tuesday nights from 7-9 p.m. and also Sunday mornings from 9-11 a.m. The fees are \$50 for residents and \$75 for non-residents.

Our youth basketball league games begin this weekend at Gayhead Elementary School, VWJHS and JohnJay HS.

If you have any recreation questions or concerns, please call 845 226-8395 or go to Recreation1@eastfishkillny.gov.

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A letter of correction will be supplied if requested.

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DUTCHES COMMUNITY COLLEGE

NOW HIRING - HVAC TECHNICIAN

This position is a full-time Civil Service Plumber position - salary \$63,541 plus benefits. Monday - Friday 6:00 a.m. - 2:30 p.m.

- Services, repairs, and replaces heating, ventilating, air conditioning and plumbing equipment and systems;
- Repairs and replaces electrical controls, thermostats, relays, pumps and related equipment;
- Investigates complaints concerning heating and ventilating and resolves them;
- Makes emergency repairs to equipment and takes emergency action in connection with equipment failure to insure reinstatement of serviceability;
- May install and repair electrical systems;
- May install and repair plumbing and piping;
- Makes recommendations in the purchase of equipment and supplies;
- May work from building plans, blueprints, diagrams, drawings, and manuals to plan and lay out the placement, type and proper operation of larger commercial and some smaller boilers;
- Participates in snow and ice control activities, which may include working overtime hours, reporting to work early, or reporting to work on scheduled days off, in cold and wet conditions;
- May be required to operate a motor vehicle in connection with assignments.

Requirements:

- Five (5) years of full-time paid work experience which primarily involved the independent performance of skilled installation, repair and maintenance of commercial, industrial or institutional heating, air conditioning and ventilating equipment and related systems.
- Must be able to lift 50 lbs.
- Must possess a valid drivers license

Application Instructions:

DCC is committed to the principle of diversity and encourages applications from women, minorities, veterans, the disabled and all others (AA/EOE). For additional information and to apply visit our website at <http://www.sunydutchess.edu.interviewexchange.com> or contact the Office of Human Resources, 53 Pendell Road, Poughkeepsie NY or call 845-431-8670.

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NOW HIRING - HOUSEKEEPERS

DCC is accepting applications for Full-time and Part-time Housekeepers. Civil Service Housekeeper position - salary \$38,434 plus benefits (\$18.48/hour). Openings available 2nd shift (5:00pm - 1:30am)

Responsibilities Include:

- Sweeps, mops, washes, strips, waxes floors utilizing commercial floor care machinery such as auto scrubbers, floor polishers, carpet extractors, buffers, burnishers, floor strippers, commercial vacuum cleaners, and wet/dry vacuums;
- Disinfect chairs, tables, desks and other furniture and all high touch surfaces such as handrails, elevator controls, door handles, etc.;
- Clean and disinfect restrooms, washes windows, walls, woodwork, white boards and similar building components, furnishings and equipment;
- Set-up and break-down for campus events (inside and outside) including the moving of furniture, required to follow event floor plans, and supporting dining services;
- Required participation in rotational on-call coverage;
- Participates in snow and ice control activities.

Requirements:

- Must be able to lift 50 lbs.
- Proven working experience as a cleaner preferred
- Ability to handle heavy cleaning equipment and machinery
- Knowledge of cleaning chemicals and supplies

Application Instructions:

DCC is committed to the principle of diversity and encourages applications from women, minorities, veterans, the disabled and all others (AA/EOE). For additional information and to apply visit our website at <http://www.sunydutchess.edu.interviewexchange.com> or contact the Office of Human Resources, 53 Pendell Road, Poughkeepsie NY or call 845-431-8670.

DUTCHES COMMUNITY COLLEGE

NOW HIRING - BUILDING MAINTENANCE MECHANIC HVAC

This position is a full-time Civil Service Plumber position - salary \$58,028 plus benefits. Monday - Friday 7:00 a.m. - 3:30 p.m.

Responsibilities Include:

- Leads and participates in the performance of appropriate operating, adjustment, repair, maintenance and safety practices and procedures for heating, ventilating, air conditioning and plumbing equipment and systems;
- Plans details of work assignments and projects for a small group;
- Instructs a small group in the installation and repair of equipment;
- Leads and participates in a variety of other building maintenance activities;
- Participates in snow and ice control activities, which may include working overtime hours, reporting to work early, or reporting to work on scheduled days off, in cold and wet conditions;

Requirements:

- Four (4) years of paid work experience involving responsibility for the performance of building maintenance or construction trades, three (3) years of which primarily involved the maintenance and repair of heating and ventilating equipment.
- Must be able to lift 50 lbs.
- Must possess a valid drivers license

Application Instructions:

DCC is committed to the principle of diversity and encourages applications from women, minorities, veterans, the disabled and all others (AA/EOE). For additional information and to apply visit our website at <http://www.sunydutchess.edu.interviewexchange.com> or contact the Office of Human Resources, 53 Pendell Road, Poughkeepsie NY or call 845-431-8670.

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Notice of Formation of Silvern Works, LLC. Arts. of Org. filed with SSNY on 09/11/23. Office location: Dutchess County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to Silvern Works, 19 Willard Court, Poughquag, New York 12570. Purpose: any lawful act or activity.

98 E MARKET APTS LLC Articles of Org. filed NY Sec. of State (SSNY) 8/23/23. Office in Dutchess Co. SSNY design. Agent of LLC upon whom process may be served. SSNY shall mailcopyofprocesssto The LLC 112 Keith Dr Poughkeepsie NY 12603. Purpose: Any lawful activity.

EN ESPANOL SERVICE LLC. Articles of Org. filed with SSNY 9/29/23. Office: Dutchess County. SSNY designated as agent of the LLC upon whom process against may be served. SSNY shall mail copy of process to the LLC, 18 Winthrop Court, Apt. D; NY 12590. Purpose: Any lawful purpose.

PATTERSON, CALHOUN LLC Articles of Org. filed NY Sec. of State (SSNY) 5/16/22. Office in Dutchess Co. SSNY desig. agent of LLC whom process may be served. SSNY shall mail process to 10 Fitchett St., Poughkeepsie, NY 12601. Purpose: Any lawful purpose.

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY NAME: 2girlesteetime, LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 06/17/2023. Office Location: Dutchess County. SSNY has been designated as agent of LLC upon whom process may be served. SSNY shall mail a copy of any process against the LLC served upon him or her to the company c/o United States Corporation Agents, Inc., 7014 13th Ave, Ste. 202, Brooklyn, NY 11228. Principal business address: 31 Zerner Blvd., Hopewell Junction, NY 12533. Purpose: any lawful act or activity.

Millbrook Machining, LLC. Filed with SSNY on 10/4/2023. Office: Dutchess County. SSNY designated as agent for process & mail: 120 Roundhill Road, Hopewell Junc-

Legal Notices

shall mail to: P.O. Box 632 Red Hook NY 12571. Purpose: any lawful

C.t.s. Construction Management LLC. Filed with SSNY on 9/27/2023. Office: Dutchess County. SSNY designated as agent for process & shall mail to: 31 Heather Drive Wappinger Falls NY 12590. Purpose: any lawful

Bowden Music Publishing LLC. Filed with SSNY on 10/04/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 5 Taconic View Ct, Lagrangeville, NY 12540. Purpose: Any lawful

Upstate Therapy LCSW PLLC. Filed 8/22/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 33 Henry St, Beacon, NY 12508. Purpose: LCSW.

Notice of Formation: Sprout Creek Holdings, LLC Art. Of Org. filed with SSNY 10/4/23. Location: Dutchess County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: Caldwell M. Welles, PO Box 1179 Millbrook, NY 12545. Purpose: any lawful purpose.

Notice of Formation: The Iron Furnace, LLC Art. Of Org. filed with SSNY 10/4/23. Location: Dutchess County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: Caldwell M. Welles, PO Box 1179 Millbrook, NY 12545. Purpose: any lawful purpose.

Notice of formation of Nilufer's Home Kitchen, LLC, a domestic LLC. Art. of Org. filed with the New York Secretary of State (SSNY) on 06/17/2023. Office: Dutchess County. SSNY is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: Nilufer's Home Kitchen c/o Nilufer Goodson 135 Main St, Beacon, NY 12508. Purpose: any lawful purpose.

CARNABY LLC. Filed 10/01/23. Office: Dutchess County. SSNY designated as agent for process & mail: 120 Roundhill Road, Hopewell Junc-

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tion NY 12533. Purpose: any lawful act.

RIC CHOICE FARM LLC. Arts. of Org. filed with the SSNY on 10/17/23. Office: Dutchess County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mailcopyofprocesssto the LLC, c/o Ricky A. Angier, Jr., PO Box 398, Red Hook, NY 12571. Purpose: Any lawful purpose.

42 Montgomery Street LLC. Filed with SSNY on 8/28/2023. Office: Dutchess County. SSNY designated as agent for process & shall mail to: 42 Montgomery Street Tivoli NY 12583. Purpose: any lawful

Ee Mayflower Properties LLC. Filed with SSNY on 4/11/2023. Office: Dutchess County. SSNY designated as agent for process & shall mail to: 15 Mayflower Ave Dover Plains NY 12522. Purpose: any lawful

Dawn Lane LLC, Arts of Org. filed with Sec. of State of NY (SSNY) 8/22/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against may be served & shall mail process to Vincent Lomonaco, PO Box 1112, Hopewell Junction, NY 12533 General Purpose

MJU, LLC Articles of Org. filed NY Sec. of State (SSNY) 10/23/23. Office in Dutchess Co. SSNY desig. agent of LLC whom process may be served. SSNY shall mail process to c/o Cappillino, Rothschild & Egan LLP, 7 Broad St., Pawling, NY 12564. Purpose: Any lawful purpose. Principal business loc: Cushman Rd., Pawling, NY 12564.

Notice of Formation of 4562 TULIP FARMS LLC. Articles of Organization filed with Secy of State (SSNY) 9/27/23. Ofc location Dutchess County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mailcopyofprocesssto 40 Du Bois Ave., Poughkeepsie, NY 12601 Purpose: any lawful activity.

11 Duane Street, LLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 10/11/2023. Cty: Dutchess. SSNY desig. as agent upon whom process

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against may be served & shall mail process to PO Box 552, Milton, NY 12547. General Purpose

KT IV Solutions, LLC, Arts of Org. filed with Sec. of State of NY (SSNY) 6/13/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against may be served & shall mail process to Katie Fitzgerald, 29 West Barrett Hill Rd, Hopewell Junction, NY 12533. General Purpose

BIG JIM'S DETAILING LLC Articles of Org. filed NY Sec. of State (SSNY) 10/24/23. Office in Dutchess Co. SSNY desig. agent of LLC whom process may be served. SSNY shall mail process to 298 Highview Rd., Dover Plains, NY 12522, which is also the principal business location. Purpose: Any lawful purpose.

K FORTUNA INSURANCE CONSULTING LLC Articles of Org. filed NY Sec. of State (SSNY) 10/23/23. Office in Dutchess Co. SSNY desig. agent of LLC whom process may be served. SSNY shall mail process to c/o Vetare Insurance & Consulting Services LTD, 1 Four Corners Blvd., Hopewell Junction, NY 12533, which is also the principal business location. Purpose: Any lawful purpose.

Notice of Qualification of RIVERVIEW COMPANIES LAWN GREEN LLC Appl. for Auth. filed with Secy. of State of NY (SSNY) on 09/05/23. Office location: Dutchess County. LLC formed in Delaware (DE) on 09/01/23. Princ. office of LLC: 1856 Bulls Head Rd., Stanfordville, NY 12581. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 242 MAIN STREET, SUITE 220 BEACON, NY, 12508. Purpose: Any lawful activity.

HALCYON FITNESS LLC filed Arts. of Org. with the Sect'y of State of NY (SSNY) on 10/10/2023. Office: Dutchess County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o Steve J. Lee, 2515 South Rd, 5th Fl, Poughkeepsie, NY 12601. Purpose: any lawful act.

Notice of Formation of Donna's Buds & Edibles Farm LLC filed with SSNY on 10/4/23. Office location: Dutchess County. SSNY designated as agent of LLC upon whom process may be served. SSNY shall mail process to: The LLC, 2674 W Main Street, Wappingers Falls, NY 12590. Purpose: Any Lawful Purpose.

DEAR LIFE, LLC. Arts. of Org. filed with the SSNY on 10/25/23. Office: Dutchess County. SSNY designated as agent of the LLC upon whom process

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against it may be served. SSNY shall mailcopyofprocesssto the LLC, 18 Main Street, Hyde Park, NY 12538. Purpose: Any lawful purpose.

Vision-Single Source Love LLC. Filed 10/19/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 259 Hurley Rd, Salt Point, NY 12578. Purpose: General.

MJ POUGHKEEPSIE HOLDINGS LLC. Filed 10/17/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 103 Cavo Dr, Poughkeepsie, NY 12603. Purpose: General.

GENUINE POSSIBILITIES LLC. Filed 6/27/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 31 Lindbergh Pl, Poughkeepsie, NY 12603. Purpose: any lawful

Notice of Form. of PURPLE BEE FARM LLC. Arts. of Org. filed with SSNY on 10/26/23. Office location: Dutchess. SSNY desg. as agent of the LLC upon whom processagainstitmay be served. SSNY mail process to 1936 HEMPSTEAD TPKE SUITE 116, EAST MEADOW, NY 11554. Any lawful purpose.

FQ WELLNESS LLC. Filed 10/17/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: c/o Mary Paquet, 180 Jameson Hill Rd, Clinton Corners, NY 12514. Purpose: General.

Notice of Formation of WE GOTCHA LLC. Articles Of Organization filed with the Secretary of State of New York (SSNY) on 07/18/2023. location:DUTCHESS COUNTY. SSNY designated as agent of the LLC upon whom process against may be served & shall mail process to Lawrence J. Groskin JD CPA, 150 Continental Rd, Tuxedo Park, NY 10987. General Purpose

SourcedOTG, LLC.

Filed 8/23/23. Office:

Dutchess Co. SSNY desig. as agent for process & shall mail to: c/o Cappillino, Rothschild & Egan LLP, 7 Broad St., Pawling, NY 12564.

Purpose: Any lawful purpose.

HALCYON FITNESS LLC filed Arts. of Org. with the Sect'y of State of NY (SSNY) on 10/10/2023. Office: Dutchess County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: c/o Steve J. Lee, 2515 South Rd, 5th Fl, Poughkeepsie, NY 12601. Purpose: any lawful act.

Notice of Formation of Donna's Buds & Edibles Farm LLC filed with SSNY on 10/4/23. Office location: Dutchess County. SSNY designated as agent of LLC upon whom process

PINE HILL ESTATE NY, LLC filed Arts. of Org. with the Sect'y of State of NY (SSNY) on 10/13/2023. Office: Dutchess County. SSNY has been designated as agent of the LLC upon whom

Legal Notices

act or activity.

W H A L E Y COTTAGES LLC Articles of Org. filed NY Sec. of State (SSNY) 10/27/23. Office in Dutchess Co.

SSNY desig. agent of LLC whom process may be served. SSNY shall mail process to c/o Cappillino, Rothschild & Egan LLP, 7 Broad St., Pawling, NY 12564. Purpose: Any lawful purpose.

M O O N S H A D O W FARMS LLC filed Arts. of Org. with the Sect'y of State of NY (SSNY) on 10/12/2023. Office:

Dutchess County. SSNY has been designated as agent of the LLC upon whom process against it may be served and shall mail process to: The LLC, c/o 401 Salt Point Tpke, Poughkeepsie, NY 12603. Purpose: any lawful

Notice of Form. of PURPLE BEE FARM LLC. Arts. of Org. filed with SSNY on 10/26/23. Office location: Dutchess. SSNY desg. as agent of the LLC upon whom processagainstitmay be served. SSNY mail process to 1936 HEMPSTEAD TPKE SUITE 116, EAST MEADOW, NY 11554. Any lawful purpose.

FQ WELLNESS LLC. Filed 10/17/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: c/o Mary Paquet, 180 Jameson Hill Rd, Clinton Corners, NY 12514. Purpose: General.

Autruche Incroyable LLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 10/26/23. Cty: Dutchess. SSNY desig. as agent upon whom process against may be served. SSNY mail process to 1936 HEMPSTEAD TPKE SUITE 116, EAST MEADOW, NY 11554. Any lawful purpose.

H U D S O N L E D G E R S LLC. Filed 10/26/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: c/o Michelle Byrne, 21 Verplanck Ave, Beacon, NY 12508. Purpose: General.

DU HARMONY, LLC.

Articles of Org. filed NY Sec. of State (SSNY) 11/1/23. Office in Dutchess Co.

SSNY desig. agent of the LLC upon whom process may be served. SSNY shall mail process to c/o Cappillino, Rothschild & Egan LLP, 7 Broad St., Pawling, NY 12564.

Purpose: Any lawful purpose.

Principal business loc: Harmony Rd., Pawling, NY 12564.

Notice of Form. of SANTELLA ELECTRIC, LLC. Arts. of Org. filed with SSNY on 10/24/23. Office location: Dutchess. SSNY desig. as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The LLC, 2674 W Main Street, Wappingers Falls, NY 12590. Purpose: Any Lawful Purpose.

PINE HILL ESTATE NY, LLC filed Arts. of Org. with the Sect'y of State of NY (SSNY) on 10/13/2023. Office: Dutchess County. SSNY has been designated as agent of the LLC upon whom

Southern Dutchess News Beacon Free Press Northern Dutchess News 845-297-3723

Legal Notices

Play Free Football LLC. Filed 8/8/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: Michael Corbi, 1018 Main St, Po Box 202, Fishkill, NY 12524 - 0121. Purpose: General.

Rosemary Tattoo, LLC. Filed 10/08/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 5 Pembroke Circle, Apt A, Poughkeepsie, NY 12601. Purpose: Beauty.

LG EXOTICS II, LLC. Art. of Org. filed with the SSNY on 10/17/23. Office: Dutchess County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 10 W. Barrett Hill Road, Hopewell Junction, New York 12533. Purpose: Any lawful purpose.

Notice of Formation of BBBB Krasniqi LLC, a domestic limited liability company(LLC). Articles of Organization were filed with the Secretary of State of New York(SSNY) on October 18, 2023. The LLC is located in Dutchess County. The SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail a copy of any process to the office location: 39 Alfreda Drive, Wappingers Falls, NY 12590. Purpose: to engage in any lawful act or activity.

Notice of Formation of Jasa Properties llc Arts. of Org. Filed with SSNY on 12/28/2012. Office location: Dutchess County Alfred Torreggiani designated as agent of LLC upon whom process may be served. SSNY shall mail process to Alfred Torreggiani 4246 Albany Post Rd. Ste 1 Hyde Park, NY 12533, Purpose of LLC: engage in any lawful act or activity.

DWTA CONSTRUCTION LLC. Arts. of Org. filed with the SSNY on 11/02/23. Office: Dutchess County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, 62 Carpenter Road, Hopewell Junction, NY 12533. Purpose: Any lawful purpose.

Notice of Form. of THE GROVE OF RED

Legal Notices

HOOK LLC. Arts. of Org. filed with SSNY on 11/03/2023. Office location: Dutchess. SSNY desig. as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 187 E. Market St, Ste 202, Rhinebeck, NY 12572. The name and address of the Reg. Agent is Van Norstrand & Hooihan, CPA's, PC, 187 E. Market St, Ste 202, Rhinebeck, NY 12572. Purpose: any lawful purpose.

Notice of Formation of Pleasant Valley Pediatric Medicine, PLLC. Arts. of Org. filed with SSNY on 10/27/2023. Office location: Dutchess County. SSNY designated as agent of PLLC upon whom process may be served. SSNY shall mail process to Pleasant Valley Pediatric Medicine, PLLC, 1539 Main Street, Unit D, Pleasant Valley, New York, 12569. Purpose: To Practice The Profession Of Medicine.

19PARKPLACELLC. Arts. of Org. filed with the SSNY on 08/25/23. Office: Dutchess County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to the LLC, c/o SDGLaw, 1136 Route 9, Wappingers Falls, NY 12590. Purpose: Any lawful purpose.

Notice of Qualification of ALDEL PROPERTY 3 LLC. Authority filed with NY Secy of State (SSNY) on 10/27/23. Office location: DUTCHESS County. LLC formed in Delaware (DE) on 7/25/23. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Michael Lynch, 106 Upper Main St, PO Box 1776, Sharon, CT 06069. General Purpose

RIVERFRONT TAX, LLC. Arts. of Org. filed with SSNY on 11/07/23. Office: Dutchess County. SSNY desig. as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 28 Liberty St, NY, NY 10005. DE address of LLC: 1209 Orange St, Wilmington, DE 19801. Cert. of Formation filed with DE Secy of State, 401 Federal St, Ste 4, Dover, DE 19901. Purpose: any lawful purpose.

Notice of Formation of Brothers Parsons IP LLC. Arts. of Org. filed with NY Secy of State (SSNY) on 10/27/23. Office location: Dutchess County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: PO Box 137, Billings, NY 12510. Purpose: any lawful activity.

Notice of Formation of Transformational Leadership & Coaching, LLC. Arts. of Org. filed with NY Secy of State (SSNY) on 10/26/23. Office:

Legal Notices

location: Dutchess County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 187 E. Market St, Ste 202, Rhinebeck, NY 12572, which is also the principal business location. Purpose: To practice Medicine.

6054 Real Estate LLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 8/23/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against it may be served & shall mail process to: 29 Thames Rd, Poughkeepsie, NY 12601. Purpose: any lawful activity.

PK South Ave LLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 10/5/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against it may be served & shall mail process to: Pleasant Valley Pediatric Medicine, PLLC, 1539 Main Street, Unit D, Pleasant Valley, New York, 12569. Purpose: To Practice The Profession Of Medicine.

Dr. Mariah Carroll Medicine, PLLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 8/15/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against it may be served & shall mail process to: 162 Rinaldi Blvd, Apt. D, Poughkeepsie, NY 12601. General Purpose

Riga Station LLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 10/12/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against it may be served & shall mail process to: 2633 South Road, A7, Poughkeepsie, NY 12601. Purpose: Medicine

JT SAMUEL LLC. Filed 9/3/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: Nick Brinas, 15 Cedardale Loop, Wappingers Falls, NY 12590. Purpose: General

RuDawgs LLC - Filed 10/02/23 - Location: Dutchess County, NY - Secretary of State is designated as agent of LLC for process & shall mail to: 49 East Main St APT 4 Beacon, NY 12508 - Purpose: Mobile Food Service

Q Performance Horses, LLC. Filed 11/7/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 9 Middle Island Boulevard, Middle Island, New York 12567. Purpose: Horse Training, Boarding and Sales.

Dukes Nutrition & Wellness LLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 4/26/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against it may be served & shall mail process to: Susan Dukarm, 5 Dogwood Hill Rd, Wappingers Falls, NY 12590. General Purpose

SCOTT SHAFFER MD, PLLC Articles of Org. filed NY Sec. of State (SSNY) 11/6/23. Office in Dutchess Co. SSNY desig. agent of LLC whom process may be served. SSNY shall mail process to: 596-598 Freedom Plains Rd,

Legal Notices

10 Carolina Dr., Rhinebeck, NY 12572, which is also the principal business location. Purpose: To practice Medicine.

6054 Real Estate LLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 8/23/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against it may be served & shall mail process to: 29 Thames Rd, Poughkeepsie, NY 12601. Purpose: any lawful activity.

NOTICE OF FORMATION of DOLCE & ROBB LLC. Arts. of Org. filed with the SSNY on 4/24/2023. Office: Dutchess County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to William Robb at 36 Haight Avenue, PO Box 1053, Millbrook, NY 12545. Purpose: Any lawful purpose.

COMFORT TOUCH HOME CARE LLC. Filed 7/26/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: Nick Brinas, 15 Cedardale Loop, Wappingers Falls, NY 12601. Purpose: General

FORTUNA ELECTRICAL SOLUTIONS, LLC. Filed 7/9/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 49 East Main St APT 4 Beacon, NY 12508 - Purpose: General

Notice of Formation of FKN PROPERTIES, LLC. Arts. of Org. filed with NY Secy of State (SSNY) on 11/6/23. Office location: Dutchess County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 28 Liberty St, NY, NY 10005. The name and address of the Reg. Agent is CT Corporation System, 28 Liberty St, NY, NY 10005. Purpose: Any lawful purpose.

347 Main Holding LLC. Filed with SSNY on 11/6/2023. Office: Dutchess County. SSNY designated as agent for process & shall mail to: 40 Garden Street Ste 305 Poughkeepsie NY 12601. Purpose: any lawful activity.

Spartan Real Property Holdings, LLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 11/7/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against it may be served & shall mail process to: 596-598 Freedom Plains Rd,

Legal Notices

Poughkeepsie, NY 12603. General Purpose

Notice of Formation of 34 CANDC LLC. Articles of Organization filed with Secy of State (SSNY) 9/27/23. Office location Dutchess County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 40 Du Bois Ave., Poughkeepsie, NY 12601. Purpose: any lawful activity.

Notice of Formation of RJO Maintenance LLC. Arts. of Org. Filed with SSNY on 11/14/2023. Office: Dutchess County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to Regulo Ortiz, 21 Cary Rd., Hyde Park, NY 12538. Purpose of LLC: engage in any lawful act or activity.

Notice of Formation of COMFORT TOUCH HOME CARE LLC. Filed 7/26/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: Nick Brinas, 15 Cedardale Loop, Wappingers Falls, NY 12601. Purpose: General

RuDawgs LLC - Filed 10/02/23 - Location: Dutchess County, NY - Secretary of State is designated as agent of LLC for process & shall mail to: 49 East Main St APT 4 Beacon, NY 12508 - Purpose: General

Notice of Formation of FKN PROPERTIES, LLC. Arts. of Org. filed with NY Secy of State (SSNY) on 11/6/23. Office location: Dutchess County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 28 Liberty St, NY, NY 10005. The name and address of the Reg. Agent is CT Corporation System, 28 Liberty St, NY, NY 10005. Purpose: Any lawful purpose.

Notice of Formation of HVWEN, LLC. Arts. of Org. filed with NY Secy of State (SSNY) on 11/6/23. Office location: Dutchess County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 24 Lake Oniad Dr, Wappingers Falls, NY 12590. Any lawful purpose.

Notice of Formation of HVWEN, LLC. Arts. of Org. filed with NY Secy of State (SSNY) on 11/6/23. Office location: Dutchess County. SSNY is designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 12 Bowman Drive, Greenwich, CT 06831. Purpose: General

Legal Notices

Purpose: any lawful activity.

Serendipity RE LLC, Arts. of Org. filed with Sec. of State of NY (SSNY) 11/15/2023. Cty: Dutchess. SSNY desig. as agent upon whom process against it may be served & shall mail process to Registered Agent Solutions, Inc., 99 Washington Ave., Ste. 700, Albany, NY 12260. General Purpose

Notice of formation of Limited Liability Company. Name: Northside Junction Master Tenant, LLC ("LLC"). Articles of Organization filed with the Secretary of State of the State of New York ("SSNY") on November 13, 2023. NY office location: Dutchess County. The SSNY has been designated as agent of the LLC upon whom process against it may be served. The SSNY shall mail a copy of any process to Northside Junction Master Tenant, LLC, 1 Civic Center Plaza, Suite 200, Poughkeepsie, New York 12601. Purpose: To provide administrative support to small businesses and residential customers.

Notice of Formation of Be Home HV. Arts. Of Org. filed with SSNY on 08/02/23. Office location: Dutchess SSNY desig. as agent of LLC upon whom process against it may be served. SSNY mail process to 24 Lake Oniad Dr, Wappingers Falls, NY 12590. Any lawful purpose.

Notice of Formation of Be Home HV. Arts. Of Org. filed with SSNY on 08/02/23. Office location: Dutchess SSNY desig. as agent of LLC upon whom process against it may be served. SSNY mail process to 24 Lake Oniad Dr, Wappingers Falls, NY 12590. Any lawful purpose.

Vision Love Holdings LLC. Filed with SSNY on 11/3/2023. Office: Dutchess County. SSNY designated as agent for process & shall mail to: 187 Iron Ore Hill Rd Bridgewater Ct 06752. Purpose: any lawful purpose.

MooseMNGMT LLC. Filed 8/13/23. Office: Dutchess Co. SSNY desig. as agent for process and shall mail to: 418 Broadway, STE N, Albany, NY 12207. Purpose: any lawful purpose

WALK AROUND WEAR LLC. Filed 10/13/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 7 Creek Dr Apt 205, Beacon, NY 12508. Registered Agent: United States Corporation Agents, Inc., 7014 13th Ave, Ste 202, Brooklyn, NY 11228. Purpose: General

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mail process to: c/o Marvin Kemp & Cole, PLLC, PO Box 151, Rhinebeck, NY 12572. Purpose: any lawful act.

15 Violet Place LLC filed Arts. of Org. with the Sect'y of State of NY (SSNY) on 11/8/2023. Office: Dutchess County. SSNY has been designated as agent of the LLC upon whom process against it may be served and shall mail process to: c/o Marvin Kemp & Cole, PLLC, PO Box 151, Rhinebeck, NY 12572. Purpose: any lawful act.

97 COLD SPRING ROAD LLC filed Arts. of Org. with the Sect'y of State of NY (SSNY) on 8/14/2023. Office: Dutchess County. SSNY has been designated as agent of the LLC upon whom process against it may be served and shall mail process to: The LLC, 300 Waverly Ave, Brooklyn, NY 11205. Purpose: any lawful act.

Notice of formation of DKF Cole LLC, on 10/21/2023 with the SSNY, Dutchess County office. SUNNY designated as agent of the LLC upon whom process against it may be served. SUNNY shall mail a copy of the process to the LLC, 2 Daley Road, Poughkeepsie, New York. Purpose: To provide administrative support to small businesses and residential customers.

Vision Love Holdings LLC. Filed with SSNY on 11/3/2023. Office: Dutchess County. SSNY designated as agent for process & shall mail to: 187 Iron Ore Hill Rd Bridgewater Ct 06752. Purpose: any lawful purpose.

MooseMNGMT LLC. Filed 8/13/23. Office: Dutchess Co. SSNY desig. as agent for process and shall mail to: 418 Broadway, STE N, Albany, NY 12207. Purpose: any lawful purpose

WALK AROUND WEAR LLC. Filed 10/13/23. Office: Dutchess Co. SSNY desig. as agent for process & shall mail to: 7 Creek Dr Apt 205, Beacon, NY 12508. Registered Agent: United States Corporation Agents, Inc., 7014 13th Ave, Ste 202, Brooklyn, NY 11228. Purpose: General

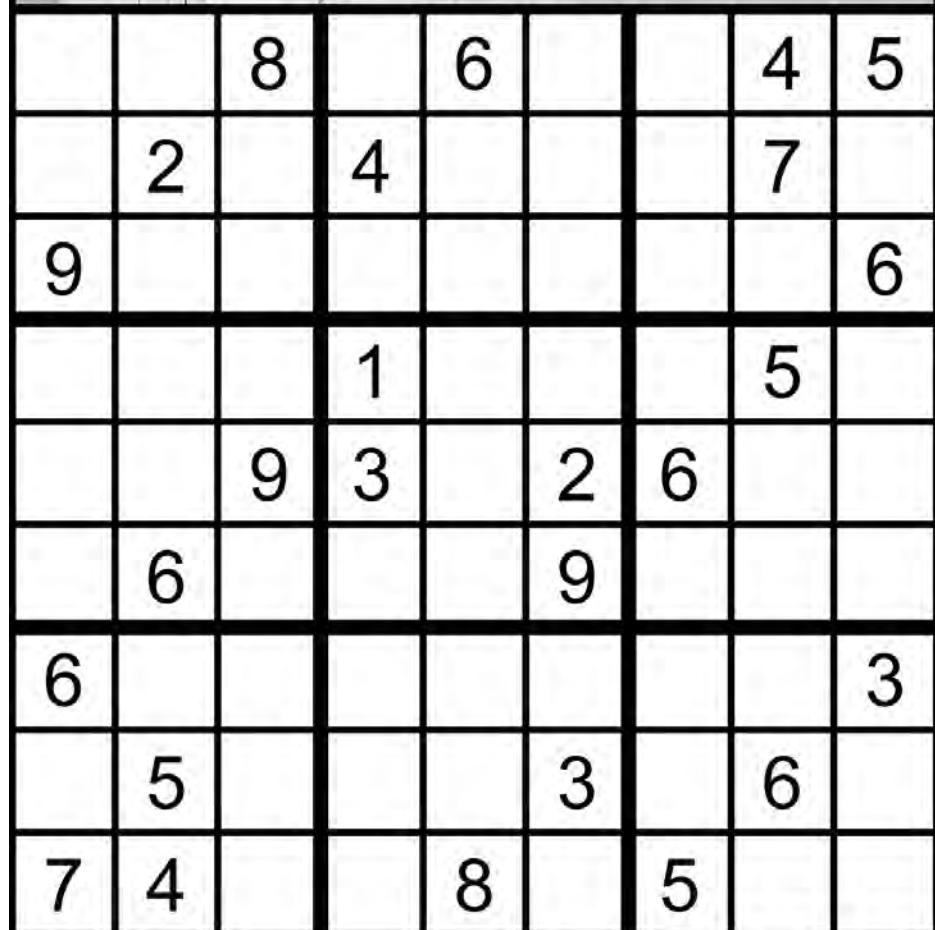
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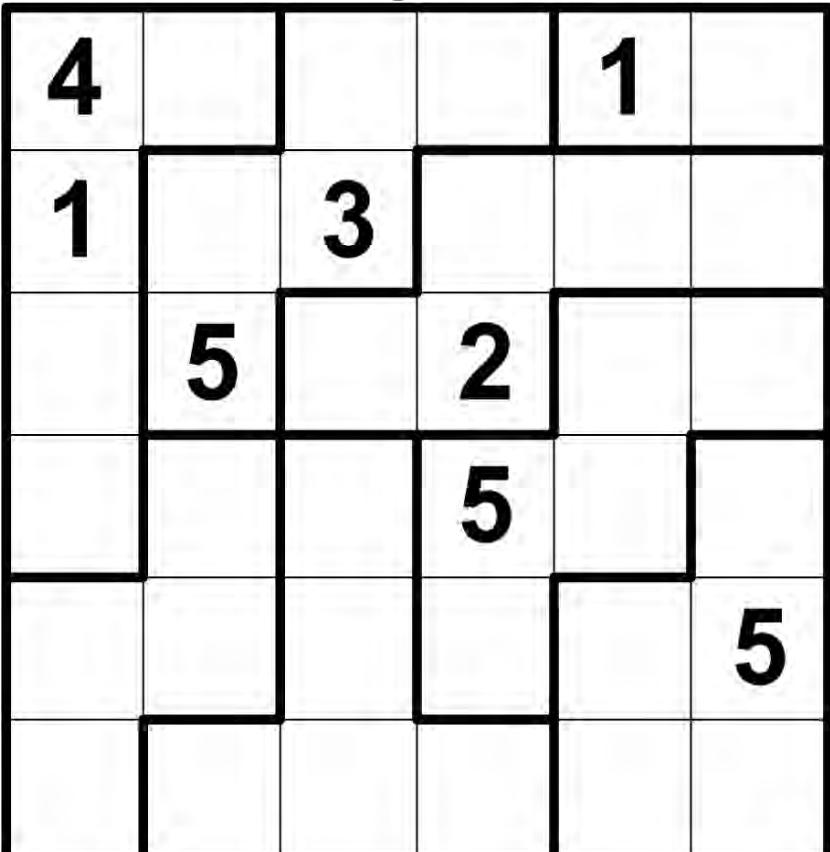
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Suguru



- The heavy lines indicate areas, called cages, from one to five squares in size. Fill each cage with unique digits, counting up from 1. So for example a 2-square cage contains the numbers 1 and 2; and a 5-square cage contains the numbers from 1 to 5. Adjacent (touching) squares, even ones that touch diagonally, may never contain the same number.

THEME: CATS & DOGS

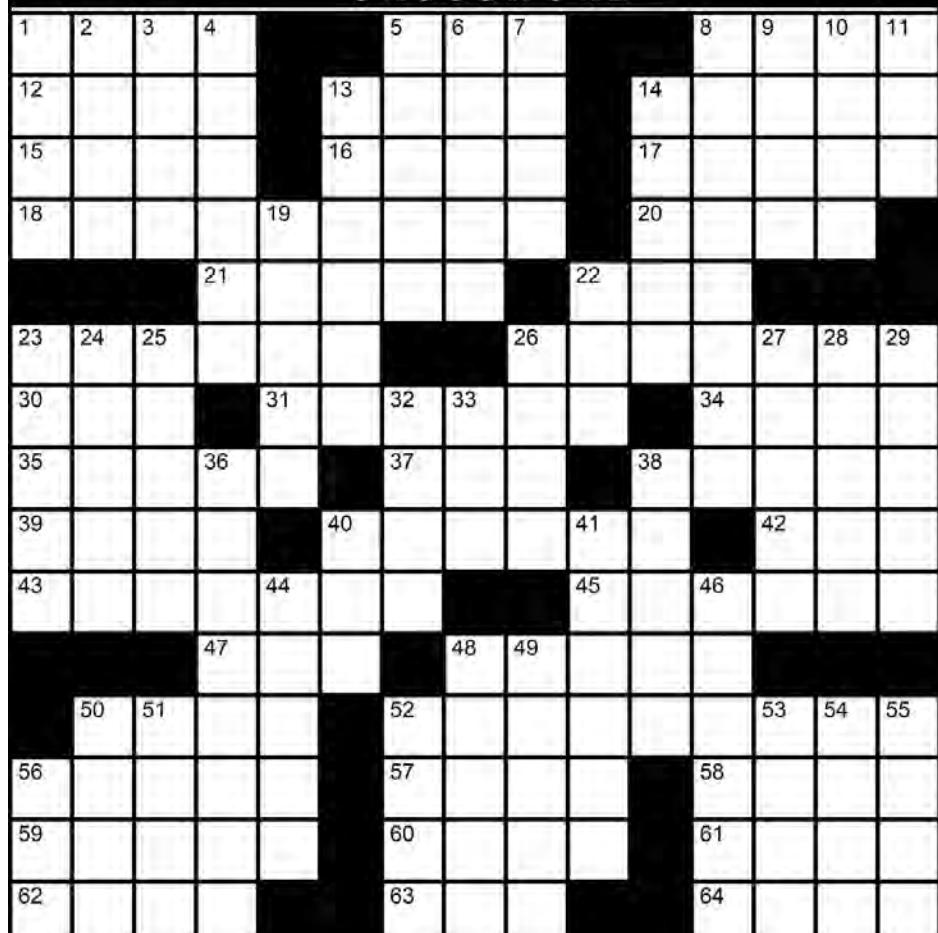
ACROSS

1. Baby powder
5. Hundredweight, acr.
8. Same as gauge
12. S squared, e.g.
13. Actor Wyle
14. Undergraduate's field of study
15. J. Edgar Hoover's man
16. Norse capital
17. Extremely angry
18. *Tweety chaser
20. Bob Ross' do
21. Not quite right
22. Hawaiian dish
23. Directed
26. Brought down
30. Deed
31. Rifle's backward move
34. Denim innovator
35. Like salad greens
37. Greek R
38. Read-only memory device
39. Western Samoan money
40. Oklahoma athlete
42. Tiny guitar
43. Relating to dreams
45. Like certain Debbie?
47. U.S. Marine Corps gift recipient
48. Gin mixer
50. Title for Turkish leader
52. *1929 Best Actor Oscar nominee
56. Lallygags
57. Medley
58. Pineapple producer
59. Suggestions
60. *Lassie's mark in Hollywood sidewalk
61. Arabian bigwig
62. Banana leftover
63. New York time
64. "Wanted!" state

DOWN

1. Labels with a name, on Facebook
2. Major or general employer
3. Same as #36 Down, archaically speaking
4. Painter's surface
5. Receipt listings
6. *Corgi's homeland
7. Marvel Comics hammer wielder
8. *Jon Arbuckle, Odie and ____
9. A bit cracked
10. Kind of move, 2 words
11. Bard's before
13. End of rugby match
14. *Cat sound
19. Manicurist's file
22. Neighbor of Ger.
23. *Nome, AK hero
24. Continental divide
25. Like old cracker
26. *Rhodesian Ridgeback's target
27. *Old episodes of Eddie Crane's TV show
28. Call forth
29. Two identical molecules put together
32. Rubber sandal
33. Exclamation of surprise
36. *Fido, in Latin
38. More than one crocus
40. *Canine command
41. Newspaper VIP
44. ____ beef
46. Meandered
48. Leaves at the alter, e.g.
49. Uniate church member
50. Of the highest quality
51. Open-mouthed astonishment
52. Thorny gift
53. Large book
54. Pelvic parts
55. Smart but awkward one
56. "A stiff upper ____"

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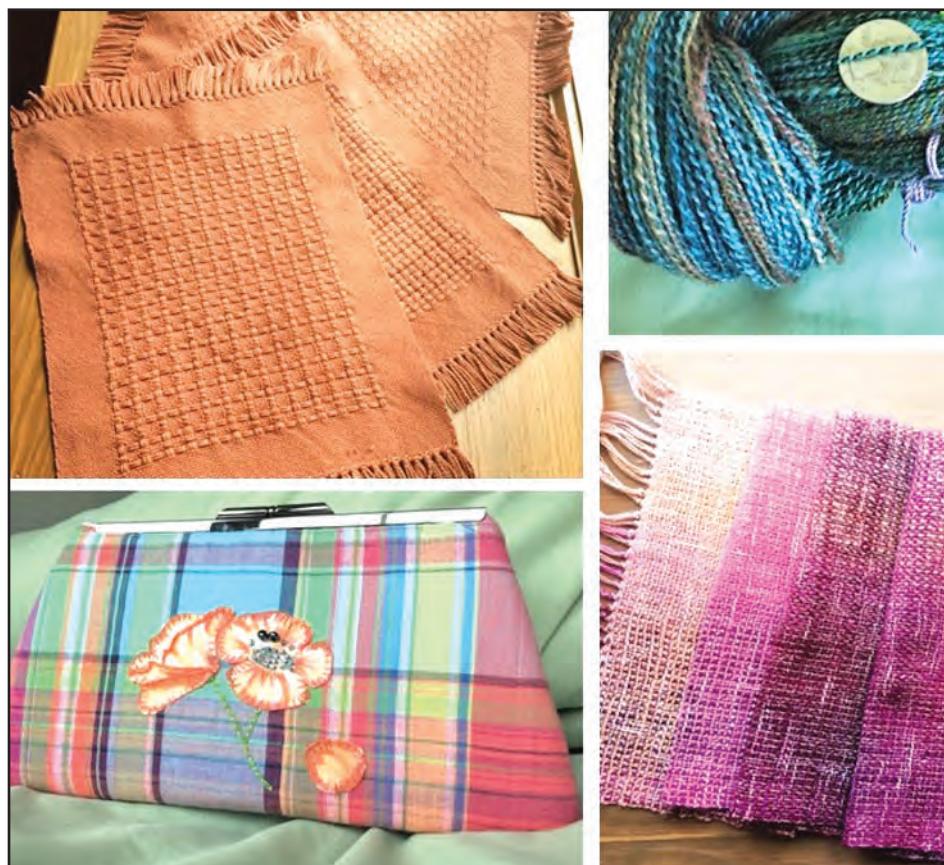
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The solutions to the Sudoku, Crossword puzzle and Suguru can be found on page 2B.

Jaya Srikrishnan Art Exhibit at Grinnell Library



Jaya Srikrishnan is a fiber artist who spins, weaves, and knits in the Town of Wappinger. Her inspiration comes from color, texture, and shape; from nature to architecture; from modern to ancient. She also works with recycled materials – whether from her own sampling and experimentation or from thrift stores. A selection of her pieces will be showcased in the display case at the Grinnell Library and are available for purchase. Items may be purchased on a first-come, first-served basis via a donation to the Friends of Grinnell Library.

Jaya Srikrishnan's work will be on display throughout December.

For more information, contact the library at 845-297-3428. Grinnell Library is located at 2642 East Main Street, Wappingers Falls.

-Courtesy images

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